

Where We Live

Fall/Holiday 2017

Sharing kindness in our community.

#HURSTHEARTS



Where We Live

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City Staff

- Clay Caruthers** City Manager
- Allan Heindel** Deputy City Manager
- Greg Dickens** Executive Director of Public Works
- Rita Frick** City Secretary
- Steve Moore** Police Chief
- David Palla** Fire Chief
- Matia Messemer** Executive Director of Human Resources
- Steve Bowden** Executive Director of Economic Development
- Clayton Fulton** Executive Director of Strategic and Fiscal Services
- Malaika Farmer** Executive Director of Administration and Customer Service
- Kara McKinney** Public Information Officer



On the Cover

We're so happy you've received your Hurst Hearts special edition of Where We Live! We had an exciting photo shoot with a group of Hurst community members to help promote our Hurst Hearts kindness campaign! We held the photo shoot at the Hurst Public Library, and the photos taken were used to create a stop motion video that you can watch on our Facebook page or YouTube channel!

The goal of this video is to share the heart behind Hurst Hearts and encourage our social media followers to engage in the campaign and share their stories of kindness with us. Check out page 17 to learn more!



Mayor's Message

I hope you and your family had a wonderful summer! Can you believe that the fall/holiday season is right around the corner? This is always my favorite time of year. Spending quality time with family, cooler weather, comfort food, and like most of you, this is my favorite time to give back to our community. One thing I love about Hurst is that even though we are right in the middle of the DFW Metroplex, Hurst still has that small town feel that makes our city so special and unique. Our residents are some of the most generous and kind people around, always willing to help brighten their neighbor's day. This holiday season in particular, we are hoping to hear about your intentional acts of kindness through our Hurst Hearts social media campaign. You can learn more about how you can participate on page 17.

As usual, we have some wonderful things in store for you this season in Hurst! You and your family can attend one of our free Heritage Village Presents events, a Cyber Security Forum to learn how to better protect you and your kids online, our annual Christmas Tree Lighting event and so much more!

This issue is packed with quality city information to help you stay in the know with everything going on in your city. We recently celebrated the completion of Clay Caruthers' first year as city manager, and I must say, he's been doing a fantastic job! Check out page 24 to hear what he has to say about his first year as city manager. Earlier this year, we developed a Citizen Survey for our residents to give us their feedback on how they think we're doing. You can find the results of that survey on page 14.

On behalf of the entire city council, we wish you and your family a memorable fall/holiday season and look forward to seeing you at our events!

- Mayor Richard Ward

City Council

Richard Ward Mayor
Henry Wilson Mayor Pro Tem
David Booe Council Member
Bill McLendon Council Member
Trasa Cobern Council Member
Larry Kitchens Council Member
Nancy Welton Council Member

The Social Media Connection

City of Hurst

WEBSITE: www.HurstTX.gov
FACEBOOK: [@CityofHurstTX](https://www.facebook.com/CityofHurstTX)
TWITTER: [@TheCityofHurst](https://twitter.com/TheCityofHurst)
INSTAGRAM: [@CityofHurstTX](https://www.instagram.com/CityofHurstTX)
NEXTDOOR: [City of Hurst](https://www.nextdoor.com/CityofHurst)

Hurst Public Library

WEBSITE: www.HurstTX.gov/Library
FACEBOOK: [@HurstPublicLibrary](https://www.facebook.com/HurstPublicLibrary)
TWITTER: [@HurstLibrary](https://twitter.com/HurstLibrary)
INSTAGRAM: [@HurstPublicLibrary](https://www.instagram.com/HurstPublicLibrary)

Hurst Police Department

FACEBOOK: [@HurstPoliceDept](https://www.facebook.com/HurstPoliceDept)
TWITTER: [@HurstPoliceDept](https://twitter.com/HurstPoliceDept)
NEXTDOOR: [Hurst Police Department](https://www.nextdoor.com/HurstPoliceDepartment)

Hurst Conference Center

WEBSITE: www.HurstCC.com
FACEBOOK: [@HurstCC](https://www.facebook.com/HurstCC)
INSTAGRAM: [@HurstConferenceCenter](https://www.instagram.com/HurstConferenceCenter)
PINTEREST: [www.Pinterest.com/HurstCC](https://www.pinterest.com/HurstCC)

Hurst Recreation Center

FACEBOOK: [@HurstParksandRecreation](https://www.facebook.com/HurstParksandRecreation)

Hurst Fire Department

TWITTER: [@HurstFireDept](https://twitter.com/HurstFireDept)

Hurst Senior Activities Center

FACEBOOK: [@HurstSeniorActivitiesCenter](https://www.facebook.com/HurstSeniorActivitiesCenter)

'Tis the Season for . . . Cinnamon!

A change in the seasons is here, and with it comes a change in our taste bud preferences. It is time for chai tea, cinnamon lattes, apple crisp, baked oatmeal, pumpkin and so much more. And with these changes, one of the favorite spices to come out of the cupboard is cinnamon. But did you know that beyond tasting delicious, cinnamon has many health benefits? Let's learn more.

What is Cinnamon? Cinnamon is considered a spice and is one of the most commonly used in the world. The unique smell, color and flavor of cinnamon is because it comes from the oily part of the cinnamomum tree, and the health benefits can be found in the bark. There are different forms of cinnamon such as cassia or Ceylon, so do your research before you purchase. You can find it in the ground form (our commonly used spice), as an essential oil and even in a supplement form. All forms, if they are organic and pure, have wonderful health benefits.

Cinnamon impacts diabetes in the body by helping blood sugar control. It does this through changing the amount of glucose absorbed from eating, as well as impacting insulin resistance. You might think of it like your body being more efficient at using the blood sugar it already has and absorbs less when taking cinnamon with your meals.

Cinnamon helps keep your heart healthy in three ways. It helps reduce blood pressure, it lowers total cholesterol and the bad LDL cholesterol, and it lowers triglycerides (fat molecules clogging up your blood stream).

Cinnamon is a powerful antioxidant, so it can help prevent cancer by fighting the cells in your body that are trying to grow abnormally or become cancerous. It also helps destroy

free radicals that damage your cells and promote cancer. In particular, your colon cells benefit from this anti-cancer affect.

Viruses, germs and infections flee from cinnamon compounds because cinnamon naturally has antimicrobial, antibiotic, antifungal and antiviral properties. Cinnamon is a powerful immune booster and can help you fight off some of the worst illnesses.

Cinnamon has also been found to affect mental capabilities and diseases such as Parkinson's and Alzheimers. It can help protect brain cells and support healthy neurons that impact your function.

Cinnamon can reduce inflammation and help lower pain. Headaches, arthritis and other inflammation based diseases can be targeted using cinnamon. It works by promoting boosting circulation and reducing inflammation.

There is so much more to learn about cinnamon, and the health benefits are enormous. In general, most benefits are present when you consume 1 tbsp of the powder or more daily. If you are using a supplement or essential oil form, these are more concentrated and the dose is different. Have fun exploring this amazing spice, and see how you can impact your health by including it in your daily regime.

As always, Hurst works hard to offer education, activities and amenities to give you plenty of opportunities to make your health better. From working with a dietitian or personal trainer at the recreation or senior center, enjoying the outdoors at one of our many marvelous parks, getting some tasty recipes at the library or participating in the educational and fun programs offered, your possibilities are numerous!

Information provided by organicauthority.com

Cinnamon Coconut Carrot Morning Muffins



Ingredients:

- 1 cup whole-wheat or white whole-wheat flour
- ½ cup old-fashioned rolled oats, plus 2 tablespoons for garnish
- 2 teaspoons baking powder
- 2 teaspoons ground cinnamon
- ½ teaspoon salt
- ¼ teaspoon ground allspice
- 2 large eggs
- 1 cup unsweetened applesauce
- ½ cup honey
- 2 teaspoons vanilla extract
- ¼ cup coconut oil, melted
- 2 cups shredded carrots
- ½ cup unsweetened shredded coconut, plus 2 tablespoons for garnish
- ½ cup raisins

Directions:

- Preheat oven to 350°F. Coat a 12-cup muffin tin with cooking spray.
- Whisk whole-wheat flour, ½ cup oats, baking powder, cinnamon, salt and allspice in a medium bowl.
- Whisk eggs, applesauce, honey and vanilla in a large bowl. Whisk in coconut oil. Gently stir in the flour mixture just until moistened. Fold in carrots, ½ cup coconut and raisins.
- Divide the batter among the muffin cups. Sprinkle with the remaining 2 tablespoons each oats and coconut.
- Bake the muffins until they spring back when lightly touched and a toothpick inserted in the center comes out with only moist crumbs attached, 30 to 35 minutes. Let stand in the pan for 10 minutes before turning out onto a wire rack. Serve warm or at room temperature.

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Nutrition Facts: 1 muffin = 186 calories, 8 g fat, 28 g carbs, 4 g protein, 3 g fiber

Save the Date! Fire Department Steak Dinner

When

Saturday, October 14 from 4 – 8 p.m.

Where

Fire Administration
2100 Precinct Line Road

Ticket Sales

Begin September 1 at Fire Administration
or through a HCFAAA member

The annual Hurst Citizens Fire Academy Alumni Association Fire Department Steak Dinner event (catered by Outback) is Oct. 14 from 4-8 p.m. Tickets are \$15 each and go on sale Sept. 1 at Fire Administration (2100 Precinct). Tickets usually sell out pretty quickly, so get yours soon! For more information, call the Fire Department at 817-788-7238.



Fire Department Open House

When

Saturday, September 23 from 10 a.m. – 2 p.m.

Where

Main Fire Station
2100 Precinct Line Road

Please join us for the Fire Department Open House on Sept. 23! People of all ages are invited to come meet your firefighters, enjoy hot dogs and In-N-Out, demonstrations and lots of fire apparatus on display. You'll even get a chance to meet your new Fire Chief, David Palla! The event will be held at the Main Fire Station at 2100 Precinct Line Road from 10 a.m. to 2 p.m. We can't wait to see you there!



Save the Date! National Night Out

When

Tuesday, October 3 from 5:30 – 8 p.m.

Where

Vivagene Copeland Park - 501 Pecan Drive
Hurst Community Park - 601 Precinct Line Road

This annual event provides an opportunity for neighborhoods to come together, meet police officers and other city staff while building relationships to help prevent crime and keep our neighborhoods safe. Come enjoy hot dogs and some fun activities!

CYBER SECURITY FORUM

Cyber Security Forum – BRINGING IT HOME

The City of Hurst Information Technology Division presents the fourth annual FREE Cyber Security Forum on October 30, 2017 from 6:30-8:30 p.m. held at the Hurst Conference Center located at 1601 Campus Dr. You're invited to attend this informative event that will cover topics like protection against

cyber security threats, best practices for home security and online safety for your children.

For more information about the Cyber Security Forum, please visit the City of Hurst website and Facebook page.

Black Friday Safety Tips

To protect yourself – and your car – keep these safety tips in mind when you leave your car in a parking lot or garage.

- **If possible, shop during the daytime.** Obviously, it's easier for thieves to strike under cover of darkness. Fewer people shop at night too, which ups the odds that you'll be alone in the parking lot or parking garage.
- **Park as near the entrance as you can.** The closer you are, the less time you'll have to spend walking through the lot or garage. Choose a well-lit spot. Parking in a dark corner is asking for trouble. Remember where you have parked. You don't want to be wandering around looking for your car when it's time to leave.
- **Don't assume that locking your car is enough to keep it safe.** Make what's inside look as unappealing as possible.
- **As you're heading back to your car, have your keys out so you don't have to search through your purse or pockets.** Be alert. This isn't a good time to be caught up in texting or checking email.



Senior Center



Membership Information

Monday, Tuesday, Wednesday, Friday: 7:00AM-7:00PM // Thursday: 7:00AM-9:00PM

The Hurst Senior Activities Center is open to seniors only, ages 55 and over.

- Membership is required in order to use the Senior Center amenities or participate in activities and programs. (Occasionally, we will offer special programs that are open to the general public.)
- Membership is valid for one year and must be renewed annually.
- Membership includes many free classes, programs and activities, use of our state-of-the-art fitness room and access to aquatics programs. Please note that some classes and programs may require nominal fees.

Senior Center Membership Fees:

- Hurst Residents – \$20 per membership year. (Equivalent of about \$1.67 per month.)
- Nonresidents – \$80 per membership year. (Equivalent of about \$6.67 per month.)
- As a member of a Medicare Advantage or Medicare Supplement plan, you may be eligible for a no-cost or low-cost membership through the Silver & Fit or Silver Sneakers program.
- In order to receive the Hurst resident rate, please bring your Hurst water bill, Hurst property tax statement or Hurst apartment lease and your photo ID as proof of residency.

Lunch Program

The Senior Center offers a weekly meal program called "A Quick Bite." On Tuesdays, for only \$5, you get a cup of the soup of the day, your choice of the entrée of the day or a sandwich with a bag of chips and a pickle. All lunches come with a dessert. Grab a friend, and stop by the Senior Center for "A Quick Bite!"

The lunch program policies and details are as follows:

- You must register at the front desk for lunch and complete "A Quick Bite" menu selection slip. Payment is expected at the time of registration. Registration can be made any time prior to 10 a.m. on Tuesdays. Reservations will not be accepted after 10 a.m. No exceptions.
- The kitchen staff and volunteers cannot take payments. Please pay for lunch at the front counter and obtain a receipt. The receipt is only valid for the date lunch was purchased. No refunds or rain checks for lunches will be issued.
- Quantities may be limited and may sell out before 10 a.m.
- All meals are encouraged to be consumed on the premises. Taking food home from the meal site is done at your own risk. To-go boxes are not available.
- Due to health code policies, personal food items cannot be held in the kitchen refrigerators. Lunches will be available for pick-up on Tuesdays between noon and 12:30 p.m. Lunches not picked up by 12:30 p.m. must be discarded.

Donor Board

Did you know that you can give to the Senior Center Donation Fund? Donations are used to purchase non-budgeted items for the Senior Center. Donations are recognized through the Donor Board located on the east side wall of the building next to the staff offices. A plaque inscribed with your choice of inscription (space limited) will be placed on the board based on the following levels of donation:

- Bronze – \$250
- Silver – \$500
- Gold – \$1,000
- Platinum – \$2,000+

For more information or to make a donation, contact the Senior Center Director Linda Rea at 817-788-7710.

Contact Information

700 Heritage Circle
Hurst, TX 76053
817-788-7710

The Social Media Connection

Did you know that the Hurst Senior Activities Center is now on Facebook? Stay up to date on current happenings, find pictures of recent events and more. Follow us, like us and share us: @HurstSeniorActivitiesCenter

Registration Policy

Registration is required for most scheduled classes, activities and programs. Registration opens the first business day of each month at 8 a.m. and continues throughout the month. You must have an active Senior Center membership or day pass in order to register for classes. Any applicable fees must be paid at time of registration unless otherwise noted. Save time and register online by visiting the Senior Center website: <http://www.hursttx.gov/residents/senior-services>. To get started with online registration, you will need to visit the Senior Center to activate your account.

Senior Center Board Members

Chairman:
Marcy Davis

Vice Chair:
Gerald Greiser

Barbara Albright
Durwood Foote
Marie Perry
John Sechrist

John Smith
Joan Stinnett
Doris Young

Senior Center Staff

HSAC Director:
Linda Rea

Activities Assistant:
Linda Provence

Activities Supervisor:
Michelle Varley

Front Desk Attendants:
Debbie Broseh

Administrative

Diana Conway

Assistant:

Tammy McDonald

Laura Gore

Roxanna Serrano

Gayle Stevens

Senior Center Upcoming Events & Classes

Here are just a FEW of our upcoming special events. (You must be a member to participate. Sign-up and fees may be applicable.)

Member Mixer

You are invited to our 8th Annual Member Mixer - Beach Party. Put on your tropical or beach attire and plan to spend the afternoon at the Senior Center enjoying a festive beach atmosphere, entertainment, food and fun! Catch up with old friends and meet some new ones. Please RSVP by August 11 by registering online or at the Senior Center. FREE!

1:00 - 3:00PM // Friday // 8/18

AARP Driver Safety Training

Expect to learn current rules of the road, defensive driving techniques and how to operate your vehicle more safely. Consult your agent for insurance discount availability upon course completion. AARP membership is not required. \$15 for AARP members and \$20 for non-members. Fees due at time of class, please have exact change or check, no credit cards. Bring your driver's license. You must sign up for lunch separately. Space limited. Sign up at front desk. Instructor: John Chreno.

Noon - 4:00PM // Wednesday // 8/30

Grandparents as Parents

Are you raising your grandchild(ren), or parenting someone else's child(ren)? Do you find it difficult to locate resources that will assist you? Would you like to find more local support? If the answer to any of these is "yes", please join us as MCH Family Outreach hosts an information meeting on our Grandparents as Parents Program. The meeting will be held at the Hurst Senior Activities Center, located at 700 Heritage Circle, on September 15th at 1 pm. Light refreshments will be served. Please register for the class through the Hurst Senior Activities Center. To find out more about MCH Family Outreach, please call 972-480-8772.

1:00 - 2:00PM // Friday // 9/15



Aquatics Classes

- **Unstructured Water Time** is available Monday/Wednesday/Friday from 10:00AM - Noon. Stop by the Senior Center for more details and pricing.
- **Water Wellness** is a great water workout if you have sore or tight joints, lower back pain, balance issues, or general aches and pains. Come try this gently paced water wellness class to ease your symptoms. See Senior Center Aquatics Class Schedule for days, times and fees.
- **Work It In Water** will help you improve your cardio strength, endurance, and muscle tone. Aqua weights, noodles, and kick boards, along with your own body weight will be used to maximize your workout. See Senior Center Aquatics Class Schedule for days, times and fees.



Vaccination Clinic

Get immunized here! Registered pharmacists will be administering vaccines including influenza, pneumonia, shingles and tetanus. Remember to bring both your medical and prescription insurance cards. \$0 out of pocket expense, based upon your insurance coverage. Most insurance is accepted. It is highly recommended that you schedule an appointment time, however, it is not required and walk ins are welcome. Sponsored by Mid-Cities Pharmacy.

9:00AM - Noon // Friday // 9/22

Craft and Holiday Market

Save the date for Friday, October 20 for this year's Craft & Holiday Market! The Market will be open 9 a.m. - 6 p.m. and will feature a variety of unique, handmade and home-based business items. Exhibitor registration opens Tuesday, August 1 for members of the Hurst Senior Activities Center. Non-member registration begins on August 21. Applications will be available beginning July 21 at the Senior Center front desk during normal operating hours. For questions or more information, contact Michelle Varley at mvarley@hursttx.gov or call 817-788-7710.

9:00AM - 6:00PM // Friday // 10/20



Senior Center Upcoming Events & Classes

Here are just a FEW of our upcoming special events. (You must be a member to participate. Sign-up and fees may be applicable.)



Masquerade Bingo Party

Celebrate All Hallows' Eve by coming to the Senior Center wearing your favorite mask and joining us for a Masquerade Party. We'll enjoy some light refreshments, mix and mingle with friends, play some BINGO and do the Monster Mash. Please be sure to sign up!

2:30 - 3:30PM // Tuesday // 10/31

Non-Contact Boxing

Non-Contact Boxing is a great way to improve agility, speed, endurance, accuracy, balance, hand-eye coordination, footwork and overall strength. This class is designed with Parkinson's patients in mind, but anyone can benefit from the exercise and is welcome to participate. Classes are \$2.50 each payable at the beginning of each month. Instructor: Rosy Pritchett.

4:00 - 4:45PM // Wednesdays

HSAC Anniversary & Open House

On Tuesday, November 7 the Senior Center will celebrate its 8th Anniversary. Please come by and tour our beautiful facility and discover this hidden gem for adults age 55 and over. Door prize drawings will be held throughout the day. (You must have a valid membership to enter.) The Mayor will present a brief message and our Line Dance Class will perform at the Cake and Punch Reception at 1 p.m.

9:00AM - 6:00PM // Tuesday // 10/7

Thanksgiving Dessert Buffet

Don't miss out on this dessert extravaganza! Desserts are provided by the Center and through the support of sponsors, but members are invited to bring their favorite dessert as well. Diabetic friendly options will be available. Enjoy hot apple cider or cranberry punch as you indulge in a variety of tasty confections. Please let the front desk know if you plan on bringing a dessert for this annual holiday event and sign up in advance if you plan to attend. FREE!

2:00 - 3:00PM // Friday // 11/17

You Can Paint with Oils

Even if you've never held a paint brush or can't draw a straight line you will be amazed at the beautiful oil painting you can create in one fun and inspiring lesson. Beginners learn basics of color mixing, brush strokes and perspective while completing a detailed landscape or seascape under the patient guidance of award winning "Teacher of the Year," Susan & Robert Garden, founders of the Robert Garden School of Art. All art supplies, canvas, paints, brushes, easel and detailed lesson plan are provided. Bring paper towels and wear old clothes. Instructor fee \$15; Supply fee \$18.

9:30AM - Noon // Friday // 9/15

9:30AM - Noon // Friday // 10/27

9:30AM - Noon // Friday // 11/10

Everyone Wants to Live in HURST

It is nice to live in an area that people like and is attractive to residents and visitors. Hurst is one of those cities. Many new families who don't live in Hurst, want to be here. According to Realtor.com, a popular national "homes for sale" search engine, six of the top 10 cities in the country most often "clicked on" when potential home buyers search for a new home, are in Texas. The top three are Waco, Carrollton and Hurst! And it worked for some, as 626 new families moved to Hurst last year and purchased their homes at an average sales price of \$207k, which represented a 10% increase in value over the year before. Each month, North Texas Real Estate Services distributes an existing home sales activity report and of the 14 Mid Cities, Hurst is usually third in the number of homes sold each month. More new families are moving to Hurst through the purchase of existing single-family residences (not new construction) than Southlake, Grapevine, Bedford and Euless. Already through the first five months of 2017, 264 homes have been sold in Hurst at an average sales price of \$230k or 11% higher value than 2016. This is even more remarkable when considering the limited inventory of homes for sale in Hurst.

The City of Hurst recently hired a consultant that worked with city staff to create a Redevelopment Plan for the city that included considerable analysis of what homeowners, home builders and the city does well with our neighborhoods and what we can improve on. Feel free to review the study and

see how you might be able to help your neighborhood and city by going to www.hursted.com. A housing survey of Hurst residents was done as a part of the study as well, and the top four reasons selected by citizens for what they considered to be the best attributes of living in Hurst were its central location, its quality parks and city facilities, the value of housing-affordability and the quality school system.

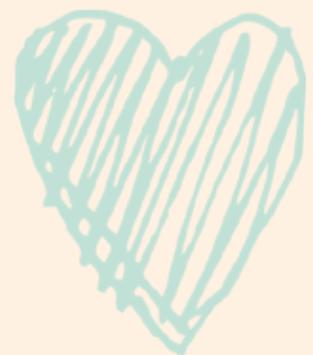
Ninety eight percent of the land in our 10 square mile city is occupied by a business or a home. Very little land remains undeveloped, making the ability to add new residential subdivisions extremely limited. But because the area is so popular and demand is so high, homebuilders are willing to build on small in-fill parcels and/or try to assemble vacant land parcels together. We are excited that three such areas are under construction now where there are new small subdivisions being created. They include:

Royal Residency Estate: 10 homes valued at \$175k to \$225k each at Pecan and Brown Trail

Melbourne Place: 18 homes valued at +\$400k each at Hurst Blvd. and Melbourne

Sandstone Cove: 30 homes valued at +\$450k each at Hurstview and Heneretta

It is nice to live where people want to be!





Heritage Village Presents

Heritage Village Presents is a series of FREE events held at Heritage Village Plaza in the spring and fall. Heritage Village Plaza is located in Southwest Hurst at 841 W. Pipeline Road. The City of Hurst invites you to attend these fun, exciting events for Fall 2017.

Salsa & Salsa

Thursday, August 31 // 6-8 p.m.

This fun, family-friendly event is back for the sixth year! Bring a lawn chair or blanket, and come enjoy an outdoor concert featuring the salsa band Havana NRG at 7 p.m. Work on your dance moves before the concert with free salsa lessons at 6 p.m. While enjoying the music of Havana NRG, grab

your free jar of Mrs. Renfro's salsa and refresh yourself with a glass of agua fresca provided free of charge by the Hurst Public Library. If you work up an appetite, there will be free snacks provided by Abuelo's!

Dogtoberfest

Thursday, October 5 // 5-7 p.m.

Calling all pet lovers! The City of Hurst would like to invite you to Dogtoberfest, a festival for people and their canine companions. This fun and exciting event for the whole family will include a pet-friendly photo booth, a vendor marketplace, food sales and live entertainment. Pet owners are encouraged to dress their dogs for

the event for a chance to win a prize. As always, the City of Hurst will be providing free treats!

Movie in the Park

Friday, November 3 // 7 p.m.

Come enjoy the fall weather with a family movie night in the park! Bring a lawn chair or blanket and a drink, and we'll supply the free popcorn! Look for movie details to come on the City's website and Facebook page.

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For more information about the Heritage Village Presents events, contact the Hurst Public Library at 817-788-7300.

Your Water News



You have probably watched the transformation of the 750,000-gallon Tarrant County College Elevated Water Storage Tank as it spent the first half of 2017 in and out of a tent cover. This project was a necessity as this tank is pivotal to the North Hurst pressure plain. Structural repairs were made, both inside and out, a water retention mixer was installed to improve the quality of water, new software was added to monitor and control flow rates, vulnerability was improved with new site fencing and security, and the tank received a well needed face lift with new logos.



Citizen Survey Results

The City of Hurst engages in our Strategic Planning Process each year to determine priorities for the upcoming budget. This process allows the council to evaluate community needs and assess their impact upon the city's budget while helping the City of Hurst determine which services to provide and at what level they are offered.

To effectively develop a strategic plan, we first gain citizen input regarding their opinions of the city services and needs. Hurst's primary tools to gather citizen input are the Town Hall Forum and Citizen Survey. These two exercises allow the city council to get direct feedback and information that is critical to developing their strategic priorities. We are pleased to provide you with some information the survey revealed about our community. The survey included responses of 920 individuals and some highlights are included below:

We are proud to report that 96% of respondents voiced satisfaction with the quality of life in their community. More than half of residents responding felt in the last five years, Hurst as a community in which to live had improved.

Respondents were particularly satisfied with senior programs and activities, Hurst as a place to live and opportunities to volunteer. Respondents' top six city services (in no particular order) were

Fire, EMS, Library, Hurst Conference Center, Senior Center and Police. While the majority of our services received high marks, these six ranked the highest.

When asked about the most critical issue facing Hurst, redeveloping aging/vacant businesses and residential areas was far and away the most critical issue facing Hurst. This is why the city has been engaged in a redevelopment study and has identified redevelopment as one of council's strategic priorities.

The city is focused on improving the favorability ratings for street maintenance and code enforcement. The city is currently engaged in a street survey to develop plans to address the most critical roadways and will develop financial models to meet those needs. Staff has been working to improve efficiencies and service levels in our code enforcement division.

We sincerely appreciate the responses we received to ensure we are developing a budget that meets the needs of our community today and tomorrow.

The proposed budget will be available on our website at hursttx.gov/budget for review in early August, and the city will conduct a budget public hearing at our regularly scheduled August 22, 2017 council meeting.

Let's Tackle Grease in the Kitchen

Why should I help?

- Prevent grease buildups from blocking sewer lines
- Stop sewer overflows into streets and storm drains
- Save money spent on costly cleanups of sewage spills
- Reduce the number of times you have to clean your grease trap (food services)
- Protect the quality of our water

Do:

- Put oil and grease in covered collection containers
- Scrape food scraps from dishes into trash cans and garbage bags and dispose of properly. Avoid using your garbage disposal.
- Remove oil and grease from dishes, pans, fryers and griddles. Cool first before you skim, scrape or wipe off excess grease.
- Prewash dishes and pans with cold water before putting them into the dishwasher.
- Cover kitchen sink with catch basket and empty into garbage can as needed.
- Cover floor drain with fine screen and empty into garbage as needed.

Don't:

- Don't pour oil and grease down the drain.
- Don't put food scraps down the drain.
- Don't run water over dishes, pans, fryers and griddles to wash oil and grease down the drain. Don't rinse off oil and grease with hot water.

More ways to tackle grease:

- Use environmentally safe cleaning products instead of harsh detergents or cleaners that can damage sewer lines.
- If you generate large amounts of used cooking oil, recycle it. To find a recycler, search "recyclers" or "rendering companies" online.
- If you generate small amounts of used cooking oil, pour it into a container you can throw away. Never pour it down the drain.
- Start a compost pile at your home with scraps that are not meat.

FALL/HOLIDAY GREASE ROUNDUP

When

November 27 - January 5

This holiday season, we're making it easier than ever to Cease the Grease! You can recycle it for free at our drop-off location at the north end of the Service Center parking lot at 2001 Precinct Line Rd.



Hurst on the Job

In the last issue of Where We Live, we introduced our Hurst on the Job program, a city manager driven initiative that helps educate and inform citizens of what their city does for them! A new department is highlighted each month.

Since our last issue, three departments have been featured at hursttx.gov/hurstonthejob. They are Economic Development, Fleet and Warehouse Services, and the latest,

Fire Prevention. Be sure to view all the videos to learn more about what your city does for you!

Citizen input in this program is encouraged! We would love to have photos or video clips from our citizens when they see our employees in action. If you find our employees doing their jobs, snap a quick photo or video and share it on our Facebook page using the hashtag #hurstonthejob.

Volunteers in Action

Are you looking to become more active in your community? Participating in the Volunteers-In-Action program is a way for you to support your community while learning more about City of Hurst operations, programs and services. There are volunteer opportunities in many departments including:

- Police
- Hurst Conference Center
- Library

- Parks
- Fire
- Recreation
- Animal Services
- Senior Center

For more information about the Volunteers-In-Action program, please go to the city's website hursttx.gov/VIA or call Shelly Klein at 817-788-7036.





If one kind word has the power to change your neighbor's day, what can one kind action do? Change perspective. Brighten a smile. Build a community. It happens everyday in Hurst, and it isn't random. Kindness is intentional. Your #hursthearts stories hold so much value, and we want to continue spreading kindness throughout our community! Post your stories of kindness on social media using #hursthearts, and we'll share them on the City of Hurst's social media platforms. Let's continue to be intentional, neighbors!

#HURSTHEARTS



Sharing the wealth! Sharing from my garden is a great way to meet the people on my street! How do you engage with your neighbors? #hursthearts

– Destiny F.

This incredibly generous young man is Tyler. With the help of his grandmother, Cathy, he hosted a garage sale this past weekend to benefit Hurst Animal Services. They raised more than \$700!!! Talk about fantastic! Thank you so much Tyler for thinking of us, and thank you to all of those who purchased items, donated items to sell, and to those who made cash donations. This money will help provide necessary medical treatment to Hurst Animal Services animals in need. Wow. Just wow!

– Hurst Animal Services



Hurst Fire responded to a call today when they noticed that the house of Mr. and Mrs. Ortiz was very warm and seemed to not have working AC. The city uses money made from metal scraps at our Good Neighbor Day cleanup events to purchase window units, so there was one on hand that we could gift to them. Awesome work by our Fire Department for taking initiative and going above and beyond to help those in need...as always!

#FeelGoodFriday #HurstHearts

City of Hurst



My family and I stopped on the freeway in front of NE Mall to help a young guy and his two-year-old son. His truck had broken down, and he was going to walk to the gas station to get antifreeze. We gave him a ride to pick it up, stayed to take him back and made sure he was up and running before we left.

- Chad and Pamela Householder -

#HURSTHEARTS



Just watched an employee at the Jiffy Lube on Precinct at Bedford Eules help a man who's car had broken down! He helped him push the car into the parking lot. Such appreciation and joy by that man. I love this town!

- Vanessa P. -

#HURSTHEARTS



A few years ago, I was hospitalized for 91 days! My husband had enough to worry about with the possibility of losing our baby, and when we got a notice that we needed to mow our yard, it was just added stress. But, we have great neighbors! Someone must have seen the notice on our door from the city. When my husband went home to feed the dogs, he saw that our yard was mowed and edged. It happened three more times while I was in the hospital! We've asked around because we want to thank who did this, but still to this day, no one will take credit for this kind act!

- Stacy Guillaume-

#HURSTHEARTS



Employee Giving Day has officially begun! You'll find many city employees around Hurst today giving their time to do minor clean ups and repairs on a few homes that needed assistance. It's going to be a great day! #employeegivingday #hursthearts #wherewelive

- The City of Hurst

So here's the best postman, ever! Why do you ask?

When it came time for Christmas, I knew I had to get my husband something special. There was no guessing what he wanted; I knew what he needed- a new stethoscope for work. I shopped and shopped and being the bargain hunter I am, I found a great deal online. So I had it shipped. Then, I knew I had to get the package before my husband did and wrap it before he had any suspicions. During this waiting time I told him we just couldn't afford to replace it right now but he needed to do some research and find out exactly what he wanted. This kept him busy...



So the next time I saw my postman, Roger, I told him about my predicament. I begged him not to allow my husband to sign for the package. He suggested that when he received the package (which I was able to estimate the delivery due to tracking) he would keep it and call me to meet him so my husband would never know.

A few days later, I received a phone call and I met him at SnoCo, a local snow cone shop. I hid the package in my friend, Daphne's car until I could get it wrapped and under the tree. My heart was so happy watching my husband open his gift. He couldn't believe I actually pulled this off.

Truthfully, I couldn't have done it without my postman, Roger. So thank you for being the one in a million!!! I can never thank you enough!!! #Hurst-Hearts

– Jessica M.

Mr. and Mrs. Foote always keep a few Chick-fil-A gift cards on hand so they can gift them to our officers when they run into them. We have so many generous citizens here in Hurst! #hursthearts
– Hurst Police Department





My oldest loves to help take care of the environment, especially around our neighborhood!

– Melinda



This afternoon there was a post on Nextdoor of an emotional mom pleading for help. For the second time, no one showed up for her son’s birthday party. No one RSVP’d. She was begging for anyone to come over - no gift required. She gave her address and offered her heated pool, pizza and cake. She just wanted her son to feel special on his birthday.

There was not an immediate response, so she drove to the Hurst police station and asked if there was an available officer to come over and wish her son a happy birthday. (He wants to be a policeman when he grows up). Within a few minutes all of the available officers and firemen (with the fire truck!) came to her home to wish Graham a happy 8th birthday!



When we left her home, someone else had anonymously left a gift on the porch.

The love for her son and the compassion of the Hurst Police and Fire Department was incredible! Thank you Hurst Police and Fire Department!

– Dawn C.



Saw this in a Hurst neighborhood close to an Elementary school. So refreshing to see people taking care of others in Hurst!

– Melody D.

Historical Plaza at Heritage Village

Have you had a chance to visit the Historical Plaza at Heritage Village?

The Historical Plaza at Heritage Village is a celebration of the City of Hurst from its formation by early settlers in the late 1800s to its official incorporation in 1952 to its present day as a "Quality of Life" Community.

The Historical Plaza, located in the common area of Heritage Village at 841 W. Pipeline Road, includes a Texas historical marker, the City of Hurst 50th Anniversary Time Capsule, and a bust of the founding father of Hurst, William Letchworth Hurst. The focal point of the Historical Plaza is "Remembrances of My Home Town" by Janice Hart Melito. On the ledge surrounding the sculpture are plaques recognizing each mayor who has served the City of Hurst. Plaques recognizing the past and present City of Hurst Council Members are on the outer walls of the Historical Plaza.



The Historical Plaza is designed to be welcoming to the public. Visitors can walk around the artwork to view it from all angles. The City of Hurst invites you to come experience the Historical Plaza at Heritage Village to remember where the city has come from and appreciate where we are today.

To learn even more about the history of Hurst and how it has transformed over the years, check out our Hurst History video on the city's YouTube channel.

CERT

December 26, 2015, a tornado unexpectedly devastated the City of Rowlett requiring immediate action on the part of the local area responders. Due to the magnitude of the damage, the Rowlett Community Emergency Response Team (CERT) was activated to assist the overburdened police and fire department personnel.

That night and into the morning, the CERT members provided support for damage assessment, search and logistics. The following day, over 225 trained volunteers from 23 regional CERT organizations responded to Rowlett's request for assistance.

If that tornado struck only 36 miles further west, the story could be about Hurst. If that were the case, would you be part of the

problem or part of the solution? The CERT program was developed so that trained civilian volunteers are available to assist our first responders if they are overwhelmed by a major disaster. The course consists of nine 3-hour classes followed by an exercise to put into practice the skills that have been learned. Topics include light search and rescue, triage, first aid, small fire suppression, cribbing, communications and the national incident command structure. The Hurst CERT is open to all Hurst residents 18 years of age or older regardless of physical abilities. The next class will be starting in September. CERT applications are available at the Hurst Fire Station #1, 2100 Precinct Line Rd. or at hursttx.gov/CERT.



Taps 'n Tunes

Where: Hurst Conference Center

Taps 'n Tunes Productions will present a FREE USO type show and military exhibits. For specific times of various events, please call 817-268-0388 or visit www.tapsntunes.com for the schedule. Parking is free, and there is easy access for fire physically challenged. An elevator is available at a drop off area.

Hurst Citizen Academies

We wrapped up another great year of Hurst 101 and Youth In Government in May! These citizen academies are offered each year to give our residents a first hand look at how each of the departments at the City of Hurst operate and learn how they can get involved in our city at a greater level. Our Youth In Government program has volunteer opportunities and offers a chance to receive a college scholarship. To find out more about these programs and how you can be a part of them, visit hursttx.gov/hurst101 and hursttx.gov/YIG.



Hurst Where We Live Mobile App - New Feature!

Everyone loves parks! We wanted to make it easier for our citizens to decide which park to visit in the City of Hurst right from the palm of their hand.

Introducing our Interactive Park Map made available through the Where We Live mobile app. The interactive map is located in the menu under Do More. Each park is labeled in green and upon touching a park, amenity details are displayed, complete with a photograph! We hope you enjoy this great tool to help plan your next family reunion, small picnic or party!

There are many other features on our app such as submitting a request for service, paying utility bills or citations and more! Download it today!

Our mobile app is available in both the iTunes and Google play stores. Just search Hurst Where We Live.



City Manager Q&A



It's hard to believe that it's already been a full year since Clay Caruthers became the city manager of Hurst! Clay, a proud TCU alumnus, began his career at the city in 2004 as assistant director of fiscal services and has since worked his way up to be named city manager last July. We asked him a few questions to hear about his experience so far as the city manager of Hurst and what big plans he has in store for the organization.

What is the biggest thing you've learned during your first year as city manager?

During my first year, I've had the opportunity to learn more about departmental operations throughout the city. I've visited many work sites, and I've visited with many different staff members to gain a greater understanding of the work performed daily. It is humbling to think about the wide-variety of services the city offers and the dedicated

work performed by city employees to make Hurst the best place to live, work and play for every resident, business owner and visitor. I've had the chance to get to know more city employees, and I appreciate and respect their efforts, which often go unnoticed. A city well run is transparent to its residents, and it is amazing to see the efforts that go into delivering city services daily. Bottom line, I've always appreciated the work performed, but I've learned to have an even greater appreciation for our employees' efforts after having a closer view.

What makes you passionate about your new role?

I was raised in Northeast Tarrant County, so I am very grateful to have the opportunity to serve as city manager in a community where I have many friends and family members. I have a passion to perform to the best of my ability knowing that the city's services, directly

or indirectly impact our residents, business owners and visitors every day. I also have a passion for team-oriented environments. I thoroughly enjoy the camaraderie I share with co-workers, and I value the positive team environment cultivated by our City Council and other community volunteers.

What do you think makes the City of Hurst unique?

Several things. Hurst has a sense of community pride and togetherness that is very unique. The school districts that serve our community continuously stand out in academic and extracurricular activities. I firmly believe this helps establish a strong sense of pride in a community. When visiting with other city leaders around the country, Hurst is consistently recognized for its elected and volunteer leadership efforts. Our community leaders continuously make sound decisions in a professional and collegial manner. This is not the case in all cities or communities. In addition, our location provides educational, economic and quality of life options that many cities do not have. Residents have access to excellent jobs and higher education in and around Hurst. We also have unbelievable transportation options being near major interstates, airports and rail. And, shopping and entertainment options are limitless in DFW including Hurst's own North East Mall, parks, aquatic centers, conference center and city-sponsored events, just to name a few. In the end, it's the people that make cities unique. Historical documents show that the city's founder, William Letchworth Hurst, enjoyed community gatherings and was an active community volunteer. He, his family, and Hurst's first-settlers established community values that remain important to Hurst residents today.

What are your goals for this upcoming year?

I look forward to implementing a program that focuses on workflow efficiencies and enhanced customer service. It

is my goal to ensure each customer has a consistent and positive experience regardless of the city service being offered. In addition, retirements continue to be prevalent these days. I will continue to work with our Human Resources team to ensure that we are hiring and promoting employees with emphasis placed on our value systems including the City Council's community values statement and the city's Code of Ideals. A goal for all city employees is to operate and manage in a manner consistent with the Hurst Way model. The Hurst Way places emphasis on customer service, public service and financial sustainability. Finally, staff will work to operate in a manner consistent with the City Council's vision, mission and strategic priorities.

Where is your favorite place to eat in Hurst?

There are many great places to eat in Hurst, but my family and I eat most frequently at Soulman's Bar-B-Q. I also love the fact that we have an awesome community-gathering place with home style cooking at the Neighborhood Café. And, I personally enjoy cooking on the grill at home while entertaining family and friends.

Who is your biggest role model and why?

My entire family. In one way or another, I've been positively shaped and influenced by my grandparents, parents, sister, aunts, uncles, cousins, in-laws and my wife and daughters. I will always appreciate the support they've provided me in various stages of life.

What is your favorite activity to do with your family in Hurst?

We enjoy going to the park to walk our dogs, going to the movies and dining out.



HURSTTX.GOV

Hurst website awarded first place at 2017 TAMIO

Did you know that your city website is an award winning site? Thanks to the input from our city council, citizen focus group, Youth in Government students and the hard work that the city's Customer Service Technologies Administrator Shelly Klein has put in, the city website was awarded first place at the 2017 TAMIO awards for a population under 85,000 by the Texas Association of Municipal Information Officers organization. It is a prestigious honor and one that we are very proud of!

One of the mentions by judging members was that our site was easy to use and offered a variety of ways to get where you're going, right from the home page.

We are excited to share all of the options with our citizens! For that reason, we will be highlighting resources and features in the next few Where We Live publications to show the various ways you can find what you're looking for on hursttx.gov!



Introducing HOW DO I...

The HOW DO I... section of our site contains links to our most accessed information, forms and online functionality. You will find the information displayed in a well-organized manner while also being very easy to read. The HOW DO I... link is located in the main navigation at the top of the home page. Since our website is a 'living' thing, always look for new features and information here!

Clear the Shelters

Shelters all across the nation come together on August 19 to participate in the annual Clear the Shelters event! We are excited to be one of those participants. Join us at the Hurst Animal Shelter at 891 Cannon Drive to find your new family member and have some fun!

All adoption fees are waived for available dogs and cats. Call Hurst Animal Shelter at 817-788-7216 for details.



Hurst Exchange Zone

Over the past several years, the online marketplace has made personal transactions quick and easy in most cases, but everyone must be alert to the fact that there are those individuals who use these forums to victimize others. Reports have been received nationwide regarding scams and threats to personal safety by exchanging goods with strangers in unsecured areas.

In response to growing e-commerce and the potential threats to our community, the Hurst Police Department has developed a new initiative to proactively prevent the victimization of our citizens. This new initiative will be known as the Hurst "Exchange Zone." The west side parking spaces have been identified at the Hurst Justice Center located at 825 Thousand Oaks, Hurst 76054, where online buyers and sellers can feel more secure in their face-to-face transactions. The "Exchange Zone" will also be equipped with surveillance cameras.



Here are a few safety tips if you are unable to use the "Exchange Zone":

- Use a well-lit, public parking lot with video surveillance
- Bring a friend or family member with you
- Let others know where you are meeting and what time
- Avoid meeting at your home
- Avoid nighttime transactions

DFW Record Show

The Hurst Conference Center is excited to be hosting the DFW Record Show again this year on Sunday, August 6 from 10 a.m. to 5 p.m. Come check out old and new vinyl, vintage players and modern audio equipment! Tickets are \$5 at the door or online at dfwrecordshow.com.

A promotional poster for the DFW Record Show. The background is a close-up of a vinyl record with light reflecting off its surface. The text is white and black. At the top, it says "DFW RECORD SHOW" in large, bold, black letters. Below that, "AUGUST 6, 2017 10a-5p" in white. Then "HURST CONFERENCE CENTER" and "1601 CAMPUS DR, HURST, TX" in white. In the bottom left, there are three circular icons for Instagram, Twitter, and Facebook, with "@dfwrecordshow" below them. In the bottom center, it says "CONTACT US:" and "info@dfwrecordshow.com". In the bottom right, it says "OLD AND NEW VINYL VINTAGE PLAYERS MODERN AUDIO EQUIPMENT" and "\$5 TICKETS AT THE DOOR OR ONLINE AT DFWRECORDSHOW.COM".

DFW RECORD SHOW
AUGUST 6, 2017 10a-5p
HURST CONFERENCE CENTER
1601 CAMPUS DR, HURST, TX

OLD AND NEW VINYL
VINTAGE PLAYERS
MODERN AUDIO EQUIPMENT

\$5 TICKETS AT THE DOOR
OR ONLINE AT
DFWRECORDSHOW.COM

CONTACT US:
info@dfwrecordshow.com

@dfwrecordshow

Hurst Public Library

901 Precinct Line Road, Hurst, TX // 817-788-7300 // www.HurstTX.gov/Library



Ongoing Adult Programs

Brown Bag Book Club

First Thursday of the month at noon in the library reading alcove.

Join us for an informal book discussion.

September - *Being Mortal* by Atul Gawande

October - *Beach Music* by Pat Conroy

November - *Killers of the Flower Moon* by David Grann

December - *All the Bright Places* by Jennifer Niven

Trinity Writer's Workshop

Join us Tuesdays, from 7:00-9:00 PM for our Writer's Workshop.

Ongoing Youth Programs

Chess Club

Elementary School Ages + // 4:00-5:00PM // M



Story Time

3 - 6 Years // 10:45-11:15AM // T

Toddler Time

1 - 3 Years // 10:00-10:30AM // M & TH

Monday, Wednesday, Friday, Saturday: 10:00AM-6:00PM // Tuesday, Thursday: 10:00AM-9:00PM



Teen Zone

Chess Club

Students of all ages through high school
4:00-5:00PM // M

Teen Zone Happenings

6th - 12th Graders

Take a break and join the fun – something different every month! The Teen Zone is the place to be!

7:00-8:00PM // TH // 9/7

7:00-8:00PM // TH // 10/5

7:00-8:00PM // TH // 11/2

7:00-8:00PM // TH // 12/7

LIBRARY SHOWCASE 2017

Hurst Library Presents Admit One for Fun

September 28 // 6:00-8:00PM

Ladies and Gentleman, boys and girls, children of all ages! Step right up and join the library circus! Come one, come all to a special circus themed event on September 28 from 6 to 8 p.m. At the Hurst Public Library's greatest show

on earth, guests can marvel at the flashing lights of our photo booth, delight in sugary and savory treats, jump into our carousel, play carnival games, meet new animal friends, and take a gander at one of our guessing booths. At 6 p.m. see a performance by Circus Chickendog, then at 7 p.m., see a spectacular performance by the Electric Circus. With prizes, balloon artistry, face painting, and more, this will be a night to remember! Guests are encouraged to dress for the occasion!



Hurst Public Library



Youth Programs

Babygarten

Babies, Birth to 18 Months, with Caregiver

Babygarten is an educational curriculum involving songs, rhymes and activities that help babies with language acquisition and preliteracy skills. Space is limited, so please register at 817-788-7302.

Wednesday Sessions

10:30-11:30AM // W // 9/27-11-1

Saturday Sessions

10:30-11:30AM // S // 9/30-11/4

Boo Books

For All Ages

Treat yourself to a special story time with slightly scary and funny stories; add to that some mildly spooky activities and you get an evening of Halloween fun! Costumes are optional but encouraged.

4:00-5:00PM // T // 10/31

Puppets Plus Workshop

4th - 8th Graders

Are you interested in different kinds of puppets? Or maybe readers' theater? Would you like to work with other kids interested in performing a variety of skits for special Library programs throughout the year? Now is your chance - come give it a try! Call 817-788-7302 to register.

4:00-5:00PM // T // 9/19

4:00-5:00PM // T // 10/17

4:00-5:00PM // T // 11/21

4:00-5:00PM // T // 12/19



Streaming Stories

Family Storytime

Stories and a variety of activities get kids using more than just eyes and ears to enjoy books!

Outdoor Adventures

7:00PM // T // 9/12

Gardening Galore

7:00PM // T // 11/14

Time for Trees

7:00PM // T // 12/12





Programs for All Ages

ACH Child and Family Services Night

For All Ages

FOSTER CARE AND ADOPTION 101 - Please join us for a Foster Care and Adoption Information Meeting co-hosted by ACH Child and Family Services – a local not-for-profit organization working toward making sure all foster and adoptive children in our community have a healthy and safe home. ACH will go over the basic requirements to foster and/or adopt kids from our local community and will be happy to answer any questions about the process.

6:30PM // TH // 9/14

HEB and Birdville ISD Early Release Friday Movie Matinee

For All Ages

Join us on Friday at 2 p.m. for a special double feature on the big screen. Free popcorn! Drinks will be available for purchase in the Friend's café or bring your own.

2:00PM // F // 11/10

Make and Take Craft Nights

For All Ages

Stop by our table in the library lobby for a FREE seasonal craft for you to make and take home with you.

This craft is for all ages, but our younger library friends may need help from an adult or older sibling.

6:30-7:30PM // TH // 10/12

6:30-7:30PM // TH // 12/14



Masterworks at the Library

For All Ages

EVENING MasterWorks AT THE LIBRARY

MasterWorks Music Series is an ongoing concert series funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with Arts Council Northeast. These free concerts are held at 7:00 p.m. the fourth Thursday of each month at the Hurst Public Library.

September 28 - *Electric Circus* Part of our Library Showcase "Admit One for Fun!"

October 26 - *Katsuk* World Fold Fusion Group

November 16 - *Bucket List Jazz Band* Classic Jazz

December 21 - *Concert Bells of Fort Worth* – Traditional Handbell Choir performing Holiday Music. This very popular group will present a special performance on **Saturday, December 16 at 2 p.m.** in addition to the 7 p.m. Thursday concert.



HURST RECREATION CENTER

Activities and programs offer opportunities to get on track to fitness goals

Now that summer has come and gone, and the family vacations are complete, you can get back into your regular workout routine at the Hurst Recreation Center. Whether you want to continue your fitness program, get back on track, or start a new one altogether, the Hurst Recreation Center can help you meet all of your fitness goals!

Come and enjoy our activities and programs: 100s of classes, shoot some hoops with your friends, enjoy a game of racquetball, volleyball or pickleball, use the jogging/walking track to get some exercise, or work out in our state-of-the-art fitness center. Equipment for all activities is available for check out with your "Quality of Life" Rec Card at the front desk of the Recreation Center.

If fitness is your thing, there are many fitness classes to help you reach all of your fitness goals. You can also schedule a session with our personal trainer to formulate a custom-designed fitness plan, and our Fitness Center has all of the equipment you will need to complete your workouts. The Cardio Room is equipped with NEW, state-of-the-art treadmills and ellipticals, crosstrainers, and lateral trainers, all of which have individual television screens that will allow you to watch your favorite TV show while you workout. You can also use your iPod to listen to your favorites or enjoy our

new HDTVs while using not only our treadmills and ellipticals, but our bikes, stairclimbers, rowing machines and seated crosstrainers as well. There is literally something for everyone! And any complete fitness program includes a strength training regiment. We have an extensive selection of machined weights and plate-loaded strength equipment, as well as dumbbells and flexibility equipment. For more information on any of our activities or classes, contact the Recreation Center at 817-788-7325.

Our Commitment to Quality

Your satisfaction is our goal... we strive to provide you with quality recreation programs, and we take pride in making your recreation experience an enjoyable one.

Join us this season for recreational, educational and lifelong learning opportunities. If you are not completely satisfied with your recreational experience, please call us at 817-788-7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation!

••••• **Classes begin the week of September 11** •••••
(unless otherwise indicated)



Hours of Operation

Monday-Thursday // 6:30AM-10:00PM

Friday // 6:30AM-6:00PM

Saturday // 9:00AM-6:00PM

Sunday // 1:00PM-6:00PM

Contact Information

700 Mary Drive
Hurst, TX 76053
817-788-7325

Recreation Center Fees

Hurst Residents

Daily Pass: **\$2**

Youth Annual Pass (6-15 Years):
\$20 Per Year

Youth Fitness Annual Pass (12-15 Years):
\$50 Per Year

* 12-13 Years must have adult supervision

Adult Annual Pass (16-64 Years):
\$50 Per Year

Senior Annual Pass (65+ Years):
\$20 Per Year

Family Annual Pass:
\$125 Per Year

Replacement Card Fee: **\$5**

Non-Hurst Residents

Daily Pass: **\$10**

Youth Annual Pass (6-15 Years):
\$80 Per Year

Youth Fitness Annual Pass (12-15 Years):
\$200 Per Year

* 12-13 Years must have adult supervision

Adult Annual Pass (16-64 Years):
\$200 Per Year

Senior Annual Pass (65+ Years):
\$80 Per Year

Replacement Card Fee: **\$5**

* Members ages 12-13 must have an adult present at all times to use the Fitness Rooms. Members ages 12-15 must provide proof of age when registering for a Youth Fitness Pass.

Help Us Help You!

Please Enroll Early

Help us keep your favorite classes around by enrolling early. There is a point when a class must be canceled due to low enrollment. Help us prevent class cancellations by registering early!

3 Years and Younger Programs

»» Please Remember

In order to provide the best learning environment, children ages 3 and up must be toilet-trained.

Awesome Twos

2 Years // Supply fee \$10

Let's get together and play! We will learn our shapes and colors, create crafts, and just have a blast playing and learning at the same time!

Instructor: Dottie Nicholson

Fall
18090-A
9:00-9:45AM // M // 8 WKS // 9/11 // \$30

Holiday
19090-A
9:00-9:45AM // M // 4 WKS // 11/13 // \$15

Happy Feet

2 Years

Let's get those feet tapping and those bodies moving! We will have fun with music and movement while working on the development of our gross motor skills.

Instructor: Dottie Nicholson

Fall
18095-A
9:00-9:30AM // F // 8 WKS // 9/15 // \$28

Holiday
19095-A
9:00-9:30AM // F // 4 WKS // 11/17 // \$14



Letters for Little Learners

2 - 3 Years

In this class we will have fun learning our letters!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall
18045-A
9:00-9:30AM // T // 8 WKS // 9/12 // \$28

Holiday
19045-A
9:00-9:30AM // T // 4 WKS // 11/14 // \$14

Little Painters

2 - 3 Years // Supply fee \$5

We'll create masterpieces using finger paints, stencils, sponges and even rocks!

Instructor: Dottie Nicholson

Fall
18333-A
10:00-10:30AM // M // 8 WKS // 9/11 // \$28

Holiday
19333-A
10:00-10:30AM // M // 4 WKS // 11/13 // \$14

»» Please Remember

With your child's best interest in mind, we ask that parents do not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is effected by parental distractions and interruptions. Parents may sit in the lobby or lounge areas. Please do not sit in the hallway.

3 Years and Younger Programs

Little Tyke Soccer

2 - 3 Years // Tennis shoes required

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport.

Instructor: Stacie Castillo

Fall

18600-A

9:00-9:30AM // F // 8 WKS // 9/15 // \$28

Holiday

19600-A

9:00-9:30AM // F // 4 WKS // 11/17 // \$14

Christmastime Fun

18 Months - 2 Years // Supply fee \$10

Let's have fun while developing our fine motor skills through fun holiday craft projects and music! We will complete our craft projects by using scissors, pens, paints and pencils. **One parent/guardian required.**

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Holiday

19130-A

9:15-10:25AM // W // 4 WKS // 11/15 // \$20

Fall Harvest Fun

18 Months - 2 Years // Supply fee \$10

Let's have fun while developing our fine motor skills through fun fall craft projects and music! We will complete our craft projects by using scissors, pens, paints, and pencils. **One parent/guardian required.**

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall

18130-A

9:15-10:25AM // W // 8 WKS // 9/13 // \$40



Parent Tot Soccer

1 - 2 Years // Tennis shoes required

Time to not only play with your tot, but get some exercise as well! We will learn the basics of soccer and how to make a G0000000AAAAALLL! **One parent/guardian required.**

Instructor: Stacie Castillo

Fall

18700-A

8:30-9:00AM // F // 8 WKS // 9/15 // \$28

Holiday

19700-A

8:30-9:00AM // F // 4 WKS // 11/17 // \$14

Number Fun for Little Ones

2 - 3 Years // Supply fee \$10

Come create fun projects to help with number concepts. Let's learn your numbers and their value.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall

18123-A

9:30-10:00AM // T // 8 WKS // 9/12 // \$28

Holiday

19123-A

9:30-10:00AM // T // 4 WKS // 11/14 // \$14

3 Years and Younger Programs

GYMNASTICS

Parent/Tot Tumbling

16 - 36 Mos // One Parent Per Child

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling, and coordination.

Instructor: Tammy Slovensky

Fall

- 38040-A
9:30-10:00AM // T // 8 WKS // 9/12 // \$28
- 38040-B
11:30-Noon // T // 8 WKS // 9/12 // \$28
- 38040-C
9:30-10:00AM // W // 8 WKS // 9/13 // \$28
- 38040-D
9:30-10:00AM // TH // 8 WKS // 9/14 // \$28
- 38040-E
11:30-Noon // TH // 8 WKS // 9/14 // \$28
- 38040-F
9:30-10:00AM // F // 8 WKS // 9/15 // \$28
- 38040-G
11:30-Noon // F // 8 WKS // 9/15 // \$28

Holiday

- 39040-A
9:30-10:00AM // T // 4 WKS // 11/14 // \$14
- 39040-B
11:30-Noon // T // 4 WKS // 11/14 // \$14
- 39040-C
9:30-10:00AM // W // 4 WKS // 11/15 // \$14
- 39040-D
9:30-10:00AM // TH // 4 WKS // 11/16 // \$14
- 39040-E
11:30-Noon // TH // 4 WKS // 11/16 // \$14
- 39040-F
9:30-10:00AM // F // 4 WKS // 11/17 // \$14
- 39040-G
11:30-Noon // F // 4 WKS // 11/17 // \$14



GYMNASTICS

Tiny Tykes

2.5 - 3.5 Years

Here's a class that introduces your child to the basic motor skills for tumbling and acquaints tots with the gymnastics equipment.

Instructor: Tammy Slovensky

Fall

- 38030-A
10:00-10:30AM // T // 8 WKS // 9/12 // \$28
- 33030-B
10:00-10:30AM // W // 8 WKS // 9/13 // \$28
- 33030-C
10:00-10:30AM // TH // 8 WKS // 9/14 // \$28
- 33030-D
10:00-10:30AM // F // 8 WKS // 9/15 // \$28

Holiday

- 34030-A
10:00-10:30AM // T // 4 WKS // 11/14 // \$14
- 34030-B
10:00-10:30AM // W // 4 WKS // 11/15 // \$14
- 34030-C
10:00-10:30AM // TH // 4 WKS // 11/16 // \$14
- 34030-D
10:00-10:30AM // F // 4 WKS // 11/17 // \$14

3 Years and Older Programs



Backyard Explorers

3 - 5 Years // Supply fee \$5

Come discover insects that live in our backyards. We will discover how they look and move, what they eat and their importance to our environment.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall
18010-A
9:45-10:30AM // TH // 8 WKS // 9/14 // \$30

Ballet for Tots

3 - 5 Years // Ballet shoes required

In this class your tot will become familiar with basic barre and center work. We will also work on counting, tempo, distinguishing our right from our left, and other foundational dance concepts.

Instructor: Rachael VanKleef

Fall
18180-A
4:55-5:25PM // M // 8 WKS // 9/11 // \$28

18180-B
4:30-5:00PM // T // 8 WKS // 9/12 // \$28

Holiday
19180-A
4:55-5:25PM // M // 4 WKS // 11/13 // \$14

19180-B
4:30-5:00PM // T // 4 WKS // 11/14 // \$14

Chemistry Fun 101

3 - 6 Years // Supply fee \$5

We will use common household items to create chemical reactions.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Holiday
19811-A
9:45-10:30AM // TH // 4 WKS // 11/16 // \$14

Claytime Fun

3 - 6 Years // Supply fee \$10

Does your pre-schooler need to work on those fine motor skills? Clay is a great tool for working on those skills while having fun!

Instructor: Dottie Nicholson

Holiday
19125-A
9:00-9:30AM // W // 4 WKS // 11/15 // \$14



Cooking for Fun

3 - 6 Years // Supply fee \$10

Let's learn about different foods and how to prepare them for us to enjoy!

Instructor: Dottie Nicholson

Fall
18250-A
10:45-11:30AM // F // 8 WKS // 9/15 // \$30

Holiday
19250-A
10:45-11:30AM // F // 4 WKS // 11/17 // \$15



3 Years and Older Programs

Crafty Kids

3 - 6 Years // Supply fee \$10

We will have fun making crafts for all seasons!

Instructor: Dottie Nicholson

Fall

18002-A

11:30-12:15PM // M // 8 WKS // 9/11 // \$30

Creative Healthy Chef

3 - 5 Years // Supply fee \$10

Calling all pre-schoolers to the kitchen for some fun! Come learn how to create a healthy breakfast, lunch and dinner.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall

18170-A

10:30-11:15AM // W // 8 WKS // 9/12 // \$30

Holiday

19170-A

10:30-11:15AM // W // 4 WKS // 11/14 // \$15

Dinosaurs

3 - 6 Years // Supply fee \$10

You think you know your dinosaurs? Learn about new ones! These are some of the cutest dinos to ever roam the Earth, but you may not have heard of them!

Instructor: Dottie Nicholson

Fall

18699-A

9:45-10:30AM // F // 8 WKS // 9/15 // \$30

Holiday

19699-A

9:45-10:30AM // F // 4 WKS // 11/17 // \$15

Discover Great Artists

3 - 5 Years // Supply fee \$10

Learn and discover different art processes. We will study one artist a week. Each feature artist has a style that we will explore and learn the history of.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall

18135-A

9:00-9:45AM // TH // 8 WKS // 9/14 // \$30

Holiday

19135-A

9:00-9:45AM // TH // 4 WKS // 11/16 // \$15

Fairy Princesses

3 - 6 Years // Supply fee \$10

This party is for Fairy Princess only! We'll play, create a craft, have a snack, and tell stories about Fairies. (Dress up clothes and wings will be provided.)

Instructor: Dottie Nicholson

Fall

18825-A

10:30-11:15AM // W // 8 WKS // 9/13 // \$30

Fall Craft Fun

3 - 5 Years // Supply fee \$5

Your preschooler will learn to cut, paint, color and follow directions to make fun fall crafts!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall

18015-A

10:00-10:45AM // T // 8 WKS // 9/12 // \$30

Holiday Crafts

3 - 6 Years // Supply fee \$10

The holidays are a great time for crafting gifts and decorations. We cover all the holidays we can.

Instructor: Dottie Nicholson

Holiday

19055-A

11:30-12:15AM // M // 4 WKS // 11/13 // \$15

Let's Paint

3 - 6 Years // Supply fee \$5

We'll create masterpieces using finger paints, stencils, sponges and even rocks!

Instructor: Dottie Nicholson

Fall

18115-A

9:45-10:15AM // W // 8 WKS // 9/13 // \$28

Holiday

19115-A

9:45-10:15AM // W // 4 WKS // 11/15 // \$14

Little Tyke Basketball

4 - 6 Years // Tennis shoes required

Dribbling, passing and shooting are all part of the basics of basketball. Let's give it a try!

Instructor: Stacie Castillo

Fall

18335-A

10:00-10:30AM // F // 8 WKS // 9/15 // \$28

Holiday

19335-A

10:00-10:30AM // F // 4 WKS // 11/17 // \$14

3 Years and Older Programs

Little Tyke Soccer

3 - 6 Years // Tennis shoes required

GGG000AALLL! Kids will get their feet running and learn the basics of the world's most popular sport.

Instructor: Keely Castillo

Fall

(3 - 4 Years)

18600-B

5:00-5:30PM // W // 8 WKS // 9/13 // \$28

(5 - 6 Years)

18600-C

9:30-10:00AM // F // 8 WKS // 9/15 // \$28

Holiday

(3 - 4 Years)

19600-B

5:00-5:30PM // W // 4 WKS // 11/15 // \$14

(5 - 6 Years)

19600-C

9:30-10:00AM // F // 4 WKS // 11/17 // \$14

Number Fun

3 - 5 Years // Supply fee \$5

Let's learn numbers the fun way! We will learn to add, subtract and count. We will also use musical instruments to help us have fun while learning.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall

18205-A

9:45-10:15AM // M // 8 WKS // 9/11 // \$30

Holiday

19205-A

9:45-10:15AM // M // 4 WKS // 11/13 // \$15



Phonics Fun - Step 1

3 - 5 Years // Supply fee \$5

Calling all students to come and learn about the different letters of the alphabet! Our goal in this class is to learn about alphabetic awareness and phonic sounds. We will use teachable moments to discover why letters are so important.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall

18030-A

9:00-9:45AM // M // 8 WKS // 9/11 // \$30

Holiday

19030-A

9:00-9:45AM // M // 4 WKS // 11/13 // \$15

Phonics Fun - Step 2

3 - 5 Years // Supply fee \$5

This class is for students who know their letters and sounds. It is time to look at different picture cards and know what letter the picture starts with. Students will be able to hear and recognize the letters. We will create little phonics readers!

Instructor: Dottie Nicholson

Fall

18035-A

10:30-11:15AM // M // 8 WKS // 9/11 // \$30

Holiday

19035-A

10:30-11:15AM // M // 4 WKS // 11/13 // \$15

3 Years and Older Programs



Play Money

3 - 6 Years // Supply fee \$5

Learn all about the value of money through math!

Instructor: Dottie Nicholson

Fall
18800-A
9:00-9:30AM // W // 8 WKS // 9/13 // \$28



GYMNASTICS

Pre-Gymnastics

4 - 6 Years

For the student who is in transitions between Tots and a regular gymnastics class. To continue working on the discipline required to build the muscular endurance and flexibility needed to advance.

Fall
Instructor: Cyndi Duff
38033-A
10:00-10:30AM // W // 8 WKS // 9/13 // \$28

38033-B
10:00-10:30AM // TH // 8 WKS // 9/14 // \$28

Instructor: Jasmine Duff
38033-C
5:00-5:30PM // T // 8 WKS // 9/12 // \$28

38033-D
5:00-5:30PM // TH // 8 WKS // 9/14 // \$28

Holiday
Instructor: Cyndi Duff
39033-A
10:00-10:30AM // W // 4 WKS // 11/15 // \$14

39033-B
10:00-10:30AM // TH // 4 WKS // 11/16 // \$14

Instructor: Jasmine Duff
39033-C
5:00-5:30PM // T // 4 WKS // 11/14 // \$14

39033-D
5:00-5:30PM // TH // 4 WKS // 11/16 // \$14

Pre-School Athletics

4 - 7 Years // Tennis shoes required

Let's get moving this winter with Athletics! We will follow a typical PE format including individual skills as well as team interaction.

Instructor: Tammy Slovensky

Fall
18300-A
11:30AM-Noon // W // 8 WKS // 9/13 // \$28

Holiday
19300-A
11:30AM-Noon // W // 4 WKS // 11/15 // \$14

Rocking Around the Christmas Tree

3 - 5 Years // Supply fee \$5

Your preschooler will learn to cut, paint, color and follow directions to make fun holiday crafts!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Holiday
19015-A
10:00-10:45AM // T // 4 WKS // 11/14 // \$15

Science Fun

3 - 6 Years // Supply fee \$10

Create some fun experiences using science, and learn more about our earth.

Instructor: Dottie Nicholson

Fall
18026-A
10:45-11:15AM // M // 8 WKS // 9/11 // \$30

»» Please Remember

In order to provide the best learning environment, children ages 3 and up must be toilet-trained.

3 Years and Older Programs

GYMNASTICS

Science Magic

3 - 6 Years // Supply fee \$10

Let's explore the magical side of science! We'll float water under a plate, pull the plastic out of glue, and more spring fun!

Instructor: Dottie Nicholson

Holiday

19026-A

10:45-11:15AM // M // 4 WKS // 11/13 // \$15

GYMNASTICS

Tumbling Tots I

3 - 4 Years

Your tot will strengthen motor skills and enhance their coordination while learning tumbling skills and the use of all gymnastics equipment.

Instructor: Tammy Slovensky

Fall

38011-A

10:30-11:00AM // T // 8 WKS // 9/12 // \$28

38011-B

10:30-11:00AM // W // 8 WKS // 9/13 // \$28

38011-C

10:30-11:00AM // TH // 8 WKS // 9/14 // \$28

38011-D

10:30-11:00AM // F // 8 WKS // 9/15 // \$28

Holiday

39011-A

10:30-11:00AM // T // 4 WKS // 11/14 // \$14

39011-B

10:30-11:00AM // W // 4 WKS // 11/15 // \$14

39011-C

10:30-11:00AM // TH // 4 WKS // 11/16 // \$14

39011-D

10:30-11:00AM // F // 4 WKS // 11/17 // \$14

Tumbling Tots II

4 - 5 Years

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

Instructor: Tammy Slovensky

Fall

38022-A

11:00-11:30AM // T // 8 WKS // 9/12 // \$28

38022-B

11:00-11:30AM // W // 8 WKS // 9/13 // \$28

38022-C

11:00-11:30AM // TH // 8 WKS // 9/14 // \$28

38022-D

11:00-11:30AM // F // 8 WKS // 9/15 // \$28

Holiday

39022-A

11:00-11:30AM // T // 4 WKS // 11/14 // \$14

39022-B

11:00-11:30AM // W // 4 WKS // 11/15 // \$14

39022-C

11:00-11:30AM // TH // 4 WKS // 11/16 // \$14

39022-D

11:00-11:30AM // F // 4 WKS // 11/17 // \$14

Superheroes

3 - 6 Years // Supply fee \$10

Do you have super powers? We will learn what it takes to be a superhero. We will play together and learn through stories, crafts, and superhero challenges.

Instructor: Dottie Nicholson

Holiday

19100-A

10:30-11:15AM // W // 4 WKS // 11/15 // \$15

Tap for Tots

3 - 5 Years // Tap shoes required

In this class your tot will become familiar with many of the single sound tap moves. We will also work on counting, tempo, distinguishing our right from our left, and other foundational dance concepts.

Instructor: Rachel VanKleeef

Fall

18065-A

5:25-5:55PM // M // 8 WKS // 9/11 // \$28

18065-B

5:00-5:30PM // T // 8 WKS // 9/12 // \$28

Holiday

19065-A

5:25-5:55PM // M // 8 WKS // 9/11 // \$28

19065-B

5:00-5:30PM // T // 8 WKS // 9/12 // \$28

Tiny Dancer

3 - 4 Years // Ballet and Tap shoes required

Your tiny dancer will learn tap, ballet and rhythmic movements.

Fall

Instructor: Sherri Longino

18060-A

5:15-5:45PM // TH // 8 WKS // 9/14 // \$28

Instructor: Kendra Mitchell

18060-B

10:00-10:45AM // S // 8 WKS // 9/16 // \$30

Holiday

Instructor: Sherri Longino

19060-A

5:15-5:45PM // TH // 4 WKS // 11/16 // \$14

Instructor: Kendra Mitchell

19060-B

10:00-10:45AM // S // 4 WKS // 11/18 // \$15

3 Years and Older Programs

One Time Classes

Harvest Candy Fun

3 - 5 Years // Supply fee \$15

Let's get ready for the holidays and make some wonderful candy treats!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall
18999-A

10:00AM-Noon // S // 1 Day // 10/28 // \$15

Christmas Candy Fun

3 - 5 Years // Supply fee \$15

Let's get ready for the holidays and make some wonderful candy treats!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Holiday
19999-A

10:00AM-Noon // S // 1 Day // 12/2 // \$15



Ready for Kindergarten PREP PROGRAM

4 - 5 Years // Supply fee

This program is designed to prepare your student for Kindergarten. The program meets Monday-Thursday from 8:30 a.m. - 2:30 p.m and is an on-going program following the HEB ISD School Calendar.

The class is structured like Kindergarten and prepares your child for their big step into formal education. The goal is to help each child develop a love of learning in a safe and caring environment. This program follows the Frog Street Press curriculum. The children are exposed to reading, writing, math, and science.

Our teacher, Anne Stokes, graduated from Indiana University with a B.S. in Education majoring in Elementary Education and a minor in Early Childhood Education and Reading. She has taught Kindergarten and first grade in the Dallas/Ft Worth area. However, her true calling is Pre-schoolers and began teaching this program in 2011.

The monthly fee is due by the first class of each month. If the fee is not paid by the first class of the month, the child is not able to participate in class. The class is limited to 15 children and is a school year commitment. A \$25 supply fee is due to the instructor quarterly on the following dates: August 23, December 4 and March 1.

Instructor: Anne Stokes (Experienced and Certified School Teacher – B.S. in Education in Elementary Education and a minor in Early Childhood Education and Reading.)

August

18050-A
8:30AM-2:30PM // M-TH // 1 WK // 8/23 // \$120

November

18050-D
8:30AM-2:30PM // M-TH // 4 WKS // 11/1 // \$260

September

18050-B
8:30AM-2:30PM // M-TH // 4 WKS // 9/5 // \$300

December

18050-E
8:30AM-2:30PM // M-TH // 3 WKS // 12/4 // \$160

October

18050-C
8:30AM-2:30PM // M-TH // 4 WKS // 10/2 // \$360

One Week Class

Holiday Fun

3 - 5 Years // Supply fee \$10

Let's make gifts for our family! In this class we will make cookies, candy and ornaments!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Holiday

19002-A
1:00-2:30PM // M-TH // 1 WK // 12/11 - 12/14 // \$25

Youth Programs



Basketball 101

7 - 12 Years // Tennis shoes required

Dribbling, passing and shooting are all part of the basics of basketball. Let's give it a try!

*Instructor: Stacie Castillo***Fall**

28101-A

6:00-6:30PM // W // 8 WKS // 9/13 // \$28

Holiday

29101-A

6:00-6:30PM // W // 4 WKS // 11/15 // \$14

Biology Fun

5 - 12 Years // Supply fee \$10

This is a unit study of plants and animal kingdoms. We will learn about what living things have in common and what they are made of.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)***Fall**

28075-A

1:00-1:45PM // M // 8 WKS // 9/11 // \$30

Ceramics

6 - 12 Years // Supply fee \$10

Learn about mold cast ceramics from start to finish! 3-4 pieces will be completed in this session.

*Instructor: Dottie Nicholson***Holiday**

29720-A

4:00-5:00PM // T // 4 WKS // 11/14 // \$15

Cheerleading

5 - 10 Years

Here's your first step in learning to be a cheerleader. You will learn basic motions, jumps, and cheers. Please wear comfortable shorts, t-shirt, tennis shoes, and wear your hair pulled back.

*Instructor: Rachel VanKleef***Fall**

(5 - 7 Years)

28180-A

5:30-6:00PM // T // 8 WKS // 9/12 // \$28

(8 - 10 Years)

28180-B

5:20-5:50PM // W // 8 WKS // 9/13 // \$28

Holiday

(5 - 7 Years)

29180-A

5:30-6:00PM // T // 4 WKS // 11/14 // \$14

(8 - 10 Years)

29180-B

5:20-5:50PM // W // 4 WKS // 11/15 // \$14

Ballet & Tap I

5 - 8 Years // Ballet and Tap shoes required

You will learn tap, ballet and rhythmic movements.

Fall*Instructor: Sherri Longino*

28120-A

(5 - 8 Years)

6:15-6:45PM // TH // 8 WKS // 9/14 // \$28

Instructor: Rachel VanKleef

28120-B

(6 - 8 Years)

4:00-4:50PM // W // 8 WKS // 9/13 // \$30

Instructor: Kendra Mitchell

28120-C

(5 - 7 Years)

10:45-11:30AM // S // 8 WKS // 9/16 // \$30

Holiday

29120-A

(5 - 8 Years)

6:15-6:45PM // TH // 4 WKS // 11/16 // \$14

Instructor: Rachel VanKleef

29120-B

(6 - 8 Years)

4:00-4:50PM // W // 4 WKS // 11/15 // \$15

Instructor: Kendra Mitchell

29120-C

(5 - 7 Years)

10:45-11:30AM // S // 4 WKS // 11/18 // \$15



Youth Programs



Creative Healthy Chef

7 - 12 Years // Supply fee \$10

Come learn how to create a healthy breakfast, lunch and dinner.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall

28060-A
Noon-12:45PM // W // 8 WKS // 9/13 // \$30

Holiday

29060-A
Noon-12:45PM // W // 4 WKS // 11/15 // \$15

GYMNASTICS

Boys Gymnastics

6 - 11 Years

For the student who has no gymnastics experience to the students who does have gymnastics experience. To build strength, endurance, and flexibility to be able to perform basic skills needed and/or skill advancement through lead up drills and progressions.

Instructor: Cyndi Duff

Fall

38083-A
5:30-6:20PM // M // 8 WKS // 9/11 // \$32

Holiday

39083-A
5:30-6:20PM // M // 4 WKS // 11/13 // \$16

GYMNASTICS

Girls Beginner I Gymnastics

6 - 11 Years

For the student who has some gymnastics knowledge but still needs work on form and technique. To continue building strength, endurance, and flexibility to continue learning the basic skills needed for skill advancement through lead up drills and progressions. (Must have previously participated in Girls Novice or Girls Beginner I)

Fall

Instructor: Cyndi Duff

(6 - 11 Years)
38090-B
11:30AM-12:20PM // W // 8 WKS // 9/13 // \$32

38090-C
11:30AM-12:20PM // TH // 8 WKS // 9/14 // \$32

Instructor: Jazmine Duff

(6 - 8 Years)
38090-E
4:30-5:20PM // T // 8 WKS // 9/12 // \$32

38090-F
4:30-5:20PM // TH // 8 WKS // 9/14 // \$32

Holiday

Instructor: Cyndi Duff

(6 - 11 Years)
39090-B
11:30AM-12:20PM // W // 4 WKS // 11/15 // \$16

39090-C
11:30AM-12:20PM // TH // 4 WKS // 11/16 // \$16

Instructor: Jazmine Duff

(6 - 8 Years)
39090-E
4:30-5:20PM // T // 4 WKS // 11/14 // \$16

39090-F
4:30-5:20PM // TH // 4 WKS // 11/16 // \$16

GYMNASTICS

Girls Novice Gymnastics

5 - 11 Years

For the student who has little or no gymnastics experience. To build the confidence, strength, endurance, and flexibility required to perform basic gymnastics skills through lead up drills and progressions.

Fall

Instructor: Cyndi Duff

38062-A
4:40-5:30PM // M // 8 WKS // 9/11 // \$32

38062-B
9:00-9:50AM // W // 8 WKS // 9/13 // \$32

38062-C
9:00-9:50AM // TH // 8 WKS // 9/14 // \$32

Instructor: Jazmine Duff

38062-D
5:30-6:20PM // T // 8 WKS // 9/12 // \$32

38062-E
5:30-6:20PM // TH // 8 WKS // 9/14 // \$32

Holiday

Instructor: Cyndi Duff

39062-A
4:40-5:30PM // M // 4 WKS // 11/13 // \$16

39062-B
9:00-9:50AM // W // 4 WKS // 11/15 // \$16

39062-C
9:00-9:50AM // TH // 4 WKS // 11/16 // \$16

Instructor: Jazmine Duff

39062-D
5:30-6:20PM // T // 4 WKS // 11/14 // \$16

39062-E
5:30-6:20PM // TH // 4 WKS // 11/16 // \$16

Youth Programs

GYMNASTICS

Girls Beginner II Gymnastics

7 - 12 Years

For the student who has participated in all-around gymnastics. To continue building strength, endurance, and flexibility for skill advancement through lead up drills and progressions. (Must have previously participated in Girls Beginner I or Girls Beginner II)

Instructor: Cyndi Duff

Fall

38070-A

5:30-6:20PM // T // 8 WKS // 9/12 // \$32

38070-B

5:30-6:20PM // TH // 8 WKS // 9/14 // \$32

Holiday

39070-A

5:30-6:20PM // T // 4 WKS // 11/14 // \$16

39070-B

5:30-6:20PM // TH // 4 WKS // 11/16 // \$16

GYMNASTICS

Girls Intermediate Gymnastics

7 - 12 Years

For the student who has mastered USAG Novice-Level 2 skills in all-around gymnastics. To continue building strength, endurance and flexibility for skill advancement through lead up drills and progressions. (Must have previously participated in Girls Beginner II)

Instructor: Cyndi Duff

Fall

38073-A

6:00-6:50PM // T // 8 WKS // 9/12 // \$32

38073-B

10:30-11:20AM // W // 8 WKS // 9/13 // \$32

38073-C

10:30-11:20AM // TH // 8 WKS // 9/14 // \$32

38073-D

6:00-6:50PM // TH // 8 WKS // 9/14 // \$32

Holiday

39073-A

6:00-6:50PM // T // 4 WKS // 11/14 // \$16

39073-B

10:30-11:20AM // W // 4 WKS // 11/15 // \$16

39073-C

10:30-11:20AM // TH // 4 WKS // 11/16 // \$16

39073-D

6:00-6:50PM // TH // 4 WKS // 11/16 // \$16



Dancenastics

6+ Years // Biketard required

This is a combination dance, tumbling, and acrobatic class. Students will be building strength, endurance and flexibility to learn skills in each format through lead up drills and progressions. Skills learned will be set to choreography and performed to music.

Instructor: Cyndi Duff

Fall

(6 - 9 Years)

38066-A

6:50-7:50PM // T // 8 WKS // 9/12 // \$32

(10+ Years)

38066-B

6:50-7:50PM // TH // 8 WKS // 9/14 // \$32

(7+ Years)

38066-C

9:30-10:20PM // F // 8 WKS // 9/15 // \$32

Holiday

(6 - 9 Years)

38066-A

6:50-7:50PM // T // 4 WKS // 11/14 // \$16

(10+ Years)

38066-B

6:50-7:50PM // TH // 4 WKS // 11/16 // \$16

(7+ Years)

38066-C

9:30-10:20PM // F // 4 WKS // 11/17 // \$16

Girls Volleyball Beginners Basics

7 - 12 Years // Tennis shoes required

Do you have an interest in playing volleyball? We will learn the basics to get you started.

Instructor: Stacie Castillo

Fall

28035-A

6:30-7:00PM // W // 8 WKS // 9/13 // \$28

Holiday

29035-A

6:30-7:00PM // W // 4 WKS // 11/15 // \$14



Youth Programs



Girls on the Run

3rd - 5th Grade

Girls on the Run is an empowerment program for girls in 3rd-5th grade that gives them skills and experiences to navigate their world confidently and to unleash their limitless potential! We teach girls life skills through a curriculum of engaging lessons and fun running activities. At each season's conclusion, the girls complete a celebratory 5k run that gives them a lifelong memory of accomplishment.

Register online at www.gotrdfw.org. Scholarships available.

Instructor: Angela Pond

Fall
4:00-5:30PM // MW // 10 WKS // 9/11

Guitar for Youth

8 - 11 Years // Appropriate size guitar required

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility, and strength. (Electronic clip-on tuners are suggested. Parents are welcome to participate.)

Instructor: Jan Ryberg

Fall
28020-B
4:30-5:15PM // M // 8 WKS // 9/11 // \$70

Holiday
29020-B
4:30-5:15PM // M // 4 WKS // 11/13 // \$35

Guitar Prep

5 - 8 Years // Half size guitar and parent participation required

We will practice basic muscle memory, pitch and rhythm exercises laying the groundwork for good guitar technique. You will learn basic songs.

Instructor: Jan Ryberg

Fall
28020-A
3:45-4:15PM // M // 8 WKS // 9/11 // \$70

Holiday
29020-A
3:45-4:15PM // M // 4 WKS // 11/13 // \$35

Hippity-Hop Dance

5 - 8 Years

Interested in hip-hop dance? We will keep it fun and creative while learning basics.

Instructor: Sherri Longino

Fall
28333-A
5:45-6:15PM // TH // 8 WKS // 9/14 // \$28

Holiday
29333-A
5:45-6:15PM // TH // 4 WKS // 11/16 // \$14

Discover Great Artists

5 - 12 Years // Supply fee \$10

Learn and discover different art processes. We will study one artist a week. Each feature artist has a style and history of their own.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall
28040-A
12:45-1:30PM // W // 8 WKS // 9/13 // \$30

Holiday
29040-A
12:45-1:30PM // W // 4 WKS // 11/15 // \$15

Homeschool Cursive Writing

6 - 12 Years // Supply fee \$5

Learn how to write in cursive, lots of practice makes perfect.

Instructor: Dottie Nicholson

Fall
28100-A
2:45-3:30PM // T // 8 WKS // 9/12 // \$30

»» Please Remember

With your child's best interest in mind, we ask that parents do not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is effected by parental distractions and interruptions. Parents may sit in the lobby or lounge areas. Please do not sit in the hallway.

Private Guitar Lessons

Are you looking to develop your existing guitar skills? Or are you a beginner wanting the basics of playing? Private guitar lessons are now available! Private sessions can be scheduled on Tuesdays, from 6 to 9:30 pm and on Saturdays, from 1 to 4 pm. Contact the Hurst Recreation Center to schedule lessons.

Instructor: Jan Ryberg

45 Minute Lesson: \$30

Youth Programs

Homeschool Math Fun

6 - 12 Years // Supply fee \$5

Let's have fun with math! We will play games to learn new math concepts. Your child will work on adding and subtracting, multiplying and dividing, word problems and more! Students will work in groups with others who share the same abilities in mathematics.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall

28016-A

12:15-1:00PM // M // 8 WKS // 9/11 // \$30

Holiday

29016-A

12:15-1:00PM // M // 4 WKS // 11/13 // \$15

Homeschool Play Money

6 - 12 Years // Supply fee \$5

Learn all about the value of money through math!

Instructor: Dottie Nicholson

Fall

28444-A

2:00-2:30PM // T // 8 WKS // 9/12 // \$28

Jazz

6 - 8 Years

In this class you will learn the basics of jazz dancing. We will also work on technique, phrasing, timing, and other foundational dance concepts.

Instructor: Rachel VanKleef

Fall

28150-A

4:50-5:20PM // W // 8 WKS // 9/13 // \$30

Holiday

29150-A

4:50-5:20PM // W // 4 WKS // 11/15 // \$15

Karate/Self-Defense

5 - 15 Years

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

Instructor: Bob Klavitter

Fall

(Beginner 8-15 years)

28111-A

6:00-8:00PM // M // 4 WKS // 9/11 // \$40

(Beginner 5-7 years)

28111-B

4:00-5:00PM // MW // 4 WKS // 9/11 // \$40

(Advanced 8-15 years)

28111-C

5:00-6:00PM // MW // 4 WKS // 9/11 // \$40

Holiday

(Beginner 8-15 years)

29111-A

6:00-8:00PM // M // 4 WKS // 11/13 // \$20

(Beginner 5-7 years)

29111-B

4:00-5:00PM // MW // 4 WKS // 11/13 // \$20

(Advanced 8-15 years)

29111-C

5:00-6:00PM // MW // 4 WKS // 11/13 // \$20

Movin Groovin

5 - 12 Years // Tennis shoes required

We will get the blood moving with physical education!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall

28222-A

1:45-2:30PM // MW // 8 WKS // 9/11 // \$50

Holiday

29222-A

1:45-2:30PM // MW // 4 WKS // 11/13 // \$25

Olympic Sport of Judo

5 - 14 Years

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from an 11-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. Judo involves throwing and grappling techniques. This is an on-going monthly class with new students starting on the first Monday of the month.

Instructor: Kim Mesa (5th degree black belt and certified USA Judo International Coach)

August

23900-C

6:00-7:00PM // MW // 4 WKS // 8/7 // \$40

September

28900-A

6:00-7:00PM // MW // 4 WKS // 9/11 // \$40

October

28900-B

6:00-7:00PM // MW // 4 WKS // 10/2 // \$40

November

28900-C

6:00-7:00PM // MW // 4 WKS // 11/6 // \$40

December

28900-D

6:00-7:00PM // MW // 4 WKS // 12/4 // \$40

Physics Fun

5 - 12 Years // Supply fee \$10

Let your young scientist come out to uncover the mysteries of physics at play. With our experiments they will see the forces of nature, energy and power of physics at work.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Holiday

29200-A

1:00-1:45PM // M // 4 WKS // 11/13 // \$15

Youth Programs

Reading Adventure

6 - 12 Years // Supply fee \$10

Let's take an adventure back in time through reading! The students will read the Boxcar Children series, from their own copy of the book. After reading, the class will answer questions about the book and create art projects reflecting the story.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall

28050-A
2:30-3:15PM // W // 8 WKS // 9/13 // \$28

Holiday

29050-A
2:30-3:15PM // W // 4 WKS // 11/15 // \$15



Soccer Skills

7 - 12 Years // Tennis shoes required

Are you looking to improve your soccer skills? Grab your athletic shoes and ball, and let's get started! We will go over your basic skills and begin working on more advanced skills.

Instructor: Stacie Castillo

Fall

28500-A
5:30-6:00PM // W // 8 WKS // 9/13 // \$28

Holiday

29500-A
5:30-6:00PM // W // 4 WKS // 11/15 // \$14

ITF - Tae Kwon Do

6 - 16 Years

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in D/FW. You will increase your flexibility, physical fitness, self-defense, self-control, discipline, stress relief, self-esteem, and concentration.

Instructor: Bart Powell/Michael Cooper (member of ITF-Unified and Grandmaster Van Binh)

Fall

(White & Yellow Belts)
28700-A
6:00-7:00PM // TH // 8 WKS // 9/14 // \$46

(Advanced Belts)

28700-B
7:00-8:00PM // TH // 8 WKS // 9/14 // \$46

Holiday

(White & Yellow Belts)
29700-A
6:00-7:00PM // TH // 4 WKS // 11/16 // \$23

(Advanced Belts)

29700-B
7:00-8:00PM // TH // 4 WKS // 11/16 // \$23

Painting Fun

5 - 10 Years // Supply fee \$10

Calling all kids! Come explore your creative side by creating your very own paints and watercolors. You will learn about color combinations and different applications.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall

28090-A
5:15-6:00PM // T // 8 WKS // 9/12 // \$30

Holiday

29090-A
5:15-6:00PM // T // 4 WKS // 11/13 // \$15

Yes, I Can Draw!

6 - 10 Years // Supply fee \$10

Yes, you can draw! You will learn how to draw using drawing pencils, colors and paper.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall

28118-A
4:30-5:15PM // T // 8 WKS // 9/12 // \$30

Holiday

29118-A
4:30-5:15PM // T // 4 WKS // 11/14 // \$30

Youth Programs



One Week Class

Homeschool Holiday Fun

5 - 12 Years // Supply fee \$10

Let's make gifts for our family! In this class we will make cookies, candy and ornaments!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Holiday

29080-A

10:00-11:30AM // M-TH // 1WK // 12/11-12/14 // \$25

One Time Classes

Harvest Candy Fun

6 - 12 Years // Supply fee \$15

Let's get ready for the holidays and make some wonderful candy treats!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Fall

28999-A

1:00-3:00PM // S // 1 DAY // 10/28 // \$15

Halloween Dance Party

5 - 8 Years

This party will include learning dances and creative movements, playing games, crafts and lunch!

Instructor: Sherri Longino

Fall

28010-A

10:00AM-2:00PM // S // 1 DAY // 10/28 // \$40

Christmas Candy Fun

6 - 12 Years // Supply fee \$15

Let's get ready for the holidays and make some wonderful candy treats!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Holiday

29999-A

1:00-3:00PM // S // 1 DAY // 12/2 // \$15

Christmas Dance Party

5 - 8 Years

This party will include learning dances and creative movements, playing games, crafts and lunch!

Instructor: Sherri Longino

Holiday

29010-A

10:00AM-2:00PM // S // 1 DAY // 12/2 // \$40

Adult Programs



Fitness Evaluations

By Appointment Only // One-Hour Session \$41

Are you getting started on your fitness program and do not know where to begin? A fitness evaluation should be your first step in any fitness program. Your level of fitness is assessed in five components: cardiovascular, muscular strength, muscular endurance, flexibility and body composition.

Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

Nutrition Counseling

One-Hour Session \$55 // Three Sessions \$130

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need. Expertise in weight loss and management, disease management, sports nutrition, eating disorders and general wellness. All evaluations are done by appointment.

Instructor: Esther White (MS, RD, LD)

Personal Training

One-Hour Session \$41 // Five Sessions \$172

Do you need motivation to reach your fitness goals? Through personal training, you can reach your cardiovascular and strength training goals with a program tailored for you. Sessions are set by appointment.

Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

The Power Package

By Appointment Only // Four Sessions \$145

Join forces with the experts in nutrition and fitness for successful results! Your Power Package includes two sessions focused on nutrition with a customized diet plan and two sessions focused on fitness with an evaluation and personal exercise plan. The Power Package is \$145 for four sessions.

Instructors: Esther White (MS, RD, LD) and Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)



Adult Programs



Belly Dance – Step 1 I.T.S. Foundations

Adults and Mature Teens 13+

Whether you have been dancing all your life and taken other belly dance classes, or are just starting out in dance, this class is for you! In this class you will learn the basics of Improv Tribal Style belly dance (ITS) with an introduction to the fundamentals of tribal movement, partner work, isolations, strength-building and drills for muscle memory. Geared toward the new student, but vital to continuing students for refinement, this class establishes a strong foundation for every dancer and is instrumental in familiarizing students specifically with the Tribal Evolution troupe format. This is a low-impact dance class suitable for all body types and ages.

Instructor: Tiffany Skalberg

Fall
48200-A
7:00-8:00PM // T // 8 WKS // 9/12 // \$56

Holiday
49200-A
7:00-8:00PM // T // 4 WKS // 11/14 // \$28

Belly Dance – Step 2 More I.T.S.

Adults and Mature Teens 13+

Take your newfound belly dance skills and challenge yourself at this next step in your dance explorations. In this class the emphasis is on refinement. We will cover more complex drills and improv combinations, building on what you have learned in the Foundations class. We will use live music for this class, affording you the opportunity to also learn to use percussion instruments (in the form of zills) to dance. *This class is best used in combination with Step 1 ITS Foundations as there is no breakdown of the foundation steps. Please complete at least one session of Step 1 before registering for Step 2.*

Instructor: Tiffany Skalberg

Fall
48224-A
8:00-9:00PM // T // 8 WKS // 9/12 // \$56

Holiday
49224-A
8:00-9:00PM // T // 4 WKS // 11/14 // \$28

Belly Dance – Step 3 Take It to the Stage

Adults and Mature Teens 13+

Now that you have perfected your dance skills in Step 1 and Step 2, you are ready to create a performance. This class will focus on taking your ITS vocabulary and making it show-worthy by adding props, staging and interaction with a band. You will also learn to use props such as the veil, skirt, sword and zills. *Please complete at least one session of Step 1 and 2 before registering for Step 3.*

Instructor: Tiffany Skalberg

Fall
48222-A
9:00-9:45PM // TH // 8 WKS // 9/12 // \$40

Holiday
49222-A
9:00-9:45PM // TH // 4 WKS // 11/14 // \$20

Adult Programs

Belly Dance - Tribal Evolution

This class covers the unique Improv Tribal Style of Tribal Evolution Belly Dance Company. This class is a professional performance-level class that will teach you to include props, musical interpretation, musician interaction, staging and show layout.

Instructor approval required.

Instructor: Tiffany Skalberg

Fall

48226-A

7:30-9:00PM // TH // 8 WKS // 9/14 // \$46

Holiday

49226-A

7:30-9:00PM // TH // 4 WKS // 11/16 // \$23

Boot Camp

12+ Years

Today's the day to achieve the goal you have been putting off. Come early and then have your whole day to be proud of what you accomplished that morning. Boot camp is for everyone. You will get help getting past those plateaus, achieve your goals and get to be a fitter YOU! Come tone and tighten with a variety of workouts including core strength, stability ball, weights, steps, circuits, interval training and much more. Decide today that YOU ARE WORTH IT!

Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

43420-C : August

6:35-7:35AM // MW // MONTHLY // 8/2 // \$25

48420-A : September

6:30-7:30AM // MW // MONTHLY // 9/6 // \$25

48420-B : October

6:30-7:30AM // MW // MONTHLY // 10/2 // \$25

48420-C : November

6:35-7:35AM // MW // MONTHLY // 11/1 // \$25

48420-D : December

6:35-7:35AM // MW // MONTHLY // 12/4 // \$25

Brush and Palette

Supply List

Express your talent through the art of oil painting! Basic strokes, color mixing and application will be covered.

Instructor: Elaine Roosz

Fall

48110-A

6:30-9:00PM // T // 8 WKS // 9/12 // \$50

Holiday

49110-A

6:30-9:00PM // T // 4 WKS // 11/14 // \$25

Cardio & Tone Boot Camp

Ages 16+

Are you struggling finding the time to fit in your cardio and strength/toning goals? Join this boot camp/circuit class to improve your cardiovascular health and muscle tone.

Instructor: Angela Pond (Certified Personal Trainer)

Fall

48005-A

6:50-7:30PM // TH // 8 WKS // 9/14 // \$40

Holiday

49005-A

6:50-7:30PM // TH // 4 WKS // 11/16 // \$20

Cycle Circuit

Bring Water, Towel & Determination!

Want to crank up your workout, metabolism and energy? Come join us for a blend of cycle and circuit training, perfect for fitness at any level.

Instructor: Angela Pond (Certified Personal Trainer)

Fall

48300-A

5:45-6:45PM // T // 8 WKS // 9/12 // \$40

Holiday

49300-A

5:45-6:45PM // T // 4 WKS // 11/14 // \$20

Energize Exercise

Do you like to exercise in the morning and feel energized all day? Then this is the class for you. You will exercise at your own level of endurance. The class puts emphasis on your arms, abdomen and legs.

Instructor: Karen Cowley

Fall

48010-A

8:30-9:15AM // MTThF // 8 WKS // 9/11 // \$30

Holiday

49010-A

8:30-9:15AM // MTThF // 4 WKS // 11/13 // \$15

Flow and Strength

Come challenge yourself to grow in flexibility, strength and calmness using yoga and pilates influenced movement to improve your health.

Instructor: Esther White (MS, RD, LD)

Fall

48060-A

12:10-12:50PM // MW // 8 WKS // 9/11 // \$36

Holiday

49060-A

12:10-12:50PM // MW // 4 WKS // 11/13 // \$18

Guitar

Ages 13+

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility and strength. We will learn songs using finger-picking, flat-picking and classical techniques. (Guitar is required.)

Instructor: Jan Ryberg

Fall

48888-A: Beginner

5:15-6:00PM // M // 8 WKS // 9/11 // \$70

48888-B: Intermediate

6:00-6:45PM // M // 4 WKS // 9/11 // \$70

Holiday

49888-A: Beginner

5:15-6:00PM // M // 8 WKS // 11/13 // \$35

49888-B: Intermediate

6:00-6:45PM // M // 4 WKS // 11/13 // \$35

Adult Programs

Guitar - Ensemble

Ages 13+

This class is for students who can read standard music notation in the first position, or have a dedication to learning notes. Some chord knowledge is preferred but not required. We will be learning ensemble pieces in many different styles and students will be encouraged to bring in their own arrangements and compositions. We will have a performance at the end of the summer.

Instructor: Jan Ryberg

Fall

48999-A

7:30-9:00PM // T // 8 WKS // 9/11 // \$70

Holiday

49999-A

7:30-9:00PM // T // 4 WKS // 11/13 // \$35

Guitar - Private Lessons

Are you looking to develop your existing guitar skills? Or are you a beginner wanting the basics of playing? Private guitar lessons are now available! Private sessions can be scheduled on Tuesdays, from 6 to 9:30 pm and on Saturdays, from 1 to 4 pm. Contact the Hurst Recreation Center to schedule lessons.

Instructor: Jan Ryberg

45 Minute Lesson: \$30



Hatha Yoga

Don't Eat 2 Hours Prior // Yoga Mat

Learn more about yourself from the inside out with the tools of yoga. Increase your flexibility and balance and tone your body. Discover the technique of breath control, centering and meditation.

Instructor: Benny Zavala

Fall

48100-A

10:15-11:10AM // M // 8 WKS // 9/11 // \$16

48100-B

10:15-11:10AM // W // 8 WKS // 9/13 // \$16

48100-C

10:15-11:10AM // F // 8 WKS // 9/15 // \$16

Holiday

49100-A

10:15-11:10AM // M // 4 WKS // 11/13 // \$16

49100-B

10:15-11:10AM // W // 4 WKS // 11/15 // \$16

49100-C

10:15-11:10AM // F // 4 WKS // 11/17 // \$16

Hurst Hustlers Running Club

Come join runners, joggers and walkers of all levels for a challenging workout using hills, speed work, distance and drills. You will learn how to run and how to stay injury free all while having fun! This is the perfect way to make friends and meet your running goals.

Instructor: Esther White (MS, RD, LD)

Fall

48001-A

6:15-7:15PM // M // 8 WKS // 9/11 // \$30

Holiday

49001-A

6:15-7:15PM // M // 4 WKS // 11/13 // \$15

Olympic Sport of Judo

Ages 15+

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a 11-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. Judo involves throwing and grappling techniques. This is an on-going monthly class. New students start the first Monday of the month.

Instructor: Kim Mesa (5th degree Black Belt and certified USA Judo International Coach)

43800-C : August

7:00-8:30PM // MW // MONTHLY // 8/7 // \$40

48800-A : September

7:00-8:30PM // MW // MONTHLY // 9/11 // \$40

48800-B : October

7:00-8:30PM // MW // MONTHLY // 10/2 // \$40

48800-C : November

7:00-8:30PM // MW // MONTHLY // 11/6 // \$40

48800-D : December

7:00-8:30PM // MW // MONTHLY // 12/4 // \$40

Scaravelli Yoga

Learn to elongate and extend comfortably into poses by using gravity and your breath. This user-friendly style of yoga will teach you how to relax. Please bring a blanket to class.

Instructor: Julie Vela (Certified and Registered with Yoga Alliance)

Fall

43100-C

8:15-9:15PM // W // 8 WKS // 9/13 // \$32

Tri City Promenaders

Did you know that the Tri City Promenaders offers square dance lessons at Brookside Center on Tuesday nights from 7:30-9:30 p.m.? Drop by and give it a try! Email tricitypromenaders@gmail.com for more information.

Adult Programs

Scaravelli Yoga - Intermediate

Are you ready to deepen your yoga practice? Experience steadiness and ease while learning intermediate poses. Please bring a yoga mat and a blanket to class.

Instructor: Julie Vela (Certified and Registered with Yoga Alliance)

Fall
48100-D
7:05-8:05PM // W // 8 WKS // 9/13 // \$32

Slim It Out, Tone It Up

Join us for a fun, challenging and fast-paced workout that uses different moves and equipment to target every muscle in your body. You will walk out with a smile on your face and a little sweat on your shirt!

Instructor: Esther White (MS, RD, LD)

Fall
48015-A
6:35-7:25AM // TTh // 8 WKS // 9/12 // \$32
48015-B
12:10-12:50PM // TTh // 8 WKS // 9/12 // \$32

Holiday
49015-A
6:35-7:25AM // TTh // 4 WKS // 11/14 // \$16
49015-B
12:10-12:50PM // TTh // 4 WKS // 11/14 // \$16

Spin and Sweat

Join us for spinning! Turn the basics of cycling into a great cardio workout that burns calories and fat. Get ready to work hard and sweat like crazy!

Instructor: Angela Pond (Certified Personal Trainer)

Fall
48444-A
9:00-9:45AM // T // 8 WKS // 9/12 // \$40
48444-B
5:45-6:30PM // TH // 8 WKS // 9/14 // \$40

Holiday
49444-A
9:00-9:45AM // T // 4 WKS // 11/14 // \$20
49444-B
5:45-6:30PM // TH // 4 WKS // 11/16 // \$20



ITF Taekwon-Do

Ages 6 - 16

ITF Taekwon-Do is the only original and traditional Korean Taekwon-Do in DFW. You will increase your flexibility, physical fitness, self defense, self control, discipline, stress relief, self-esteem and concentration.

Instructors: : Bart Powell/Michael Cooper (member of ITF-Unified and Grandmaster Van Binh)

Fall
28700-A : White and Yellow Belts
6:00-7:00PM // TH // 8 WKS // 9/14 // \$46
28700-B : Advanced Belts
7:00-8:00PM // TH // 8 WKS // 9/14 // \$46

Holiday
29700-A : White and Yellow Belts
6:00-7:00PM // TH // 4 WKS // 11/16 // \$23
29700-B : Advanced Belts
7:00-8:00PM // TH // 4 WKS // 11/16 // \$23



Zumba

Ages 14+

This class can only be described as FUN! If you want to party, laugh and have a great time while you lose unwanted inches, come and join us! It's the Latin-inspired, easy-to-follow, calorie-burning, dance-fitness party. Feel the music and let loose. Each class is a whole new set of dancing and fun.

Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

Fall
48065-A
6:00-6:55PM // MW // 8 WKS // 9/11 // \$46

Holiday
49065-A
6:00-6:55PM // MW // 4 WKS // 11/13 // \$23

Zumba Toning

Ages 16+

Come learn the basic techniques of Zumba in this energizing fitness class by getting your groove on! This is a great way for all ages to get started in Zumba or if you need a lower intensity. We'll use the musical maraca-sounding toning sticks to bump up the workout by adding resistance. It's great for the mind, body and soul!

Instructor: Rosy Pritchett

Fall
48050-A
7:30-8:25AM // TTh // 8 WKS // 9/12 // \$40

Holiday
49050-A
7:30-8:25AM // TTh // 4 WKS // 11/14 // \$20

Registration Policy

Walk-in registration beginning on **Monday, August 14**, at **7:00 a.m.** is open only to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills and Euless whose mail is delivered to a Hurst "address" are not eligible to register until August 28 at 7:00 a.m. Residency is defined by living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on **Monday, August 28**. Out of fairness to all citizens of our community, you may only register the members of your household.

.....

Classes begin the week of September 11
(unless otherwise indicated)

.....

Sign Up To Register Online

That's right – you can save time and register your entire family online! To get started, you will need to visit the Hurst Recreation Center to activate your account. If you are a Hurst resident, you will need to bring your **Hurst water bill, Hurst property tax statement or Hurst apartment lease, and your photo ID** as proof of Hurst residency to receive the Hurst resident rates. Once you have activated your account and received your user name and password, you will be able to use our online registration feature.

You do not have to wait until your appropriate registration date to activate your account and receive your user name and password. Go ahead and do it the next time you are at the Recreation Center for your current class or working out. Then you will be ready to register online the day registration starts!

Help Us, Help You! PLEASE ENROLL EARLY!

Help us keep your favorite classes around by enrolling early. There is a point when a course must be canceled due to low enrollment. Help us prevent course cancellations by registering early!

Walk-In Registration Times

- Monday-Thursday: 7:00AM-9:00PM**
- Friday: 7:00AM-5:00PM**
- Saturday: 9:30AM-5:00PM**
- Sunday: 1:30PM-5:00PM**

Confirmations

When you register by mail or fax, you will receive a confirmation notice through the postal mail. You will be notified of the designated classes that are not available. If the class is not available, you may select a second choice. If you register online, you may print a copy of your receipt.

Refund Policy

Recreation Classes: We depend on your participation for a successful class. If you have an unforeseen circumstance and cannot attend class, we will gladly refund your fee with 72 hours notice prior to the class start date.

Supply Lists

Some of our classes require a supply list. These classes are noted in this magazine. You will receive a supply list when you register. For mailed registrations, a list will be included with your confirmation letter. **Supplies should not be purchased prior to the Friday before the class starts in case of cancellation.**

Remember: In case of inclement weather, the Hurst Recreation Center will not conduct classes if the HEB Independent School District cancels their classes for the day.

« CLASS REGISTRATION FORM

HEAD OF HOUSEHOLD

EMAIL ADDRESS

STREET ADDRESS

APT #

CITY

STATE / ZIP

HOME PHONE

WORK PHONE

PARTICIPANT'S NAME	DOB	GENDER	CLASS #	CLASS FEE
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

Subtotal \$

GRAND TOTAL

Non-Resident Fee of \$2 per class

_____ x \$2
OF CLASSES

= \$ _____

+ Subtotal \$ _____ =

Total Due \$ _____

PAYMENT METHOD

CHECK

CREDIT CARD

CASH

CHECK NUMBER: _____

CARD TYPE: Visa MasterCard Discover American Express

MAIL TO: Hurst Parks and Recreation
Class Registration

MAKE CHECKS PAYABLE TO:
City of Hurst

CARD NUMBER: _____ - _____ - _____ - _____

700 Mary Drive, Hurst, TX 76053

EXPIRATION DATE: ____ / ____

For the valuable consideration of being allowed to participate in the City of Hurst Parks and Recreation Department's program or use the City's facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from an injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I DO FULLY RELEASE, INDEMNIFY, AND HOLD HARMLESS, THE CITY, ITS EMPLOYEES AND OFFICERS FROM THEIR OWN NEGLIGENCE FOR FAILURE TO PROPERLY DESIGN, INSPECT, OR MAINTAIN THE EQUIPMENT, OR SUPERVISE THE ACTIVITIES TO BE ENGAGED IN OR EQUIPMENT TO BE USED BY THE UNDERSIGNED, AND FOR ANY ACTS OF THIRD PARTIES. The City does not provide any medical or other insurance protection benefits for those who use the recreational equipment or engage in activities on City Premises.

BY SIGNING THE RELEASE, I ACCEPT ALL RESPONSIBILITY FOR INJURIES WHICH MAY BE INCURRED.

SIGNATURE OF PARTICIPANT

DATE

SIGNATURE OF PARENT/GUARDIAN IF USER IS UNDER 18

DATE

Adult Sports Registration Information

Teams may register in person or by phone at the Recreation Administration Office located inside the Hurst Recreation Center, 700 Mary Drive, or by calling 817-788-7320. Hours are Monday, Wednesday and Friday from 8:00 a.m. to 5:00 p.m. and Tuesday and Thursday from 8:00 a.m. to 6:00 p.m. For more information, please call 817-788-7320. Registration information and rules are located online at www.teamsideline.com/hurst.



Adult Softball

Fall Registration

Open Registration: July 31-August 25

Registration and/or start dates may be adjusted to accommodate weather related delays

Entry Fee: \$310 for an 8-game season

With no playoffs

League Schedules: Available August 30, after 4:00PM

League Begins: September 5

League Nights:

Monday – Men's & Women's

Tuesday – Men's & Co-ed

Wednesday – Men's & Co-ed

Thursday – Men's & Co-ed

Friday – Men's Church, Men's & Co-ed

Adult Men's Basketball

Fall Registration

Open Registration: July 27-August 25

Registration and/or start dates may be adjusted to accommodate weather related delays

Entry Fee: \$275 for a 7-game season

With Playoffs for teams who qualify

League Schedules: Available August 30 after 4:00PM

League Begins: September 5

League Nights:

Tuesday – Men's Open

Thursday – Men's Open

Youth Sports Associations

Tri-Cities Baseball & Softball Association
TCBA 817-285-0200
www.tcbasesoft.com

Mid-Cities Basketball Association
MCBA 817-354-6208
www.MCBBA.org

Hurst United Soccer Association
HUSA 817-504-7479
www.hurstunited.com

MidCities PeeWee Football & Cheerleading Association
817-282-2390
www.midcitiespeeeweefootball.org



Recreation Center Gym A Schedule

There are also outdoor pickleball courts available at Smith-Barfield Park, 640 Pleasantview.

Effective August 2017

Monday

6:30AM-1:00PM // Open Gym
 1:00-2:30PM // Classes
 2:30-10:00PM // Open Gym

Tuesday

6:30-9:30AM // Open Gym
 9:30AM-Noon // Pickleball
 Noon-10:00PM // Open Gym

Wednesday

6:30-11:30AM // Open Gym
 11:30AM-Noon // Classes
 Noon-5:00PM // Open Gym
 5:00-8:00PM // Classes
 8:00-10:00PM // Open Gym

Thursday

6:30AM-9:30PM // Open Gym
 9:30AM-Noon // Pickleball
 12:30PM-10:00PM // Open Gym

Friday

6:30-8:30AM // Open Gym
 8:30-10:30AM // Class
 11:30AM-1:30PM // Pickleball
 1:30-6:00PM // Open Gym

Saturday

9:00AM-6:00PM // Open Gym

Sunday

1:00-6:00PM // Open Gym

» Pickleball

Already familiar with the game or want to try something new? Pickleball is a fun game for all ages. Whether you're a novice or expert, you'll be sure to get some playtime on our 3 indoor pickleball courts. Courts are set up and ready at the Recreation Center on Tuesdays, Thursdays, and Fridays during specified hours. Don't have a racquet or a ball? We've got you covered. Come see what it's all about or call for more details on prices and times at 817-788-7325.



Healthy Hurst Wellness Program

Healthy Hurst is the City of Hurst's community-wide wellness initiative. Healthy Hurst is a FREE program, open to all Hurst residents as well as non-residents who are current members of the Hurst Recreation Center. All participants receive a Healthy Hurst t-shirt at the time of registration, and are encouraged to register for the various FREE events that will be offered throughout the year.

Healthy Hurst has a myriad of tips and information on nutrition, fitness, wellness, and health. Give it a try today! Let Healthy Hurst help you get started toward your wellness, health, and fitness goals! For more information on the Healthy Hurst program, contact the Hurst Recreation Center at 817-788-7325.

Walktober

If walking is your favorite fitness activity, or if you'd like to start walking your way to fitness, join us at the Hurst Recreation Center for Walktober! To participate, simply register for this FREE Healthy Hurst event at the Hurst Recreation Center. Keep track of the number of days that you walk during the month of October and qualify for incentives based on your level of participation. For more information on Walktober, contact the Hurst Recreation Center at 817-788-7325.

Coming January 2018

Healthy Hurst Lose the LB's Fitness Challenge

The Healthy Hurst Lose the LB's Fitness Challenge will start on January 2, 2018. Keep your eyes open for more information as the date for this event approaches.

Mission Statement

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage lifelong learning, fitness and fun.

Parks and Recreation Board

Chairman:
Alan Neace

Vice Chair:
Rod Robertson

**Ralph Hurd
Karen Spencer
Gary Waldron**

**Pat King
Cathy Thompson
Bob Walker**

Recreation Staff

Recreation Director:
Chris Watson

Recreation Specialists:
**Madison Bass
Lauren Snyder**

Recreation Athletics
and Aquatics Manager:
Jennifer Kashner

Recreation Attendants:
**Jeremy Bailey
Kristen Barnett
Mikayla Birdsong**

Recreation Programs
and Events Manager:
Amy Sisler

**Dakota Ford
Rudy Garcia
Zach Herd
Anna James
Matt Mendez
Ashleigh Neally
Nancy Philip
Rebeca Suarez
Cheryl Thompson
Irene Thornton**

Recreation Center
Manager:
Jordan Taylor

Recreation Supervisor:
Mary Singleton

Administrative Assistant:
Paige Lutz

Recreation Receptionist:
**Melanie Cox
Gayle Scott**

Facility Maintenance:
Judy Arellano



Christmas Tree Lighting and Santa's Workshop

Tuesday, November 28 // 5:00-9:00PM
Hurst Conference Center

- 3-lane Snow Tubing Hill and Kiddie Hill
- Rudolph's Reindeer Game Area
- Santa's Workshop including visits with Santa and Mrs. Claus, hands on crafts, and toy drive drop off
- Santa's Christmas Marketplace where you can purchase ornaments and holiday décor
- Strolling entertainment and costumed characters
- Reindeer display
- Ride the shuttle from TCC to the HCC
- Petting Zoo
- Face painting
- Musical performances featuring local elementary schools
- Food Court featuring Hurst restaurants (food and beverages for purchase)



Santa's Mailbox

December 1-15

Santa wants to hear from you! Here's your chance to tell Santa your "wish list." You can write to Santa, and he will write you back! Write your letter and drop it in one of Santa's Mailboxes from December 1-15. The mailboxes are located at the Hurst Recreation Center, Hurst Public Library, and Hurst City Hall.

FREE! For more information, call 817-788-7320



FREE! For more information, call 817-788-7320.



Kids' All American Fishing Derby

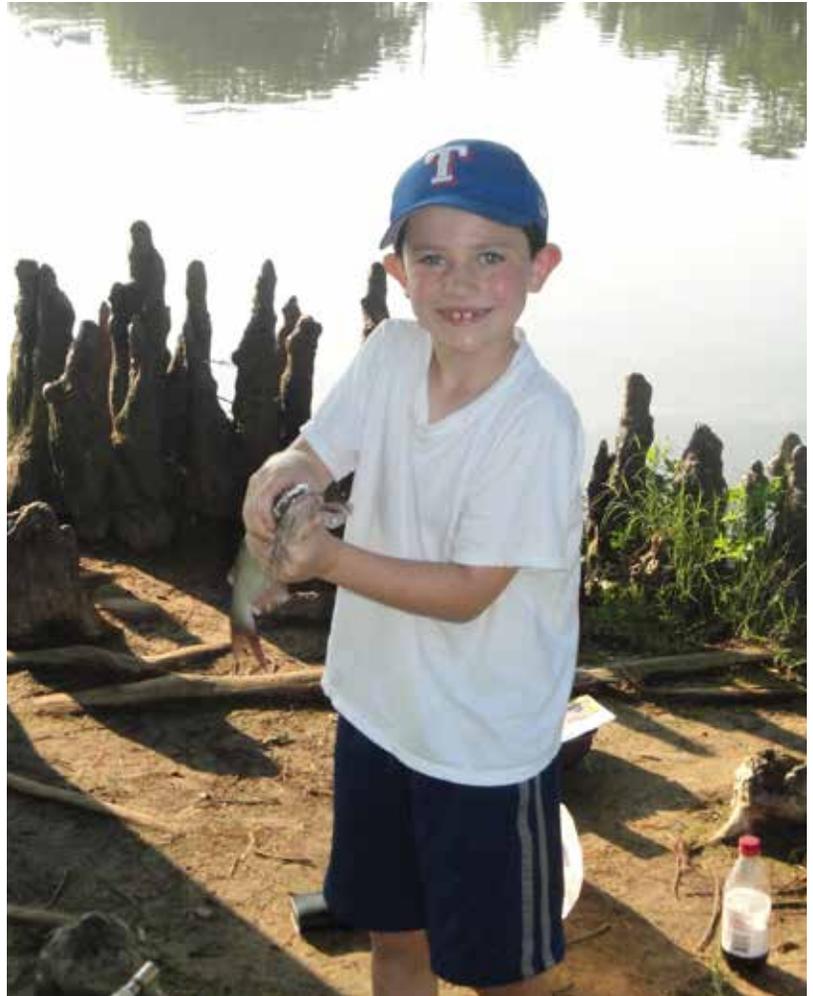
Friday, September 15 // Chisholm Park, 2200 Norwood Drive

RESCHEDULED FROM JUNE

Calling all kids, ages 5 to 16 years old! Here is your chance to show off your fishing skills and win prizes. Bring your parents, fishing pole, and tackle to enjoy a morning of fishing fun! Don't have a fishing pole? No problem! The Hurst Public Library will be onsite to check out fishing poles on a first come, first serve, basis while supplies last. In-and-Out Burger will be there to provide dinner! The event is FREE, however you must pre-register at the Hurst Recreation Center, 700 Mary Drive, by 10 p.m. Wednesday, September 13. Space is limited so be sure to register early!

If you registered for the originally scheduled date in June 2017, no need to do so again! If you registered and cannot attend the rescheduled date, please contact us to let us know.

For more information, call 817-788-7325.



Fall Festival in Hurst

Saturday, October 7
11:00AM-3:00PM // Bellaire Park / Shopping Center Area

Come Join the City of Hurst as we present Fall Festival in Hurst! This event is FREE and open to the public! Take a stroll through our craft fair when you park at Bellaire Shopping Center. Then make your way to the park where you will enjoy activities including a pumpkin patch with a decorating station, hayride, face painting, live music, food vendors, and much MUCH more!

Fun for the whole family!



Family Campfire Camp-Out

Friday, October 20 // Chisholm Park, Pond Area, 2200 Norwood Drive
 Campsite Selection and Set-Up: 5:00 – 6:30PM
 Dinner Served: 6:30PM
 Campsite Clean Up: Completed by Saturday, October 21 at 9:00AM

Bring the family for this new Hurst special event, Family Campfire Camp-Out at Chisholm Park! After you select and set up your campsite, we'll have a traditional chuckwagon dinner, fishing (if desired), campfire, a photo bus to capture the memory, a movie in the park, and a cowboy breakfast cooked over the campfire in the morning.

\$35 per campsite for a maximum of 5 people per site (one adult over the age of 21 must be present throughout the entire event). Registration begins on September 18 at the Hurst Recreation Administrative Office at the Recreation Center. The event is limited to the first 250 campers or 50 campsites, whichever comes first. For more information, call 817-788-7320.

37th John Butler Memorial Senior Citizens Banquet

Saturday, December 9
 5:00-7:00PM // Hurst Recreation Center

Tickets will be available for Hurst Residents on Monday, October 23. You may pick up your tickets in person at the Hurst Recreation Center, or call 817-788-7320 to have your tickets mailed to you. There is a limit of TWO tickets per household.

FREE! For more information, call 817-788-7320

Fish Stockings at Chisholm Park

For Texans who live in urban areas, Neighborhood Fishin' offers fishing opportunities close to home. Texas Parks and Wildlife Department works in partnership with local governments to stock catfish and rainbow trout in small neighborhood lakes. These fish are fun to catch, and they're stocked frequently in season, so there's nearly always a fresh supply of fish available to take your bait. Over 5,500 fingerling channel catfish were stocked at Chisholm Park in 2016.

A few reminders: Kids under 17 fish for free, but adults must have a fishing license with a freshwater stamp; fishing is allowed with poles only (no trotlines, traps, nets, etc.); daily bag limits and minimum lengths may apply. Visit www.neighborhoodfishin.org for specific rules, regulations and dates.

Need a fishing pole? Go to the Hurst Public Library at 901 Precinct Line Road where you can check one out for free with an adult library card.



Catfish Stocking Schedule

August - No Stockings
 September 1, 15, 29
 October 13, 27



Fall/Winter Operating Hours

Beginning October 30, 2017

Monday-Thursday: 8:00AM-9:00PM

Friday: 8:00AM-6:00PM

Saturday & Sunday: 9:00AM-6:00PM

Hurst Tennis Center

701 Mary Drive, Hurst, TX

817-788-7330

Hurst Tennis Center Staff

Tennis Attendants:

Austin Armstrong
Sean Burke
Ryan Crozier
Taylor Jackson

Head Professional:

Kelly Langdon, USPTA

Tennis Instructors:

Cameron Bodily, USPTA
John Schildt, USPTA
Michael Seybold, USPTA
Greg Smith

Tennis Center Coordinator:

Austin Wynne, USPTA



- Lessons and team drills for all ages and abilities
- 10 lighted outdoor courts
- USRSA racquet stringers
- Ball machine rental
- USPTA-certified instructors available
- USTA adult leagues

Upcoming Tournaments

Fall Mid-Cities Junior Circuit
TBA

USTA Adult Open Tournament
December 9-10



How About A Private Lesson?

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

Lessons with City of Hurst Head Professional Kelly Langdon, USPTA or Tennis Center Coordinator Austin Wynne, USPTA

- \$35 Per Half Hour
- \$55 Per Hour
- \$200 Per Series of 4 Lessons

Lessons with tennis instructors Greg Smith; Cameron Bodily, USPTA; John Schildt, USPTA; Mike Seybold, USPTA

- \$35 Per Half Hour
- \$55 Per Hour
- \$200 Per Series of 4 Lessons

The Tennis Center staff also offers group lessons: \$90 for 1½ hour.

Racquet Stringing

The Tennis Center has a large choice of strings and accessories for your racquet needs. We offer fast service and United States Racquet Stringer's Association certified stringers on staff.

Youth

Quickstart Tennis

6 Years and Under // 1 Can of Unopened Balls

Introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games.

Instructors: Michael Seybold, USPTA and Staff

Monday Classes

- 88700-A
5:00-5:30PM // M // 4 WKS // 9/4 // \$28
- 88700-B
5:00-5:30PM // M // 4 WKS // 10/2 // \$28
- 88700-C
5:00-5:30PM // M // 4 WKS // 11/6 // \$28

Wednesday Classes

- 88700-D
95:00-5:30PM // W // 4 WKS // 9/6 // \$28
- 88700-E
5:00-5:30PM // W // 4 WKS // 10/4 // \$28
- 88700-F
5:00-5:30PM // W // 4 WKS // 11/8 // \$28

Junior Beginner Tennis

7+ Years // 1 Can of Unopened Balls

A fun class for beginners. No experience necessary! Learn the forehand, backhand, serve and volley.

Instructors: Michael Seybold, USPTA and Staff

Monday Classes

- 88503-A
5:30-7:00PM // M // 4 WKS // 9/4 // \$72
- 88503-B
5:30-7:00PM // M // 4 WKS // 10/2 // \$72
- 88503-C
5:30-7:00PM // M // 4 WKS // 11/6 // \$72

Wednesday Classes

- 88503-D
5:30-7:00PM // W // 4 WKS // 9/6 // \$72
- 88503-E
5:30-7:00PM // W // 4 WKS // 10/4 // \$72
- 88503-F
5:30-7:00PM // W // 4 WKS // 11/8 // \$72

Advanced Beginner/Intermediate Junior Tennis

10+ Years // 1 Can of Unopened Balls

For players who have had prior instruction & looking to improve their overall game. Singles and doubles techniques and tactics.

Instructors: Michael Seybold, USPTA and Staff

- 88507-A
5:30-7:00PM // TH // 4 WKS // 9/7 // \$72
- 88507-B
5:30-7:00PM // TH // 4 WKS // 10/5 // \$72
- 88507-C
5:30-7:00PM // TH // 4 WKS // 11/9 // \$72





Adult

**Adult Beginner/
Advanced Beginner Clinic**

1 Can of Unopened Balls

Just for adults! Learn basic strokes, scoring and strategy. Bring one can of new unopened balls to first class.

Instructor: Austin Wynne, USPTA and Staff

88505-A
7:00-8:30PM // W // 4 WKS // 9/6 // \$72
88505-B
7:00-8:30PM // W // 4 WKS // 10/4 // \$72
88505-C
7:00-8:30PM // W // 4 WKS // 11/8 // \$72

Adult Intermediate Clinic

1 Can of Unopened Balls

This class is for adults who want to build on existing skills. You will practice all shots and learn techniques and tactics.

Instructor: Austin Wynne, USPTA and Staff

88506-A
7:00-8:30PM // W // 4 WKS // 9/6 // \$72
88506-B
7:00-8:30PM // W // 4 WKS // 10/4 // \$72
88506-C
7:00-8:30PM // W // 4 WKS // 11/8 // \$72

4.0 Men's Open Drills

1 Can of Unopened Balls

Meets each Thursday for men rated 4.0 or higher. Learn techniques and strategy. Must register three days in advance. * Minimum 4 players.

Instructors: Kelly Langdon, USPTA and Staff

83444
7:00-8:30PM // TH // Weekly // 9/10 // \$12

Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine at least three days in advance.

Taking Care of City Parks

We make sure our crews inspect our parks on a regular basis, however, litter and vandalism still may occur and additional maintenance may be needed between crew visits. The next time you visit one of our parks and you notice anything that needs attention, please notify the Parks Department at 817-788-7220.

www.HurstTX.gov/Parks

Facilities

- A** Hurst Conference Center
- B** Brookside Center
- C** Hurst Library
- D** Hurst Senior Center

Park Pavilions

Pavilions are available for rental for \$35 per day. If electrical power is needed during the rental, a \$50 REFUNDABLE electrical key deposit is due at the time of reservation. For more information, call 817-788-7320.



1 Cotton Belt Trail

7300 block of Precinct Line Road

- Railway Bridge
- The Hurst section of trail is one mile
- Shade

2 Echo Hills Park

500 Heneretta Drive // 7.1 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

3 Hurst Athletic Complex

2104 Precinct Line Road // 42.2 Acres

- 4 Adult Softball Fields (Lighted)
- 6 Youth Soccer Fields (Lighted)
- 4 Youth Soccer Fields (Unlighted)
- Playground
- 3 Group Shelters
- 2 Concession/Restroom Buildings

4 Chisholm Park

2200 Norwood Drive // 50 Acres

- Aquatics Center
- 4 Youth Softball Fields (Lighted)
- 2 Playgrounds
- 3 Pavilions
- Pond with Fishing Island
- Picnic Tables
- Jogging/Walking Trail System (1.5 miles)
- Fitness Course
- Group Shelter
- Concession/Restroom Building
- 2 Basketball Courts (Lighted)
- 4 Pet Water Fountains

5 Mayfair Linear Park

1725 Norwood Drive // 8.3 Acres

6 Smith-Barfield Park

640 Pleasantview Drive // 6.9 Acres

- Youth Baseball/Softball Field (Lighted)
- 2 Tennis Courts (Lighted)
- Youth Athletic Practice Field (Unlighted)
- Playground
- Pavilion
- Picnic Tables
- Restrooms
- 2 Pet Water Fountains

7 Mayfair Park

1725 Norwood Drive // 14.4 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/4 mile)
- Youth Athletic Fields (Unlighted)
- Pet Water Fountain

8 Windmill Park

840 W. Cheryl Avenue // 2 Acres

- Historical Marker

9 Valentine Park

610 Bedford Court West // 4 Acres

- Youth Athletic Practice Field (Unlighted)

10 Library Park

901 Precinct Line Road

- Pavillion

11 Hurst Hills Park

575 Billie Ruth Lane // 4 Acres

12 Heritage Village Park

841 W. Pipeline Road

- Historical Plaza
- Picnic Table
- 2 Decorative Water Fountains

13 Hurst Community Park

601 Precinct Line Road // 44.9 Acres

- 4 Youth Baseball Fields (Lighted)
- 2 Youth Soccer Fields (Lighted)
- 2 Sand Volleyball Courts (Lighted)
- Pavilion
- 2 Playgrounds
- Multi-Use Trail System (1 mile)
- Picnic Tables
- Wooded Natural Area
- Open Field Play Area
- Concession/Restroom Building
- 2 Group Shelters
- 2 Pet Water Fountains

14 Central Park

700 block of Mary Drive // 17.5 Acres

- Recreation Center
- Aquatics Center
- Tennis Center (10 Lighted Courts)
- 2 Pavilions
- Playground
- Picnic Tables
- 2 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

15 Vivagene Copeland Park

501 Pecan Drive // 5.2 Acres

- Pavilion
- Playground
- Multi-Use Trail System (1/3 mile)
- Open Field Play Area
- 3 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

16 Jaycee-Baker Park

500 Belmont Drive // 4.1 Acres

- Playground
- Picnic Tables
- Pavilion
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

17 Parker Cemetery

1308 Cardinal Lane

18 Billy Creek Park

161 Billy Creek Drive

19 Redbud Park

525 Redbud Drive // 7.2 Acres

- Soccer Field (Unlighted)
- Playground
- Jogging/Walking Trail System (1/3 miles)
- Picnic Tables
- Fitness Course
- Pavilion
- Pet Water Fountain

20 Bellaire Park

500 Pecan Drive // 6.4 Acres

- Playground
- Youth Baseball/Softball Field (Lighted)
- Jogging/Walking Trail System (1/3 mile)
- Pet Water Fountain

21 Wan-Ka-Kani Park

748 Shadylane // 4.1 Acres

- Picnic Tables

22 Highway 10 Linear Park

188 Arwine Drive

- Hurst's undeveloped park land

23 Rickel Park

1001 Bluebonnet Drive // 29 Acres

- 2 Pavilions
- Picnic Tables
- Nature Trails
- Scenic Overlook
- Winding Stream with 2 Bridges
- Jogging/Walking Trail System (1/2 mile)
- Playground
- 2 Pet Water Fountains



City of Hurst
1505 Precinct Line Rd.
Hurst, TX 76054

PRESORTED STANDARD
U.S. POSTAGE PAID
HURST, TX PERMIT NO. 21



Fall/ Holiday 2017

RECREATION CLASS SCHEDULE

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage life-long learning, fitness and fun.

