

where we live
HURST★TEXAS

SUMMER 2017

Central Aquatics

Hurst on the Job

New Website



where we live

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City Staff

- Clay Caruthers** City Manager
- Allan Heindel** Deputy City Manager
- Greg Dickens** Executive Director of Public Works
- Rita Frick** City Secretary
- Steve Moore** Police Chief
- John Brown** Fire Chief
- Matia Messemer** Executive Director of Human Resources
- Steve Bowden** Executive Director of Economic Development
- Clayton Fulton** Executive Director of Strategic and Fiscal Services
- Malaika Farmer** Executive Director of Administration and Customer Service



Cover photo by Kara McKinney.



On the Cover

We met up with Deena Crawford and sweet, little Spencer at the Wells Nature Area of Hurst Community Park one warm afternoon. Deena and her husband Jason have lived in Hurst for seven years, and they love raising their family here. While Jason happily migrated down from Oklahoma, Deena has been a Fort Worth and Mid-Cities resident nearly her entire life. They planted their roots in Hurst and enjoy being part of a friendly, familial community.

The Crawford kids, Spencer and big brother Lincoln, are big fans of Hurst, too! They enjoy frequent visits to the Hurst Public Library for story time and special arts programs, as well as playing at the many parks located in the city. As a family, the Crawfords appreciate all the activities, restaurants and businesses located in Hurst that make living here so much fun!



Mayor's Message

Summer is officially on its way, and there are a multitude of exciting things going on in Hurst this season! For starters, our newly renovated Central Aquatics Center is scheduled to open Memorial Day Weekend. All summer long, our residents and visitors can enjoy both of our recently updated aquatics centers to cool down from the Texas heat! All of the details on the new Central Aquatics Center are listed on page 53.

Back in February, you had the opportunity to let us know what improvements you would like to see made in the City of Hurst by taking our Citizen Survey, and your city council and city staff have been working hard to put a plan in place based on your feedback. To learn more about that process and what's next for Transforming Hurst, check out page 17.

We have a great line up of events this summer starting in just a couple of weeks: Concert in the Park on April 28, Summer Reading Club Kick Off on May 25, my personal favorite event, Hurst Stars and Stripes on July 4 and Salsa and Salsa on August 31. I hope to see you and your family at these great events!

If you follow the city on social media, you've probably come across our Hurst Hearts kindness campaign. I love hearing stories about all the kindness and positivity happening in our community, so please continue to share them! I'm also excited to announce that our city website was recently upgraded to make it more user friendly, and I am very proud of the results. Visit hursttx.gov to see what all has changed.

On behalf of the entire city council, thank you for letting us serve you. We are proud to work alongside you to make this community the best it can possibly be. Wishing you and your family a very happy summer!

- Mayor Richard Ward

City Council

Richard Ward Mayor
Larry Kitchens Mayor Pro Tem
David Booe Council Member
Bill McLendon Council Member
Trasa Cobern Council Member
Nancy Welton Council Member
Henry Wilson Council Member

The Social Media Connection

City of Hurst

WEBSITE: www.HurstTX.gov
FACEBOOK: [@CityofHurstTX](https://www.facebook.com/CityofHurstTX)
TWITTER: [@TheCityofHurst](https://twitter.com/TheCityofHurst)
INSTAGRAM: [@CityofHurstTX](https://www.instagram.com/CityofHurstTX)
PINTEREST: www.Pinterest.com/CityofHurstTX
NEXTDOOR: City of Hurst

Hurst Public Library

WEBSITE: www.HurstTX.gov/Library
FACEBOOK: [@HurstPublicLibrary](https://www.facebook.com/HurstPublicLibrary)
TWITTER: [@HurstLibrary](https://twitter.com/HurstLibrary)
INSTAGRAM: [@HurstPublicLibrary](https://www.instagram.com/HurstPublicLibrary)

Hurst Police Department

FACEBOOK: [@HurstPoliceDept](https://www.facebook.com/HurstPoliceDept)
TWITTER: [@HurstPoliceDept](https://twitter.com/HurstPoliceDept)
NEXTDOOR: Hurst Police Department

Hurst Conference Center

WEBSITE: www.HurstCC.com
FACEBOOK: [@HurstCC](https://www.facebook.com/HurstCC)
INSTAGRAM: [@HurstConferenceCenter](https://www.instagram.com/HurstConferenceCenter)
PINTEREST: www.Pinterest.com/HurstCC

Hurst Recreation Center

FACEBOOK: [@HurstParksandRecreation](https://www.facebook.com/HurstParksandRecreation)

Hurst Fire Department

TWITTER: [@HurstFireDept](https://twitter.com/HurstFireDept)

Hurst Senior Activities Center

FACEBOOK: [@HurstSeniorActivitiesCenter](https://www.facebook.com/HurstSeniorActivitiesCenter)

Summer means Sunshine: *the vitamin, that is!*

Sunshine defines much of the summer experience here in Texas. I thought we would discuss one of the wonderful benefits of spending time in the sunshine, Vitamin D, to celebrate!

What is Vitamin D? Vitamin D is classified as a fat soluble vitamin (meaning it is packaged and absorbed through the systems that handle fat from our diet) that our body needs for two primary functions. The first is managing calcium in your bones, body and gut. The second is to assist cells to communicate with one another and work correctly.

Where do we get Vitamin D? Vitamin D is found in some foods and produced in our skin cells when they are exposed to direct UVB sunlight. We can also take Vitamin D supplements. Because we have the potential to produce our own Vitamin D, we should have plenty in our bodies. But research is showing that it is one of the biggest nutrition deficiencies in our world.

What happens when we don't get enough Vitamin D? Most people who are low in Vitamin D can notice things like fatigue, aches & pains and frequent illness. If you are deficient, it can effect or promote more serious health conditions like asthma, heart disease, cancer, Type II diabetes, brain and muscle disorders and more. It can also lead to rickets in children or osteomalacia in adults (brittle bone diseases).

What can I do to get more Vitamin D? There are three main pathways to get Vitamin D in your body.

Sunshine- Did you know that if you get 15 or more minutes of direct sun exposure (without sunscreen) your body can produce up to 25,000 units of Vitamin D? Fifteen minutes is less than the amount of time that it takes for most everyone's skin to even get pink. Sunshine is proven to boost Vitamin D in the body, improve mood and promote a healthy immune system. Aim for at least 20-30 minutes of direct exposure each day.

Vitamin D supplements- Taking a good quality supplement can be a big help to get enough into your body. I recommend Vitamin D3 (the form made by your body in sunlight) up to 5000 IU per day for adults.

Foods can provide Vitamin D. Eating fatty fish (like Cod), beef liver, egg yolks, fortified milk, juice, cereals and more help you get some Vitamin D from your diet.

To find out more about Vitamin D and to make sure you are getting enough of it in your life, there are tons of resources. One of my favorites is vitamindcouncil.org. Head there to find out more today!

Hurst also works hard to offer activities and amenities to get you plenty of sunshine opportunities to make your summer even better. As always here in Hurst, you have options for learning more about health and wellness. From working with a dietitian or personal trainer at the recreation or senior center, enjoying the outdoors at one of our many marvelous parks, visiting our two new aquatics centers, getting some tasty recipes at the library or participating in educational and fun programs offered, your possibilities are numerous! See you out there in our fantastic community this summer!

TRIPLE YUM SMOOTHIES

Ingredients:

- 1½ cups organic low-fat milk*, divided
- 1½ cups organic low-fat vanilla yogurt*, divided
- 3 large bananas, divided
- 1 cup frozen blackberries or blueberries
- 1 cup frozen mango chunks
- 1 cup frozen raspberries or strawberries
- Star fruit, kiwi, mixed berries and chia seeds for garnish

*Can use non-dairy milk or yogurt options

Directions:

- Combine ½ cup each milk and yogurt, 1 banana and blackberries (or blueberries) in a blender. Blend until smooth. Divide the mixture among 4 large glasses. Place in the freezer. Rinse out the blender.
- Combine ½ cup each milk and yogurt, 1 banana and mango chunks in the blender. Blend until smooth. Divide the mixture over the purple layer in the glasses. Return the glasses to the freezer. Rinse out the blender.
- Combine the remaining ½ cup each milk and yogurt, the remaining banana and raspberries (or strawberries) in the blender. Blend until smooth. Divide the mixture over the yellow layer in the glasses. Run a skewer around the edges to swirl the layers slightly.
- If desired, arrange star fruit slices, kiwi slices and berries on 4 wooden skewers to garnish each glass. Sprinkle with chia seeds, if desired.



Nutrition Facts: 1- 14 oz smoothie equals 257 cal, 3 g fat, 53 g carbs, 7 g fiber, 10 g protein.



Fight the Bite - Mosquito Facts

Mosquitoes need water to breed. They don't lay their eggs in the air or on the ground. Be sure to dump all standing water. It only takes a small amount of standing water for mosquitoes to breed.

- Infected mosquitos transmit West Nile Virus to people after feeding on infected birds.
- Birds don't transmit West Nile Virus to people, mosquitoes do.
- Larvicides kill immature mosquitoes before they become adults.
- Larvicides are applied directly to water sources that hold mosquito eggs or larvae.
- When used well, larvicides can help to reduce the overall mosquito burden by limiting the number of new mosquitoes that are produced.

- Adulticides are products used to kill adult mosquitoes. Adulticides can be applied from hand-held sprayers, truck-mounted sprayers or by airplane.
- When used well, adulticides can immediately impact the number of adult mosquitoes in an area, with the goal of reducing the number of mosquitoes that can bite people and possibly transmit West Nile Virus.

If you would like to be involved in helping our Environmental Services Team to stop the spread and breeding of potentially harmful mosquitoes, contact them at 817-788-7217. The Environmental Services Team is willing to inspect your property to help you determine areas of risk. We appreciate our citizens' participation and cooperation in helping to make our city a safer environment for everyone.

PALS Camp

Each summer, the Hurst Police Department holds camps for fourth and fifth grade students who are Hurst residents. Applications for PALS Camp and Basketball Camp will be distributed at Hurst Elementary schools on Monday, April 27. Both camps are free and a lunch is provided. Due to space limitations, only the first 60 applicants will be accepted for PALS Camp, and the first 48 applicants will be accepted for Basketball Camp.

PALS Camp will be held at Central Park, 600 Mary Drive, the week of June 19 through June 23 from 9 a.m. to 2 p.m. each day.

Basketball Camp will be held the week of July 17 through July 21 from 9 a.m. to 3 p.m. each day. The Basketball Camp's location has not been determined at this time.



Camps are designed to promote responsibility and teamwork. Our goal is to bring a better understanding between the youth of Hurst and its Law Enforcement officials. Camps have proven to be an enjoyable experience remembered by all campers who attend and create a lasting impression that police officers are their friends. We hope your camper will join us this summer! For more information, please call 817-788-7342.

Crime Prevention

Helpful tips to fight break-ins and theft

Historically, during the summer months of the year, certain types of crimes increase. Typically, there is an increase in automobile break-ins and thefts of lawn equipment. These are crimes of opportunity, which means that they are preventable if you follow a few simple tips. Most of the automobile break-ins occur when the owner leaves the vehicle unlocked and something of value is left in the vehicle, usually in plain sight. These are preventable by simply locking your vehicle and hiding or removing valuables from your vehicle whether at home or at the store or gym.

Thefts of lawn equipment increase during the summer months and are also crimes of opportunity. Most thefts occur while the home owner is at the residence out working in the yard, the garage door is left open

or lawn equipment such as blowers and weed eaters are left out in the driveway. Thieves will prowl neighborhoods and grab unsecured lawn equipment from driveways, yards or open garages while the unsuspecting homeowner is out working in the yard.

Please help stop these thefts by locking your vehicles and removing valuables from within the vehicle. Keep an outside light on illuminating your driveway and vehicles at night. Secure your lawn equipment in your garage and keep the garage shut and your house locked while you are in another area of the yard working or even when inside your home. By working together, we can reduce the opportunity for thieves to commit these crimes and make our community a safer place for everyone.



Save the Date! National Night Out

When

Tuesday, October 3 from 5:30 – 8 p.m.

Where

Vivagene Copeland Park - 501 Pecan Drive
Hurst Community Park - 601 Precinct Line Rd.

This annual event provides an opportunity for neighborhoods to come together, meet police officers and other city staff while building relationships to help prevent crime and keep our neighborhoods safe.

Hurst Police Surveillance Camera Registration

Do you currently utilize private video surveillance at your home or business? If you do, we would like to hear from you. The Police Department is asking residents and businesses across the city to register their privately owned surveillance camera systems. As we respond to criminal incidents, we may be able to use the information or footage gathered from the security cameras to assist in the apprehension and prosecution of the criminals involved. By registering your camera with us, the Hurst Police Department can quickly identify nearby cameras that may have captured criminal activity. After registering your camera, you would only be contacted by the Hurst Police Department if there were a criminal incident in the vicinity of your security camera. Police personnel, if necessary, may request to view your camera footage in order to assist in the investigation. Help us make Hurst an undesirable place for criminals to commit crime and help keep your entire community safe!

If you would like to allow our officers to contact you should a crime occur in or near where your cameras are installed, we kindly ask that you let us know by going to <http://p2c.hursttx.gov/> to register your cameras.

Information provided to the Hurst Police Department regarding your camera systems will be for official use only. Your personal information will remain confidential and will not be distributed except as required by law or to court.

Senior Center



Membership Information

Monday, Tuesday, Wednesday, Friday: 7:00AM-7:00PM // Thursday: 7:00AM-9:00PM

The Hurst Senior Activities Center is open to seniors only, ages 55 and over.

- Membership is required in order to use the Senior Center amenities or participate in activities and programs. (Occasionally, we will offer special programs that are open to the general public.)
- Membership is valid for one year and must be renewed annually.
- Membership includes many free classes, programs and activities, use of our state-of-the-art fitness room access to aquatics programs. Please note that some classes and programs may require nominal fees.

Senior Center Membership Fees:

- Hurst Residents - \$20 per membership year. (Equivalent of about \$1.67 per month.)
- Nonresidents - \$80 per membership year. (Equivalent of about \$6.67 per month.)
- As a member of a Medicare Advantage or Medicare Supplement plan, you may be eligible for a no-cost or low-cost membership through the Silver & Fit or Silver Sneakers program.
- In order to receive the Hurst resident rate please bring your Hurst water bill, Hurst property tax statement or Hurst apartment lease and your photo ID as proof of residency.

Lunch Program

The Senior Center offers a weekly meal program called "A Quick Bite." On Tuesdays, for only \$5, you get a cup of the soup of the day, your choice of the entrée of the day or a sandwich with a bag of chips and a pickle. All lunches come with a dessert. Grab a friend, and stop by the Senior Center for "A Quick Bite!"

The lunch program policies and details are as follows:

- You must register at the front desk for lunch and complete "A Quick Bite" menu selection slip. Payment is expected at the time of registration. Registration can be made any time prior to 10 a.m. on Tuesdays. Reservations will not be accepted after 10 a.m. No exceptions.
- The kitchen staff and volunteers cannot take payments. Please pay for lunch at the front counter and obtain a receipt. The receipt is only valid for the date lunch was purchased. No refunds or rain checks for lunches will be issued.
- Quantities may be limited and may sell out before 10 a.m.
- All meals are encouraged to be consumed on the premises. Taking food home from the meal site is done at your own risk. To-go boxes are not available.
- Due to health code policies, personal food items cannot be held in the kitchen refrigerators. Lunches will be available for pick-up on Tuesdays between noon and 12:30 p.m. Lunches not picked up by 12:30 p.m. must be discarded.

Donor Board

Did you know that you can give to the Senior Center Donation Fund? Donations are used to purchase non-budgeted items for the Senior Center. Donations are recognized through the Donor Board located on the east side wall of the building next to the staff offices. A plaque inscribed with your choice of inscription (space limited) will be placed on the board based on the following levels of donation:

- Bronze – \$250
- Silver – \$500
- Gold – \$1,000
- Platinum – \$2,000+

For more information or to make a donation, contact the Senior Center Director Linda Rea at 817-788-7710.

Contact Information

700 Heritage Circle
Hurst, TX 76053
817-788-7710

The Social Media Connection

Did you know that the Hurst Senior Activities Center is now on Facebook? Stay up to date on current happenings. Find pictures of recent events and more. Follow us, Like Us and Share us: @HurstSeniorActivitiesCenter

Registration Policy

Registration is required for most scheduled classes, activities and programs.

Registration opens the first business day of each month at 8 a.m. and continues throughout the month. You must have an active Senior Center membership or day pass in order to register for classes. Any applicable fees must be paid at time of registration unless otherwise noted. Save time and register online by visiting the Senior Center website: <http://www.hursttx.gov/residents/senior-services>. To get started with online registration, you will need to visit the Senior Center to activate your account.

Senior Center Staff

HSAC Director: Linda Rea

Activities Supervisor: Michelle Varley

Administrative Assistant: Laura Gore

Activities Assistant: Linda Provence

Front Desk Attendants:

Debbie Broseh

Diana Conway

Tammy McDonald

Anthony Ochoco

Gayle Stevens

Senior Center Upcoming Events & Classes

Here are just a FEW of our upcoming special events. (You must be a member to participate. Sign-up and fees may be applicable.)

Winstar Trip

It's time for our annual trip to Winstar! A chartered deluxe motor coach will pick you up and drop you off at the Senior Center. Senior Center membership is not required, so friends and family are welcome to join us. We should arrive at Winstar in plenty of time for you to enjoy the free Senior Breakfast at the Gran Via Buffet. Registration opens April 3 and will close April 28. You must sign up in advance. Please plan to arrive early for departure as the bus will leave promptly at 8 am. No refunds unless trip minimum is not met. **\$25/pp.**

8:00AM - 6:00PM // Wednesday // 5/3

Ladies Fashion Show & Luncheon

It's all about the girls today! Fashion show is facilitated by Taylor Marie's Mobile Fashions. Stacy the Jewelry Lady will be set up in the front lobby so you can shop for accessory needs. Fashion show is FREE! Luncheon (Appetizer; Assorted Salads; Dessert; Strawberry Lemonade) is \$5 per person and reservations must be made in advance. Lunch starts at 11:15 a.m., Fashion Show at 12:15 p.m.

11:00AM - 1:00PM // Friday // 4/28

You Can Paint with Oils

Even if you've never held a paint brush or can't draw a straight line, you will be amazed at the beautiful oil painting you can create in one fun and inspiring lesson. Beginners learn basics of color mixing, brush strokes and perspective while completing a detailed landscape or seascape under the patient guidance of award winning "Teacher of the Year," Susan & Robert Garden, founders of the Robert Garden School of Art. All art supplies, canvas, paints, brushes, easels and detailed lesson plans are provided. Bring paper towels and wear old clothes. **Instructor fee \$15; Supply fee \$18.**

9:30AM - 12:30PM // F // 5/5

9:30AM - 12:30PM // TH // 6/15

9:30AM - 12:30PM // F // 7/21

Aquatics Classes

- **Unstructured Water Time** is available Monday/Wednesday/Friday from 10:00AM - Noon. Stop by the Senior Center for more details and pricing.
- **Water Wellness** is a great water workout if you have sore or tight joints, lower back pain, balance issues, or general aches and pains. Come try this gently paced water wellness class to ease your symptoms. See Senior Center Aquatics Class Schedule for days, times and fees.
- **Work It In Water** will help you improve your cardio strength, endurance, and muscle tone. Aqua weights, noodles, and kick boards, along with your own body weight will be used to maximize your workout. See Senior Center Aquatics Class Schedule for days, times and fees.

AARP Driver Safety Training

Expect to learn current rules of the road, defensive driving techniques and how to operate your vehicle more safely. Consult your agent for insurance discount availability upon course completion. AARP membership is not required. **\$15 for AARP members and \$20 for non-members.** Fees due at time of class, please have exact change or check, no credit cards. Bring your driver's license. Space is limited. Sign up at front desk. Instructor: John Chreno.

1:00-4:00PM // Tuesday // 5/2

Coloring Therapy

Coloring books are no longer just for kids. In fact, adult coloring books are all the rage. Research has shown coloring has therapeutic potential to reduce anxiety, create focus and bring about mindfulness. All supplies are provided. FREE!

10:00AM - Noon // Thursday // 5/18

10:00AM - Noon // Thursday // 6/15

10:00AM - Noon // Thursday // 7/20



Senior Center Upcoming Events & Classes

Here are just a FEW of our upcoming special events. (You must be a member to participate. Sign-up and fees may be applicable.)



CarFit Check

CarFit is an educational program that offers older adults the opportunity to check how well their personal vehicles "fit" them. A team of trained technicians work with each participant to ensure they "fit" their vehicle properly for maximum comfort and safety. CarFit checks are FREE and take approximately 20 minutes to complete. You must schedule an appointment and sign up at the front desk. Sponsored by Baylor Scott & White and TxDot.

10:00AM-Noon // Friday // 5/18

Men's Luncheon & Poker

Attention all men of the Senior Center! Join us for a BBQ lunch featuring brisket, baked beans, potato salad and a special dessert. Lunch is \$5. Please sign up in advance. Following lunch, join in on some classic Dealer's Choice Poker. No charge for poker playing, but please register so we are sure to recruit enough dealers.

Noon - 3:00PM // Friday // 6/16

Ice Cream Social

It's time again for this summer favorite event. A variety of area businesses will be here to tempt your taste buds with their flavor of creamy goodness. Be prepared to try your old favorites as well as test some unique new flavors. Be sure to sign up early! FREE!

2:00 - 3:00PM // Friday // 6/30

Frozen Friday is Back!

Each summer of Annual Ice Cream Social kicks off Frozen Friday. Beat the summer heat and come to the Senior Center at 3:00 pm on Friday afternoons during July and August and get a FREE! frozen treat. Low sugar options available upon request. (Frozen Friday will be canceled on August 18 due to our Member Mixer.)

3:00PM // Fridays // July - August

Summer Fun with the Grandkids

Bring your grandkids to the Senior Center for an afternoon of fun and activities! Enjoy lunch, crafts, games, photo opportunities and a make your own sundae bar! Sign up for each activity separately so you can pick and choose your level of participation. Check with the front desk for schedule, fees and details.

12:30 - 2:30PM // Friday // 7/28

Member Mixer

You are invited to our 8th Annual Summer Party. Put on your tropical or beach attire and plan to spend the afternoon at the Senior Center enjoying a festive beach atmosphere, entertainment, food and fun! Catch up with old friends and meet some new ones. Please RSVP by August 11 by registering online or at the Senior Center. FREE!

1:00 - 3:00PM // Friday // 8/18

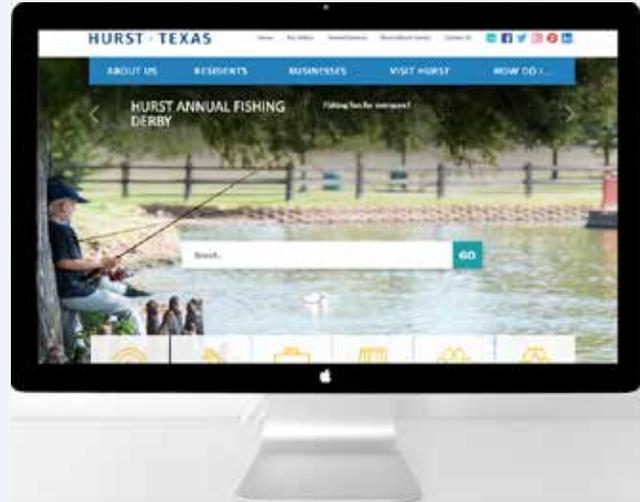
Your City of Hurst website has a new look!

It was a long time coming, but worth the wait. Our website got a much needed facelift! The new site offers users a more robust experience, up front options, improved search and a more visually pleasing interface.

Some of our new features include the 'mega menu,' large buttons to the most commonly visited areas of our website, beautiful photographs that lead to the topic it relates to, a new search bar with improved search results and more.

We invite you to visit our new site, if you haven't already done so, and provide us your feedback! You can send an email with your feedback to webmaster@hursttx.gov.

Visit hursttx.gov today!



New Equipment at the Hurst Recreation Center

New equipment, new focus, new you. The City of Hurst Recreation Center has recently added a slew of new Precor cardio exercise machines. These state-of-the-art treadmills and ellipticals are among the highest reviewed pieces on the market, featuring custom workouts, HD touch screens and internet capabilities that allow you to read magazines or browse Facebook during your workout. Our new, easy to use Precor machines focus on delivering comfortable, effective and engaging workouts.

Cardio machines aren't the only new addition to the Hurst Recreation Center. We have recently installed a new hardwood floor in our basketball gym, equipped with new NCAA approved 3-point lines. With six available basketball goals, there are plenty of opportunities to improve your skills. Be sure to check out the GYM schedule for open court times. Come experience the future of fitness at the Hurst Recreation Center today!



6 Water Tips to Beat the Heat

As temperatures rise, property water use and costs are increasing. It's summer, which means temperatures and as a result, outdoor water use are on the rise. While it's important to be water conscious throughout the year, the summer heat requires increased attention to irrigation schedules and outdoor water use.

Experts estimate that 50 percent of the water we use outdoors goes to waste from evaporation, wind or runoff due to overwatering. In many areas, the amount of water multifamily and commercial properties use to sustain lush landscaping spikes in the summer – sometimes two to four times as much as the rest of the year. While buying a timer for your irrigation system seems like the obvious solution, more times than not the system is installed with set times and never seasonally adjusted; leading to unnecessary water waste during the cooler months. With that in mind, we've compiled a few tips to help you beat the heat and keep your water use under control:

TIMING IS EVERYTHING

Know how much water your landscape actually needs before you set your sprinkler. Your local irrigation service can offer recommendations for how much water certain plants need in your region and best times to water. Generally, it's best to water lawns and landscapes in the early morning and evening, after the sun goes down, because significant amounts of water can be lost due to evaporation during the heat of the day. Remember that the City of Hurst still has an ordinance that requires no more than two (2) day per week watering based on your address and absolutely no watering on Mondays. More information can be found at: <http://www.hursttx.gov/about-us/departments/public-works/water-conservation>

TUNE UP YOUR SYSTEM

Inspect irrigation systems and check for leaks and broken or clogged sprinkler heads. Fix sprinkler heads that are broken or spraying on the sidewalk, street or driveway.

Did you know? Just one broken sprinkler head can waste up to 25,000 gallons of water over a six-month irrigation season.

SEPARATE YOUR PLANTS INTO ZONES

When planting, assign areas of your landscape different hydro-zones depending on sun/shade exposure, soil and plant types, and

type of sprinklers, then adjust your irrigation system or watering schedule based on those zones' specific needs. This helps you avoid overwatering some areas or under-watering others.

Even if your property doesn't have a sprinkler system, there are a number of simple steps you can take to promote a healthier lawn and garden with less water this summer:

STEP ON IT

Grass doesn't always need water just because it's hot out. Step on the lawn, and if the grass springs back, it doesn't need water. An inexpensive soil moisture sensor can also show the amount of moisture at the plant's roots and discourage overwatering.

LEAVE IT LONG

Raise your lawn mower blade. Longer grass promotes deeper root growth, resulting in a more drought-resistant lawn, reduced evaporation, and fewer weeds.

GIVE YOUR HOSE A BREAK

Sweep driveways, sidewalks and steps rather than hosing them off. And don't forget to check for leaks at your spigot connection and tighten as necessary.

ADDITIONAL RESOURCES

- Water Conservation & The Possibilities - Learn About The Remarkable Opportunities Available Through Water Conservation
- Saving Water for the Future - Cascade Water Alliance
- Water Use it Wisely - Water-saving tips, for a variety of settings (indoor, outdoor, office etc.)
- How to Save Water - Grace Communications Foundation has tips for saving water, including shopping smarter and food choices.
- Water Conservation - Spokane County Water Resources
- Saving Water Partnership - Seattle and participating water utilities; includes information for both residential and business water use.
- Water Smart, not Water Short - 5 ways to secure water for the future. Ecology publication #09-11-008

Hurst Where We Live Mobile App

We are very excited about the success of our user friendly mobile app since its launch in February 2016. In that time, we have received over 350 citizen requests for service and over 900 downloads from the iTunes and Google Play stores! Download yours today by searching for Hurst Where We Live on your mobile device.

The Hurst Where We Live mobile app enables citizens to report issues via their mobile device. There are numerous issue types to choose from, plus the ability to upload a photograph, which can aid in the resolution of your request. Based on the type of request, the issue is routed to the appropriate staff, who in turn responds to citizens, engaging them in the process and keeping them informed of the status of their request.



Some additional features of our mobile app include paying your utility bill or citation, viewing all of our adoptable pets, reporting a street light outage, connecting with our social media outlets, employment opportunities and viewing our online business and retail guide. It is an evolving application! Look for more new features in the future.

Visit our website at hursttx.gov/mobileapp for more information about Hurst Where We Live.

Street Overlay Program

In April 2017, Street division along with Tarrant County Precinct #3 completed a 2" asphalt overlay on Arcadia St. from Kathryn St. to SH 10, on Melbourne Rd. from Cheryl Ave to Pipeline Rd., and on El Camino Real from Rickel Park Dr. to Hurst city limits.

Street Division in July 2017 will begin the residential street overlay program. This will consist of various streets throughout the city depending on the street rating condition. The following is a potential list of streets to receive a 2" asphalt overlay this summer.

- Buena Vista Dr. from Pipeline Rd. to 601 Buena Vista (concrete section)
- Van Court off of Buena Vista Dr.
- Harrison Lane from Bedford Euless to Olive St.
- Cambridge from Cannon to Chisolm Trail





Hurst on the Job

We are so excited to share our newest employee recognition program with our citizens! Hurst on the Job is a city manager driven initiative to educate and inform citizens, tax payers and peers.

Each month one of our departmental divisions will be highlighted in a short video. The video is intended to educate, yet be entertaining at the same time. The video will contain information about the department, photographs and some video clips of employees in action!

Our Public Works and Human Resources Departments are our current featured departments. Visit hursttx.gov/hurstonthejob to see these two departments doing what they do best.



Citizen input in this program is encouraged! We would love to have photos or video clips from our citizens when they see our employees in action! If you find our employees doing their jobs, snap a quick photo or video and share it on our Facebook page using the hashtag #hurstonthejob.

Volunteers-In-Action

Get involved in your community

On April 27, the City of Hurst will celebrate its volunteers at the Annual VIA Banquet. Thanks to the innovative thinking of the Hurst City Council, the VIA program was created in 1979 and since then, the VIA program has become the model for all other municipal volunteer programs and was the first municipal volunteer organization to be officially recognized by the State of Texas.

The theme of this year's banquet is "Backyard Bar-B-Que." It will feature a Bar-B-Que inspired lunch by the Hurst Conference Center chef and catering team and entertainment by the Odessa Band. In addition to the celebration, the city council will present awards for 500 hours of volunteer service and every 500 hour increase of service thereafter.

The City of Hurst is always looking for new volunteers. If you are interested in joining the VIA program, please contact the Community Services Department at 817-788-7036. Volunteer applications can be picked up at the Community Services office in the Hurst Public Library or accessed online through the city's website at hursttx.gov.

Hurst Hearts

If one kind word has the power to change your neighbor's day, what can one kind action do? Change perspective. Brighten a smile. Build a community. It happens everyday in Hurst, and it isn't random. Kindness is intentional.

Your #hursthearts stories hold so much value, and we want to continue spreading kindness throughout our community! Post your stories of kindness on social media using #hursthearts, and we'll share them on the City of Hurst's social media platforms.

Let's continue to be intentional, neighbors!



"Saw this in a Hurst neighborhood close to an Elementary school. So refreshing to see people taking care of others in Hurst!"

- Melody Duckworth

Hurst Redevelopment Plan



The City of Hurst has recently retained Catalyst Commercial to help develop a revitalization vision and strategy for the city. The primary goal of this initiative is to evaluate the city's neighborhoods and business community with respect to opportunities and weaknesses. This will in turn help city council prioritize public initiatives and to catalyze redevelopment that will involve Hurst residents and the private sector as well.

The purpose of this planning effort is to understand the viability of the existing development, explore new uses and development strategies that will create an exciting new vision for specific catalytic locations within the city, and more specifically for the southeast quadrant of Hurst. This plan will result in a market driven land use and development strategy that will incorporate a mix of uses that

takes advantage of Hurst's ideal, central location in the Metroplex.

In order to create a realistic vision that is consistent with the specific needs of the property and business owners along the corridor, the City of Hurst held numerous stakeholder meetings. The goal of these meetings was to provide information on this initiative, review existing conditions within the city and to gather feedback from residential property and business owners.

You can review the presentation that was used at the stakeholder meeting on January 25, 2017 that shows the program's goals, early findings and assessments, plus stakeholder comments at hursted.com.

Hurst Public Library

901 Precinct Line Road, Hurst, TX // 817-788-7300 // www.HurstTX.gov/Library



Ongoing Adult Programs

Brown Bag Book Club

First Thursday of the month at noon in the library reading alcove.

Join us for an informal book discussion.

June - *Pirate Hunters* by Robert Kurson

July - *Bad Girls* by Jane Yolen and Heidi E. Y. Stemple

August - *Lock In* by John Scalzi

Trinity Writer's Workshop

Join us Tuesdays, from 7:00-9:00 PM for our Writer's Workshop.

Ongoing Youth Programs

Chess Club

Elementary School Ages + // 4:00-5:00PM // M

Get Caught Reading

During the month of May, "Get Caught Reading" with the City of Hurst! Take a photo of yourself, your friends or family reading, then post them on Instagram or Facebook. Tag them with #GetCaughtHurst, and you'll be entered to win our grand prize. For more details, visit the Hurst Public Library Facebook page, and check out our own #GetCaughtHurst photos!

Story Time

3 - 6 Years // 10:45-11:15AM // T

Toddler Time

1 - 3 Years // 10:00-10:30AM // M & TH



Monday, Wednesday, Friday, Saturday: 10:00AM-6:00PM // Tuesday, Thursday: 10:00AM-9:00PM



HEB Reads—Building a Community of Readers Summer Reading Club 2017

May 1 - July 31

Book by book, build your imagination! Join the Summer Reading Club for reading fun, prizes and lots of special events. Registration begins May 1 for all ages. A Reading Kickoff event at Pennington Field on Saturday, May 6, from 10 a.m. - 1 p.m., gives you a great opportunity to get a head start on the club while school is still in session. The fun continues May 25 with the Summer Activities Kick-Off at Heritage Village featuring a concert by The Space Rockers. Rack up your reading minutes after you've registered through July 31. Special weekly programs begin the week of June 5. Come to the library to register or register online at www.hursttx.gov/library.

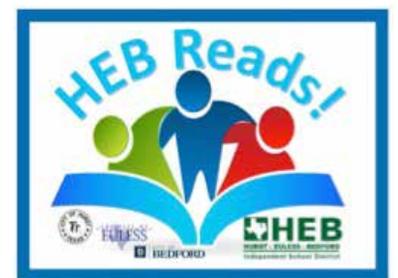
HEB Reads!

Saturday, May 6

10:00AM-1:00PM

For All Ages

In a cooperative effort between the cities of Hurst, Euless, Bedford and the Hurst-Euless-Bedford ISD, the continuing program called HEB Reads! begins its second year. HEB Reads! is designed to promote summer reading within our entire community in a proven effective effort to combat summer slide. Because it is important that adults model the behavior expected of children, the 2017 HEB Reads! Community Challenge encourages pleasure reading for citizens of all ages!



The community-wide kickoff party will be in the Pennington Field Parking Lot in Bedford. The event will feature a petting zoo, games, bounce houses, food and other activities... and of course the opportunity to register for the summer reading challenge!

Learn more online at www.hebisd.edu/heb-reads.

Teen Zone

Chess Club

Students of all ages through high school
4:00-5:00PM // M

Teen Night

6th - 12th Graders

Stop by the Teen Zone to catch a program especially designed for teens. Bring a friend!

Teen Zone Happenings! - Fun in the Zone!
7:00-8:00PM // TH // 6/15

Wild Animal Party - Special guest Critterman,
along with food and activities!
7:00-8:00PM // TH // 6/29

Teen Zone Happenings! - Fun in the Zone!
7:00-8:00PM // TH // 7/13

A Play on Swords, pirates, dueling, food and fun!
7:00-8:00PM // TH // 7/20

Hurst Public Library



Youth Programs

Babygarten

Babies, Birth to 18 Months, with Caregiver

Babygarten is an educational curriculum involving songs, rhymes and activities that help babies with language acquisition and preliteracy skills. Space is limited, so please register at 817-788-7302.

Wednesday Sessions

10:30-11:30AM // W // 6/14-7/19

Saturday Sessions

10:30-11:30AM // S // 6/17-7/22

Marvelous Mondays

Kindergartners and younger // 11:00AM

Puppet People - three puppet shows

11:00AM // M // 6/12

Dallas Zoo

11:00AM // M // 6/26

James Wand's Secret Agent Magic Show

11:00AM // M // 7/10

Puppet People - three puppet shows

11:00AM // M // 7/24

Family Time Tuesdays

Family Story Time // 7:00PM

Stories and a variety of activities get kids using more than just eyes and ears to enjoy books!

Build your imagination

7:00PM // T // 6/6

Puppet People - three puppet shows

7:00PM // T // 6/13

Digipalooza

7:00PM // T // 6/20

Perot Tech Truck - Ticket required!

6:00-8:00PM (special time) // T // 6/27

Pick up tickets at the Youth Services Desk beginning at 10:00 a.m.

Hands-on Science

7:00PM // T // 7/11

Ronald McDonald

7:00PM // T // 7/18

Puppet People - three puppet shows

7:00PM // T // 7/25

Wow! Wednesdays

1st - 6th Graders

Science of Spin with yo-yo champion Val Oliver

2:00PM // W // 6/7

Dallas Zoo

12:45 and 2:00PM // W // 6/14

James Wand's Secret Agent Magic Show

2:00PM // W // 6/21

Dallas Puppet Theater

2:00PM // W // 6/28

Circus Chicken Dog Show

2:00PM // W // 7/5

Professor Pop's Bubble Show with Brett Roberts

2:00PM // W // 7/12

Percussion Things

2:00PM // W // 7/19

Zooniversity

12:45 and 2:00PM // W // 7/26



Programs for All Ages

Celebrating a Community of Readers

For All Ages

The end of summer is near, so let's celebrate! Enjoy sno-cones, popcorn, and carnival-style games from 6 to 7 p.m. You can then enjoy the interactive concert by Studio B Orchestra, *Superheroes and Princesses*, from 7 to 8 p.m.

6:00-8:00PM // TH // 7/27

Friday Movie Matinees

For All Ages

Join us on Fridays at 2:00 p.m. to beat the heat indoors and watch new release DVD movies on the big screen in the library program room. Free popcorn! Drinks available for purchase in the Friend's Café or bring your own.

2:00PM // F // 6/9-8/18

Make and Take Craft

For All Ages

Stop by our table in the library lobby for a FREE Seasonal craft for you to make and take home with you.

This craft is for all ages, but our younger library friends may need help from an adult or older sibling.

6:30-7:30PM // TH // 7/13

Masterworks at the Library

For All Ages

EVENING MasterWorks AT THE LIBRARY

MasterWorks Music Series is an ongoing concert series funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with Arts Council Northeast. These free concerts are held at 7:00 p.m. the 4th Thursday of each month at the Hurst Public Library.

May 25 - *Summer Activities Kick Off!* At Heritage Park Featuring *The Space Rockers*

June 22 - Taikodelic

July 27 - Studio B Orchestra

August 24 - Me & My Monkey

Noon Masterworks at the Library

For All Ages

This summer, join us for two special noon MasterWorks Music Series performances. These two free concerts will be held at noon on the second Friday of June and July at the Hurst Public Library.

June 9 - Storybook Theatre of Texas

July 14 - Gustopher Yellowgold





HURST RECREATION CENTER

Personal health, wellness, fitness reachable summer goals

If your Summer goal is to improve your personal health, wellness and fitness, the Hurst Recreation Center is the place for you. Our very affordable rates for both annual and daily passes will help you get on the right track to accomplish all of your goals!

Come and enjoy our activities and programs: 100's of classes, shoot some hoops with your friends, enjoy a game of racquetball, volleyball or pickleball, use the jogging/walking track to get some exercise, or work out in our state-of-the-art fitness center. Equipment for all activities are available for check out with your "Quality of Life" Rec Card at the front desk of the Recreation Center.

If fitness is your thing, there are many fitness classes to help you reach all of your fitness goals. You can also schedule a session with our personal trainer to formulate a custom-designed fitness plan, and our Fitness Center has all of the equipment you will need to complete your workouts. The Cardio Room is equipped with NEW, state-of-the-art treadmills and ellipticals, crosstrainers, and lateral trainers, all of which have individual television screens that will allow you to watch your favorite TV show while you workout. You can also use your iPod to listen to your favorites or enjoy our new HDTVs while using not only our treadmills and ellipticals, but our

bikes, stairclimbers, rowing machines and seated crosstrainers as well. There is literally something for everyone! And any complete fitness program includes a strength training regiment. We have an extensive selection of machined weights and plate-loaded strength equipment, as well as dumbbells and flexibility equipment. For more information on any of our activities or classes, contact the Recreation Center 817-788-7325.

Our Commitment to Quality

Your satisfaction is our goal... we strive to provide you with quality recreation programs, and we take pride in making your recreation experience an enjoyable one. Join us this season for recreational, educational and lifelong learning opportunities. If you are not completely satisfied with your recreational experience, please call us at 817-788-7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation.

Classes begin the week of June 5
(unless otherwise indicated)



Hours of Operation

Monday-Thursday // 6:30AM-10:00PM

Friday // 6:30AM-6:00PM

Saturday // 9:00AM-6:00PM

Sunday // 1:00PM-6:00PM

Contact Information

700 Mary Drive
Hurst, TX 76053
817-788-7325

Recreation Center Fees

Hurst Residents

Daily Pass: **\$2**

Youth Annual Pass (6-15 Years):
\$20 Per Year

Youth Fitness Annual Pass (12-15 Years):
\$50 Per Year

* 12-13 Years must have adult supervision

Adult Annual Pass (16-64 Years):
\$50 Per Year

Senior Annual Pass (65+ Years):
\$20 Per Year

Family Annual Pass:
\$125 Per Year

Replacement Card Fee: **\$5**

Non-Hurst Residents

Daily Pass: **\$10**

Youth Annual Pass (6-15 Years):
\$80 Per Year

Youth Fitness Annual Pass (12-15 Years):
\$200 Per Year

* 12-13 Years must have adult supervision

Adult Annual Pass (16-64 Years):
\$200 Per Year

Senior Annual Pass (65+ Years):
\$80 Per Year

Replacement Card Fee: **\$5**

* Members ages 12-13 must have an adult present at all times to use the Fitness Rooms. Members ages 12-15 must provide proof of age when registering for a Youth Fitness Pass.

Help Us Help You!

Please Enroll Early

Help us keep your favorite classes around by enrolling early. There is a point when a class must be canceled due to low enrollment. Help us prevent class cancellations by registering early!

3 Years and Younger Programs

»» Please Remember

In order to provide the best learning environment, children ages 3 and up must be toilet-trained.

Awesome Twos

2 Years // Supply fee \$5

Let's get together and play! We will learn our shapes and colors, create crafts, and just have a blast playing and learning at the same time!

Instructor: Dottie Nicholson

Summer I

13090-A
9:00-9:45AM // M // 4WKS // 6/5 // \$15

Summer II

14090-A
9:00-9:45AM // M // 4WKS // 7/10 // \$15

Claymates

2 - 3 Years // Supply fee \$10

Clay is a great tool for working on those fine motor skills while having fun! Your child will bring home projects made in class.

Instructor: Dottie Nicholson

Summer I

13145-A
9:00-9:30AM // W // 4WKS // 6/7 // \$14

Summer II

14145-A
9:00-9:30AM // W // 4WKS // 7/12 // \$14



Happy Feet

2 Years

Let's get those feet tapping and those bodies moving! We will have fun with music and movement while working on the development of our gross motor skills.

Instructor: Dottie Nicholson

Summer I

13095-A
9:00-9:30AM // F // 4WKS // 6/9 // \$14

Summer II

14095-A
9:00-9:30AM // F // 4WKS // 7/14 // \$14

Little Painters

2 - 3 Years // Supply fee \$5

We'll create masterpieces using finger paints, stencils, sponges and even rocks!

Instructor: Dottie Nicholson

Summer I

13333-A
10:00-10:30AM // M // 4WKS // 6/5 // \$14

Summer II

14333-A
10:00-10:30AM // M // 4WKS // 7/10 // \$14



3 Years and Younger Programs

Math Fun for Little Ones

2-3 Years // Supply fee \$5

Come create fun projects to help with number concepts. Let's learn your numbers and their value.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

13123-A

9:30-10:00AM // T // 4WKS // 6/6 // \$14

Summer II

14123-A

9:30-10:00AM // T // 4WKS // 7/11 // \$14

Mom & Me Crazy Daisy Summer Fun

18 Months-2 Years // Supply fee \$5

Let's have fun while developing out fine motor skills through fun craft projects! We will complete our craft projects by using scissors, pens, paints, and pencils.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

13130-A

9:00-9:30AM // W // 4WKS // 6/7 // \$14

Summer II

14130-A

9:00-9:30AM // W // 4WKS // 7/12 // \$14

Mom & Me Music Makers

18 Months-2 Years // Supply fee \$5

Music is a proven educator for children of all ages. Come learn how to march, dance, move and groove. Music helps your fine and gross motor skills, direction and spatial concepts. We will make a new instrument each week to take home.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

13000-A

9:30-10:00AM // W // 4WKS // 6/7 // \$14

Summer II

14000-A

9:30-10:00AM // W // 4WKS // 7/12 // \$14

Mom & Me Soccer

1-2 Years

Time to not only play with your tot, but get some exercise as well! We will learn the basics of soccer and how to make a G0000000AAAAAALLLLL! (Tennis shoes required.) One child per parent.

Instructor: Keely Castillo

Summer I

13700-A

9:00-9:30AM // F // 4WKS // 6/9 // \$14

Summer II

14700-A

9:00-9:30AM // F // 4WKS // 7/14 // \$14



GYMNASTICS

Parent/Tot Tumbling

16 - 36 Mos // One Child Per Parent

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling and coordination.

Instructor: Tammy Slovensky

Summer I

33040-A

9:30-10:00AM // T // 4WKS // 6/6 // \$14

33040-B

9:30-10:00AM // W // 4WKS // 6/7 // \$14

33040-C

9:30-10:00AM // TH // 4WKS // 6/8 // \$14

33040-D

11:30-Noon // TH // 4WKS // 6/8 // \$14

Summer II

34040-A

9:30-10:00AM // T // 4WKS // 7/11 // \$14

34040-B

9:30-10:00AM // W // 4WKS // 7/12 // \$14

34040-C

9:30-10:00AM // TH // 4WKS // 7/13 // \$14

34040-D

11:30-Noon // TH // 4WKS // 7/13 // \$14

»»» Please Remember

With your child's best interest in mind, we ask that parents do not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is effected by parental distractions and interruptions. Parents may sit in the lobby or lounge areas. Please do not sit in the hallway.

3 Years and Younger Programs



GYMNASTICS

Phonics Fun for Little Learners

2 - 3 Years // Supply fee \$5

Come learn your letters and sounds with fun projects. We will work together to learn our letters.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

13045-A
9:00-9:30AM // W // 4WKS // 6/6 // \$14

Summer II

14045-A
9:00-9:30AM // W // 4WKS // 7/11 // \$14

Tiny Tykes

2.5 - 3.5 Years

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling and coordination.

Instructor: Tammy Slovensky

Summer I

33030-A
10:00-10:30AM // T // 4WKS // 6/6 // \$14

33030-B
10:00-10:30AM // W // 4WKS // 6/7 // \$14

33030-C
10:00-10:30AM // TH // 4WKS // 6/8 // \$14

33030-D
11:30-Noon // T // 4WKS // 6/6 // \$14

Summer II

34030-A
10:00-10:30AM // T // 4WKS // 7/11 // \$14

34030-B
10:00-10:30AM // W // 4WKS // 7/12 // \$14

34030-C
10:00-10:30AM // TH // 4WKS // 7/13 // \$14

34030-D
11:30-Noon // T // 4WKS // 7/11 // \$14

Instructor: Mary Moses

Summer I

33030-E
6:00-6:30PM // T // 4WKS // 6/6 // \$14

33030-F
11:05-11:35AM // S // 4WKS // 6/10 // \$14

Summer II

34030-E
6:00-6:30PM // T // 4WKS // 7/11 // \$14

34030-F
11:05-11:35AM // S // 4WKS // 7/15 // \$14

3 Years and Older Programs

All American Hero

3 - 8 Years // Supply fee \$10

Your child will learn what qualities it takes to be a super hero. We will learn through stories, crafts, wise words and actions. We will create swords, masks, shields, etc. I want your child to become an American Super Hero.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

13075-A

10:45-11:30AM // T // 4WKS // 6/6 // \$15

Summer II

14075-A

10:45-11:30AM // T // 4WKS // 7/11 // \$15

Battle for the Stars

3 - 6 Years // Supply fee \$5

Are you a fan of Star Wars? Come try your hand at being a Galactic Knight. This is a dress up class. Costumes will be provided but you can wear your own if preferred. Join in on Special Knight training and games.

Instructor: Dottie Nicholson

Summer II

14900-A

9:00-9:45AM // T // 4WKS // 7/13 // \$15

Bizarre Creatures

3 - 6 Years

Go deep under the ocean surface to find out more about the bizarre creatures that live in the fathoms below. Such as: the blob fish or the newly discovered Ghost Shark just to name a few. They are weird but true!

Instructor: Dottie Nicholson

Summer I

13987-A

10:00-10:30AM // TH // 4WKS // 6/8 // \$14

Bugs, Bugs, Bugs

3 - 6 Years // Supply fee \$5

Do you like watching those creepy critters in your backyard? We will learn all about insects and even conduct some live inspections of specimens.

Instructor: Dottie Nicholson

Summer I

13222-A

11:30-12:15PM // M // 4WKS // 6/5 // \$15

Claytime Fun

4 - 6 Years // Supply fee \$10

Does your pre-schooler need to work on those fine motor skills? Clay is a great tool for working on those skills while having fun!

Instructor: Dottie Nicholson

Summer I

13125-A

9:45-10:15AM // W // 4WKS // 6/7 // \$14

Summer II

14125-A

9:45-10:15AM // W // 4WKS // 7/12 // \$14

Chemistry Fun 101

3 - 6 Years // Supply fee \$8

We will use common household items to create chemical reactions.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer II

14811-A

9:00-9:30AM // TH // 4WKS // 7/13 // \$15

Cooking for Fun

3 - 6 Years // Supply fee \$10

Let's learn about different foods and how to prepare them for us to enjoy!

Instructor: Dottie Nicholson

Summer I

13250-A

10:45-11:30AM // F // 4WKS // 6/9 // \$15

Summer II

14250-A

10:45-11:30AM // F // 4WKS // 7/14 // \$15





3 Years and Older Programs

Creative Healthy Chef

3 - 5 Years // Supply fee \$10

Calling all pre-schoolers to the kitchen for some fun! Come learn how to create a healthy breakfast, lunch and dinner.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

13170-A

11:30-12:15PM // M // 4WKS // 6/5 // \$15

Summer II

14170-A

11:30-12:15PM // M // 4WKS // 7/10 // \$15

Cutest Dinosaurs

3 - 6 Years // Supply fee \$10

You think you know your dinosaurs? Learn about new ones! These are some of the cutest dinos to ever roam the Earth, but you may not have heard of them!

Instructor: Dottie Nicholson

Summer I

13699-A

9:45-10:30AM // F // 4WKS // 6/9 // \$15

Summer II

14699-A

9:45-10:30AM // F // 4WKS // 7/14 // \$15



Fairy Fun

3 - 8 Years // Supply fee \$10

Do you love fairies? We will create a magic wand, tutu headband and jewelry while learning good manner skills. We will have a special fairy adventure.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

13110-A

10:00-10:45AM // T // 4WKS // 6/6 // \$15

Summer II

14110-A

10:00-10:45AM // T // 4WKS // 7/11 // \$15

Hot Wheelers

3 - 6 Years // Supply fee \$5

Vroom! Vroom! Calling all car enthusiasts for a fun time playing, crafting, reading stories and participating in games all about cars!

Instructor: Dottie Nicholson

Summer I

13140-A

9:00-9:45AM // T // 4WKS // 6/6 // \$15

Let's Draw Ocean Animals

3 - 5 Years // Supply list

We will use pencils to draw animals under the sea. You will develop your fine motor skills by putting your creativity to work through drawing.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

13150-A

1:30-2:15PM // W // 4WKS // 6/7 // \$15

Summer II

14150-A

1:30-2:15PM // W // 4WKS // 7/12 // \$15

Let's Fly

3 - 6 Years // Supply fee \$8

Come create things that fly! Design flying machines, learn about pre engineering and lots of fun!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

13010-A

9:00-9:30AM // TH // 4WKS // 6/8 // \$14

Summer II

14010-A

1:00-1:30PM // W // 4WKS // 7/11 // \$14

Let's Paint

3 - 6 Years // Supply fee \$5

We'll create masterpieces using finger paints, stencils, sponges and even rocks!

Instructor: Dottie Nicholson

Summer II

14115-A

10:45-11:15AM // M // 4WKS // 7/10 // \$14

Little Tyke Basketball

4 - 6 Years // Tennis shoes required

Dribbling, passing and shooting are all part of the basics of basketball. Let's give it a try!

Instructor: Andy Kralik

Summer I

13335-A

9:30-10:00AM // M // 4WKS // 6/5 // \$14

Summer II

14335-A

9:30-10:00AM // M // 4WKS // 7/10 // \$14

3 Years and Older Programs

Little Tyke Flag Football

4 - 6 Years // Tennis shoes required

Do you like watching football with your family? Come on out and learn the basics of flag football.

Instructor: Andy Kralik

Summer I

13190-A

9:30-10:00AM // W // 4WKS // 6/7 // \$14

Summer II

14190-A

9:30-10:00AM // W // 4WKS // 7/12 // \$14

Little Tyke Soccer

3 - 6 Years // Tennis shoes required

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport.

Instructor: Keely Castillo

Summer I

(3 - 4 Years)

13600-A

9:30-10:00AM // F // 4WKS // 6/9 // \$14

(5 - 6 Years)

13600-B

10:00-10:30AM // F // 4WKS // 6/9 // \$14

13600-C

4:30-5:00PM // W // 4WKS // 6/7 // \$14

Summer II

(3 - 4 Years)

14600-A

9:30-10:00AM // F // 4WKS // 7/14 // \$14

(5 - 6 Years)

14600-B

10:00-10:30AM // F // 4WKS // 7/14 // \$14

14600-C

4:30-5:00PM // W // 4WKS // 7/12 // \$14

Little Tyke T-Ball

4 - 6 Years // Tennis shoes required

Grab your glove and tennis shoes to give t-ball a go. We will work on the basics of t-ball.

Instructor: Andy Kralik

Summer I

13777-A

9:00-9:30AM // M // 4WKS // 6/5 // \$14

Summer II

14777-A

9:00-9:30AM // M // 4WKS // 6/5 // \$14

Manners

4 - 7 Years // Supply fee \$5

Learn about everyday manners such as playground, party and phone manners. On the last class we will have a snack when learning table manners!

Instructor: Dottie Nicholson

Summer II

14160-A

10:00-10:30AM // TH // 4WKS // 7/13 // \$14

Math Fun

3 - 5 Years // Supply fee \$5

Let's learn numbers the fun way! We will learn to add, subtract and count. We will also use musical instruments to help us have fun while learning.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

13205-A

9:45-10:15AM // M // 4WKS // 6/5 // \$14

Summer II

14205-A

9:45-10:15AM // M // 4WKS // 7/10 // \$14

Messy on Purpose

3 - 6 Years // Supply fee \$10

Do you like making a mess? Let's do it together! We will make a mess with homemade clay, shaving cream and pudding just to name a few.

Instructor: Dottie Nicholson

Summer I

13195-A

10:45-11:15AM // M // 4WKS // 6/5 // \$14



3 Years and Older Programs

My Little Princess

3 - 6 Years // Supply fee \$5

Calling all princesses of the royal kingdom! We will learn while having fun dressing up, role playing, listening to music and creating crafts.

Instructor: Dottie Nicholson

Summer I

13111-A

10:30-11:15AM // W // 4WKS // 6/7 // \$15

Summer II

14111-A

10:30-11:15AM // W // 4WKS // 7/12 // \$15

Phonics Fun - Step 1

3 - 5 Years // Supply fee \$5

Calling all students to come and learn about the different letters of the alphabet! Our goal in this class is to learn about alphabetic awareness and phonic sounds. We will use teachable moments to discover why letters are so important.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

13030-A

9:00-9:45AM // M // 4WKS // 6/5 // \$15

Summer II

14030-A

9:00-9:45AM // M // 4WKS // 7/10 // \$15



Phonics Fun - Step 2

3 - 5 Years // Supply fee \$5

This class is for students who know their letters and sounds. It is time to look at different picture cards and know what letter the picture starts with. Students will be able to hear and recognize the letters. We will create little phonics readers!

Instructor: Dottie Nicholson

Summer I

13035-A

10:15-11:00AM // M // 4WKS // 6/5 // \$15

Summer II

14035-A

10:15-11:00AM // M // 4WKS // 7/10 // \$15

GYMNASTICS

Pre-Gymnastics

4 - 6 Years

For the student who is in transitions between Tots and a regular gymnastics class. To continue working on the discipline required to build the muscular endurance and flexibility needed to advance.

Instructor: Cyndi Duff

Summer I

33033-A

11:00-11:30AM // TH // 4WKS // 6/8 // \$14

33033-B

5:00-5:30PM // TH // 4WKS // 6/8 // \$14

Summer II

34033-A

11:00-11:30AM // TH // 4WKS // 7/13 // \$14

34033-B

5:00-5:30PM // TH // 4WKS // 7/13 // \$14

Pre-School Athletics

4 - 7 Years // Tennis shoes required

Let's get moving this winter with Athletics! We will follow a typical PE format including individual skills as well as team interaction.

Instructor: Tammy Slovensky

Summer I

13300-A

11:30AM-Noon // W // 4WKS // 6/7 // \$14

Summer II

14300-A

11:30AM-Noon // W // 4WKS // 7/12 // \$14

Science Fun

3 - 6 Years // Supply fee \$5

Create some fun experiences using science, and learn more about our earth.

Instructor: Dottie Nicholson

Summer I

13206-A

11:30AM-12:15PM // M // 4WKS // 6/5 // \$15

»»» Please Remember

In order to provide the best learning environment, children ages 3 and up must be toilet-trained.

3 Years and Older Programs

GYMNASTICS

Tumbling Tots I

3 - 4 Years

Your tot will strengthen motor skills and enhance their coordination while learning tumbling skills and the use of all gymnastics equipment.

Instructor: Tammy Slovensky

Summer I

33011-A

10:30-11:00AM // T // 4WKS // 6/6 // \$14

33011-B

10:30-11:00AM // W // 4WKS // 6/7 // \$14

33011-C

10:30-11:00AM // TH // 4WKS // 6/8 // \$14

Summer II

34011-A

10:30-11:00AM // T // 4WKS // 7/11 // \$14

34011-B

10:30-11:00AM // W // 4WKS // 7/12 // \$14

34011-C

10:30-11:00AM // TH // 4WKS // 7/13 // \$14

Instructor: Mary Moses

Summer I

33011-D

5:00-5:30PM // M // 4WKS // 6/5 // \$14

33011-E

10:05-10:35AM // S // 4WKS // 6/10 // \$14

Summer II

34011-D

5:00-5:30PM // M // 4WKS // 7/10 // \$14

34011-E

10:05-10:35AM // S // 4WKS // 7/15 // \$14

GYMNASTICS

Tumbling Tots II

4 - 5 Years

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

Instructor: Tammy Slovensky

Summer I

33022-A

11:00-11:30AM // T // 4WKS // 6/6 // \$14

33022-B

11:00-11:30AM // W // 4WKS // 6/7 // \$14

33022-C

11:00-11:30AM // TH // 4WKS // 6/8 // \$14

Summer II

34022-A

11:00-11:30AM // T // 4WKS // 7/11 // \$14

34022-B

11:00-11:30AM // W // 4WKS // 7/12 // \$14

34022-C

11:00-11:30AM // TH // 4WKS // 7/13 // \$14

Instructor: Mary Moses

Summer I

33022-D

5:00-5:30PM // TH // 4WKS // 6/8 // \$14

33022-E

10:35-11:05AM // S // 4WKS // 6/10 // \$14

Summer II

34022-D

5:00-5:30PM // TH // 4WKS // 7/13 // \$14

34022-E

10:35-11:05AM // S // 4WKS // 7/15 // \$14

Superheroes

3 - 6 Years // Supply fee \$5

Create some fun experiences using science, and learn more about our earth.

Instructor: Dottie Nicholson

Summer I

13026-A

11:30AM-12:15PM // M // 4WKS // 6/5 // \$15

Superheroes

3 - 6 Years // Supply fee \$5

Do you have super powers? We will learn what it takes to be a superhero. We will play together and learn through stories, crafts, and superhero challenges.

Instructor: Dottie Nicholson

Summer I

13100-A

11:30-12:15PM // W // 4WKS // 6/7 // \$15

Summer II

14100-A

11:30-12:15PM // W // 4WKS // 7/12 // \$15

Tiny Dancer

3 - 4 Years // Ballet and Tap shoes required

Your tiny dancer will learn tap, ballet and rhythmic movements.

Instructor: Sherri Longino

Summer I

13060-A

5:15-5:45PM // TH // 4WKS // 6/15 // \$14

Summer II

14060-A

5:15-5:45PM // TH // 4WKS // 7/13 // \$14



3 Years and Older Programs

Trains

3 - 6 Years // Supply fee \$5

All Aboard! Call all conductors to climb aboard as we play trains! We will have all kinds of fun learning about trains through play time, stories and crafts.

Instructor: Dottie Nicholson

Summer I

14444-A

9:00-9:45AM // T // 4WKS // 7/11 // \$15

Watercolor Fun: Ocean Animals

3 - 5 Years // \$10 supply fee

Come learn how to use water colors to create beautiful ocean animals!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

13950-A

10:00-10:45AM // W // 4WKS // 6/7 // \$14

Summer II

14950-A

10:00-10:45AM // W // 4WKS // 7/12 // \$14

Zumba Kids Jr.

4 - 6 Years

Classes that are rockin', high energy-dance parties packed with kid-friendly routines. To help develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun!

Instructor: Cyndi Duff

Summer I

13800-A

10:00-10:30AM // W // 4WKS // 6/7 // \$14

Summer II

14800-A

10:00-10:30AM // W // 4WKS // 7/12 // \$14



Summer Camp

Ready for Kindergarten Camp

3 - 5 Years // Supply fee \$5

Are you starting Kindergarten in the fall or looking to try out our popular Kindergarten Prep Program? Here's your chance with our Ready for Kindergarten Camp! The camp will feature all of the components of the year-long program, but on a half day schedule with the goal to help each child develop a love of learning in a safe and caring environment. The children will be exposed to reading, writing, math, and science.

Instructor: Anne Stokes (Experienced and Certified School Teacher - B.S. in Education in Elementary Education and a minor in Early Childhood Education and Reading.)

Summer II

14040-A

9:00AM-Noon // M-TH // 4WKS // 7/10 // \$160

Youth Programs

All Sports

5 - 6 Years // Athletic shoes required

Let's get moving and get a taste of all the sports!

Instructor: Andy Kralik

Summer I

23000-A

9:00-9:30AM // W // 4WKS // 6/7 // \$14

Summer II

24000-A

9:00-9:30AM // W // 4WKS // 7/12 // \$14

Ballet & Tap I

5 - 8 Years // Ballet and Tap shoes required

You will learn tap, ballet and rhythmic movements.

Instructor: Sherri Longino

Summer I

23120-A

6:15-6:45PM // TH // 4WKS // 6/15 // \$14

Summer II

24120-A

6:15-6:45PM // TH // 4WKS // 7/13 // \$14

Baseball Fundamentals

7 - 10 Years // Athletic shoes required

Never played baseball, but want to give it a try? Or do you want to sharpen your current skills? We will learn basic ball handling, developing a proper batting stance and swing, base running, basic rules of the game and more!

Instructor: Andy Kralik

Summer I

23410-A

10:30-11:00AM // M // 4WKS // 6/5 // \$14

Summer II

24410-A

10:30-11:00AM // M // 4WKS // 7/10 // \$14

Basketball

7 - 12 Years // Tennis shoes required

Dribbling, passing and shooting are all part of the basics of basketball. Let's give it a try!

Instructor: Andy Kralik

Summer I

23101-A

10:00-10:30AM // M // 4WKS // 6/5 // \$14

Summer II

24101-A

10:00-10:30AM // M // 4WKS // 7/10 // \$14

Instructor: Mary Moses

Summer I

23101-B

5:30-6:00PM // W // 4WKS // 6/7 // \$14

Summer II

24101-B

5:30-6:00PM // W // 4WKS // 7/12 // \$14

Battle for the Stars

6 - 10 Years // Supply fee \$5

Are you a fan of Star Wars? Come try your hand at being a Galactic Knight. This is a dress up class. Costumes will be provided but you can wear your own if preferred. Join in on Special Knight training and games.

Instructor: Dottie Nicholson

Summer I

23999-A

9:00-9:45AM // TH // 4WKS // 6/8 // \$15

Beading

7 - 12 Years // Supply fee \$5

All of your supplies will be provided; you just have to show up! We'll use beads to create awesome projects!

Instructor: Dottie Nicholson

Summer I

23570-A

2:30-3:30PM // T // 4WKS // 6/6 // \$15

GYMNASTICS

Beginner Gymnastics

5 - 10 Years

You will learn body control while performing the basic fundamentals of gymnastics and dance on the floor, beam, bars and vault.

Instructor: Mary Moses

(5 - 7 Years)

Summer I

33051-A

4:00-5:00PM // M // 4WKS // 6/5 // \$16

33051-B

4:00-5:00PM // T // 4WKS // 6/6 // \$16

33051-C

9:05-10:05AM // S // 4WKS // 6/10 // \$16

Summer II

34051-D

4:00-5:00PM // M // 4WKS // 7/10 // \$16

34051-E

4:00-5:00PM // T // 4WKS // 7/11 // \$16

34051-F

9:05-10:05AM // S // 4WKS // 7/15 // \$16

(8 - 10 Years)

Summer I

33051-G

5:00-6:00PM // T // 4WKS // 6/6 // \$16

33051-H

4:00-5:00PM // TH // 4WKS // 6/8 // \$16

Summer II

34051-J

5:00-6:00PM // T // 4WKS // 7/11 // \$16

34051-K

4:00-5:00PM // TH // 4WKS // 7/13 // \$16



GYMNASTICS

Boys Gymnastics

6 - 11 Years

For the student who has no gymnastics experience to the students who does have gymnastics experience. To build strength, endurance, and flexibility to be able to perform basic skills needed and/or skill advancement through lead up drills and progressions.

Instructor: Cyndi Duff

(7 - 11 Years)

Summer I

33083-A

5:30-6:20PM // T // 4WKS // 6/6 // \$16

Summer II

34083-A

5:30-6:20PM // T // 4WKS // 7/11 // \$16

GYMNASTICS

Girls Beginner I Gymnastics

6 - 11 Years

For the student who has some gymnastics knowledge but still needs work on form and technique. To continue building strength, endurance, and flexibility to continue learning the basic skills needed for skill advancement through lead up drills and progressions.

Instructor: Cyndi Duff

(6 - 11 Years)

Summer I

33090-A

6:30-7:20PM // T // 4WKS // 6/6 // \$16

33090-B

10:00-10:50AM // TH // 4WKS // 6/8 // \$16

33090-C

6:30-7:20PM // TH // 4WKS // 6/8 // \$16

Summer II

34090-A

6:30-7:20PM // T // 4WKS // 7/11 // \$16

34090-B

10:00-10:50AM // TH // 4WKS // 7/13 // \$16

34090-C

6:30-7:20PM // TH // 4WKS // 7/13 // \$16

GYMNASTICS

Girls Beginner II Gymnastics

6 - 11 Years

For the student who has participated in all-around gymnastics. To continue building strength, endurance, and flexibility for skill advancement through lead up drills and progressions.

Instructor: Cyndi Duff

(7 - 11 Years)

Summer I

33070-A

7:10-8:00PM // T // 4WKS // 6/6 // \$16

33070-B

9:00-9:50AM // W // 4WKS // 6/7 // \$16

Summer II

34070-A

7:10-8:00PM // T // 4WKS // 7/11 // \$16

34070-B

9:00-9:50AM // W // 4WKS // 7/12 // \$16

GYMNASTICS

Girls Novice Gymnastics

5 - 11 Years

For the students who has little or no gymnastics experience. To build the confidence, strength, endurance, and flexibility required to perform basic gymnastics skills through lead up drills and progressions.

Instructor: Cyndi Duff

(6 - 11 Years)

Summer I

33062-A

4:30-5:20PM // T // 4WKS // 6/6 // \$16

33062-B

9:00-9:50AM // TH // 4WKS // 6/8 // \$16

33062-C

5:30-6:20PM // TH // 4WKS // 6/8 // \$16

Summer II

34062-A

4:30-5:20PM // T // 4WKS // 7/11 // \$16

34062-B

9:00-9:50PM // TH // 4WKS // 7/13 // \$16

34062-C

5:30-6:20PM // TH // 4WKS // 7/13 // \$16



Youth Programs

Biomes

6 - 9 Years // Supply fee \$10

Study different regions of the world like rainforest, deserts and mountains, lifestyles flora and fauna.

Instructor: Dottie Nicholson

Summer II

24185-A

10:45-11:30AM // TH // 4WKS // 7/13 // \$15

Bizarre Creatures

7 - 12 Years

Go deep under the ocean surface to find out more about the bizarre creatures that live in the fathoms below. Such as: the blob fish or the newly discovered Ghost Shark just to name a few. They are weird but true!

Instructor: Dottie Nicholson

Summer I

23987-A

10:45-11:30AM // TH // 4WKS // 6/8 // \$14

Candy Fun 101

5 - 12 Years // Supply fee \$15

Come learn to create fun different types of favorite old fashion candy recipes at home. We will make favorite mouth watering chocolate candies, old fashion vintage candy, and more.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

23040-A

1:00-1:45PM // M // 4WKS // 6/5 // \$15

Summer II

24040-A

1:00-1:45PM // M // 4WKS // 7/10 // \$15

Chemistry Fun

6 - 12 Years // Supply fee \$8

We will use household items to create chemical reactions.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer II

24811-A

9:30-10:15AM // M // 4WKS // 7/13 // \$15

Cooking for Fun

7 - 12 Years // Supply fee \$10

Let's learn about different foods and how to prepare them for us to enjoy!

Instructor: Dottie Nicholson

Summer I

23250-A

11:35AM-12:20PM // F // 4WKS // 6/9 // \$15

Summer II

24250-A

11:35AM-12:20PM // F // 4WKS // 7/14 // \$15

Creative Healthy Chef

7 - 12 Years // Supply fee \$10

Come learn how to create a healthy breakfast, lunch and dinner.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

23060-A

12:15-1:00PM // M // 4WKS // 6/5 // \$15

Summer II

24060-A

12:15-1:00PM // M // 4WKS // 7/10 // \$15

Dancenastics

6 - 11 Years // Biketard required

This is a combination dance, tumbling, and acrobatic class. Students will learn basic skills in each format. They will also be learning choreographed combinations containing each format and learn to perform them to music.

Instructor: Cyndi Duff

Summer I

33066-A

12:30-1:00PM // TH // 4WKS // 6/8 // \$16

Summer II

34066-A

12:30-1:00PM // TH // 4WKS // 7/13 // \$16

DIY Crafts

5 - 12 Years // Supply fee \$5

Do it yourself crafts from Pinterest. Create a fun craft every week!

Instructor: Keely Castillo

Summer I

23400-A

12:30-1:00PM // M // 4WKS // 6/9 // \$15

Summer II

24400-A

12:30-1:00PM // M // 4WKS // 7/14 // \$15

Youth Programs



Flag Football

7 - 12 Years // Athletic shoes required

Do you like watching football with your family? Come on our and learn the basics of flag football.

Instructor: Andy Kralik

Summer I

23113-A
10:00-10:30AM // W // 4WKS // 6/7 // \$14

Summer II

24113-A
10:00-10:30AM // W // 4WKS // 7/12 // \$14

Guitar Prep

5 - 8 Years // Half-size guitar and parent participation required

We will practice basic muscle memory, pitch and rhythm exercises laying the groundwork for good guitar technique. You will learn basic songs.

Instructor: Jan Ryberg

Summer I

23020-A
3:45-4:15PM // M // 4WKS // 6/5 // \$35

Summer II

24020-A
3:45-4:15PM // M // 4WKS // 7/10 // \$35

Hippity-Hop Dance

5 - 8 Years

Interested in hip-hop dance? We will keep it fun and creative while learning basics.

Instructor: Sherri Longino

Summer I

23333-A
5:45-6:15PM // TH // 4WKS // 6/15 // \$14

Summer II

24333-A
5:45-6:15PM // TH // 4WKS // 7/13 // \$14

Junk Robotics

5 - 12 Years // Supply fee \$10

Let's create hands on challenges and make arm designs, pneumatics, and 3 dimensional space.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

23145-A
1:00-1:45PM // T // 4WKS // 6/6 // \$15

Guitar for Youth

8 - 11 Years // Appropriate size guitar required

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility, and strength. (Electronic clip-on tuners are suggested. Parents are welcome to participate.)

Instructor: Jan Ryberg

Summer I

23020-B
4:30-5:15PM // M // 4WKS // 6/5 // \$35

Summer II

24020-B
4:30-5:15PM // M // 4WKS // 7/10 // \$35

»»» Please Remember

With your child's best interest in mind, we ask that parents do not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is effected by parental distractions and interruptions. Parents may sit in the lobby or lounge areas. Please do not sit in the hallway.

Youth Programs



Olympic Sport of Judo

5 - 14 Years

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from an 11-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. Judo involves throwing and grappling techniques. This is an on-going monthly class with new students starting on the first Monday of the month.

Instructor: Kim Mesa (5th degree black belt and certified USA Judo International Coach)

June

23900-A

6:00-7:00PM // MW // 4WKS // 6/5 // \$40

July

23900-B

6:00-7:00PM // MW // 4WKS // 7/10 // \$40

August

23900-C

6:00-7:00PM // MW // 4WKS // 8/7 // \$40

Karate/Self-Defense

5 - 15 Years

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

Instructor: Bob Klavitter

Summer I

(Beginner 8-15 years)

23111-A

6:00-8:00PM // M // 4WKS // 6/5 // \$20

(Beginner 5-7 years)

23111-B

4:00-5:00PM // MW // 4WKS // 6/5 // \$20

(Advanced 8-15 years)

23111-C

5:00-6:00PM // MW // 4WKS // 6/5 // \$20

Summer II

(Beginner 8-15 years)

24111-A

6:00-8:00PM // M // 4WKS // 7/10 // \$20

(Beginner 5-7 years)

24111-B

4:00-5:00PM // MW // 4WKS // 7/10 // \$20

(Advanced 8-15 years)

24111-C

5:00-6:00PM // MW // 4WKS // 7/10 // \$20

Let's Read

5 - 10 Years

We will read out loud, then quietly, and answer questions.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

23070-A

12:45-1:30PM // W // 4WKS // 6/7 // \$15

Summer II

24070-A

12:45-1:30PM // W // 4WKS // 7/12 // \$15

Medieval Drawing 101

5 - 12 Years // Supply list

Yes, you can draw! You will draw castles, knights, and even dragons using drawing pencils, colors, and paper.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer II

24005-A

10:15-11:00AM // TH // 4WKS // 7/13 // \$15

Salt Dough: Animal Creatures

5 - 10 Years // Supply fee \$8

Using salt dough, we will create creatures from land and sea!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

23065-A

11:30AM-Noon // W // 4WKS // 6/7 // \$15

Summer II

24065-A

11:30AM-Noon // W // 4WKS // 7/12 // \$15

Youth Programs

Beginner Sewing

7 - 12 Years // Supply fee \$15

We will learn basic sewing techniques by hand and by machine. We will also learn how to sew by using a pattern.

Instructor: Dottie Nicholson

Summer I

23420-A
11:00AM-Noon // T // 4WKS // 6/6 // \$15

Summer II

24420-A
11:00AM-Noon // T // 4WKS // 7/11 // \$15

Sewing II

7 - 12 Years // Supply fee \$15

This class is for those students who have been sewing for a while and are interested in starting to work on more difficult projects.

Instructor: Dottie Nicholson

Summer I

23430-A
12:15-1:15PM // T // 4WKS // 6/6 // \$15

Summer II

24430-A
12:15-1:15PM // T // 4WKS // 7/11 // \$15

Soccer Skills

7 - 12 Years // Tennis shoes required

Are you looking to improve your soccer skills? Grab your athletic shoes and ball, and let's get started! We will go over your basic skills and begin working on more advanced skills.

Instructor: Keely Castillo

Summer I

23500-A
5:00-5:30PM // W // 4WKS // 6/7 // \$14
23500-B
10:30-11:00AM // F // 4WKS // 6/9 // \$14

Summer II

24500-A
5:00-5:30PM // W // 4WKS // 7/12 // \$14
24500-B
10:30-11:00AM // F // 4WKS // 7/14 // \$14

Spa Fun

5 - 12 Years // Supply fee \$10

Come learn how to create your own home spa. We will make homemade spa recipes to create your own spa.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

Summer I

23130-A
Noon-12:45PM // T // 4WKS // 6/7 // \$15

Summer II

24130-A
Noon-12:45PM // T // 4WKS // 7/12 // \$15

ITF - Tae Kwon Do

6 - 16 Years

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in D/FW. You will increase your flexibility, physical fitness, self-defense, self-control, discipline, stress relief, self-esteem, and concentration.

Instructor: Bart Powell/Michael Cooper (member of ITF-Unified and Grandmaster Van Binh)

Summer II (White & Yellow Belts)

24700-A
6:00-7:00PM // TH // 4WKS // 7/13 // \$23

(Advanced Belts)

24700-B
7:00-8:00PM // TH // 4WKS // 7/13 // \$23



Girls Volleyball

Beginners Basics

7 - 12 Years // Tennis shoes required

Do you have an interest in playing volleyball? We will learn the basics to get you started.

Instructor: Keely Castillo

Summer I

23035-A
6:00-6:30PM // W // 4WKS // 6/7 // \$14

23035-B

11:00-11:30AM // F // 4WKS // 6/9 // \$14

Summer II

24035-A
6:00-6:30PM // W // 4WKS // 7/12 // \$14

24035-B

11:00-11:30AM // F // 4WKS // 7/14 // \$14

Girls Volleyball Intermediate

12+ Years // Tennis shoes required

Getting ready for Junior High or Middle School Tryouts? This is the class for you.

Instructor: Keely Castillo

Summer I

23025-A
6:30-7:15PM // W // 4WKS // 6/7 // \$16

23025-B

11:30AM-12:30PM // F // 4WKS // 6/9 // \$16

Summer II

24025-A
6:30-7:15PM // W // 4WKS // 7/12 // \$16

24025-B

11:30AM-12:30PM // F // 4WKS // 7/14 // \$16

Youth Programs

Zumba Kids

7-11 Years

Classes feature kid-friendly routines based on original Zumba coreography with breakdown sessions. To help develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun!

Instructor: Cyndi Duff

Summer I

23030-A

10:30-11:15AM // W // 4WKS // 6/7 // \$16

Summer II

24030-A

10:30-11:15AM // W // 4WKS // 7/12 // \$16



Mini-Sessions

Ceramics

7-12 Years // Supply fee \$15

Learn about mold cast ceramics from start to finish! 3-4 pieces will be completed in this session.

Instructor: Dottie Nicholson

Summer II

23720-A

2:30-3:30PM // T // 2WKS // 7/15 // \$15

Candlemaking

7-12 Years // Supply fee \$15

We will make our very own candles! Bring a bag or a box each week to take your finished items home. Parents please note that we will be using hot wax to make the candles.

Instructor: Dottie Nicholson

Summer II

24850-A

2:30-3:30PM // T // 2WKS // 7/11 // \$15

Summer Camps

Dance Workshop

5-8 Years

Each session will include learning dances, creative movements, playing games, crafts and lunch.

Instructor: Sherri Longino

Summer I

23666-A

10:00AM-2:00PM // S // 1DAY // 7/1 // \$40

Summer II

24666-A

10:00AM-2:00PM // S // 1DAY // 7/15 // \$40

Summer Arts Camp

6-12 Years

The City of Hurst and the Arts Council of Northeast Tarrant Count (ARTSNET) present Summer with the Arts for ages 6-12! This unique program brings all the arts to you, featuring a different type of art each week. (Featured arts may be a fine art such as painting, acting, or event music.)

Instructor: Provided by ARTS Council Northeast

Summer I

23600-A: 6-8 Years

9:00AM-Noon // M-F // 4WKS // 6/5 // \$55

24600-A: 9-12 Years

1:00-4:00PM // M-F // 4WKS // 6/5 // \$55

One-Time Classes

Father's Day Crafts

3-6 Years

It's time to celebrate with Dad! We'll create gifts for Dad just in time for Father's Day!

Instructor: Dottie Nicholson

Summer I

13555-A

11:30AM-12:30PM // TH // 1DAY // 6/15 // \$15



Adult Programs



Fitness Evaluations

Are you getting started on your fitness program and do not know where to begin? A fitness evaluation should be your first step in any fitness program. Your level of fitness is assessed in five components: cardiovascular, muscular strength, muscular endurance, flexibility and body composition. A one hour session is \$41. All evaluations are done by appointment.

Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

Nutrition Counseling

One-Hour Session \$55 // Three Sessions \$130

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need. Expertise in weight loss and management, disease management, sports nutrition, eating disorders and general wellness. All evaluations are done by appointment.

Instructor: Esther White (MS, RD, LD)

Personal Training

One-Hour Session \$41 // Five Sessions \$172

Do you need motivation to reach your fitness goals? Through personal training, you can reach your cardiovascular and strength training goals with a program tailored for you. Sessions are set by appointment.

Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

The Power Package

By Appointment Only // Four Sessions \$145

Join forces with the experts in nutrition and fitness for successful results! Your Power Package includes two sessions focused on nutrition with a customized diet plan and two sessions focused on fitness with an evaluation and personal exercise plan. The Power Package is \$145 for four sessions. All evaluations are done by appointment.

Instructors: Esther White (MS, RD, LD) and Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

Adult Water Aerobics Central Aquatic Center

Ages 16+

Come splash into fitness! Water aerobics is an excellent low-impact way for men and women to get fit. Even arthritis sufferers can give this program a try! Participants will use resistance tools including buoyant water weights and swim noodles. Because it is low-impact, water aerobics is suitable for every fitness level from beginning exercisers through elite athletes. Minimal swimming skills and water comfort are required. Please bring a towel, personal water bottle and water shoes. Water depth is 3'6".

Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

- 63200-A 7:35-8:15AM // MWF // 2WKS // 6/5 // \$28
- 63200-B 7:35-8:15AM // MWF // 2WKS // 6/19 // \$28
- 63200-C 7:35-8:15AM // MWF // 2WKS // 7/10 // \$28
- 63200-D 7:35-8:15AM // MWF // 2WKS // 7/24 // \$28



Belly Dance – Step 1 I.T.S. Foundations

Adults and Mature Teens 13+

Whether you have been dancing all your life and taken other belly dance classes, or are just starting out in dance, this class is for you! In this class you will learn the basics of Improv Tribal Style belly dance (ITS) with an introduction to the fundamentals of tribal movement, partner work, isolations, strength-building and drills for muscle memory. Geared toward the new student, but vital to continuing students for refinement, this class establishes a strong foundation for every dancer and is instrumental in familiarizing students specifically with the Tribal Evolution troupe format. This is a low-impact dance class suitable for all body types and ages.

Instructor: Tiffany Skalberg

Summer I

43200-A
7:00-8:00PM // T // 4WKS // 6/6 // \$28

Summer II

44200-A
7:00-8:00PM // T // 4WKS // 7/11 // \$28

Belly Dance – Step 2 More I.T.S.

Adults and Mature Teens 13+

Take your newfound belly dance skills and challenge yourself at this next step in your dance explorations. In this class the emphasis is on refinement. We will cover more complex drills and improv combinations, building on what you have learned in the Foundations class. We will use live music for this class, affording you the opportunity to also learn to use percussion instruments (in the form of zills) to dance. *This class is best used in combination with Step 1 ITS Foundations as there is no breakdown of the foundation steps. Please complete at least one session of Step 1 before registering for Step 2.*

Instructor: Tiffany Skalberg

Summer I

43224-A
8:00-9:00PM // T // 4WKS // 6/6 // \$28

Summer II

44224-A
8:00-9:00PM // T // 4WKS // 7/11 // \$28

Belly Dance – Step 3 Take It to the Stage

Adults and Mature Teens 13+

Now that you have perfected your dance skills in Step 1 and Step 2, you are ready to create a performance. This class will focus on taking your ITS vocabulary and making it show-worthy by adding props, staging and interaction with a band. You will also learn to use props such as the veil, skirt, sword and zills. *Please complete at least one session of Step 1 and 2 before registering for Step 3.*

Instructor: Tiffany Skalberg

Summer I

43222-A
9:00-9:45PM // TH // 4WKS // 6/6 // \$20

Summer II

44222-A
9:00-9:45PM // TH // 4WKS // 7/13 // \$20

Adult Programs

Belly Dance - Tribal Evolution

This class covers the unique Improv Tribal Style of Tribal Evolution Belly Dance Company. This class is a professional performance-level class that will teach you to include props, musical interpretation, musician interaction, staging and show layout.

Instructor approval required.

Instructor: Tiffany Skalberg

Summer I

43226-A

7:30-9:00PM // TH // 4WKS // 6/8 // \$23

Summer II

44226-A

7:30-9:00PM // TH // 4WKS // 7/13 // \$23

Boot Camp

12+ Years

Today's the day to achieve the goal you have been putting off. Come early and then have your whole day to be proud of what you accomplished that morning. Boot camp is for everyone. You will get help getting past those plateaus, achieve your goals and get to be a fitter YOU! Come tone and tighten with a variety of workouts including core strength, stability ball, weights, steps, circuits, interval training and much more. Decide today that YOU ARE WORTH IT!

Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

42420-B : May

6:25-7:35AM // MW // MONTHLY // 5/1 // \$25

43420-A : June

6:30-7:25AM // MW // MONTHLY // 6/5 // \$25

43420-B : July

6:30-7:25AM // MW // MONTHLY // 7/3 // \$25

43420-C : August

6:30-7:35AM // MW // MONTHLY // 8/2 // \$25

Brush and Palette

Supply List

Express your talent through the art of oil painting! Basic strokes, color mixing and application will be covered.

Instructor: Elaine Roosz

Summer I

43110-A

6:30-9:00PM // T // 4WKS // 6/6 // \$25

Summer II

44110-A

6:30-9:00PM // T // 4WKS // 7/11 // \$25

Cardio & Tone Boot Camp

Ages 16+

Are you struggling finding the time to fit in your cardio and strength/toning goals? Join this boot camp/circuit class to improve your cardiovascular health and muscle tone.

Instructor: Angela Pond (Certified Personal Trainer)

Summer I

43005-A

6:50-7:30PM // TH // 4WKS // 6/8 // \$20

Summer II

44005-A

6:50-7:30PM // TH // 4WKS // 7/13 // \$20

Cycle Circuit

Bring Water, Towel & Determination!

Want to crank up your workout, metabolism and energy? Come join us for a blend of cycle and circuit training, perfect for fitness at any level.

Instructor: Angela Pond (Certified Personal Trainer)

Summer I

43300-A

5:45-6:45PM // T // 4WKS // 6/6 // \$20

Summer II

44300-A

5:45-6:45PM // T // 4WKS // 7/11 // \$20

Energize Exercise

Do you like to exercise in the morning and feel energized all day? Then this is the class for you. You will exercise at your own level of endurance. The class puts emphasis on your arms, abdomen and legs.

Instructor: Karen Cowley

Summer I

43010-A

8:30-9:15AM // MTThF // 4WKS // 6/5 // \$15

Summer II

44010-A

8:30-9:15AM // MTThF // 4WKS // 7/10 // \$15

Flow and Strength

Come challenge yourself to grow in flexibility, strength and calmness using yoga and pilates influenced movement to improve your health.

Instructor: Esther White (MS, RD, LD)

Summer I

43060-A

12:10-12:50PM // MW // 4WKS // 6/5 // \$18

Summer II

44060-A

12:10-12:50PM // MW // 4WKS // 7/10 // \$18

Guitar

Ages 13+

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility and strength. We will learn songs using finger-picking, flat-picking and classical techniques. (Guitar is required.)

Instructor: Jan Ryberg

Summer I

43888-A: Beginner

5:15-6:00PM // M // 4WKS // 6/5 // \$35

43888-B: Intermediate

6:00-6:45PM // M // 4WKS // 6/5 // \$35

Summer II

44888-A: Beginner

5:15-6:00PM // M // 4WKS // 7/10 // \$35

44888-B: Intermediate

6:00-6:45PM // M // 4WKS // 7/10 // \$35

Adult Programs

Guitar - Ensemble

Ages 13+

This class is for students who can read standard music notation in the first position, or have a dedication to learning notes. Some chord knowledge is preferred but not required. We will be learning ensemble pieces in many different styles and students will be encouraged to bring in their own arrangements and compositions. We will have a performance at the end of the summer.

Instructor: Jan Ryberg

Summer I

43999-A

7:30-9:00PM // T // 4WKS // 6/5 // \$35

Summer II

44999-A

7:30-9:00PM // T // 4WKS // 7/10 // \$35

Hatha Yoga

Don't Eat 2 Hours Prior // Yoga Mat

Learn more about yourself from the inside out with the tools of yoga. Increase your flexibility and balance and tone your body. Discover the technique of breath control, centering and meditation.

Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

Summer I

43100-A

10:15-11:10AM // M // 4WKS // 6/5 // \$16

43100-B

10:15-11:10AM // F // 4WKS // 6/9 // \$16

Summer II

44100-A

10:15-11:10AM // M // 4WKS // 7/10 // \$16

44100-B

10:15-11:10AM // F // 4WKS // 7/14 // \$16

Hurst Hustlers Running Club

Come join runners, joggers and walkers of all levels for a challenging workout using hills, speed work, distance and drills. You will learn how to run and how to stay injury free all while having fun! This is the perfect way to make friends and meet your running goals.

Instructor: Esther White (MS, RD, LD)

Summer I

43001-A

6:15-7:15PM // M // 4WKS // 6/5 // \$15

Summer II

44001-A

6:15-7:15PM // M // 4WKS // 7/10 // \$15

Mix-It-Up Aerobics

Ages 16+

Come have fun getting in shape with this versatile class. We do a variety of cardio and strength work and keep the class fun, interesting and challenging. If you have never exercised before or if you have been for years, this class is for you! Come mix it up with us and have a great time achieving your goals!

Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

Summer I

43040-A

6:15-7:15PM // MWF // 4WKS // 6/5 // \$24

Summer II

44040-A

6:15-7:15PM // MWF // 4WKS // 7/10 // \$24

Tri City Promenaders

Did you know that the Tri City Promenaders offers square dance lessons at Brookside Center on Tuesday nights from 7:30-9:30 p.m.? Drop by and give it a try! Email tricitypromenaders@gmail.com for more information.



Olympic Sport of Judo

Ages 14+

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a 11-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. Judo involves throwing and grappling techniques. This is an on-going monthly class. New students start the first Monday of the month.

Instructor: Kim Mesa (5th degree Black Belt and certified USA Judo International Coach)

43800-A : June

7:00-8:30PM // MW // MONTHLY // 6/5 // \$40

43800B : July

7:00-8:30PM // MW // MONTHLY // 7/10 // \$40

43800-C : August

7:00-8:30PM // MW // MONTHLY // 8/7 // \$40

Scaravelli Yoga

Learn to elongate and extend comfortably into poses by using gravity and your breath. This user-friendly style of yoga will teach you how to relax. Please bring a blanket to class.

Instructor: Julie Vela (Certified and Registered with Yoga Alliance)

Summer I

43100-C

8:15-9:15PM // W // 4WKS // 6/7 // \$16

Adult Programs

Scaravelli Yoga - Intermediate

Are you ready to deepen your yoga practice? Experience steadiness and ease while learning intermediate poses. Please bring a yoga mat and a blanket to class.

Instructor: Julie Vela (Certified and Registered with Yoga Alliance)

Summer I

43100-D

7:05-8:05PM // W // 4WKS // 6/7 // \$16

Slim It Out, Tone It Up

Join us for a fun, challenging and fast-paced workout that uses different moves and equipment to target every muscle in your body. You will walk out with a smile on your face and a little sweat on your shirt!

Instructor: Esther White (MS, RD, LD)

Summer I

43015-A

6:35-7:25AM // TTh // 4WKS // 6/6 // \$16

43015-B

12:10-12:50PM // TTh // 4WKS // 6/6 // \$16

Summer II

44015-A

6:35-7:25AM // TTh // 4WKS // 7/11 // \$16

44015-B

12:10-12:50PM // TTh // 4WKS // 7/11 // \$16

Spin and Sweat

Join us for spinning! Turn the basics of cycling into a great cardio workout that burns calories and fat. Get ready to work hard and sweat like crazy!

Instructor: Angela Pond (Certified Personal Trainer)

Summer I

43444-A

9:00-9:45AM // T // 4WKS // 6/6 // \$20

43444-B

5:45-6:30PM // TH // 4WKS // 6/6 // \$20

Summer II

44444-A

9:00-9:45AM // T // 4WKS // 7/11 // \$20

44444-B

5:45-6:30PM // TH // 4WKS // 7/13 // \$20



ITF Taekwon-Do

Ages 6 - 16

ITF Taekwon-Do is the only original and traditional Korean Taekwon-Do in DFW. You will increase your flexibility, physical fitness, self defense, self control, discipline, stress relief, self-esteem and concentration.

Instructors: : Bart Powell/Michael Cooper (member of ITF-Unified and Grandmaster Van Binh)

Summer II

24700-A : White and Yellow Belts

6:00-7:00PM // TH // 4WKS // 7/13 // \$23

24700-B : Advanced Belts

7:00-8:00PM // TH // 4WKS // 7/13 // \$23



Zumba

Ages 14+

This class can only be described as FUN! If you want to party, laugh and have a great time while you lose unwanted inches, come and join us! It's the Latin-inspired, easy-to-follow, calorie-burning, dance-fitness party. Feel the music and let loose. Each class is a whole new set of dancing and fun.

Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

Summer I

43065-A

6:00-6:55PM // MW // 4WKS // 6/5 // \$23

Summer II

44065-A

6:00-6:55PM // MW // 4WKS // 7/10 // \$23

Zumba Gold Toning

Ages 16+

Come learn the basic techniques of Zumba in this energizing fitness class by getting your groove on! This is a great way for all ages to get started in Zumba or if you need a lower intensity. We'll use the musical maraca-sounding toning sticks to bump up the workout by adding resistance. It's great for the mind, body and soul!

Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)

Summer I

43050-A

7:30-8:25PM // TTH // 4WKS // 6/6 // \$20

Summer II

44050-A

7:30-8:25PM // TTH // 4WKS // 7/11 // \$20

Registration Policy

Walk-in registration beginning on **Monday, May 1**, at **7:00 a.m.** is open only to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills and Euless whose mail is delivered to a Hurst "address" are not eligible to register until May 15 at 7:00 a.m. Residency is defined by living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on **Monday, May 15**. Out of fairness to all citizens of our community, you may only register the members of your household.

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Classes begin the week of June 5
(unless otherwise indicated)

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Sign Up To Register Online

That's right – you can save time and register your entire family online! To get started, you will need to visit the Hurst Recreation Center to activate your account. If you are a Hurst resident, you will need to bring your **Hurst water bill, Hurst property tax statement or Hurst apartment lease, and your photo ID** as proof of Hurst residency to receive the Hurst resident rates. Once you have activated your account and received your user name and password, you will be able to use our online registration feature.

You do not have to wait until your appropriate registration date to activate your account and receive your user name and password. Go ahead and do it the next time you are at the Recreation Center for your current class or working out. Then you will be ready to register online the day registration starts!

Help Us, Help You! PLEASE ENROLL EARLY!

Help us keep your favorite classes around by enrolling early. There is a point when a course must be canceled due to low enrollment. Help us prevent course cancellations by registering early!

Walk-In Registration Times

Monday-Thursday: 7:00AM-9:00PM
Friday: 7:00AM-5:00PM
Saturday: 9:30AM-5:00PM
Sunday: 1:30PM-5:00PM

Confirmations

When you register by mail or fax, you will receive a confirmation notice through the postal mail. You will be notified of the designated classes that are not available. If the class is not available, you may select a second choice. If you register online, you may print a copy of your receipt.

Refund Policy

Recreation Classes: We depend on your participation for a successful class. If you have an unforeseen circumstance and cannot attend class, we will gladly refund your fee with 72 hours notice prior to the class start date.

Supply Lists

Some of our classes require a supply list. These classes are noted in this magazine. You will receive a supply list when you register. For mailed registrations, a list will be included with your confirmation letter. **Supplies should not be purchased prior to the Friday before the class starts in case of cancellation.**

**** Remember: Learn to swim registration may be done online or in person. Faxed or mailed in registrations are NOT accepted.**

« CLASS REGISTRATION FORM

HEAD OF HOUSEHOLD

EMAIL ADDRESS

STREET ADDRESS

APT #

CITY

STATE / ZIP

HOME PHONE

WORK PHONE

PARTICIPANT'S NAME	DOB	GENDER	CLASS #	CLASS FEE
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

Subtotal \$

GRAND TOTAL	Non-Resident Fee of \$2 per class	_____ x \$2 # OF CLASSES	= \$ _____	+ Subtotal \$ _____ =	Total Due \$ _____
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PAYMENT METHOD

CHECK

CREDIT CARD

CASH

CHECK NUMBER: _____

CARD TYPE: Visa MasterCard Discover American Express

MAIL TO: Hurst Parks and Recreation
Class Registration

MAKE CHECKS PAYABLE TO:
City of Hurst

CARD NUMBER: _____ - _____ - _____ - _____

700 Mary Drive, Hurst, TX 76053

EXPIRATION DATE: ____ / ____

For the valuable consideration of being allowed to participate in the City of Hurst Parks and Recreation Department's program or use the City's facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from an injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I DO FULLY RELEASE, INDEMNIFY, AND HOLD HARMLESS, THE CITY, ITS EMPLOYEES AND OFFICERS FROM THEIR OWN NEGLIGENCE FOR FAILURE TO PROPERLY DESIGN, INSPECT, OR MAINTAIN THE EQUIPMENT, OR SUPERVISE THE ACTIVITIES TO BE ENGAGED IN OR EQUIPMENT TO BE USED BY THE UNDERSIGNED, AND FOR ANY ACTS OF THIRD PARTIES. The City does not provide any medical or other insurance protection benefits for those who use the recreational equipment or engage in activities on City Premises.

BY SIGNING THE RELEASE, I ACCEPT ALL RESPONSIBILITY FOR INJURIES WHICH MAY BE INCURRED.

SIGNATURE OF PARTICIPANT

DATE

SIGNATURE OF PARENT/GUARDIAN IF USER IS UNDER 18

DATE

Adult Sports Registration Information

Teams may register in person at the Recreation Administration Office located inside the Hurst Recreation Center, 700 Mary Drive. Hours are Monday, Wednesday and Friday from 8:00 a.m. to 5:00 p.m. and Tuesday and Thursday from 8:00 a.m. to 6:00 p.m. For more information, please call 817-788-7320. Registration information and rules are located online at www.teamsideline.com/hurst.

Adult Softball

Summer Registration

Returning Team Registration: May 1-2
Teams that played in Hurst in 2016 and 2017

Open Registration: May 3-26
Registration and/or start dates may be adjusted to accommodate weather related delays

Entry Fee: \$340 for a 10-game season
With no playoffs

League Schedules: Available May 31, after 4:00PM

League Begins: June 5

League Nights:
Monday – Men's & Women's
Tuesday – Men's & Co-ed
Wednesday – Men's & Co-ed
Thursday – Men's & Co-ed
Friday – Men's Church, Men's & Co-ed

Fall Registration

Returning Team Registration: July 31-August 1
Teams that played in Hurst in 2016 and 2017

Open Registration: August 2-25
Registration and/or start dates may be adjusted to accommodate weather related delays

Entry Fee: \$310 for an 8-game season
With no playoffs

League Schedules: Available August 30, after 4:00PM

League Begins: September 5

League Nights:
Monday – Men's & Women's
Tuesday – Men's & Co-ed
Wednesday – Men's & Co-ed
Thursday – Men's & Co-ed
Friday – Men's Church, Men's & Co-ed

Youth Sports Associations

Tri-Cities Baseball & Softball Association
TCBA 817-285-0200
www.tcbasesoft.com

Mid-Cities Basketball Association
MCBA 817-354-6208
www.MCBBA.org

Hurst United Soccer Association
HUSA 817-504-7479
www.hurstunited.com

MidCities PeeWee Football & Cheerleading Association
817-282-2390
www.midcitiespeeewefootball.org

Adult Men's Basketball

Fall Registration

Open Registration: July 27-August 25

Entry Fee: \$275 for a 7-game season
With Playoffs for teams who qualify

League Schedules: Available August 30 after 4:00 p.m.

League Begins: September 5

League Nights:
Tuesday – Men's Open
Thursday – Men's Open





Recreation Center Gym A Schedule

There are also outdoor pickleball courts available at Smith-Barfield Park, 640 Pleasantview.

Monday

6:30AM-1:00PM // Open Gym
 1:00-2:00PM // Classes
 2:00-10:00PM // Open Gym

Wednesday

6:30-11:30AM // Open Gym
 11:30AM-Noon // Classes
 Noon-5:00PM // Open Gym
 5:30-9:00PM // Classes
 9:00-10:00PM // Open Gym

Friday

6:30-8:30AM // Open Gym
 8:30-10:30AM // Class
 11:30AM-1:30PM // Pickleball
 1:30-6:00PM // Open Gym

Tuesday

6:30-9:30AM // Open Gym
 9:30AM-Noon // Pickleball
 Noon-10:00PM // Open Gym

Thursday

6:30AM-9:30PM // Open Gym
 9:30AM-Noon // Pickleball
 Noon-10:00PM // Open Gym

Saturday

9:00AM-6:00PM // Open Gym

Sunday

1:00-6:00PM // Open Gym

» Pickleball

Already familiar with the game or want to try something new? Pickleball is a fun game for all ages. Whether you're a novice or expert, you'll be sure to get some playtime on our 3 indoor pickleball courts. Courts are set up and ready at the Recreation Center on Tuesdays, Thursdays, and Fridays during specified hours. Don't have a racquet or a ball? We've got you covered. Come see what it's all about or call for more details on prices and times at 817-788-7325.

Healthy Hurst Wellness Program

Healthy Hurst is the City of Hurst's community-wide wellness initiative. With the use of the information and links that are available on the City of Hurst's Healthy Hurst webpage, participants can increase their health, wellness, and fitness.

Healthy Hurst is a FREE program, and all participants receive a Healthy Hurst t-shirt at the time of registration. Participants are also encouraged to register for the various FREE events that will be offered throughout the year as part of the Healthy Hurst Program.

The Healthy Hurst program is open to all Hurst residents, as well as non-residents who have purchased a Hurst Recreation Center Annual Pass. Incentive awards are also available to all participants as they track and log their fitness activities!

Healthy Hurst has a myriad of tips and information on nutrition, fitness, wellness, and health. Give it a try today! Let Healthy Hurst help you get started toward your wellness, health, and fitness goals! For more information on the Healthy Hurst program, contact the Hurst Recreation Center at 817-788-7325.

Healthy Hurst Dash & Splash 1 Mile/5K

1 Mile Walk/Run - 7:30AM • 5K Run - 7:50AM

Saturday, June 10 // Central Aquatics Center

Here's your chance to do something healthy AND fun at the same time. The Healthy Hurst Dash & Splash offers Healthy Hurst participants the chance to participate in a 1 Mile or a 5K event and jump into the water at the Central Aquatics Center at the finish line.

All Dash & Splash participants will need to register for this FREE event and can do so at the Hurst Recreation Center through 5 p.m. on Thursday, June 8. Race day registration begins at 7am on Saturday, June 10. (Please bring proof of residency: Driver's License, Hurst Water Bill, Hurst Property Tax Statement. Non-residents bring your Quality of Life Recreation Card).

All Dash & Splash participants are eligible to win door prizes (must be present to win). For more information, contact the Hurst Recreation Center at 817-788-7325.

Mission Statement

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage lifelong learning, fitness and fun.

Parks and Recreation Board

Chairman:
Alan Neace

Vice Chair:
Rod Robertson

**Ralph Hurd
Karen Spencer
Gary Waldron**

**Pat King
Cathy Thompson
Bob Walker**

Recreation Staff

Recreation Director:
Chris Watson

Recreation Athletics
and Aquatics Manager:
Jennifer Kashner

Recreation Programs
and Events Manager:
Amy Sisler

Recreation Center
Manager:
Jordan Taylor

Recreation Supervisor:
Mary Singleton

Administrative Assistant:
Paige Lutz

Recreation Receptionist:
Melanie Cox

Recreation Specialists:
**Madison Bass
Lauren Snyder**

Recreation Attendants:

**Kristen Barnett
Mikayla Birdsong
Cliff Bogan
Dakota Ford
Rudy Garcia
Zach Herd
Anna James
Matt Mendez
Aujehl Messier
Ashleigh Neally
Nancy Phillip
Shana Sanders
Emily Stacey
Rebecca Suarez
Cheryl Thompson
Irene Thornton**

Facility Maintenance:
Judy Arellano



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Hurst Stars & Stripes

Tuesday, July 4 // 5:00-10:00PM
Hurst Community Park, 601 Precinct Line Road

Bands:

- **Jolie Holiday featuring Sonny Burgess (5:30 - 6:30 p.m.)**
- **Infinite Journey (6:45 - 7:45 p.m.)**
- **Emerald City (8:00 - 9:30 p.m.)**

Activities: Children's Area featuring large inflatables, live music, food trucks, face painting, and of course FIREWORKS at approximately 9:30 p.m.!

For more information, call 817-788-7320.

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Kids' All American Fishing Derby

Saturday, June 3 // Chisholm Park, 2200 Norwood Drive
Registration: May 8 - June 1 (pending availability)

Calling all kids, ages 5 to 16 years! Here is your chance to show off your fishing skills and win prizes. Bring your parents, fishing pole, and tackle to enjoy a morning of fishing fun! In-N-Out Burger will be back to provide lunch! The event is FREE however you must pre-register at the Hurst Recreation Center, 700 Mary Drive. Space is limited so be sure to register early! Need a fishing pole? Go to the Hurst Public Library at 901 Precinct Line where you can check on our for free with an adult library card!

For more information, call 817-788-7320.

Hurst Golden Couples

Saturday, June 17 // Please RSVP by June 5
to 817-788-7320
6:00-8:00PM // Hurst Senior Activity Center,
837 W. Pipeline Road

In celebration of your 50+ years of matrimony, we invite you to attend the Golden Couples event.

Special thanks to our event sponsors: Bice's Florist, Balloons Fantastique and Prints Charming Photography.

Fish Stockings at Chisholm Park

For Texans who live in urban areas, Neighborhood Fishin' offers fishing opportunities close to home. Texas Parks and Wildlife Department works in partnership with local governments to stock catfish and rainbow trout in small neighborhood lakes. These fish are fun to catch, and they're stocked frequently in season, so there's nearly always a fresh supply of fish available to take your bait. Over 5,500 fingerling channel catfish were stocked at Chisholm Park in 2016.

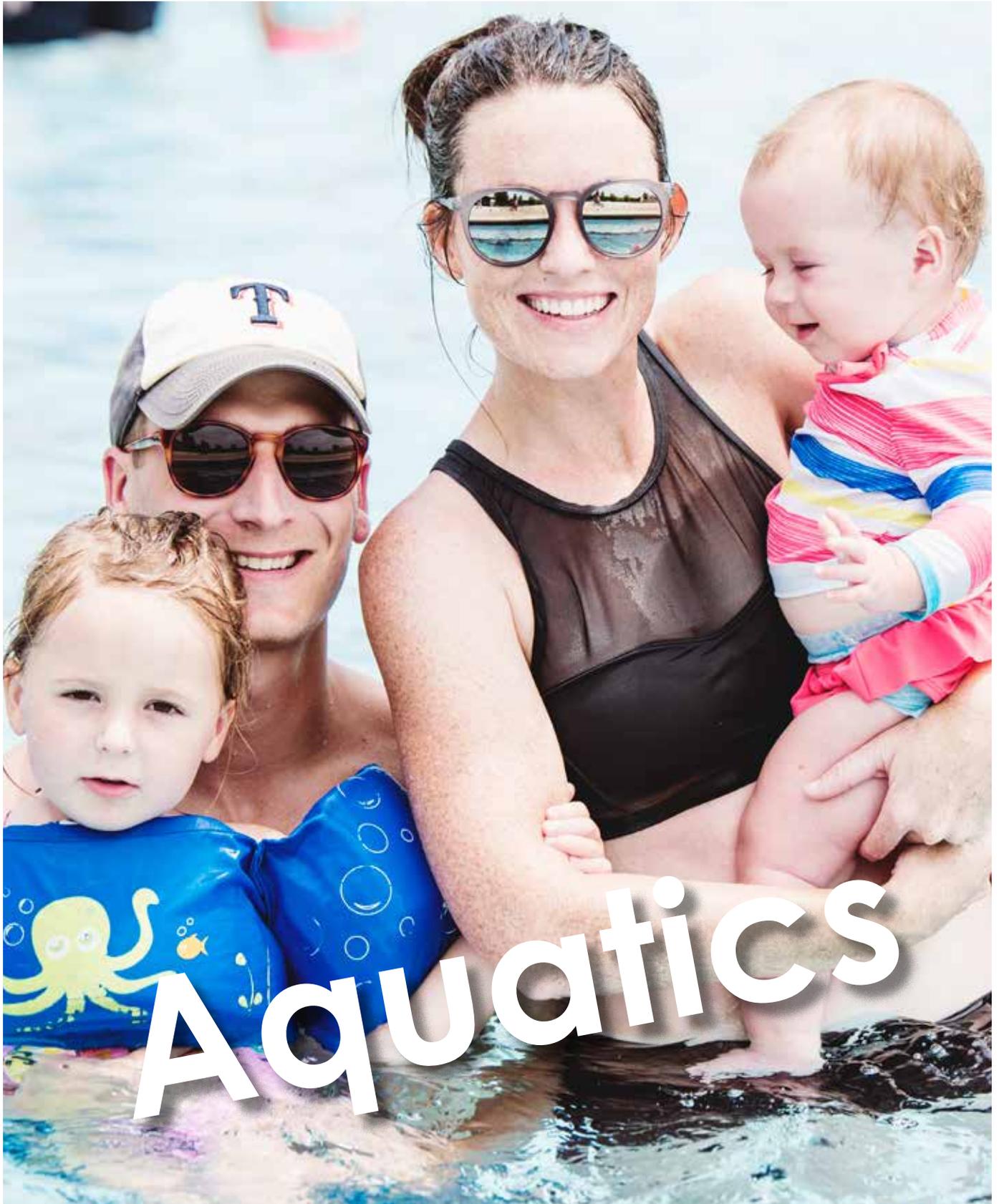
A few reminders: Kids under 17 fish for free, but adults must have a fishing license with a freshwater stamp; fishing is allowed with poles only (no trotlines, traps, nets, etc.); daily bag limits and minimum lengths may apply. Visit www.neighborhoodfishin.org for specific rules, regulations and dates.

Need a fishing pole? Go to the Hurst Public Library at 901 Precinct Line Road where you can check one out for free with an adult library card.



Catfish Stocking Schedule

April 21
May 5, 19
June 2, 16, 30
July 14, 28
August - No Stockings
September 1, 15, 29
October 13, 27



Aquatics

Central Aquatics Center

RULES AND REGULATIONS

ACTIVITY POOL

- The water depth is 0" to 36".
- No headfirst sliding on the slides. No climbing on the pipes or handrails.
- We encourage you to turn, pull and otherwise play with the interactive features and have fun with the water affects you create!
- Maximum weight on the play structure is 200 pounds.

LEISURE POOL

- The Water depth is 0" to 5'6".
- No swimming in the slide run out area.
- No diving or horseplay.
- No hanging on the ropes.
- We encourage you to play and have fun with the water features.

ALL SLIDE TOWER RULES

- Guest must be 40" or taller.
- Single riders only! Only one guest may enter the flume at a time.
- Forming chains is not allowed.
- Guest must wait for the attendant's start signal before starting the ride.
- Keep arms and hands inside the flume at all times.
- Do not run, dive, stand, kneel, rotate, or stop in the slide.
- Cutting in line, horseplay, and other unsafe behaviors are not permitted.
- Swim wear with exposed zippers, buckles, rivets, or metal ornamentations is not allowed.
- Lifejackets are not permitted.
- For safety reasons, pregnant women and



persons with heart conditions or back problems should not ride the slides.

- Maximum weight on the slide is 250 pounds.

CHILDREN'S SLIDES

- Water depth is 36".
- Lifejackets allowed.
- Single riders only! Only one guest may enter the flume at a time.
- Forming chains is not allowed.
- Guest must wait for the attendant's start signal before starting the ride.
- Keep arms and hands inside the flume at all times.
- Do not run, dive, stand, kneel, rotate, or stop in the slide.
- Swimwear with exposed zippers, buckles, rivets or metal ornamentations not allowed.
- For safety reasons, pregnant women and persons with heart conditions or back problems should not ride the slides.
- Maximum weight on the slide is 250 pounds.

In general ...

- Children under 12 must be accompanied by an adult.
- Children ages 7 and younger must be within arm's reach of an adult at all times.
- All swimmers must be attired in a swim suit.
- No food or drinks the pool water.
- Please do not drink the pool water.
- No running on or around the features.
- No diving or horseplay allowed.
- Non-potty trained children must be in swim diapers with swimsuit over the diaper; Please do not change diapers on the deck.
- Only U.S. Coast Guard approved floatation devices allowed.



Swimwear Policy

All swimmers must be attired in an appropriate swimsuit in order to enter and remain in the aquatic facility. Bathing suits are designed to be quick drying and generally made from smooth nylon material. They are durable and hold up to wear from contact with pool chemicals. An appropriate swimsuit is defined as a swim garment with an affixed/sewn inner lining. Swimwear with exposed zippers, buckles, rivets or metal ornamentation are not permitted on play features or slides. Examples of apparel NOT permitted in the water include, but are not limited to: street clothes, sports bras (unless a dark shirt is worn) and denim jeans. Inappropriate attire damages our pumps, attractions, and chemicals. "Thong" bikinis or other revealing swim wear is not permitted. Any "lifeguard gear" is not allowed due to liability reasons.

Group Reservation Policy

A group is defined as any person or entity, commercial or non-profit, who provides structured child care and/or activities. All "Groups" meeting this criteria are required to make a reservation, in person, at the Recreation Division administrative office, 700 Mary Drive, at least seven calendar days in advance of the desired date of their visit. "Groups" must comply with all components of the City of Hurst Group Reservation Policies.

* Residents must show proof of residency in the form of a driver's license and Hurst water bill or will be charged the non-resident rate.

Chisholm Aquatics Center

2200 Norwood Drive
817-788-7250

Central Aquatics Center

715 Mary Drive
817-788-7327

Dates of Operation

Opening Day: Saturday, May 27

Hours of Operation

Central Aquatics Center

May 27 - August 4

Saturday & Sunday: 10 a.m.-6 p.m.

Monday-Friday: Noon-5 p.m.

Chisholm Aquatics Center

May 27 - August 20

Saturday & Sunday: 10 a.m.-6 p.m.

Monday-Friday: Noon-8 p.m.

August 5-20

(Central Center Only)

Saturday & Sunday: 10 a.m.-6 p.m.

Monday-Friday: Noon-8 p.m.

August 26-7 & September 2-4

(Chisholm Center Only)

Saturday & Sunday: 10 a.m. - 6 p.m.

** July 4 and Labor Day Holiday Hours

at both Aquatics Centers

10 a.m.-6 p.m.

Daily Admission Fees

Free - 12 months and younger

Free - 65 years and older

\$4 - Hurst residents *, ages 1 - 64 years

\$10 - Non-residents, ages 1 - 64 years

Season Passes

Hurst residents *

\$25 Individual • \$100 Family Pass (family of 5)

Non-residents

\$75 Individual • \$300 Family Pass (family of 5)

Families must reside at the same address; additional family members pay the individual rate.

Learn-to-Swim Class Registration

Walk-in registration beginning on **Monday, May 1**, is only open to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills, and Euless, whose mail is delivered to a Hurst "address" are not eligible to register until May 15. Residency is defined by: living within the Hurst city limits, receiving a water bill from the City of Hurst, and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on **Monday, May 15**.

Registration for swim classes is conducted in person at the Hurst Recreation Center or online only. Class registration is not accepted by mail or fax for Learn-to-Swim.

Registration: Residents, May 1 - 7:00AM
 Non-Residents, May 15 - 7:00AM

Class Fees

\$27 - Hurst residents
 \$29 - non-residents

First Day Evaluations

The LTS Coordinators and Instructors are trained to recognize proper swimming technique and ability. Students are evaluated on the first day of class and grouped by the appropriate level based on their ability.

Registration/Class Transfer Deadline

The deadline to register or transfer a swimming class is Monday at 5 p.m., the week prior to the beginning of each session. Before enrolling your child in a class, please read the class descriptions thoroughly to ensure your child is in the appropriate class. Walk-in registration at the pool is not allowed.

Weather Conditions and Make-Up Policy

In the event of inclement weather, please call the LTS Inclement Weather Information Line at 817-788-7340. It is possible that classes could be cancelled on a class-by-class basis, or for the entire morning. If possible, a safety day is conducted as this information is required for all classes. The second and third days in a session that classes are not conducted, Friday mornings are utilized. In the event that further classes are cancelled, they are cancelled entirely. This policy applies to all four sessions. The Learn to Swim Coordinator will provide make-up information as needed.

Cancellation/Refund Deadline

In order to cancel out of and receive a refund for a Learn to Swim class, cancellations must be made by the Monday at 5:00pm, prior to the start of the session. Refunds will not be given after this point. Medical reasons will be considered with a Doctor's report. Please call 817-788-7325 for additional information.



Learn-to-Swim Class Registration

Participants will register by age, session, and time. The first day of class is a testing day and staff will separate participants by ability. Not all classes are offered at both facilities. Evening classes are only offered at Central Aquatics Center.

STEP 1

Select your class as determined by age group.

Parent Tot/Swim

6 Months - 3 Years // Parent is in the water
Class orients young children to the water and prepares them to learn to swim in the preschool course. Parent/adult participation is required. Children who are not potty trained are asked to wear swim diapers. **Weekday Morning:** 9 a.m.; 9:45 a.m. **Weekday Evening (Central only):** 6 p.m.; 6:45 p.m.

Pre-School

3 - 5 Years // Parent is not in the water
Orients children to the water and teaches basic skills to gain independence and comfort in the water. Children should be potty trained; if not, swim diapers required. Participants should be able to follow direction from instructors. **Weekday Morning:** All times. **Weekday Evening (Central only):** All times.

Elementary

6 - 12 Years
Orients children to skills needed to independently move in the water. Guided practice is used reinforce skills taught to the pace of the participants. **Weekday Morning:** All times. **Weekday Evening (Central only):** All times.

Stroke Refinement

10 - 13 Years // Prerequisites required
This class is designed for participants who have advanced skills but who may not be ready to join a swim team. * **Prerequisites:** participants must show proficiency in front crawl, backstroke, breaststroke and have basic knowledge of butterfly; ability to swim back and forth across the pool in the aforementioned strokes. **NOTE: If participants can not meet the prerequisites on the first day of class, a refund will be issued.** **Weekday Morning (Chisholm only):** 10:30 a.m.; 11:15 a.m.

STEP 2

Choose dates

- Session 1: **June 5-15**
- Session 2: **June 19-29**
- Session 3: **July 10-20**
- Session 4: **July 24-3**



STEP 3

Choose time

WEEKDAY MORNINGS (Both Facilities)	WEEKDAY EVENINGS (Central Only)
8:15-8:50AM	5:15-5:50PM
9:00-9:35AM	6:00-6:35PM
9:45-10:20AM	6:45-7:20PM
10:30-11:05AM	7:25-8:00PM
11:15-11:50AM	

Classes are Monday-Thursday, utilizing Fridays for weather make-up days.



Adult Water Aerobics Central Aquatics Center

Come splash into fitness! Water aerobics is an excellent low-impact way for men and women to get fit. Even arthritis sufferers can give this program a try! Participants will use resistance tools including buoyant water weights and swim noodles. Because it is low-impact, water aerobics is suitable for every fitness level from beginning exercisers through elite athletes. Minimal swimming skills and water comfort are required. Please bring a towel, personal water bottle and water shoes. Water depth is 3'6"-5'6".

Instructor: Behka Hartmann, Certified Personal Trainer and Fitness Instructor

- 63200-A
7:35-8:15AM // MWF // 2WKS // 6/5 // \$28
- 63200-B
7:35-8:15AM // MWF // 2WKS // 6/19 // \$28
- 63200-C
7:35-8:15AM // MWF // 2WKS // 7/10 // \$28
- 63200-D
7:35-8:15AM // MWF // 2WKS // 7/24 // \$28



Senior Water Time Chisholm Aquatic Center, River Pool

Ages 65+

This is unstructured time in the water for seniors ages 65 and older. No private lessons, trainers, therapists allowed. Participants must register in advance at the Hurst Recreation Center.

TUESDAY, THURSDAY
7:30-8:15AM // TTh // 4WKS // 6/5 // FREE

TUESDAY, THURSDAY
7:30-8:15AM // TTh // 4WKS // 7/10 // FREE



Summer Operating Hours

Monday-Thursday: 8:00AM-10:00PM

Friday-Sunday: 8:00AM-7:00PM

Hurst Tennis Center

701 Mary Drive, Hurst, TX

817-788-7330

Hurst Tennis Center Staff

Tennis Attendants:
Austin Armstrong
Sean Burke
Ryan Crozier
Jessica Devous
Taylor Jackson

Head Professional:
Kelly Langdon, USPTA

Tennis Instructors:
Cameron Bodily, USPTA
John Schildt, USPTA
Michael Seybold, USPTA
Greg Smith

Tennis Center Coordinator:
Austin Wynne, USPTA

Upcoming Tournaments

USTA Hurst Junior Open
 April 8-9

Mid-Cities Tournament
 August 19

USTA Hurst Adult Open
 December 9-10



- Lessons and team drills for all ages and abilities
- 10 lighted outdoor courts
- USRSA racquet stringers
- Ball machine rental
- USPTA-certified instructors available
- USTA adult leagues

How About A Private Lesson?

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

Lessons with City of Hurst Head Professional Kelly Langdon, USPTA or Tennis Center Coordinator Austin Wynne, USPTA

- \$35 Per Half Hour
- \$55 Per Hour
- \$200 Per Series of 4 Lessons

Lessons with tennis instructors Greg Smith; Cameron Bodily, USPTA; John Schlidt, USPTA; Mike Seybold, USPTA

- \$35 Per Half Hour
- \$55 Per Hour
- \$200 Per Series of 4 Lessons

The Tennis Center staff also offers group lessons: \$90 for 1½ hour.

Racquet Stringing

The Tennis Center has a large choice of strings and accessories for your racquet needs. We offer fast service and United States Racquet Stringer's Association certified stringers on staff.

Youth

Quickstart Pee Wee Tennis Camp

6 Years and Under // 1 Can of Unopened Balls

Introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games.

Instructors: Michael Seybold, USPTA and Staff

- 83700-A
9:45-10:30AM // TTh // 2DAYS // 6/13 // \$40
- 83700-B
9:45-10:30AM // TTh // 2DAYS // 6/27 // \$40
- 83700-C
9:45-10:30AM // TTh // 2DAYS // 7/11 // \$40
- 83700-D
9:45-10:30AM // TTh // 2DAYS // 7/25 // \$40

Junior Beginner Tennis Camp

7+ Years // 1 Can of Unopened Balls

A fun camp for beginners. No experience necessary! Learn the forehand, backhand, serve and volley.

Instructors: Michael Seybold, USPTA and Staff

- 83710-B
10:30AM-Noon // M-Th // 4DAYS // 6/5 // \$72
- 83710-C
10:30AM-Noon // M-Th // 4DAYS // 6/12 // \$72
- 83710-D
10:30AM-Noon // M-Th // 4DAYS // 6/19 // \$72
- 83710-E
10:30AM-Noon // M-Th // 4DAYS // 6/26 // \$72
- 83710-F
10:30AM-Noon // M-Th // 4DAYS // 7/10 // \$72
- 83710-G
10:30AM-Noon // M-Th // 4DAYS // 7/17 // \$72
- 83710-H
10:30AM-Noon // M-Th // 4DAYS // 7/24 // \$72
- 83710-I
10:30AM-Noon // M-Th // 4DAYS // 7/31 // \$72

Junior Beginner/Intermediate Tennis Camp

10+ Years // 1 Can of Unopened Balls

Improve skills learned in Beginner Camp. Tactics, drills and fun are stressed.

Instructors: Michael Seybold, USPTA and Staff

- 83720-B
10:30AM-Noon // M-Th // 4DAYS // 6/5 // \$72
- 83720-C
10:30AM-Noon // M-Th // 4DAYS // 6/12 // \$72
- 83720-D
10:30AM-Noon // M-Th // 4DAYS // 6/19 // \$72
- 83720-E
10:30AM-Noon // M-Th // 4DAYS // 6/26 // \$72
- 83720-F
10:30AM-Noon // M-Th // 4DAYS // 7/10 // \$72
- 83720-G
10:30AM-Noon // M-Th // 4DAYS // 7/17 // \$72
- 83720-H
10:30AM-Noon // M-Th // 4DAYS // 7/24 // \$72
- 83720-I
10:30AM-Noon // M-Th // 4DAYS // 7/31 // \$72





Junior Beginner Tennis & Swim Camp

7+ Years // 1 Can of Unopened Balls

A fun camp for beginners. Learn the forehand, backhand, serve and volley. Kids will eat lunch and enjoy the pool each day at the BRAND NEW Central Pool. Bring a sack lunch and drink every day. Ages 7 and up.

Instructors: Michael Seybold, USPTA and Staff

- 83810-B
10:30AM-1:30PM // M-Th // 4DAYS // 6/5 // \$88
- 83810-C
10:30AM-1:30PM // M-Th // 4DAYS // 6/12 // \$88
- 83810-D
10:30AM-1:30PM // M-Th // 4DAYS // 6/19 // \$88
- 83810-E
10:30AM-1:30PM // M-Th // 4DAYS // 6/26 // \$88
- 83810-F
10:30AM-1:30PM // M-Th // 4DAYS // 7/10 // \$88
- 83810-G
10:30AM-1:30PM // M-Th // 4DAYS // 7/17 // \$88
- 83810-H
10:30AM-1:30PM // M-Th // 4DAYS // 7/24 // \$88
- 83810-I
10:30AM-1:30PM // M-Th // 4DAYS // 7/31 // \$88

Advanced Beginner /Intermediate Tennis & Swim Camp

12+ Years // 1 Can of Unopened Balls

Introduction to tactics and drills. Player development and fun are stressed. Kids will eat lunch and enjoy the BRAND NEW Central Pool. Bring a sack lunch and drink every day. Ages 12 and up.

Instructors: Michael Seybold, USPTA; Bryan Combest, USPTA and Staff

- 83820-B
10:30AM-1:30PM // M-Th // 4DAYS // 6/5 // \$88
- 83820-C
10:30AM-1:30PM // M-Th // 4DAYS // 6/12 // \$88
- 83820-D
10:30AM-1:30PM // M-Th // 4DAYS // 6/19 // \$88
- 83820-E
10:30AM-1:30PM // M-Th // 4DAYS // 6/26 // \$88
- 83820-F
10:30AM-1:30PM // M-Th // 4DAYS // 7/10 // \$88
- 83820-G
10:30AM-1:30PM // M-Th // 4DAYS // 7/17 // \$88
- 83820-H
10:30AM-1:30PM // M-Th // 4DAYS // 7/24 // \$88
- 83820-I
10:30AM-1:30PM // M-Th // 4DAYS // 7/31 // \$88

Evening Classes

Junior Beginner Tennis Camp

7+ Years // 1 Can of Unopened Balls

A fun class for beginners. Learn the forehand, backhand, serve and volley. Kids will play plenty of fun games.

Instructors: Kelly Langdon, USPTA and Staff

83503-A

5:30-7:00PM // W // 4WKS // 6/7 // \$72

83503-B

5:30-7:00PM // W // 4WKS // 7/12 // \$72

83503-C

5:30-7:00PM // W // 4WKS // 8/9 // \$72

Advanced Beginner/Intermediate Tennis

12+ Years // 1 Can of Unopened Balls

Introduction to tactics and drills. Player development and fun are stressed.

Instructors: Michael Seybold, USPTA; John Schlidt, USPTA and Staff

83507-A

5:30-7:00PM // Th // 4WKS // 6/8 // \$72

83507-B

5:30-7:00PM // Th // 4WKS // 7/13 // \$72

83507-C

5:30-7:00PM // Th // 4WKS // 8/10 // \$72



Adult

Adult Beginner Tennis Clinic

1 Can of Unopened Balls

Just for adults! Learn basic strokes, scoring and strategy. Bring one can of new unopened balls to first class.

Instructors: Kelly Langdon, USPTA; John Schlidt, USPTA and Staff

83505-A

7:00-8:30PM // W // 4WKS // 6/7 // \$72

82505-B

7:00-8:30PM // W // 4WKS // 7/12 // \$72

82505-C

7:00-8:30PM // W // 4WKS // 8/9 // \$72

Adult Advanced Beginner/Intermediate Tennis Clinic

1 Can of Unopened Balls

This class is for adults who want to build on existing skills. You will practice all shots and learn techniques and tactics.

Instructors: Kelly Langdon, USPTA; John Schlidt, USPTA and Staff

83506-A

7:00-8:30PM // W // 4WKS // 6/7 // \$72

83506-B

7:00-8:30PM // W // 4WKS // 7/12 // \$72

83506-C

7:00-8:30PM // W // 4WKS // 8/9 // \$72

4.0 Men's Open Drills

1 Can of Unopened Balls

This drill class is designed to work on both singles and doubles point play situations. Get a great workout while getting ready for your next match. A minimum of three (3) players is needed for the drill to make. Please call and register no later than 24 hours in advance. Players should contact the Hurst Tennis Center on Thursday to ensure the class will meet.

Instructors: Kelly Langdon, USPTA, Austin Wynne, USPTA and John Schlidt, USPTA

83444

7:00-8:30PM // TH // Weekly // 6/1 // \$12

Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine at least three days in advance.

Taking Care of City Parks

We make sure our crews inspect our parks on a regular basis, however, litter and vandalism still may occur and additional maintenance may be needed between crew visits. The next time you visit one of our parks and you notice anything that needs attention, please notify the Parks Department at 817-788-7220.

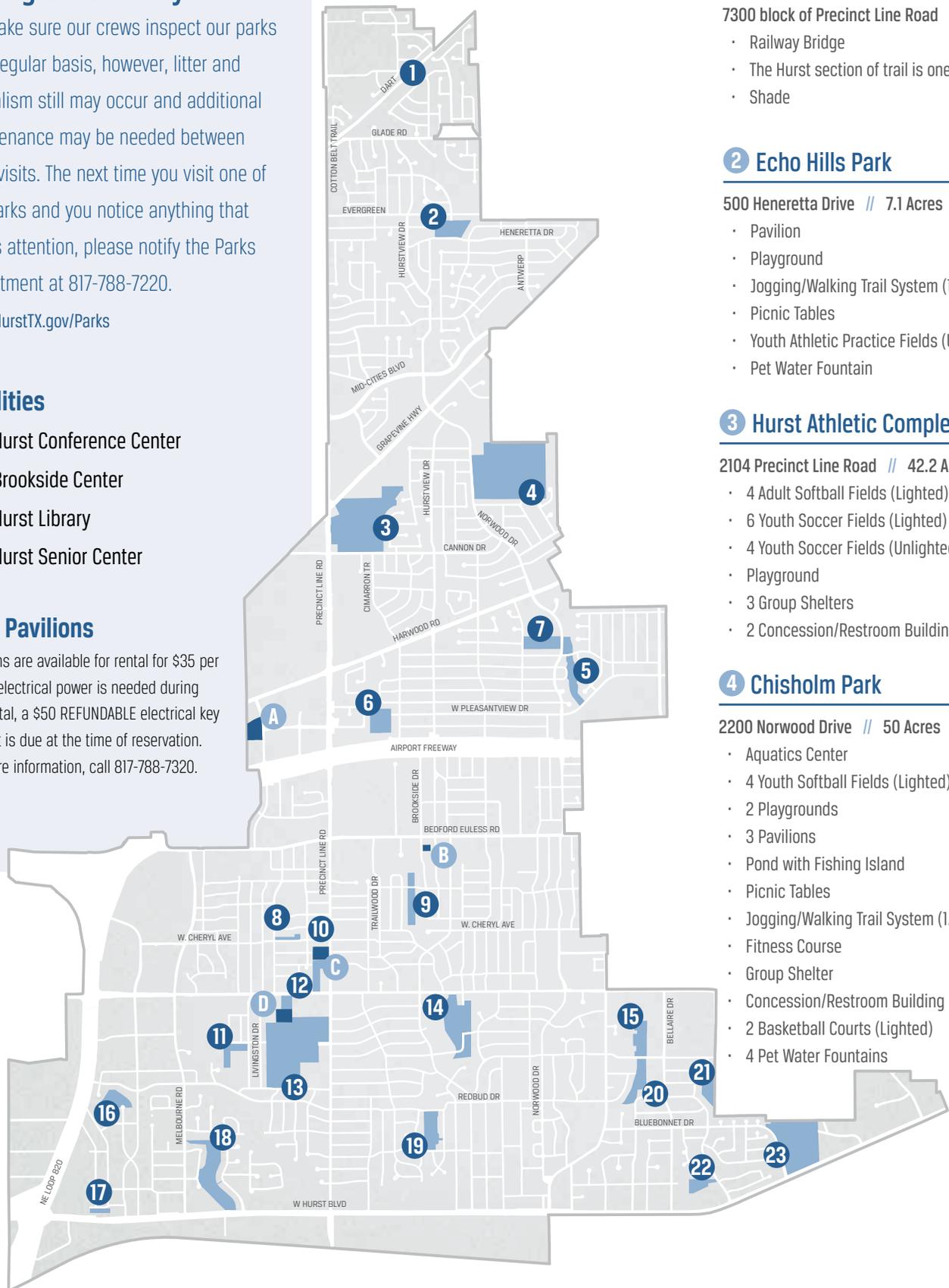
www.HurstTX.gov/Parks

Facilities

- A** Hurst Conference Center
- B** Brookside Center
- C** Hurst Library
- D** Hurst Senior Center

Park Pavilions

Pavilions are available for rental for \$35 per day. If electrical power is needed during the rental, a \$50 REFUNDABLE electrical key deposit is due at the time of reservation. For more information, call 817-788-7320.



1 Cotton Belt Trail

7300 block of Precinct Line Road

- Railway Bridge
- The Hurst section of trail is one mile
- Shade

2 Echo Hills Park

500 Heneretta Drive // 7.1 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

3 Hurst Athletic Complex

2104 Precinct Line Road // 42.2 Acres

- 4 Adult Softball Fields (Lighted)
- 6 Youth Soccer Fields (Lighted)
- 4 Youth Soccer Fields (Unlighted)
- Playground
- 3 Group Shelters
- 2 Concession/Restroom Buildings

4 Chisholm Park

2200 Norwood Drive // 50 Acres

- Aquatics Center
- 4 Youth Softball Fields (Lighted)
- 2 Playgrounds
- 3 Pavilions
- Pond with Fishing Island
- Picnic Tables
- Jogging/Walking Trail System (1.5 miles)
- Fitness Course
- Group Shelter
- Concession/Restroom Building
- 2 Basketball Courts (Lighted)
- 4 Pet Water Fountains

5 Mayfair Linear Park

1725 Norwood Drive // 8.3 Acres

6 Smith-Barfield Park

640 Pleasantview Drive // 6.9 Acres

- Youth Baseball/Softball Field (Lighted)
- 2 Tennis Courts (Lighted)
- Youth Athletic Practice Field (Unlighted)
- Playground
- Pavilion
- Picnic Tables
- Restrooms
- 2 Pet Water Fountains

7 Mayfair Park

1725 Norwood Drive // 14.4 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/4 mile)
- Youth Athletic Fields (Unlighted)
- Pet Water Fountain

8 Windmill Park

840 W. Cheryl Avenue // 2 Acres

- Historical Marker

9 Valentine Park

610 Bedford Court West // 4 Acres

- Youth Athletic Practice Field (Unlighted)

10 Library Park

901 Precinct Line Road

- Pavillion

11 Hurst Hills Park

575 Billie Ruth Lane // 4 Acres

12 Heritage Village Park

841 W. Pipeline Road

- Historical Plaza
- Picnic Table
- 2 Decorative Water Fountains

13 Hurst Community Park

601 Precinct Line Road // 44.9 Acres

- 4 Youth Baseball Fields (Lighted)
- 2 Youth Soccer Fields (Lighted)
- 2 Sand Volleyball Courts (Lighted)
- Pavilion
- 2 Playgrounds
- Multi-Use Trail System (1 mile)
- Picnic Tables
- Wooded Natural Area
- Open Field Play Area
- Concession/Restroom Building
- 2 Group Shelters
- 2 Pet Water Fountains

14 Central Park

700 block of Mary Drive // 17.5 Acres

- Recreation Center
- Aquatics Center
- Tennis Center (10 Lighted Courts)
- 2 Pavilions
- Playground
- Picnic Tables
- 2 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

15 Vivagene Copeland Park

501 Pecan Drive // 5.2 Acres

- Pavilion
- Playground
- Multi-Use Trail System (1/3 mile)
- Open Field Play Area
- 3 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

16 Jaycee-Baker Park

500 Belmont Drive // 4.1 Acres

- Playground
- Picnic Tables
- Pavilion
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

17 Parker Cemetery

1308 Cardinal Lane

18 Billy Creek Park

161 Billy Creek Drive

19 Redbud Park

525 Redbud Drive // 7.2 Acres

- Soccer Field (Unlighted)
- Playground
- Jogging/Walking Trail System (1/3 miles)
- Picnic Tables
- Fitness Course
- Pavilion
- Pet Water Fountain

20 Bellaire Park

500 Pecan Drive // 6.4 Acres

- Playground
- Youth Baseball/Softball Field (Lighted)
- Jogging/Walking Trail System (1/3 mile)
- Pet Water Fountain

21 Wan-Ka-Kani Park

748 Shadylane // 4.1 Acres

- Picnic Tables

22 Highway 10 Linear Park

188 Arwine Drive

- Hurst's undeveloped park land

23 Rickel Park

1001 Bluebonnet Drive // 29 Acres

- 2 Pavilions
- Picnic Tables
- Nature Trails
- Scenic Overlook
- Winding Stream with 2 Bridges
- Jogging/Walking Trail System (1/2 mile)
- Playground
- 2 Pet Water Fountains



City of Hurst
1505 Precinct Line Rd.
Hurst, TX 76054

PRESORTED STANDARD
U.S. POSTAGE PAID
HURST, TX PERMIT NO. 21

Summer 2017

RECREATION CLASS SCHEDULE

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage life-long learning, fitness and fun.

