

where we live
HURST★TEXAS

WINTER 2018

Healthy Hurst

Budget Report

PD Therapy Dog



where we live

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City Staff

- Clay Caruthers** City Manager
- Allan Heindel** Deputy City Manager
- Greg Dickens** Executive Director of Public Works
- Rita Frick** City Secretary
- Steve Moore** Police Chief
- David Palla** Fire Chief
- Matia Messemer** Executive Director of Human Resources
- Steve Bowden** Executive Director of Economic Development
- Clayton Fulton** Executive Director of Strategic and Fiscal Services
- Malaika Farmer** Executive Director of Administration and Customer Service
- Kara McKinney** Public Information Officer



On the Cover

We are excited to introduce to you the revamp of our Healthy Hurst program! Throughout this issue, we're sharing all of the exciting new things about this program and how you can get involved! For the cover of this issue, we met up with a group of health enthusiasts made up of city employees, residents and friends who are taking advantage of all that Healthy Hurst has to offer. Healthy Hurst is about more than just getting fit, but it's also an opportunity for you to build lasting relationships.

This group makes working out look SO fun! We hope you find something about our Healthy Hurst program that interests you so you can be a part of all the fun, too!



Mayor's Message

As this year comes to a close, I can't help but to reflect on what a great year it's been for our city. I believe that our community has come together in a unique way in particular this year, and it makes me so proud to be able to serve in Hurst.

Our events we held this year for our residents were bigger and better than ever, including the Fall Festival that we held for the first time. Seeing everyone come together to enjoy quality time with friends and family fills my heart with so much joy.

Along with our Fall Festival, we had several new things take place this year! Our police and fire departments partnered together to launch our sUAV (drone) program that has already proven to be an essential tool for our public safety departments. You can learn more about the program on page 13. We launched our award winning website, opened the newly renovated Central Aquatics Center, several new businesses have broken ground or have opened this year (more details on page 27), and we even got ourselves a new fire chief!

It's also been encouraging seeing your #hursthearts stories shared on social media. Your stories hold so much value, and I hope to see even more shared next year. Several members of our fire department took their Hurst Hearts all the way down to Southeast Texas where they assisted those impacted by Hurricane Harvey. To hear the ways they were able to help, be sure to turn to page 25.

This year has certainly been good to us, and I'm excited to see what 2018 has in store! On behalf of the entire city council, I want to say thank you for letting us serve you and your family. Hurst is a special city because of the people who live, work and play here, and we are honored to represent you. We hope you have a fantastic start to the New Year!

- Mayor Richard Ward

City Council

Richard Ward Mayor
Henry Wilson Mayor Pro Tem
David Booe Council Member
Bill McLendon Council Member
Trasa Cobern Council Member
Nancy Welton Council Member
Larry Kitchens Council Member

The Social Media Connection

City of Hurst

WEBSITE: www.HurstTX.gov
FACEBOOK: @CityofHurstTX
TWITTER: @TheCityofHurst
INSTAGRAM: @CityofHurstTX
NEXTDOOR: City of Hurst

Hurst Public Library

WEBSITE: www.HurstTX.gov/Library
FACEBOOK: @HurstPublicLibrary
TWITTER: @HurstLibrary
INSTAGRAM: @HurstPublicLibrary

Hurst Police Department

FACEBOOK: @HurstPoliceDept
TWITTER: @HurstPoliceDept
NEXTDOOR: Hurst Police Department

Hurst Conference Center

WEBSITE: www.HurstCC.com
FACEBOOK: @HurstCC
INSTAGRAM: @HurstConferenceCenter

Hurst Recreation Center

FACEBOOK: @HurstParksandRecreation

Hurst Fire Department

TWITTER: @HurstFireDept

Hurst Senior Activities Center

FACEBOOK: @HurstSeniorActivitiesCenter



Healthy Hurst 2018 *Start the year out right!*

As we stare in the face of the holidays, the start of a new year and the winter season, it is time to ask ourselves some serious questions! Are we doing everything we can be to reach good health? How can we improve? How can we create good habits for a lifetime? What does health mean to us? And so many more... These questions can be daunting, but never fear, your city is here to help!

We are excited to offer an even more robust Healthy Hurst Program to support our citizens and encourage health and wellness across our community. After all, quality of life and strong community are what we are all about. So how are we doing this for you?

- The FREE Healthy Hurst program has gotten a face lift with some new offerings to support health across our community like our physical activity challenge at the 2017 Fall Festival, a new logo, fun give-a-ways when you enroll and many more upcoming events in 2018.
- We are helping everyone recognize health and wellness opportunities throughout all our city venues by highlighting different areas of health. For example: physical activity at the Hurst Senior Center, Recreation Center and every park in our city, mental wellness with education and program offerings at the Hurst Public Library, emotional benefits at social events like the senior banquet and our Volunteers In Action program, family support through events like National Night Out, Youth Fishing Derby, Family Campout and Eggstravaganza, community connections through our fun, Holiday Tree Lighting, Stars & Stripes and Heritage Village Presents events. And so much more!

- Individual, personalized support, attention and accountability through our personal training, nutritionist and health related classes offered at the Hurst Recreation, Senior Center and the Hurst Public Library. If you need help getting started or knowing what to do next for your health, this is the best place to start!
- Our FREE annual Lose the LBS challenge where Healthy Hurst members and citizens can track their physical activity and/or weight loss to earn prizes and increase their health!
- Talk & Walk- Healthy Hurst community education programs where we don't just talk about health, we help you walk it out in your own life! This is a new quarterly interactive education series hosted by the Healthy Hurst program starting January 2018.

If you are a follower of social media and want to get in on the fun of the Healthy Hurst program, check out all the City of Hurst social media sites (PD, Fire, Library, Parks & Recreation and more) for the latest opportunities to participate. You can also join us by using the hash tags #healthyhurst #theHurstLife and more as you participate in health and wellness throughout our community!

Healthy Hurst can be a part of your personal plan for health and wellness in your life, your family and your community, so please join us! We are here for you and look forward to working together in 2018!



Hearty Chicken Soup

Ingredients (organic recommended*):

- 0-12 cups organic chicken broth
- 2 cups shredded roasted chicken (can use a store bought rotisserie)
- 4 carrots, sliced diagonally 1/4"
- 3 stalks celery, thinly sliced
- 6-7 new potatoes, diced 1/2"
- 1 14 oz can organic diced tomatoes
- 1 cup fresh or frozen peas
- 1 can artichoke hearts, packed in water, drained and quartered

Directions:

- Bring chicken broth to a simmer.
- Add carrots, celery, onions and parsley to broth. Simmer for 5 minutes.
- Add potatoes, then simmer for 10-12 more minutes or until a fork can easily pierce vegetables but they are still firm (no mushy veggies!)
- Add fresh or frozen peas, artichoke hearts, diced chicken and tomatoes.

- 1 small white or yellow onion, diced
- 1/8-1/4 tsp cayenne pepper (start with 1/8 tsp and taste before adding more)
- Sea salt, to taste
- Freshly ground pepper
- 2T freshly chopped parsley or 1T dried

* Choose organic ingredients when possible. Nonorganic can have high pesticide residue.

- Turn off heat. Let sit for a few minutes so peas and chicken warm up.
- Add freshly turned pepper, cayenne pepper and sea salt, stir. Taste, make adjustments till you are happy.
- Serve

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Nutrition Facts: 6 servings, 1 1/2 cups each One serving: 180 Calories; 6 g Fat; 15 g Carbohydrates; 18 g Protein; 5 g Fiber

From theorganickitchen.org

HEALTHY HURST

What does it mean to be "healthy"? Depending on who you ask, the answer may be quite different. Is it being physically active, eating well or just feeling happy? Health can also apply towards different types of wellness, including physical, mental and social. With this in mind, the City of Hurst has revamped a long running program, which will look to focus on all three wellness types, while developing a Healthy Hurst.

In 2006, Healthy Hurst was established as an initiative to improve the physical health of Hurst residents. The free program was established for all Hurst residents, as well as non-residents, who were current members of the Hurst Recreation Center. Being a member of the Healthy Hurst program gave participants tools to help track their fitness progress as well as opportunities to take part in free fitness events throughout the year. With the blessing of Mayor Richard Ward, Healthy Hurst kicked off in 2006 with a "Walk with the Mayor" around the Hurst Recreation Center and has been offering free fitness focused events ever since.



While Healthy Hurst has been successful since its launch, we believe the program had untapped potential, ready to be developed and offered to the public. Hurst isn't a healthy city because of fitness classes, treadmills and weight equipment. A Healthy Hurst is a culmination of the programs, events and amenities that citizens utilize each day. Whether visiting a park, working out at the Hurst Recreation Center, checking out a book at Hurst Public Library or attending one of our concerts at Heritage Village, citizens are actively making a Healthy Hurst.

With the revamp of the program came an updated logo. The goal with the new Healthy Hurst logo was to accurately represent the different factors that lead to a healthy resident and city. The symbols, which portray sunshine, nature, physical activity and social events, unite in the middle, bringing focus to the symbol of a healthy heart. The different colors represent the four seasons of the year and the city's pledge to promote positive health throughout the year.



RST

Initiative to improve physical health offers programs, events, amenities to residents, employees



To support this initiative and wear the new logo proudly, you simply need to register for Healthy Hurst at the Hurst Recreation Center. By becoming a Healthy Hurst member, people are able to take part in our free fitness events and will receive the new Healthy Hurst t-shirt. Not a Hurst resident but still want to participate? Non-residents who are members of the Hurst Recreation Center can also register for the program. With registration, you will gain free access to all Healthy Hurst events, where you'll be eligible to win event shirts and prizes just by participating.

Lose the Lbs Challenge - Post-holiday fitness challenge where participants have the opportunity to track their workouts and/or weight loss.

Dash 'N Splash - Our 1 mile and 5K run where participants get the chance to take a splash in the pool after their run is complete. Participants will also gain access to the Central or Chisholm Aquatics Centers for the day.

Walktober - A nation-wide program that encourages participants to get out and walk during the month of October.



Participants simply track the days they walked, detailing how far or for how long.

As a part of the revamp of Healthy Hurst, we'll also be looking to add additional events that will remain free to those who register for the program. Keep a lookout for new events in 2018!

The City of Hurst is also looking at ways to promote happy and healthy employees, recently adopting the Healthy Hurst initiative internally. The more physically, mentally and socially healthy each employee feels, the greater the overall city workforce will be. That being said, Hurst puts great value on the health our employees, just as we do our citizens.

Healthy Hurst isn't just another program, it's a state of mind, and we are excited for citizens and employees to be a part of it. Whether you're registering for the free program, adopting an animal at Hurst Animal Services or fishing at Chisholm Park, you are making a healthier Hurst, and we appreciate you!

Ambulance Subscription



Photo by @parkervandergriff

The City of Hurst is offering citizens an ambulance subscription service to help offset the high costs of emergency ambulance transportation. Insurance companies routinely do not pay the entire amount of ambulance transportation, leaving the patient with the responsibility of paying the balance of the bill. The purpose of the subscription service is to cover the amount not covered by your insurance provider or Medicare. If a person does not have health care insurance, this program covers emergency medical services delivered prior to hospital arrival. For \$60 per year per family, you will never have to worry about paying an ambulance bill. Medicaid recipients are not eligible for this program.

2018 Ambulance Subscription Service enrollment is going on now through December 31, 2017.

For all the details, search Ambulance Subscription at hursttx.gov.

Cybersecurity Tips

Cybersecurity is our shared responsibility. Get informed, and play your part in making the Internet safer.

74% of parents admit to not knowing about their children's online behavior.

65% of youth say they would change their online behavior if their parents were paying attention.

Simple Tips

- Create an open and honest environment with kids.
- Start conversations regularly about practicing online safety.
- Emphasize the concept of credibility to teens: not everything they see on the Internet is true.
- Watch for changes in behavior – if your child suddenly avoids the computer – it may be a sign they are being bullied online.
- Review security settings and privacy policies for the websites kids frequent.

For online resources, visit dhs.gov/stopthinkconnect. Visit the City of Hurst's YouTube channel to view our latest Cyber Security Forum.

Prevent PACKAGE THEFT



Tips to prevent package theft from your porch:

- Choose a shipping option so you have to sign for delivery (and tell friends and relatives who may be shipping you packages to do the same). If you can specify that only the person whose name is on the package sign for it, make that happen.
- Keep an eye on the package's delivery status so you know when to expect it (then you can either be home or leave a note for the delivery person to deliver it to a neighbor). If friends/relatives are sending something, ask them to send you the tracking number.
- Get to know your carriers. Typically they have the same person on your route. Introduce yourself and get to know them where possible. Having a connection to who is delivering your packages will help you get better service. If there has been a problem with stolen packages in your neighborhood, tell them about it.
- Ship the package to another location if you aren't generally home such as your office or a neighbor/friends' home. (Check work to make sure this is allowed.)
- Leave special instructions where to deliver packages if you are not going to be home.
- Choose "delivery pick up" so they hold your package rather than leave it on your vacant doorstep or in your open vestibule.
- If you live in a building, set up a way to have neighbors hold each other's packages rather than leave them in a common area.
- Insure your packages, just to be safe.

What happens when your package IS stolen?

If a package IS stolen, call your local police department and report the theft, the business you ordered from and your credit card company (to find out if it offers purchase-protection for reimbursements).

Holiday

SAFETY TIPS

The mall is full of people with money to spend. As you speed along, focused on getting the perfect gift, a criminal can be searching for the next victim. When you are in a parking lot or garage, be alert to someone who appears to be standing around for no good reason. He or she might be waiting for someone or that person could be an opportunist waiting to grab your shopping bags or your purse.

- **Always park in well-lit areas** and park close to the entrance of the store or mall.
- **Don't electronically unlock your vehicle** until you are within door opening distance. This helps stop a thief from getting into the car without you knowing to strike when you least expect it.
- **Stay off the cell phone as you walk** through parking lots and streets. It is an unnecessary distraction that makes you susceptible to thieves, and your cell phone is an enticing target itself.
- **Don't flash large amounts of cash** or offer tempting targets for theft such as expensive jewelry or clothing.
- **Don't fumble for house or car keys.** Have them in your hand, ready to use when you reach the door.
- **Always lock your car and residence,** even if you are away for only a few moments.
- **Keep your purse close to your body.**

Courtesy of
Hurst Police Department,
Community Services Division
817-788-7342

The Hurst Police Department wishes your family a safe holiday season. Crime prevention involves being aware of your surroundings and potential areas of danger. This time of year is filled with hustle and bustle and safety tends to not make the priority list. The Hurst Police Department encourages you to take the time to read over these crime prevention tips to stop you from becoming a victim of theft or burglary.

Don't be a Holiday Victim

- **If the pocketbook has long straps, shorten them.**
- **Do NOT leave valuables—gifts, cell phones, purse or clothing—in open view in your car.** Take valuables with you, lock them in your trunk, or cover them in an inconspicuous way.
- **Leave lights turned on both inside and outside your residence** after dark. Criminals don't like to be seen.
- **If you will be away from home for several days, make arrangements for someone to pick up your mail and newspapers.** An overstuffed mailbox is a sure sign that no one is home, and burglars are tempted to check those envelopes for holiday gifts.
- **If possible, avoid carrying a large purse when shopping.** A fanny pack is compact and more difficult for a thief to grab and run.
- **Carry only the credit cards you intend to use** and leave the others behind.
- **Avoid carrying large amounts of cash.** Use checks or check cards.
- **Use ATMs wisely.** Have the card ready before approaching the machine, and use ATMs in high traffic areas.
- **If you believe someone is following you, cross the street, switch directions, walk into a store or restaurant.** If you are really scared, yell. Don't be embarrassed. Your safety is more important.
- **If you see something—say something.** Call 9-1-1 and report any criminal activity you witness to help us keep our community safe.

HOLIDAY SHOPPING REMINDER

As you do your holiday shopping, don't give a thief an opportunity.

Do NOT leave valuables in open view in your car. Put them in the trunk, or take them along with you. This is the time of the year when criminals do their own form of "window shopping." They look in parked cars for items left inside, and they will break through car windows to steal your valuables. It takes only a few seconds for a criminal to break into your car. So remember: when you leave your car, leave it empty.

Therapy Dog Joins Hurst Peer Support Team

Meet Bella, the newest member to the Hurst, Euless, Bedford and Grapevine Peer Support Team! Our current team is made up of sworn and civilian personnel from all four cities, which include officers, jailers, chaplains, dispatchers and clinicians. Bella will complete our team as a therapy/comfort dog. She was handpicked in Austin by Officer Kim Cerio and transported back here to begin her training as a



peer support dog. Bella will assist the Police Departments in times of crisis to comfort individual officers, victims of crime, and she will be used in group debriefs after a critical incident such as an officer involved shooting or any other incident that has greatly impacted the PD. It's important to remember that:

The goal of peer support is to provide all public safety employees in an agency the opportunity to receive emotional and tangible support through times of personal and professional crisis and to help anticipate and address potential difficulties.

Therapy dogs can be an invaluable resource when working with those who have been traumatized and are experiencing critical incident stress.

These dogs are used to bring comfort and joy to those who have experienced a traumatic incident. Many people are able to connect with dogs and feel the love that they provide, and this has a therapeutic effect on them. Therapy dogs are generally very calm and well behaved, so they do not upset or make individuals uncomfortable in their presence.

Many places are welcoming to therapy dogs if the dog is trained and obedient, does not pose a threat to others, can benefit those present at the department and does not adversely affect the department's daily operations. We think Bella will be a great asset to the team and to those she will serve in the future who may need some additional emotional support after a critical incident.

Updated Tree Limb Ordinance

Let's work together for better,
safer neighborhoods.

We've updated part of our ordinance on tree limbs to help make our neighborhoods even safer.

On residential streets, the ordinance previously stated that tree limbs extending into the street needed to be trimmed up from the ground 10'. It was recently changed

to now needing to be trimmed up from the ground 14'. The purpose behind this change is to allow more room for our emergency vehicles, school buses, trash and recycling trucks to drive down our roads without tree limbs hitting the tops. If you'd like more information on this change to our ordinance, you can call our Code Enforcement Department at 817-788-7092. We appreciate your partnership as we continue to make our streets safer!



Hurst fire, police implement drones for safety

The City of Hurst is always looking for ways to improve capabilities, especially if those ways are inexpensive and improve safety. Last year, the City of Hurst purchased two small Unmanned Aerial Vehicles and (sUAV), and both the Police Department and the Fire Department received a unit. Commonly called "drones" in everyday conversation, these aircraft have proven to be much more than a simple toy.

For a public safety organization that wants to fly sUAV as part of their operations, there are two options. They can apply to the FAA for Certificate of Authorization, or they can take and pass a written exam over 14 CFR Part 107 and become certified by the FAA as a Remote Pilot. Part 107 is the section of the Code of Federal Regulations that covers sUAV use. Hurst opted to go the route of being FAA certified as Remote Pilots and taking the Part 107 exam, because even though it is more difficult on the front side, staff believes that it gives them more versatility with how they can use the aircraft. Although the aircraft have a lot of capabilities, as Remote Pilots under Part 107, there are strict rules that they must follow.

Shortly after they were purchased, four personnel from the Police Department and five personnel from the Fire Department attended a weeklong class. In this class, they learned the ins and outs of Part 107. Since this class, the city has sent additional personnel through an alternative class in preparation for taking their Part 107 exam. Hurst now has 17 FAA certified Remote Pilots which allows for 24/7 coverage with the sUAV should the need arise. In addition to serving Hurst, the city's pilots are regionally deployable assets within the

North East Fire Department Association (NEFDA) for assistance with any call for service for agencies in Northeast Tarrant County.

To date, the departments have flown many types of missions. They have participated in missing persons search missions, and on the most recent mission, first responders were aided by the recently purchased thermal imaging camera, which allows for vision even in the dark. They have flown multiple accident scenes to assist Crime Scene in the photography and reconstruction and have photographed the aftermath of structure fires to give the Fire Marshal's office additional evidence. Staff was able to assist in locating and recovering some lost equipment that was taken down stream after a swift water rescue call in North Richland Hills. They have done several training missions on hazardous materials scenarios at TCC Northwest and were encouraged with the ability of the sUAV to help quickly identify the scope of the "incident" without having to send personnel into the area. They were able to launch, make their way down range, identify two different leaking or burning chemicals coming from overturned railcars and locate victims in about 10 minutes. They have used the 4k camera to help document projects for Public Works and Parks and provide material to the Fire Department to help pre-fire planning for large buildings. The sUAVs provide invaluable assistance with city events, helping provide information on incidents happening at the event and traffic control after the event. As the police and fire departments learn to use the aircraft in different ways, the city is hopeful that they will find many more innovative ways to improve service delivery to the citizens of Hurst.

Senior Center



Membership Information

Monday, Tuesday, Wednesday, Friday: 7:00AM-7:00PM // Thursday: 7:00AM-9:00PM

The Hurst Senior Activities Center is open to seniors only, ages 55 and over.

- Membership is required in order to use the Senior Center amenities or participate in activities and programs. (Occasionally, we will offer special programs that are open to the general public.)
- Membership is valid for one year and must be renewed annually.
- Membership includes many free classes, programs and activities, use of our state-of-the-art fitness room and access to aquatics programs. Please note that some classes and programs may require nominal fees.

Senior Center Membership Fees:

- Hurst Residents - \$20 per membership year. (Equivalent of about \$1.67 per month.)
- Nonresidents - \$80 per membership year. (Equivalent of about \$6.67 per month.)
- As a member of a Medicare Advantage or Medicare Supplement plan, you may be eligible for a no-cost or low-cost membership through the Silver & Fit or Silver Sneakers program.
- In order to receive the Hurst resident rate, please bring your Hurst water bill, Hurst property tax statement or Hurst apartment lease and your photo ID as proof of residency.

Lunch Program

The Senior Center offers a weekly meal program called "A Quick Bite." On Tuesdays, for only \$5, you get a cup of the soup of the day, your choice of the entrée of the day or a sandwich with a bag of chips and a pickle. All lunches come with a dessert. Grab a friend, and stop by the Senior Center for "A Quick Bite!"

The lunch program policies and details are as follows:

- You must register at the front desk for lunch and complete "A Quick Bite" menu selection slip. Payment is expected at the time of registration. Registration can be made any time prior to 10 a.m. on Tuesdays. Reservations will not be accepted after 10 a.m. No exceptions.
- The kitchen staff and volunteers cannot take payments. Please pay for lunch at the front counter and obtain a receipt. The receipt is only valid for the date lunch was purchased. No refunds or rain checks for lunches will be issued.
- Quantities may be limited and may sell out before 10 a.m.
- All meals are encouraged to be consumed on the premises. Taking food home from the meal site is done at your own risk. To-go boxes are not available.
- Due to health code policies, personal food items cannot be held in the kitchen refrigerators. Lunches will be available for pick-up on Tuesdays between noon and 12:30 p.m. Lunches not picked up by 12:30 p.m. must be discarded.

Donor Board

Did you know that you can give to the Senior Center Donation Fund? Donations are used to purchase non-budgeted items for the Senior Center. Donations are recognized through the Donor Board located on the east side wall of the building next to the staff offices. A plaque inscribed with your choice of inscription (space limited) will be placed on the board based on the following levels of donation:

- **Bronze** – \$250
- **Gold** – \$1,000
- **Silver** – \$500
- **Platinum** – \$2,000+

For more information or to make a donation, contact the Senior Center Director Linda Rea at 817-788-7710.

Contact Information

700 Heritage Circle
Hurst, TX 76053
817-788-7710

The Social Media Connection

Did you know that the Hurst Senior Activities Center is now on Facebook? Stay up to date on current happenings, find pictures of recent events and more! Follow us, like us and share us: @HurstSeniorActivitiesCenter

Registration Policy

Registration is required for most scheduled classes, activities and programs. Registration opens the first business day of each month at 8 a.m. and continues throughout the month. You must have an active Senior Center membership or day pass in order to register for classes. Any applicable fees must be paid at time of registration unless otherwise noted. Save time and register online by visiting the Senior Center website: <http://www.hursttx.gov/residents/senior-services>. To get started with online registration, you will need to visit the Senior Center to activate your account.

Senior Center Advisory Board

Chair: **Marcy Davis**

Vice Chair: **Gerald Grieser**

**Doris Young, Bob Hampton, John Sechrist
John Smith, Joan Stinnett, Barbara Albright
Durwood Foote and Marie Perry**

Senior Center Staff

HSAC Director: **Linda Rea**

Activities Supervisor: **Michelle Varley**

Administrative Assistant: **Laura Gore**

Activities Assistant: **Linda Provence**

Front Desk Attendants:

Debbie Broseh

Diana Conway

Tammy McDonald

Jorgi Northrop

Gayle Stevens

Senior Center Upcoming Events & Classes

Here are just a FEW of our upcoming special events. (You must be a member to participate. Sign-up and fees may be applicable.)

Tamale Making Demonstration

Sign up early for this annual Senior Center tradition with members Jose & Josie Calvillo. Learn how to prepare authentic Mexican tamales from beginning to end including the making of the filling, to rolling and steaming. Each participant will receive hands on experience, the recipe, ½ dozen tamales, and tasting samples during demonstration. \$4 per person. Space is limited, so sign up early.

11:00AM - 1:00PM // Monday // 12/4 // \$4

Holiday Breakfast Bash

Enjoy a festive morning of Christmas tradition and fare including a waffle station, an assorted fruit and pastry table, egg casseroles, and a variety of breakfast meats along with fresh coffee and juice. While you dine, enjoy a Sing-a-Long performance with Santa (aka Charles Spaulding) of all your favorite Christmas songs, then work off some calories with the Zumba Gold class. Complimentary holiday photo opportunities with Santa will be available. Breakfast is \$5 per person. Space is limited, sign up early!

9:00 - 11:00AM // Friday // 12/15 // \$5

Holiday Dance

All Seniors 55+ are invited to join us for our Holiday Dance! Dress up in your finest holiday attire and come to dance the night away or just listen to some fabulous music! Dances are only \$5 payable at the door and open to Seniors from all over the Metroplex. A Senior Center membership is not required. Our Holiday Dance will feature live music by the Nobles of Note, dance hosts, light refreshments and a sparkling beverage. Invite your friends to join you for an evening out!

7:00 - 9:15PM // Thursday // 12/28 // \$5



Grandkids Christmas Breakfast and Activities

Bring your grandkids to the Senior Center for a morning of holiday fun. Get family pictures made with Santa, make a holiday craft and enjoy a Christmas inspired, kid-friendly breakfast while we watch a classic holiday cartoon. We will conclude the activities with everyone creating their own decorated sweet confection. \$5 per person (includes photographs, craft, breakfast and treat decorating.).

9:00 - 11:00AM // Friday // 12/22 // \$5

Black-eyed Peas, Cornbread & Movie

Get ready for the New Year by taking part in this Southern tradition and eat your lucky black-eyed peas! Enjoy the movie "When Harry Met Sally" while you dine. Sign up in advance so we are sure to have enough "luck" and cornbread for everyone!

Noon - 2:00PM // Friday // 12/29 // \$3

Memorial Service

A special time of remembrance has been planned to honor loved ones that were lost in 2017. Come light a candle to show gratitude for the life they lived and for the time that was shared with them. Please make the front desk aware of anyone who should be remembered at this service. An ornament will be made in their honor and their name read as part of the service. Those who had Senior Center Memberships will also be included in a slide show. Friends and family are welcome. Grief counselor will be available following the service. We kindly request that you register if you plan to attend so that we can ensure adequate seating.

1:00 - 2:00PM // Friday // 1/19 // FREE

Soup & Socks for Seniors

Help to warm the feet of local homebound and isolated seniors by bringing a pair of new socks (men or women sizes) to be distributed to those in need from our community. Complimentary soup provided to all sock contributors.

Noon - 1:00PM // Friday // 1/26 // Sock donation

Senior Center Fitness Classes

(You must be a member to participate. Sign-up and fees may be applicable.)



Aquatics Classes

Purchase a 5 class Punch Card for \$20. Come when it's convenient for you. No worries about missing a class. (Card only applies to instructor led aquatics classes.)

Silversneakers Splash!

Activate your urge for variety! Splash offers fun, shallow-water movement to improve agility and flexibility while addressing cardiovascular, strength and endurance conditioning. No swimming ability is required and a kickboard or other aquatic equipment is used to improve strength, balance and coordination. Fees are waived for SilverSneakers members this class only. **Instructor: Rosy Pritchett**

10:00 - 10:55AM // MW

Aqua Zumba

This class is perfect for those looking to add a low-impact, high-energy aquatic exercise to their fitness routine. Benefits include less impact on your joints during class so you can really let loose. Water creates natural resistance, which means every step is more challenging and helps tone your muscles. **Instructor: Rosy Pritchett**

11:00 - 11:55AM // MW

Water Wellness

A great water workout if you have sore or tight joints, lower back pain, balance issues, or general aches and pains. Come try this gently paced water wellness class to ease your symptoms.

Instructor: Off the Deep End Aquatics

10:00 - 10:55AM // TTh

Work it in Water

This class will help you improve your cardio strength, endurance, and muscle tone. Aqua weights, noodles, and kick boards, along with your own body weight will be used to maximize your workout. **Instructor: Off the Deep End Aquatics.**

11:00 - 11:55AM // TTh

Unstructured Water Time

Use of the pool for unstructured water time is available on FRIDAYS in two 55 minute increments. Water noodles and kick boards are available for your use. Inflatable flotation devices are prohibited. **\$5/month per session.**

10:00 - 10:55AM // F

11:00 - 11:55AM // F

Group Fitness

Ageless Grace

A program that works on all 5 functions of the brain as well as the 21 primary physical skills we need for aging youthfully. Designed so that almost anyone of any age, ability, body-type, size or with any physical challenge can participate and benefit from the simple tools for lifelong comfort and ease. **Instructor: V'Ann Giuffre**

10:30 - 11:15AM // W // 4WKS // \$10

Non-Contact Boxing

A great way to improve agility, speed, endurance, accuracy, balance, hand-eye coordination, footwork and overall strength. This class is designed with Parkinson's patients in mind, but anyone can benefit from the exercise and is welcome to participate. **Instructor: Rosy Pritchett**

4:00 - 4:45PM // W // 4WKS // \$10

Senior Center Fitness Classes

(You must be a member to participate. Sign-up and fees may be applicable.)



Fit Start | Exercise

Instructor led fitness class designed for those just starting to exercise and also for those with low mobility. Encompasses movements to strengthen the upper body and core, increase flexibility, and improve cardio health and stamina. **Instructor: Jeri Worl**

9:00 - 10:00AM // T // 4WKS // \$10

9:00 - 10:00AM // Th // 4WKS // \$10

SilverSneakers Classic

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Includes use of hand-held weights, elastic tubing and balls for resistance. A chair is available if needed for seated or standing support. Fees are waived for SilverSneakers members this class only. **Instructor: Debbie Melchiorre/Rosy Pritchett.**

8:00 - 9:00AM // W // 4WKS // \$10

5:30 - 6:30PM // W // 4WKS // \$10

8:00 - 9:00AM // W // 4WKS // \$10

5:30 - 6:30PM // W // 4WKS // \$10

Zumba Gold

This class is designed for active older adults that like to move! Easy to follow Zumba choreography that focuses on balance, range of motion and coordination. Benefits include cardiovascular, muscular conditioning, flexibility and balance. **Instructor: Rosy Pritchett/Kalyn Worthey**

10:30 - 11:15AM // T // 5 pass punch card // \$20

10:30 - 11:15AM // W // 5 pass punch card // \$20

Tai Chi

Chinese system of slow meditative exercise designed for relaxation, balance, and health. **Instructor: Chot Pham.**

9:00 10:00AM // W // 4WKS // \$10

Yoga

Strengthen on Your Mat

A core strengthening class that combines pilates, basic exercise moves, and yoga. **Instructor: Rosy Pritchett**

10:00 - 11:00AM // F // 4WKS // \$10

Hatha Yoga

Incorporates the use of postures and stretches linked with the breath to develop flexibility. A combination of floor and standing poses is used to create a flow of movement that encourages proper alignment, balance and opening of the body. **Instructor: Tyler Kuelbs/Aimee Larson**

2:30 - 3:30PM // T // 4WKS // FREE

Senior Center Fitness Classes

(You must be a member to participate. Sign-up and fees may be applicable.)



Chair Yoga

A practice that modifies yoga poses so that they can be done while seated in a chair. These modifications make yoga accessible to people who cannot stand or lack the mobility to move easily from standing to seated to supine positions. Many of the basic body mechanics of the individual postures are retained, no matter the stance of the practitioner. While seated on chairs, students can do versions of twists, hip stretches, forward bends, and mild backbends. **Instructor:** Tyler Kuelbs/Aimee Larson

3:45 - 4:45PM // T // 4WKS // FREE

Gentle Yoga

Incorporates the adaptation and application of Yoga techniques and practices to help individuals facing health challenges at any level manage their condition, reduce symptoms, restore balance, increase vitality, and improve attitude. Students should be able to get up and down from the floor on their own. **Instructor:** Rachel Cowley

1:00 - 2:00PM // M // 4WKS // \$16

Relax, Renew, Restore

Experience restorative yoga poses that let you relax deeply and consciously, allowing tension to release from the body and energy to flow. Postures are seated or lying down with the use of props for optimal comfort. **Instructor:** Michelle Varley

3:30 - 5:00PM // F // 12/8 // \$4

3:30 - 5:00PM // F // 1/5 // \$4

3:30 - 5:00PM // F // 2/2 // \$4

CONNECT WITH



@HurstPoliceDept: Some of our dispatchers are out at Will Rogers Convention Center until 2 p.m. handing out 911 goodies and school supplies at a back to school event! If you're there, stop by and say hello!



@HurstSeniorActivitiesCenter: New strength building equipment is being installed today! Come out to the senior center later this afternoon to try out the new equipment!



@cityofhursttx: Employee Giving Day has officially begun!



@HurstParksandRec: Here's a look at some of the fun we had at the 2017 Fall Festival!



@HurstParksandRec: 2017 B-division tournament!



@HurstAnimalServices: Lucy found her family! Thanks, Patchen Family, for opening your hearts and home to one of our special shelter dogs! #FindYourFido



@cityofhursttx: We had so much fun ringing in the holiday season with you last week at our annual Tree Lighting Event!



@hurstpubliclibrary: Having a good time with anime night in the Teen Zone! Join us the first Thursday of the month for Teen Zone Happening at 7 pm! #checkouthurst



@hurstpubliclibrary: The carousel has arrived!! Are you ready for showcase at the library tonight at 6 p.m.? We are! #checkouthurst



US



@HurstParksandRec: Big THANKS to Chick-fil-A for providing food for our Aquatic Staff Luau! Thanks for helping us say "Thank you" to our staff for their hard work this season!



@HurstSeniorActivitiesCenter: ZUMBA & a Salsa Dance Party going on NOW!



@HurstAnimalServices: We are so excited for Boo and his new mom and dad! Thank you for adopting a shelter cat!



@TheCityofHurst: Group photo of our medic team with Ben Taub ER staff. #harvey



@HurstPoliceDept: New patrol cars will soon be seen around Hurst! We upgraded interior equipment to help with officer's visibility & also got a modern look!



@cityofhursttx: It's a beautiful day for Grand Family Picnic!



@TheCityofHurst: Council approved David Palla to become next Fire Chief!



@HurstPoliceDept: Thanks to everyone who came to National Night Out last night and Coffee with a Cop this morning!



@cityofhursttx: We had a great time celebrating the Fourth of July with you last week at Hurst Stars and Stripes!

Annual Budget Report

Hurst City Council has long provided leadership through the strategic planning and the budget process, which begins each year with a citizen survey and the annual Town Hall Forum, both determining community interests. Council then uses this feedback in their annual strategic retreat. You can find more information about council's strategic plan at hursttx.gov/strategicplanning.

Adopting the annual budget and tax rate are the two most important actions the council takes each year. Consistent with our vision and mission, council and staff work together to continue to provide the infrastructure and services our community relies upon every day.

In an effort to combat property value tax increases, the Hurst City Council decreased your tax rate. Because the Texas economy is strong and the population is growing, property values are on the rise. This rise in property value allowed your City Council to leverage the additional property tax revenue to cover loss of revenues in other areas, such as sales tax and fees, in order to maintain service quality.

About 60% of budgeted revenues are funded through property and sales tax. This year, the average taxable value of a home in Hurst is \$132,972. That means when you apply the adopted tax rate of \$0.58094 per \$100 in value, the average household in Hurst only pays about \$2.12 per day in property taxes to support city services.

With public safety as one of council's strategic priorities, 53% of the General Fund budget goes to support police, fire and emergency medical services. Another 22% of the budget



*For the third year in a row,
your tax rate has decreased!*

supports community services which includes the library, parks, recreation and the senior center that all provide innovative programs and events for our community. Another 10% of the budget funds public works, primarily our streets, drainage, and traffic division. The remainder of the budget helps support planning & development, municipal court, administration, and other public services. This year's budget is focused on continuity of services with no expansion of programs. To accomplish this goal and meet the council's strategic priorities, the budget includes increased expenditures to invest in our public safety gear and equipment, existing community programs and partnerships such as HEB and Birdville Reads, and ensuring that employee compensation and benefits remains competitive in the municipal market.

The city appreciates the community's support of our programs and services and the council's leadership in developing the annual budget. For more budget and financial information, please visit our website at www.hursttx.gov.

Code Red

On October 4, 2017 around 4:30 p.m., a distressed mother called 911 to report that her two young children had not made it home from school. That evening, the entire community came together to assist with searching for the missing children. One of the ways that our community members were alerted that help was needed was by our CodeRed Emergency Notification System. We use this system to notify the entire city or only affected areas about emergency situations in a matter of minutes. For those signed up,

they can select to be alerted through a phone call, text message or email. This system was essential during this emergency and helped get those children located around 9:30 p.m. that same night.

To make sure you are in the know when emergency situations occur, please sign up at hursttx.gov/CodeRed.

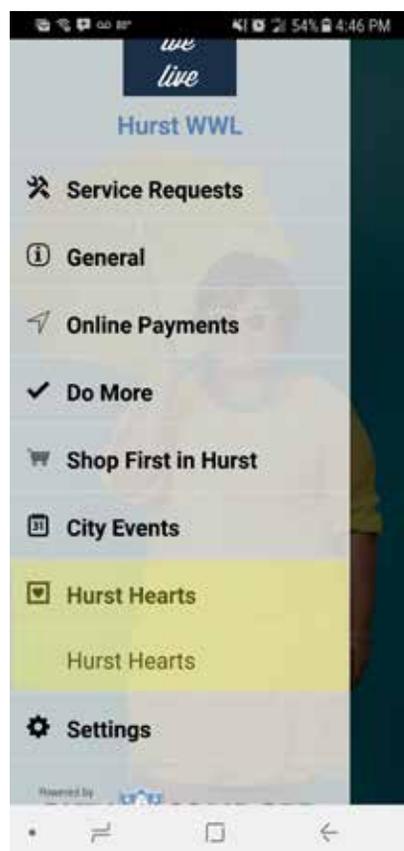
Hurst Where We Live Mobile App

We are always expanding our mobile app to help our citizens get what they need quickly and efficiently! We wanted to make it easier for you to partner with us to spread kindness around our community by making the Hurst Hearts submission form available in the palm of your hands! Just click the drop down menu and select Hurst Hearts. Submit a story, and we'll share it on our social media platforms!

Now available, you can find all the information about the 2018 tree lighting event on November 28. Updated information for this event has been added to the app under the City Events tab.

This summer, our Hurst Where We Live mobile app was recognized nationally for receiving the Granicus Capstone Award for Digital Achievement! You can read about it by visiting Granicus.com/awards.

If you don't have our app, download it today in both the iTunes and Google Play stores. Just search for 'Hurst Where We Live.'



Get Notified!

Stay in the know with our FREE e-mail notification service

Who doesn't want to know what is going on in their city? We know you do! This is why, over 10 years ago, the City of Hurst established our FREE e-mail notification service. Our e-mail service allows you to choose from over 10 different topics, from job openings to emergencies, and exciting city events. The service will also notify you via text on your mobile device, if you so choose. When you visit hursttx.gov, you will see invitations throughout the site to subscribe to this service, just look for the red envelope! You can also sign-up directly by visiting hursttx.gov and searching the word e-mail. So sign-up today! Stay IN THE KNOW!

Shop First in Hurst

Retail, restaurant and business guide goes digital

Shopping local and supporting small business is vital to the health of a community, and we're no different in Hurst. That's why we adopted Shop First in Hurst as our mantra long ago. With so much to offer right here in our city, why shop anywhere else? Starting this year, we have moved our Retail, Restaurant and Business Guide to strictly digital! You can access all of our businesses in Hurst on our website at hursttx.gov/retailguide or on our Where We Live Mobile App! With the holiday season now upon us, we hope that you will take advantage of all the great shopping our city offers and continue to Shop First in Hurst!

Hurst 101

Are you looking for a fun way to get more involved in your city? Hurst 101 offers Hurst residents and Hurst business owners an opportunity to learn more about our departments, the process of how the city budget gets put together each year and all the other inner-workings of local government. The class meets 10 times between January and May with presentations from various city staff members, tours of facilities and one on one interactions with city council members. For more information and to apply online for our next class, visit hursttx.gov/hurst101.



Holiday Grease Roundup

November 27 - January 5

This holiday season, we're making it easier than ever to Cease the Grease! You can recycle it for free at our drop-off location at the north end of the Service Center parking lot at 2001 Precinct Line Rd.



Hurricane Harvey - Hurst Fire Department Assists

When Hurricane Harvey wreaked havoc down in Southeast Texas, countless first responders shipped out to offer their assistance without a moment's hesitation. During a time of such devastation, people came together to do whatever it took to save lives and spread hope to the people living in those effected areas.

The Hurst Fire Department sent a total of 11 personnel along with an ambulance, fire engine and a swift-water rescue boat to Houston and surrounding areas during a two and a half week period after Harvey hit. They were able to rescue over 1,000 people and get them to safety, including assist with evacuating a nursing home and hospital, and our medic team ran 911 calls for those first responders whose families and homes were directly impacted.

We are proud to have a team built up of selfless individuals who are dedicated to making a difference, not only in our community, but anywhere there is a need.



Personal Training Spotlight

Sometimes it's difficult to know how to take that first step towards becoming healthier. Where do I start? How do I lose weight? What are the right exercises for me? These are all valid questions that many people face when deciding to improve their quality of life.

Here at the Hurst Recreation Center, we understand these questions and are here to provide the answers you seek. Our personal training programs can help you with weight loss, body toning, sports training, flexibility and general exercises that will contribute towards your overall health.

Behka Hartman

Fitness Coordinator
Certified Personal Trainer

Behka has been a member of the Hurst Recreation Center for over 21 years and decided 12 years ago to become a certified Group Exercise Instructor through AFAA. Wanting to be a well-rounded instructor, she obtained certifications in over twenty-three different formats including several dance formats like Zumba and Hot Hula and many others like boot camp, cycle, yoga, pilates, kick boxing and water aerobics.

As an ACE certified Personal Trainer for the last eight years, Behka believes fitness is an important element of good health and should be part of everyone's lifestyle. Fitness can be fun and can make a huge difference in your mental, physical and emotional health and increase your self-confidence. She would love to help you find just the right workout that will keep you interested and working toward a long healthy life.



The purpose of personal training is to provide an exercise prescription that will help you achieve your health goals through proper instruction, motivation and adherence to a personal trainer designed regimen. Personal training will cater to your overall goals providing resistance, cardio and flexibility trainings with intensity and duration of the workouts adjusted to age, weight, sex and current fitness level.

The Hurst Recreation Center has two dedicated personal trainers who are ready to help you achieve your fitness goals!

Kyle Massingill

Master Personal Trainer

Kyle has been training and coaching for the last four years and is a certified master trainer. He also holds a BA degree in speech communications from The University of Texas at Arlington, which he implements daily to communicate and

connect with his clients on a deeper level to ensure their utmost success both physically and mentally. Kyle has participated in MMA, swimming, boxing, baseball, hockey, basketball, cross-country and powerlifting. He incorporates different elements from each sport into his training to make his training fun and diverse. If you were to ask Kyle what he deems most important about his training, he would tell you it's the client's self-confidence. Kyle is driven to make sure that each and every client feels comfortable in the gym, but more importantly, he inspires them to feel confident in their skin and with the person they are embarking on their fitness adventure.





Retail, food options abound in Hurst for the holidays

What a great time of year! We all enjoy giving and receiving gifts and celebrating this wonderful holiday season. Over 100 new businesses have opened in Hurst since last Christmas including many at Northeast Mall. These new stores along with existing stores offer a nice selection of gift possibilities, and we encourage you to Shop First in Hurst!

While many retail analysts have been predicting the downfall of brick and mortar retailing as e-commerce has grown across the country, it certainly does not hold true for the high growth areas like the DFW Metroplex. The six weeks of Christmas shopping is when most retailers do 35% to 40% of their annual volume, and we anticipate shoppers to continue to have a big turnout this holiday season.

Shopping is extended and more gratifying when it includes a yummy meal or snack at a good restaurant. Hurst has an abundance of attractive food service operations throughout its 10-mile city limits, offering residents and visitors 138 different restaurants ranging from coffee shops and bakeries to specialty cuisines to fast casual to fine dining.

Some of our newest restaurants that opened up in the last 18 months are:

- El Pollo Loco
- Taco Casa
- Burritos Locos #2
- California Tacos
- Red Sea Fish
- Slim Chickens
- RTacos
- Chick-fil-A
- Brookside Café.

Just recently opened, or soon to be open:

- Corner Bakery
- Euro Gyros
- La Real Michoacana Ice Cream store
- Tropicana Fruteria
- Harwood Café
- Chicken Salad Chick
- Burning Rice Korean BBQ
- Smoothie King

So whether you're shopping or eating or shopping AND eating, Hurst is the place to be!

Flood Safety Tips

Texas weather is unpredictable. Know what to do when severe weather occurs, including severe flooding. Here are ways to prepare before a flood occurs and what to do during one.

Before the Flood

1. Check with the Engineering Department (817-788-7080) on the extent of past flooding in your area.

- City staff can tell you about the causes of repetitive flooding, what the city is doing about it and what would be an appropriate flood protection level. They can also visit your property to discuss flood protection alternatives.

2. Prepare for flooding by doing the following:

- Know how to shut off the electricity and gas to your house when a flood comes.
- Make a list of emergency numbers and identify a safe place to go.
- Make a household inventory and put insurance policies, valuable papers, medicine, etc. in a safe place.
- Report blockages in creeks, culverts, drainage ditches and storm drain inlets by calling Public Works at 817-788-7076.
- Develop a response plan - consult the American Red Cross website for information on creating an emergency preparedness plan.
- The American Red Cross has also published the brochure *Repairing Your Flooded Home*, which provides information on planning and preparing for a flood event as well as repairing after a flood event.

3. Consider some permanent flood protection measures.

- Mark your fuse box to show the circuits to the floodable areas. Turning off the power to these floodable areas can reduce property damage and save lives.
- Consider flood protection alternatives such as flood walls or berms. Note that some flood protection measures may require permits. Please check with the Engineering Division and/or Building Inspections for more information.
- A copy of Homeowner's Guide to Retrofitting: Six Ways to Protect Your House from Flooding are available at no charge to download from FEMA.

4. Talk to the Engineering Division for information on financial assistance.

- If you are interested in obtaining more information on what you can do to prevent flood damage, or what funds may be available to assist you with mitigating flood damage to your property, contact the Engineering Division at 817.788.7080.
- Get a flood insurance policy - it will help pay for repairs after a flood and, in some cases, it will help pay the costs of elevating a substantially damaged building.

5. Get a flood insurance policy.

- Typically, homeowner's insurance policies do not cover damage from floods. However, some owners have purchased flood insurance because it was required by the bank when they received a mortgage or home improvement loan.
- Don't wait until the next flood to buy flood insurance protection. In most cases, there is a 30-day waiting period before the National Flood Insurance Program coverage takes effect.
- Contact your insurance agent for more information on rates and coverage.

During and After the Flood

1. Check with the Engineering Department (817-788-7080) on the extent of past flooding in your area.

- Do not wade through floodwaters due to the danger of pollutants, debris (nails, glass, etc) and animals (snakes, ants, etc.). Floodwaters are often murky and depth is hard to determine.
- Do not drive through floodwaters! Turn around, don't drown! If emergency evacuation is necessary, please heed the warnings of the emergency management and follow the instructions to evacuate - it saves lives of those around you and possibly of the emergency workers responding.
- Ask for a licensed electrician, plumber etc. to check or turn on your power, water and/or gas.

Youth in Government



We're gearing up for our 2018 Youth In Government class! We have worked hard to revamp our program making it even more exciting and flexible for our high school juniors and seniors. We've also included more volunteer opportunities that are perfect resume builders. This year's program will run from January-May, and as always, there will be a chance to win a college scholarship! For all the details and to easily apply online, visit hursttx.gov/YIG.

New Alarm Systems Ordinance

In order to better provide responsive and cost effective services, our city council recently approved changes to the Alarm Systems ordinance. Like most cities in DFW, Hurst now requires residents with home alarm systems to apply for an annual permit. The annual cost to permit your home security system for non-seniors is \$25. The city will also offer a senior rate of \$10. This permitting process allows the Hurst Police Department to better respond to calls and to recoup associated costs. The ordinance and service fees pertaining to Hurst businesses remain the same.

For more information on this ordinance and to apply online for a permit, visit hursttx.gov/alarmsystems.

#HURSTHEARTS

Each of us has the power to be a positive influence to the people who have been placed in our lives. Whether it's who we're connected to on social media, who we work or go to school with, our loved ones, the people we volunteer with or even the cashier we see at the grocery store each week. Words of encouragement and small acts of kindness go a long way and can also have a ripple effect! If all of us were more intentional about spreading kindness and positivity, this world would look a lot different.

Here at the City of Hurst, our Hurst Hearts kindness campaign was created to highlight those acts of kindness happening throughout our community. We want to drown out the negative noise on social media with stories of positivity and ways that the people in our community are coming together for the greater good. We invite you to partner with us! If you have a story that you'd like for us to share, you can submit it at hursttx.gov/hursthearts or use #hursthearts in your Facebook, Twitter or Instagram posts!

Hurst Public Library

901 Precinct Line Road, Hurst, TX // 817-788-7300 // www.HurstTX.gov/Library



Ongoing Adult Programs

AARP Tax Assistance

Visit the library to set up your appointment (required).
Noon-4:00PM // Tuesdays // 2/6-4/17

Adult Games, Games, Games!

Come be a part of game night at the library! Play Scrabble, cards, Settlers of Catan and more! Or bring your own game to share!

7:00PM // First Thursday // Beginning 1/4

Brown Bag Book Club

First Thursday of the month at noon in the library reading alcove.

Join us for an informal book discussion.

January - *Blanche on the Lam* by Barbara Neely

February - *The Winter Palace* by Eva Stachniak

March - *The Glass Castle* by Jeanette Walls

Oscar Film Series - February

Ages 13+

Every Tuesday evening in February we'll be showing an Oscar-nominated film, either from recent years or 2018, for your enjoyment on the big screen. Children under the age of 13 will need parental accompaniment or permission. Popcorn and soda will be served. Please check the library website for upcoming movie details.

6:30PM // T // 2/6, 2/13, 2/20, 2/27



Ongoing Youth Programs

Chess Club

Elementary School Ages + // 4:00-5:00PM // M

Story Time

3 - 6 Years // 10:45-11:15AM // T

Toddler Time

1 - 3 Years // 10:00-10:30AM // M & TH

Monday, Wednesday, Friday, Saturday: 10:00AM-6:00PM // Tuesday, Thursday: 10:00AM-9:00PM



L. D. Bell Art Reception

7:00PM // Thursday, March 8

Come see art pieces by students from L.D. Bell High School. Share refreshments and mingle with the student artists whose work will be on display for the month of March. Bring a friend!

Teen Zone

Chess Club

Students of all ages through high school
4:00-5:00PM // M

Chocolate Olympics

6th - 12th Graders

Join us for an afternoon of chocolate fun! Relay races, pie-eating contests, M&M sorting and more! Bring your appetites and your friends.

7:00-8:00PM // TH // 2/8

Spring Break Crafternoons

6th - 12th Graders

Staying home for spring break? Don't let FOMO get you down! Come to the library every afternoon for cool DIYs even your jet-setting friends will be jealous of.

4:00-5:00PM // 3/12 - 3/16

Teen Innovation Panel

Teens ages 14-18

Earn volunteer hours for school by planning teen programs, contributing ideas to the library's collection, and helping to make the library more teen friendly. Application is required to join.

7:00-8:00PM // TH // 1/18

7:00-8:00PM // TH // 2/15

7:00-8:00PM // TH // 3/15

Teen Trivia: Marvel vs. DC

6th - 12th Graders

Join fellow teen trivia buffs for a friendly game-show contest. Prizes awarded for 1st, 2nd, and 3rd place!

7:00-8:00PM // TH // 1/11

Teen Night

6th - 12th Graders

The first Thursday of the month is your time to hang at the library. Discover what we've planned just for you!

7:00-8:00PM // TH // 1/4

7:00-8:00PM // TH // 2/1

7:00-8:00PM // TH // 3/1

Teen Tech Week Scavenger Hunt

6th - 12th Graders

Familiarize yourself with the library's digital resources, learn about technology, and celebrate YALSA's Teen Tech Week with the TTW Scavenger Hunt! Completed scavenger hunts will be entered into a raffle at the end of March.

3/1 - 3/31

Hurst Public Library



Youth Programs

Babygarten

Babies, Birth to 18 Months, with Caregiver

Babygarten is an educational curriculum involving songs, rhymes and activities that help babies with language acquisition and preliteracy skills. Space is limited, so please register at 817-788-7302.

Wednesday Sessions

10:30-11:30AM // W // 1/17-2-21

Saturday Sessions

10:30-11:30AM // S // 1/20-2/24

Puppets Plus Workshop

4th - 8th Graders

Are you interested in different kinds of puppets? Or maybe readers' theater? Would you like to work with other kids interested in performing a variety of skits for special Library programs this spring and summer? Now is your chance - come give it a try! Call 817-788-7302 to register.

4:00-5:00PM // T // 1/2, 1/16

4:00-5:00PM // T // 2/6, 2/20

4:00-5:00PM // T // 3/6, 3/20

Spring In for a Movie

For all ages

Make movie matinees part of your spring break each week day with a bonus showing on Saturday. Enjoy a family favorite on the big screen complete with free popcorn provided by the Friends of the Library.

2:00PM // 3/12-3/17

Streaming Stories

Family story time

A selection of stories, a smattering of science, a creative component - experience stories in many different ways and not just with your eyes and ears!

7:00PM // *Bubbly Bathtime* // T // 2/13

7:00PM // *Animal Friends* // T // 3/13

Take Your Child to the Library

For all ages

The library—it's more than just a bunch of books (though we think books are great)! Crafts and activities, including a couple of Library tours that take you behind the scenes, will be taking place throughout the day to give you a taste of what the library has for you! PLUS: A special guest performer at 3 p.m.

10:00AM-6:00PM // S // 2/3

Train Car Creations

For all ages

Children of all ages are invited to create their own train cars out of boxes and poster board. A variety of media will be available to design and decorate personal train cars. All participants will be encouraged to show off their creations in the Train Parade on Saturday, January 13.

5:00-8:00PM // T/Th // 1/9, 1/11

Train Parade

For all ages

The Kids' Express will track around the Library for all to enjoy. Come see the train cars kids and families have made or, better yet, be a part of the fun and create your own train car on January 9th and 11th! At the end of the line, participants and viewers are invited to a special party celebrating trains.

11:00AM // S // 1/13





Programs for All Ages

BYOD (bring your own device): E-Books & Downloadables Night

For All Ages

Intrigued by the idea of e-books and e-audiobooks but haven't figured out how to do it? Or maybe you just need a little help? Put those new e-readers, tablets, and smartphones you received over the holidays to good use! Join us Tuesday, January 9th to learn how to read and listen to books on your own personal device! The library has so many free downloadable apps just waiting for you to explore them!

6:00-7:00PM // T // 1/9

Early Release Movie Matinees

School's out early!

Join us at 2:00PM on January 19 and March 2 in the library program room for a movie on the big screen. Free Popcorn provided by the Friends of the Library.

Check the website for upcoming movie details.

2:00PM // F // 1/19

2:00PM // F // 3/2

Make and Take Craft

Stop by our table for a FREE Seasonal craft for you to make and take home with you.

This craft is for all ages, but our younger library friends may need help from an adult or older sibling.

6:30-7:30PM // TH // 2/8

Masterworks at the Library

For All Ages

EVENING MasterWorks AT THE LIBRARY

MasterWorks Music Series is an ongoing concert series funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with Arts Council Northeast. These free concerts are held at 7:00 p.m. the 4th Thursday of each month at the Hurst Public Library.

7:00PM // 1/25, 2/22, 3/22





HURST RECREATION CENTER

Plan for personal health, wellness and fitness in 2018

If your New Year's resolution is to improve your personal health, wellness and fitness, the Hurst Recreation Center is the place for you. Our very affordable rates for both annual and daily passes will help you accomplish all of your resolutions including the one to save more money in 2018!

Come and enjoy our activities and programs: 100's of classes, shoot some hoops with your friends, enjoy a game of racquetball, volleyball or pickleball, use the jogging/walking track to get some exercise, or work out in our state-of-the-art fitness center. Equipment for all activities are available for check out with your "Quality of Life" Rec Card at the front desk of the Recreation Center.

If fitness is your thing, there are many fitness classes to help you reach all of your fitness goals. You can also schedule a session with one of our personal trainers to formulate a custom-designed fitness plan, and our Fitness Center has all of the equipment you will need to complete your workouts. The Cardio Room is equipped with treadmills, elliptical crosstrainers, and lateral trainers, all of which have individual television screens that will allow you to watch your favorite TV show while you workout. You can also use your iPod to listen to your favorites or enjoy our new HDTVs while using not

only our treadmills and ellipticals, but our bikes, stairclimbers, rowing machines and seated crosstrainers as well. There is literally something for everyone! And any complete fitness program includes a strength training regimen. We have an extensive selection of machined weights and plate-loaded strength equipment, as well as dumbbells and flexibility equipment. For more information on any of our activities or classes, contact the Recreation Center 817-788-7325.

Our Commitment to Quality

Your satisfaction is our goal... we strive to provide you with quality recreation programs, and we take pride in making your recreation experience an enjoyable one. Join us this season for recreational, educational and lifelong learning opportunities. If you are not completely satisfied with your recreational experience, please call us at 817-788-7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation.

Classes begin the week of January 8
(unless otherwise indicated)



Hours of Operation

Monday-Thursday // 6:30AM-10:00PM

Friday // 6:30AM-6:00PM

Saturday // 9:00AM-6:00PM

Sunday // 1:00PM-6:00PM

Contact Information

700 Mary Drive
Hurst, TX 76053
817-788-7325

Recreation Center Fees

Hurst Residents

Daily Pass: **\$2**

Youth Annual Pass (6-15 Years):
\$20 Per Year

Youth Fitness Annual Pass (12-15 Years):
\$50 Per Year

* 12-13 Years must have adult supervision

Adult Annual Pass (16-64 Years):
\$50 Per Year

Senior Annual Pass (65+ Years):
\$20 Per Year

Family Annual Pass:
\$125 Per Year

Replacement Card Fee: **\$5**

Non-Hurst Residents

Daily Pass: **\$10**

Youth Annual Pass (6-15 Years):
\$80 Per Year

Youth Fitness Annual Pass (12-15 Years):
\$200 Per Year

* 12-13 Years must have adult supervision

Adult Annual Pass (16-64 Years):
\$200 Per Year

Senior Annual Pass (65+ Years):
\$80 Per Year

Replacement Card Fee: **\$5**

* Members ages 12-13 must have an adult present at all times to use the Fitness Rooms. Members ages 12-15 must provide proof of age when registering for a Youth Fitness Pass.

Help Us Help You!

Please Enroll Early

Help us keep your favorite classes around by enrolling early. There is a point when a class must be canceled due to low enrollment. Help us prevent class cancellations by registering early!

3 Years and Younger Programs

»» Please Remember

In order to provide the best learning environment, children ages 3 and up must be toilet-trained.

Awesome Twos

2 Years // Supply fee \$10

Let's get together and play! We will learn our shapes and colors, create crafts, and just have a blast playing and learning at the same time!

Instructor: Dottie Nicholson

11090-A
9:00-9:45AM // M // 8WKS // 1/8 // \$37

Claytime Fun

2 Years // Supply fee \$10

Clay is a great tool for working on those fine motor skills while having fun! Your child will bring home projects made in class.

Instructor: Dottie Nicholson

11145-A
9:00-9:30AM // W // 8WKS // 1/10 // \$35

Happy Feet

2 Years

Let's get those feet tapping and those bodies moving! We will have fun with music and movement while working on the development of our gross motor skills.

Instructor: Dottie Nicholson

11095-A
9:00-9:30AM // F // 8WKS // 1/12 // \$35



Little Painters

2 - 3 Years // Supply fee \$5

Let the artist in your child shine through! We'll create masterpieces using finger paints, stencils, sponges, and even rocks!

Instructor: Dottie Nicholson

11333-A
10:00-10:30AM // M // 8WKS // 1/8 // \$35

3 Years and Younger Programs

Little Tyke Soccer

2 - 3 Years // Tennis shoes required

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport.

Instructor: Stacie Castillo

11600-A

9:00-9:30AM // F // 8WKS // 1/12 // \$35

Numbers and Letters for Little Ones

2 - 3 Years // Supply fee \$5

Come create fun projects to help with letters and number concepts. We will use multi-sensory activities and crafts to develop these skills.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11123-A

9:00-10:00AM // T // 8WKS // 1/9 // \$35

Parent Tot Soccer

1 - 2 Years // Tennis shoes required

Time to not only play with your tot, but get some exercise as well! We will learn the basics of soccer and how to make a G0000000AAAAALLLLL! **One child per parent.**

Instructor: Stacie Castillo

11700-A

8:30-9:00AM // F // 8WKS // 1/12 // \$35

GYMNASTICS

Parent/Tot Tumbling

16 - 36 Mos // One Child Per Parent

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling and coordination.

Instructor: Tammy Slovensky

31040-A

9:30-10:00AM // T // 8WKS // 1/9 // \$35

31040-B

9:30-10:00AM // W // 8WKS // 1/10 // \$35

31040-C

9:30-10:00AM // TH // 8WKS // 1/11 // \$35

GYMNASTICS

Tiny Tykes

2.5 - 3.5 Years

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling and coordination.

Instructor: Tammy Slovensky

31030-A

10:00-10:30AM // T // 8WKS // 1/9 // \$35

31030-B

11:30AM-Noon // T // 8WKS // 1/9 // \$35

31030-C

10:00-10:30AM // W // 8WKS // 1/10 // \$35

31030-D

10:00-10:30AM // TH // 8WKS // 1/11 // \$35



»»» Please Remember

With your child's best interest in mind, we ask that parents do not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is effected by parental distractions and interruptions. Parents may sit in the lobby or lounge areas. Please do not sit in the hallway.

Winter Fun

18 Mos - 2 Years // Supply fee \$10

Let's use music to get our creativity flowing to make winter crafts! We will use instruments, paints, scissors and glue to create wonderful masterpieces with a wintery theme.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11015-A

9:15-10:15AM // W // 8WKS // 1/10 // \$39

3 Years and Older Programs

Ballet for Tots

3 - 5 Years

In this class your tot will become familiar with basic barre and center work. We will also work on counting, tempo, distinguishing our right from our left, and other foundational dance concepts. (Ballet shoes required.)

Instructor: Rachel VanKleef

11180-A

4:55-5:25PM // M // 8WKS // 1/8 // \$35

11180-B

4:30-5:00PM // T // 8WKS // 1/9 // \$35

Biology Fun

3 - 6 Years // Supply fee \$8

This is a unit study of the plant and animal kingdoms. We will learn about what living things have in common and even what they are made of!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11450-A

10:15-11:00AM // TH // 8WKS // 1/11 // \$37

Bugs, Bugs, Bugs

3 - 6 Years // Supply fee \$10

Do you like watching those creepy critters in your backyard? We will learn all about insects and even conduct some live inspections of specimens.

Instructor: Dottie Nicholson

11222-A

11:30-12:15PM // M // 8WKS // 1/8 // \$37



3 Years and Older Programs

Claymates

3 - 6 Years // Supply fee \$10

Does your pre-schooler need to work on those fine motor skills? Clay is a great tool for working on those skills while having fun!

Instructor: Dottie Nicholson

11125-A

9:45-10:15AM // W // 8WKS // 1/10 // \$35

Cooking for Fun

3 - 6 Years // Supply fee \$10

Let's learn about different foods and how to prepare them for us to enjoy!

Instructor: Dottie Nicholson

11250-A

10:30-11:15AM // F // 8WKS // 1/12 // \$37



NEW CLASS!

Crafts for the Seasons

3 - 6 Years // Supply fee \$10

Make crafts to celebrate the seasons and holidays in winter!

Instructor: Dottie Nicholson

11339-A

10:45-11:15AM // M // 8WKS // 1/8 // \$35

Discover Great Artists

3 - 5 Years // Supply fee \$10

Learn and discover different art processes. Let's develop our fine motor skills by drawing and painting to become the next DaVinci!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11135-A

9:00-9:45AM // TH // 8WKS // 1/11 // \$37

Galactic Wars

3 - 6 Years // Supply fee \$10

Calling all Star Wars fans! Come and play galactic knights with us.

Instructor: Dottie Nicholson

11800-A

10:30-11:15AM // W // 8WKS // 1/10 // \$37

Kitchen Science

3 - 6 Years // Supply fee \$10

Did you know there are tons to learn about science while in the kitchen? Science is all around us and we'll explore science in the kitchen!

Instructor: Dottie Nicholson

11200-A

9:45-10:15AM // F // 8WKS // 1/12 // \$35

Let's Fly

3 - 6 Years // Supply fee \$8

Prepare for takeoff! In this flying class, we will practice science skills while exploring why things fly.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11010-A

9:45-10:15AM // TH // 8WKS // 1/11 // \$35

Little Tyke Basketball

4 - 6 Years // Supply fee \$8

Dribbling, passing, and shooting are all part of the basics of basketball. Let's give it a try! (Tennis shoes required)

Instructor: Stacie Castillo

11335-A

10:00-10:30AM // F // 8WKS // 1/12 // \$35

3 Years and Older Programs



GYMNASTICS

Pre-Gymnastics

4 - 6 Years

For the student who is in transitions between Tots and a regular gymnastics class. To continue working on the discipline required to build the muscular endurance and flexibility needed to advance. (Tots moving up must enroll in Pre-Gym class first.)

Instructor: Jasmine Duff
(4 - 5 Years)

31033-A
5:00-5:30PM // M // 8WKS // 1/8 // \$35

31033-B
4:30-5:00PM // T // 8WKS // 1/9 // \$35

31033-C
4:30-5:00PM // TH // 8WKS // 1/11 // \$35

Instructor: Cyndi Duff
(5 - 6 Years)

31033-D
5:30-6:20PM // M // 8WKS // 1/8 // \$35

31033-E
11:30AM-12:20PM // W // 8WKS // 1/10 // \$35

Phonics Fun - Step 2

3 - 5 Years // Supply fee \$5

This class is for students who know their letters and sounds. It is time to look at different picture cards and know what letter the picture starts with. Students will be able to hear and recognize the letters. We will create little phonics readers!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11035-A
10:30-11:15AM // M // 8WKS // 1/8 // \$37

Little Tyke Soccer

3 - 6 Years // Tennis shoes required

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport.

Instructor: Keely Castillo

(3 - 4 Years)
11600-B
5:00-5:30PM // W // 8WKS // 1/10 // \$35

(5 - 6 Years)
11600-C
9:30-10:00AM // F // 8WKS // 1/12 // \$35

»»» Please Remember

In order to provide the best learning environment, children ages 3 and up must be toilet-trained.

Phonics Fun - Step 1

3 - 5 Years // Supply fee \$5

This class is designed to teach a letter of the week. We will make alphabet crafts to reinforce the letters. Phonics will help your child learn how to put words together.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11030-A
9:00-9:45AM // M // 8WKS // 1/8 // \$37

3 Years and Older Programs

Pre-School Athletics

4 - 7 Years // Tennis shoes required

Let's get moving with athletics! We will follow a typical PE format including individual skills as well as team interaction.

Instructor: Tammy Slovensky

11300-A
11:30AM-Noon // W // 8WKS // 1/10 // \$35

Tap for Tots

3 - 5 Years // Supply fee \$5

In this class your tot will become familiar with many of the single sound tap moves. We will also work on counting, tempo, distinguishing our right from our left, and other foundational dance concepts. (Tap shoes required)

Instructor: Rachel VanKleef

11065-A
5:25-5:55PM // M // 8WKS // 1/8 // \$35

11065-B
5:00-5:30PM // T // 8WKS // 1/9 // \$35



Tiny Dancer

3 - 5 Years

Your tiny dancer will learn tap, ballet and rhythmic movements. (Ballet and Tap shoes required)

Instructor: Sherri Longino

11060-A
5:15-5:45PM // TH // 8WKS // 1/11 // \$35

GYMNASTICS

Tumbling Tots I

3 - 4 Years

Your tot will strengthen motor skills and enhance their coordination while learning tumbling skills and the use of all gymnastics equipment.

Instructor: Tammy Slovensky

31011-A
10:30-11:00AM // T // 8WKS // 1/9 // \$35

31011-B
10:30-11:00AM // W // 8WKS // 1/10 // \$35

31011-C
10:30-11:00AM // TH // 8WKS // 1/11 // \$35

31011-D
11:30AM-Noon // TH // 8WKS // 1/11 // \$35

GYMNASTICS

Tumbling Tots II

3 - 4 Years

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

Instructor: Tammy Slovensky

31022-A
11:00-11:30AM // T // 8WKS // 1/9 // \$35

31022-B
11:00-11:30AM // W // 8WKS // 1/10 // \$35

31022-C
11:00-11:30AM // TH // 8WKS // 1/11 // \$35

Winter Fun

3 - 5 Years // Supply fee \$5

Let's use those fine motor skills to make projects! This arts and crafts class will include different wintery themes such as Valentine's Day and rodeo fun!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

11120-A
10:00-10:45AM // T // 8WKS // 1/9 // \$37

3 Years and Older Programs



Ready for Kindergarten PREP PROGRAM

4 - 5 Years // Supply fee

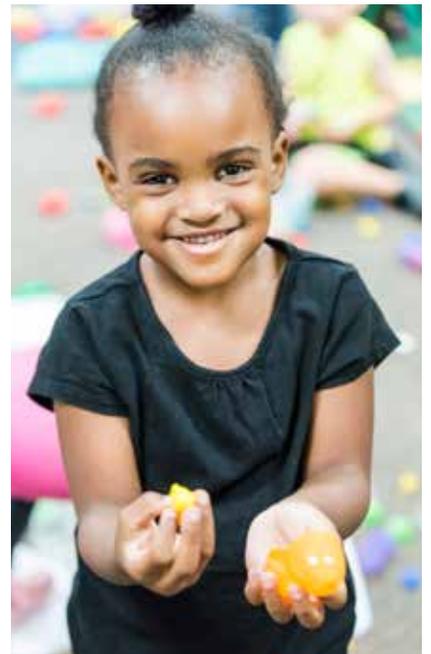
This program is designed to prepare your student for Kindergarten. The program meets Monday-Thursday from 8:30 a.m. - 2:30 p.m and is an on-going program following the HEB ISD School Calendar.

The class is structured like Kindergarten and prepares your child for their big step into formal education. The goal is to help each child develop a love of learning in a safe and caring environment. This program follows the Frog Street Press curriculum. The children are exposed to reading, writing, math, and science.

Our teacher, Anne Stokes, graduated from Indiana University with a B.S. in Education majoring in Elementary Education and a minor in Early Childhood Education and Reading. She has taught Kindergarten and first grade in the Dallas/Ft Worth area. However, her true calling is Pre-schoolers and began teaching this program in 2011.

The monthly fee is due by the first class of each month. If the fee is not paid by the first class of the month, the child is not able to participate in class. The class is limited to 14 children and is a school year commitment. A \$25 supply fee is due to the instructor quarterly on the following dates: December 4 and March 1.

Instructor: Anne Stokes (Experienced and Certified School Teacher – B.S. in Education in Elementary Education and a minor in Early Childhood Education and Reading.)



December
18050-E
8:30AM-2:30PM // M-TH // 2 WKS // 12/4 // \$160

February
11050-B
8:30AM-2:30PM // M-TH // 4 WKS // 2/1 // \$320

January
11050-A
8:30AM-2:30PM // M-TH // 4 WKS // 1/8 // \$300

March
11050-C
8:30AM-2:30PM // M-TH // 3 WKS // 3/1 // \$260

Youth Programs

Aerospace

6 - 12 Years // Supply fee \$10

The objective is to help students practice science skills while we explore aerospace! We will learn about aviation, rockets and more!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

21065-A

1:00-1:45PM // M // 8WKS // 1/8 // \$37

Ballet & Tap I

5 - 8 Years // Ballet and Tap shoes required

You will learn tap, ballet and rhythmic movements.

Instructor: Sherri Longino

(5 - 8 Years)

21120-A

6:15-6:45PM // TH // 8WKS // 1/11 // \$35



GYMNASTICS

Basketball 101

7 - 12 Years // Tennis shoes required

Dribbling, passing and shooting are all part of the basics of basketball. Let's give it a try!

Instructor: Stacie Castillo

21101-A

6:00-6:30PM // W // 8WKS // 1/10 // \$35

GYMNASTICS

Beginner Boys Gymnastics

7 - 11 Years

For the student who has no gymnastics experience to the students who does have gymnastics experience. To build strength, endurance, and flexibility to be able to perform basic skills needed and/or skill advancement through lead up drills and progressions. (Tots moving up must enroll in a Pre-Gym class first.)

Instructor: Cyndi Duff

31083-A

4:40-5:30PM // M // 8WKS // 1/8 // \$39

31083-B

11:30-12:20PM // TH // 8WKS // 1/11 // \$39

Beginner Girls Novice
Gymnastics

7 - 12 Years

For the students who has little or no gymnastics experience or some all-around gymnastics knowledge (floor, bars, beam & vault) but still needs work on form and technique. To build the confidence, strength, endurance, and flexibility required to perform basic gymnastics skills through lead up drills and progressions. (Tots moving up must enroll in a Pre-Gym class first.)

Instructor: Cyndi Duff

(7 - 12 Years)

31062-A

4:30-5:20PM // T // 8WKS // 1/9 // \$35

31062-B

9:00-9:50AM // W // 8WKS // 1/10 // \$35

31062-C

9:00-9:50AM // TH // 8WKS // 1/11 // \$35

31062-D

4:30-5:20PM // TH // 8WKS // 1/11 // \$35

Instructor: Jazmine Duff

(7 - 9 Years)

31062-E

5:30-6:20PM // T // 8WKS // 1/9 // \$39

31062-F

5:30-6:20PM // TH // 8WKS // 1/11 // \$39



Youth Programs

GYMNASTICS

Dancenastics

7+ Years

This is a combination dance, tumbling, and acrobatic class. Students will be building strength, endurance and flexibility to learn skills in each format through lead up drills and progressions. Skills learned will be set to choreography and performed to music. (Biketard required)

Instructor: Cyndi Duff

31066-A
7:00-8:00PM // TH // 8WKS // 1/11 // \$39

GYMNASTICS

Girls Beginner I Gymnastics

7 - 12 Years

For the student who has some gymnastics knowledge but still needs work on form and technique. To continue building strength, endurance, and flexibility to continue learning the basic skills needed for skill advancement through lead up drills and progressions. (Must have previously participated in Girls Novice or Girls Beginner I.)

Instructor: Cyndi Duff

(7 - 12 Years)

31090-A
5:30-6:20PM // T // 8WKS // 1/9 // \$39

31090-B
10:40-11:30AM // W // 8WKS // 1/10 // \$39

31090-C
10:40-11:30AM // TH // 8WKS // 1/11 // \$39

31090-D
5:30-6:20PM // TH // 8WKS // 1/11 // \$39

Instructor: Jazmine Duff

(7 - 9 Years)

31090-E
6:30-7:20PM // T // 8WKS // 1/9 // \$39

31090-F
6:30-7:20PM // TH // 8WKS // 1/11 // \$39

GYMNASTICS

Girls Beginner II Gymnastics

7 - 12 Years

For the student who has participated in all-around gymnastics. To continue building strength, endurance, and flexibility for skill advancement through lead up drills and progressions. (Must have previously participated in Girls Beginner I or Girls Beginner II)

Instructor: Cyndi Duff

31070-A
6:30-7:20PM // T // 8WKS // 1/9 // \$39

31070-B
6:30-7:20PM // TH // 8WKS // 1/11 // \$39

GYMNASTICS

Girls Intermediate Gymnastics

7 - 12 Years

For the student who has mastered USAG Novice-Level 2 skills in all-around gymnastics. To continue building strength, endurance and flexibility for skill advancement through lead up drills and progressions. (Must have previously participated in Girls Beginner II)

Instructor: Cyndi Duff

31073-A
7:00-8:00PM // T // 8WKS // 1/9 // \$39

31073-B
9:40-10:40AM // W // 8WKS // 1/10 // \$39

31073-C
9:40-10:40AM // TH // 8WKS // 1/11 // \$39



Youth Programs

Cheerleading

5 - 9 Years

Here's your first step in learning to be a cheerleader. You will learn basic motions, jumps, and cheers. Please wear comfortable shorts, t-shirt, tennis shoes, and wear your hair pulled back.

Instructor: Rachel VanKleef

21180-A

5:30-6:00PM // T // 8WKS // 1/9 // \$35

Discover Great Artists

6 - 12 Years // Supply fee \$10

Learn and discover different art processes. We will study one artist a week. Each feature artist has a style that we will explore and learn the history of that will add to the experience.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

21040-A

1:00-1:45PM // W // 8WKS // 1/10 // \$37

Girls Volleyball Beginners Basics

7 - 12 Years // Tennis shoes required

Do you have an interest in playing volleyball? We will learn the basics to get you started.

Instructor: Stacie Castillo

21035-A

6:30-7:00PM // W // 8WKS // 1/10 // \$35

Guitar for Youth

5 - 9 Years

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility, and strength. (Appropriate size guitar is required. Electronic clip-on tuners are suggested. Parents are welcome to participate.)

Instructor: Jan Ryberg

21020-A

4:30-5:15PM // M // 8WKS // 1/8 // \$70

Guitar Prep

5 - 8 Years

We will practice basic muscle memory, pitch and rhythm exercises laying the groundwork for good guitar technique. You will learn basic songs. (1/2 size guitar and parent participation is required.)

Instructor: Jan Ryberg

21020-A

3:45-4:15PM // M // 8WKS // 1/8 // \$70

Private Guitar Lessons

All ages

Are you looking to develop your existing guitar skills? Or are you a beginner wanting the basics of playing? Private guitar lessons are now available! Private sessions can be scheduled on Tuesdays, from 6 to 9:30 p.m. and on Saturdays, from 1 to 4 p.m. Contact the Hurst Recreation Center to schedule lessons

Instructor: Jan Ryberg

45 minute lesson: \$30





Hippity-Hop Dance

5 - 8 Years

Interested in hip-hop dance? We will keep it fun and creative while learning basics.

Instructor: Sherri Longino

21333-A

5:45-6:15PM // TH // 8WKS // 1/11 // \$35

NEW CLASS!

Homeschool Cook

6 - 12 Years // Supply fee \$10

Learn about measuring while cooking from scratch!

Instructor: Dottie Nicholson

21250-A

11:20-12:05PM // F // 8WKS // 1/12 // \$39

Karate/Self-Defense

5 - 15 Years

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

Instructor: Bob Klavitter

(Beginner 8-15 years)

21111-A

6:00-8:00PM // M // 8WKS // 1/8 // \$45

(Beginner 5-7 years)

21111-B

4:00-5:00PM // MW // 8WKS // 1/8 // \$45

(Advanced 8-15 years)

21111-C

5:00-6:00PM // MW // 8WKS // 1/8 // \$45

»»» Please Remember

With your child's best interest in mind, we ask that parents do not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is effected by parental distractions and interruptions. Parents may sit in the lobby or lounge areas. Please do not sit in the hallway.

NEW CLASS!

Homeschoolers Recycling

6 - 12 Years // Supply fee \$10

Make something new out of used items! Students will be asked to bring some items from home to use in class.

Instructor: Dottie Nicholson

21440-A

2:15-3:00PM // T // 8WKS // 1/9 // \$39

Youth Programs

NEW CLASS!

Mom & Me Quilting

7 - 12 Years // Supply fee \$20 per couple

Learn how to make several different squares, then put them all together to create a beautiful piece! Sewing machine is provided.

Instructor: Dottie Nicholson

21666-A

4:00-5:00PM // T // 8WKS // 1/9 // \$45

NEW CLASS!

Money Management

6 - 12 Years // Supply fee \$5

Cha-ching! Ready to put that allowance to good use? Learn how money affects our future. We'll use critical thinking to understand saving plans, risk management and more.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

21260-A

12:15-1:00PM // M // 8WKS // 1/8 // \$37

Movin Groovin

7 - 12 Years

We will get the blood moving with physical education! Tennis shoes required.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

21222-A

1:45-2:30PM // M // 8WKS // 1/8 // \$37

Olympic Sport of Judo

5 - 13 Years

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from an 11-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. Judo involves throwing and grappling techniques. This is an on-going monthly class with new students starting on the first Monday of the month.

Instructor: Kim Mesa (5th degree black belt and certified USA Judo International Coach)

December

28900-D

6:00-7:00PM // MW // 8WKS // 12/4 // \$40

January

21900-A

6:00-7:00PM // MW // 8WKS // 1/8 // \$40

February

21900-B

6:00-7:00PM // MW // 8WKS // 2/5 // \$40

March

21900-C

6:00-7:00PM // MW // 8WKS // 3/5 // \$40



Reading Adventure

6 - 12 Years // Supply fee \$10

Let's take an adventure back in time through reading! The students will read the Boxcar Children series, from their own copy of the book. After reading, the class will answer questions about the book and create art projects reflecting the story.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

21050-A

12:15-1:00PM // W // 8WKS // 1/10 // \$37

Soccer Skills

7 - 12 Years // Tennis shoes required

Are you looking to improve your soccer skills? Grab your athletic shoes and ball, and let's get started! We will go over your basic skills and begin working on more advanced skills.

Instructor: Stacie Castillo

21500-A

5:30-6:00PM // W // 8WKS // 1/10 // \$35

ITF - Tae Kwon Do

6 - 16 Years

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in D/FW. You will increase your flexibility, physical fitness, self-defense, self-control, discipline, stress relief, self-esteem, and concentration.

Instructor: Bart Powell/Michael Cooper (member of ITF-Unified and Grandmaster Van Binh)

(White & Yellow Belts)

21700-A

6:00-7:00PM // TH // 8WKS // 1/11 // \$50

(Advanced Belts)

21700-B

7:00-8:00PM // TH // 8WKS // 1/11 // \$50

Yes, I Can Draw!

6 - 10 Years // Supply list

Yes, you can draw! You will learn how to draw using drawing pencils, colors and paper.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

21118-A

4:30-5:30PM // T // 8WKS // 1/9 // \$39



Adult Programs



Personal Training Package

One-Hour Session \$60 // Eight Sessions \$400

Become the best version of you! Begin your transformative journey and receive the guidance and accountability required to reach your goals and beyond. Sessions are set by appointment.

Your Personal Trainer provides the know-how and inspiration for all these areas and more:

- 60 Minute Customized one-on-one training session
- Individualized meal plans
- Nutrition counseling
- Full access to exclusive World Changing Fitness workout database
- Biweekly evaluation and progress checks
- Individual accountability
- 24/7 access to World Changing Fitness Personal Trainer for any questions and information
- Life changing results!

Instructor: Kyle Massingill (Certified Master Trainer)

NEW CLASS!

Group Training Package

One-Hour Session \$25 per person

Receive the benefits of working out with a personal trainer while training with your friends, family or coworkers and staying within your budget! Group training builds relationships and strengthens accountability. Sweat together, achieve together, celebrate together. Sessions are set by appointment.

Group sessions include:

- 60 Minute Group Workout
- Meal planning
- Nutrition counseling
- 24/7 access to World Changing Fitness Personal Trainer for any questions and information
- Incredible results!

The minimum for group training is 2 people and the maximum is 5.

Instructor: Kyle Massingill (Certified Master Trainer)

Fitness Evaluations

Are you getting started on your fitness program and do not know where to begin? A fitness evaluation should be your first step in any fitness program. Your level of fitness is assessed in five components: cardiovascular, muscular strength, muscular endurance, flexibility and body composition. A one hour session is \$41. All evaluations are done by appointment.

Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

Nutrition Counseling

One-Hour Session \$55 // Three Sessions \$130

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need. Expertise in weight loss and management, disease management, sports nutrition, eating disorders and general wellness. All evaluations are done by appointment.

Instructor: Esther White (MS, RD, LD)

Personal Training

One-Hour Session \$41 // Five Sessions \$172

Do you need motivation to reach your fitness goals? Through personal training, you can reach your cardiovascular and strength training goals with a program tailored for you. Sessions are set by appointment.

Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

The Power Package

By Appointment Only // Four Sessions \$145

Join forces with the experts in nutrition and fitness for successful results! Your Power Package includes two sessions focused on nutrition with a customized diet plan and two sessions focused on fitness with an evaluation and personal exercise plan. The Power Package is \$145 for four sessions. All evaluations are done by appointment.

Instructors: Esther White (MS, RD, LD) and Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

Adult Programs



Belly Dance – Step 1 I.T.S. Foundations

Adults and Mature Teens 13+

Whether you have been dancing all your life and taken other belly dance classes, or are just starting out in dance, this class is for you! In this class you will learn the basics of Improv Tribal Style belly dance (ITS) with an introduction to the fundamentals of tribal movement, partner work, isolations, strength-building and drills for muscle memory. Geared toward the new student, but vital to continuing students for refinement, this class establishes a strong foundation for every dancer and is instrumental in familiarizing students specifically with the Tribal Evolution troupe format. This is a low-impact dance class suitable for all body types and ages.

Instructor: Tiffany Skalberg

41200-A
7:00-8:00PM // T // 8WKS // 1/9 // \$56

Belly Dance – Step 2 More I.T.S.

Adults and Mature Teens 13+

Take your newfound belly dance skills and challenge yourself at this next step in your dance explorations. In this class the emphasis is on refinement. We will cover more complex drills and improv combinations, building on what you have learned in the Foundations class. We will use live music for this class, affording you the opportunity to also learn to use percussion instruments (in the form of zills) to dance. *This class is best used in combination with Step 1 ITS Foundations as there is no breakdown of the foundation steps. Please complete at least one session of Step 1 before registering for Step 2.*

Instructor: Tiffany Skalberg

41224-A
8:00-9:00PM // T // 8WKS // 1/9 // \$56

Belly Dance – Step 3 Take It to the Stage

Adults and Mature Teens 13+

Now that you have perfected your dance skills in Step 1 and Step 2, you are ready to create a performance. This class will focus on taking your ITS vocabulary and making it show-worthy by adding props, staging and interaction with a band. You will also learn to use props such as the veil, skirt, sword and zills. *Please complete at least one session of Step 1 and 2 before registering for Step 3.*

Instructor: Tiffany Skalberg

41222-A
9:00-9:45PM // T // 8WKS // 1/9 // \$40

Adult Programs

Belly Dance - Tribal Evolution

This class covers the unique Improv Tribal Style of Tribal Evolution Belly Dance Company. This class is a professional performance-level class that will teach you to include props, musical interpretation, musician interaction, staging and show layout.

Instructor approval required.

Instructor: Tiffany Skalberg

41226-A

7:30-9:00PM // TH // 8WKS // 1/11 // \$46

Boot Camp

12+ Years

Today's the day to achieve the goal you have been putting off. Come early and then have your whole day to be proud of what you accomplished that morning. Boot camp is for everyone. You will get help getting past those plateaus, achieve your goals and get to be a fitter YOU! Come tone and tighten with a variety of workouts including core strength, stability ball, weights, steps, circuits, interval training and much more. Decide today that YOU ARE WORTH IT!

Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

48420-D : December

6:35-7:35AM // MW // MONTHLY // 12/4 // \$30

41420-A : January

6:30-7:35AM // MW // MONTHLY // 1/3 // \$30

41420-B : February

6:30-7:35AM // MW // MONTHLY // 2/5 // \$30

41420-C : March

6:35-7:35AM // MW // MONTHLY // 3/5 // \$30

Brush and Palette

Supply List

Express your talent through the art of oil painting! Basic strokes, color mixing and application will be covered.

Instructor: Elaine Roosz

41110-A

6:30-9:00PM // T // 8WKS // 1/9 // \$50

Cardio & Tone Boot Camp

Ages 16+

Are you struggling finding the time to fit in your cardio and strength/toning goals? Join this boot camp/circuit class to improve your cardiovascular health and muscle tone.

Instructor: Angela Pond (Certified Personal Trainer)

41005-A

6:50-7:30PM // TH // 6WKS // 1/11 // \$35

Cycle Circuit

Bring Water, Towel & Determination!

Want to crank up your workout, metabolism and energy? Come join us for a blend of cycle and circuit training, perfect for fitness at any level.

Instructor: Angela Pond (Certified Personal Trainer)

41300-A

5:45-6:45PM // T // 6WKS // 1/9 // \$35

Energize Exercise

Do you like to exercise in the morning and feel energized all day? Then this is the class for you. You will exercise at your own level of endurance. The class puts emphasis on your arms, abdomen and legs.

Instructor: Karen Cowley

41010-A

8:30-9:15AM // MTThF // 8WKS // 1/8 // \$30

NEW CLASS!

Extreme Endurance

Ages 16+

This class is a unique blend of cross fitness type training, endurance, core strengthening and calisthenics designed to make you work harder than you have in any other class you have ever attempted! Come prepared to push the limits of your own body and mind.

Instructor: Kyle Massingill (Certified Master Trainer)

41030-A

9:00-9:55AM // S // MONTHLY // 1/6 // \$35

NEW CLASS!

Fitness Camp

Ages 16+

This high intensity boot camp is a complete body workout, mixing a variety of traditional military style exercises and today's popular equipment based workout. This camp is designed to improve physical strength, flexibility, posture and enhance mental awareness. Workouts will take place outside, using kettlebells, ropes and tires, and is simply a blast!

Instructor: Kyle Massingill (Certified Master Trainer)

41080-A

5:30-6:15AM // TThF // MONTHLY // 1/2 // \$50

Flow and Strength

Come challenge yourself to grow in flexibility, strength and calmness using yoga and pilates influenced movement to improve your health.

Instructor: Esther White (MS, RD, LD)

41060-A

12:10-12:50PM // MW // 8WKS // 1/8 // \$42

Guitar

Ages 13+

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility and strength. We will learn songs using finger-picking, flat-picking and classical techniques. (Guitar is required.)

Instructor: Jan Ryberg

41888-A: Beginner

5:15-6:00PM // M // 8WKS // 1/8 // \$70

41888-B: Intermediate

6:00-6:45PM // M // 8WKS // 1/8 // \$70

Adult Programs

Guitar - Ensemble

Ages 13+

This class is for students who can read standard music notation in the first position, or have a dedication to learning notes. Some chord knowledge is preferred but not required. We will be learning ensemble pieces in many different styles and students will be encouraged to bring in their own arrangements and compositions. We will have a performance at the end of the winter.

Instructor: Jan Ryberg

41999-A
7:30-9:00PM // M // 8WKS // 1/8 // \$70

Guitar - Private Lessons

Are you looking to develop your existing guitar skills? Or are you a beginner wanting the basics of playing? Private guitar lessons are now available! Private sessions can be scheduled on Tuesdays, from 6 to 9:30 pm and on Saturdays, from 1 to 4 pm. Contact the Hurst Recreation Center to schedule lessons.

Instructor: Jan Ryberg

45 minute lesson: \$30

Hatha Yoga

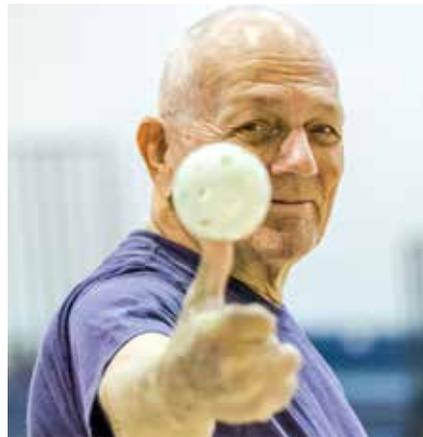
Learn about connecting your mind, body and breath with the practice of yoga. Build strength, flexibility, mobility, stability and balance to improve your overall health and wellbeing. (Eat nothing 2 hours prior to class and bring a yoga mat.)

Instructor: Benny Zavala (Certified Yoga Instructor)

41100-A
10:15-11:15AM // M // 8WKS // 1/8 // \$48

41100-B
10:15-11:15AM // W // 8WKS // 1/10 // \$48

41100-C
10:15-11:15AM // F // 8WKS // 1/12 // \$48



Hurst Hustlers Running Club

Come join runners, joggers and walkers of all levels for a challenging workout using hills, speed work, distance and drills. You will learn how to run and how to stay injury free all while having fun! This is the perfect way to make friends and meet your running goals.

Instructor: Esther White (MS, RD, LD)

41001-A
6:15-7:15PM // M // 8WKS // 1/8 // \$37

Mixed Fit - Dance Cardio

Ages 16+

Ready to get fit while having fun? This class will break a sweat and bring a smile to your face! Mixed Fit is a people inspired dance fitness program incorporating explosive movements and boot camp toning

Instructor: Chantelle Williams (Former Dallas Mavericks Dancer)

41400-A
10:00-11:00AM // F // 8WKS // 1/12 // \$40

Olympic Sport of Judo

Ages 14+

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a 11-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. Judo involves throwing and grappling techniques. This is an on-going monthly class. New students start the first Monday of the month.

Instructor: Kim Mesa (5th degree Black Belt and certified USA Judo International Coach)

48800-D : December
7:00-8:30PM // MW // MONTHLY // 12/4 // \$40

41800-A : January
7:00-8:30PM // MW // MONTHLY // 1/8 // \$40

41800-B : February
7:00-8:30PM // MW // MONTHLY // 2/5 // \$40

41800-C : March
7:00-8:30PM // MW // MONTHLY // 3/5 // \$40



Adult Programs

NEW CLASS!

Puppy Training

Puppies 18 weeks+

This is a 6 week course that includes ALL THINGS PUPPY! Learn how to deal with normal puppy behaviors such as jumping, nipping, chewing and digging. Your puppy will learn proper socialization techniques and get started on basic manners.

All training is 100% force free and based on proven behavioral science. Puppies will learn how to make the correct decisions through a series of educational relationship building games.

Handlers should be 7 years or older (children to be accompanied by an adult). Proof of vaccinations is required; please attach a copy with registration.

Instructor: Wendy Dek (Certified Dog Obedience Trainer)

41090-A
9:00-10:00AM // S // 6WKS // 1/13 // \$165

NEW CLASS!

Basic Puppy Obedience

Puppies 18 weeks+

This is a 7 week course - week 1 WITHOUT your dog. Learn how to teach your dog basic manners and obedience, such as "sit", "down", "stay", "come" when called and "leave it" (that doesn't belong to you). Puppies will also learn loose leash walking as well as some fun tricks that help build your relationship with your dog.

All training is 100% force free and based on proven behavioral science.

Handlers should be 7 years or older (children to be accompanied by an adult). Proof of vaccinations is required; please attach a copy with registration.

Dogs that show aggressive tendencies during class will not be allowed. If your dog has already shown aggression, please contact the trainer before enrolling in this class.

Instructor: Wendy Dek (Certified Dog Obedience Trainer)

41095-A
10:30-11:30AM // S // 7WKS // 1/13 // \$175

Scaravelli Yoga

Learn to elongate and extend comfortably into poses by using gravity and your breath. This user-friendly style of yoga will teach you how to relax. Please bring a blanket to class.

Instructor: Julie Vela (Certified and Registered with Yoga Alliance)

41100-E
8:15-9:15PM // W // 8WKS // 1/10 // \$40

Scaravelli Yoga - Intermediate

Are you ready to deepen your yoga practice? Experience steadiness and ease while learning intermediate poses. Please bring a yoga mat and a blanket to class.

Instructor: Julie Vela (Certified and Registered with Yoga Alliance)

41100-D
7:05-8:05PM // W // 8WKS // 1/10 // \$40

Slim It Out, Tone It Up

Join us for a fun, challenging and fast-paced workout that uses different moves and equipment to target every muscle in your body. You will walk out with a smile on your face and a little sweat on your shirt!

Instructor: Esther White (MS, RD, LD)

41015-A
6:35-7:25AM // TTh // 8WKS // 1/9 // \$42
41015-B
12:10-12:50PM // TTh // 8WKS // 1/9 // \$42

Spin and Sweat

Join us for spinning! Turn the basics of cycling into a great cardio workout that burns calories and fat. Get ready to work hard and sweat like crazy!

Instructor: Angela Pond (Certified Personal Trainer)

41444-A
9:00-9:45AM // T // 6WKS // 1/9 // \$35
41444-B
5:45-6:30PM // TH // 6WKS // 1/11 // \$35



Adult Programs



ITF Taekwon-Do

Ages 6 - 16

ITF Taekwon-Do is the only original and traditional Korean Taekwon-Do in DFW. You will increase your flexibility, physical fitness, self defense, self control, discipline, stress relief, self-esteem and concentration.

Instructors: : Bart Powell/Michael Cooper (member of ITF-Unified and Grandmaster Van Binh)

21700-A : White and Yellow Belts
6:00-7:00PM // TH // 8WKS // 1/11 // \$50

21700-B : Advanced Belts
7:00-8:00PM // TH // 8WKS // 1/11 // \$50

Zumba

Ages 14+

This class can only be described as FUN! If you want to party, laugh and have a great time while you lose unwanted inches, come and join us! It's the Latin-inspired, easy-to-follow, calorie-burning, dance-fitness party. Feel the music and let loose. Each class is a whole new set of dancing and fun.

Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

41065-A
6:00-6:55PM // MW // 8WKS // 1/8 // \$48

Zumba Toning

Ages 16+

Come learn the basic techniques of Zumba in this energizing fitness class by getting your groove on! This is a great way for all ages to get started in Zumba or if you need a lower intensity. We'll use the musical maraca-sounding toning sticks to bump up the workout by adding resistance. It's great for the mind, body and soul!

Instructor: Rosy Pritchett (Certified Personal Trainer and Fitness Instructor)

41050-A
7:30-8:25AM // TTH // 8WKS // 1/9 // \$45

Tri City Promenaders

Did you know that the Tri City Promenaders offers square dance lessons at Brookside Center on Tuesday nights from 7:30-9:30 p.m.? Drop by and give it a try! Email tricitypromenaders@gmail.com for more information.

New Seminars!

Naturally Fit

Did you set that fitness resolution, again, this new year? Would you like some extra help in reaching it? What about reaching that goal while supporting your body with non-toxic alternatives? Come learn how to support and encourage yourself naturally so you can blow past those goals and finally be able to scratch it off your list. Free gifts will be available for all those who attend!

Presenter: Ragan Clark (MT-ASCP)

41039-A

10:00AM // S // 1DAY // 1/13 // FREE

Healthy Heart

We all know what we eat and how much exercise we get directly affects our heart health, but did you know there is another area that affects our hearts? Would it surprise you to know that emotions affect our bodies, including our hearts, physically? Join us to learn how you can support your heart health through nutrition, exercise, and yes, emotional cleansing. Free gifts will be available for all those who attend!

Presenter: Ragan Clark (MT-ASCP)

41035-A

10:00AM // S // 1DAY // 2/10 // FREE

Home Detox Make & Take

Did you know the majority of toxins we are exposed to are in our own homes? Do you know what they are doing to you and your family's health? Would you like to learn how to start living a toxin-free lifestyle without breaking the bank? Come learn what toxins are lurking in your home, where they are, how to replace them, and even how easily you can DIY your own toxin-free products by making one yourself! All supplies will be provided.

Presenter: Ragan Clark (MT-ASCP)

41020-A

10:00AM // S // 1DAY // 3/10 // FREE



Registration Policy

Walk-in registration beginning on **Monday, December 11**, at **7:00 a.m.** is open only to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills and Euless whose mail is delivered to a Hurst "address" are not eligible to register until December 26 at 7:00 a.m. Residency is defined by living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on **Tuesday, December 26**. Out of fairness to all citizens of our community, you may only register the members of your household.

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Classes begin the week of January 8

(unless otherwise indicated)

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Sign Up To Register Online

That's right – you can save time and register your entire family online! To get started, you will need to visit the Hurst Recreation Center to activate your account. If you are a Hurst resident, you will need to bring your **Hurst water bill, Hurst property tax statement or Hurst apartment lease, and your photo ID** as proof of Hurst residency to receive the Hurst resident rates. Once you have activated your account and received your user name and password, you will be able to use our online registration feature.

You do not have to wait until your appropriate registration date to activate your account and receive your user name and password. Go ahead and do it the next time you are at the Recreation Center for your current class or working out. Then you will be ready to register online the day registration starts!

Help Us, Help You! PLEASE ENROLL EARLY!

Help us keep your favorite classes around by enrolling early. There is a point when a course must be canceled due to low enrollment. Help us prevent course cancellations by registering early!

Walk-In Registration Times

- Monday-Thursday: 7:00AM-9:00PM
- Friday: 7:00AM-5:00PM
- Saturday: 9:30AM-5:00PM
- Sunday: 1:30PM-5:00PM

Confirmations

When you register by mail or fax, you will receive a confirmation notice through the postal mail. You will be notified of the designated classes that are not available. If the class is not available, you may select a second choice. If you register online, you may print a copy of your receipt.

Refund Policy

Recreation Classes: We depend on your participation for a successful class. If you have an unforeseen circumstance and cannot attend class, we will gladly refund your fee with 72 hours notice prior to the class start date.

Weather Policy

Recreation Classes: In case of inclement weather, the Hurst Recreation Center will not conduct classes if the HEB Independent School District cancels their classes for the day.

Supply Lists

Some of our classes require a supply list. These classes are noted in this magazine. You will receive a supply list when you register. For mailed registrations, a list will be included with your confirmation letter. **Supplies should not be purchased prior to the Friday before the class starts in case of cancellation.**

« CLASS REGISTRATION FORM

HEAD OF HOUSEHOLD

EMAIL ADDRESS

STREET ADDRESS

APT #

CITY

STATE / ZIP

HOME PHONE

WORK PHONE

| PARTICIPANT'S NAME | DOB | GENDER | CLASS # | CLASS FEE |
|--------------------|-----|--------|---------|-----------|
| 1. | | | | |
| 2. | | | | |
| 3. | | | | |
| 4. | | | | |
| 5. | | | | |
| 6. | | | | |
| 7. | | | | |
| 8. | | | | |
| 9. | | | | |
| 10. | | | | |

Subtotal \$

GRAND TOTAL

Non-Resident Fee of \$2 per class

_____ x \$2
OF CLASSES

= \$ _____

+ Subtotal \$ _____ =

Total Due \$ _____

PAYMENT METHOD

CHECK

CREDIT CARD

CASH

CHECK NUMBER: _____

CARD TYPE: Visa MasterCard Discover American Express

MAIL TO: Hurst Parks and Recreation
Class Registration

MAKE CHECKS PAYABLE TO:
City of Hurst

CARD NUMBER: _____ - _____ - _____ - _____

700 Mary Drive, Hurst, TX 76053

EXPIRATION DATE: ____ / ____

For the valuable consideration of being allowed to participate in the City of Hurst Parks and Recreation Department's program or use the City's facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from an injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I DO FULLY RELEASE, INDEMNIFY, AND HOLD HARMLESS, THE CITY, ITS EMPLOYEES AND OFFICERS FROM THEIR OWN NEGLIGENCE FOR FAILURE TO PROPERLY DESIGN, INSPECT, OR MAINTAIN THE EQUIPMENT, OR SUPERVISE THE ACTIVITIES TO BE ENGAGED IN OR EQUIPMENT TO BE USED BY THE UNDERSIGNED, AND FOR ANY ACTS OF THIRD PARTIES. The City does not provide any medical or other insurance protection benefits for those who use the recreational equipment or engage in activities on City Premises. I give the city of Hurst permission to use photographs obtained during my registered course(s), at recreation special events, or at city facilities, parks, etc. in city sponsored publication materials, and understand it is my responsibility to communicate otherwise with city personnel.

BY SIGNING THE RELEASE, I ACCEPT ALL RESPONSIBILITY FOR INJURIES WHICH MAY BE INCURRED.

SIGNATURE OF PARTICIPANT

DATE

SIGNATURE OF PARENT/GUARDIAN IF USER IS UNDER 18

DATE

Adult Sports Registration Information

Teams may register in person at the Recreation Administration Office located inside the Hurst Recreation Center, 700 Mary Drive. Hours are Monday, Wednesday and Friday from 8:00 a.m. to 5:00 p.m. and Tuesday and Thursday from 8:00 a.m. to 6:00 p.m. For more information, please call 817-788-7320. Registration information and rules are located online at www.teamsideline.com/hurst.



Adult Men's Basketball

Open Registration: December 18 - January 12
Registration and/or start dates may be adjusted to accommodate weather related delays

Entry Fee: \$275 for a 7-game season
With playoffs for teams who qualify

League Schedules: Available January 17, after 4:00PM

League Begins: January 23/25

League Nights:
Tuesday – Men's Open
Thursday – Men's Open

NEW!

Kickball Co-Ed Spring League

Open Registration: January 15 - February 13
Registration and/or start dates may be adjusted to accommodate weather related delays

Entry Fee: \$275 for an 8-game season

League Schedules: Available February 19, after 4:00PM

League Begins: February 27

League Nights: Tuesdays

Adult Softball

Spring League

Open Registration: January 15-February 13
Registration and/or start dates may be adjusted to accommodate weather related delays

Entry Fee: \$360 for a 10-game season
With playoffs

League Schedules: Available February 19, after 4:00PM

League Begins: February 26

League Nights:
Monday – Men's & Women's
Tuesday – Men's & Co-ed
Wednesday – Men's & Co-ed
Thursday – Men's & Co-ed
Friday – Men's Church, Men's & Co-ed

Youth Sports Associations

Tri-Cities Baseball Association
TCBA 817-285-0200
www.tcbasesoft.com

Mid-Cities Basketball Association
MCBA 817-354-6208
www.MCBBA.org

Hurst United Soccer Association
HUSA 817-504-7479
www.hurstunited.com

MidCities PeeWee Football & Cheerleading Association
817-282-2390
www.midcitiespeeweefootball.org

TAAF State

Men's 35 and Over Basketball State Tournament

Single Elimination with Consolation

Dates: February 23 - 25

Entry Fee: \$200

Entry Deadline: February 16

Venue: Hurst Recreation Center

Men's 45 and Over Basketball State Tournament

Single Elimination with Consolation

Dates: April 7 - 8

Entry Fee: \$200

Entry Deadline: April 1

Venue: Hurst Recreation Center





Recreation Center West Gym Schedule

There are also outdoor pickleball courts available at Smith-Barfield Park, 640 Pleasantview.

Monday

6:30AM-1:00PM // Open Gym
 1:30-2:30PM // Classes
 2:30-10:00PM // Open Gym

Tuesday

6:30-9:30AM // Open Gym
 9:30AM-Noon // Pickleball
 Noon-10:00PM // Open Gym

Wednesday

6:30-11:30AM // Open Gym
 11:30AM-Noon // Classes
 Noon-5:00PM // Open Gym
 5:00-8:00PM // Classes
 8:00-10:00PM // Open Gym

Thursday

6:30AM-9:30PM // Open Gym
 9:30AM-Noon // Pickleball
 Noon-10:00PM // Open Gym

Friday

6:30-8:30AM // Open Gym
 8:30-10:30AM // Class
 11:30AM-1:30PM // Pickleball
 1:30-6:00PM // Open Gym

Saturday

9:00AM-6:00PM // Open Gym

Sunday

1:00-6:00PM // Open Gym

» Pickleball

Already familiar with the game or want to try something new? Pickleball is a fun game for all ages. Whether you're a novice or expert, you'll be sure to get some playtime on our 3 indoor pickleball courts. Courts are set up and ready at the Recreation Center on Tuesdays, Thursdays, and Fridays during specified hours. Don't have a racquet or a ball? We've got you covered. Come see what it's all about or call for more details on prices and times at 817-788-7325.



Healthy Hurst Wellness Program

Healthy Hurst is the City of Hurst's community-wide wellness initiative. With the use of the information and links that are available on the City of Hurst's Healthy Hurst webpage, participants can increase their health, wellness, and fitness.

Healthy Hurst is a FREE program, and all participants receive a Healthy Hurst t-shirt at the time of registration. Participants are also encouraged to register for the various FREE events that will be offered throughout the year as part of the Healthy Hurst Program.

The Healthy Hurst program is open to all Hurst residents, as well as non-residents who have purchased a Hurst Recreation Center Annual Pass. Let Healthy Hurst help you get started toward your wellness, health, and fitness goals! For more information on the Healthy Hurst program, contact the Hurst Recreation Center at (817) 788-7325.

Healthy Hurst isn't just another program but a state of mind, which we invite citizens to embrace. Whether you're registering for the free program, adopting an animal at Hurst Animal Services, or fishing at Chisholm Park, you are making a Healthy Hurst, and we appreciate you.

Lose the LB's Fitness Challenge

Start 2018 off right with your fitness resolution. You can get started toward your healthy lifestyle with the Healthy Hurst "Lose the LB's" Fitness Challenge.

Participants can choose to log their workouts and/or track their weight loss during the 2018 "Lose the LB's" Fitness Challenge. Incentive awards will be given based on level of participation. Register for the Healthy Hurst Wellness Program at no charge, and keep track of your workouts and weight loss between January 2 and February 28, 2018, to be eligible for incentive awards. For more information, please call 817-788-7325.

Patron Appreciation Week March 5-9

Join us at the Hurst Recreation Center as we celebrate YOU! On average, 15,000 members and participants use our Recreation Center each month, and we want to show our appreciation for your support! There will be give-away items, refreshments, and door prizes. For more information about Patron Appreciation Week, call the Recreation Center 817-788-7325.

Mission Statement

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage lifelong learning, fitness and fun.

Parks and Recreation Board

Chairman:
Alan Neace

Vice Chair:
Karen Spencer

Ralph Hurd
Jessica Martin
Cathy Thompson
Bob Walker

Pat King
Rod Robertson
Gary Waldron

Recreation Staff

Recreation Director:
Chris Watson

Recreation Athletics
and Aquatics Manager:
Jennifer Kashner

Recreation Programs
and Events Manager:
Amy Sisler

Recreation Center
Manager:
Jordan Taylor

Recreation Supervisor:
Mary Singleton

Administrative Assistant:
Paige Lutz

Recreation Receptionist:
Melanie Cox
Gayle Scott

Recreation Specialists:
Madison Bass
Lauren Snyder

Recreation Attendants:

Jeremy Bailey
Kristen Barnett
Mikayla Birdsong
Nathalie Concha
Dakota Ford
Rudy Garcia
Zach Herd
Anna James
Madeline Kime
Matt Mendez
Ashleigh Neally
Nancy Philip
Cheryl Thompson
Irene Thornton

Facility Maintenance:
Judy Arellano

Fish Stockings at Chisholm Park

For Texans who live in urban areas, Neighborhood Fishin' offers fishing opportunities close to home. Texas Parks and Wildlife Department works in partnership with local governments to stock catfish and rainbow trout in small neighborhood lakes. These fish are fun to catch, and they're stocked frequently in season, so there's nearly always a fresh supply of fish available to take your bait. Over 5,500 fingerling channel catfish were stocked at Chisholm Park in 2016.

A few reminders: Kids under 17 fish for free, but adults must have a fishing license with a freshwater stamp; fishing is allowed with poles only (no trotlines, traps, nets, etc.); daily bag limits and minimum lengths may apply. Visit www.neighborhoodfishin.org for specific rules, regulations and dates.

Need a fishing pole? Go to the Hurst Public Library at 901 Precinct Line Road where you can check one out for free with an adult library card.



Trout Stocking Schedule

- November 24
- December 22
- January 19
- February 16

Daddy Daughter Dance

Saturday, February 10, 2018 // 2:00-4:00PM
Hurst Recreation Center, 700 Mary Drive

Attention dads and daughters!

Get ready to dance your socks off and take a photo or two while enjoying some tasty refreshments.

Tickets are \$15 per couple and \$8 per additional daughter. Tickets go on sale January 8, 2018 at 8 a.m. at the Hurst Recreation Center.

For more information, call 817-788-7320.



Join Our Team!



It is never too early to start thinking about your summer plans! The City of Hurst will begin hiring for our summer seasonal positions beginning Monday, December 18.

Available Positions

Lifeguard \$9/hour

Apply early! Our first lifeguard certification class will be held in April.

Swim Lesson Instructor: \$9.75/hour

Pool Maintenance Attendant: \$8.75/hour

Cashier: \$7.75/hour

All training is FREE of charge! We have competitive pay, flexible hours, and lots of fun! APPLY NOW, before it is too late!

For more information and to apply, please visit: hursttx.gov/openpositions.



Fall/Winter Operating Hours

Monday-Thursday: 8:00AM-9:00PM

Friday: 8:00AM-6:00PM

Saturday & Sunday: 9:00AM-6:00PM

Hurst Tennis Center

701 Mary Drive, Hurst, TX

817-788-7330

Hurst Tennis Center Staff

Tennis Attendants:
Austin Armstrong
Sean Burke
Ryan Crozier

Head Professional:
Kelly Langdon, USPTA

Tennis Instructors:
Cameron Bodily, USPTA
John Schlidt, USPTA
Michael Seybold, USPTA
Greg Smith

Tennis Center Coordinator:
Austin Wynne, USPTA

Upcoming Tournaments

Fall/Winter Mid-Cities Junior Circuit
December 9-10

Hurst Adult Open
December 9-10



- Lessons and team drills for all ages and abilities
- 10 lighted outdoor courts
- USRSA racquet stringers
- Ball machine rental
- USPTA-certified instructors available
- USTA adult leagues

How About A Private Lesson?

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

Lessons with City of Hurst Head Professional Kelly Langdon, USPTA or Tennis Center Coordinator Austin Wynne, USPTA

\$35 Per Half Hour
\$55 Per Hour
\$200 Per Series of 4 Lessons

Lessons with tennis instructors Greg Smith; Cameron Bodily, USPTA; John Schlidt, USPTA; Mike Seybold, USPTA

\$35 Per Half Hour
\$55 Per Hour
\$200 Per Series of 4 Lessons

The Tennis Center staff also offers group lessons: \$90 for 1½ hour.

Racquet Stringing

The Tennis Center has a large choice of strings and accessories for your racquet needs. We offer fast service and United States Racquet Stringer's Association certified stringers on staff.

Youth

Quickstart Tennis

6 Years and Under // 1 Can of Unopened Balls

An introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games.

Instructors: Austin Wynne, USPTA; Michael Seybold, USPTA and Staff

| | | | | | | | | | |
|---------|-------------|----|---|----|------|----|------|----|------|
| 81601-A | 5:00-5:30PM | // | M | // | 4WKS | // | 1/8 | // | \$28 |
| 81602-A | 5:00-5:30PM | // | W | // | 4WKS | // | 1/10 | // | \$28 |
| 81601-B | 5:00-5:30PM | // | M | // | 4WKS | // | 2/5 | // | \$28 |
| 81602-B | 5:00-5:30PM | // | W | // | 4WKS | // | 2/7 | // | \$28 |
| 81601-C | 5:00-5:30PM | // | M | // | 4WKS | // | 3/5 | // | \$28 |
| 81602-C | 5:00-5:30PM | // | W | // | 4WKS | // | 3/7 | // | \$28 |

Junior Beginner Tennis

7+ Years // 1 Can of Unopened Balls

A fun class for beginners. Learn the forehand, backhand, serve and volley. Kids will play plenty of fun games

Instructors: Austin Wynne, USPTA; Michael Seybold, USPTA and Staff

| | | | | | | | | | |
|---------|-------------|----|---|----|------|----|------|----|------|
| 81502-A | 5:30-7:00PM | // | M | // | 4WKS | // | 1/8 | // | \$72 |
| 81503-A | 5:30-7:00PM | // | W | // | 4WKS | // | 1/10 | // | \$72 |
| 81502-B | 5:30-7:00PM | // | M | // | 4WKS | // | 2/5 | // | \$72 |
| 81503-B | 5:30-7:00PM | // | W | // | 4WKS | // | 2/7 | // | \$72 |
| 81502-C | 5:30-7:00PM | // | M | // | 4WKS | // | 3/5 | // | \$72 |
| 81503-C | 5:30-7:00PM | // | W | // | 4WKS | // | 3/7 | // | \$72 |

Advanced Beginner/Intermediate Junior Tennis

10+ Years // 1 Can of Unopened Balls

For players who have had prior instruction & looking to improve their overall game. Singles and doubles techniques and tactics.

Instructors: Michael Seybold, USPTA and Staff

| | | | | | | | | | |
|---------|-------------|----|----|----|------|----|------|----|------|
| 81504-A | 5:30-7:00PM | // | TH | // | 4WKS | // | 1/11 | // | \$72 |
| 81504-B | 5:30-7:00PM | // | TH | // | 4WKS | // | 2/8 | // | \$72 |
| 81504-C | 5:30-7:00PM | // | TH | // | 4WKS | // | 3/7 | // | \$72 |





Adult

Adult Beginner/Advanced Beginner Clinic

1 Can of Unopened Balls

Just for adults! Learn basic strokes, scoring and strategy. Bring one can of new unopened balls to first class.

Instructors: Kelly Langdon, USPTA and Staff

81505-A
7:00-8:30PM // W // 4WKS // 1/10 // \$72
81505-B
7:00-8:30PM // W // 4WKS // 2/7 // \$72
81505-C
7:00-8:30PM // W // 4WKS // 3/7 // \$72

Adult Intermediate Clinic

1 Can of Unopened Balls

Just for adults! Learn basic strokes, scoring and strategy. Bring one can of new unopened balls to first class.

Instructors: Kelly Langdon, USPTA and Staff

81506-A
7:00-8:30PM // W // 4WKS // 1/10 // \$72
81506-B
7:00-8:30PM // W // 4WKS // 2/7 // \$72
81506-C
7:00-8:30PM // W // 4WKS // 3/7 // \$72

4.0 Men's Open Drills

1 Can of Unopened Balls

This drill class is designed to work on both singles and doubles point play situations. Get a great workout while getting ready for your next match. A minimum of three (3) players is needed for the drill to make. Please call and register no later than 24 hours in advance. Players should contact the Hurst Tennis Center on Thursday to ensure the class will meet.

Instructors: Kelly Langdon, USPTA, and Mike Seybold, USPTA

81444
7:00-8:30PM // TH // 1WK // 1/12 // \$12

Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine at least three days in advance.

Taking Care of City Parks

We make sure our crews inspect our parks on a regular basis, however, litter and vandalism still may occur and additional maintenance may be needed between crew visits. The next time you visit one of our parks and you notice anything that needs attention, please notify the Parks Department at 817-788-7220.

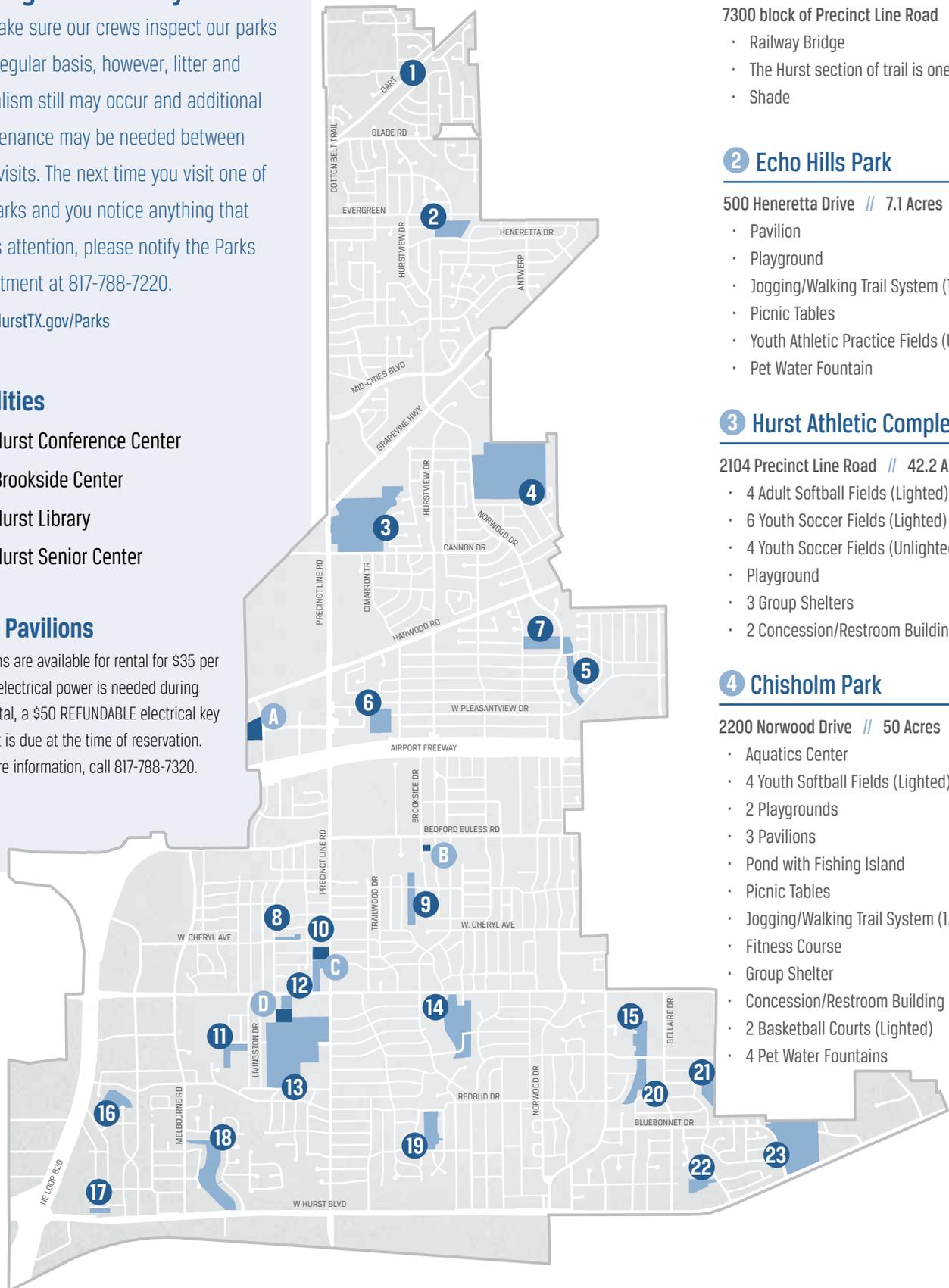
www.HurstTX.gov/Parks

Facilities

- A** Hurst Conference Center
- B** Brookside Center
- C** Hurst Library
- D** Hurst Senior Center

Park Pavilions

Pavilions are available for rental for \$35 per day. If electrical power is needed during the rental, a \$50 REFUNDABLE electrical key deposit is due at the time of reservation. For more information, call 817-788-7320.



1 Cotton Belt Trail

7300 block of Precinct Line Road

- Railway Bridge
- The Hurst section of trail is one mile
- Shade

2 Echo Hills Park

500 Heneretta Drive // 7.1 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

3 Hurst Athletic Complex

2104 Precinct Line Road // 42.2 Acres

- 4 Adult Softball Fields (Lighted)
- 6 Youth Soccer Fields (Lighted)
- 4 Youth Soccer Fields (Unlighted)
- Playground
- 3 Group Shelters
- 2 Concession/Restroom Buildings

4 Chisholm Park

2200 Norwood Drive // 50 Acres

- Aquatics Center
- 4 Youth Softball Fields (Lighted)
- 2 Playgrounds
- 3 Pavilions
- Pond with Fishing Island
- Picnic Tables
- Jogging/Walking Trail System (1.5 miles)
- Fitness Course
- Group Shelter
- Concession/Restroom Building
- 2 Basketball Courts (Lighted)
- 4 Pet Water Fountains

5 Mayfair Linear Park

1725 Norwood Drive // 8.3 Acres

6 Smith-Barfield Park

640 Pleasantview Drive // 6.9 Acres

- Youth Baseball/Softball Field (Lighted)
- 2 Tennis Courts (Lighted)
- Youth Athletic Practice Field (Unlighted)
- Playground
- Pavilion
- Picnic Tables
- Restrooms
- 2 Pet Water Fountains

7 Mayfair Park

1725 Norwood Drive // 14.4 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/4 mile)
- Youth Athletic Fields (Unlighted)
- Pet Water Fountain

8 Windmill Park

840 W. Cheryl Avenue // 2 Acres

- Historical Marker

9 Valentine Park

610 Bedford Court West // 4 Acres

- Youth Athletic Practice Field (Unlighted)

10 Library Park

901 Precinct Line Road

- Pavillion

11 Hurst Hills Park

575 Billie Ruth Lane // 4 Acres

12 Heritage Village Park

841 W. Pipeline Road

- Historical Plaza
- Picnic Table
- 2 Decorative Water Fountains

13 Hurst Community Park

601 Precinct Line Road // 44.9 Acres

- 4 Youth Baseball Fields (Lighted)
- 2 Youth Soccer Fields (Lighted)
- 2 Sand Volleyball Courts (Lighted)
- Pavilion
- 2 Playgrounds
- Multi-Use Trail System (1 mile)
- Picnic Tables
- Wooded Natural Area
- Open Field Play Area
- Concession/Restroom Building
- 2 Group Shelters
- 2 Pet Water Fountains

14 Central Park

700 block of Mary Drive // 17.5 Acres

- Recreation Center
- Aquatics Center
- Tennis Center (10 Lighted Courts)
- 2 Pavilions
- Playground
- Picnic Tables
- 2 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

15 Vivagene Copeland Park

501 Pecan Drive // 5.2 Acres

- Pavilion
- Playground
- Multi-Use Trail System (1/3 mile)
- Open Field Play Area
- 3 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

16 Jaycee-Baker Park

500 Belmont Drive // 4.1 Acres

- Playground
- Picnic Tables
- Pavilion
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

17 Parker Cemetery

1308 Cardinal Lane

18 Billy Creek Park

161 Billy Creek Drive

19 Redbud Park

525 Redbud Drive // 7.2 Acres

- Soccer Field (Unlighted)
- Playground
- Jogging/Walking Trail System (1/3 miles)
- Picnic Tables
- Fitness Course
- Pavilion
- Pet Water Fountain

20 Bellaire Park

500 Pecan Drive // 6.4 Acres

- Playground
- Youth Baseball/Softball Field (Lighted)
- Jogging/Walking Trail System (1/3 mile)
- Pet Water Fountain

21 Wan-Ka-Kani Park

748 Shadylane // 4.1 Acres

- Picnic Tables

22 Highway 10 Linear Park

188 Arwine Drive

- Hurst's undeveloped park land

23 Rickel Park

1001 Bluebonnet Drive // 29 Acres

- 2 Pavilions
- Picnic Tables
- Nature Trails
- Scenic Overlook
- Winding Stream with 2 Bridges
- Jogging/Walking Trail System (1/2 mile)
- Playground
- 2 Pet Water Fountains



City of Hurst
1505 Precinct Line Rd.
Hurst, TX 76054

PRESORTED STANDARD
U.S. POSTAGE PAID
HURST, TX PERMIT NO. 21

Winter 2018

RECREATION CLASS SCHEDULE

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage life-long learning, fitness and fun.

