

*where we live*  
**HURST★TEXAS**

SPRING 2020

Citizen Survey

Property Pride

Census 2020



# where we live

## In This Issue

Wellness & Health.....	4
Safe Living.....	6
Senior Services.....	8
Our Community.....	16
Public Library.....	24
Recreation Center.....	30
Park System.....	62

## City Staff

- Clay Caruthers** City Manager
- Clayton Fulton** Assistant City Manager
- Malaika Farmer** Assistant City Manager
- Greg Dickens** Executive Director of Public Works
- Rita Frick** City Secretary
- Steve Niekamp** Police Chief
- David Palla** Fire Chief
- Matia Messemer** Executive Director  
of Human Resources
- Steve Bowden** Executive Director  
of Economic Development and Tourism
- Kyle Gordon** Executive Director of Community Services
- Michelle Lazo** Executive Director  
of Planning and Community Development
- Kara McKinney** Public Information Officer



Cover photos by Stacy Luecker

## On the Cover

We have a park for everyone here in Hurst! With spring and warmer weather around the corner, it will soon be a great time to explore our many parks and spend some time outdoors. From open green spaces, playgrounds, trails, sportsfields, historical landmarks, to fishing, we offer a wide variety of park amenities to enjoy. Featured on our cover is Windmill Park, located at 840 Cheryl. To learn all about our parks here in Hurst, turn to page 62 or visit [hursttx.gov/parks](http://hursttx.gov/parks) and view our interactive map. We hope you make some great memories this season while taking advantage of the outdoor adventures that are available so close to home!



## Mayor's Message

I hope you had a wonderful holiday season and a great start to 2020. Spring is always a busy (and great!) season in Hurst, and this year isn't any different. We have many wonderful events and programs coming up, so be sure to mark them on your calendar!

Our annual Town Hall Forum is on February 20 at the Hurst Conference Center. This is a great opportunity to learn about all that is going on in Hurst and ask questions of our city staff and council. Visit page 17 for more details.

If you haven't already, take some time to fill out our citizen survey online. By filling out this survey, you're able to tell us how we're doing and what priorities are important to you. You can read more about the citizen survey on page 17 and fill it out by visiting our website.

We recently launched our Property Pride Award as a way to recognize neighbors who have gone the extra yard when it comes to maintaining their property. You can learn about our recent winners on pages 18-19. And don't forget to nominate a deserving neighbor!

The Census Bureau is conducting a population count, which occurs once a decade, to determine the needs of our communities and help plan for the future. The 2020 Census will be available for you to respond to online starting in March. I highly encourage you to participate. You can learn more details by turning to pages 20-21 or visiting [census.gov](https://census.gov).

I'm proud to live in Hurst and have each of you as my neighbor. I'm looking forward to all that this year has in store for our city, and I thank you for being a part of the journey.

- Mayor Henry Wilson

## City Council

**Henry Wilson** Mayor  
**Larry Kitchens** Mayor Pro Tem  
**David Booe** Council Member  
**Cathy Thompson** Council Member  
**Bill McLendon** Council Member  
**Jon McKenzie** Council Member  
**Cindy Shepard** Council Member

## The Social Media Connection

### City of Hurst

**WEBSITE:** [www.HurstTX.gov](http://www.HurstTX.gov)  
**FACEBOOK:** @CityofHurstTX  
**TWITTER:** @TheCityofHurst  
**INSTAGRAM:** @CityofHurstTX  
**NEXTDOOR:** City of Hurst

### Hurst Public Library

**WEBSITE:** [www.HurstTX.gov/Library](http://www.HurstTX.gov/Library)  
**FACEBOOK:** @HurstPublicLibrary  
**TWITTER:** @HurstLibrary  
**INSTAGRAM:** @HurstPublicLibrary

### Hurst Public Safety

**FACEBOOK:** @HurstPublicSafety  
**TWITTER:** @HurstPoliceDept, @HurstFireDept  
**NEXTDOOR:** Hurst Police Department

### Hurst Conference Center

**WEBSITE:** [www.HurstCC.com](http://www.HurstCC.com)  
**FACEBOOK:** @HurstCC  
**INSTAGRAM:** @HurstConferenceCenter

### Hurst Recreation Center

**FACEBOOK:** @HurstParksandRecreation  
**INSTAGRAM:** @HurstParksandRecreation

### Hurst Senior Activities Center

**FACEBOOK:** @HurstSeniorActivitiesCenter



# Healthy Hurst *Healthy Happy Spring*

Can you believe spring is around the corner? Everyone is ready to shake off the winter doldrums, get outside and find the sunshine again! Speaking of sunshine, did you know that it has huge benefits for your health?

Here are 4 ways sunshine can give your health a jump start:

## 1) **The Sunshine Vitamin:**

Many of us are chronically low in Vitamin D- the sunshine vitamin. But did you know your body can produce Vitamin D when your skin is exposed to sunlight? It is recommended to go out in the sun for at least 20 minutes per day with large parts of your skin exposed without sunblock to get the most vitamin D benefits. If you are concerned about sun burn, go out earlier in the day when the sun is not as intense and put on your sunblock after 20 minutes of exposure to prevent skin issues.

The sun is good for you, because it makes Vitamin D which can help your body balance hormones, cholesterol, prevent bone disease, improve heart health, dementia and so much more.

## 2) **Sunshine Makes You Happy:**

Sunshine has direct impact on your mood and mental health. When you are in the sun, it helps brighten your mood, relieve stress and battle depression. Opening

windows, letting natural light in your home and work place and getting outside as much as possible has been found to effectively relieve many mood related symptoms. You should try to enjoy 20-30 minutes of sunlight each day and see if it doesn't help you be more upbeat and encouraged.

## 3) **The Sun Increases Productivity:**

Whether you are doing yard work, working hard at your job or trying to accomplish a giant project, more sunshine and longer daylight hours improves your productivity. When the sun rises earlier, it helps you start your day with increased energy and focus. As the day lengthens, more sunlight helps you stay awake and more productive. When you wrap up your day and the sun is still shining, it encourages you to be more active and engaged with those you care about at home.

## 4) **Sunshine Helps Your Weight:**

When you experience sunshine, research shows that you are more likely to exercise, be physically active throughout your day and enjoy moving on a consistent basis. It also helps you naturally control your eating and provide more delicious and fresh options to choose from when you eat. These elements help you decrease unhealthy habits and increase healthy eating and movement each day!

Here in Healthy Hurst, you have lots of options for helping you experience sunshine this spring! We help you to find options by offering great programs, education, resources, facilities and more! From working with a dietitian or personal trainer at the recreation or senior center, reading the latest healthy book or magazine at

the library, playing at one of our amazing parks or participating in education and fun motivational programs offered throughout the year, your possibilities are numerous! Make sure to check out the city website, social media and on-site updates at each city facility and enjoy more sunshine today!



## *Spring Sunshine Salad*

### **Ingredients (organic recommended\*):**

- 2 cups green grapes (halved)
- 2 cup strawberries (sliced)
- 1 cup blueberries
- 1 cup pineapple (diced)
- 1 apple (chopped)
- 2 bananas (sliced)
- 1 cup orange juice
- 2 Tbsp. local honey
- 1 dash, cinnamon (more if desired)

---

### **Directions:**

1. Place fruit in a large bowl.

2. In a small bowl mix orange juice, honey and cinnamon together until well blended.

3. Pour over fruit.

4. Chill until ready to serve.

Nutrition facts: 1 cup is a serving: 125 cal, 0 g fat, 32g carb, 2.5g fiber, 1.5g protein

## Citizen Academies

### Citizens Fire Academy

**Beginning Monday, April 6 // 10 week class**  
[hursttx.gov/CFA](http://hursttx.gov/CFA)

The Citizens Fire Academy gives citizens the opportunity to see firsthand what duties and responsibilities firefighters have. You will learn about the organization and operation of the Hurst Fire Department, fire prevention, disaster preparedness, emergency medical service, arson investigation, firefighting tactics and much more. Firefighters and officers from the Hurst Fire Department who possess a wide variety of skills, experience and training will provide



the instruction. Citizens will have the opportunity to ask questions, discuss issues and learn many of the responsibilities firefighters have as a daily part of their job.

### Citizens Police Academy

**Beginning Thursday, March 5 // 12 week class**  
[hursttx.gov/CPA](http://hursttx.gov/CPA)

The Hurst Police Department sponsors the Citizens Police Academy (CPA) with the goal of educating citizens on the "How's and Whys" of the Hurst Police Department and its operations. This is accomplished through a series of lectures and hands-on activities. There is no cost to attend the CPA. Graduates are NOT trained to be police officers or vigilantes. The purpose of the CPA is to educate attendees so they can make informed judgments



about the police department as they become ambassadors of good will to the community. Each applicant must be at least 21 years of age, live or work in the City of Hurst, and successfully pass a background investigation.

## Household Hazardous Waste Collection and Shredding

**April 11 // 8:00 - 11:00 a.m.**  
**Hurst Service Center**  
**2001 Precinct Line Road**

Let us help you with your spring-cleaning by bringing your household hazardous waste to the Service Center along with an ID and Hurst water bill.

Accepted items: Automotive fluids, batteries, cleaners & degreasers, cooking oil, lawn/garden/pool chemicals, light bulbs, and paint. There is a limit on paint of three five-gallon containers.

Items not accepted: Ammunition or explosives, appliances or electronics, building materials, bulk trash and yard waste, butane or propane cylinders, medicines or sharps, and tires.

Document shredding will be available. Three (3) box limit, no larger than 15"x12"x10" accepted. Limited space. First come, first served.

# Mosquito Control and Management

Controlling mosquito populations and reducing the risk for West Nile virus, Zika Virus and Chikungunya Viruses must be done on several fronts—education and prevention are at the forefront of those efforts. As we head into mosquito season, it's imperative that residents take steps to protect themselves and control mosquito populations at home.

The most important thing citizens can do to reduce the risk of exposure to West Nile virus is to eliminate mosquito-breeding areas around the home and limit exposure to feeding mosquitoes. Many female mosquitoes can lay 100-300 eggs on the surface of fresh or stagnant water every third night during its life span. Here are some simple things citizens can do to eliminate potential mosquito breeding sites around the home:

- Do not allow water to accumulate in the saucers of flowerpots, cemetery



urns, or in pet dishes for more than two days

- Get rid of tin cans, old tires, buckets, unused plastic swimming pools, or other containers that collect and hold water
- Clean debris from rain gutters, remove standing water from flat roofs, and repair leaks around faucets and air conditioners
- Change the water in birdbaths and wading pools at least once a week
- Fill or drain puddles, ditches and swampy areas

- Check for trapped water in plastic or canvas tarps used to cover boats or pools, and arrange the tarp to drain the water

## Make sure you also follow the Four D's:

- Use insect repellent containing DEET, picaridin or oil of lemon eucalyptus.
- Dress in long sleeves and long pants when you are outside.
- Stay indoors at dusk and dawn, when mosquitoes are most active.
- Drain standing water where mosquitoes breed. Common breeding sites include old tires, flowerpots and clogged rain gutters.

For more information about mosquito control and management, visit [hursttx.gov/fightthebite](http://hursttx.gov/fightthebite).

## FREE Clean Up Days

We have coordinated with Republic Services to offer additional curbside pickup days in the fall and spring. You can leave your bulky or green waste items at your curb, and just make sure that loose items are bundled or containerized and set out by 7 a.m. Our next free clean-up day will be April 4 for normal Monday/Thursday pick up and April 11 for Tuesday/Friday pick up. Visit [hursttx.gov/gnp](http://hursttx.gov/gnp) for more details including a list of accepted items.



# Senior Center



## Membership Information

Monday, Tuesday, Wednesday, Friday: 7:00AM-7:00PM // Thursday: 7:00AM-9:00PM

The Hurst Senior Activities Center is open to seniors only, ages 55 and over.

- Membership is required in order to use the Senior Center amenities or participate in activities and programs. (Occasionally, we will offer special programs that are open to the general public.)
- Membership is valid for one year and must be renewed annually.
- Membership includes many free classes, programs and activities, use of our state-of-the-art fitness room and access to aquatics programs. Please note that some classes and programs may require nominal fees.

### Senior Center Membership Fees:

- Hurst Residents - \$20 per membership year. (Equivalent of about \$1.67 per month.)
- Nonresidents - \$80 per membership year. (Equivalent of about \$6.67 per month.)
- As a member of a Medicare Advantage or Medicare Supplement plan, you may be eligible for a no-cost or low-cost membership through the Silver & Fit Renew Active or SilverSneakers program.
- In order to receive the Hurst resident rate, please bring your Hurst water bill, Hurst property tax statement or Hurst apartment lease and your photo ID as proof of residency.

## Lunch Program

---

The Senior Center offers a weekly meal program called "A Quick Bite." On Tuesdays, for only \$5, you get a cup of the soup of the day, your choice of the entrée of the day or a sandwich with a bag of chips and a pickle. All lunches come with a dessert. Grab a friend, and stop by the Senior Center for "A Quick Bite!"

The lunch program policies and details are as follows:

- You must register at the front desk for lunch and complete "A Quick Bite" menu selection slip. Payment is expected at the time of registration. Registration can be made any time prior to 10 a.m. on Tuesdays. Reservations will not be accepted after 10 a.m. No exceptions.
- The kitchen staff and volunteers cannot take payments. Please pay for lunch at the front counter and obtain a receipt. The receipt is only valid for the date lunch was purchased. No refunds or rain checks for lunches will be issued.
- Quantities may be limited and may sell out before 10 a.m.
- All meals are encouraged to be consumed on the premises. Taking food home from the meal site is done at your own risk. To-go boxes are not available.
- Due to health code policies, personal food items cannot be held in the kitchen refrigerators. Lunches will be available for pick-up on Tuesdays between noon and 12:30 p.m. Lunches not picked up by 12:30 p.m. must be discarded.

## Donor Board

---

Did you know that you can give to the Senior Center Donation Fund? Donations are used to purchase non-budgeted items for the Senior Center. Donations are recognized through the Donor Board located on the east side wall of the building next to the staff offices. A plaque inscribed with your choice of inscription (space limited) will be placed on the board based on the following levels of donation:

- **Bronze** – \$250
- **Gold** – \$1,000
- **Silver** – \$500
- **Platinum** – \$2,000+

For more information or to make a donation, contact the Senior Center Director Linda Rea at 817-788-7710.

## Contact Information

---

700 Heritage Circle  
Hurst, TX 76053  
817-788-7710

## The Social Media Connection

---

Did you know that the Hurst Senior Activities Center is now on Facebook? Stay up to date on current happenings, find pictures of recent events and more! Follow us, like us and share us: @HurstSeniorActivitiesCenter

## Registration Policy

---

Registration is required for most scheduled classes, activities and programs.

Registration opens the first business day of each month at 8 a.m. and continues throughout the month. You must have an active Senior Center membership or day pass in order to register for classes. Any applicable fees must be paid at time of registration unless otherwise noted. Save time and register online by visiting the Senior Center website: [hursttx.gov/hsac](http://hursttx.gov/hsac). To get started with online registration, you will need to visit the Senior Center to activate your account.

## Senior Center Advisory Board

---

Chair: **Gerald Grieser**

Vice Chair: **Joan Stinnett**

**Doris Young, Bob Hampton, Barbara Albright, Marcy Davis, Durwood Foote, Marie Perry and Elaine Wicker**

## Senior Center Staff

---

HSAC Director: **Linda Rea**

Activities Supervisor: **Michelle Varley**

Administrative Assistant: **Laura Gore**

Building Maintenance: **Araceli Garcia Belo**

Activities Assistant: **Linda Provence**

Front Desk Attendants:

**Diana Conway**

**Tammy McDonald**

**Jorji Northrop**

**Gayle Stevens**

**David Wiggins**

## Senior Center Upcoming Events & Classes

Here are just a FEW of our upcoming special events. (You must be a member to participate. Sign-up and fees may be applicable.)



### Breakfast Club

Wake up and get up to the Senior Center for a hearty breakfast! Each month features a different breakfast entrée, from a fresh made Belgian waffle to gravy and biscuits or tasty breakfast enchiladas. Breakfast is served with juice, coffee, and fresh fruit. Check the Senior Pipeline for the breakfast entrée of the month.

8:30- 9:30AM // F // 3/13 // \$4

8:30-9:30AM // F // 5/8 // \$4

### Movies & Munchies

Each month (typically the first Friday) we offer a current movie, complete with hearty munchies that includes popcorn, soda and more. See the Senior Pipeline for movie title, description and rating.

1:00-3:00PM // F // 3/6 // \$3

1:00-3:00PM // F // 4/3 // \$3

1:00-3:00PM // F // 5/1 // \$3

### Chair Volleyball

Reap the benefits of being active and join in the fun of Chair Volleyball. This modified version of volleyball is played much like the traditional game. Chairs are placed to cover the court and players rotate for serving. The team works together to get the beach ball over the net. There is one catch – you must remain seated, with one cheek in the seat at all times.

10:15AM-12:30PM // MW // Free

3:00PM-5:30PM // TH // Free

### BISD Adventures in Art Exhibit

Come enjoy the artwork created by BISD's special needs students. Artwork will be on display March 3-6 during the Senior center's normal operating hours. The BISD Art Teachers will host a reception so you can meet the artists on Tuesday, March 3, 4:30-6 p.m.

### Spud & a Show

Get out of the house and come enjoy a loaded baked potato bar and a classic movie. Please sign up in advance so we can prepare accordingly. See the Senior Pipeline for movie title, description and rating.

95033 (5/125/MP)

6:00-8:00PM // TH // 5/21 // \$4

### You Can Paint with Oils

Even if you've never held a paint brush or can't draw a straight line you will be amazed at the beautiful oil painting you can create in one fun and inspiring lesson. Beginners learn basics of color mixing, brush strokes and perspective while completing a detailed landscape or seascape under the patient guidance of award winning "Teacher of the Year," Susan & Robert Garden, founders of the Robert Garden School of Art. All art supplies, canvas, paints, brushes, easel and detailed lesson plan are provided. Bring paper towels and wear old clothes. \$20 (cash only) supply fee due to instructor at time of class. **Instructor: Susan Garden.**

9:30AM-12:30PM // F // 3/20 // \$15

9:30AM-12:30PM // F // 4/17 // \$15

9:30AM-12:30PM // F // 5/15 // \$15

## Senior Center Upcoming Events & Classes

(You must be a member to participate. Sign-up and fees may be applicable.)



### Dances

All Seniors 55+ are invited to join us for our dances on the 2nd & 4th Thursday night of each month. Come to dance the night away or just listen to some fabulous music! Dances are only \$6 payable at the door and open to Seniors from all over the Metroplex. A Senior Center membership is not required. Invite your friends to join you for an evening out!

- 7:00-9:15PM // TH // 3/12 // \$6
- 7:00-9:15PM // TH // 3/26 // \$6
- 7:00-9:15PM // TH // 4/9 // \$6
- 7:00-9:15PM // TH // 4/23 // \$6
- 7:00-9:15PM // TH // 5/14 // \$6
- 7:00-9:15PM // TH // 5/28 // Cancelled

### Health, Benefits & Business Expo

Get to know local businesses and the service and products they provide. Receive healthy living tips, screenings, opportunities for community involvement and more. Door prizes to be given away throughout the event. The Health, Benefits & Business Expo is open to the public, so invite your friends age 55+ to attend.

10:00AM-Noon // F // 3/20 // Free

### Health for Me: Chronic Pain Workshop

Take control of your health! Learn better ways to live with chronic conditions like heart disease, diabetes, asthma and arthritis and get insights on how to better take care of someone who has a chronic disease. This six-week self-management program was developed by Stanford and is taught by a trained instructor. Must commit to attending all classes. Sponsored by Tarrant County Health.

- Live better with high blood pressure, heart disease, diabetes, arthritis and other chronic conditions.
- Develop skills to cope with your condition
- Improve energy levels and reduce pain
- Learn to make the best choices for your condition and lifestyle

1:00-3:00PM // TH // 6WKS // 3/19 // Free

## Senior Center Fitness Classes

(You must be a member to participate. Sign-up and fees may be applicable.)



### Document Shredding

Start your spring cleaning by clearing out your old files. Bring your papers and documents to the Senior Center to be shredded. All shredded material is securely recycled. By participating you will save trees, water, landfill space, oil and electricity!

1:00-3:00PM // F // 4/17 // Free

### Ladies Fashion Show & Luncheon

It's all about the girls today! Fashion show is facilitated by FYI Clothing. Shop the featured fashions after the show! Stacy with You Look Beautiful Boutique will be set up in the front lobby so you can shop for accessories. Fashion show is FREE! Luncheon (Catered by Carrabas) is \$5 per person. Reservations must be made in advance. Lunch starts at 11:15 a.m., Fashion Show at 12:15 p.m., vendors will be set up until 3:00 p.m.

11:00AM-1:00PM // M // 5/4 // \$5 for lunch

### Talent Show

Senior Center Members are invited to come perform at HSAC. The arts of singing, dancing, lip-syncing, acting, martial arts, playing an instrument, poetry, comedy or other activities are all welcome. Contact Linda Provence to be included in the program.

6:00-7:30PM // TH // 4/16 // Free

## Senior Center Fitness Classes

(You must be a member to participate. Sign-up and fees may be applicable.)

### Aquatics Classes

#### SilverSneakers Splash!

Activate your urge for variety! Splash offers fun, shallow-water movement to improve agility and flexibility while addressing cardiovascular, strength and endurance conditioning. No swimming ability is required and a kickboard or other aquatic equipment is used to improve strength, balance and coordination. Fees are waived for SilverSneakers members this class only. **Instructor: Rosy Pritchett/Andrea McKnight**

10:00-10:45PM // M // 4WKS // \$16

11:00-11:45PM // M // 4WKS // \$16

11:00-11:45PM // T // 4WKS // \$16

10:00-10:45PM // W // 4WKS // \$16

11:00-11:45PM // W // 4WKS // \$16

11:00-11:45PM // TH // 4WKS // \$16

### Water Wellness

Water Wellness is a great water workout if you have sore or tight joints, lower back pain, balance issues, or general aches and pains. Come try this gently paced water wellness class to ease your symptoms. **Instructor: Off the Deep End Aquatics**

10:00-10:45PM // T // 4WKS // \$16

10:00-10:45PM // TH // 4WKS // \$16

### Unstructured Water Time

Use of the pool for unstructured water time is available on FRIDAYS in two 55 minute increments. Water noodles and kick boards are available for your use. Inflatable flotation devices are prohibited. \$5/month per session. Fees are waived for Renew Active members.

10:00-10:55PM // F // \$5

11:00-11:55PM // F // \$5

### Group Fitness

Registration for our Group Fitness is required on a per month basis. Registration opens on the first business day of the month. Class fees range from \$2.50 to \$5 for a single class. Most classes meet weekly, averaging four times per month.

#### Ageless Grace

Ageless Grace is a program that works on all five functions of the brain as well as the 21 primary physical skills we need for aging youthfully. Designed so that almost anyone of any age, ability, body-type, size or with any physical challenge can participate and benefit from the simple tools for lifelong comfort and ease. **Instructor: V'Ann Giuffre**

11:00-11:45AM // TH // 4WKS // \$3 per class

#### Tai Chi

Chinese system of slow meditative exercise designed for relaxation, balance, and health. **Instructor: Chot Pham**

9:00-9:50AM // W // 4WKS // Free

#### Non-Contact Boxing

A great way to improve agility, speed, endurance, accuracy, balance, hand-eye coordination, footwork and overall strength. This class is designed with Parkinson's patients in mind, but anyone can benefit from the exercise and is welcome to participate. **Instructor: Rosy Pritchett**

4:00-4:45PM // W // 4WKS // \$3 per class

#### Fit Start | Exercise

Instructor led fitness class designed for those just starting to exercise and also for those with low mobility. Encompasses movements to strengthen the upper body and core, increase flexibility, and improve cardio health and stamina. **Instructor: Andrea McKnight**

9:00-10:00AM // T // 4WKS // \$3 per class

9:00-10:00AM // TH // 4WKS // \$3 per class

### Zumba Gold

This class is designed for active older adults that like to move! Easy to follow Zumba choreography that focuses on balance, range of motion and coordination. Benefits include cardiovascular, muscular conditioning, flexibility and balance. Class fees waived for Silver & Fit and SilverSneakers members. **Instructor: Kalyn Worthey**

10:15-11:00AM // W // 4WKS // \$3 per class

### Classic Fitness

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing and balls for resistance. A chair is available if needed for seated or standing support. Class fees are waived for SilverSneakers, Renew Active & Silver&Fit members. **Instructor: Debbie Melchiorre/Rosy Pritchett.**

8:00-9:00AM // M // 4WKS // \$3 per class

5:00-6:00PM // T // 4WKS // \$3 per class

8:00-9:00AM // W // 4WKS // \$3 per class

5:00-6:00PM // TH // 4WKS // \$3 per class

### Cardio Fitness

Are you ready for a more intense workout than Classic Fitness? Try this safe and heart-healthy aerobics class to energize your active lifestyle using low-impact movements that focus specifically on building upper-body and core strength, plus cardio endurance. Class fees are waived for SilverSneakers, Renew Active & Silver&Fit members. **Instructor: Rosy Pritchett.**

Noon-1:00PM // T // 4WKS // \$3 per class

### Back, Shoulders & Balance

You will work to gain muscular strength, increase muscle tone and stretch with purpose in your back, shoulders and areas of balance. Expect to improve your ability to get out of bed, get out of a chair, maintain your posture and alleviate back muscle pain. **Instructor: Rosy Pritchett**

4:30-5:15PM // M // 4WKS // \$3 per class

## Senior Center Fitness Classes

---

(You must be a member to participate. Sign-up and fees may be applicable.)

### Personal Training

---

Personal Trainer Rosy Pritchett is available to assist you in reaching your individual health and fitness goals. She will work with you to develop an effective exercise program designed specifically for you. Sessions are paid through the front desk. Appointments are scheduled directly with the trainer.

One-Hour Session // \$40

### Fitness Assessment

---

Personal Trainer Rosy Pritchett is here to help you get started on a personal fitness program. This 20 minute evaluation will assess five components: cardiovascular, muscular strength, muscular endurance, flexibility, and body composition. Sessions are paid through the front desk. Appointments are scheduled directly with the trainer. Includes a free 6-month follow up assessment so you can see your progress.

20 Minute Session // \$10 // By Appointment

### Yoga

#### Strengthen on Your Mat

---

A core strengthening class that combines pilates, basic exercise moves, and yoga.

**Instructor: Rosy Pritchett**

10:00 - 11:00AM // F // 4WKS // \$3 per class

#### Kundalini Yoga

---

This fun, challenging class wakes up the energy centers in your body. Through the use of movement, breath, and meditation, you connect to your core energy and let go of what no longer serves you. This class includes stretching, yoga poses, and chant. **Instructor Cheri Nelson**

10:15-11:00AM // M // 4WKS // FREE

### Hatha Yoga

---

Incorporates the use of postures and stretches linked with the breath to develop flexibility. A combination of floor and standing poses is used to create a flow of movement that encourages proper alignment, balance and opening of the body.

**Instructor: Cindy Russell**

2:30-3:30PM // T // 4WKS // FREE



## Senior Center Fitness Classes

(You must be a member to participate. Sign-up and fees may be applicable.)



### Chair Yoga

Incorporates the use of postures and stretches linked with the breath to develop flexibility. A combination of floor and standing poses is used to create a flow of movement that encourages proper alignment, balance and opening of the body.

**Instructor: Cindy Russell**

3:45-4:45PM // T // 4WKS // FREE

### Gentle Yoga

Incorporates the adaptation and application of Yoga techniques and practices to help individuals facing health challenges at any level manage their condition, reduce symptoms, restore balance, increase vitality, and improve attitude. Students should be able to get up and down from the floor on their own. **Instructor: Debbie Melchiorre**

1:00-2:00PM // M // 4WKS // \$16

### Yoga Fitness

Participants complete seated and standing yoga poses. This class is suitable for beginners to advanced yogis, and it provides breathing exercises and relaxation without the strain on your joints. Class fees are waived for SilverSneakers, Renew Active & Silver&Fit members. **Instructor: Debbie Melchiorre**

1:00-2:00PM // W // 4WKS // \$3 per class

### Yin Yoga

A slow paced style of yoga where you hold passive poses for 3-5 minutes. Yin targets the deep connective tissues of the body (vs. the superficial tissues), the fascia that covers the muscles, and helps to maintain flexibility in the joints. Poses are primarily done on the floor. **Instructor: Naomi Murphy**

10:00-11:00AM // TH // 4WKS // \$3 per class

### Restorative Yoga

Experience restorative yoga poses that let you relax deeply and consciously, allowing tension to release from the body and energy to flow. Postures are seated or lying down with the use of props for optimal comfort.

**Instructor: Michelle Varley**

3:00-4:30PM // F // 3/6 // \$5

3:00-4:30PM // F // 4/3 // \$5

3:00-4:30PM // F // 5/1 // \$5

## Employee Giving Day

Employee Giving Day is one of our favorite ways to show kindness to our neighbors! Our city council established this program over 20 years ago, and we've been able to work on over 80 homes in Hurst! Work on homes primarily consists of landscaping, clean up, scraping and painting. Many of our area businesses donate funds and supplies needed for this event, and city employees provide the labor. We are proud of the work our employees do, and we appreciate all of our local businesses that make this event possible each year!

Here's what one resident wrote in to our volunteers after last year's Employee Giving Day:

"It was wonderful of so many of you to work so tirelessly doing any number of things to make my home beautiful. My husband, a veteran who served in the US Army, would have been so proud that you did all this for me!"



This year's Employee Giving Day will be April 17, and we're on the lookout for our neighbors who need some assistance. For more information on how you can get involved, or to nominate your home or someone you know for consideration, visit [hursttx.gov/egd](http://hursttx.gov/egd), or call Michelle at 817-788-7055.



## Aquatics Recruitment

Looking for a summer job where you can have fun making new friends while also helping people? We want YOU to work with us this summer! Both Chisholm and Central Aquatics Centers are hiring for Summer 2020.

**Visit page 54 for the scoop!**

## CodeRED

Spring is around the corner, and with it comes the possibility of severe weather. Make sure you are signed up to our CodeRED emergency notification service. This service allows us to communicate with our residents during an emergency situation or severe weather event. Visit [hursttx.gov/codered](http://hursttx.gov/codered) for more details and to sign up online.



# Citizen Survey

Community needs help city prioritize services in proposed budget

Each year, the City of Hurst engages in our Strategic Planning Process to determine priorities for the upcoming budget. This process allows the city council to evaluate community needs and assess their impact on the city's budget while also helping the city determine which services to provide and at what level they are offered. The annual citizen survey is one critical factor that affects the strategic planning process.

The survey is currently open and will run through February 14, with preliminary results presented at our annual Town Hall Forum. We will evaluate how responses have changed over the past year and

take information from the Town Hall Forum to effectively develop a strategic plan to guide the budget process. These survey results are direct feedback and information that is critical to developing council's priorities that staff uses to develop the proposed budget.

We are excited about the opportunity to continue to provide high quality services to our citizens. We sincerely appreciate all who have responded to our surveys now and in the past. The responses we receive help us develop a budget that meets the needs of our community today and tomorrow.



## Town Hall Forum

**Thursday, February 20 // 6:00-8:00 p.m.  
Hurst Conference Center**

You're invited to join us at our annual Town Hall Forum on February 20! This free event is open to the public and features presentations on current and future projects throughout the city. Utility companies will also be on hand to meet with residents. Light refreshments will be served, and parking is complimentary. We hope you'll join us on February 20 from 6 to 8 p.m. at the Hurst Conference Center!

## Hursttx.gov is a host of great information!

There are so many great things happening in Hurst that we want to share with you! We wanted to make these events easily accessible and convenient for you to access.

We have always had our city website calendar that contains meetings, events, holiday information and more. But to make things even more simple for you, we have categorized those items. You can now find information quickly with four short friendly URLs:

[hursttx.gov/events](http://hursttx.gov/events) - All citywide events in an easy to read list view

[hursttx.gov/libcalendar](http://hursttx.gov/libcalendar) - Library events in an easy to read list view

[hursttx.gov/meetings](http://hursttx.gov/meetings) - Boards, Commissions and Committee meetings in an easy to read list view

[hursttx.gov/calendar](http://hursttx.gov/calendar) - City calendar in a monthly view

Be sure you're also connected  
with the city and various  
departments on social media!





# Property P R I

**Congratulations to our recent winners  
of our fall Property Pride Award!**

“ It is definitely my choice to keep the property up, because it's been in the family for over 50 years, and my mother and father took pride in keeping the yard immaculate!”

*- Homeowner*

“ We love their yard and being on the corner of our block makes a great impression.”

*- Nominator*



# DE

Have you noticed any of your neighbors  
*Going the Extra Yard?*

Nominate them at [hursttx.gov/propertypride](http://hursttx.gov/propertypride)

- Anyone can nominate a property in Hurst!
- Only residential properties in the City of Hurst are eligible for the award.
- Four properties per season will be chosen by Neighborhood Services.
- Nominations should be made for overall property maintenance including, but not limited to, painting and landscaping.
- Winning properties will receive a yard display and could be featured on the city website.



## Respond to the 2020 Census online.

The 2020 Census marks the first time you can respond online—even on your mobile device. You can respond by phone or mail—they're secure, too—but going online is a great option, because it is:

### Convenient

You can respond from anywhere, at any time, using a mobile phone, tablet, laptop, or desktop computer. You just need to be connected to the internet.

### Easy

When you respond online, the website will guide you through each question on the 2020 Census and provide more information if you need it. The census form will be available in English and 12 additional languages. Videos and guides to the form will be available in 59 languages.

### Secure

All responses submitted online are encrypted to protect personal privacy. Once responses are received, they are no longer online.

### How to respond online: as easy as 1-2-3

1. In March 2020, your household will receive an invitation in the mail to respond online.
2. Visit [2020census.gov](https://2020census.gov) to access and complete the census questionnaire.
3. You're done!

For more information, visit:

**2020CENSUS.GOV**

D-OP-GP-EN-421

Shape  
your future  
START HERE >

United States®  
**Census**  
**2020**

# 2020 Census FAQ

## What is the census?

The census is a count of every person who lives in the United States and its territories. It happens every 10 years. In early 2020, you will be asked to count everyone who lives in your home as of April 1. Responding to the 2020 Census is a chance to shape your future.

## What's in it for me?



Your responses inform where over \$675 billion is distributed each year to communities nationwide for clinics, schools, roads, and more.



Census data gives community leaders vital information to make decisions about building community centers, opening businesses, and planning for the future.



Responding also fulfills your civic duty because it's mandated by the U.S. Constitution. The United States has counted its population every 10 years since 1790.



Your responses are used to redraw legislative districts and determine the number of seats your state has in the U.S. House of Representatives.

## Is my information safe?

Your responses to the 2020 Census are safe, secure, and protected by federal law. Your answers can only be used to produce statistics. They cannot be used against you by any government agency or court in any way—not by the FBI, not by the CIA, not by the DHS, and not by ICE.

## When can I respond to the census?

In early 2020, every household in America will receive a notice to complete the census online, by phone, or by mail. In May, the U.S. Census Bureau will begin following up in person with households that have yet to respond.

## What will I be asked?

You will be asked a few simple questions, like age, sex, and the number of people who live in your home, including children.

## What won't be asked?

The census will never ask for Social Security numbers, bank or credit card numbers, money or donations, or anything related to political parties.

For more information, visit:

**2020CENSUS.GOV**

Shape  
your future  
START HERE >

United States®  
Census  
2020

D-FA-GP-EN-034



## Heritage Village Presents

---

Heritage Village Presents is a series of FREE events held at Heritage Village Plaza in the spring and fall. This series is dedicated to offering family events designed to promote cultural enrichment, community engagement, and an active lifestyle.

Heritage Village Plaza is located at 841 W. Pipeline Road. The City of Hurst invites you to attend our first event for spring 2020 – our Grand Family Picnic!

### Grand Family Picnic

Wednesday, March 11 from 11 a.m. to 2 p.m.

Join us during spring break for some fun in the park! This event begins at 11 a.m. with free games, activities, and a touch-a-truck exhibit. Our friends at In-N-Out Burger will be

servicing the first 800 participants in line a FREE box lunch! You can also enjoy a complimentary treat courtesy of the City of Hurst. Then, at noon, rock out to a live performance from modern party band, Satellite. Bring your lawn chairs or a blanket, and don't miss out on this outdoor event for the whole family! For more information, contact Community Services at 817-788-7305.

### Save the Date!

**April 24** – Concert in the Park

**May 28** – Summer Kick Off

You can look for more information on our upcoming events in the next Where We Live issue and the City's website and Facebook page.



# Adopt-a-Park Program

In early 2019, the Parks Division created an Adopt-a-Park program in direct response to requests from citizens like you!

Mayfair Park was the first to be adopted by Pathways Church, who renewed their commitment for 2020! Pathways Church coordinated four clean-ups at the park, including minor weed pulling, collecting branches after a storm, and trash pick-up.

Even HEB ISD student organizations want to help! The Hurst Earth Conservation Organization (H.E.C.O.) from Hurst Junior High adopted the Hurst Community Park playground and nature area, providing two clean-ups in the fall and one scheduled for March 2020. The L.D. Bell High School Student Council adopted Chisholm Park and launched a goal of providing bi-weekly clean-ups.

## Why Adopt-a-Park?

Our Parks Division works tirelessly to provide our community with clean, attractive, and well-maintained parks. Due to the number of park acres in Hurst, it creates the difficulty of keeping each park in its highest

condition. We rely on enthusiastic and willing partners to assist us in our efforts.

We encourage community participation in our park programs. We want to collaborate with groups, organizations, and individuals to help us maintain our community values of inclusiveness and a positive environment. We want to ensure the City of Hurst is well maintained, clean and secured, leading to an enjoyable living experience. We invite you to participate in the Hurst Adopt-a-Park Program!

We will track participant hours and turn them into the City of Hurst's Volunteers in Action program. Groups or organizations that participate will have their names posted at the park for the duration of their commitment.

## Who to Contact

Interested groups or organizations should contact Kristie Weaver, Parks Director, via email or phone: [kweaver@hursttx.gov](mailto:kweaver@hursttx.gov) or 817.788.7220. Information is available on our webpage at [hursttx.gov/adoptapark](http://hursttx.gov/adoptapark).

# Hurst Public Library

901 Precinct Line Road, Hurst, TX // 817-788-7300 // [www.HurstTX.gov/Library](http://www.HurstTX.gov/Library)



## Imagine Your Story

### Summer Reading Club 2020

Everyone—including you!—has a unique story, and Hurst Public Library has many stories for you! Whether you want to fight a dragon, go to the moon, explore the world, or travel through time, come the Library to get your imagination going. Join the Summer Reading Club for reading fun, prizes, and lots of special events. Registration begins May 1. Rack up your reading minutes after you've registered through July 31. Special weekly programs and prize distribution begin the week of June 1. Come to the Library to register or register online at [www.hursttx.gov/library](http://www.hursttx.gov/library).

The fun continues May 28 with Heritage Village Presents: Summer Kick-Off from 6 p.m. – 8 p.m. featuring a concert

by Satellite at 7 p.m. Bring a picnic dinner and enjoy free inflatables, ice cream treats, and more!

You are also invited to come to one of the joint events to register and celebrate summer reading:

**HEB Reads** – Saturday, May 2, 10 a.m. – 1 p.m. at Pennington Field in Bedford

**Birdville ISD Reads** – Saturday, May 30, 10 a.m. – 1 p.m. at the Fine Arts/Athletic Complex in NRH

Both of these collaborative events will have a wide variety of activities, food, and information about what's happening this summer at the various participating libraries in the area.

Monday, Wednesday, Friday, Saturday: 10:00AM-6:00PM // Tuesday, Thursday: 10:00AM-9:00PM



## Ongoing Adult Programs

### Adult Games, Games, Games!

Come play board games and meet new people at the Library! Play Ticket to Ride, Clue, Settlers of Catan, dominoes, card games, and more! Or bring your own game to share with the group!

7:00PM // First Thursday

2:00PM // Third Saturday

### Brown Bag Book Club

First Thursday of the month at noon in the Library reading alcove. Bring your lunch and join us for an informal book discussion. Upcoming selections include:

**April 2** - *Eleanor Oliphant is Completely Fine* by Gail Honeyman

**May 7** - *Astrophysics for People in a Hurry* by Neil deGrasse Tyson

**June 4** - *Circle* by Madeline Miller

### Author Talk: Vicki Tongate

Join us for a discussion with author Vick Tongate about Texas history and the incredible discovery that led to her book *Another Year Finds Me in Texas: The Civil War Diary of Lucy Pier Stevens*. Chronicling the life of an Ohioan woman living in Texas during the bloodiest conflict in the nation's history, Tongate's research provides a unique perspective on life in 19th century Texas and the effects of war on a personal scale.

7:00PM // T // 3/3

### Crafts for a Cause

Do more and choose to give back! Come to the Library and help us make fun crafts that will put a smile on someone else's face. All ages are welcome to participate.

6:30PM // TH // 4/9, 6/11



# Hurst Public Library



## Ongoing Children's & Teen Programming

### Chess Club

Elementary School Ages+ // 4:00-5:00PM // M

### Story Time

3 - 6 Years // 10:45-11:15AM // T

### Toddler Time

1 - 3 Years // 10:00-10:30AM // M & TH

### 1,000 Books Before Kindergarten

Children who have not started kindergarten and their caregivers

A self-paced, ongoing program to provide a simple, innovative yet fun approach to establishing strong early literacy skills in young children by reaching the goal of reading 1000 books before kindergarten; incentives for every 100 books read through 1000. To register, go to [www.hursttx.gov/kidstuff](http://www.hursttx.gov/kidstuff).



### STEM Engine

Geared to elementary ages, but younger may come with an adult

A come and go event with a different STEM activity each week

3:00-5:00PM // W // Through May 27



# Hurst Public Library



## Children's Programming

### Puppet People Workshop

#### 4th-8th Graders

Are you interested in different kinds of puppets? Or maybe readers' theater? Would you like to work with other kids interested in performing a variety of skits for special Library programs this spring and summer? Now is your chance – come give it a try! Call 817.788.7302 to register. 1st and 3rd Tuesdays through May.

4:00-5:00PM // T // 3/3, 3/17, 4/7, 4/21, 5/5, 5/19

### Babygarten

#### Children birth-18 months and an accompanying caregiver

Babygarten is an educational curriculum involving songs, rhymes and activities that help babies with language acquisition and preliteracy skills. Space is limited, so please register at 817.788.7302.

10:30-11:30AM // W // 4/1-5/6

10:30-11:30AM // S // 3/28-5/9 (except May 2)

### Story Laboratory

A selection of stories, a smattering of science, a creative component – experience stories in many different ways and not just with your eyes and ears!

7:00PM // T // 3/10 // *Awesome Aliens*

7:00PM // T // 4/14 // *Excellent Electricity*

7:00PM // T // 5/12 // *Fractured Fairy Tales*

### Spring in for a Movie

#### For All Ages

Make movie matinees part of your spring break each week day. Enjoy a family favorite on the big screen complete with free popcorn provided by the Friends of the Library.

2:00PM // 3/9-13

### Teddy Bear Picnic

#### For Ages 4-11

Bring your favorite stuffed friend—bear or not!—to the Library for an indoor picnic. Refreshments, stories, and other activities round out a special afternoon spent with friends, human and not! Reservations are required and will be taken at the Youth Services Desk starting Monday, March 30. Call 817-788-7302 to reserve your seat. **BONUS:** If you can be without it for one night, bring your stuffed friend to the Library any time between 10 a.m. and 6 p.m. on Friday, April 24, for a stuffed animal overnight at the Library (no kids allowed!); reconnect with your friend at the picnic and get pictures of the goings-on experienced the night before!

3:00-4:00PM // S // 4/25

# Hurst Public Library



## Teen Zone

All programs are open to teens in grades 6-12 unless otherwise noted.

All programs are open to teens in grades 6-12 unless otherwise noted.

### Chess Club

Students of all ages through high school

4:00-5:00PM // M

### Lit Flix

4th - 12th graders

Join us for a lit movie and free popcorn on the first Thursday of the month!

6:30PM // TH // 4/2, 5/7

### Teen Innovation Panel

Ages 14 - 18

Earn volunteer hours for school by planning teen programs, contributing ideas to the Library's collection, and helping to make the library more teen friendly. Application is required to join.

7:00PM // TH // 3/19, 4/16, 5/21

### Fanime Club

Whether you're new to Japanese animation or a long-time fan, join your fellow otaku as we watch anime, read manga, and celebrate Japanese culture. No registration required.

6:30PM // 3/26, 4/23, 5/26

### Teen Tech Week Scavenger Hunt

Familiarize yourself with the library's digital resources, learn about technology, and celebrate YALSA's Teen Tech Week with the TTW Scavenger Hunt! Completed scavenger hunts will be entered into a raffle at the end of March. March 1-31.

### L. D. Bell Art Reception

Art lovers of all ages

Come see art pieces by students from L.D. Bell High School. Share refreshments and mingle with the student artists whose work will be on display for the month of March. Bring a friend!

7:00PM // TH // 3/5

### Spring Break Crafternoons

Staying home for spring break? Don't let FOMO get you down! Come to the library every afternoon for cool DIYs even your jet-setting friends will be jealous of.

4:00-5:00PM // 3/9-3/13

### Teen Gaming Marathon

Join us for an evening of Xbox One, Wii U, and board games. Refreshments will be provided to keep up your gaming stamina!

6:00PM // TH // 4/9

### Adulting 101

Do you know how to change a tire? Open a bank account and keep it balanced? Write a resume? If not, join us as we share tips and tricks to make your journey to adulthood the G.O.A.T.

7:00PM // TH // 5/14

# Hurst Public Library



## Programs for All Ages

### MasterWorks at the Library

MasterWorks Music Series is an ongoing concert series funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with Arts Council Northeast. These free concerts are held at 7:00 pm the 4th Thursday of each month at the Hurst Public Library.

Please check the Library website for upcoming concert information.

7:00PM // Fourth Thursday

April 23 - Outdoor Concert - Bring lawn chairs and/or blankets

May 28

June 25

### Early Release Movie Matinees

#### For All Ages

Join us at 2:00PM in the Library program room for a movie on the big screen. Free popcorn provided! Check the website upcoming movie details.

2:00PM // TH // 5/28

### Make and Take Craft

#### For All Ages

Stop by our table for a FREE seasonal craft for you to make and take home with you. This craft is for all ages, but our younger library friends may need help from an adult or older sibling.

6:30-7:30PM // TH // 3/19, 5/14



**Classes begin the week of March 23**  
(unless otherwise indicated)



# HURST RECREATION CENTER

It's time to SPRING into fitness with the Hurst Recreation Center

As the winter slumber comes to an end, nature begins to wake up and come alive. After all, spring is nature's way of saying "Let's go!" Are you looking for motivation to get active? Join the "Spring Movement" and let the Hurst Recreation Center be your catalyst for improving your personal health, wellness and fitness, and "quality of life." You can schedule a session with our personal trainer to formulate a custom-designed fitness plan, or you can explore on your own! Our Fitness Center has all of the equipment you will need to complete a well-rounded and balanced workout.

The Cardio Room is equipped with treadmills, elliptical crosstrainers, and lateral trainers, all of which have individual television screens that will allow you to watch your favorite TV show while you workout. There is something for everyone! And any complete fitness program includes a strength training regimen. We have an extensive selection of machined weights and plate-loaded strength equipment, as well as dumbbells and flexibility equipment.

Enjoy exercising in a group setting? There are numerous fitness classes you can participate in, helping you reach your fitness goals.

For more information on any of our activities or classes, contact the

Recreation Center (817) 788-7325.

Come and enjoy our activities and programs: 100's of classes, shoot some hoops with your friends, enjoy a game of racquetball, volleyball or pickleball, use the jogging/walking track to get some exercise, or work out in our state-of-the-art fitness center. Equipment for all activities are available for check out with your "Quality of Life" Rec Card at the front desk of the Recreation Center.

## Our Commitment to Quality

Your satisfaction is our goal. We strive to provide you with quality recreation programs, and we take pride in making your recreation experience an enjoyable one. Join us this season for recreational, educational and lifelong health and fitness opportunities.

If you are not completely satisfied with your recreational experience, please call us at 817-788-7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation.



## Hours of Operation

Monday–Thursday // 6:30AM–10:00PM

Friday // 6:30AM–6:00PM

Saturday // 9:00AM–6:00PM

Sunday // 1:00PM–6:00PM

## Contact Information

700 Mary Drive  
Hurst, TX 76053  
817-788-7325

\* Members ages 12-13 must have an adult present at all times to use the Fitness Rooms. Members ages 12-15 must provide proof of age when registering for a Youth Fitness Pass.

## Recreation Center Fees

### Hurst Residents

Daily Pass: **\$2**

Youth Annual Pass (6-15 Years):  
**\$20 Per Year**

Youth Fitness Annual Pass (12-15 Years):  
**\$50 Per Year (\$5/monthly draft)**

\* 12-13 Years must have adult supervision

Adult Annual Pass (16-64 Years):  
**\$50 Per Year (\$7/monthly draft)**

Senior Annual Pass (65+ Years):  
**\$20 Per Year (\$4/monthly draft)**

Family Annual Pass:  
**\$125 Per Year (\$13/monthly draft)**

Replacement Card Fee: **\$5**

### Non-Hurst Residents

Daily Pass: **\$10**

Youth Annual Pass (6-15 Years):  
**\$80 Per Year**

Youth Fitness Annual Pass (12-15 Years):  
**\$200 Per Year (\$18/monthly draft)**

\* 12-13 Years must have adult supervision

Adult Annual Pass (16-64 Years):  
**\$200 Per Year (\$20/monthly draft)**

Senior Annual Pass (65+ Years):  
**\$80 Per Year \$9/monthly draft)**

Family Annual Pass:  
**\$400 Per Year (\$35/monthly draft)**

Replacement Card Fee: **\$5**

*Help Us Help You!*

## Please Enroll Early

Help us keep your favorite classes around by enrolling early. There is a point when a class must be canceled due to low enrollment. Help us prevent class cancellations by registering early!

## 3 Years and Younger Programs

### ABC & 123

2 - 5 Years // Supply fee \$5

Come create fun projects to help with letters and number concepts. We will use multi-sensory activities and crafts to develop these skills.

*Instructor: Tawny Goetschius*

**Spring I**

13123-A

9:45-10:15AM // M // 4WKS // 3/23 // \$18

13123-B

9:45-10:15AM // F // 4WKS // 3/27 // \$18

**Spring II**

14123-A

9:45-10:15AM // M // 4WKS // 4/27 // \$18

14123-B

9:45-10:15AM // F // 4WKS // 5/1 // \$18

### Awesome Two's

2 Years // Supply fee \$5

Let's get together and play! We will learn our shapes and colors, create crafts, and just have a blast playing and learning at the same time!

*Instructor: Dottie Nicholson*

**Spring I**

13090-A

9:00-9:45AM // M // 4WKS // 3/23 // \$19

**Spring II**

14090-A

9:00-9:45AM // M // 4WKS // 4/27 // \$19

### »» Please Remember

Class supply fees are due to the instructor on the first class.

### »» Please Remember

Registration for classes must be completed in advance. The deadline for registration in youth programs is one week prior to the start date of the class.

### Claymates

2 - 3 Years // Supply fee \$10

Clay is a great tool for working on those fine motor skills while having fun! Your child will bring home projects made in class. At least one parent required.

*Instructor: Dottie Nicholson*

**Spring I**

13145-A

9:00-9:30AM // W // 4WKS // 3/25 // \$18

**Spring II**

14145-A

9:00-9:30AM // W // 4WKS // 4/29 // \$18

### Fitness Fun

2 - 6 Years

We will get the blood moving with physical education! Tennis shoes required.

*Instructor: Tawny Goetschius*

**Spring I**

13777-A

Noon-12:30PM // M // 4WKS // 3/23 // \$18

13777-B

Noon-12:30PM // F // 4WKS // 3/27 // \$18

**Spring II**

14777-A

Noon-12:30PM // M // 4WKS // 4/27 // \$18

14777-B

Noon-12:30PM // F // 4WKS // 5/1 // \$18



### Happy Feet

2 Years

Let's get those feet tapping and those bodies moving! We will have fun with music and movement while working on the development of our gross motor skills.

*Instructor: Dottie Nicholson*

**Spring I**

13095-A

9:00-9:30AM // F // 4WKS // 3/27 // \$18

**Spring II**

14095-A

9:00-9:30AM // F // 4WKS // 5/1 // \$18

### Little Painters

2 Years // Supply fee \$5

Let the artist in your child shine through! We'll create masterpieces using finger paints, stencils, sponges, and even rocks!

*Instructor: Dottie Nicholson*

**Spring I**

13333-A

10:00-10:30AM // M // 4WKS // 3/23 // \$18

**Spring II**

14333-A

10:00-10:30AM // M // 4WKS // 4/27 // \$18

### Little Tyke Soccer

2-3 Years

GGG000AALLL! You will get your feet running and learn the basics of the world's most popular sport. (Tennis shoes required)

*Instructor: Stacie Castillo*

**Spring I**

13600-A

9:00-9:30AM // F // 4WKS // 3/27 // \$18

**Spring II**

14600-A

9:00-9:30AM // F // 4WKS // 5/1 // \$18

3 Years and Younger Programs



**Parent Tot Music & Crafts**

18 MOS - 2 Years // Supply fee \$5

It's playtime! Come explore music and crafts that help with fine motor skills, as well as play games associated with gross motor skills and interactions with others. At least one parent required.

*Instructor: Dottie Nicholson*

**Spring I**

13130-A

10:30-11:00AM // W // 4WKS // 3/25 // \$18

**Spring II**

14130-A

10:30-11:00AM // W // 4WKS // 4/29 // \$18

**Parent Tot Soccer**

1-2 Years

Time to not only play with your tot, but get some exercise as well! We will learn the basics of soccer and how to make a GOOOOOOAAAAALLLLL! (Tennis shoes required.) One child per parent.

*Instructor: Stacie Castillo*

**Spring I**

13700-A

8:30-9:00AM // F // 4WKS // 3/27 // \$18

**Spring II**

14700-A

8:30-9:00AM // F // 4WKS // 5/1 // \$18

**»» Please Remember**

In order to provide the best learning environment, and with the student's best interest in mind, we ask that parents/guardians dropping off students for class remain in one of the designated lobby areas once the class begins. The quality of instruction is enhanced by minimizing interruptions.

## 3 Years and Younger Programs



### Shapes & Colors

2 - 5 Years // Supply fee \$5

Let's have fun together learning all about different shapes and colors!

*Instructor: Tawny Goetschius*

#### Spring I

13405-A

10:45-11:15AM // M // 4WKS // 3/23 // \$18

13405-B

10:45-11:15AM // F // 4WKS // 3/27 // \$18

#### Spring II

14405-A

10:45-11:15AM // M // 4WKS // 4/27 // \$18

14405-B

10:45-11:15AM // F // 4WKS // 5/1 // \$18

### Spring Crafts

2 - 5 Years // Supply fee \$10

Let's use music to get our creativity flowing to make spring crafts! We will use instruments, paints, scissors and glue to create wonderful masterpieces with a spring theme.

*Instructor: Tawny Goetschius*

#### Spring I

13015-A

11:15-11:45AM // M // 4WKS // 3/23 // \$18

13015-B

11:15-11:45AM // F // 4WKS // 3/27 // \$18

#### Spring II

14015-A

11:15-11:45AM // M // 4WKS // 4/27 // \$18

14015-B

11:15-11:45AM // F // 4WKS // 5/1 // \$18

### Phonics Fun

2 - 5 Years // Supply fee \$5

Come learn your letters and sounds with fun projects. We will work together to learn our letters.

*Instructor: Tawny Goetschius*

#### Spring I

13030-A

10:15-10:45AM // M // 4WKS // 3/23 // \$18

13030-B

10:15-10:45AM // F // 4WKS // 3/27 // \$18

#### Spring II

14030-A

10:15-10:45AM // M // 4WKS // 4/27 // \$18

14030-B

10:15-10:45AM // F // 4WKS // 5/1 // \$18

### »» Please Remember

To assist in providing a good learning environment, students ages 3 and up must be toilet trained.

## 3 Years and Older Programs



### Cooking for Fun

3 - 6 Years // Supply fee \$10

Let's learn about different foods and how to prepare them for us to enjoy!

*Instructor: Dottie Nicholson*

#### Spring I

13250-A

10:30-11:15AM // F // 4WKS // 3/27 // \$19

#### Spring II

14250-A

10:30-11:15AM // F // 4WKS // 5/1 // \$19

### Creative Art for Kids

4 - 7 Years // Supply fee \$5

Get creative and have fun with art! Students will make a new project weekly- including drawing, painting, sculpture and more! While creating art, students will develop fine motor skills, learn basic art concepts and gain a sense of accomplishment.

*Instructor: Michelle King (Certified EC-12 Art Teacher)*

#### Spring I

13033-A

10:00-10:30AM // T // 4WKS // 3/24 // \$20

#### Spring II

14033-A

10:00-10:30AM // T // 4WKS // 4/28 // \$20



### Ballet

3 - 6 Years

Let your inner ballerina come to life! Your little dancer will safely and effectively learn basic ballet and stretching techniques while twirling into a social butterfly! (Ballet shoes, pink or black dance leotard and tights required.)

*Instructor: Jennifer Shafer*

#### Spring I

13180-A (3-4 Years)

11:00-11:30AM // F // 4WKS // 3/27 // \$18

13180-B (5-6 Years)

Noon-12:30PM // F // 4WKS // 3/27 // \$18

#### Spring II

14180-A (3-4 Years)

11:00-11:30AM // F // 4WKS // 5/1 // \$18

14180-B (5-6 Years)

Noon-12:30PM // F // 4WKS // 5/1 // \$18

### Cake Decorating for Kids

4+ Years // Supply fee \$10

Pass the sprinkles and icing! Learn the basic skills of cake and cookie decorating.

*Instructor: Stacie Castillo*

#### Spring I

13020-A

9:30-10:00AM // W // 4WKS // 3/25 // \$18

#### Spring II

14020-A

9:30-10:00AM // W // 4WKS // 4/29 // \$18

### Claytime Fun

3 - 6 Years // Supply fee \$10

Does your pre-schooler need to work on those fine motor skills? Clay is a great tool for working on those skills while having fun!

*Instructor: Dottie Nicholson*

#### Spring I

13125-A

9:45-10:15AM // W // 4WKS // 3/25 // \$18

#### Spring II

14125-A

9:45-10:15AM // W // 4WKS // 4/29 // \$18

*3 Years and Older Programs***Dinosaurs****3 - 6 Years // Supply fee \$10**

You think you know your dinosaurs? Learn about new ones! These are some of the cutest dinos to ever roam the Earth, but you may not have heard of them!

*Instructor: Dottie Nicholson***Spring I**

13699-A

**11:30AM-12:15PM // M // 4WKS // 3/23 // \$19****Spring II**

14699-A

**11:30AM-12:15PM // M // 4WKS // 4/27 // \$19****Kids Cooking****3 - 6 Years // Supply fee \$20**

Let's have fun cooking kid friendly food, made for the kids soul!

*Instructor: Stacie Castillo***Spring I**

13205-A

**10:00-10:45AM // W // 4WKS // 3/25 // \$20*****Help Us Help You!***  
***ENROLL EARLY!***

Help us keep your favorite classes around by enrolling early. There is a point when a course must be cancelled due to low enrollment. Help us prevent course cancellations by registering early!

3 Years and Older Programs



### Kitchen Chem Fun

3 - 6 Years // Supply fee \$10

In this class we will use food for lots of fun science experiments.

*Instructor: Stacie Castillo*

**Spring I**

13305-A

9:00-9:30AM // W // 4WKS // 3/25 // \$18

**Spring II**

14305-A

9:00-9:30AM // W // 4WKS // 4/29 // \$18

### Little Tyke Basketball

4 - 6 Years // Tennis shoes required

Dribbling, passing, and shooting are all part of the basics of basketball. Let's give it a try!

*Instructor: Stacie Castillo*

**Spring I**

13335-A

4:30-5:00PM // W // 4WKS // 3/25 // \$18

13335-B

10:00-10:30AM // F // 4WKS // 3/27 // \$18

**Spring II**

14335-A

4:30-5:00PM // W // 4WKS // 4/29 // \$18

14335-B

10:00-10:30AM // F // 4WKS // 5/1 // \$18

### Little Tyke Soccer

3 - 6 Years // Tennis shoes required

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport.

*Instructor: Stacie Castillo*

**Spring I**

13600-B (3-4 Years)

5:00-5:30PM // W // 4WKS // 3/25 // \$18

13600-C (4-6 Years)

9:30-10:00AM // F // 4WKS // 3/27 // \$18

**Spring II**

14600-B (3-4 Years)

5:00-5:30PM // W // 4WKS // 4/29 // \$18

14600-C (4-6 Years)

9:30-10:00AM // F // 4WKS // 5/1 // \$18

3 Years and Older Programs



### Messy on Purpose

3 - 6 Years // Supply fee \$10

Do you like making a mess? Let's do it together! We will make a mess with homemade clay, shaving cream, and pudding, just to name a few.

*Instructor: Dottie Nicholson*

**Spring I**

13195-A  
10:45-11:15AM // M // 4WKS // 3/23 // \$18

**Spring II**

14195-A  
10:45-11:15AM // M // 4WKS // 4/27 // \$18

**NEW CLASS!**

### Music Jamboree

3 - 6 Years // Supply fee \$10

Sing along, learn motions to your favorite songs and even make musical instruments!

*Instructor: Dottie Nicholson*

**Spring I**

13199-A  
11:15AM-Noon // W // 4WKS // 3/25 // \$18

**Spring II**

14199-A  
11:15AM-Noon // W // 4WKS // 4/29 // \$18

### »»» Please Remember

In order to provide the best learning environment, children ages 3 and up must be toilet-trained.

## 3 Years and Older Programs

## Pre-K 3's

3 Years // Supply fee \$10

This class will help your little one prepare for starting Pre-Kindergarten. We will work on alphabet and number recognition, writing and scissor skills, arts, crafts and listening. Students will grow their socializing skills, fine motor skills and gross motor skills.

Instructor: Dottie Nicholson

## Spring I

13052-A

9:00-10:30AM // T TH // 4WKS // 3/24 // \$65

13052-B

11:00AM-12:30PM // TTH // 4WKS // 3/24 // \$65

## Spring II

14052-A

9:00-10:30AM // T TH // 4WKS // 4/28 // \$65

14052-B

11:00AM-12:30PM // TTH // 4WKS // 4/28 // \$65

## NEW CLASS!

## Science Fun: The Deep Blue Sea

3 - 6 Years // Supply fee \$10

Create some fun experiences using science and discover the deep blue sea!

Instructor: Dottie Nicholson

## Spring I

13206-A

9:45-10:15AM // F // 4WKS // 3/27 // \$18

## NEW CLASS!

## Science Fun: Space &amp; Beyond

3 - 6 Years // Supply fee \$10

Blast off into space and beyond! We'll explore science learning all about the galaxy.

Instructor: Dottie Nicholson

## Spring II

14206-A

9:45-10:15AM // F // 4WKS // 5/1 // \$18

## Sweets Galore!

3 - 6 Years // Supply fee \$10

Come make and taste a new sweet treat each week!

Instructor: Stacie Castillo

## Spring II

14029-A

10:00-10:45AM // W // 4WKS // 4/29 // \$20

## Tap

3 - 5 Years // Tap shoes required

Clickity Clack Tap! Your little tapper will dance the night away with this fun class! We will learn basic tap techniques all while making lots of noise! (Pink or black dance leotard and tights for girls, white shirt and black shorts/pants for boys.)

Instructor: Jennifer Shafer

## Spring I

13065-A (3-4 Years)

11:30AM-Noon // F // 4WKS // 3/27 // \$18

13065-B (5-6 Years)

12:30-1:00PM // F // 4WKS // 3/27 // \$18

## Spring II

14065-A (3-4 Years)

11:30AM-Noon // F // 4WKS // 5/1 // \$18

14065-B (5-6 Years)

12:30-1:00PM // F // 4WKS // 5/1 // \$18



3 Years and Older Programs



## Ready for Kindergarten - Prep Program

### 4 - 5 Years

This program is designed to prepare your student for Kindergarten. The program meets Monday-Thursday from 8:30 a.m.-2:30 p.m and is an on-going program following the HEB ISD School Calendar.

The class is structured like Kindergarten and prepares your child for their big step into formal education. The goal is to help each child develop a love of learning in a safe and caring environment. This program follows the Frog Street Press curriculum. The children are exposed to reading, writing, math, and science.

Our teacher, Anne Stokes, graduated from Indiana University with a B.S. in Education majoring in Elementary Education and a minor in Early Childhood Education and Reading. She has taught Kindergarten and first grade in the Dallas/Ft Worth area. However, her true calling is Pre-schoolers and began teaching this program in 2011.

The monthly fee is due by the first class of each month. If the fee is not paid by the first class of the month, the child is not able to participate in class. The class is limited to 12 children and is a school year commitment.

*Instructor: Anne Stokes (Experienced and Certified School Teacher – B.S. in Education in Elementary Education and a minor in Early Childhood Education and Reading.)*

#### March

11050-C

8:30AM-2:30PM // M-TH // 3WKS // 3/2 // \$280

#### April

13050-A

8:30AM-2:30PM // M-TH // 4WKS // 4/1 // \$360

#### May

13050-B

8:30AM-2:30PM // M-TH // 4WKS // 5/4 // \$300

## Youth Programs



## Basketball 101

7 - 12 Years // Tennis shoes required

Dribbling, passing and shooting are all part of the basics of basketball. Let's give it a try!

*Instructor: Stacie Castillo*

## Spring I

23101-A

5:30-6:00PM // W // 4WKS // 3/25 // \$18

## Spring II

24101-A

5:30-6:00PM // W // 4WKS // 4/29 // \$18

## NEW CLASS!

## Basketball FUNdamentals 1

5 - 8 Years // Tennis shoes required

All you need to know to play youth basketball and have fun doing it!

*Instructor: Micah Langat*

## Spring I

23445-A

5:00-5:45PM // M // 4WKS // 3/23 // \$20

## Spring II

24445-A

5:00-5:45PM // M // 4WKS // 4/27 // \$20



## Athletics

4 - 12 Years // Tennis shoes required

Let's get moving with athletics! We will follow a typical PE format including individual skills as well as team interaction.

*Instructor: Tammy Slovensky*

## Spring I

13300-A

11:30AM-Noon // W // 4WKS // 3/25 // \$18

## Spring II

14300-A

11:30AM-Noon // W // 4WKS // 4/29 // \$18

## Ballet

6 - 12 Years // Ballet shoes required

In this class, you will perform basic barre and center work. We will also work on technique, phrasing, timing and other foundational dance concepts.

*Instructor: Sherri Longino*

## Spring I

23120-A

5:45-6:15PM // TH // 4WKS // 3/26 // \$18

## Spring II

24120-A

5:45-6:15PM // TH // 4WKS // 4/30 // \$18

## »»» Please Remember

Class supply fees are due to the instructor on the first class.

## Youth Programs



### Help Us Help You! ENROLL EARLY!

Help us keep your favorite classes around by enrolling early. There is a point when a course must be cancelled due to low enrollment. Help us prevent course cancellations by registering early!

**NEW CLASS!**

### Basketball FUNdamentals 2

9 - 12 Years // Tennis shoes required

All you need to know to play youth basketball and have fun doing it!

*Instructor: Micah Langat*

#### Spring I

23450-A

6:00-6:45PM // M // 4WKS // 3/23 // \$20

#### Spring II

24450-A

6:00-6:45PM // M // 4WKS // 4/27 // \$20

### Creative Art for Kids

8 - 12 Years // Supply fee \$5

Get creative and have fun with art! Students will enhance and explore their natural creativity through weekly projects- including drawing, painting, sculpture and more! While creating art, students will learn to see and think like an artist, apply art concepts and gain a sense of accomplishment.

*Instructor: Michelle King (Certified EC-12 Art Teacher)*

#### Spring I

23033-A

10:35-11:20AM // T // 4WKS // 3/24 // \$22

#### Spring II

24033-A

10:35-11:20AM // T // 4WKS // 4/28 // \$22

### Creative Art for Teens

13 - 16 Years // Supply fee \$5

Have fun making art while improving your artistic skills! Strengthen your skills by learning a variety of advanced techniques to incorporate into your own work. Explore different mediums, styles and artists while developing your own style. Weekly projects will include drawing, painting and sculpture.

*Instructor: Michelle King (Certified EC-12 Art Teacher)*

#### Spring I

23033-B

5:30-6:15PM // TH // 4WKS // 3/26 // \$22

#### Spring II

24033-B

5:30-6:15PM // TH // 4WKS // 4/30 // \$22

### Girls Volleyball Beginner Basics

7 - 12 Years // Tennis shoes required

Do you have an interest in playing volleyball? We will learn the basics to get you started.

*Instructor: Stacie Castillo*

#### Spring I

23035-A

6:15-7:00PM // W // 4WKS // 3/25 // \$20

#### Spring II

24035-A

6:15-7:00PM // W // 4WKS // 4/29 // \$20

### Guitar - Prep

5 - 8 Years // Half-size guitar and parent participation required

We will practice basic muscle memory, pitch and rhythm exercises laying the groundwork for good guitar technique. You will learn basic songs.

*Instructor: Jan Ryberg*

#### Spring I

23020-A

3:45-4:30PM // M // 4WKS // 3/23 // \$35

#### Spring II

24020-A

3:45-4:30PM // M // 4WKS // 4/27 // \$35

### Guitar - Youth

8 - 11 Years // Appropriate size guitar required

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility, and strength. (Electronic clip-on tuners are suggested. Parents are welcome to participate.)

*Instructor: Jan Ryberg*

#### Spring I

23020-B

4:30-5:15PM // M // 4WKS // 3/23 // \$35

#### Spring II

24020-B

4:30-5:15PM // M // 4WKS // 4/27 // \$35

## Youth Programs

## Private Guitar Lessons

### All ages

Are you looking to develop your existing guitar skills? Or are you a beginner wanting the basics of playing? Private guitar lessons are now available! Private sessions can be scheduled on Tuesdays, from 6 to 9:30 pm and on Saturdays, from 1 to 4 pm. Contact the Hurst Recreation Center to schedule lessons.

*Instructor: Jan Ryberg*

**30 Minute Lesson: \$30**

## Hippity-Hop Dance

### 6 - 12 Years

Interested in hip-hop dance? We will keep it fun and creative while learning basics.

*Instructor: Sherri Longino*

#### Spring I

23333-A

5:15-5:45PM // TH // 4WKS // 3/26 // \$18

#### Spring II

24333-A

5:15-5:45PM // TH // 4WKS // 4/30 // \$18

## Jewelry and Crochet

### 6+ Years // Supply fee \$10

Bring out your crafty side! This class is all about learning to make jewelry and crocheting.

*Instructor: Dottie Nicholson*

#### Spring I

23200-A

4:00-5:00PM // T // 4WKS // 3/24 // \$20

#### Spring II

24200-A

4:00-5:00PM // T // 4WKS // 4/28 // \$20

## Karate/Self-Defense

### 5 - 15 Years

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

*Instructor: Bob Klavitter*

#### Spring I

(Beginner 8-15 years)

23111-A

6:00-8:00PM // M // 4WKS // 3/23 // \$23

(Beginner 5-7 years)

23111-B

4:00-5:00PM // MW // 4WKS // 3/23 // \$23

(Advanced 8-15 years)

23111-C

5:00-6:00PM // MW // 4WKS // 3/23 // \$23

#### Spring II

(Beginner 8-15 years)

24111-A

6:00-8:00PM // M // 4WKS // 4/27 // \$23

(Beginner 5-7 years)

24111-B

4:00-5:00PM // MW // 4WKS // 4/27 // \$23

(Advanced 8-15 years)

24111-C

5:00-6:00PM // MW // 4WKS // 4/27 // \$23

## »» Please Remember

Registration for classes must be completed in advance. The deadline for registration in youth programs is one week prior to the start date of the class.

### NEW CLASS!

## Kids Kickboxing

### 8 - 14 Years // Gloves and hand wraps required

Students will learn the basics of boxing, including punches and footwork. They will work with the instructor and with a partner to practice punching combinations. Please note that this is a non-contact class; there is no sparring involved.

*Instructor: Jennifer Grossman*

#### Spring I

23045-A

5:00-5:45PM // T // 4WKS // 3/24 // \$25

#### Spring II

24045-A

5:00-5:45PM // T // 4WKS // 4/28 // \$25



Youth Programs

## Olympic Sport of Judo

5 - 13 Years

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from an 11-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. Judo involves throwing and grappling techniques. This is an on-going monthly class with new students starting on the first Monday of the month.

*Instructor: Kim Mesa (6th degree black belt and certified USA Judo International Coach)*

**March:**

21900-C  
6:00-7:00PM // MW // MONTHLY // 3/2 // \$40

**April:**

23900-A  
6:00-7:00PM // MW // MONTHLY // 4/6 // \$40

**May**

23900-B  
6:00-7:00PM // MW // MONTHLY // 5/4 // \$40



## Science Matters

6+ Years // Supply fee \$10

Homeschoolers join us for hands-on experiments and learn about different sciences.

*Instructor: Dottie Nicholson*

**Spring I**

23130-A  
3:00-3:45PM // T // 4WKS // 3/24 // \$18

**Spring II**

24130-A  
3:00-3:45PM // T // 4WKS // 4/28 // \$18

## Tap

6 - 12 Years // Tap shoes required

In this class you will learn the basic of tap dancing. We will also work on technique, phrasing, timing, and other foundational dance concepts.

*Instructor: Sherri Longino*

**Spring I**

23160-A  
6:15-6:45PM // TH // 4WKS // 3/26 // \$18

**Spring II**

24160-A  
6:15-6:45PM // TH // 4WKS // 4/30 // \$18

### »»» Please Remember

In order to provide the best learning environment, and with the student's best interest in mind, we ask that parents/guardians dropping off students for class remain in one of the designated lobby areas once the class begins. The quality of instruction is enhanced by minimizing interruption.



## U. S. Presidents

6+ Years // Supply fee \$10

Don't know who the Presidents are? This is your chance to learn all about them!

*Instructor: Dottie Nicholson*

**Spring I**

23856-A  
2:00-2:45PM // T // 4WKS // 3/24 // \$19

**Spring II**

24856-A  
2:00-2:45PM // T // 4WKS // 4/28 // \$19





## Tiny Tykes

2.5 - 3.5 Years

Here's a class that introduces your child to the basic motor skills for tumbling and acquaints tots with the gymnastics equipment.

### Spring I

*Instructor: Tammy Slovensky*

33030-A  
10:00-10:30AM // T // 4WKS // 3/24 // \$18

33030-B  
10:00-10:30AM // W // 4WKS // 3/25 // \$18

33030-C  
10:00-10:30AM // TH // 4WKS // 3/26 // \$18

*Instructor: Jennifer Shafer*

33030-D  
9:30-10:00AM // F // 4WKS // 3/27 // \$18

*Instructor: Micah Langat*

33030-E  
10:00-10:30AM // M // 4WKS // 3/23 // \$18

### Spring II

*Instructor: Tammy Slovensky*

34030-A  
10:00-10:30AM // T // 4WKS // 4/28 // \$18

34030-B  
10:00-10:30AM // W // 4WKS // 4/29 // \$18

34030-C  
10:00-10:30AM // TH // 4WKS // 4/30 // \$18

*Instructor: Jennifer Shafer*

34030-D  
9:30-10:00AM // F // 4WKS // 5/1 // \$18

*Instructor: Micah Langat*

34030-E  
10:00-10:30AM // M // 4WKS // 4/27 // \$18

## Parent/Tot Tumbling

16 - 36 Mos // One Child Per Parent

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling and coordination.

### Spring I

*Instructor: Tammy Slovensky*

33040-A  
9:30-10:00AM // T // 4WKS // 3/24 // \$18

33040-B  
9:30-10:00AM // W // 4WKS // 3/25 // \$18

33040-C  
9:30-10:00AM // TH // 4WKS // 3/26 // \$18

*Instructor: Jennifer Shafer*

33040-D  
9:00-9:30AM // F // 4WKS // 3/27 // \$18

*Instructor: Micah Langat*

33040-E  
9:30-10:00AM // M // 4WKS // 3/23 // \$18

### Spring II

*Instructor: Tammy Slovensky*

34040-A  
9:30-10:00AM // T // 4WKS // 4/28 // \$18

34040-B  
9:30-10:00AM // W // 4WKS // 4/29 // \$18

34040-C  
9:30-10:00AM // TH // 4WKS // 4/30 // \$18

*Instructor: Jennifer Shafer*

34040-D  
9:00-9:30AM // F // 4WKS // 5/1 // \$18

*Instructor: Micah Langat*

34040-E  
9:30-10:00AM // M // 4WKS // 4/27 // \$18



## Tumbling Tots I

3 - 4 Years

Your tot will strengthen motor skills and enhance their coordination while learning tumbling skills and the use of all gymnastics equipment.

### Spring I

*Instructor: Tammy Slovensky*

33011-A

10:30-11:00AM // T // 4WKS // 3/24 // \$18

33011-B

10:30-11:00AM // W // 4WKS // 3/25 // \$18

33011-C

10:30-11:00AM // TH // 4WKS // 3/26 // \$18

*Instructor: Jennifer Shafer*

33011-D

10:00-10:30AM // F // 4WKS // 3/27 // \$18

*Instructor: Micah Langat*

33011-E

10:30-11:00AM // M // 4WKS // 3/23 // \$18

### Spring II

*Instructor: Tammy Slovensky*

34011-A

10:30-11:00AM // T // 4WKS // 4/28 // \$18

34011-B

10:30-11:00AM // W // 4WKS // 4/29 // \$18

34011-C

10:30-11:00AM // TH // 4WKS // 4/30 // \$18

*Instructor: Jennifer Shafer*

34011-D

10:00-10:30AM // F // 4WKS // 5/1 // \$18

*Instructor: Micah Langat*

34011-E

10:30-11:00AM // M // 4WKS // 4/27 // \$18



## Tumbling Tots II

4 - 5 Years

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

### Spring I

*Instructor: Tammy Slovensky*

33022-A

11:00-11:30AM // T // 4WKS // 3/24 // \$18

33022-B

11:00-11:30AM // W // 4WKS // 3/25 // \$18

33022-C

11:00-11:30AM // TH // 4WKS // 3/26 // \$18

*Instructor: Jennifer Shafer*

33022-D

10:30-11:00AM // F // 4WKS // 3/27 // \$18

*Instructor: Micah Langat*

33022-E

11:00-11:30AM // M // 4WKS // 3/23 // \$18

### Spring II

*Instructor: Tammy Slovensky*

34022-A

11:00-11:30AM // T // 4WKS // 4/28 // \$18

34022-B

11:00-11:30AM // W // 4WKS // 4/29 // \$18

34022-C

11:00-11:30AM // TH // 4WKS // 4/30 // \$18

*Instructor: Jennifer Shafer*

34022-D

10:30-11:00AM // F // 4WKS // 5/1 // \$18

*Instructor: Micah Langat*

34022-E

11:00-11:30AM // M // 4WKS // 4/27 // \$18

## Gymnastics

NEW CLASS!

## Beginner Gymnastics

5+ Years

This class will explore the fundamentals of gymnastics, including tumbling, flexibility, leaps & turns, the balance beam and the uneven bars.

*Instructor: Jennifer Grossman (GAT Certified)*

## Spring I

33062-A  
4:00-4:45PM // M // 4WKS // 3/23 // \$20

33062-B  
5:00-5:45PM // M // 4WKS // 3/23 // \$20

33062-C  
6:00-6:45PM // T // 4WKS // 3/24 // \$20

33062-D  
7:00-7:45PM // T // 4WKS // 3/24 // \$20

## Spring II

34062-A  
4:00-4:45PM // M // 4WKS // 4/27 // \$20

34062-B  
5:00-5:45PM // M // 4WKS // 4/27 // \$20

34062-C  
6:00-6:45PM // T // 4WKS // 4/28 // \$20

34062-D  
7:00-7:45PM // T // 4WKS // 4/28 // \$20

*Help Us Help You!*  
**ENROLL EARLY!**

Help us keep your favorite classes around by enrolling early. There is a point when a course must be cancelled due to low enrollment. Help us prevent course cancellations by registering early!

NEW CLASS!

## Youth Gymnastics

5-8 Years

Jump, tuck and balance! Learning fundamentals and skills to make gymnastics fun and interesting!

*Instructor: Micah Langat*

## Spring I

33063-A  
4:00-4:45PM // TH // 4WKS // 3/26 // \$20

## Spring II

34063-A  
4:00-4:45PM // TH // 4WKS // 4/30 // \$20



NEW CLASS!

## Gymnastics Development

9-12 Years

Jump, tuck and balance! Expanding on fundamentals and skills to make gymnastics fun and interesting!

*Instructor: Micah Langat*

## Spring I

33064-A  
5:00-5:45PM // TH // 4WKS // 3/26 // \$20

## Spring II

34064-A  
5:00-5:45PM // TH // 4WKS // 4/30 // \$20



## Adult Programs



NEW CLASS!

### Workout Program

\$20

Do you want a little more direction in the gym?! For only \$20, one of our personal trainers will send you a 4-week workout program that has been proven to get results!

You can choose from the following programs:

- Fat Burning
- HIIT Workout
- Strength Building

Sign up at the Front Desk today!

Your program will be emailed within 48 hours of your purchase by one of our certified personal trainers.

### Free Personal Training Consultation

A 1-hour free training session with a trainer is the best way to find out if personal training is a good fit for you and to get a great workout. In the hour you will learn some great exercise and learn what you need to do to hit all your goals this year!

*Instructor: Kyle Massingill (Certified Master Trainer)*

### Nutrition Counseling

One-Hour Session \$55 // Three Sessions \$130

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need. Expertise in weight loss and management, disease management, sports nutrition, eating disorders and general wellness. All evaluations are done by appointment.

*Instructor: Esther White (MS, RD, LD)*

### Personal Training Packages

*Instructor: Kyle Massingill (Certified Master Trainer)*

#### Bronze Package

- 4 x hour long training sessions  
**Must complete training sessions within one month.**
- Meal Guide
- Free Workout Shirt
- Access to our online training app with custom workout plans
- Recipe suggestions to help hit your goals
- Accountability to your goals

Price: \$250

#### Silver Package

- 8 x hour long training sessions  
**Must complete training sessions within one month.**
- Nutrition Tracking
- Access to our online training app with custom workout plan

- Recipe Guide
- Free workout shirt
- Serious Accountability (Regular check ups)

Price: \$475

#### Gold Package

- 12 x hour long training sessions  
**Must complete training sessions within one month.**
- Custom Meal Plan
- Nutrition Tracking
- Free Workout shirt and pull over
- Meal Guides
- Access to our online training app with custom workout plan
- Amazon Fresh Shopping lists
- Intense accountability: Daily check-ups, meal tracking and planning, phone calls, whatever it takes to hold you accountable

Price: \$700

## Adult Programs

## Belly Dance – Step 1 I.T.S. Foundations

### Adults and Mature Teens 13+

Whether you have been dancing all your life and taken other belly dance classes, or are just starting out in dance, this class is for you! In this class you will learn the basics of Improv Tribal Style belly dance (ITS) with an introduction to the fundamentals of tribal movement, partner work, isolations, strength-building and drills for muscle memory. Geared toward the new student, but vital to continuing students for refinement, this class establishes a strong foundation for every dancer and is instrumental in familiarizing students specifically with the Tribal Evolution troupe format. This is a low-impact dance class suitable for all body types and ages.

Instructor: Tiffany Skalberg

#### March:

41200-C

7:00-8:00PM // T // MONTHLY // 3/3 // \$28

#### April:

43200-A

7:00-8:00PM // T // MONTHLY // 4/7 // \$28

#### May:

43200-B

7:00-8:00PM // T // MONTHLY // 5/5 // \$28

## Belly Dance – Step 2 More I.T.S.

### Adults and Mature Teens 13+

Take your newfound belly dance skills and challenge yourself at this next step in your dance explorations. In this class the emphasis is on refinement. We will cover more complex drills and improv combinations, building on what you have learned in the Foundations class. We will use live music for this class, affording you the opportunity to also learn to use percussion instruments (in the form of zills) to dance. *Must take two sessions to learn full content. This class is best used in combination with Step 1 ITS Foundations as there is no breakdown of the foundation steps. Please complete at least two sessions of Step 1 before registering for Step 2.*

Instructor: Tiffany Skalberg

#### March:

41224-C

8:00-9:00PM // T // MONTHLY // 3/3 // \$28

#### April:

43224-A

8:00-9:00PM // T // MONTHLY // 4/7 // \$28

#### May:

43224-B

8:00-9:00PM // T // MONTHLY // 5/5 // \$28

## Belly Dance – Step 3 Take It to the Stage

### Adults and Mature Teens 13+

Now that you have perfected your dance skills in Step 1 and Step 2, you are ready to create a performance. This class will focus on taking your ITS vocabulary and making it show-worthy by adding props, staging and interaction with a band. You will also learn to use props such as the veil, skirt, sword and zills. *Must take two sessions to learn full content. Please complete at least two sessions of Step 1 and 2 before registering for Step 3.*

Instructor: Tiffany Skalberg

#### March:

41222-C

9:00-9:45PM // T // MONTHLY // 3/3 // \$20

#### April:

43222-A

9:00-9:45PM // T // MONTHLY // 4/7 // \$20

#### May:

43222-B

9:00-9:45PM // T // MONTHLY // 5/5 // \$20



## Tri City Promenaders

Did you know that the Tri City Promenaders offers square dance lessons at Brookside Center on Tuesday nights from 7:30-9:30 p.m.? Drop by and give it a try! Email [tricitypromenaders@gmail.com](mailto:tricitypromenaders@gmail.com) for more information.



# Adult Programs



## Cycle Circuit

**Ages 16+ // Bring Water, Towel & Determination!**

Want to crank up your workout, metabolism, and energy? Come join us for a blend of cycle and circuit training perfect for fitness at any level. Bring water, a towel and determination!

*Instructor: Angela Pond (Certified Personal Trainer)*

### Spring I

43300-A

5:45-6:45PM // T // 4WKS // 3/24 // \$25

### Spring II

44300-A

5:45-6:45PM // T // 4WKS // 4/28 // \$25

**MOVED TO A NEW DAY!**

## Cycle Fit

**Ages 16+ // Bring Water, Towel & Determination!**

Spin your way through cardio fitness! Join us for a great workout for any fitness level. You will increase metabolism and burn calories. Bring water and a towel. Please arrive a few minutes early, if you are new to spin classes.

*Instructor: Lauri Krumm (Certified Personal Trainer)*

### Spring I

43350-A

6:30-7:15PM // M // 4WKS // 3/23 // \$25

### Spring II

44350-A

6:30-7:15PM // M // 4WKS // 4/27 // \$25

## Belly Dance - Tribal Evolution

This class covers the unique Improv Tribal Style of Tribal Evolution Belly Dance Company. This class is a professional performance-level class that will teach you to include props, musical interpretation, musician interaction, staging and show layout. .  
*Instructor approval required.*

*Instructor: Tiffany Skalberg*

### March:

41226-C

7:35-9:05PM // TH // MONTHLY // 3/5 // \$27

### April:

43226-A

7:35-9:05PM // TH // MONTHLY // 4/2 // \$27

### May:

43226-B

7:35-9:05PM // TH // MONTHLY // 5/7 // \$27

## Cardio & Tone Boot Camp

**Ages 16+**

Are you struggling finding the time to fit in your cardio and strength/toning goals? Join this boot camp/circuit class to improve your cardiovascular health and muscle tone.

*Instructor: Angela Pond (Certified Personal Trainer)*

### Spring I

43005-A

6:50-7:30PM // TH // 4WKS // 3/26 // \$25

### Spring II

44005-A

6:50-7:30PM // TH // 4WKS // 4/30 // \$25

**Help Us Help You!**  
**ENROLL EARLY!**

Help us keep your favorite classes around by enrolling early. There is a point when a course must be cancelled due to low enrollment. Help us prevent course cancellations by registering early!

## Adult Programs

### Energize Exercise

Do you like to exercise in the morning and feel energized all day? Then this is the class for you. You will exercise at your own level of endurance. The class puts emphasis on your arms, abdomen and legs.

*Instructor: Karen Cowley*

#### Spring I

43010-A

8:30-9:15AM // MTThF // 4WKS // 3/23 // \$15

#### Spring II

44010-A

8:30-9:15AM // MTThF // 4WKS // 4/27 // \$15

### Guitar

Ages 13+

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility and strength. We will learn songs using finger-picking, flat-picking and classical techniques. (Guitar is required.)

*Instructor: Jan Ryberg*

#### Spring I

43888-A: Beginner

5:15-6:00PM // M // 4WKS // 3/23 // \$35

43888-B: Intermediate

6:00-6:45PM // M // 4WKS // 3/23 // \$35

#### Spring II

44888-A: Beginner

5:15-6:00PM // M // 4WKS // 4/27 // \$35

44888-B: Intermediate

6:00-6:45PM // M // 4WKS // 4/27 // \$35

### Guitar - Ensemble

Ages 13+

This class is for students who can read standard music notation in the first position, or have a dedication to learning notes. Some chord knowledge is preferred but not required. We will be learning ensemble pieces in many different styles and students will be encouraged to bring in their own arrangements and compositions. We will have a performance at the end of the session.

*Instructor: Jan Ryberg*

#### Spring I

43999-A

7:30-9:00PM // M // 4WKS // 3/23 // \$35

#### Spring II

44999-A

7:30-9:00PM // M // 4WKS // 4/27 // \$35

### Private Guitar Lessons

Are you looking to develop your existing guitar skills? Or are you a beginner wanting the basics of playing? Private guitar lessons are now available! Private sessions can be scheduled on Tuesdays, from 6 to 9:30 pm and on Saturdays, from 1 to 4 pm. Contact the Hurst Recreation Center to schedule lessons.

*Instructor: Jan Ryberg*

**30 minute lesson: \$30**



### Hatha Yoga

Don't Eat 2 Hours Prior // Yoga Mat

Learn about connecting your mind, body and breath with the practice of yoga. Build strength, flexibility, mobility, stability and balance to improve your overall health and well being.

*Instructor: Benny Zavala (Certified Yoga Instructor)*

#### Spring I

43100-A

10:15-11:15AM // M // 4WKS // 3/23 // \$24

43100-B

10:15-11:15AM // W // 4WKS // 3/25 // \$24

43100-C

10:15-11:15AM // F // 4WKS // 3/27 // \$24

#### Spring II

44100-A

10:15-11:15AM // M // 4WKS // 4/27 // \$24

44100-B

10:15-11:15AM // W // 4WKS // 4/29 // \$24

44100-C

10:15-11:15AM // F // 4WKS // 5/1 // \$24

### Hurst Hustlers Running Club

Come join runners, joggers and walkers of all levels for a challenging workout using hills, speed work, distance and drills. You will learn how to run and how to stay injury free all while having fun! This is the perfect way to make friends and meet your running goals.

*Instructor: Esther White (MS, RD, LD)*

#### Spring I

43001-A

6:15-7:15PM // M // 4WKS // 3/23 // \$20

#### Spring II

44001-A

6:15-7:15PM // M // 4WKS // 4/27 // \$20

Adult Programs



NEW CLASS!

### Kickboxing

Ages 15+ // Gloves & Handwraps Required

Students will learn the basics of boxing, including punches and footwork. They will work with the instructor and with a partner to practice punching combinations. Please note this is a non-contact class; no sparring involved.

*Instructor: Jennifer Grossman*

**Spring I**

43045-A

9:30-10:15AM // S // 4WKS // 3/28 // \$25

**Spring II**

44045-A

9:30-10:15AM // S // 4WKS // 5/2 // \$25

### Olympic Sport of Judo

Ages 14+

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a 11-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. Judo involves throwing and grappling techniques. This is an on-going monthly class. New students start the first Monday of the month.

*Instructor: Kim Mesa (6th degree Black Belt and certified USA Judo International Coach)*

**March:**

41800-C

7:00-8:30PM // MW // MONTHLY // 3/2 // \$40

**April:**

43800-A

7:00-8:30PM // MW // MONTHLY // 4/6 // \$40

**May:**

43800-B

7:00-8:30PM // MW // MONTHLY // 5/4 // \$40

### Spin and Sweat

Ages 16+

Join us for spinning! Turn the basics of cycling into a great cardio workout that burns calories and fat. Get ready to work hard and sweat like crazy!

*Instructor: Angela Pond (Certified Personal Trainer)*

**Spring I**

43444-A

9:00-9:45AM // T // 4WKS // 3/24 // \$25

43444-B

5:45-6:30PM // TH // 4WKS // 3/26 // \$25

**Spring II**

44444-A

9:00-9:45AM // T // 4WKS // 4/28 // \$25

44444-B

5:45-6:30PM // TH // 4WKS // 4/30 // \$25

Adult Programs



NEW CLASS!

### Stretch & Be Fit

Stretching is a means to manage health and wellness, improving balance, flexibility, mobility and stability. Increase your muscle and joint flexibility as well as strength and endurance with regular practice utilizing proven Yoga techniques. (Eat nothing 2 hours prior to class and bring a yoga mat.)

*Instructor: Benny Zavala (Certified Yoga Instructor)*

**Spring I**

43100-D  
6:30-7:30PM // T // 4WKS // 3/24 // \$24  
43100-E  
6:30-7:30PM // TH // 4WKS // 3/28 // \$24

**Spring II**

44100-D  
6:30-7:30PM // T // 4WKS // 4/28 // \$24  
44100-E  
6:30-7:30PM // TH // 4WKS // 4/30 // \$24

### Zumba

Ages 14+

Zumba is a fitness program that is exhilarating, easy to follow, inspired by various international rhythms and dance styles. The routines combine aerobic interval training with a combination of fast and slow dance moves that tone and sculpt the body and burns calories!

*Instructor: Leslie Crawford (Certified Zumba Instructor)*

**March:**

41065-C  
6:00-6:55PM // MW // MONTHLY // 3/2 // \$25

**April:**

43065-A  
6:00-6:55PM // MW // MONTHLY // 4/1 // \$25

**May:**

43065-B  
6:00-6:55PM // MW // MONTHLY // 5/4 // \$25

### Zumba Toning

Ages 16+

Come learn the basic techniques of Zumba in this energizing fitness class by getting all your groove on! This is a great way for all ages to get started in Zumba or if you need a lower intensity. We'll use the musical maraca sounding toning sticks to bump up the work out by adding resistance. It's great for the mind, body and soul!

*Instructor: Rosy Pritchett (Certified Personal Trainer and Fitness Instructor)*

**March:**

41050-C  
7:15-8:10AM // TTH // MONTHLY // 3/3 // \$23

**April:**

43050-A  
7:15-8:10AM // TTH // MONTHLY // 4/2 // \$23

**May:**

43050-B  
7:15-8:10AM // TTH // MONTHLY // 5/5 // \$23

# WE ARE HIRING FOR SUMMER 2020!

We are looking for awesome people to join our Hurst Aquatics Team! *(Must be 16 years of age by May 10 for all positions)*



## Lifeguard \$10/hour

---

As a lifeguard, you will have the responsibility of ensuring guest safety alongside working with a fun, energetic staff. If you enjoy working outside and meeting lots of new people, this job is for you!

Training provided in-house, free of charge.

Must be available to attend ONE of the following classes:

April 23-26

April 30-May 3

May 7-10

## Swim Lesson Instructor \$10/hour

---

Must be available to attend training on the following dates: May 19, 26-28, 5-9 p.m.

Do you love working with kids? Then this job is for you! As a swim lesson instructor, you will be responsible for teaching kids of all ages and levels how to swim.

Must be able to swim 300 yards. Training provided in-house, free of charge.

## Pool Attendant \$9/hour

---

The Pool Attendants are the backbone to our aquatics team. They help to provide a safe and clean environment for our guests while enjoying a fun work environment.

## Cashier \$8/hour

---

We are looking for personable and energetic people to be the face of our aquatics centers. Cashiers are responsible for answering phones, taking admissions, and providing general customer service.

**It is not too early to apply! Hurry; there are a limited number of positions!**

**Apply online at: [hursttx.gov/aquatics](http://hursttx.gov/aquatics)**

**Questions? Contact Madison Seil at [mseil@hursttx.gov](mailto:mseil@hursttx.gov) or call 817.788.7348.**

## Registration Policy

Walk-in registration beginning on **Monday, February 24** at **7:00 a.m.** is open only to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills and Euless whose mail is delivered to a Hurst "address" are not eligible to register until March 9 at 7:00 a.m. Residency is defined by living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on **Monday, March 9**. Out of fairness to all citizens of our community, you may only register the members of your household.

.....

**Classes begin the week of March 23**  
(unless otherwise indicated)

.....

## Sign Up To Register Online

That's right – you can save time and register your entire family online! To get started, you will need to visit the Hurst Recreation Center to activate your account. If you are a Hurst resident, you will need to bring your **Hurst water bill, Hurst property tax statement or Hurst apartment lease, and your photo ID** as proof of Hurst residency to receive the Hurst resident rates. Once you have activated your account and received your user name and password, you will be able to use our online registration feature.

You do not have to wait until your appropriate registration date to activate your account and receive your user name and password. Go ahead and do it the next time you are at the Recreation Center for your current class or working out. Then you will be ready to register online the day registration starts!

## Help Us, Help You! PLEASE ENROLL EARLY!

Help us keep your favorite classes around by enrolling early. There is a point when a course must be canceled due to low enrollment. Help us prevent course cancellations by registering early!

## Walk-In Registration Times

- Monday-Thursday: 7:00AM-9:00PM
- Friday: 7:00AM-5:00PM
- Saturday: 9:30AM-5:00PM
- Sunday: 1:30PM-5:00PM

## Confirmations

When you register by mail or fax, you will receive a confirmation notice through the postal mail. You will be notified of the designated classes that are not available. If the class is not available, you may select a second choice. If you register online, you may print a copy of your receipt.

## Refund Guidelines

**Recreation Classes:** We depend on your participation for a successful class. If you have an unforeseen circumstance and cannot attend class, we will refund your fee with 72 hours notice prior to the class start date.

## Supply Lists & Fees

Some of our classes require a supply list or fee. These classes are noted in the magazine. Supply fees should be given to your instructor on the first day of class. You may get a list of what will be provided with those fees at the front desk. If your class requires a supply list, please purchase those the week classes start. **Supplies should not be purchased prior to the Friday before the class starts in case of cancellation.**

## Weather Guidelines

In case of inclement weather, the Hurst Recreation Center will not conduct classes if the HEB Independent School District cancels their classes for the day.

## Deadline Guideline

Registration for all pre-school and youth classes must be completed in advance. The deadline for registration in pre-school and youth programs is seven days prior to the start date of the class.

# CLASS REGISTRATION FORM

HEAD OF HOUSEHOLD

EMAIL ADDRESS

STREET ADDRESS

APT #

CITY

STATE / ZIP

HOME PHONE

WORK PHONE

PARTICIPANT'S NAME	DOB	GENDER	CLASS #	CLASS FEE	
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
				Subtotal	\$

<b>GRAND TOTAL</b>	Non-Resident Fee of \$2 per class	_____ x \$2 # OF CLASSES	= \$ _____	+ Subtotal \$ _____ =	Total Due \$ _____
--------------------	-----------------------------------	-----------------------------	------------	-----------------------	--------------------

## PAYMENT METHOD

CHECK

CREDIT CARD

CASH

CHECK NUMBER: \_\_\_\_\_

CARD TYPE:  Visa  MasterCard  Discover  American Express

MAIL TO: Hurst Parks and Recreation  
Class Registration

MAKE CHECKS PAYABLE TO:  
City of Hurst

CARD NUMBER: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

700 Mary Drive, Hurst, TX 76053

EXPIRATION DATE: \_\_\_\_ / \_\_\_\_

For the valuable consideration of being allowed to participate in the City of Hurst Parks and Recreation Department's program or use the City's facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from an injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I DO FULLY RELEASE, INDEMNIFY, AND HOLD HARMLESS, THE CITY, ITS EMPLOYEES AND OFFICERS FROM THEIR OWN NEGLIGENCE FOR FAILURE TO PROPERLY DESIGN, INSPECT, OR MAINTAIN THE EQUIPMENT, OR SUPERVISE THE ACTIVITIES TO BE ENGAGED IN OR EQUIPMENT TO BE USED BY THE UNDERSIGNED, AND FOR ANY ACTS OF THIRD PARTIES. The City does not provide any medical or other insurance protection benefits for those who use the recreational equipment or engage in activities on City Premises. I give the city of Hurst permission to use photographs obtained during my registered course(s), at recreation special events, or at city facilities, parks, etc. in city sponsored publication materials, and understand it is my responsibility to communicate otherwise with city personnel.

BY SIGNING THE RELEASE, I ACCEPT ALL RESPONSIBILITY FOR INJURIES WHICH MAY BE INCURRED.

SIGNATURE OF PARTICIPANT

DATE

SIGNATURE OF PARENT/GUARDIAN IF USER IS UNDER 18

DATE



## Healthy Hurst Wellness Initiative

Healthy Hurst is the City of Hurst's community-wide wellness initiative.

Healthy Hurst isn't just about physical activity. It's about mental, physical, and social health. Whether visiting a park, working out at the Hurst Recreation Center, or attending one of our many city events, you actively being a part of Healthy Hurst.

Be sure to look for our multiple Healthy Hurst sponsored events, throughout the year. These events include the Eight to Great Challenge, Kids Triathlon, Dash 'N Splash 1 mile & 5K run, and Walktober

### Recreation Center West Gym Schedule

(Effective January 2020)

There are also outdoor pickleball courts available at Smith-Barfield Park, 640 Pleasantview.

#### Monday

6:30AM-10:00PM // Open Gym

#### Tuesday

6:30-9:30AM // Open Gym

9:30AM-Noon // Pickleball

Noon-6:00PM // Open Gym

6:00PM-10:00PM // Basketball

#### Wednesday

6:30-5:00PM // Open Gym

5:00-7:00PM // Classes

7:00-10:00PM // Open Gym

#### Thursday

6:30AM-9:30PM // Open Gym

9:30AM-Noon // Pickleball

Noon-6:00PM // Open Gym

6:00PM-10:00PM // Basketball

#### Friday

6:30-8:30AM // Open Gym

8:30-11:00AM // Class

11:00-11:30PM // Open Gym

11:30-1:30PM // Pickleball

1:30-6:00PM // Open Gym

#### Saturday

9:00AM-6:00PM // Open Gym

#### Sunday

1:00-6:00PM // Open Gym

### Mission Statement

*The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage lifelong learning, fitness and fun.*

### Parks and Recreation Board

Chairman:

Rod Robertson

Vice Chair:

Gary Waldron

Will Blackburn

Pat King

Alan Neace

Ralph Hurd

Jessica Martin

Leah Smith

Bob Walker

### Recreation Staff

Recreation Director:

Chris Watson

Recreation Specialist:

Lauren Snyder

Recreation Athletics and Aquatics Manager:

Jennifer Kashner

Recreation Attendants:

Jeremy Bailey

Mikayla Birdsong

Katherine Do

Rudy Garcia

Anna James

Madeline Kime

Matt Mendez

Hailey Nelson

Nancy Philip

Christian Pineda

Sam Pilcher

Veronica Santos

Miranda Spero

Cheryl Thompson

Recreation Programs and Events Manager:

Amy Oden

Recreation Center Manager:

Jordan Taylor

Recreation Supervisor:

Mary Singleton

Recreation Coordinator:

Madison Seil

Administrative Assistant:

Paige Lutz

Recreation Receptionist:

Darla Fieldsend

Michelle Stockel

Facility Maintenance:

Judy Arellano

## Pickleball

Already familiar with the game or want to try something new? Pickleball is a fun game, for all ages. Whether you're a novice or expert, you'll be sure to get some playtime on our 3 indoor pickleball courts. Courts are set up and ready at the Recreation Center on Tuesdays, Thursdays, and Fridays during specified hours. Don't have a racquet or a ball? We've got you covered. Come see what it's all about or call for more details on prices and times at 817-788-7325.



## Fish Stockings at Chisholm Park

Neighborhood Fishin' offers fishing opportunities close to home. Texas Parks and Wildlife Department works in partnership with local governments to stock catfish and rainbow trout in small neighborhood lakes. These fish are fun to catch, and they're stocked frequently in season, so there's nearly always a fresh supply of fish available to take your bait. Over 5,500 fingerling channel catfish were stocked at Chisholm Park in 2019.

A few reminders: kids under 17 fish for free, but adults must have a fishing license with a freshwater stamp; fishing is allowed with poles only (no trotlines, traps, nets, etc.); daily bag limits and minimum lengths may apply. Visit [www.neighborhoodfishin.org](http://www.neighborhoodfishin.org) for specific rules, regulations and dates.

Need a fishing pole? Go to the Hurst Public Library at 901 Precinct Line Road where you can check one out for free with an adult library card.



## Adaptive Egg Hunt

Friday, April 3 // 5:30-7:00PM  
Central Park

Egg Hunt event for children with special needs.

Petting Zoo, craft, face painting, photos with Mr. Bunny and specialty egg hunts for children with mobility and other restrictions. Visit us online or on Facebook at HurstEvents for all the details on what to expect at this year's event!

## Eggstravaganza

Tuesday, April 7 // 5:30-7:30PM  
Hurst Community Park

Face Painting, Pony Rides, Food Vendors, Petting Zoo, Photos with Mr. Bunny, Craft area, and, of course, the egg hunt! NEW this year: Hunt times for each area will be staggered to assist families with children in different age groups. Visit us online or on Facebook at HurstEvents to see what time your child's hunt will take place!

Like us on Facebook and Instagram at HurstParksandRecreation for up to date information on all of our events. Visit us online at [www.hursttx.gov](http://www.hursttx.gov) or call 817.788.7320 for more information.

## Adult Sports Registration Information

Teams may register in person or by phone at the Recreation Administration Office located inside the Hurst Recreation Center, 700 Mary Drive or by calling 817-788-7320. Hours are Monday, Wednesday and Friday from 8:00 a.m. to 5:00 p.m. and Tuesday and Thursdays from 8 a.m. to 6 p.m. Registration information and rules are located online at [www.teamsideline.com/hurst](http://www.teamsideline.com/hurst). For more information, please call 817-788-7320.



### Adult Softball Spring League Registration

**Open Registration:** January 13-February 14  
*Registration and/or start dates may be adjusted to accommodate weather related delays*

**Entry Fee:** \$360 for an 10 game season + playoffs

**League Schedules:** Available February 19, after 4:00PM

**League Begins:** February 21

**League Nights:**  
Monday – Men's, Men's & Women's  
Tuesday – Men's & Co-ed  
Wednesday – Men's & Co-ed  
Thursday – Men's & Co-ed  
Friday – Men's, Men's Church & Co-ed

### Adult Men's Basketball

**Open Registration:** March 2-April 3

**Entry Fee:** \$275 for a 7-game season  
*With Playoffs for teams who qualify*

**League Schedules:** Available April 8 after 4:00 p.m.

**League Begins:** April 14/16

**League Nights:**  
Tuesday – Men's Open  
Thursday – Men's Open

### TAAF State Basketball Mens 45+ Basketball State Tournament

**Single Elimination with Consolation**

**Dates:** April 4-5, 2020

**Entry Fee:** \$200

**Entry Deadline:** March 27, 2020

**Venue:** Hurst Recreation Center

**For more information:**  
817.788.7320



## Youth Sports Associations

**Tri-Cities Baseball & Softball Associations**  
TCBA 817-285-0200  
[www.tcbasesoft.com](http://www.tcbasesoft.com)

**Mid-Cities Basketball Association**  
MCBA 817-354-6208  
[www.MCBBA.org](http://www.MCBBA.org)

**Hurst United Soccer Association**  
HUSA 817-504-7479  
[www.hurstunited.com](http://www.hurstunited.com)

**MidCities PeeWee Football & Cheerleading Association**  
817-282-2390  
[www.midcitiespeeweefootball.org](http://www.midcitiespeeweefootball.org)



### Racquet Stringing

The Tennis Center has a large choice of strings and accessories for your racquet needs. We offer 24 hour service and United States Racquet Stringers Association certified stringers on staff.

- Lessons and team drills for all ages and abilities
- 10 lighted outdoor courts
- USRSA racquet stringers
- Ball machine rental
- USPTA-certified instructors available
- USTA, NETT, TCD and other Adult Leagues
- Tennis Ball Re-Pressurizing (NEW! Ask about it today!)

### How About A Private Lesson?

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

*Lessons with City of Hurst Head Professional Kelly Langdon, USPTA or Tennis Center Coordinator Austin Wynne, USPTA*

- \$40 Per Half Hour
- \$60 Per Hour
- \$220 Per Series of 4 Lessons

*Lessons with tennis instructors Greg Smith; Cameron Bodily, USPTA; John Schlidt, USPTA; Mike Seybold, USPTA*

- \$35 Per Half Hour
- \$55 Per Hour
- \$200 Per Series of 4 Lessons

The Tennis Center staff also offers group lessons: \$100 for 1½ hour and \$60 for 1 hour group lessons for league teams.



### Spring Operating Hours

(Beginning March 9)

Monday-Thursday: 8:00AM-10:00PM

Friday-Sunday: 8:00AM-7:00PM



### Hurst Tennis Center

701 Mary Drive, Hurst, TX

817-788-7330



### Hurst Tennis Center Staff

*Tennis Attendants:*

- Sean Burke
- Allen Busbuso
- Carson Draper
- Austin Lutz

*Head Professional:*

**Kelly Langdon, USPTA**

*Tennis Instructors:*

- John Schlidt, USPTA**
- Mike Seybold, USPTA**
- Greg Smith**

*Tennis Center Coordinator:*

**Austin Wynne, USPTA**



### Upcoming Tournaments

Spring Mid-Cities

April 11



## Adult

### Adult Beginner/ Advanced Beginner Clinic

#### 1 Can of Unopened Balls

Just for adults! Learn basic strokes, scoring and strategy. Bring one can of new unopened balls to first class.

*Instructors: Kelly Langdon, USPTA and Staff*

82505-A	7:00-8:30PM	W	4WKS	3/4	\$72
82505-B	7:00-8:30PM	W	4WKS	4/8	\$72
82505-C	7:00-8:30PM	W	4WKS	5/6	\$72

### Adult Intermediate Clinic

#### 1 Can of Unopened Balls

This class is for adults who want to build on existing skills. You will practice all shots and learn techniques and tactics.

*Instructors: Kelly Langdon, USPTA and Staff*

82506-A	7:00-8:30PM	W	4WKS	3/4	\$72
82506-B	7:00-8:30PM	W	4WKS	4/8	\$72
82506-C	7:00-8:30PM	W	4WKS	5/6	\$72

### Men's Open 4.0 Clinic & above Drop-In Drill

#### 1 Can of Unopened Balls

This drill class is designed to work on both singles and doubles point play situations. Get a great workout while getting ready for your next match. A minimum of three (3) players is needed for the drill to make. Please call and register no later than 24 hours in advance. Players should contact the Hurst Tennis Center on Thursday to ensure the class will meet.

*Instructors: Kelly Langdon, USPTA and Mike Seybold, USPTA*

7:00-8:30PM	TH	Weekly	3/7	\$12
-------------	----	--------	-----	------

## Youth

### Quickstart Tennis

#### 6 Years and Under // 1 Can of Unopened Balls

Introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games.

*Instructors: Mike Seybold, USPTA, Cameron Bodily and Staff*

82601-A	5:00-5:30PM	M	4WKS	3/2	\$28
82602-A	5:00-5:30PM	W	4WKS	3/4	\$28
82601-B	5:00-5:30PM	M	4WKS	4/6	\$28
82602-B	5:00-5:30PM	W	4WKS	4/8	\$28
82601-C	5:00-5:30PM	M	4WKS	5/4	\$28
82602-C	5:00-5:30PM	W	4WKS	5/6	\$28

### Junior Beginner Tennis

#### 7+ Years // 1 Can of Unopened Balls

A fun class for beginners. Learn the forehand, backhand, serve and volley. Kids will play plenty of fun games.

*Instructors: Mike Seybold, USPTA, Cameron Bodily and Staff*

82502-A	5:30-7:00PM	M	4WKS	3/2	\$72
82503-A	5:30-7:00PM	W	4WKS	3/4	\$72
82502-B	5:30-7:00PM	M	4WKS	4/6	\$72
82503-B	5:30-7:00PM	W	4WKS	4/8	\$72
82502-C	5:30-7:00PM	M	4WKS	5/4	\$72
82503-C	5:30-7:00PM	W	4WKS	5/6	\$72

### Advanced Beginner/Intermediate Junior Tennis

#### 10+ Years // 1 Can of Unopened Balls

For players who have had prior instruction & looking to improve their overall game. Singles and doubles techniques and tactics. Ages 10 and up. Bring one can of new unopened balls to first class.

*Instructors: Mike Seybold, USPTA, John Schildt and Staff*

82504-A	5:30-7:00PM	TH	4WKS	3/5	\$72
82504-B	5:30-7:00PM	TH	4WKS	4/9	\$72
82504-C	5:30-7:00PM	TH	4WKS	5/7	\$72

## Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine three days in advance.

## Taking Care of City Parks

We make sure our crews inspect our parks on a regular basis, however, litter and vandalism still may occur and additional maintenance may be needed between crew visits. The next time you visit one of our parks and you notice anything that needs attention, please notify the Parks Department at 817-788-7220 or submit a request through the Where We Live mobile app.

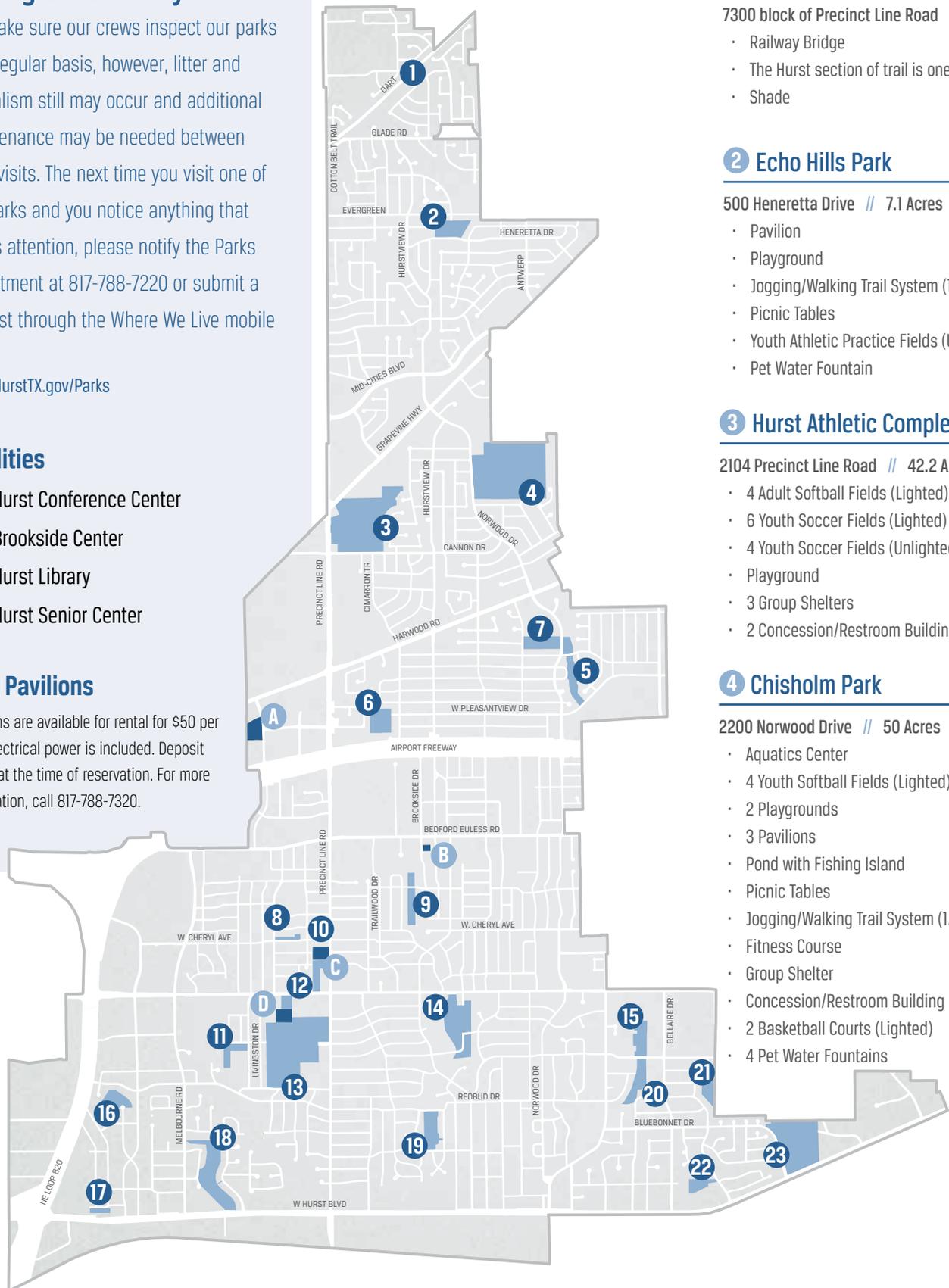
[www.HurstTX.gov/Parks](http://www.HurstTX.gov/Parks)

### Facilities

- A** Hurst Conference Center
- B** Brookside Center
- C** Hurst Library
- D** Hurst Senior Center

### Park Pavilions

Pavilions are available for rental for \$50 per day. Electrical power is included. Deposit is due at the time of reservation. For more information, call 817-788-7320.



### 1 Cotton Belt Trail

7300 block of Precinct Line Road

- Railway Bridge
- The Hurst section of trail is one mile
- Shade

### 2 Echo Hills Park

500 Heneretta Drive // 7.1 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

### 3 Hurst Athletic Complex

2104 Precinct Line Road // 42.2 Acres

- 4 Adult Softball Fields (Lighted)
- 6 Youth Soccer Fields (Lighted)
- 4 Youth Soccer Fields (Unlighted)
- Playground
- 3 Group Shelters
- 2 Concession/Restroom Buildings

### 4 Chisholm Park

2200 Norwood Drive // 50 Acres

- Aquatics Center
- 4 Youth Softball Fields (Lighted)
- 2 Playgrounds
- 3 Pavilions
- Pond with Fishing Island
- Picnic Tables
- Jogging/Walking Trail System (1.5 miles)
- Fitness Course
- Group Shelter
- Concession/Restroom Building
- 2 Basketball Courts (Lighted)
- 4 Pet Water Fountains

## 5 Mayfair Linear Park

1725 Norwood Drive // 8.3 Acres

## 6 Smith-Barfield Park

640 Pleasantview Drive // 6.9 Acres

- Youth Baseball/Softball Field (Lighted)
- 2 Tennis Courts (Lighted)
- Youth Athletic Practice Field (Unlighted)
- Playground
- Pavilion
- Picnic Tables
- Restrooms
- 2 Pet Water Fountains

## 7 Mayfair Park

1725 Norwood Drive // 14.4 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/4 mile)
- Youth Athletic Fields (Unlighted)
- Pet Water Fountain

## 8 Windmill Park

840 W. Cheryl Avenue // 2 Acres

- Historical Marker

## 9 Valentine Park

610 Bedford Court West // 4 Acres

- Youth Athletic Practice Field (Unlighted)

## 10 Library Park

901 Precinct Line Road

- Pavillion

## 11 Hurst Hills Park

575 Billie Ruth Lane // 4 Acres

## 12 Heritage Village Plaza

841 W. Pipeline Road

- Historical Plaza
- Picnic Table
- 2 Decorative Water Fountains

## 13 Hurst Community Park

601 Precinct Line Road // 44.9 Acres

- 4 Youth Baseball Fields (Lighted)
- 2 Youth Soccer Fields (Lighted)
- 2 Sand Volleyball Courts (Lighted)
- Pavilion
- 2 Playgrounds
- Multi-Use Trail System (1 mile)
- Picnic Tables
- Wooded Natural Area
- Open Field Play Area
- Concession/Restroom Building
- 2 Group Shelters
- 2 Pet Water Fountains

## 14 Central Park

700 block of Mary Drive // 17.5 Acres

- Recreation Center
- Aquatics Center
- Tennis Center (10 Lighted Courts)
- 2 Pavilions
- Playground
- Picnic Tables
- 2 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

## 15 Vivagene Copeland Park

501 Pecan Drive // 5.2 Acres

- Pavilion
- Playground
- Multi-Use Trail System (1/3 mile)
- Open Field Play Area
- 3 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

## 16 Jaycee-Baker Park

500 Belmont Drive // 4.1 Acres

- Playground
- Picnic Tables
- Pavilion
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

## 17 Parker Cemetery

1308 Cardinal Lane

## 18 Billy Creek Park

161 Billy Creek Drive

## 19 Redbud Park

525 Redbud Drive // 7.2 Acres

- Soccer Field (Unlighted)
- Playground
- Jogging/Walking Trail System (1/3 miles)
- Picnic Tables
- Fitness Course
- Pavilion
- Pet Water Fountain

## 20 Bellaire Park

500 Pecan Drive // 6.4 Acres

- Playground
- Youth Baseball/Softball Field (Lighted)
- Jogging/Walking Trail System (1/3 mile)
- Pet Water Fountain

## 21 Wan-Ka-Kani Park

748 Shadylane // 4.1 Acres

- Picnic Tables

## 22 Highway 10 Linear Park

188 Arwine Drive

- Hurst's undeveloped park land

## 23 Rickel Park

1001 Bluebonnet Drive // 29 Acres

- 2 Pavilions
- Picnic Tables
- Nature Trails
- Scenic Overlook
- Winding Stream with 2 Bridges
- Jogging/Walking Trail System (1/2 mile)
- Playground
- 2 Pet Water Fountains



City of Hurst  
1505 Precinct Line Rd.  
Hurst, TX 76054

PRESORTED STANDARD  
U.S. POSTAGE PAID  
HURST, TX PERMIT NO. 21

*Spring 2020*

## RECREATION CLASS SCHEDULE

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage life-long learning, fitness and fun.

