

where we live
HURST ★ TEXAS

WINTER 2020

New Businesses

Hurst 1st

Budget Summary



where we live

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City Staff

- Clay Caruthers City Manager
- Clayton Fulton Assistant City Manager
- Malaika Farmer Assistant City Manager
- Greg Dickens Executive Director of Public Works
- Rita Frick City Secretary
- Steve Niekamp Police Chief
- David Palla Fire Chief
- Matia Messemer Executive Director of Human Resources
- Steve Bowden Executive Director of Economic Development and Tourism
- Kyle Gordon Executive Director of Community Services
- Michelle Lazo Executive Director of Planning and Community Development
- Kara McKinney Public Information Officer



Cover photos by Stacy Luecker

On the Cover

We recently held our first Santa and Soldiers Veterans Day Parade, and it was a wonderful way to honor our local veterans and kick off the holiday season at the mall! Local community groups decorated floats to show off their patriotism and holiday spirit. The parade began near Target, and ended with Santa being escorted to his spot inside the mall! We appreciate everyone who was involved in making this event so special, and we look forward to having this be a recurring event each year!



Mayor's Message

I love this time of year in our city. It's a time where we are able to slow down a little bit and focus on what we value most in life. We're proud to offer several opportunities for your families and friends to create some fun, unique memories together and make the most of this holiday season.

Our Fall Festival was our biggest yet, bringing in nearly 4,000 people in attendance! I love that we added this event a couple years ago. Thank you to those who attended and our employees who worked hard to make it such a great success. We recently added a new event to honor our veterans – Santa and Soldiers Veterans Day Parade. It was wonderful seeing everyone come together to honor those in our community who have served our country.

Speaking of veterans, one of the areas the City of Hurst has been investing in is meeting the needs of our community members who have served. In this issue, you'll learn about a few different programs in place that are helping veterans connect to our community. We have many veterans living in Hurst, and we want to make sure they are well taken care of.

Our new fiscal year began in October. On page 30, you will find information on this year's budget and how your tax dollars are being used. We appreciate the feedback you gave us during our budget process, because it helps us know what priorities you'd like us to focus on each year.

As you're gearing up to begin your holiday shopping, make sure you check out page 18 for a list of new businesses so you can continue to shop and dine first in Hurst!

I hope to see you at our annual Christmas Tree Lighting event on December 3 at the Hurst Conference Center. From all of us at the City of Hurst, we wish you a wonderful holiday season and a Happy New Year!

- Mayor Henry Wilson

City Council

Henry Wilson Mayor
Larry Kitchens Mayor Pro Tem
David Booe Council Member
Cathy Thompson Council Member
Bill McLendon Council Member
Jon McKenzie Council Member
Cindy Shepard Council Member

The Social Media Connection

City of Hurst

WEBSITE: www.HurstTX.gov
FACEBOOK: @CityofHurstTX
TWITTER: @TheCityofHurst
INSTAGRAM: @CityofHurstTX
NEXTDOOR: City of Hurst

Hurst Public Library

WEBSITE: www.HurstTX.gov/Library
FACEBOOK: @HurstPublicLibrary
TWITTER: @HurstLibrary
INSTAGRAM: @HurstPublicLibrary

Hurst Public Safety

FACEBOOK: @HurstPublicSafety
TWITTER: @HurstPoliceDept, @HurstFireDept
NEXTDOOR: Hurst Police Department

Hurst Conference Center

WEBSITE: www.HurstCC.com
FACEBOOK: @HurstCC
INSTAGRAM: @HurstConferenceCenter

Hurst Recreation Center

FACEBOOK: @HurstParksandRecreation
INSTAGRAM: @HurstParksandRecreation

Hurst Senior Activities Center

FACEBOOK: @HurstSeniorActivitiesCenter



Healthy Hurst *Winter Wellness*

As we face the winter months of colder weather, more germs running around and the potential for lows in our health, here are six tips to get and keep well this winter.

Winter Wellness Tips:

Stay hydrated—yep even in the winter. Make sure you keep drinking enough water and paying attention to your hydration even when it is cold. Most of us need $\frac{1}{2}$ of our body weight in ounces of water each day. You can easily tell if you have been hydrating enough by two factors - your lips, skin and your urine color. If your lips and skin are dry or scaly, drink more water before you reach for the chap stick or creams. You want your urine color to be pale or colorless. If your urine is yellow or dark, drink more water!

Aches & pains—Winter cold can add more pain for your joints and body. Staying hydrated, active and mobile, and using natural pain relief like essential oils can significantly change pain in the cold. The more you keep moving and using your body, the less pain you will experience.

Winter weight gain—When all the yummy winter food, special occasions and holidays pile into the same season, it can be a challenge to maintain your waistline. Focus on only eating when you are hungry, enjoying hot tea instead of snacking at work or home, picking a bite of only the things you love at special occasions and drinking lots of water.

Winter blues—Fighting off winter doldrums or depression can be a real challenge. Try these three strategies: Get outside, especially in the sunshine any time you can. Take Vitamin D every day - it can help your mind and emotions as well as your health. Liven up your social life, and get moving as often as you can to brighten your mood.

Fight the sickies—Winter exposure to germs can be intense. It seems like everyone has a sniffle, sneeze or cough. Keep yourself healthy and strong with sleep, regular exercise, getting sunshine, hand washing, lots of fruits & veggies and a daily dose of Vitamin D & elderberry.

Exercise daily—Aim for 150-200 minutes of physical activity each week. This is everything from cleaning your house to walking the dog or taking a Zumba class. Dress smart and get outdoors in the cold as often as you can to help you mentally and physically. Sign up for a membership at the Hurst Recreation Center so you can be active even when the weather is crummy outside. Visit a different park and play with your kids to stay warm. Be creative, but get moving despite the weather!

So which of these tips are you going to concentrate on this winter to help you stay healthy and moving toward your goals?

Find help, inspiration and more through Healthy Hurst at the Library, Senior Center and Recreation Center! We are here to help. Here's to your winter wellness!



Instant Pot Skinny Cheeseburger Soup

Ingredients (organic recommended*):

- 1/2 pound organic lean ground beef or turkey
- 1 tablespoon unsalted butter
- 1 medium onion (chopped)
- 2 medium carrots (chopped)
- 2 celery stalks (chopped)
- 2 garlic cloves (minced)
- 2 tablespoons all-purpose flour (omit if wheat or gluten-free)
- 1/2 teaspoon kosher salt
- Freshly ground black pepper
- 3 1/2 cups Organic Free Range Chicken Broth
- 10 ounces organic Yukon Gold potatoes (2 medium, peeled and finely diced)
- 1 12-ounce wedge cauliflower (1/4 of a large head), stem attached
- 1 3/4 cups shredded sharp cheddar cheese
- 2 tablespoons chopped scallions or green onions (optional for garnish)

Directions:

- Press the sauté button on an electric pressure cooker. Add the turkey, and brown the meat using a wooden spoon to break it into small pieces as it cooks, 4 to 5 minutes. Drain the meat, and transfer it to a small bowl.
- In the pressure cooker (still on sauté), melt the butter. Add the onion, carrots, celery, and garlic. Cook, stirring until softened, about 5 minutes. Add the flour, salt, and pepper to taste and cook, stirring for 1 minute to cook the flour. Return the turkey to the pressure cooker, and add the chicken broth, potatoes, and cauliflower and stir.
- Seal and cook on high pressure for 10 minutes until the potatoes are soft. Quick release, then open when the pressure subsides.
- Transfer the cauliflower and 1 cup of the liquid to a blender and blend until smooth. Pour the puree into the soup and stir well. Add the cheddar and stir until melted. Serve topped with the scallions if desired.

** To make this in a large pot or Dutch oven, sauté over medium-high heat in steps 1 and 2. For step 3, bring to a boil, then cook, covered, over low heat until the potatoes and cauliflower are tender, 25 to 30 minutes. Transfer 1 cup of the liquid and the whole cauliflower to the blender, and blend until smooth. Stir the puree into the soup, add the cheddar, and serve topped with the scallions.

Nutrition Facts: 254cal, Carbohydrates: 19g, Protein: 20g, Fat: 11.5g, Fiber: 3.5g, Sugar: 5g

* Note: Choose organic ingredients when possible. Nonorganic can have high pesticide residue.

Holiday Shopping Safety

The Hurst Police Department wishes your family a safe holiday season! Crime prevention involves being aware of your surroundings and potential areas of danger. This time of year is filled with hustle and bustle, and safety tends to not make the priority list. But, the Hurst Police Department encourages you to take the time to read over these crime prevention tips to stop you from becoming a victim of theft or burglary.

The mall is full of people with money to spend. As you speed along, focused on getting the perfect gift, a criminal can be searching for the next victim. When you are in a parking lot or garage, be alert to someone who appears to be standing around for no good reason. He or she might be

waiting for someone, or that person could be an opportunist waiting to grab your shopping bags or your purse.

- Park in well-lit areas, and always be aware of your surroundings.
- Don't electronically unlock your vehicle until you are within door opening distance. This helps stop a thief from getting into the car without you knowing to strike when you least expect it.
- Stay off the cell phone as you walk through parking lots and streets. It is an unnecessary distraction that makes you susceptible to thieves, and your cell phone is an enticing target itself.
- Don't flash large amounts of cash or offer tempting targets for theft such as expensive jewelry or clothing.
- Don't fumble for house or car keys. Have them in your hand, ready to use when you reach the door.



- ALWAYS lock your car and residence, even if you are away for only a few moments.
- Do NOT leave valuables - gifts, cell phone, purse or clothing - in open view in your car. Take valuables with you, lock them in your trunk, or cover them in an inconspicuous way.
- Leave lights turned on both inside and outside your residence after dark. Criminals don't like to be seen.
- If you will be away from home for several days, make arrangements for someone to pick up your mail and newspapers. An overstuffed mailbox is a sure sign that no one is home, and burglars are tempted to check those envelopes for holiday gifts.
- Keep your purse close to your body.
- If your pocketbook has long straps, shorten them.
- If possible, avoid carrying a large purse when shopping. A fanny pack is compact and more difficult for a thief to grab and run.
- Carry only the credit cards you intend to use, leave the others behind.
- Avoid carrying large amounts of cash. Use checks or check cards.
- Use ATMs wisely. Have the card ready before approaching the machine, and use ATMs in high traffic areas.
- If you believe someone is following you, cross the street, switch directions or walk into a store or restaurant. If you are really scared, yell. Don't be embarrassed. Your safety is more important.
- If you see something - say something. Call 9-1-1 and report any criminal activity you witness to keep help us keep our community safe.

Holiday Shopping Reminder

As you do your holiday shopping, don't give a thief an opportunity.

Do NOT leave valuables in open view in your car. Put them in the trunk, or take them along with you. This is the time of the year when criminals do their own form of "window shopping." They look in parked cars for items left inside, and they will break through car windows to steal your valuables. It takes only a few seconds for a criminal to break into your car. So remember: when you leave your car, leave it empty.





Healthy Hurst *Wellness Initiative*

Healthy Hurst is the City of Hurst's community-wide wellness initiative. With the use of the information and links that are available on the City of Hurst's Healthy Hurst webpage, participants can increase their health, wellness, and fitness.

Healthy Hurst isn't just about physical activity. It's about mental, physical, and social health. Whether visiting a park, working out at the Hurst Recreation Center, or attending one of our many city events, you are actively being a part of Healthy Hurst.

Be sure to look for our multiple Healthy Hurst sponsored events throughout the year. These events include the Eight to Great Challenge, Kids Triathlon, Dash 'N Splash 1 mile & 5K run, and Walktober.

Healthy Hurst 8 to Great Fitness Challenge

Start 2020 off right with your fitness resolution. You can get started toward your healthy lifestyle with the Healthy Hurst "8 to Great" Fitness Challenge.

Participants can choose to log their workouts and/or track their weight loss during the 2020 "8 to Great" Fitness Challenge. Incentive awards will be given based on

level of participation. Register for the Healthy Hurst Wellness Program at no charge, and keep track of your workouts and weight loss for "8 Weeks," between January 2 and February 28, 2020 to be eligible for incentive awards. For more information, please call 817.788.7325.

Patron Appreciation Week March 2-6

Join us at the Hurst Recreation Center as we celebrate YOU! On average, 15,000 members and participants use our Recreation Center each month, and we want to show our appreciation for your

support! There will be give-away items, refreshments, and door prizes. For more information about Patron Appreciation Week, call the Recreation Center 817.788.7325.

Flood Safety Tips

Texas weather is unpredictable. Know what to do when severe weather occurs, including severe flooding. Here are ways to prepare before a flood occurs and what to do during one.

Before the Flood

1. Check with the Engineering Department (817-788-7080) on the extent of past flooding in your area.

- City staff can tell you about the causes of repetitive flooding, what the city is doing about it and what would be an appropriate flood protection level. They can also visit your property to discuss flood protection alternatives.

2. Prepare for flooding by doing the following:

- Know how to shut off the electricity and gas to your house when a flood comes.
- Make a list of emergency numbers and identify a safe place to go.
- Make a household inventory and put insurance policies, valuable papers, medicine, etc. in a safe place.
- Report blockages in creeks, culverts, drainage ditches and storm drain inlets by calling Public Works at 817-788-7076.
- Develop a response plan - consult the American Red Cross website for information on creating an emergency preparedness plan.
- The American Red Cross has also published the brochure *Repairing Your Flooded Home*, which provides information on planning and preparing for a flood event as well as repairing after a flood event.

3. Consider some permanent flood protection measures.

- Mark your fuse box to show the circuits to the floodable areas. Turning off the power to these floodable areas can reduce property damage and save lives.
- Consider flood protection alternatives such as flood walls or berms. Note that some flood protection measures may require permits. Please check with the Engineering Division and/or Building Inspections for more information.
- A copy of Homeowner's Guide to Retrofitting: Six Ways to Protect Your House from Flooding are available at no charge to download from FEMA.

4. Talk to the Engineering Division for information on financial assistance.

- If you are interested in obtaining more information on what you can do to prevent flood damage, or what funds may be available to assist you with mitigating flood damage to your property, contact the Engineering Division at 817.788.7080.
- Get a flood insurance policy - it will help pay for repairs after a flood and, in some cases, it will help pay the costs of elevating a substantially damaged building.

5. Get a flood insurance policy.

- Typically, homeowner's insurance policies do not cover damage from floods. However, some owners have purchased flood insurance because it was required by the bank when they received a mortgage or home improvement loan.
- Don't wait until the next flood to buy flood insurance protection. In most cases, there is a 30-day waiting period before the National Flood Insurance Program coverage takes effect.
- Contact your insurance agent for more information on rates and coverage.

During and After the Flood

1. Check with the Engineering Department (817-788-7080) on the extent of past flooding in your area.

- Do not wade through floodwaters due to the danger of pollutants, debris (nails, glass, etc) and animals (snakes, ants, etc.). Floodwaters are often murky and depth is hard to determine.
- Do not drive through floodwaters! Turn around, don't drown! If emergency evacuation is necessary, please heed the warnings of the emergency management and follow the instructions to evacuate - it saves lives of those around you and possibly of the emergency workers responding.
- Ask for a licensed electrician, plumber etc. to check or turn on your power, water and/or gas.

The City of Hurst Public Works Department is a member of the Community Rating System through the National Flood Insurance Program. This information is provided as a resource for residents.

Senior Center



Membership Information

Monday, Tuesday, Wednesday, Friday: 7:00AM-7:00PM // Thursday: 7:00AM-9:00PM

The Hurst Senior Activities Center is open to seniors only, ages 55 and over.

- Membership is required in order to use the Senior Center amenities or participate in activities and programs. (Occasionally, we will offer special programs that are open to the general public.)
- Membership is valid for one year and must be renewed annually.
- Membership includes many free classes, programs and activities, use of our state-of-the-art fitness room and access to aquatics programs. Please note that some classes and programs may require nominal fees.

Senior Center Membership Fees:

- Hurst Residents - \$20 per membership year. (Equivalent of about \$1.67 per month.)
- Nonresidents - \$80 per membership year. (Equivalent of about \$6.67 per month.)
- As a member of a Medicare Advantage or Medicare Supplement plan, you may be eligible for a no-cost or low-cost membership through the Silver & Fit Renew Active or SilverSneakers program.
- In order to receive the Hurst resident rate, please bring your Hurst water bill, Hurst property tax statement or Hurst apartment lease and your photo ID as proof of residency.

Lunch Program

The Senior Center offers a weekly meal program called "A Quick Bite." On Tuesdays, for only \$5, you get a cup of the soup of the day, your choice of the entrée of the day or a sandwich with a bag of chips and a pickle. All lunches come with a dessert. Grab a friend, and stop by the Senior Center for "A Quick Bite!"

The lunch program policies and details are as follows:

- You must register at the front desk for lunch and complete "A Quick Bite" menu selection slip. Payment is expected at the time of registration. Registration can be made any time prior to 10 a.m. on Tuesdays. Reservations will not be accepted after 10 a.m. No exceptions.
- The kitchen staff and volunteers cannot take payments. Please pay for lunch at the front counter and obtain a receipt. The receipt is only valid for the date lunch was purchased. No refunds or rain checks for lunches will be issued.
- Quantities may be limited and may sell out before 10 a.m.
- All meals are encouraged to be consumed on the premises. Taking food home from the meal site is done at your own risk. To-go boxes are not available.
- Due to health code policies, personal food items cannot be held in the kitchen refrigerators. Lunches will be available for pick-up on Tuesdays between noon and 12:30 p.m. Lunches not picked up by 12:30 p.m. must be discarded.

Donor Board

Did you know that you can give to the Senior Center Donation Fund? Donations are used to purchase non-budgeted items for the Senior Center. Donations are recognized through the Donor Board located on the east side wall of the building next to the staff offices. A plaque inscribed with your choice of inscription (space limited) will be placed on the board based on the following levels of donation:

- **Bronze** – \$250
- **Gold** – \$1,000
- **Silver** – \$500
- **Platinum** – \$2,000+

For more information or to make a donation, contact the Senior Center Director Linda Rea at 817-788-7710.

Contact Information

700 Heritage Circle
Hurst, TX 76053
817-788-7710

The Social Media Connection

Did you know that the Hurst Senior Activities Center is now on Facebook? Stay up to date on current happenings, find pictures of recent events and more! Follow us, like us and share us: @HurstSeniorActivitiesCenter

Registration Policy

Registration is required for most scheduled classes, activities and programs.

Registration opens the first business day of each month at 8 a.m. and continues throughout the month. You must have an active Senior Center membership or day pass in order to register for classes. Any applicable fees must be paid at time of registration unless otherwise noted. Save time and register online by visiting the Senior Center website: hursttx.gov/hsac. To get started with online registration, you will need to visit the Senior Center to activate your account.

Senior Center Advisory Board

Chair: **Gerald Grieser**

Vice Chair: **Joan Stinnett**

Doris Young, Bob Hampton, Barbara Albright, Marcy Davis, Durwood Foote, Marie Perry and Elaine Wicker, Kim Bouse

Senior Center Staff

HSAC Director: **Linda Rea**

Activities Supervisor: **Michelle Varley**

Administrative Assistant: **Laura Gore**

Building Maintenance: **Araceli Garcia Belo**

Activities Assistant: **Linda Provence**

Front Desk Attendants:

Diana Conway

Tammy McDonald

Jorji Northrop

Gayle Stevens

David Wiggins

Senior Center Upcoming Events & Classes

Here are just a FEW of our upcoming special events. (You must be a member to participate. Sign-up and fees may be applicable.)



Breakfast Club

Wake up and get up to the Senior Center for a hearty breakfast! Each month features a different breakfast entrée, from a fresh made Belgian waffle to gravy and biscuits or tasty breakfast enchiladas. Breakfast is served with juice, coffee, and fresh fruit. Check the Senior Pipeline for the breakfast entrée of the month.

8:30 - 9:30AM // W // 11/27 // \$4

8:30 - 9:30AM // TH // 1/23 // \$4

Movies & Munchies

Each month (typically the first Friday) we offer a current movie, complete with hearty munchies that includes popcorn, soda and more. See the Senior Pipeline for movie title, description and rating.

95001 (1/100/MPN)

1:00-3:00PM // F // 12/6 // \$3

1:00-3:00PM // F // 1/3 // \$3

Chair Volleyball

Reap the benefits of being active and join in the fun of Chair Volleyball. This modified version of volleyball is played much like the traditional game. Chairs are placed to cover the court and players rotate for serving. The team works together to get the beach ball over the net. There is one catch – you must remain seated, with one cheek in the seat at all times.

10:15AM-12:30PM // MW // Free

3:00PM-5:30PM // TH // Free

Spud & a Show

Get out of the house and come enjoy a loaded baked potato bar and a classic movie. Please sign up in advance so we can prepare accordingly. See the Senior Pipeline for movie title, description and rating.

95033 (5/125/MP)

6:00-8:00PM // TH // 12/19 // \$3

You Can Paint with Oils

Even if you've never held a paint brush or can't draw a straight line you will be amazed at the beautiful oil painting you can create in one fun and inspiring lesson. Beginners learn basics of color mixing, brush strokes and perspective while completing a detailed landscape or seascape under the patient guidance of award winning "Teacher of the Year," Susan & Robert Garden, founders of the Robert Garden School of Art. All art supplies, canvas, paints, brushes, easel and detailed lesson plan are provided. Bring paper towels and wear old clothes. \$20 (cash only) supply fee due to instructor at time of class.

Instructor: Susan Garden.

9:30AM-12:30PM // F // 11/22 // \$15

11:00AM-2:00PM // F // 12/13 // \$15

9:30AM-12:30PM // F // 1/24 // \$15

Senior Center Upcoming Events & Classes

(You must be a member to participate. Sign-up and fees may be applicable.)



Dances

All Seniors 55+ are invited to join us for our dances on the 2nd & 4th Thursday night of each month. Come to dance the night away or just listen to some fabulous music! Dances are only \$6 payable at the door and open to Seniors from all over the Metroplex. A Senior Center membership is not required. Our dances always feature live music. Our special Holiday Dance on December 27 will feature the orchestra Nobles of Note, dance hosts, light refreshments and a sparkling beverage. Invite your friends to join you for an evening out!

7:00-9:15PM // TH // 12/12 // \$6

7:00-9:15PM // TH // 1/9 // \$6

7:00-9:15PM // TH // 1/23 // \$6

AARP Driver Safety Program

Expect to learn current rules of the road, defensive driving techniques and how to operate your vehicle more safely. Consult your agent for insurance discount availability upon course completion. AARP membership is not required. \$15 for AARP members and \$20 for non-members. Fees due at time of class, please have exact change or check, no credit cards. Bring your driver's license. Space is limited. **Instructor: John Chreno**

9:00-1:15PM // F // 11/13 // due to instructor

HSAC Anniversary & Open House

On Thursday, November 7 the Senior Center will celebrate its 10th Anniversary. Please come by and tour our beautiful facility and discover this hidden gem for adults age 55 and over. Tours are available during our normal operating hours, 7:00AM-7:00PM. Door prize drawings will be held throughout the day. (You must have a valid membership to enter.) The Mayor will present a brief message and there will be live entertainment at the Cake and Punch Reception at 1:00PM.

Senior Center Upcoming Events & Classes

Here are just a FEW of our upcoming special events. (You must be a member to participate. Sign-up and fees may be applicable.)



Tamale Making Demo

Sign up early for this annual Senior Center tradition with members Jose & Josie Calvillo. Learn how to prepare authentic Mexican tamales from beginning to end. Each participant will receive hands on experience that includes filling, rolling and steaming of the tamales. You will also receive the recipe, half-dozen tamales to take with you, and tasting samples during demonstration. Space is limited, sign up opens November 15.

12:30-2:00PM // M // 12/9 // \$5 per person

Holiday Breakfast Bash

Enjoy a festive morning of Christmas tradition and fare including a waffle station, an assorted fruit and pastry station, a selection of egg entrees, a variety of breakfast meats along with fresh coffee and juice. While you dine enjoy a painting demo by Susan Garden (painting will be raffled off at the conclusion of the Bash), and Christmas Caroling with Tina Thompson. Complimentary holiday photo opportunities with Santa will be available. Breakfast will be served 9:00-9:45AM and entertainment will begin at 10:00AM.

9:00-11:00AM // F // 12/13 // \$5 per person

Senior Center Upcoming Events & Classes

(You must be a member to participate. Sign-up and fees may be applicable.)



Christmas with Your Grandkids

Bring your grandkids to the Senior Center for an afternoon of holiday fun. Get family pictures made with Santa, play some Bingo, make a holiday craft and enjoy a cup of hot cocoa and afternoon snack while we watch a classic holiday cartoon. We will wrap up the afternoon with everyone creating their own decorated Christmas Tree treat.

1:00-3:00PM // F // 12/20 // \$5 per person

Black-eyed Peas, Cornbread and a Movie

Get ready for the New Year by taking part in this Southern tradition and eat your lucky black-eyed peas! Enjoy the movie "Murder on the Orient Express" while you dine. Everyone is a suspect when a murder is committed on a lavish train ride, and a brilliant detective must race against time to solve the puzzle before the killer strikes again. This suspenseful and thrilling mystery is based on the best-selling novel by Agatha Christie and features an all-star cast.

11:00AM-1:30PM // T // 12/31 // \$3 per person

Memorial Service

A special time of remembrance has been planned to honor loved ones that were lost in 2019. Come light a candle to show gratitude for the life they lived and for the time that was shared with them. Please make the front desk aware of anyone that should be remembered at this service. An ornament will be made in their honor and their name read as part of the service. Those that had Senior Center Memberships will also be included in a slide show. Friends and family are welcome. Grief counselor will be available following the service. We kindly request that you register if you plan to attend so that we can ensure adequate seating.

1:00-2:00PM // F // 1/17 // FREE

Soup & Socks for Seniors

Help to warm the feet of Veterans in need by bringing a pair of new socks (men or women sizes) to be distributed MHRM of Tarrant County. Complimentary soup, cornbread, and dessert provided to all sock contributors.

Noon-1:00PM // F // 1/31 // Sock donation



Senior Center Fitness Classes

(You must be a member to participate. Sign-up and fees may be applicable.)

Aquatics Classes

SilverSneakers Splash!

Activate your urge for variety! Splash offers fun, shallow-water movement to improve agility and flexibility while addressing cardiovascular, strength and endurance conditioning. No swimming ability is required and a kickboard or other aquatic equipment is used to improve strength, balance and coordination. Fees are waived for SilverSneakers members this class only. **Instructor: Rosy Pritchett**

10:00-10:45PM // M // 4WKS // \$16

11:00-11:45PM // M // 4WKS // \$16

11:00-11:45PM // T // 4WKS // \$16

10:00-10:45PM // W // 4WKS // \$16

11:00-11:45PM // W // 4WKS // \$16

11:00-11:45PM // TH // 4WKS // \$16

Water Wellness

Water Wellness is a great water workout if you have sore or tight joints, lower back pain, balance issues, or general aches and pains. Come try this gently paced water wellness class to ease your symptoms. **Instructor: Off the Deep End Aquatics**

10:00-10:45PM // T // 4WKS // \$16

10:00-10:45PM // TH // 4WKS // \$16

Unstructured Water Time

Use of the pool for unstructured water time is available on FRIDAYS in two 55 minute increments. Water noodles and kick boards are available for your use. Inflatable flotation devices are prohibited. \$5/month per session. **Fees are waived for Renew Active members.**

10:00-10:55PM // F // \$5

11:00-11:55PM // F // \$5

Group Fitness

Registration for our Group Fitness is required on a per month basis. Registration opens on the first business day of the month. Class fees range from \$2.50 to \$5 for a single class. Most classes meet weekly, averaging four times per month.

Ageless Grace

Ageless Grace is a program that works on all five functions of the brain as well as the 21 primary physical skills we need for aging youthfully. Designed so that almost anyone of any age, ability, body-type, size or with any physical challenge can participate and benefit from the simple tools for lifelong comfort and ease. **Instructor: V'Ann Giuffre**

11:00-11:45AM // TH // 4WKS // \$10

Tai Chi

Chinese system of slow meditative exercise designed for relaxation, balance, and health. **Instructor: Chot Pham**

9:00-9:50AM // W // 4WKS // Free

Non-Contact Boxing

A great way to improve agility, speed, endurance, accuracy, balance, hand-eye coordination, footwork and overall strength. This class is designed with Parkinson's patients in mind, but anyone can benefit from the exercise and is welcome to participate. **Instructor: Rosy Pritchett**

4:00-4:45PM // W // 4WKS // \$10

9:00-9:45AM // F // 4WKS // \$10

Fit Start | Exercise

Instructor led fitness class designed for those just starting to exercise and also for those with low mobility. Encompasses movements to strengthen the upper body and core, increase flexibility, and improve cardio health and stamina. **Instructor: Andrea McKnight**

9:00-10:00AM // T // 4WKS // \$10

9:00-10:00AM // TH // 4WKS // \$10

Zumba Gold

This class is designed for active older adults that like to move! Easy to follow Zumba choreography that focuses on balance, range of motion and coordination. Benefits include cardiovascular, muscular conditioning, flexibility and balance. Class fees waived for Silver & Fit and SilverSneakers members. **Instructor: Kalyn Worthey**

10:15-11:00AM // W // 4WKS // \$16

Classic Fitness

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing and balls for resistance. A chair is available if needed for seated or standing support. Class fees are waived for SilverSneakers, Renew Active & Silver&Fit members. **Instructor: Debbie Melchiorre/Rosy Pritchett.**

8:00-9:00AM // M // 4WKS // \$10

5:00-6:00PM // T // 4WKS // \$10

8:00-9:00AM // W // 4WKS // \$10

5:00-6:00PM // TH // 4WKS // \$10

Cardio Fitness

Are you ready for a more intense workout than Classic Fitness? Try this safe and heart-healthy aerobics class to energize your active lifestyle using low-impact movements that focus specifically on building upper-body and core strength, plus cardio endurance. Class fees are waived for SilverSneakers, Renew Active & Silver&Fit members. **Instructor: Rosy Pritchett.**

Noon-12:50PM // T // 4WKS // \$10

Back, Shoulders & Balance

You will work to gain muscular strength, increase muscle tone and stretch with purpose in your back, shoulders and areas of balance. Expect to improve your ability to get out of bed, get out of a chair, maintain your posture and alleviate back muscle pain. **Instructor: Rosy Pritchett**

4:30-5:15PM // M // 4WKS // \$10

Senior Center Fitness Classes

(You must be a member to participate. Sign-up and fees may be applicable.)

Personal Training

Personal Trainer Rosy Pritchett is available to assist you in reaching your individual health and fitness goals. She will work with you to develop an effective exercise program designed specifically for you. Sessions are paid through the front desk. Appointments are scheduled directly with the trainer.

One-Hour Session // \$40

Fitness Assessment

Personal Trainer Rosy Pritchett is here to help you get started on a personal fitness program. This 20 minute evaluation will assess five components: cardiovascular, muscular strength, muscular endurance, flexibility, and body composition. Sessions are paid through the front desk. Appointments are scheduled directly with the trainer. Includes a free 6-month follow up assessment so you can see your progress.

20 Minute Session // \$10 // By Appointment

Yoga

Strengthen on Your Mat

A core strengthening class that combines pilates, basic exercise moves, and yoga.

Instructor: Rosy Pritchett

10:00 - 11:00AM // F // 4WKS // \$10

Kundalini Yoga

This fun, challenging class wakes up the energy centers in your body. Through the use of movement, breath, and meditation, you connect to your core energy and let go of what no longer serves you. This class includes stretching, yoga poses, and chant. **Instructor Cheri Nelson**

10:15-11:00AM // M // 4WKS // FREE

Hatha Yoga

Incorporates the use of postures and stretches linked with the breath to develop flexibility. A combination of floor and standing poses is used to create a flow of movement that encourages proper alignment, balance and opening of the body.

Instructor: Cindy Russell

2:30-3:30PM // T // 4WKS // FREE

Chair Yoga

Incorporates the use of postures and stretches linked with the breath to develop flexibility. A combination of floor and standing poses is used to create a flow of movement that encourages proper alignment, balance and opening of the body.

Instructor: Cindy Russell

3:45-4:45PM // T // 4WKS // FREE

Gentle Yoga

Incorporates the adaptation and application of Yoga techniques and practices to help individuals facing health challenges at any level manage their condition, reduce symptoms, restore balance, increase vitality, and improve attitude. Students should be able to get up and down from the floor on their own. **Instructor: Debbie Melchiorre**

1:00-2:00PM // M // 4WKS // \$16

Yoga Fitness

Participants complete seated and standing yoga poses. This class is suitable for beginners to advanced yogis, and it provides breathing exercises and relaxation without the strain on your joints. Class fees are waived for SilverSneakers, Renew Active & Silver&Fit members. **Instructor: Debbie Melchiorre**

1:00-2:00PM // W // 4WKS // \$10

Restorative Yoga

Experience restorative yoga poses that let you relax deeply and consciously, allowing tension to release from the body and energy to flow. Postures are seated or lying down with the use of props for optimal comfort.

Instructor: Michelle Varley

3:00-4:00PM // F // 11/8 // \$5

3:30-5:00PM // F // 12/6 // \$5

3:30-5:00PM // F // 1/3 // \$5

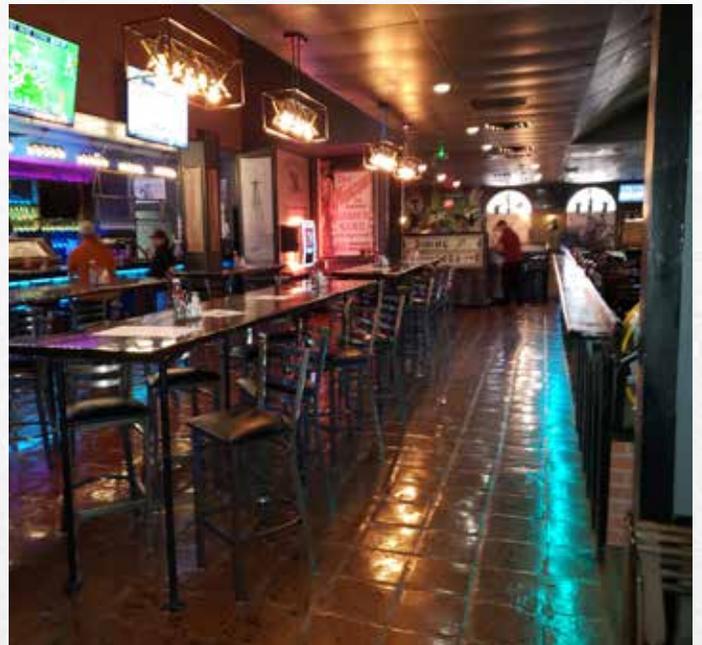




New Businesses in Hurst

Many new businesses have opened in Hurst in the last several months, which will add nicely to the gift selection and dining possibilities this holiday season. We anticipate visitors coming from far outside their normal shopping patterns, where most retailers will do 35% to 40% of their annual volume in the six weeks of Christmas shopping.

Shopping is extended and more gratifying when it can include a good meal or snack at a great restaurant. Hurst has an abundance of attractive food service operations throughout its 10-mile city limits offering residents and visitors more than 130 choices.





New retail in Hurst that has opened this year, or will soon open are:

- Pineapple Grill Texas
- Tacos Y Mas
- La Capital #2 Mexican Restaurant
- Planet Fitness
- Tee Time Carts
- Kingdom Images Dance Studio
- Boba Tea & Flavor of Asia
- Lisa's Chicken
- Tutti Frutti
- Wounded Duck Tavern & Grill
- Mattress Outlet
- Hurst Pediatric Dentistry
- The Learning Experience
- Liquidation Station

New at North East Mall

- Gianni's Menswear
- Wave
- Old Boot Factory
- Seventh Sense
- Aerie



CONNECT WITH



@HurstSeniorActivitiesCenter
The ugly sweater contestants are starting to come in!



@CityofHurstTx
Our 21st Employee Giving Day has officially begun!



@HurstPublicSafety
Congratulations to Officer Pugh and Officer Winkle for their dedication to DWI enforcement and commitment to making our roads safer!



@HurstConferenceCenter
"They See Me Rollin'" Meet the newest member of our team! Large groups? No problem, we'll shuttle!"



@CityofHurstTx
Mayor Wilson enjoyed reading to Ms. Aelvoet's class at W. A. Porter this week!



@CityofHurstTx
We hope you had a great Fourth of July! Thanks to everyone who came out to Stars and Stripes to celebrate with us!



@CityofHurstTx
We're excited to welcome Ono Poke Hurst to the neighborhood!



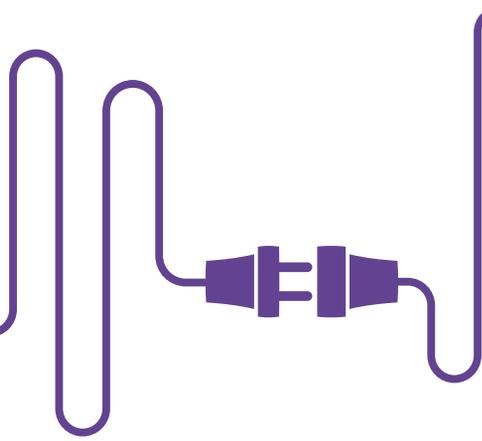
@HurstPublicLibrary
No better way to start the annual Teddy Bear Picnic Lock-in than with a story time with Miss Beverly!



@HurstParksandRecreation
What a fun day learning about Water Safety!



US



@CityofHurstTx
Last night, the mayor and city council proclaimed July as National Park and Recreation Month!



@HurstAnimalServices
This little lady collected money and purchased items for us here at the shelter.



@HurstPublicSafety
The Fire Department has been FLOCKED! I guess we found out where the police department sent the flamingos! Stay tuned to see where the flock is headed next!



@HurstConferenceCenter
Today's client is kicking off the new school year with a sweet start!



@HurstFireDept
We really appreciate @BellFlight sending out Joe and that beautiful 407.



@HurstSeniorActivitiesCenter
Learning to save a life with CPR. Presented by Gerald Campbell.



@HurstParksandRecreation
Thanks to everyone who came out to our first annual Doggie Dive-In Event!



@HurstPoliceDept
Officer Colichia was quick to help Grandma after she got run over by a reindeer at Redbud and Harmon Rd.



@HurstPublicLibrary
Thank you to everyone who made it out to last night's End of Summer Reading Club party!



Youth in Government



The HEB 2020 Youth In Government class begins in January!

HEB Youth In Government is a cooperative effort between the HEB Chamber of Commerce and the cities of Hurst, Euless and Bedford. This program was developed to engage students in city government and community involvement. Applicants must live in Hurst, Euless or Bedford and be a junior or senior in high school by January 1, 2020.

Classes will be held on Mondays from 5:30 - 7 p.m. Meetings will be held at various locations in HEB. A light dinner will be provided.

For the class dates and application, visit heb.org and search Youth In Government. For questions, email linda@heb.org.

Hurst 101

We are continuing to accept applications for our Hurst 101 program until December 31! This is a great opportunity for residents and business owners of Hurst to learn about how the city operates, interact with city council and staff and build relationships with other community members. Visit hursttx.gov/hurst101 for more information and to apply online. For questions about the program, contact our Outreach Coordinator, Shelly Klein, at 817-788-7036.



CYBER SAFETY



HOW TO STAY SAFE ONLINE

- Be picky: Only "accept" or "follow" friends you actually know.
- Do not post your location: Friends who "tag" you may also be giving out your location.
- Be careful with apps: Gaming apps like Candy Crush may give away your location or other identifiable information. Never allow apps to store your log-in credentials.
- Assume everything you post online is permanent: Do not reveal too much or say something you will regret. If you wouldn't say it to someone's face, you shouldn't post it.
- Don't over-share: Just because a site asks for info, doesn't mean you have to give it. Most of the time, only a few of the requested bits of information are actually required to set up an account.
- Customize your privacy settings: Do not use the default settings. They usually only provide the bare minimum in security. Be sure to update your settings regularly.



- Be careful about who can access your contacts: You don't want random sites to have access to your contacts. Some sites might use this information to send e-mails to everyone in your contact list or even everyone you've ever sent an e-mail to.



- If you get a suspicious message from one of your contacts, double check: Scammers can either break into someone's account, or they can steal publicly available information to create a forged account impersonating someone else. If you suspect that a message is fraudulent, use some other method to contact your friend and verify the dubious claim.



For online resources, visit stophinkconnect.org. Visit the City of Hurst's YouTube channel to view our latest Cyber Security Educational Series.

Source <http://seniornet.org/blog/11-tips-for-social-networking-safety/>

Recognizing Our Veteran Team Hurst Members

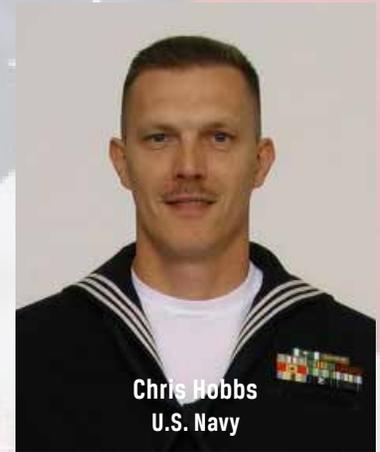
Here at the City of Hurst, we are proud to have many veterans for employees! We are incredibly appreciative of their dedicated service to our country as well as our community each and every day. They are a huge value to this city, and we are fortunate to have them a part of our team! Thank you to all of our veterans in Hurst, including our team members!



Mark Overcash
U.S. Army/Navy



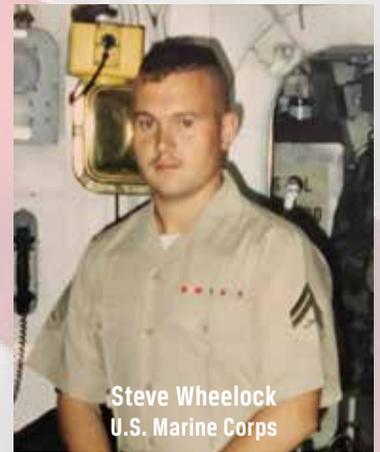
Kenya Meza
U.S. Army



Chris Hobbs
U.S. Navy



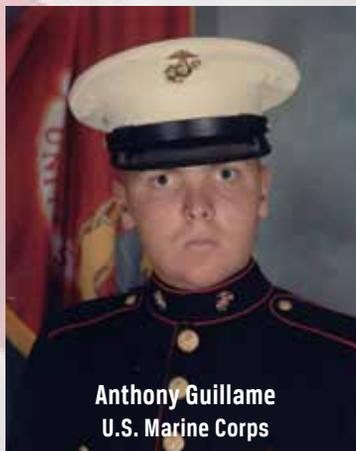
Eric Starnes
U.S. Air Force



Steve Wheelock
U.S. Marine Corps



Council Member Bill McLendon
U.S. Marine Corps



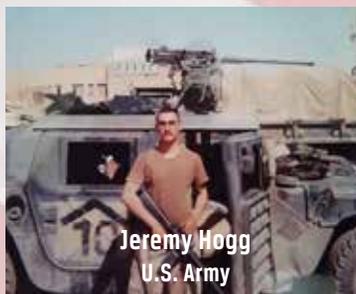
Anthony Guillame
U.S. Marine Corps



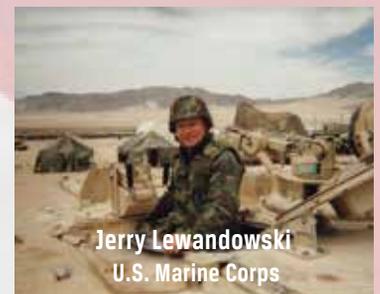
Nelson Watson
U.S. Marine Corps



Justin Wilderspin
U.S. Marine Corps



Jeremy Hogg
U.S. Army



Jerry Lewandowski
U.S. Marine Corps



Provision at Patriot Place

We are excited about a new multi-family development going in on Hwy 10 that offers affordable housing for veterans and qualifying civilians: Provision at Patriot Place! Not only will the units be affordable, but residents will get to enjoy top of the line finishes, including granite countertops and stainless steel appliances. There will also be a memorial park on site and plenty of green space to enjoy. The project is set to begin construction in January with hopes of opening in the first

quarter of 2021. Applications will be available starting next fall. To find out more information, you can contact Ryan Dauer at 214-771-7990.

We are welcoming the opening of another similar multi-family development, Provision at North Valentine located at 263 W. Bedford Euless. They will open their 96 units before the end of this year.



Hurst 1st

The City of Hurst recently welcomed Recon Realty, a veteran owned brokerage who has launched an initiative, Rehab Warriors, to connect veterans within our community and provide them with a mission to continue their service to the American people. Under the guidance of Andy Williams, Owner and Founder of Recon Realty, the community launched the Hurst 1st project. Hurst 1st focuses on connecting veterans to the community by educating, certifying and deploying veterans into underserved communities with the mission to revitalize and restore.

With this purpose in mind, Hurst 1st offered each homeowner on Olive St. \$1,000 worth of clean up and repairs to the exterior of their homes. The goal was to increase property value while generating community pride. Homeowners used this opportunity to repaint their trimmings, add wooded columns, repair fences, landscaping, and so much more. The city also repaved the street, removing small pockets of holes and giving the street an overall fresh look.

What made this particular street a bit more special was the fact that we had a number of veteran homeowners who found joy and took pride in Hurst 1st's mission. So much so that one veteran homeowner donated his improvement grant to his widowed neighbor and spent his own money to lay new sod in his front yard. What an incredible act of kindness!

This small gesture made a big impact for the residents of Olive St.



The value of their property, as well as the value of the community, increased, and they once again took pride in home ownership. We are excited to see where Hurst 1st goes from here. If you would like to take part in this patriotic movement within our community, visit hurst1st.com to request an application into the program.

"As a veteran, from basic, you are taught and trained to put service before self. I think this project is in line with that. So many people have sacrificed for me, and I see it as a benefit to continue to sacrifice and give back to the community."

- Veteran and member of Rehab Warriors

"Our mission is connecting veterans to the community, so they can be included in all phases of revitalization planning. Whether they are a rehab or home builder, developer or simply a homeowner living in the community, we want them included as we put community first, yield second and service always."

- Andy Williams, Founder of Rehab Warriors

Property Pride



**Have you noticed
any of your
neighbors
Going the
Extra Yard?**

**Nominate them at
hursttx.gov/propertypride**

**Seasonal Property
Maintenance Award**

- Anyone can nominate a property in Hurst!
- Only residential properties in the City of Hurst are eligible for the award.
- Four properties per season will be chosen by Neighborhood Services.
- Nominations should be made for overall property maintenance including, but not limited to, painting and landscaping.
- Winning properties will receive a yard display and could be featured on the city website.
- Properties are eligible to receive the award once every 3 years.

JCPenney's

We recently celebrated the grand re-opening of JCPenney's at North East Mall! The store in Hurst was the first in the country chosen to receive this makeover. Just in time for the holiday shopping season, the all-new JCPenney store offers a once-in-a-lifetime, just-for-you exciting shopping experience. People are raving about the new design and layout, but you should go see it for yourself! Visit jcpenny.com/hurst to learn more about what all the new store has to offer.





Shop First in Hurst

Shopping local and supporting small businesses is vital to the health of a community, and we're no different in Hurst. That's why we adopted Shop First in Hurst as our mantra long ago. With so much to offer right here in our city, why shop anywhere else? Last year, we moved our Retail, Restaurant and Business Guide to strictly digital! You can access all of our businesses in Hurst on our website at hursttx.gov/retailguide or on our Where We Live Mobile App! With the holiday season now upon us, we hope that you will take advantage of all the great shopping our city offers and continue to Shop First in Hurst!

Ambulance Subscription

The City of Hurst is offering citizens an ambulance subscription service to help offset the high costs of emergency ambulance transportation. Insurance companies routinely do not pay the entire amount of ambulance transportation, leaving the patient with the responsibility of paying the balance of the bill. The purpose of the subscription service is to cover the amount not covered by your insurance provider or Medicare. If a person does not have health care insurance, this program covers emergency medical services delivered prior to hospital arrival. For \$60 per year per family, you will never have to worry about paying an ambulance bill. Medicaid recipients are not eligible for this program.

2020 Ambulance Subscription Service enrollment is going on now through December 31, 2019.

For all the details, search Ambulance Subscription at hursttx.gov.

Save the Date!

Seasonal Aquatics Positions

Beginning December 6

Applications for our seasonal aquatics positions will be available beginning December 16, 2019 for the 2020 summer season! We will be hiring lifeguards, swim lesson instructors, pool attendants, cashiers and pool managers. Spend your summer meeting new friends, learning lifesaving skills and making money! It is never too early to apply!

[Hursttx.gov/aquatics](http://hursttx.gov/aquatics)



Tackling Grease in the Kitchen

Why should I help?

- Prevent grease buildups from blocking sewer lines
- Stop sewer overflows into streets and storm drains
- Save money spent on costly cleanups of sewage spills
- Reduce the number of times you have to clean your grease trap (food services)
- Protect the quality of our water

DO:

- Put oil and grease in covered collection containers
- Scrape food scraps from dishes into trashcans and garbage bags and dispose of properly. Avoid using your garbage disposal.
- Remove oil and grease from dishes, pans, fryers and griddles. Cool first before you skim, scrape or wipe off excess grease.
- Prewash dishes and pans with cold water before putting them into the dishwasher.
- Cover kitchen sink with catch basket and empty into garbage can as needed.
- Cover floor drain with fine screen and empty into garbage as needed.

DON'T:

- Don't pour oil and grease down the drain.
- Don't put food scraps down the drain.
- Don't run water over dishes, pans, fryers and griddles to wash oil and grease down the drain. Don't rinse off oil and grease with hot water.

More ways to tackle grease . . .

- Use environmentally safe cleaning products instead of harsh detergents or cleaners that can damage sewer lines.
- If you generate large amounts of used cooking oil, recycle it. To find a recycler, search "recyclers" or "rendering companies" online.
- If you generate small amounts of used cooking oil, pour it into a container you can throw away. Never pour it down the drain.
- Start a compost pile at your home with scraps that are not meat.

HOLIDAY GREASE ROUNDUP

November 25 - January 5

This holiday season, we're making it easier than ever to Cease the Grease! You can recycle it for FREE at our drop-off location at the north end of the Service Center parking lot at 2001 Precinct Line Rd.

Prevent PACKAGE THEFT

Tips to prevent package theft from your porch

- Choose a shipping option so you have to sign for delivery (and tell friends and relatives who may be shipping you packages to do the same).
- Keep an eye on the package's delivery status so you know when to expect it. If friends/relatives are sending something, ask them to send you the tracking number.
- Get to know your carriers. Typically they have the same person on 'your route'. If there has been a problem with stolen packages in your neighborhood, tell them about it.
- Ship the package to another location if you aren't generally home such as your office or a neighbor/friends' home.
- Leave special instructions where to deliver packages if you are not going to be home.
- Choose "delivery pick up" so they hold your package rather than leave it on your vacant doorstep or in your open vestibule.
- If you live in a building, set up a way to have neighbors hold each other's packages rather than leave them in a common area.
- Insure your packages, just to be safe.

What happens when your package IS stolen?

If a package IS stolen, call your local police department and report the theft, the business you ordered from and your credit card company (to find out if it offers purchase-protection for reimbursements).

Budget Summary FY 2020

Using the vision, mission and values as a guide, the council established their strategic priorities. These priorities provide a direction for city staff in planning and evaluating their daily actions. The priorities allow staff to have clear direction and focus areas to ensure we are able to achieve the mission and vision.



- Redevelopment:** Redevelopment agreements supporting the arts and Hurst shopping centers. Continued redevelopment support at North East Mall.
- Public Safety:** Replacement of EMS vehicle, replacement of PD weapons and associated training, construction of voter approved animal shelter.
- Leadership:** Investment in leadership training, supervisory skills, and employee orientation focused on the strategic plan.
- Innovation:** Critical software updates and enhancements including permitting, work order management, and SCADA controls.
- Economic Vitality:** Active management of debt portfolio, conservative budget approach, agreement with new auditing firm.
- Infrastructure:** Bonds issued for reconstruction of critical roadways and targeted reinvestment in water, wastewater, and storm drainage infrastructure.

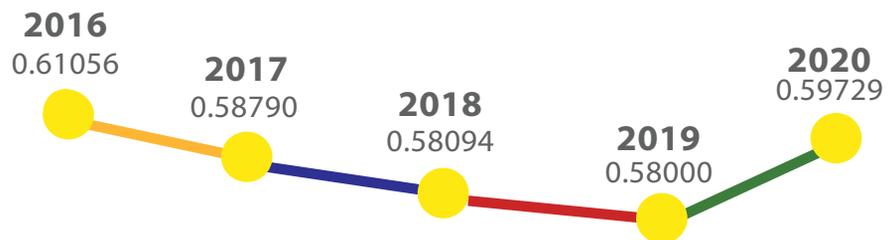
Tax Rate

After four consecutive years of lowering the rate, Hurst adopted a tax rate with an increase to support voter approved bonds and other community priorities.

For more information on our budget and tax rate, visit hursttx.gov/budget.

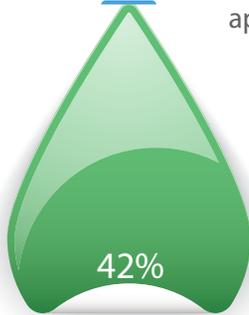
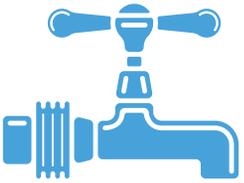
Five year history

(By FY)



Enterprise Fund Expenditures

The enterprise fund tracks revenues and expenditures related to providing water and wastewater services to our community. Each year, we conduct an in depth analysis of consumption patterns, wholesale costs, financial obligations, infrastructure condition, and operational costs to determine the rates necessary to continue to provide safe water and sanitary sewer services. You can see that wholesale costs represent the greatest share of costs in the enterprise fund. This includes a wholesale cost increase that covers treatment of water and delivery by the City of Fort Worth and Trinity River Authority. Council follows a policy of passing through wholesale increases to the customers. For FY20, the council approved a 2% rate increase.



Wholesale Cost



Water Operations



Wastewater Operations



Billing & Maintenance Services



Admin Services



Engineering Services

General Fund Tax Expenditures

The general fund tracks the revenues and expenditures associated with general purpose property and sales taxes collected by the city. As is typical with most cities, just over half our expenditures in the general fund are related to public safety. Public safety is one of the council’s strategic priorities and illustrates how the priorities guide the development of the annual budget.



Legislative & Public Services



Admin



Planning & Development



Non Departmental



Public Works



Community Services



Public Safety & Judicial Services

Hurst Public Library

901 Precinct Line Road, Hurst, TX // 817-788-7300 // www.HurstTX.gov/Library



L.D. Bell Art Reception

March 5, 7:00PM

Come see art pieces by students from L.D. Bell High School. Share refreshments and mingle with the student artists whose work will be on display for the month of March. Bring a friend!



Monday, Wednesday, Friday, Saturday: 10:00AM-6:00PM // Tuesday, Thursday: 10:00AM-9:00PM



Ongoing Adult Programs

Adult Games, Games, Games!

Come play games and meet new people at the Library! Play Ticket to Ride, Clue, Catan, Splendor, and more! Or bring your own game to share!

7:00PM // First Thursday

2:00PM // Third Saturday

Brown Bag Book Club

First Thursday of the month at noon in the Library reading alcove.

Join us for an informal book discussion.

January 2 - *Your Favorite Book of 2019* (bring in a book you loved and tell us all about it!)

February 6 - *Geekerella* by Ashley Poston

March 5 - *A Crack in the Edge of the World* by Simon Winchester

AARP Tax Assistance

Visit the library after January 2 to set up your appointment (required).

Noon-4:00PM // T // 2/4-4/7

Hurst Public Library



Ongoing Children's Programming

Chess Club

Elementary School Ages+ // 4:00-5:00PM // M

Story Time

3 - 6 Years // 10:45-11:15AM // T

Toddler Time

1 - 3 Years // 10:00-10:30AM // M & TH

1,000 Books Before Kindergarten

Children who have not started kindergarten and their caregivers

A self-paced, ongoing program to provide a simple, innovative yet fun approach to establishing strong early literacy skills in young children by reaching the goal of reading 1000 books before kindergarten; incentives for every 100 books read through 1000. To register, go to www.hursttx.gov/kidstuff.

STEM Engine

Geared to elementary ages, but younger may come with an adult

A come and go event with a different STEM activity each week

3:00-5:00PM // W // Through May 27



Hurst Public Library



Children's Programming

Puppet People Workshop

4th-8th Graders

Are you interested in different kinds of puppets? Or maybe readers' theater? Would you like to work with other kids interested in performing a variety of skits for special Library programs this spring and summer? Now is your chance – come give it a try! Call 817.788.7302 to register.

4:00-5:00PM // T // 1/7, 1/21, 2/4, 2/18, 3/3, 3/17

Babygarten

Children birth-18 months and an accompanying caregiver

Babygarten is an educational curriculum involving songs, rhymes and activities that help babies with language acquisition and preliteracy skills. Space is limited, so please register at 817.788.7302.

10:30-11:30AM // W // 1/22-2/26

10:30-11:30AM // S // 1/25-2/29

Train Car Creations

Children of all ages are invited to create their own train cars out of boxes and poster board. A variety of media will be available to design and decorate personal train cars. All participants will be encouraged to show off their creations in the Train Parade on Saturday, January 18.

5:00-8:00PM // 1/14, 1/16

Train Parade

The Kids' Express will track around the Library for all to enjoy. Come see the train cars kids and families have made or, better yet, be a part of the fun and create your own train car on January 14 and 16! At the end of the line, participants and viewers are invited to a special party celebrating trains

11:00AM // S // 1/18

Story Laboratory

A selection of stories, a smattering of science, a creative component – experience stories in many different ways and not just with your eyes and ears!

7:00PM // 2/11 // *Music Magic*

7:00PM // 3/10 // *Awesome Aliens*

Take Your Child to the Library Day

For All Ages

The library—it's more than just a bunch of books (though we think books are great)! Crafts and activities, including a couple of Library tours that take you behind the scenes, will be taking place throughout the day to give you a taste of what the library has for you! PLUS: A special performance by performers from the Artisan Children's Theater at 3 p.m. highlighting their upcoming production of *Alice in Wonderland*.

10:00AM-6:00PM // S // 2/1

Spring in for a Movie

For All Ages

Make movie matinees part of your spring break each week day. Enjoy a family favorite on the big screen complete with free popcorn provided by the Friends of the Library.

2:00PM // 3/9-13

Hurst Public Library



Teen Zone

All programs are open to teens in grades 6-12 unless otherwise noted.

All programs are open to teens in grades 6-12 unless otherwise noted.

Chess Club

Students of all ages through high school

4:00-5:00PM // M

Teen Innovation Panel

Ages 14 - 18

Earn volunteer hours for school by planning teen programs, contributing ideas to the Library's collection, and helping to make the library more teen friendly. Application is required to join.

7:00PM // TH // 1/16, 2/20, 3/19

Fanime Club

Whether you're new to Japanese animation or a long-time fan, join your fellow otaku as we watch anime, read manga, and celebrate Japanese culture. No registration required.

6:30PM // 1/23, 2/27, 3/26

Lit Flix

Join us for a lit movie and free popcorn in the Teen Zone!

6:30PM // 1/30, 2/6

Adulting 101

Do you know how to change a tire? Open a bank account and keep it balanced? Write a resume? If not, join us as we share tips and tricks to make your journey to adulthood the G.O.A.T.

7:00PM // TH // 1/9

Chocolate Olympics

Join us for an afternoon of chocolate fun! Relay races, pie-eating contests, M&M sorting and more! Bring your appetites and your friends.

7:00-8:00PM // TH // 2/13

Spring Break Crafternoons

Staying home for spring break? Don't let FOMO get you down! Come to the library every afternoon for cool DIYs that will make even your jet-setting friends jealous.

4:00-5:00PM // TH // 3/9-13

Hurst Public Library



Programs for All Ages

Masterworks at the Library

Free for all ages, the Masterworks Music Series is an ongoing concert series funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with Arts Council Northeast.

Please check the library website for upcoming concert information.

7:00PM // Fourth Thursday

Sing-Along Cinema!

For All Ages

What better way to spend a Saturday afternoon than with a big screen showing of a movie musical and free popcorn? Drinks are available for \$1 in the Friend's Café or bring your own. Unlike a regular movie theater where silence is golden, we encourage you to sing along with the movie in this interactive screening!

3:00PM // S

January 11 - *The Wizard of Oz*

March 7 - *Mamma Mia!*

Early Release Movie Matinees

For All Ages

Join us at 2:00PM in the Library program room for a movie on the big screen. Free popcorn provided! Check the website upcoming movie details.

2:00PM // F // 1/17

Make and Take Craft

For All Ages

Stop by our table for a FREE seasonal craft for you to make and take home with you. This craft is for all ages, but our younger library friends may need help from an adult or older sibling.

6:30-7:30PM // 2/13

Classes begin the week of January 6

(unless otherwise indicated)



HURST RECREATION CENTER

Make your New Year's Resolutions at the Hurst Recreation Center

If your New Year's resolution is to improve your personal health, wellness and fitness, the Hurst Recreation Center is the place for you. Our very affordable rates for both annual and daily passes will help you accomplish all of your resolutions including the one to save more money in 2019!

Come and enjoy our activities and programs: 100's of classes, shoot some hoops with your friends, enjoy a game of racquetball, volleyball or pickleball, use the jogging/walking track to get some exercise, or work out in our state-of-the-art fitness center. Equipment for all activities are available for check out with your "Quality of Life" Rec Card at the front desk of the Recreation Center.

If fitness is your thing, there are many fitness classes to help you reach all of your fitness goals. You can also schedule a session with our personal trainer to formulate a custom-designed fitness plan, and our Fitness Center has all of the equipment you will need to complete your workouts. The Cardio Room is equipped with treadmills, elliptical crosstrainers, and lateral trainers, all of which have individual television screens that will allow you to watch your favorite TV show while you workout. You can also use your iPod to listen to your favorites or enjoy our new HDTVs while using not

only our treadmills and ellipticals, but our bikes, stairclimbers, rowing machines and seated crosstrainers as well. There is literally something for everyone! And any complete fitness program includes a strength training regimen. We have an extensive selection of machined weights and plate-loaded strength equipment, as well as dumbbells and flexibility equipment. For more information on any of our activities or classes, contact the Recreation Center 817.788.7325.

Our Commitment to Quality

Your satisfaction is our goal. We strive to provide you with quality recreation programs, and we take pride in making your recreation experience an enjoyable one. Join us this season for recreational, educational and lifelong health and fitness opportunities.

If you are not completely satisfied with your recreational experience, please call us at 817-788-7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation.



Hours of Operation

Monday-Thursday // 6:30AM-10:00PM

Friday // 6:30AM-6:00PM

Saturday // 9:00AM-6:00PM

Sunday // 1:00PM-6:00PM

Contact Information

700 Mary Drive
Hurst, TX 76053
817-788-7325

* Members ages 12-13 must have an adult present at all times to use the Fitness Rooms. Members ages 12-15 must provide proof of age when registering for a Youth Fitness Pass.

Recreation Center Fees

Hurst Residents

Daily Pass: **\$2**

Youth Annual Pass (6-15 Years):
\$20 Per Year

Youth Fitness Annual Pass (12-15 Years):
\$50 Per Year (\$5/monthly draft)

* 12-13 Years must have adult supervision

Adult Annual Pass (16-64 Years):
\$50 Per Year (\$7/monthly draft)

Senior Annual Pass (65+ Years):
\$20 Per Year (\$4/monthly draft)

Family Annual Pass:
\$125 Per Year (\$13/monthly draft)

Replacement Card Fee: **\$5**

Non-Hurst Residents

Daily Pass: **\$10**

Youth Annual Pass (6-15 Years):
\$80 Per Year

Youth Fitness Annual Pass (12-15 Years):
\$200 Per Year (\$18/monthly draft)

* 12-13 Years must have adult supervision

Adult Annual Pass (16-64 Years):
\$200 Per Year (\$20/monthly draft)

Senior Annual Pass (65+ Years):
\$80 Per Year \$9/monthly draft)

Family Annual Pass:
\$400 Per Year (\$35/monthly draft)

Replacement Card Fee: **\$5**

Help Us Help You!

Please Enroll Early

Help us keep your favorite classes around by enrolling early. There is a point when a class must be canceled due to low enrollment. Help us prevent class cancellations by registering early!

3 Years and Younger Programs

ABC & 123

2 - 3 Years // Supply fee \$5

Come create fun projects to help with letters and number concepts. We will use multi-sensory activities and crafts to develop these skills.

Instructor: Tawny Goetschius

Winter I

11123-A

9:45-10:15AM // M // 4WKS // 1/6 // \$18

11123-B

9:45-10:15AM // F // 4WKS // 1/10 // \$18

Winter II

12123-A

9:45-10:15AM // M // 4WKS // 2/10 // \$18

12123-B

9:45-10:15AM // F // 4WKS // 2/14 // \$18

Awesome Two's

2 Years // Supply fee \$5

Let's get together and play! We will learn our shapes and colors, create crafts, and just have a blast playing and learning at the same time!

Instructor: Dottie Nicholson

Winter I

11090-A

9:00-9:45AM // M // 4WKS // 1/6 // \$19

Winter II

12090-A

9:00-9:45AM // M // 4WKS // 2/10 // \$19

Claymates

2 - 3 Years // Supply fee \$10

Clay is a great tool for working on those fine motor skills while having fun! Your child will bring home projects made in class. At least one parent required.

Instructor: Dottie Nicholson

Winter I

11145-A

9:00-9:30AM // W // 4WKS // 1/8 // \$18

Fitness Fun

2 - 6 Years

We will get the blood moving with physical education! Tennis shoes required.

Instructor: Tawny Goetschius

Winter I

11777-A

Noon-12:30PM // M // 4WKS // 1/6 // \$18

11777-B

Noon-12:30PM // F // 4WKS // 1/10 // \$18

Winter II

12777-A

Noon-12:30PM // M // 4WKS // 2/10 // \$18

12777-B

Noon-12:30PM // F // 4WKS // 2/14 // \$18

Happy Feet

2 Years

Let's get those feet tapping and those bodies moving! We will have fun with music and movement while working on the development of our gross motor skills.

Instructor: Dottie Nicholson

Winter I

11095-A

9:00-9:30AM // F // 4WKS // 1/10 // \$18

Winter II

12095-A

9:00-9:30AM // F // 4WKS // 2/14 // \$18

Little Painters

2 Years // Supply fee \$5

Let the artist in your child shine through! We'll create masterpieces using finger paints, stencils, sponges, and even rocks!

Instructor: Dottie Nicholson

Winter I

11333-A

10:00-10:30AM // M // 4WKS // 1/6 // \$18

Winter II

12333-A

10:00-10:30AM // M // 4WKS // 2/10 // \$18

Little Tyke Soccer

2-3 Years

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport. (Tennis shoes required)

Instructor: Stacie Castillo

Winter I

11600-A

9:00-9:30AM // F // 4WKS // 1/10 // \$18

Winter II

12600-A

9:00-9:30AM // F // 4WKS // 2/14 // \$18



»»» Please Remember

Class supply fees are due to the instructor on the first class.

»»» Please Remember

Registration for classes must be completed in advance. The deadline for registration in youth programs is one week prior to the start date of the class.

3 Years and Younger Programs



Parent Tot Music Fun

18 MOS - 2 Years // Supply fee \$5

It's playtime! Come explore music and crafts that help with fine motor skills, as well as play games associated with gross motor skills and interactions with others. At least one parent required.

Instructor: Dottie Nicholson

Winter I

11130-A

10:30-11:00AM // W // 4WKS // 1/8 // \$18

Winter II

12130-A

10:30-11:00AM // W // 4WKS // 2/12 // \$18

Parent Tot Soccer

1-2 Years

Time to not only play with your tot, but get some exercise as well! We will learn the basics of soccer and how to make a GOOOOOOAAAAALLLLL! (Tennis shoes required.) One child per parent.

Instructor: Stacie Castillo

Winter I

11700-A

8:30-9:00AM // F // 4WKS // 1/10 // \$18

Winter II

12700-A

8:30-9:00AM // F // 4WKS // 2/14 // \$18

»» Please Remember

In order to provide the best learning environment, and with the student's best interest in mind, we ask that parents/guardians dropping off students for class remain in one of the designated lobby areas once the class begins. The quality of instruction is enhanced by minimizing interruptions.



3 Years and Younger Programs



Shapes & Colors

2 - 5 Years // Supply fee \$5

Let's have fun together learning all about different shapes and colors!

Instructor: Tawny Goetschius

Winter I

11405-A
10:45-11:15AM // M // 4WKS // 1/6 // \$18

11405-B
10:45-11:15AM // F // 4WKS // 1/10 // \$18

Winter II

12405-A
10:45-11:15AM // M // 4WKS // 2/10 // \$18

12405-B
10:45-11:15AM // M // 4WKS // 2/14 // \$18

Winter Crafts

2 - 5 Years // Supply fee \$10

Let's use music to get our creativity flowing to make fall crafts! We will use instruments, paints, scissors and glue to create wonderful masterpieces with an autumn theme.

Instructor: Tawny Goetschius

Winter I

11015-A
11:15-11:45AM // M // 4WKS // 1/6 // \$18

11015-B
11:15-11:45AM // F // 4WKS // 1/10 // \$18

Winter II

12015-A
11:15-11:45AM // M // 4WKS // 2/10 // \$18

12015-B
11:15-11:45AM // M // 4WKS // 2/14 // \$18

Phonics Fun

2 - 5 Years // Supply fee \$5

Come learn your letters and sounds with fun projects. We will work together to learn our letters.

Instructor: Tawny Goetschius

Winter I

11030-A
10:15-10:45AM // M // 4WKS // 1/6 // \$18

11030-B
10:15-10:45AM // F // 4WKS // 1/10 // \$18

Winter II

12030-A
10:15-10:45AM // M // 4WKS // 2/10 // \$18

12030-B
10:15-10:45AM // F // 4WKS // 2/14 // \$18

NEW CLASS!

Sensory Play

2.5 - 4 Years // Supply fee \$5

Children learn best through play! This class will allow your child to develop abilities to differentiate qualities of color, form, size, texture, temperature and weight with fun and interactive sensory activities. Sensory play supports language development, cognitive growth, motor skills, problem solving skills and social interaction. **Please keep in mind that there may be messy things involved when dressing your child for class.**

Instructor: Miranda Kirkpatrick (BS in Child Development)

Winter I

11135-A
6:15-6:45PM // W // 4WKS // 1/8 // \$18

11135-B
11:40AM-12:10PM // TH // 4WKS // 1/9 // \$18

Winter II

12135-A
6:15-6:45PM // W // 4WKS // 2/12 // \$18

12135-B
11:40AM-12:10PM // TH // 4WKS // 2/13 // \$18

»» Please Remember

To assist in providing a good learning environment, students ages 3 and up must be toilet trained.

3 Years and Older Programs

Ballet

3 - 6 Years

Let your inner ballerina come to life! Your little dancer will safely and effectively learn basic ballet and stretching techniques while twirling into a social butterfly! (Ballet shoes, pink or black dance leotard and tights required.)

Instructor: Jennifer Shafer

Winter I

11180-A (3-4 Years)

12:30-1:00PM // M // 4WKS // 1/6 // \$18

11180-B (5-6 Years)

5:00-5:30PM // W // 4WKS // 1/8 // \$18

11180-C (4-5 Years)

12:30-1:00PM // F // 4WKS // 1/10 // \$18

Winter II

12180-A (3-4 Years)

12:30-1:00PM // M // 4WKS // 2/10 // \$18

12180-B (5-6 Years)

5:00-5:30PM // W // 4WKS // 2/12 // \$18

12180-C (4-5 Years)

12:30-1:00PM // F // 4WKS // 2/14 // \$18

Cake Decorating for Kids

4+ Years // Supply fee \$10

Pass the sprinkles and icing! Learn the basic skills of cake and cookie decorating.

Instructor: Stacie Castillo

Winter I

11020-A

9:30-10:00AM // W // 4WKS // 1/8 // \$18

Winter II

12020-A

9:30-10:00AM // W // 4WKS // 2/12 // \$18

Claytime Fun

3 - 6 Years // Supply fee \$10

Does your pre-schooler need to work on those fine motor skills? Clay is a great tool for working on those skills while having fun!

Instructor: Dottie Nicholson

Winter I

11125-A

9:45-10:15AM // W // 4WKS // 1/8 // \$18

Cooking for Fun

3 - 6 Years // Supply fee \$10

Let's learn about different foods and how to prepare them for us to enjoy!

Instructor: Dottie Nicholson

Winter I

11250-A

10:30-11:15AM // F // 4WKS // 1/10 // \$19

Winter II

12250-A

10:30-11:15AM // F // 4WKS // 2/14 // \$19

Creative Art for Kids

4 - 7 Years // Supply fee \$5

Get creative and have fun with art! Students will make a new project weekly- including drawing, painting, sculpture and more! While creating art, students will develop fine motor skills, learn basic art concepts and gain a sense of accomplishment.

Instructor: Michelle King (Certified EC-12 Art Teacher)

Winter I

11033-A

10:00-10:30AM // T // 4WKS // 1/7 // \$20

Winter II

12033-A

10:00-10:30AM // T // 4WKS // 2/11 // \$20



3 Years and Older Programs



Dinosaurs

3 - 6 Years // Supply fee \$10

You think you know your dinosaurs? Learn about new ones! These are some of the cutest dinos to ever roam the Earth, but you may not have heard of them!

Instructor: Dottie Nicholson

Winter I

11699-A

11:30AM-12:15PM // M // 4WKS // 1/6 // \$19

Winter II

12699-A

11:30AM-12:15PM // M // 4WKS // 2/10 // \$19

Doodle O's

3 - 6 Years // Supply fee \$5

Come have fun learning to draw using our basic shapes!

Instructor: Dottie Nicholson

Winter II

12114-A

9:00-9:30AM // W // 4WKS // 2/12 // \$18

Kids Cooking

3 - 6 Years // Supply fee \$10

Let's have fun cooking kid friendly food, made for the kids soul!

Instructor: Stacie Castillo

Winter I

11205-A

10:00-10:45AM // W // 4WKS // 1/8 // \$20

3 Years and Older Programs

Kitchen Chem Fun

3 - 6 Years // Supply fee \$10

In this class we will use food for lots of fun science experiments.

Instructor: Stacie Castillo

Winter I

11305-A

9:00-9:30AM // W // 4WKS // 1/8 // \$18

Winter II

12305-A

9:00-9:30AM // W // 4WKS // 2/12 // \$18

Kitchen Science

3 - 6 Years // Supply fee \$10

Did you know there are tons to learn about science while in the kitchen? Science is all around us and we'll explore science in the kitchen!

Instructor: Dottie Nicholson

Winter I

11205-A

9:45-10:15AM // F // 4WKS // 1/10 // \$18

Winter II

12205-A

9:45-10:15AM // F // 4WKS // 2/14 // \$18

Let's Paint

3 - 6 Years // Supply fee \$5

We'll create masterpieces using finger paints, stencils, sponges, and even rocks!

Instructor: Dottie Nicholson

Winter II

12115-A

9:45-10:15AM // W // 4WKS // 2/12 // \$18

Little Gardeners

3 - 6 Years // Supply fee \$10

We'll create masterpieces using finger paints, stencils, sponges, and even rocks!

Instructor: Dottie Nicholson

Winter II

12075-A

10:45-11:15AM // M // 4WKS // 2/10 // \$18



Little Tyke Basketball

4 - 6 Years // Tennis shoes required

Dribbling, passing, and shooting are all part of the basics of basketball. Let's give it a try!

Instructor: Stacie Castillo

Winter I

11335-A

4:30-5:00PM // W // 4WKS // 1/8 // \$18

11335-B

10:00-10:30AM // F // 4WKS // 1/10 // \$18

Winter II

12335-A

4:30-5:00PM // W // 4WKS // 2/12 // \$18

12335-B

10:00-10:30AM // F // 4WKS // 2/14 // \$18

Little Tyke Soccer

3 - 6 Years // Tennis shoes required

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport.

Instructor: Stacie Castillo

Winter I

(3 - 4 Years)

11600-B

5:00-5:30PM // W // 4WKS // 1/8 // \$18

(4 - 6 Years)

11600-C

9:30-10:00AM // F // 4WKS // 1/10 // \$18

Winter II

(3 - 4 Years)

12600-B

5:00-5:30PM // W // 4WKS // 2/12 // \$18

(4 - 6 Years)

12600-C

9:30-10:00AM // F // 4WKS // 2/14 // \$18

3 Years and Older Programs



Messy on Purpose

3 - 6 Years // Supply fee \$10

Do you like making a mess? Let's do it together! We will make a mess with homemade clay, shaving cream, and pudding, just to name a few.

Instructor: Dottie Nicholson

Winter I

11195-A

10:45-11:15AM // M // 4WKS // 1/6 // \$18

My Little Princess

3 - 6 Years // Supply fee \$5

Calling all princess of the royal kingdom! We will learn while having fun dressing up, role playing, listening to music and creating crafts.

Instructor: Dottie Nicholson

Winter I

11111-A

11:15AM-Noon // W // 4WKS // 1/8 // \$19

My Pony Friends

3 - 6 Years // Supply fee \$5

Let's have fun down on the farm with our pony friends! We'll play games and make crafts in this pony party class!

Instructor: Dottie Nicholson

Winter I

121112-A

11:15AM-Noon // W // 4WKS // 2/12 // \$19

»»» Please Remember

In order to provide the best learning environment, children ages 3 and up must be toilet-trained.

3 Years and Older Programs



Tap

3 - 5 Years // Tap shoes required

Clickity Clack Tap! Your little tapper will dance the night away with this fun class! We will learn basic tap techniques all while making lots of noise! (Pink or black dance leotard and tights for girls, white shirt and black shorts/pants for boys.)

Instructor: Jennifer Shafer

Winter I

11065-A (3-4 Years)

1:00-1:30PM // M // 4WKS // 1/6 // \$18

11065-B (5-6 Years)

5:30-6:00PM // W // 4WKS // 1/8 // \$18

11065-C (4-5 Years)

1:00-1:30PM // F // 4WKS // 1/10 // \$18

Winter II

12065-A (3-4 Years)

1:00-1:30PM // M // 4WKS // 2/10 // \$18

12065-B (5-6 Years)

5:30-6:00PM // W // 4WKS // 2/12 // \$18

12065-C (4-5 Years)

1:00-1:30PM // F // 4WKS // 2/14 // \$18

Pre-K 3's

3 Years // Supply fee \$10

This class will help your little one prepare for starting Pre-Kindergarten. We will work on alphabet and number recognition, writing and scissor skills, arts, crafts and listening. Students will grow their socializing skills, fine motor skills and gross motor skills.

Instructor: Dottie Nicholson

Winter I

11052-A

9:00-10:30AM // T TH // 4WKS // 1/7 // \$65

11052-B

11:00AM-12:30PM // T TH // 4WKS // 1/7 // \$65

Winter II

12052-A

9:00-10:30AM // T TH // 4WKS // 2/11 // \$65

12052-B

11:00AM-12:30PM // T TH // 4WKS // 2/11 // \$65

Sweets Galore!

3 - 6 Years // Supply fee \$10

Come make and taste a new sweet treat each week!

Instructor: Stacie Castillo

Winter II

12029-A

10:00-10:45AM // W // 4WKS // 2/12 // \$20



3 Years and Older Programs



Ready for Kindergarten – Prep Program

4 - 5 Years

This program is designed to prepare your student for Kindergarten. The program meets Monday-Thursday from 8:30 a.m. - 2:30 p.m. and is an on-going program following the HEB ISD School Calendar.

The class is structured like Kindergarten and prepares your child for their big step into formal education. The goal is to help each child develop a love of learning in a safe and caring environment. This program follows the Frog Street Press curriculum. The children are exposed to reading, writing, math, and science.

Our teacher, Anne Stokes, graduated from Indiana University with a B.S. in Education majoring in Elementary Education and a minor in Early Childhood Education and Reading. She has taught Kindergarten and first grade in the Dallas/Ft Worth area. However, her true calling is Pre-schoolers and began teaching this program in 2011.

The monthly fee is due by the first class of each month. If the fee is not paid by the first class of the month, the child is not able to participate in class. The class is limited to 12 children and is a school year commitment. A \$35 supply fee is due to the instructor at the beginning of the school year and once again in January.

Instructor: Anne Stokes (Experienced and Certified School Teacher – B.S. in Education in Elementary Education and a minor in Early Childhood Education and Reading.)

December

11050-E

8:30AM-2:30PM // M-TH // 3WKS // 12/2 // \$220

January

11050-A

8:30AM-2:30PM // M-TH // 4WKS // 1/6 // \$300

February

11050-B

8:30AM-2:30PM // M-TH // 4WKS // 2/3 // \$300

March

11050-C

8:30AM-2:30PM // M-TH // 3WKS // 3/2 // \$280

Youth Programs



Basketball 101

7 - 12 Years // Tennis shoes required

Dribbling, passing and shooting are all part of the basics of basketball. Let's give it a try!

Instructor: Stacie Castillo

Winter I

21101-A

5:30-6:00PM // W // 4WKS // 1/8 // \$18

Winter II

22101-A

5:30-6:00PM // W // 4WKS // 2/12 // \$18

NEW CLASS!

Basketball FUNdamentals 1

5 - 8 Years // Tennis shoes required

All you need to know to play youth basketball and have fun doing it!

Instructor: Micah Langat

Winter I

21445-A

5:00-5:45PM // M // 4WKS // 1/6 // \$20

Winter II

22445-A

5:00-5:45PM // M // 4WKS // 2/10 // \$20

Athletics

4 - 12 Years // Tennis shoes required

Let's get moving with athletics! We will follow a typical PE format including individual skills as well as team interaction.

Instructor: Tammy Slovensky

Winter I

11300-A

11:30AM-Noon // W // 4WKS // 1/8 // \$18

Winter II

12300-A

11:30AM-Noon // W // 4WKS // 2/12 // \$18

Ballet

6 - 12 Years // Ballet shoes required

In this class, you will perform basic barre and center work. We will also work on technique, phrasing, timing and other foundational dance concepts.

Instructor: Sherri Longino

Winter I

21120-A

5:45-6:15PM // TH // 4WKS // 1/9 // \$18

Winter II

22120-A

5:45-6:15PM // TH // 4WKS // 2/13 // \$18

»»» Please Remember

Class supply fees are due to the instructor on the first class.



Youth Programs



Girls Volleyball Beginner Basics

7 - 12 Years // Tennis shoes required

Do you have an interest in playing volleyball? We will learn the basics to get you started.

Instructor: Stacie Castillo

Winter I

21035-A

6:15-7:00PM // W // 4WKS // 1/8 // \$20

Winter II

22035-A

6:15-7:00PM // W // 4WKS // 2/12 // \$20

Guitar - Prep

5 - 8 Years // Half-size guitar and parent participation required

We will practice basic muscle memory, pitch and rhythm exercises laying the groundwork for good guitar technique. You will learn basic songs.

Instructor: Jan Ryberg

Winter I

21020-A

3:45-4:30PM // M // 4WKS // 1/6 // \$35

Winter II

22020-A

3:45-4:30PM // M // 4WKS // 2/10 // \$35

Guitar - Youth

8 - 11 Years // Appropriate size guitar required

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility, and strength. (Electronic clip-on tuners are suggested. Parents are welcome to participate.)

Instructor: Jan Ryberg

Winter I

21020-B

4:30-5:15PM // M // 4WKS // 1/6 // \$35

Winter II

22020-B

4:30-5:15PM // M // 4WKS // 2/10 // \$35

NEW CLASS!

Basketball FUNDamentals 2

9 - 12 Years // Tennis shoes required

All you need to know to play youth basketball and have fun doing it!

Instructor: Micah Langat

Winter I

21450-A

6:00-6:45PM // M // 4WKS // 1/6 // \$20

Winter II

22450-A

6:00-6:45PM // M // 4WKS // 2/10 // \$20

Creative Art for Kids

8 - 12 Years // Supply fee \$5

Get creative and have fun with art! Students will enhance and explore their natural creativity through weekly projects- including drawing, painting, sculpture and more! While creating art, students will learn to see and think like an artist, apply art concepts and gain a sense of accomplishment.

Instructor: Michelle King (Certified EC-12 Art Teacher)

Winter I

21033-A

10:35-11:20AM // T // 4WKS // 1/7 // \$22

Winter II

22033-A

10:35-11:20AM // T // 4WKS // 2/11 // \$22

Private Guitar Lessons

All ages

Are you looking to develop your existing guitar skills? Or are you a beginner wanting the basics of playing? Private guitar lessons are now available! Private sessions can be scheduled on Tuesdays, from 6 to 9:30 pm and on Saturdays, from 1 to 4 pm. Contact the Hurst Recreation Center to schedule lessons.

Instructor: Jan Ryberg

30 Minute Lesson: \$30

Hippity-Hop Dance

6 - 12 Years

Interested in hip-hop dance? We will keep it fun and creative while learning basics.

Instructor: Sherri Longino

Winter I

21333-A

5:15-5:45PM // TH // 4WKS // 1/9 // \$18

Winter II

22333-A

5:15-5:45PM // TH // 4WKS // 2/13 // \$18

Karate/Self-Defense

5 - 15 Years

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

Instructor: Bob Klavitter

Winter I

(Beginner 8-15 years)

21111-A

6:00-8:00PM // M // 4WKS // 1/6 // \$23

(Beginner 5-7 years)

21111-B

4:00-5:00PM // MW // 4WKS // 1/6 // \$23

(Advanced 8-15 years)

21111-C

5:00-6:00PM // MW // 4WKS // 1/6 // \$23

Winter II

(Beginner 8-15 years)

22111-A

6:00-8:00PM // M // 4WKS // 2/10 // \$23

(Beginner 5-7 years)

22111-B

4:00-5:00PM // MW // 4WKS // 2/10 // \$23

(Advanced 8-15 years)

22111-C

5:00-6:00PM // MW // 4WKS // 2/10 // \$23

»»» Please Remember

Registration for classes must be completed in advance. The deadline for registration in youth programs is one week prior to the start date of the class.

NEW CLASS!

Kids Kickboxing

8 - 15 Years // Gloves and hand wraps required

Students will learn the basics of boxing, including punches and footwork. They will work with the instructor and with a partner to practice punching combinations. Please note that this is a non-contact class; there is no sparring involved.

Instructor: Jennifer Grossman

Winter I

21045-A

5:00-5:45PM // T // 4WKS // 1/7 // \$25

Winter II

22045-A

5:00-5:45PM // T // 4WKS // 2/11 // \$25



Youth Programs

Olympic Sport of Judo

5 - 13 Years

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from an 11-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. Judo involves throwing and grappling techniques. This is an on-going monthly class with new students starting on the first Monday of the month.

Instructor: Kim Mesa (6th degree black belt and certified USA Judo International Coach)

December:

28900-D

6:00-7:00PM // MW // MONTHLY // 12/2 // \$40

January:

21900-A

6:00-7:00PM // MW // MONTHLY // 1/6 // \$40

February:

21900-B

6:00-7:00PM // MW // MONTHLY // 2/3 // \$40

March:

21900-C

6:00-7:00PM // MW // MONTHLY // 3/2 // \$40

Science Matters

6+ Years // Supply fee \$5

Homeschoolers join us for hands-on experiments and learn about different sciences.

Instructor: Dottie Nicholson

Winter I

21130-A

2:00-2:30PM // T // 4WKS // 1/7 // \$18

Winter II

22130-A

2:00-2:30PM // T // 4WKS // 2/11 // \$18

Sewing I & II

7+ Years // Supply fee \$12

We will learn basic sewing techniques by hand and by machine. We will also learn how to sew by using a pattern.

Instructor: Dottie Nicholson

Winter I

21420-A

4:00-5:00PM // T // 4WKS // 1/7 // \$22

Winter II

22420-A

4:00-5:00PM // T // 4WKS // 2/11 // \$22

Tap

6 - 12 Years // Tap shoes required

In this class you will learn the basic of tap dancing. We will also work on technique, phrasing, timing, and other foundational dance concepts.

Instructor: Sherri Longino

Winter I

21160-A

6:15-6:45PM // TH // 4WKS // 1/9 // \$18

Winter II

22160-A

6:15-6:45PM // TH // 4WKS // 2/13 // \$18

U. S. Presidents

6+ Years // Supply fee \$5

Don't know who the Presidents are? This is your chance to learn all about them!

Instructor: Dottie Nicholson

Winter I

21856-A

2:45-3:30PM // T // 4WKS // 1/7 // \$19

Winter II

22856-A

2:45-3:30PM // T // 4WKS // 2/11 // \$19

»»» Please Remember

In order to provide the best learning environment, and with the student's best interest in mind, we ask that parents/guardians dropping off students for class remain in one of the designated lobby areas once the class begins. The quality of instruction is enhanced by minimizing interruption.





Tiny Tykes

2.5 - 3.5 Years

Here's a class that introduces your child to the basic motor skills for tumbling and acquaints tots with the gymnastics equipment.

Winter I

Instructor: Tammy Slovinsky

31030-A

10:00-10:30AM // T // 4WKS // 1/7 // \$18

31030-B

10:00-10:30AM // W // 4WKS // 1/8 // \$18

Instructor: Miranda Kirkpatrick

31030-C

5:00-5:30PM // W // 4WKS // 1/8 // \$18

31030-D

10:00-10:30AM // TH // 4WKS // 1/9 // \$18

Instructor: Jennifer Shafer

31030-E

10:00-10:30AM // M // 4WKS // 1/6 // \$18

31030-F

10:00-10:30AM // F // 4WKS // 1/10 // \$18

Winter II

Instructor: Tammy Slovinsky

32030-A

10:00-10:30AM // T // 4WKS // 2/11 // \$18

32030-B

10:00-10:30AM // W // 4WKS // 2/12 // \$18

Instructor: Miranda Kirkpatrick

32030-C

5:00-5:30PM // W // 4WKS // 2/12 // \$18

32030-D

10:00-10:30AM // TH // 4WKS // 2/13 // \$18

Instructor: Jennifer Shafer

32030-E

10:00-10:30AM // M // 4WKS // 2/10 // \$18

32030-F

10:00-10:30AM // F // 4WKS // 2/14 // \$18

Parent/Tot Tumbling

16 - 36 Mos // One Child Per Parent

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling and coordination.

Winter I

Instructor: Tammy Slovinsky

31040-A

9:30-10:00AM // T // 4WKS // 1/7 // \$18

31040-B

9:30-10:00AM // W // 4WKS // 1/8 // \$18

Instructor: Miranda Kirkpatrick

31040-C

4:30-5:00PM // W // 4WKS // 1/8 // \$18

31040-D

9:30-10:00AM // TH // 4WKS // 1/9 // \$18

Instructor: Jennifer Shafer

31040-E

9:30-10:00AM // M // 4WKS // 1/6 // \$18

31040-F

9:30-10:00AM // F // 4WKS // 1/10 // \$18

Winter II

Instructor: Tammy Slovinsky

32040-A

9:30-10:00AM // T // 4WKS // 2/11 // \$18

32040-B

9:30-10:00AM // W // 4WKS // 2/12 // \$18

Instructor: Miranda Kirkpatrick

32040-C

4:30-5:00PM // W // 4WKS // 2/12 // \$18

32040-D

9:30-10:00AM // TH // 4WKS // 2/13 // \$18

Instructor: Jennifer Shafer

32040-E

9:30-10:00AM // M // 4WKS // 2/10 // \$18

32040-F

9:30-10:00AM // F // 4WKS // 2/14 // \$18

Tumbling Tots I

3 - 4 Years

Your tot will strengthen motor skills and enhance their coordination while learning tumbling skills and the use of all gymnastics equipment.

Winter I

Instructor: Tammy Slovensky

31011-A

10:30-11:00AM // T // 4WKS // 1/7 // \$18

31011-B

11:30AM-Noon // T // 4WKS // 1/7 // \$18

31011-C

10:30-11:00AM // W // 4WKS // 1/8 // \$18

Instructor: Miranda Kirkpatrick

31011-D

5:30-6:00PM // W // 4WKS // 1/8 // \$18

31011-E

10:30-11:00AM // TH // 4WKS // 1/9 // \$18

Instructor: Jennifer Shafer

31011-F

10:30-11:00AM // M // 4WKS // 1/6 // \$18

31011-G

9:00-9:30AM // F // 4WKS // 1/10 // \$18

31011-H

10:30-11:00AM // F // 4WKS // 1/10 // \$18

Winter II

Instructor: Tammy Slovensky

32011-A

10:30-11:00AM // T // 4WKS // 2/11 // \$18

32011-B

11:30AM-Noon // T // 4WKS // 2/11 // \$18

32011-C

10:30-11:00AM // W // 4WKS // 2/12 // \$18

Instructor: Miranda Kirkpatrick

32011-D

5:30-6:00PM // W // 4WKS // 2/12 // \$18

32011-E

10:30-11:00AM // TH // 4WKS // 2/13 // \$18

Instructor: Jennifer Shafer

32011-F

10:30-11:00AM // M // 4WKS // 2/10 // \$18

32011-G

9:00-9:30AM // F // 4WKS // 2/14 // \$18

32011-H

10:30-11:00AM // F // 4WKS // 2/14 // \$18



Tumbling Tots II

4 - 5 Years

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

Winter I

Instructor: Tammy Slovensky

31022-A

11:00-11:30AM // T // 4WKS // 1/7 // \$18

31022-B

11:00-11:30AM // W // 4WKS // 1/8 // \$18

Instructor: Miranda Kirkpatrick

31022-C

11:00-11:30AM // TH // 4WKS // 1/9 // \$18

Instructor: Jennifer Shafer

31022-D

11:00-11:30AM // M // 4WKS // 1/6 // \$18

31022-E

11:00-11:30AM // F // 4WKS // 1/10 // \$18

Winter II

Instructor: Tammy Slovensky

32022-A

11:00-11:30AM // T // 4WKS // 2/11 // \$18

32022-B

11:00-11:30AM // W // 4WKS // 2/12 // \$18

Instructor: Miranda Kirkpatrick

32022-C

11:00-11:30AM // TH // 4WKS // 2/13 // \$18

Instructor: Jennifer Shafer

32022-D

11:00-11:30AM // M // 4WKS // 2/10 // \$18

32022-E

11:00-11:30AM // F // 4WKS // 2/14 // \$18



Gymnastics

NEW CLASS!

Beginner Gymnastics

5+ Years

This class will explore the fundamentals of gymnastics, including tumbling, flexibility, leaps & turns, the balance beam and the uneven bars.

Instructor: Jennifer Grossman (GAT Certified)

Winter I

31062-A
4:00-4:45PM // M // 4WKS // 1/6 // \$20

31062-B
5:00-5:45PM // M // 4WKS // 1/6 // \$20

31062-C
6:00-6:45PM // T // 4WKS // 1/7 // \$20

31062-D
7:00-7:45PM // T // 4WKS // 1/7 // \$20

Winter II

32062-A
4:00-4:45PM // M // 4WKS // 2/10 // \$20

32062-B
5:00-5:45PM // M // 4WKS // 2/10 // \$20

32062-C
6:00-6:45PM // T // 4WKS // 2/11 // \$20

32062-D
7:00-7:45PM // T // 4WKS // 2/11 // \$20

NEW CLASS!

Youth Gymnastics

5-8 Years

Jump, tuck and balance! Learning fundamentals and skills to make gymnastics fun and interesting!

Instructor: Micah Langat

Winter I

31063-A
4:00-4:45PM // TH // 4WKS // 1/9 // \$20

Winter II

32063-A
4:00-4:45PM // TH // 4WKS // 2/13 // \$20



NEW CLASS!

Gymnastics Development

9-12 Years

Jump, tuck and balance! Expanding on fundamentals and skills to make gymnastics fun and interesting!

Instructor: Micah Langat

Winter I

31064-A
5:00-5:45PM // TH // 4WKS // 1/9 // \$20

Winter II

32064-A
5:00-5:45PM // TH // 4WKS // 2/13 // \$20





Free Personal Training Consultation

A 1-hour free training session with a trainer is the best way to find out if personal training is a good fit for you and to get a great workout. In the hour you will learn some great exercise and learn what you need to do to hit all your goals this year!

Instructor: Kyle Massingill (Certified Master Trainer)

Nutrition Counseling

One-Hour Session \$55 // Three Sessions \$130

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need. Expertise in weight loss and management, disease management, sports nutrition, eating disorders and general wellness. All evaluations are done by appointment.

Instructor: Esther White (MS, RD, LD)

Personal Training Packages

Instructor: Kyle Massingill (Certified Master Trainer)

Bronze Package

- 4 x hour long training sessions
Must complete training sessions within one month.
- Meal Guide
- Free Workout Shirt
- Access to our online training app with custom workout plans
- Recipe suggestions to help hit your goals
- Accountability to your goals

Price: \$250

Silver Package

- 8 x hour long training sessions
Must complete training sessions within one month.
- Nutrition Tracking
- Access to our online training app with custom workout plan

- Recipe Guide
- Free workout shirt
- Serious Accountability (Regular check ups)

Price: \$475

Gold Package

- 12 x hour long training sessions
Must complete training sessions within one month.
- Custom Meal Plan
- Nutrition Tracking
- Free Workout shirt and pull over
- Meal Guides
- Access to our online training app with custom workout plan
- Amazon Fresh Shopping lists
- Intense accountability: Daily check-ups, meal tracking and planning, phone calls, whatever it takes to hold you accountable

Price: \$700



Group Training

One-Hour Session \$25 per person
2 person minimum // 5 person maximum

Sessions are by appointment only.

Receive the benefits of working out with a personal trainer while training with your friends, family or coworkers and staying within your budget! Group training builds relationships and strengthens accountability. Sweat together, achieve together, celebrate together.

Group sessions include:

- 60 Minute Group Workout
- Meal planning
- Nutrition counseling
- 24/7 access to World Changing Fitness Personal Trainer for any questions and information
- Incredible results!

Instructor: Kyle Massingill (Certified Master Trainer)

Barre & Pilates

Ages 13+

The perfect blend. Barre, a combination of ballet, Pilates and yoga, focuses on isometric strength training exercises and small range of motion movements, while using the ballet barre for balance. Pilates mat exercises are designed for targeted core work. The major benefits of Barre and Pilates are muscle definition, body tone, increased flexibility and balance, improved posture and reduced stress. Modifications are included for all levels. (Students should bring a thick mat and light weights.)

Instructor: Wendy Dolan (Certified Barre Instructor)

Winter I

41977-A

10:30-11:15AM // S // 4WKS // 1/11 // \$30

Winter II

42977-A

10:30-11:15AM // S // 4WKS // 2/15 // \$30

Adult Programs

Belly Dance – Step 1 I.T.S. Foundations

Adults and Mature Teens 13+

Whether you have been dancing all your life and taken other belly dance classes, or are just starting out in dance, this class is for you! In this class you will learn the basics of Improv Tribal Style belly dance (ITS) with an introduction to the fundamentals of tribal movement, partner work, isolations, strength-building and drills for muscle memory. Geared toward the new student, but vital to continuing students for refinement, this class establishes a strong foundation for every dancer and is instrumental in familiarizing students specifically with the Tribal Evolution troupe format. This is a low-impact dance class suitable for all body types and ages. *Must take two sessions to learn full content.*

Instructor: Tiffany Skalberg

January:
41200-A
7:00-8:00PM // T // MONTHLY // 1/7 // \$28

February:
41200-B
7:00-8:00PM // T // MONTHLY // 2/4 // \$28

March:
41200-C
7:00-8:00PM // T // MONTHLY // 3/3 // \$28

Belly Dance – Step 2 More I.T.S.

Adults and Mature Teens 13+

Take your newfound belly dance skills and challenge yourself at this next step in your dance explorations. In this class the emphasis is on refinement. We will cover more complex drills and improv combinations, building on what you have learned in the Foundations class. We will use live music for this class, affording you the opportunity to also learn to use percussion instruments (in the form of zills) to dance. *Must take two sessions to learn full content. This class is best used in combination with Step 1 ITS Foundations as there is no breakdown of the foundation steps. Please complete at least two sessions of Step 1 before registering for Step 2.*

Instructor: Tiffany Skalberg

January:
41224-A
8:00-9:00PM // T // MONTHLY // 1/7 // \$28

February:
41224-B
8:00-9:00PM // T // MONTHLY // 2/4 // \$28

March:
41224-C
8:00-9:00PM // T // MONTHLY // 3/3 // \$28

Belly Dance – Step 3 Take It to the Stage

Adults and Mature Teens 13+

Now that you have perfected your dance skills in Step 1 and Step 2, you are ready to create a performance. This class will focus on taking your ITS vocabulary and making it show-worthy by adding props, staging and interaction with a band. You will also learn to use props such as the veil, skirt, sword and zills. *Must take two sessions to learn full content. Please complete at least two sessions of Step 1 and 2 before registering for Step 3.*

Instructor: Tiffany Skalberg

January:
41222-A
9:00-9:45PM // T // MONTHLY // 1/7 // \$20

February:
41222-B
9:00-9:45PM // T // MONTHLY // 2/4 // \$20

March:
41222-C
9:00-9:45PM // T // MONTHLY // 3/3 // \$20

Tri City Promenaders

Did you know that the Tri City Promenaders offers square dance lessons at Brookside Center on Tuesday nights from 7:30-9:30 p.m.? Drop by and give it a try! Email tricitypromenaders@gmail.com for more information.



Adult Programs



Cycle Circuit

Ages 16+ // Bring Water, Towel & Determination!

Want to crank up your workout, metabolism and energy? Come join us for a blend of cycle and circuit training, perfect for fitness at any level.

Instructor: Angela Pond (Certified Personal Trainer)

Winter I

41300-A

5:45-6:45PM // T // 4WKS // 1/7 // \$25

Winter II

42300-A

5:45-6:45PM // T // 3WKS // 2/18 // \$19

Cycle Fit

Ages 16+ // Bring Water, Towel & Determination!

Spin your way through cardio fitness! Join us for a great workout for any fitness level. You will increase metabolism and burn calories. Bring water and a towel. Please arrive a few minutes early, if you are new to spin classes.

Instructor: Lauri Krumm (Certified Personal Trainer)

Winter I

41350-A

6:30-7:15PM // W // 4WKS // 1/8 // \$25

Winter II

42350-A

6:30-7:15PM // W // 4WKS // 2/12 // \$25



Belly Dance - Tribal Evolution

This class covers the unique Improv Tribal Style of Tribal Evolution Belly Dance Company. This class is a professional performance-level class that will teach you to include props, musical interpretation, musician interaction, staging and show layout. .

Instructor approval required.

Instructor: Tiffany Skalberg

January:

41226-A

7:35-9:05PM // TH // MONTHLY // 1/2 // \$27

February:

41226-B

7:35-9:05PM // TH // MONTHLY // 2/6 // \$27

March:

41226-C

7:35-9:05PM // TH // MONTHLY // 3/5 // \$27

Cardio & Tone Boot Camp

Ages 16+

Are you struggling finding the time to fit in your cardio and strength/toning goals? Join this boot camp/circuit class to improve your cardiovascular health and muscle tone.

Instructor: Angela Pond (Certified Personal Trainer)

Winter I

41005-A

6:50-7:30PM // TH // 4WKS // 1/9 // \$25

Winter II

42005-A

6:50-7:30PM // TH // 3WKS // 2/20 // \$19

Adult Programs

Energize Exercise

Do you like to exercise in the morning and feel energized all day? Then this is the class for you. You will exercise at your own level of endurance. The class puts emphasis on your arms, abdomen and legs.

Instructor: Karen Cowley

Winter I

41010-A

8:30-9:15AM // MTThF // 4WKS // 1/6 // \$15

Winter II

42010-A

8:30-9:15AM // MTThF // 4WKS // 2/10 // \$15

Guitar

Ages 13+

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility and strength. We will learn songs using finger-picking, flat-picking and classical techniques. (Guitar is required.)

Instructor: Jan Ryberg

Winter I

41888-A: Beginner

5:15-6:00PM // M // 4WKS // 1/6 // \$35

41888-B: Intermediate

6:00-6:45PM // M // 4WKS // 1/6 // \$35

Winter II

42888-A: Beginner

5:15-6:00PM // M // 4WKS // 2/10 // \$35

42888-B: Intermediate

6:00-6:45PM // M // 4WKS // 2/10 // \$35

Guitar - Ensemble

Ages 13+

This class is for students who can read standard music notation in the first position, or have a dedication to learning notes. Some chord knowledge is preferred but not required. We will be learning ensemble pieces in many different styles and students will be encouraged to bring in their own arrangements and compositions. We will have a performance at the end of the session.

Instructor: Jan Ryberg

Winter I

41999-A

7:30-9:00PM // M // 4WKS // 1/6 // \$35

Winter II

42999-A

7:30-9:00PM // M // 4WKS // 2/10 // \$35

Private Guitar Lessons

Are you looking to develop your existing guitar skills? Or are you a beginner wanting the basics of playing? Private guitar lessons are now available! Private sessions can be scheduled on Tuesdays, from 6 to 9:30 pm and on Saturdays, from 1 to 4 pm. Contact the Hurst Recreation Center to schedule lessons.

Instructor: Jan Ryberg

30 minute lesson: \$30



Hatha Yoga

Don't Eat 2 Hours Prior // Yoga Mat

Learn about connecting your mind, body and breath with the practice of yoga. Build strength, flexibility, mobility, stability and balance to improve your overall health and well being.

Instructor: Benny Zavala (Certified Yoga Instructor)

Winter I

41100-A

10:15-11:15AM // M // 4WKS // 1/6 // \$24

41100-B

10:15-11:15AM // W // 4WKS // 1/8 // \$24

41100-C

10:15-11:15AM // F // 4WKS // 1/10 // \$24

Winter II

42100-A

10:15-11:15AM // M // 4WKS // 2/10 // \$24

42100-B

10:15-11:15AM // W // 4WKS // 2/12 // \$24

42100-C

10:15-11:15AM // F // 4WKS // 2/14 // \$24

Hurst Hustlers Running Club

Come join runners, joggers and walkers of all levels for a challenging workout using hills, speed work, distance and drills. You will learn how to run and how to stay injury free all while having fun! This is the perfect way to make friends and meet your running goals.

Instructor: Esther White (MS, RD, LD)

Winter I

41001-A

6:15-7:15PM // M // 4WKS // 1/6 // \$20

Winter II

42001-A

6:15-7:15PM // M // 4WKS // 2/10 // \$20

Adult Programs

NEW CLASS!

Kickboxing

Ages 16+ // Gloves & Handwraps Required

Students will learn the basics of boxing, including punches and footwork. They will work with the instructor and with a partner to practice punching combinations. Please note this is a non-contact class; no sparring involved.

Instructor: Jennifer Grossman

Winter I

41045-A

9:30-10:15AM // S // 4WKS // 1/11 // \$25

Winter II

42045-A

9:30-10:15AM // S // 4WKS // 2/15 // \$25

Olympic Sport of Judo

Ages 14+

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a 11-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. Judo involves throwing and grappling techniques. This is an on-going monthly class. New students start the first Monday of the month.

Instructor: Kim Mesa (6th degree Black Belt and certified USA Judo International Coach)

December:

48800-D

7:00-8:30PM // MW // MONTHLY // 12/2 // \$40

September:

41800-A

7:00-8:30PM // MW // MONTHLY // 1/6 // \$40

October:

41800-B

7:00-8:30PM // MW // MONTHLY // 2/3 // \$40

November:

41800-C

7:00-8:30PM // MW // MONTHLY // 3/2 // \$40

Spin and Sweat

Ages 16+

Join us for spinning! Turn the basics of cycling into a great cardio workout that burns calories and fat. Get ready to work hard and sweat like crazy!

Instructor: Angela Pond (Certified Personal Trainer)

Winter I

41444-A

9:00-9:45AM // T // 3WKS // 1/7 // \$19

41444-B

5:45-6:30PM // TH // 4WKS // 1/9 // \$25

Winter II

42444-A

9:00-9:45AM // T // 3WKS // 2/18 // \$19

42444-B

5:45-6:30PM // TH // 3WKS // 2/20 // \$19

NEW CLASS!

Stretch & Be Fit

Stretching is a means to manage health and wellness, improving balance, flexibility, mobility and stability. Increase your muscle and joint flexibility as well as strength and endurance with regular practice utilizing proven Yoga techniques. (Eat nothing 2 hours prior to class and bring a yoga mat.)

Instructor: Benny Zavala (Certified Yoga Instructor)

Winter I

41100-D

6:30-7:30PM // T // 4WKS // 1/7 // \$24

41100-E

6:30-7:30PM // TH // 4WKS // 1/9 // \$24

Winter II

42100-D

6:30-7:30PM // T // 4WKS // 2/11 // \$24

42100-E

6:30-7:30PM // TH // 4WKS // 2/13 // \$24

Zumba

Ages 14+

Zumba is a fitness program that is exhilarating, easy to follow, inspired by various international rhythms and dance styles. The routines combine aerobic interval training with a combination of fast and slow dance moves that tone and sculpt the body and burns calories!

Instructor: Leslie Crawford (Certified Zumba Instructor)

December:

48065-D

6:00-6:55PM // MW // MONTHLY // 12/2 // \$25

January:

41065-A

6:00-6:55PM // MW // MONTHLY // 1/6 // \$25

February:

41065-B

6:00-6:55PM // MW // MONTHLY // 2/3 // \$25

March:

41065-C

6:00-6:55PM // MW // MONTHLY // 3/2 // \$25

Zumba Toning

Ages 16+

Come learn the basic techniques of Zumba in this energizing fitness class by getting all your groove on! This is a great way for all ages to get started in Zumba or if you need a lower intensity. We'll use the musical maraca sounding toning sticks to bump up the work out by adding resistance. It's great for the mind, body and soul!

Instructor: Rosy Pritchett (Certified Personal Trainer and Fitness Instructor)

December:

48050-D

7:15-8:10AM // TTH // MONTHLY // 12/3 // \$23

January:

41050-A

7:15-8:10AM // TTH // MONTHLY // 1/2 // \$23

February:

41050-B

7:15-8:10AM // TTH // MONTHLY // 2/4 // \$23

March:

41050-C

7:15-8:10AM // TTH // MONTHLY // 3/3 // \$23

Winter Seminars

Oily Babies

Do you have a new baby in the family? Would you like to know an amazing way to calm and bond with that sweet little bundle? Join me for a live demonstration of the infant massage technique using the Young Living Seedlings Line of baby care items. We'll discuss how-to's and benefits of infant massage. Feel free to bring your new addition to get some hands-on experience yourself.

Presenter: Ragan Clark (MT-ASCP)

41035-A
10:00-11:00AM // S // 1 DAY // 1/11 // FREE

New Year, New You: Hands-on How-to with Savvy Minerals

Ladies, it's time to get Savvy! Get confident with your makeup! Confident in how to apply it and confident in the ingredients you're putting on your face! Did you know there are 11 known carcinogens listed by the Internal Agency for Research on Cancer being used by cosmetic companies? Come learn hands-on tips on how to flawlessly apply your makeup and how ingredients in your makeup can impact your health. We'll be color matching and provide cards so you can know exactly how to keep yourself looking young. . . not to mention gorgeous! It's time we get Savvy about our makeup!

Presenter: Ragan Clark (MT-ASCP)

41030-A
10:00-11:00AM // S // 1 DAY // 3/14 // FREE



Registration Policy

Walk-in registration beginning on **Monday, December 2** at **7:00 a.m.** is open only to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills and Euless whose mail is delivered to a Hurst "address" are not eligible to register until December 16 at 7:00 a.m. Residency is defined by living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on **Monday, December 16**. Out of fairness to all citizens of our community, you may only register the members of your household.

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Classes begin the week of January 6
(unless otherwise indicated)

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Sign Up To Register Online

That's right – you can save time and register your entire family online! To get started, you will need to visit the Hurst Recreation Center to activate your account. If you are a Hurst resident, you will need to bring your **Hurst water bill, Hurst property tax statement or Hurst apartment lease, and your photo ID** as proof of Hurst residency to receive the Hurst resident rates. Once you have activated your account and received your user name and password, you will be able to use our online registration feature.

You do not have to wait until your appropriate registration date to activate your account and receive your user name and password. Go ahead and do it the next time you are at the Recreation Center for your current class or working out. Then you will be ready to register online the day registration starts!

Help Us, Help You! PLEASE ENROLL EARLY!

Help us keep your favorite classes around by enrolling early. There is a point when a course must be canceled due to low enrollment. Help us prevent course cancellations by registering early!

Walk-In Registration Times

- Monday-Thursday: 7:00AM-9:00PM
- Friday: 7:00AM-5:00PM
- Saturday: 9:30AM-5:00PM
- Sunday: 1:30PM-5:00PM

Confirmations

When you register by mail or fax, you will receive a confirmation notice through the postal mail. You will be notified of the designated classes that are not available. If the class is not available, you may select a second choice. If you register online, you may print a copy of your receipt.

Refund Guidelines

Recreation Classes: We depend on your participation for a successful class. If you have an unforeseen circumstance and cannot attend class, we will refund your fee with 72 hours notice prior to the class start date.

Supply Lists & Fees

Some of our classes require a supply list or fee. These classes are noted in the magazine. Supply fees should be given to your instructor on the first day of class. You may get a list of what will be provided with those fees at the front desk. If your class requires a supply list, please purchase those the week classes start. **Supplies should not be purchased prior to the Friday before the class starts in case of cancellation.**

Weather Guidelines

In case of inclement weather, the Hurst Recreation Center will not conduct classes if the HEB Independent School District cancels their classes for the day.

Deadline Guideline

Registration for all pre-school and youth classes must be completed in advance. The deadline for registration in pre-school and youth programs is seven days prior to the start date of the class.

CLASS REGISTRATION FORM

HEAD OF HOUSEHOLD

EMAIL ADDRESS

STREET ADDRESS

APT #

CITY

STATE / ZIP

HOME PHONE

WORK PHONE

PARTICIPANT'S NAME	DOB	GENDER	CLASS #	CLASS FEE	
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
				Subtotal	\$

GRAND TOTAL	Non-Resident Fee of \$2 per class	_____ x \$2	= \$ _____	+ Subtotal \$ _____ =	Total Due \$ _____
		# OF CLASSES			

PAYMENT METHOD

CHECK

CREDIT CARD

CASH

CHECK NUMBER: _____

CARD TYPE: Visa MasterCard Discover American Express

MAIL TO: Hurst Parks and Recreation
Class Registration

MAKE CHECKS PAYABLE TO:
City of Hurst

CARD NUMBER: _____ - _____ - _____ - _____

700 Mary Drive, Hurst, TX 76053

EXPIRATION DATE: ____ / ____

For the valuable consideration of being allowed to participate in the City of Hurst Parks and Recreation Department's program or use the City's facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from an injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I DO FULLY RELEASE, INDEMNIFY, AND HOLD HARMLESS, THE CITY, ITS EMPLOYEES AND OFFICERS FROM THEIR OWN NEGLIGENCE FOR FAILURE TO PROPERLY DESIGN, INSPECT, OR MAINTAIN THE EQUIPMENT, OR SUPERVISE THE ACTIVITIES TO BE ENGAGED IN OR EQUIPMENT TO BE USED BY THE UNDERSIGNED, AND FOR ANY ACTS OF THIRD PARTIES. The City does not provide any medical or other insurance protection benefits for those who use the recreational equipment or engage in activities on City Premises. I give the city of Hurst permission to use photographs obtained during my registered course(s), at recreation special events, or at city facilities, parks, etc. in city sponsored publication materials, and understand it is my responsibility to communicate otherwise with city personnel.

BY SIGNING THE RELEASE, I ACCEPT ALL RESPONSIBILITY FOR INJURIES WHICH MAY BE INCURRED.

SIGNATURE OF PARTICIPANT

DATE

SIGNATURE OF PARENT/GUARDIAN IF USER IS UNDER 18

DATE



Recreation Center West Gym Schedule

(Effective August 2019)

There are also outdoor pickleball courts available at Smith-Barfield Park, 640 Pleasantview.

Monday

6:30AM-10:00PM // Open Gym

Tuesday

6:30-9:30AM // Open Gym

9:30AM-Noon // Pickleball

Noon-6:00PM // Open Gym

6:00PM-10:00PM // Basketball

Wednesday

6:30-5:00PM // Open Gym

5:00-7:00PM // Classes

7:00-10:00PM // Open Gym

Thursday

6:30AM-9:30PM // Open Gym

9:30AM-Noon // Pickleball

Noon-6:00PM // Open Gym

6:00PM-10:00PM // Basketball

Friday

6:30-8:30AM // Open Gym

8:30-10:30AM // Class

10:30-11:30PM // Open Gym

11:30-1:30PM // Pickleball

1:30-6:00PM // Open Gym

Saturday

9:00AM-6:00PM // Open Gym

Sunday

1:00-6:00PM // Open Gym

Mission Statement

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage lifelong learning, fitness and fun.

Parks and Recreation Board

Chairman:
Alan Neace

Vice Chair:
Bob Walker

Pat King
Rod Robertson
Ralph Hurd

Jessica Martin
Gary Waldron
Bob Walker

Recreation Staff

Recreation Director:
Chris Watson

Recreation Specialist:
Lauren Snyder

Recreation Athletics and Aquatics Manager:
Jennifer Kashner

Recreation Attendants:

Sierra Anderton

Jeremy Bailey

Mikayla Birdsong

Arika Bright

Dakota Ford

Rudy Garcia

Anna James

Madeline Kime

Matt Mendez

Hailey Nelson

Nancy Philip

Christian Pineda

Veronica Santos

Miranda Spero

Cheryl Thompson

Recreation Programs and Events Manager:
Amy Oden

Recreation Center Manager:
Jordan Taylor

Recreation Supervisor:
Mary Singleton

Recreation Coordinator:
Madison Bass

Administrative Assistant:
Paige Lutz

Recreation Receptionist:
Michelle Stockel

Facility Maintenance:
Judy Arellano

Pickleball

Already familiar with the game or want to try something new? Pickleball is a fun game, for all ages. Whether you're a novice or expert, you'll be sure to get some playtime on our 3 indoor pickleball courts. Courts are set up and ready at the Recreation Center on Tuesdays, Thursdays, and Fridays during specified hours. Don't have a racquet or a ball? We've got you covered. Come see what it's all about or call for more details on prices and times at 817-788-7325.



Daddy Daughter Dance

Saturday, February 8, 2020 // 2:00-4:00PM
 Hurst Recreation Center, 700 Mary Drive

Tickets are \$20 per couple and \$10 per additional daughter.

Dancing, photos, crafts, sweets and more! It is an evening she will never forget!

Tickets go on sale January 6 at 8 a.m. at the Hurst Recreation Center's Administrative office. For more information, call 817-788-7320.

Like us on Facebook and Instagram at HurstParksandRecreation for up to date information on all of our events. Visit us online at www.hursttx.gov or call 817.788.7320 for more information.

Fish Stockings at Chisholm Park

Neighborhood Fishin' offers fishing opportunities close to home. Texas Parks and Wildlife Department works in partnership with local governments to stock catfish and rainbow trout in small neighborhood lakes. These fish are fun to catch, and they're stocked frequently in season, so there's nearly always a fresh supply of fish available to take your bait. Over 5,500 fingerling channel catfish were stocked at Chisholm Park in 2019.

A few reminders: kids under 17 fish for free, but adults must have a fishing license with a freshwater stamp; fishing is allowed with poles only (no trotlines, traps, nets, etc.); daily bag limits and minimum lengths may apply. Visit www.neighborhoodfishin.org for specific rules, regulations and dates.

Need a fishing pole? Go to the Hurst Public Library at 901 Precinct Line Road where you can check one out for free with an adult library card.



Catfish Stocking Schedule

TBA

Adult Sports Registration Information

Teams may register in person or by phone at the Recreation Administration Office located inside the Hurst Recreation Center, 700 Mary Drive or by calling 817-788-7320. Hours are Monday, Wednesday and Friday from 8:00 a.m. to 5:00 p.m. and Tuesday and Thursdays from 8 a.m. to 6 p.m. Registration information and rules are located online at www.teamsideline.com/hurst. For more information, please call 817-788-7320.



Adult Softball *Spring League Registration*

Open Registration: January 13-February 14
Registration and/or start dates may be adjusted to accommodate weather related delays

Entry Fee: \$360 for an 10 game season + playoffs

League Schedules: Available February 19, after 4:00PM

League Begins: February 21

League Nights:
Monday – Men's, Men's & Women's
Tuesday – Men's & Co-ed
Wednesday – Men's & Co-ed
Thursday – Men's & Co-ed
Friday – Men's, Men's Church & Co-ed

Adult Men's Basketball *Winter League Registration*

Open Registration: December 16-January 10

Entry Fee: \$275 for a 7-game season
With Playoffs for teams who qualify

League Schedules: Available January 15 after 4:00 p.m.

League Begins: January 21/23

League Nights:
Tuesday – Men's Open
Thursday – Men's Open

TAAF State Basketball *Mens 45+ Basketball State Tournament*

Single Elimination with Consolation

Dates: April 4-5, 2020

Entry Fee: \$200

Entry Deadline: March 27, 2020

Venue: Hurst Recreation Center

For more information:
817.788.7320



Youth Sports Associations

Tri-Cities Baseball & Softball Associations
TCBA 817-285-0200
www.tcbasesoft.com

Mid-Cities Basketball Association
MCBA 817-354-6208
www.MCBBA.org

Hurst United Soccer Association
HUSA 817-504-7479
www.hurstunited.com

MidCities PeeWee Football & Cheerleading Association
817-282-2390
www.midcitiespeeweefootball.org



Racquet Stringing

The Tennis Center has a large choice of strings and accessories for your racquet needs. We offer 24 hour service and United States Racquet Stringers Association certified stringers on staff.

- Lessons and team drills for all ages and abilities
- 10 lighted outdoor courts
- USRSA racquet stringers
- Ball machine rental
- USPTA-certified instructors available
- USTA adult leagues

How About A Private Lesson?

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

Lessons with City of Hurst Head Professional Kelly Langdon, USPTA or Tennis Center Coordinator Austin Wynne, USPTA

- \$35 Per Half Hour
- \$55 Per Hour
- \$200 Per Series of 4 Lessons

Lessons with tennis instructors Greg Smith; Cameron Bodily, USPTA; John Schlidt, USPTA; Mike Seybold, USPTA

- \$35 Per Half Hour
- \$55 Per Hour
- \$200 Per Series of 4 Lessons

The Tennis Center staff also offers group lessons: \$90 for 1½ hour group drills for league teams.

Fall/Winter Operating Hours

- Monday-Thursday: 8:00AM-9:00PM
- Friday: 8:00AM-6:00PM
- Saturday & Sunday: 9:00AM-6:00PM

Hurst Tennis Center

701 Mary Drive, Hurst, TX
817-788-7330

Hurst Tennis Center Staff

Tennis Attendants:
Sean Burke
Allen Busbuso
Austin Lutz

Head Professional:
Kelly Langdon, USPTA

Tennis Instructors:
Cameron Bodily, USPTA
John Schlidt, USPTA
Mike Seybold, USPTA
Greg Smith

Tennis Center Coordinator:
Austin Wynne, USPTA

Upcoming Tournaments

- Fall Mid-Cities Junior Circuit
December 7
- Hurst Adult Open
December 7-8



Adult

Adult Beginner/ Advanced Beginner Clinic

1 Can of Unopened Balls

Just for adults! Learn basic strokes, scoring and strategy. Bring one can of new unopened balls to first class.

Instructors: Kelly Langdon, USPTA and Staff

81505-A
7:00-8:30PM // W // 4WKS // 1/8 // \$72
81505-B
7:00-8:30PM // W // 4WKS // 2/5 // \$72
81505-C
7:00-8:30PM // W // 4WKS // 3/4 // \$72

Adult Intermediate Clinic

1 Can of Unopened Balls

This class is for adults who want to build on existing skills. You will practice all shots and learn techniques and tactics.

Instructors: Austin Wynne, USPTA and Staff

81506-A
7:00-8:30PM // W // 4WKS // 1/8 // \$72
81506-B
7:00-8:30PM // W // 4WKS // 2/5 // \$72
81506-C
7:00-8:30PM // W // 4WKS // 3/4 // \$72

Men's Open 4.0 Clinic & above Drop-In Drill

1 Can of Unopened Balls

This drill class is designed to work on both singles and doubles point play situations. Get a great workout while getting ready for your next match. A minimum of three (3) players is needed for the drill to make. Please call and register no later than 24 hours in advance. Players should contact the Hurst Tennis Center on Thursday to ensure the class will meet.

Instructors: Kelly Langdon, USPTA and Staff

7:00-8:30PM // TH // Weekly // 1/2 // \$12

Youth

Quickstart Tennis

6 Years and Under // 1 Can of Unopened Balls

Introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games.

Instructors: Austin Wynne, USPTA; Mike Seybold, USPTA and Staff

81601-A
5:00-5:30PM // M // 4WKS // 1/6 // \$28
81602-A
5:00-5:30PM // W // 4WKS // 1/8 // \$28
81601-B
5:00-5:30PM // M // 4WKS // 2/3 // \$28
81602-B
5:00-5:30PM // W // 4WKS // 2/5 // \$28
81601-C
5:00-5:30PM // M // 4WKS // 3/2 // \$28
81602-C
5:00-5:30PM // W // 4WKS // 3/4 // \$28

Junior Beginner Tennis

7+ Years // 1 Can of Unopened Balls

A fun class for beginners. Learn the forehand, backhand, serve and volley. Kids will play plenty of fun games.

Instructors: Austin Wynne, USPTA; Mike Seybold, USPTA and Staff

81502-A
5:30-7:00PM // M // 4WKS // 1/6 // \$72
81503-A
5:30-7:00PM // W // 4WKS // 1/8 // \$72
81502-B
5:30-7:00PM // M // 4WKS // 2/3 // \$72
81503-B
5:30-7:00PM // W // 4WKS // 2/5 // \$72
81502-C
5:30-7:00PM // M // 4WKS // 3/2 // \$72
81503-C
5:30-7:00PM // W // 4WKS // 3/4 // \$72

Advanced Beginner/Intermediate Junior Tennis

10+ Years // 1 Can of Unopened Balls

For players who have had prior instruction & looking to improve their overall game. Singles and doubles techniques and tactics. Ages 10 and up. Bring one can of new unopened balls to first class.

Instructors: Austin Wynne, USPTA; Mike Seybold, USPTA and Staff

81504-A
5:30-7:00PM // TH // 4WKS // 1/9 // \$72
81504-B
5:30-7:00PM // TH // 4WKS // 2/6 // \$72
81504-C
5:30-7:00PM // TH // 4WKS // 3/5 // \$72

Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine three days in advance.

Taking Care of City Parks

We make sure our crews inspect our parks on a regular basis, however, litter and vandalism still may occur and additional maintenance may be needed between crew visits. The next time you visit one of our parks and you notice anything that needs attention, please notify the Parks Department at 817-788-7220 or submit a request through the Where We Live mobile app.

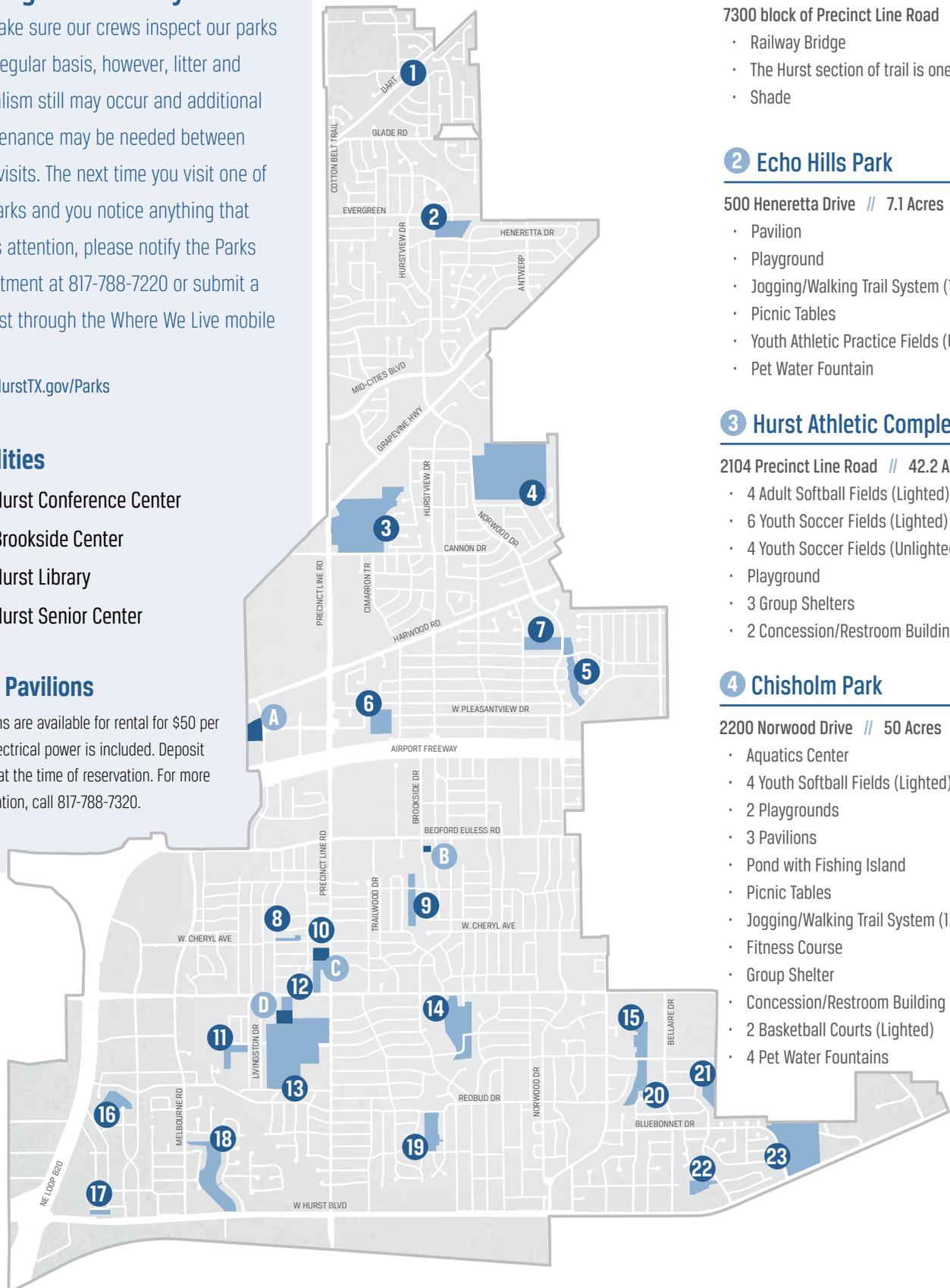
www.HurstTX.gov/Parks

Facilities

- A** Hurst Conference Center
- B** Brookside Center
- C** Hurst Library
- D** Hurst Senior Center

Park Pavilions

Pavilions are available for rental for \$50 per day. Electrical power is included. Deposit is due at the time of reservation. For more information, call 817-788-7320.



1 Cotton Belt Trail

7300 block of Precinct Line Road

- Railway Bridge
- The Hurst section of trail is one mile
- Shade

2 Echo Hills Park

500 Heneretta Drive // 7.1 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

3 Hurst Athletic Complex

2104 Precinct Line Road // 42.2 Acres

- 4 Adult Softball Fields (Lighted)
- 6 Youth Soccer Fields (Lighted)
- 4 Youth Soccer Fields (Unlighted)
- Playground
- 3 Group Shelters
- 2 Concession/Restroom Buildings

4 Chisholm Park

2200 Norwood Drive // 50 Acres

- Aquatics Center
- 4 Youth Softball Fields (Lighted)
- 2 Playgrounds
- 3 Pavilions
- Pond with Fishing Island
- Picnic Tables
- Jogging/Walking Trail System (1.5 miles)
- Fitness Course
- Group Shelter
- Concession/Restroom Building
- 2 Basketball Courts (Lighted)
- 4 Pet Water Fountains

5 Mayfair Linear Park

1725 Norwood Drive // 8.3 Acres

6 Smith-Barfield Park

640 Pleasantview Drive // 6.9 Acres

- Youth Baseball/Softball Field (Lighted)
- 2 Tennis Courts (Lighted)
- Youth Athletic Practice Field (Unlighted)
- Playground
- Pavilion
- Picnic Tables
- Restrooms
- 2 Pet Water Fountains

7 Mayfair Park

1725 Norwood Drive // 14.4 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/4 mile)
- Youth Athletic Fields (Unlighted)
- Pet Water Fountain

8 Windmill Park

840 W. Cheryl Avenue // 2 Acres

- Historical Marker

9 Valentine Park

610 Bedford Court West // 4 Acres

- Youth Athletic Practice Field (Unlighted)

10 Library Park

901 Precinct Line Road

- Pavillion

11 Hurst Hills Park

575 Billie Ruth Lane // 4 Acres

12 Heritage Village Plaza

841 W. Pipeline Road

- Historical Plaza
- Picnic Table
- 2 Decorative Water Fountains

13 Hurst Community Park

601 Precinct Line Road // 44.9 Acres

- 4 Youth Baseball Fields (Lighted)
- 2 Youth Soccer Fields (Lighted)
- 2 Sand Volleyball Courts (Lighted)
- Pavilion
- 2 Playgrounds
- Multi-Use Trail System (1 mile)
- Picnic Tables
- Wooded Natural Area
- Open Field Play Area
- Concession/Restroom Building
- 2 Group Shelters
- 2 Pet Water Fountains

14 Central Park

700 block of Mary Drive // 17.5 Acres

- Recreation Center
- Aquatics Center
- Tennis Center (10 Lighted Courts)
- 2 Pavilions
- Playground
- Picnic Tables
- 2 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

15 Vivagene Copeland Park

501 Pecan Drive // 5.2 Acres

- Pavilion
- Playground
- Multi-Use Trail System (1/3 mile)
- Open Field Play Area
- 3 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

16 Jaycee-Baker Park

500 Belmont Drive // 4.1 Acres

- Playground
- Picnic Tables
- Pavilion
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

17 Parker Cemetery

1308 Cardinal Lane

18 Billy Creek Park

161 Billy Creek Drive

19 Redbud Park

525 Redbud Drive // 7.2 Acres

- Soccer Field (Unlighted)
- Playground
- Jogging/Walking Trail System (1/3 miles)
- Picnic Tables
- Fitness Course
- Pavilion
- Pet Water Fountain

20 Bellaire Park

500 Pecan Drive // 6.4 Acres

- Playground
- Youth Baseball/Softball Field (Lighted)
- Jogging/Walking Trail System (1/3 mile)
- Pet Water Fountain

21 Wan-Ka-Kani Park

748 Shadylane // 4.1 Acres

- Picnic Tables

22 Highway 10 Linear Park

188 Arwine Drive

- Hurst's undeveloped park land

23 Rickel Park

1001 Bluebonnet Drive // 29 Acres

- 2 Pavilions
- Picnic Tables
- Nature Trails
- Scenic Overlook
- Winding Stream with 2 Bridges
- Jogging/Walking Trail System (1/2 mile)
- Playground
- 2 Pet Water Fountains



City of Hurst
1505 Precinct Line Rd.
Hurst, TX 76054

PRESORTED STANDARD
U.S. POSTAGE PAID
HURST, TX PERMIT NO. 21

Winter 2020

RECREATION CLASS SCHEDULE

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage life-long learning, fitness and fun.

