

*where we live*  
**HURST ★ TEXAS**

SPRING 2016

Annual Report

Good Neighbor Day

New City App



# where we live

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## City Staff

- Allan Weegar** City Manager
- Allan Heindel** Deputy City Manager
- Jeff Jones** Assistant City Manager
- Clay Caruthers** Assistant City Manager
- Greg Dickens** Executive Director of Public Works
- Rita Frick** City Secretary
- Steve Moore** Police Chief
- John Brown** Fire Chief
- Matia Messemer** Executive Director  
of Human Resources
- Steve Bowden** Executive Director  
of Economic Development
- Ashleigh Johnson** Managing Director  
of Marketing and Communications



Photos shot by Kara Crane.



## On the Cover

We've got a lot of fantastic young people in our city, and we wanted to showcase how they enjoy Hurst in the springtime. We met up with a few of our Youth In Government students at Heritage Village Park for the cover shoot. After a quick stop at Braum's for treats, we followed our students to the park where they enjoyed doing what teenagers do best—hanging out! Interested in joining next year's Youth In Government program? Contact Kara at [kcrane@hursttx.gov](mailto:kcrane@hursttx.gov) for information on how to apply.



## Mayor's Message

As we prepare to welcome spring in Hurst, I'm dreaming of more sunlight in the evening, blooming landscapes and concerts in the park! Thankfully I won't have to dream much longer, because all of those things are approaching quickly. We've been gearing up for spring all winter long in the city, and we can't wait for you to enjoy all that we have planned, along with more hours of sunlight and blooming landscapes of course!

Much of that planning went into programming at our Senior Center, Library and our annual family picnic in the park, which is a part of our Heritage Village Presents series. For all the details on that fun, family series, check out page 12.

Special events aren't all we have been working on all winter. The city has beefed up our communication efforts too. We added fun, new snapchat filters for all of our snapchat fans that you can add to your snaps anytime you take a picture in Hurst. We are also launching a new mobile app that will allow users to instantly report any concern or issue they see in the city. For all the details on the new app and where to download it, see page 15.

Thank you for allowing us to serve you. I hope that you and your family will join us at one of our upcoming spring events, and enjoy the spring season with us. Most of all, I hope your new year is off to a fantastic start. I look forward to seeing each of you soon!

- Mayor Richard Ward

## City Council

**Richard Ward** Mayor  
**Bill McLendon** Mayor Pro Tem  
**David Booe** Council Member  
**Larry Kitchens** Council Member  
**Anna Holzer** Council Member  
**Nancy Welton** Council Member  
**Henry Wilson** Council Member

## The Social Media Connection

### City of Hurst

**WEBSITE:** [www.HurstTX.gov](http://www.HurstTX.gov)  
**FACEBOOK:** [www.Facebook.com/CityofHurstTX](http://www.Facebook.com/CityofHurstTX)  
**TWITTER:** @TheCityofHurst  
**INSTAGRAM:** CityofHurstTX  
**PERISCOPE:** @TheCityofHurst  
**PINTEREST:** [www.Pinterest.com/CityofHurstTX](http://www.Pinterest.com/CityofHurstTX)

### Hurst Public Library

**WEBSITE:** [www.HurstTX.gov/Library](http://www.HurstTX.gov/Library)  
**FACEBOOK:** [www.Facebook.com/HurstPublicLibrary](http://www.Facebook.com/HurstPublicLibrary)  
**TWITTER:** @HurstLibrary  
**INSTAGRAM:** HurstPublicLibrary

### Hurst Police Department

**FACEBOOK:** [www.Facebook.com/CityofHurstPD](http://www.Facebook.com/CityofHurstPD)  
**TWITTER:** @HurstPoliceDept

### Hurst Conference Center

**WEBSITE:** [www.HurstCC.com](http://www.HurstCC.com)  
**FACEBOOK:** [www.Facebook.com/HurstCC](http://www.Facebook.com/HurstCC)  
**INSTAGRAM:** HurstConferenceCenter  
**PINTEREST:** [www.Pinterest.com/HurstCC](http://www.Pinterest.com/HurstCC)

### Hurst Recreation Center

**FACEBOOK:** [www.Facebook.com/HurstRecreation](http://www.Facebook.com/HurstRecreation)

### Hurst Fire Department

**TWITTER:** @HurstFireDept

### Other Websites

[www.TransformingHurst.com](http://www.TransformingHurst.com)  
[www.HurstED.com](http://www.HurstED.com)

# SMART Goals

## Healthy ways to achieve your goals for the new year

Did you start out the new year with some goals or new year's resolutions and have struggled to find success? Let's talk about goals and some helpful tips on how to go about making them become reality in a healthy way!

Goals are so important, as they give us hope, direction and focus. They can sometimes turn into a frustration when we struggle to be successful, so let's apply a helpful acronym to help us get started! Be SMART!

**S** - Specific: Make goals that are specific to keep you focused and motivated to move forward. For example, instead of "lose weight," try "lose 1 pound per week."

**M** - Measureable: Your goals should be exact so you can track your victories both large and small. For example, instead of, "exercise more each week," make it "each week I am going to exercise 200 minutes."

**A** - Attainable: Goals that are realistic will encourage you as you stay faithful in the work to reach your goal. For example, "lose 100 pounds" might be your complete goal, but changing it to "lose 20 pounds in the next 10 weeks" is much more manageable and attainable.

**R** - Relevant: Make your goal specific to your interests and needs over what is popular or what someone else in your life is doing. For example, "be healthier" would be much more relevant to you if you made it "reduce my weight by 10% to lower my cholesterol and blood pressure in the next 3 months."

**T** - Time based: We all know the pressure of deadlines and time frames, and we typically respond to that pressure by rising to the occasion. So put a timeline on your goal to make it more likely to succeed!

So take up the challenge this spring and create your own SMART goal. Let us know what your goal is and how we can help you be successful meeting it!

Here in Hurst, you have lots of options for helping you succeed in your goals. We want you to find the most success you can through offering great programs, education, resources, facilities and more! From working with a dietitian or personal trainer at the recreation or senior center, reading the latest healthy book or magazine at the library or participating in education and fun motivational programs offered throughout the year, your possibilities are numerous! Make sure to check out the city web-site, social media and on-site updates at each city facility and enjoy learning more about all the opportunities today!



## Spring Rolls for Spring

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### Ingredients:

- 8 8-inches round spring-roll wrappers (available in grocery stores)
- 2 cups shredded Bibb lettuce
- 8 ounces fresh or frozen cooked, peeled and deveined shrimp, coarsely chopped
- 1 cup shredded carrot
- 1/4 cup sliced scallion
- 2 tablespoons chopped fresh cilantro
- 5 tablespoons bottled peanut sauce
- 2 tablespoons seasoned rice vinegar

### Directions:

Fill a shallow dish with warm water. Dip each spring-roll wrapper in water; place between damp paper towels for 10 minutes. In a large bowl, combine lettuce, shrimp, carrot, scallion, cilantro, 2 tablespoons peanut sauce and 1 tablespoon rice vinegar. Toss.

In a small bowl, stir together the remaining 3 tablespoons peanut sauce and 1 tablespoon rice vinegar; set aside. Place 1/2 cup of the shrimp mixture half an inch from the bottom edge of a wrapper. Fold bottom edge of the wrapper over the filling. Fold sides over and roll up. Repeat with remaining filling and wrappers. Cut each in half; serve with dipping sauce.

**Nutrition Facts:** 1 roll is a serving: 207 cal, 3 g fat, 28g carb, 3g fiber, 15g protein

## Superior Public Water Designation

Did you know that the City of Hurst is proudly recognized and designated by the Texas Commission on Environmental Quality as a **Superior Public Water System**? We are! Public water systems must exceed the minimum acceptable standards of the commission to achieve and maintain this recognition. In an effort to provide our residents with excellent water quality, the Water Utility Division tests approximately 3000 water samples each year. To maintain water clarity and quality as well as safe and adequate flows for fire protection mains, fire hydrants are flushed throughout the city. Fire hydrant flushing is an important tool in maintaining good water quality and firefighting capability and is a year round practice by all cities. So next time you turn on the tap, turn it on with confidence knowing your city has a Superior Public Water System!



## Preparing for severe weather

The severe weather season will soon be upon us, are you prepared? Do you have a way of being notified of impending weather? Do you have adequate food and water if local supplies are cut off for a few hours to a few days? Do you have a communications plan? There are numerous items that you can accomplish before a disaster strikes that can save your life and property. More information can be found at [www.hursttx.gov/emergencymgmt](http://www.hursttx.gov/emergencymgmt) or call 817-788-7238.

**Check out these local weather websites and download their apps today:**

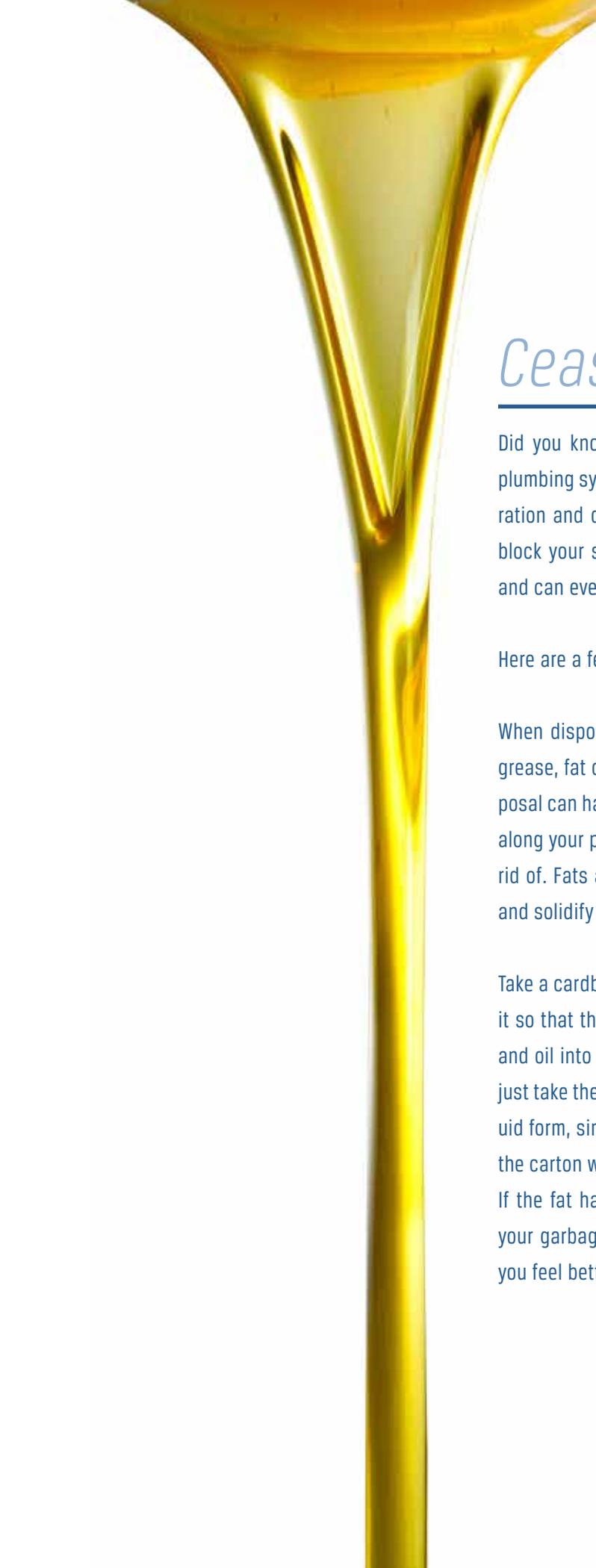
**Fox 4** - [www.fox4news.com/weather](http://www.fox4news.com/weather)

**CBS DFW** - [weather.dfw.cbslocal.com](http://weather.dfw.cbslocal.com)

**NBCDFW** - [www.nbcdfw.com/mobile](http://www.nbcdfw.com/mobile)

**WFAA** - [www.wfaa.com/weather](http://www.wfaa.com/weather)

**NOAA Weather Radios** - [www.nws.noaa.gov/nwr](http://www.nws.noaa.gov/nwr)



## *Cease the Grease*

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Did you know that fats, oils and greases can be harmful to your plumbing system? These materials are generated during food preparation and do not mix well with water. They can also build up and block your sewer pipe, causing sewer overflows inside your home, and can even clog the city sewer mains.

Here are a few tips to help you avoid these major problems:

When disposing of **Fats, Oils and Greases (F.O.G.)**, never pour the grease, fat or oil down the drain! It may seem like your garbage disposal can handle it, and yes, it is a liquid, but these oils can build up along your pipes and eventually cause clogs that can be hard to get rid of. Fats are the most notorious for this because they are sticky and solidify into a gooey mess when cool.

Take a cardboard or plastic milk carton and cut off the top portion of it so that the opening is wide enough for you to easily pour grease and oil into it without spilling. For those disposable fast food cups, just take the lid off and you're good to go. If the grease or oil is in liquid form, simply pour it into your carton or cup. Carefully dispose of the carton with the grease or oil with the rest of your trash/garbage. If the fat has solidified, scrape it off of your pan/pot straight into your garbage can. You can scrape it into a container if that makes you feel better. Let's all do our part and cease the grease!

## Senior Center



### Membership Information

Monday, Tuesday, Wednesday, Friday: 7:00AM-7:00PM // Thursday: 7:00AM-9:00PM

The Hurst Senior Activities Center is open to seniors only, ages 55 and over.

- Membership is required in order to use the Senior Center amenities or participate in activities and programs. (Occasionally, we will offer special programs that are open to the general public.)
- Membership begins the day you register and ends one year from that date. For example, if you register and pay for your membership on February 1, your membership will expire on January 31 of the following year.

Fees for the Senior Center are as follows:

- Hurst Residents - \$20 per membership year. (Equivalent of about \$1.67 per month.)
- Nonresidents - \$80 per membership year. (Equivalent of about \$6.67 per month.)
- These fees include many free classes, programs and activities at the Senior Center, as well as membership to our state-of-the-art fitness room.
- Some classes, programs and activities may require additional fees to cover the cost of supplies, refreshments and/or instructor fees.

## Lunch Program

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The Senior Center offers a weekly meal program called "A Quick Bite". On Tuesdays, for only \$5, you get a cup of the soup of the day, your choice of the entrée of the day or a sandwich with a bag of chips and a pickle. All lunches come with a dessert. Grab a friend and stop by the Senior Center for "A Quick Bite"!

The lunch program policies and details are as follows:

- You must register at the front desk for lunch and complete "A Quick Bite" menu selection slip. Payment is expected at the time of registration. Registration can be made any time prior to 10 a.m. on Tuesdays. Reservations will not be accepted after 10 a.m. No exceptions.
- The kitchen staff and volunteers cannot take payments. Please pay for lunch at the front counter and obtain a receipt. The receipt is only valid for the date lunch was purchased. No refunds or rain checks for lunches will be issued.
- Quantities may be limited and may sell out before 10 a.m.
- Meal recipients are encouraged to consume food on the premises. Taking food home from the meal site is done at your own risk. To-go boxes are not available.
- Due to health code policies, personal food items cannot be held in the kitchen refrigerators. Lunches will be available for pick-up on Tuesdays between noon and 1 p.m. Lunches not picked up by 1 p.m. must be discarded.



## Donor Board

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Did you know that you can give to the Senior Center Donation Fund? Donations are used to purchase non-budgeted items for the Senior Center. Donations are recognized through the Donor Board located on the east side wall of the building next to the staff offices. A plaque inscribed with your choice of inscription (space limited) will be placed on the board based on the following levels of donation:

- Bronze - \$250
- Silver - \$500
- Gold - \$1,000
- Platinum - \$2,000+

For more information or to make a donation, contact the Senior Center Director Linda Rea at 817-788-7710.

## Regular Programs, Classes, Groups and Activities

### "Need to Knows"

The *Senior Pipeline* is the Senior Center's monthly newsletter and calendar. It is full of information on Senior Center programs and activities. The *Senior Pipeline* is not distributed by postal service. The next month's edition of the *Senior Pipeline* is available after 1 p.m. on the third Thursday of the current month. You are welcome to come by anytime during operating hours to get a copy. Most programs and activities do require registration/sign up. Sign ups begin on the first business day of each month at 8 a.m. and continue throughout the month. Some classes and programs fill up fast, so we encourage you to come in early to register for your preferred activities.

#### Arts & Crafts

- Glass Fusion
- Quilting
- Beading & Glass Jewelry
- Painting and Drawing
- Ceramics

#### Groups

- "The Happy Hatters of Hurst" Friendship Club
- Aircraft & Helicopter Science
- Travel
- Book Club
- Grief Support
- Knot-a-Lot

#### Computer Classes

- Beginning and Intermediate Users, General Overview
- Email
- File Management
- Internet
- Microsoft Word®
- Private Lessons (By Appt. \$5 for 30 minutes.)

#### Fitness Programs

- Zumba™ Gold
- Tai Chi & Yoga
- Fit Start Exercise
- Line Dance, Hawaiian Dance
- Personal Training
- DVD-led group exercise classes

*The Senior Center has many monthly activities. Dances are held on the second and fourth Thursday of every month at 7 p.m. Cost is \$5 at the door, and it's open to the public for ages 55-plus. There are two opportunities for playing FREE bingo each month. Potluck Bingo is always on the first Thursday of the month. Members are asked to bring a side dish or dessert to share. Bingo in the Afternoon is on the third Wednesday of the month and features great prizes and light refreshments. We offer Breakfast Club and Movies & Munchies once a month for only \$3 per person. Space is limited and the menu varies, so check the Senior Pipeline for details.*

The Senior Center hosts several open activities, and there are no fees or sign-up required. See the *Senior Pipeline* for day and time details so you can join in on the fun!

- Duplicate & Party Bridge
- Mah-jongg
- Nintendo Wii™ Games
- Dominoes, 42 & Chicken Foot
- Ping-pong
- Canasta
- Billiards



### Blackeyed Peas and Cornbread

Senior Center members got a head start on 2016 and celebrated New Year's Eve with a Blackeyed Pea and Cornbread lunch. There were plenty of "lucky" peas and well wishes for the New Year. Special thanks to Parkwood Retirement for sponsoring our New Year's Eve luncheon.

### Happy Hatters of Hurst

The Happy Hatters of Hurst met on December 11 for their Annual Christmas Lunch and Gift Exchange. Over 20 women came together to share a meal, catch up with friends and enjoy the holiday season. The Happy Hatters of Hurst was established in August 2011. What started out as a small group of women has grown into an organized friendship club that meets each month. Plans are underway for some exciting outings and activities in 2016, including a Soup Swap and Coloring Contest in January, Death by Chocolate in February, a Green Food Luncheon in March and a trip to the Dallas Arboretum in April. Check the Senior Pipeline for dates and times for the Happy Hatters of Hurst meetings. The Hatters invite all women to come be a part of the group.

## Senior Center Upcoming Events & Classes

Here are just a FEW of our upcoming special events. (You must be a member to participate. Sign-up and fees may be applicable.)

### Al Nelson Show

Audiences all over the country have given Al Nelson standing ovations many times over for his amazing showmanship and vocal talents. His presentation of the hits spanning the 50's through the 70's incorporates audience participation, comedy and high energy choreography. Join the Senior Center as we welcome Al Nelson for an afternoon of LIVE entertainment! **FREE!**

4-5 p.m. // 2/18

### You Can Paint with Oils

Even if you've never held a paint brush or can't draw a straight line, you will be amazed at the beautiful oil painting you can create in one fun and inspiring lesson. Beginners learn basics of color mixing, brush strokes and perspective while completing a detailed landscape or seascape under the patient guidance of award winning "Teacher of the Year" Susan & Robert Garden, founders of the Robert Garden School of Art. All art supplies, canvas, paints, brushes, easel and a detailed lesson plan are provided. Bring paper towels and wear old clothes. Instructor fee \$15; Supply fee \$18.

9:30 a.m.-12:30 p.m. // 2/29

9:30 a.m.-12:30 p.m. // 3/11

9:30 a.m.-12:30 p.m. // 4/15

### Adventures in Art Exhibit

Come enjoy the artwork created by BISD's special needs students. Artwork will be on display during the normal operating hours of the Senior Center, March 8-11. Exhibit is open to the public. Senior Center members can plan to meet the students and the teachers on Tuesday, March 8 at a special come and go reception from 4-6 p.m.

Normal operating hours // 3/8-11

### Health Benefits & Business Expo

Get to know local businesses and the service and products they provide. Receive healthy living tips, screenings, opportunities for community involvement and more. Door prizes will be given away throughout event.

10 a.m.-Noon // 3/31



### Document Shredding

Start your spring cleaning by clearing out your old files. Bring your papers and documents to the Senior Center to be shredded. All shredded material is securely recycled. By participating you will save trees, water, landfill space, oil and electricity! **FREE!**

10 a.m.-Noon // 4/22

### Winstar Trip

It's time for our annual trip to Winstar! A chartered deluxe motor coach will pick you up and drop you off at the Senior Center. Senior Center membership is not required, so friends and family are welcome to join us. We should arrive at Winstar in plenty of time for you to enjoy the free Senior Breakfast at the Gran Via Buffet. Registration opens April 1st and will close April 29. You must sign up in advance. Please plan to arrive early for departure as the bus will leave promptly at 8 a.m. No refunds unless trip minimum is not met. \$20/pp.

8 a.m.-6 p.m. // 5/4

### Aquatics Classes

- **Unstructured Water Time** is available Monday/Wednesday/Friday between the hours of 10 a.m.-noon. Stop by the Senior Center for more details and pricing.
- **Water Wellness** is a great water workout if you have sore or tight joints, lower back pain, balance issues, or general aches and pains. Come try this gently paced water wellness class to ease your symptoms. See Senior Center Aquatics Class Schedule for days, times and fees.
- **Aqua Party Fun** is a great low-impact aqua class that is perfect for any fitness level. You will move it and groove it using the water and various equipment tools for resistance to help you improve your muscle tone, and strength. See Senior Center Aquatics Class Schedule for days, times and fees.
- **Work It In Water** will help you improve your cardio strength, endurance and muscle tone. Aqua weights, noodles and kick boards, along with your own body weight will be used to maximize your workout. See Senior Center Aquatics Class Schedule for days, times and fees.



## Heritage Village Presents

Heritage Village presents is a series of FREE events held at Heritage Village Park in the spring and fall. Heritage Village Park is located in Southwest Hurst at 841 W. Pipeline Road. The City of Hurst invites you to attend our first event for Spring 2016 - our Grand Family Picnic!

Look for more information on our upcoming April and May events in the next Where We Live, the city's website and Facebook page.

### Grand Family Picnic

Pack a picnic lunch, bring lawn chairs or a blanket, and come enjoy this outdoor event for the whole family! The fun in the park begins at 11:00 a.m. with free games and activities. The entertainment continues with a performance by Vocal Trash at noon. After you've enjoyed your picnic lunch, have a complimentary cupcake courtesy of the City of Hurst. For more information, contact Community Services at 817-788-7305.

11:00AM-2:00PM // W // 3/16

**Save the Date!**

**April 29** - Concert in the Park

**May 26** - Summer Kick Off



## Good Neighbor Day

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**Bellaire Shopping Center // April 23, 30**

Spring is just around the corner and so is the 20th Annual Good Neighbor Cleanup Event. The event will be held at the Bellaire Shopping Center on April 23 and 30.

The event runs from 7 a.m. through noon both days. Our staff will be onsite to collect your used motor oil, cooking oil, gas, antifreeze pesticides, herbicides, old batteries, old computers, electronic devices, tree limbs, scrap metal and most any kind of trash or junk around the house in need of disposing. **We "WILL NOT" be accepting Pharmaceuticals of any kind at this event or any future events.** In addition, no tires, explosives, compressed gas or contractor related business debris will be accepted.

Latex paint and stains can safely be put in the garbage for

disposal at a landfill, as long as the paint is dry or solidified first. Small amounts of latex paint should be dried out by removing the lid and exposing it to the air. Larger quantities should be solidified by mixing cat litter, sawdust, dirt or shredded paper into the paint. Once the latex paint is hardened or solidified, place the can with **the lid off** in your garbage container. The waste hauler needs to be able to verify that the paint has been solidified.

We are also happy to offer document shredding again this year. So protect yourself from identity theft and gather up all of those personal papers you have been meaning to have destroyed and watch them be shredded right before your eyes. For more information, call the Environmental Services Department at 817-788-7217.

## Volunteers - In - Action

Are you interested in meeting new people, making use of your talents or gaining a new skill? Do you want to support your community while learning more about City of Hurst operations? Then join the City of Hurst's Volunteers-In-Action program! Volunteers are used throughout the City including the following departments:

- Police
- Hurst Conference Center
- Library
- Parks
- Fire
- Recreation
- Finance
- Senior Center

Volunteer application packets can be picked up at the Community Services' offices in the Hurst Public Library or accessed online through the city's website at [www.hursttx.gov](http://www.hursttx.gov). For more information, please contact the Community Services Department at 817-788-7305.



## Website Survey

We want your opinion! We're revamping our city website, and we want to know what you think. Please take a moment to fill out our brief survey from your home computer, at work or in specially designated areas in various city facilities. Visit [www.hursttx.gov/survey](http://www.hursttx.gov/survey) to take the survey. We appreciate your feedback!



## Snapchat

Do you love to Snap Chat?! You can now enjoy some new filters we've added to let your followers know you're sending your snaps from Hurst!



## Where We Live Hurst app on iTunes

We're adding another tool to our belt that will help us better connect with our residents; a mobile app! Where We Live Hurst is a real time mobile civic engagement platform that provides a free, simple, and intuitive outlet for citizens to report concerns, issues and questions for timely resolution. Users will have the ability to take a photo and send it directly to city staff to report visibility concerns, outages and more. Available for both Apple and Android devices, download it today at the iTunes store and start connecting with your city.

## The Social Media Connection

Are you a social butterfly? We are, too.

### Facebook:

**City of Hurst:** <http://www.facebook.com/cityofhursttx>

**Police Department:** <http://www.facebook.com/CityofHurstPD>

**Library:** <http://www.facebook.com/HurstPublicLibrary>

**Conference Center:** <http://www.facebook.com/hurstcc>

**Recreation Center:** <http://www.facebook.com/HurstRecreation>

**Youth In Government:** <http://www.facebook.com/YouthinGovernment>

### Twitter:

@TheCityofHurst

@HurstFireDept

@HurstLibrary

@HurstPoliceDept

### Instagram:

cityofhursttx

hurstpubliclibrary

hurstconferencecenter

### Periscope:

@TheCityofHurst

### Pinterest:

[www.pinterest.com/CityofHurstTX](http://www.pinterest.com/CityofHurstTX)

[www.pinterest.com/HurstCC](http://www.pinterest.com/HurstCC)



# Hurst Public Library

901 Precinct Line Road, Hurst, TX // 817-788-7300 // [www.HurstTX.gov/Library](http://www.HurstTX.gov/Library)



## Ongoing Adult Programs

### AARP Tax Assistance

Visit the library to set up your appointment (required).

Noon-4:00PM // T // 2/2-4/12

### Brown Bag Book Club

Bring your lunch and join us at noon the first Thursday of every month for informal book discussions in the Reading Alcove. Check the library website or call to find out what we are reading!

Noon // 1st Thursday

## Ongoing Children's Programs

### Babygarten

Babies, Birth to 18 Months, with Caregiver

Babygarten is an educational curriculum involving songs, rhymes, and activities that help babies with language acquisition and preliteracy skills. Space is limited, so please register at 817-788-7302.

Wednesday Sessions

10:30-11:30AM // W // 4/6-5/11

Saturday Sessions

10:30-11:30AM // S // 4/2-5/7

### Chess Club

Elementary School Ages + // 4:00-5:00PM // M

### Story Time

3 - 6 Years // 10:45-11:15AM // T

### Toddler Time

1 - 3 Years // 10:00-10:30AM // M & TH

Monday, Wednesday, Friday, Saturday: 10:00AM-6:00PM // Tuesday, Thursday: 10:00AM-9:00PM



## Teen Zone

### Middle School Madness

6<sup>th</sup> - 8<sup>th</sup> Graders

Come play our new Wii U! Enjoy snacks while playing in the Teen Zone!

4:00-5:00PM // T // Through May 17

### Teen Game Night

7<sup>th</sup> - 12<sup>th</sup> Graders

Wii want you at game night! Bring your own game or play one of ours. The Teen Zone is the place to be!

7:00PM // TH // 4/7

7:00PM // TH // 5/5

## Volunteer Opportunities

### For Students

Ages 14-18

- Do you need volunteer hours this summer? Have you considered volunteering at the library?
- We need lots of help with the Summer Reading Club. Come by the Library or check the website starting March 1st to get information on how to apply.

## L. D. Bell Art Reception

7<sup>th</sup> - 12<sup>th</sup> Graders and art lovers of all ages

March 3 - 7:00PM

Come see art pieces by students from L.D. Bell High School. Share refreshments and mingle with the student artists whose work will be on display for the month of March. Bring a friend!

# Hurst Public Library



## Children's Programs

### Pick a Bluebonnet

3rd-6th Graders

Get to know the 2016-17 Bluebonnet list! Hear excerpts from each of the 20 selections and enjoy activities related to each title.

3:30-5:00PM // TWThF // 5/3-6

### Puppet People Workshop

4th-8th Graders

Calling Puppet People—old and new! Would you like to try your hand—or two—at puppetry? Now's your chance! We'll be working on shows for kids this summer. Call 817-788-7302 to register.

4:00-5:00PM // W // 3/16

4:00-5:00PM // W // 4/20

4:00-5:00PM // W // 5/18

### Teddy Bear Picnic

Ages 4-11

Celebrate Children's Book Week by bringing your favorite stuffed animal—bear or not!—to the Library for an indoor tea time. Refreshments, stories, and other activities round out a special afternoon spent with friends, human and not! Reservations are required and will be taken at the Youth Services Desk starting Monday, April 18. Call 817-788-7302 to reserve your seat.

3:00-4:00PM // S // 5/7

### The Book Experience

For All Ages

Family story time. Experience stories in many different ways—not just with your eyes and ears!

*The Story Depends on YOU!*

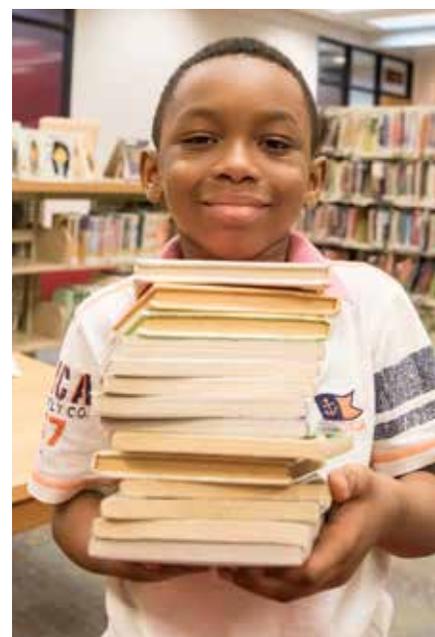
7:00PM // T // 3/8

*You're SO Silly!*

7:00PM // T // 4/12

*Get Moving!*

7:00PM // T // 5/10





## Programs For All Ages

### Make and Take Craft

For All Ages

Stop by our table for a FREE seasonal craft for you to make and take home with you. This craft is for all ages, but our younger library friends may need help from an adult or older sibling.

6:30-7:30PM // TH // 2/11

### Masterworks at the Library

For All Ages

#### **EVENING MasterWorks AT THE LIBRARY**

FREE for all ages and open to the public, the MasterWorks Music Series is an ongoing series funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with Arts Council Northeast. Please check the library website for upcoming concert information.

7:00PM // 4th Thursday



## Exercise Your Mind. Read! Summer Reading Club 2016

Time to stretch and bend that imagination! Get in shape with a summer of reading fun! All ages are encouraged to join the Hurst Summer Reading Club and participate in the reading, special programs and fun! Registration begins May 26 with our Summer Blast-Off at Heritage Village featuring a concert by a special musical guest. Reading for the club continues through July 28; special weekly programs begin the week of June 6. Come to the Library to register or register online at [www.hursttx.gov/library](http://www.hursttx.gov/library).



# HURST RECREATION CENTER

Spring into fitness at the Hurst Recreation Center

If you are ready to "Spring into Fitness" and improve your personal health, wellness and fitness, the Hurst Recreation Center is the place for you. You can schedule a session with our personal trainer to formulate a custom-designed fitness plan, or you can explore on your own! Our Fitness Center has all of the equipment you will need to complete a well-rounded and balanced workout.

The Cardio Room is equipped with treadmills, elliptical cross-trainers, and lateral trainers, all of which have individual television screens that will allow you to watch your favorite TV show while you workout. You can also use your iPod to listen to your favorites or enjoy our HDTVs while using not only our treadmills and ellipticals, but our bikes, stairclimbers, rowing machines and seated crosstrainers as well. There is something for everyone! And any complete fitness program includes a strength training regimen. We have an extensive selection of machined weights and plate-loaded strength equipment, as well as dumbbells and flexibility equipment. For more information on any of our activities or classes, contact the Recreation Center 817-788-7325.

Come and enjoy our activities and programs: 100's of classes, shoot some hoops with your friends, enjoy a game of racquetball, volleyball or pickleball, use the jogging/walking track to

get some exercise, or work out in our state-of-the-art fitness center. Equipment for all activities are available for check out with your "Quality of Life" Rec Card at the front desk of the Recreation Center.

Interested in a lower impact group exercise activity? Check out our Pickleball program; a lively racquet game for all ages and abilities. Pickleball is a mix between tennis and badminton and is played with 2 people on each team. Courts are set up and ready at the Recreation Center on Mondays, Wednesdays, and Fridays during specified hours. Come see what it's all about or call for more details on prices and times at 817-788-7325.

## **Our Commitment to Quality**

Your satisfaction is our goal... we strive to provide you with quality recreation programs, and we take pride in making your recreation experience an enjoyable one. Join us this season for recreational, educational and lifelong learning opportunities. If you are not completely satisfied with your recreational experience, please call us at 817-788-7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation.

**Classes begin the week of March 16** (unless otherwise indicated)



## Hours of Operation

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Monday–Thursday // 6:30AM–10:00PM

Friday // 6:30AM–6:00PM

Saturday // 9:00AM–6:00PM

Sunday // 1:00PM–6:00PM

## Contact Information

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700 Mary Drive  
Hurst, TX 76053  
817-788-7325

## Recreation Center Fees

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### Hurst Residents

Daily Pass: **\$2**

Youth Annual Pass (6-15 Years):  
**\$20 Per Year**

Youth Fitness Annual Pass (12-15 Years):  
**\$50 Per Year**

\* 12-13 Years must have adult supervision

Adult Annual Pass (16-64 Years):  
**\$50 Per Year**

Senior Annual Pass (65+ Years):  
**\$20 Per Year**

Family Annual Pass:  
**\$125 Per Year**

Replacement Card Fee: **\$5**

### Non-Hurst Residents

Daily Pass: **\$10**

Youth Annual Pass (6-15 Years):  
**\$80 Per Year**

Youth Fitness Annual Pass (12-15 Years):  
**\$200 Per Year**

\* 12-13 Years must have adult supervision

Adult Annual Pass (16-64 Years):  
**\$200 Per Year**

Senior Annual Pass (65+ Years):  
**\$80 Per Year**

Replacement Card Fee: **\$5**

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*Help Us Help You!*  
**Please Enroll Early**

Help us keep your favorite classes around by enrolling early. There is a point when a class must be cancelled due to low enrollment. Help us prevent class cancellations by registering early!

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## 3 Years and Younger Programs



## Awesome Twos

2 Years // Supply Fee \$10

Let's get together and play! We will learn our shapes and colors, create crafts and just have a blast playing and learning at the same time!

*Instructor: Dottie Nicholson*

12090-A

9:00-9:45AM // M // 8WKS // 3/21 // \$30

## Crazy Daisy Spring Fun

18 Months - 2 Years // Supply Fee \$5

Let's have fun while developing our fine motor skills through fun craft projects! We will complete our craft projects by using scissors, pens, paints and pencils.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12130-A

10:00-10:30AM // W // 8WKS // 3/23 // \$28

## Happy Feet

2 Years

Let's get those feet tapping and those bodies moving! We will have fun with music and movement while working on the development of our gross motor skills.

*Instructor: Dottie Nicholson*

12095-A

9:00-9:30AM // F // 8WKS // 3/25 // \$28

## Little Painters

2 Years // Supply Fee \$5

We'll create masterpieces using finger paints, stencils, sponges and even rocks!

*Instructor: Dottie Nicholson*

12333-A

10:00-10:30AM // M // 8WKS // 3/21 // \$28

## Little Tyke Soccer

2 - 3 Years // Tennis Shoes Required

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport.

*Instructor: Stacie Castillo*

12600-A

9:00-9:30AM // F // 8WKS // 3/25 // \$28

## Mom and Me Soccer

1 - 2 Years // Tennis Shoes Required

Time to not only play with your tot, but get some exercise as well! We will learn the basics of soccer and how to make a G0000000AAAAALLLLL!

*Instructor: Stacie Castillo*

12700-A

8:30-9:00AM // F // 8WKS // 3/25 // \$28

## 3 Years and Younger Programs



### GYMNASTICS

#### Parent/Tot Tumbling

16 - 36 Mos // One Child Per Parent

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling and coordination.

*Instructor: Tammy Slovensky*

- 32040-A  
9:30-10:00AM // T // 8WKS // 3/22 // \$28
- 32040-B  
9:30-10:00AM // W // 8WKS // 3/23 // \$28
- 32040-C  
9:30-10:00AM // TH // 8WKS // 3/24 // \$28
- 32040-D  
9:30-10:00AM // F // 8WKS // 3/25 // \$28
- 32040-E  
11:30-Noon // F // 8WKS // 3/25 // \$28

*Instructor: Miranda Slovensky*

- 32040-F  
5:30-6:00PM // T // 8WKS // 3/22 // \$28
- 32040-G  
7:00-7:30PM // TH // 8WKS // 3/24 // \$28

### GYMNASTICS

#### Tiny Tykes

2.5 - 3.5 Years

Here's a class that introduces your child to the basic motor skills for tumbling and acquaints tots with the gymnastics equipment.

*Instructor: Tammy Slovensky*

- 32030-A  
10:00-10:30AM // T // 8WKS // 3/22 // \$28
- 32030-B  
11:30-Noon // T // 8WKS // 3/22 // \$28
- 32030-C  
10:00-10:30AM // W // 8WKS // 3/23 // \$28
- 32030-D  
10:00-10:30AM // TH // 8WKS // 3/24 // \$28
- 32030-E  
10:00-10:30AM // F // 8WKS // 3/25 // \$28

*Instructor: Miranda Slovensky*

- 32030-F  
10:00-10:30AM // M // 8WKS // 3/21 // \$28
- 32030-G  
6:00-6:30PM // T // 8WKS // 3/22 // \$28
- 32030-H  
6:30-7:00PM // TH // 8WKS // 3/24 // \$28

### Music Maker – Spring Fun

18 Months - 2 Years // Supply Fee \$5

Music is a proven educator for children of all ages. Come learn how to march, dance, move, and groove. Music helps your fine and gross motor skills, direction and spatial concepts. We will make a new instrument each week to take home.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

- 12000-A  
10:30-11:00AM // W // 8WKS // 3/23 // \$28

### Numbers for Little Learners

2 - 3 Years // Supply Fee \$5

Come create fun projects to help with number concepts. Let's learn your numbers and their value.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

- 12123-A  
9:30-10:00AM // W // 8WKS // 3/23 // \$28

### Phonics Fun for Little Learners

2 - 3 Years // Supply Fee \$5

Come learn your letters and sounds with fun projects. We will work together to learn our letters.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

- 12045-A  
9:00-9:30AM // W // 8WKS // 3/23 // \$28



### »»» Please Remember

With your child's best interest in mind, we ask that parents do not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is effected by parental distractions and interruptions. Parents may sit in the lobby or lounge areas. Please do not sit in the hallway.

## 3 Years and Older Programs

## Chemistry Fun 101

3 - 5 Years // Supply Fee \$5

Let's make our life rock with chemistry fun! We will learn the three different phases of m?

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12020-A

9:45-10:15AM // T // 8WKS // 3/22 // \$28

## Creative Healthy Chef

3 - 5 Years // Supply Fee \$10

Calling all pre-schoolers to the kitchen for some fun! Come learn how to create a healthy breakfast, lunch, and dinner.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12170-A

10:30-11:15AM // T // 8WKS // 3/22 // \$30



## Claytime Fun

3 - 6 Years // Supply Fee \$10

Does your pre-schooler need to work on those fine motor skills? Clay is a great tool for working on those skills while having fun.

*Instructor: Dottie Nicholson*

12145-A

9:45-10:15AM // W // 8WKS // 3/23 // \$28

## Cooking Fun

3 - 6 Years // Supply Fee \$10

Let's learn about different foods and how to prepare them for us to enjoy!

*Instructor: Dottie Nicholson*

12250-A

11:30-12:15PM // F // 8WKS // 3/25 // \$30

## Cut, Paint & Create

3 - 5 Years // Supply Fee \$5

Create your own art work by learning to use scissors, paint, and different materials to create 3-D art!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12055-A

9:00-9:45AM // T // 8WKS // 3/22 // \$30

## Dinosaurs Roam

3 - 6 Years // Supply Fee \$10

If your little one "digs" dinos they will enjoy this class that explores the world of dinosaurs through stories, crafts, songs and play.

*Instructor: Dottie Nicholson*

12666-A

10:45-11:30AM // M // 8WKS // 3/21 // \$30

## Hands-On Math

3 - 5 Years // Supply Fee \$5

Let's learn numbers the fun way! We will learn to add, subtract and count. We will also use musical instruments to help us have fun while learning!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12205-A

9:45-10:30AM // M // 8WKS // 3/21 // \$30

12205-B

9:45-10:30AM // TH // 8WKS // 3/24 // \$30

## How Does Your Garden Grow?

3 - 6 Years // Supply Fee \$10

Do you wonder how a seed turns into a plant? Let's find out together as we plant seeds and see what happens! We will learn about plant life and how they grow.

*Instructor: Dottie Nicholson*

12075-A

9:45-10:15AM // F // 8WKS // 3/25 // \$28

## 3 Years and Older Programs

### Kitchen Science

3 - 6 Years // Supply Fee \$10

Did you know there are tons to learn about science while in the kitchen? Science is all around us and we'll explore science in the kitchen!

*Instructor: Dottie Nicholson*

12200-A  
10:30-11:15AM // F // 8WKS // 3/25 // \$30

### Let's Paint

3 - 6 Years // Supply Fee \$5

We'll create masterpieces using finger paints, stencils, sponges and even rocks!

*Instructor: Dottie Nicholson*

12115-A  
9:00-9:30AM // W // 8WKS // 3/23 // \$28

### Little Tyke Basketball

3 - 5 Years // Athletic Shoes Required

Dribbling, passing and shooting are all part of the basics of basketball. Let's give it a try!

*Instructor: Stacie Castillo*

12335-A  
10:00-10:30AM // F // 8WKS // 3/25 // \$28

### Little Tyke Soccer

3 - 5 Years // Tennis Shoes Required

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport.

*Instructor: Stacie Castillo*

(4-5 years)  
12600-B  
9:30-10:00AM // F // 8WKS // 3/25 // \$28

*Instructor: Keely Castillo*

(3-5 years)  
12600-C  
5:30-6:00PM // W // 8WKS // 3/23 // \$28

### Trains

3 - 6 Years // Supply Fee \$5

All aboard! Calling all conductors to climb aboard as we play trains.

*Instructor: Dottie Nicholson*

12444-A  
10:30-11:15AM // W // 8WKS // 3/23 // \$30

### Phonics Fun - STEP 1

3 - 5 Years // Supply Fee \$5

Come one, come all to the big sounds of letters. You will learn pre-reading skills through games and activities that teach phonics.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12030-A  
9:00-9:45AM // M // 8WKS // 3/21 // \$30  
12030-B  
9:00-9:45AM // TH // 8WKS // 3/24 // \$30

### Phonics Fun - STEP 2

3 - 5 Years // Supply Fee \$5

Ready for some more phonics? Come take the next step of Phonics Fun and learn some more!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12035-A  
10:30-11:15AM // M // 8WKS // 3/21 // \$30  
12035-B  
10:30-11:15AM // TH // 8WKS // 3/24 // \$30

### Pre-School Athletics

3 - 6 Years // Tennis Shoes Required

Let's get moving this summer with Athletics! We will follow a typical PE format, including individual skills as well as team interaction.

*Instructor: Tammy Slovensky*

12300-A  
11:30AM-Noon // W // 8WKS // 3/23 // \$28



## 3 Years and Older Programs

## Reader's Workshop

4 - 6 Years // Supply Fee \$5

Participants will read stories, create souvenirs, develop group books and summarize by performing plays.

*Instructor: Anne Stokes*

12888-A

6:30-7:30PM // TTH // 8WKS // 3/22 // \$55

## Science Fun 101 - Space

3 - 5 Years // Supply Fee \$5

Let's learn about space! We'll take off into outer space!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12025-A

11:15AM-Noon // M // 8WKS // 3/21 // \$30

## Tiny Dancer

3 - 4 Years // Ballet and Tap Shoes Required

Your tiny dancer will learn tap, ballet and rhythmic movements.

*Instructor: Rachel Van Kleef*

12060-A

5:15-5:45PM // TH // 8WKS // 3/24 // \$28

*Instructor: Sherri Longino*

12060-B

9:05-9:35AM // S // 8WKS // 3/26 // \$28

### »»» Please Remember

In order to provide the best learning environment, children ages 3 and up must be toilet-trained.



## Ready for Kindergarten - Prep Program

4 - 5 Years // Supply Fee \$25

This program is designed to prepare your student for Kindergarten. The program will meet Monday - Thursday from 8:30 - 2:30 p.m and is an on-going program following the HEB ISD School Calendar.

The class will be structured like Kindergarten and prepare your child for their big step into formal education. The goal is help each child develop a love of learning in a safe and caring environment. The children will be exposed to reading, writing, math, and science.

The teacher, Anne Stokes, graduated from Indiana University with a B.S. in Education, majoring in Elementary Education with a minor in Early Childhood Education and Reading. She taught Kindergarten and first grade for 9 years in the Dallas/Ft. Worth area. However, her true calling is Pre-schoolers and began teaching this program in 2011 following the Leap Frog curriculum.

The monthly fee of \$295 is due by the first class of each month. If the fee is not paid by the first class of the month, the child will not be able to participate in class. The class is limited to 12 children and is a school year commitment. A \$25 supply fee will be due to the instructor on the first day of class in August and on the first day of class in January.

*Instructor: Anne Stokes (Experienced and certified school teacher - B.S. in education in elementary education and a minor in early childhood education and reading.)*

11050-C : March

8:30AM-2:30PM // M-TH // 3WKS // 3/1 // \$222

12050-A : April

8:30AM-2:30PM // M-TH // 4WKS // 4/4 // \$295

12050-B : May

8:30AM-2:30PM // M-TH // 4WKS // 5/2 // \$295

3 Years and Older Programs



GYMNASTICS

Tumbling Tots I

3 - 4 Years

Your tot will strengthen motor skills and enhance their coordination while learning tumbling skills and the use of all gymnastics equipment.

Instructor: Tammy Slovansky

- 32011-A  
10:30-11:00AM // T // 8WKS // 3/22 // \$28
- 32011-B  
10:30-11:00AM // W // 8WKS // 3/23 // \$28
- 32011-C  
10:30-11:00AM // TH // 8WKS // 3/24 // \$28
- 32011-D  
11:30AM-Noon // TH // 8WKS // 3/24 // \$28
- 32011-E  
10:30-11:00AM // F // 8WKS // 3/25 // \$28

Instructor: Miranda Slovansky

- 32011-F  
10:30-11:00AM // M // 8WKS // 3/21 // \$28

Instructor: Meredith Flint

- 32011-G  
5:00-5:30PM // M // 8WKS // 3/21 // \$28
- 32011-H  
5:00-5:30PM // W // 8WKS // 3/23 // \$28

GYMNASTICS

Tumbling Tots II

4 - 5 Years

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

Instructor: Tammy Slovansky

- 32022-A  
11:00-11:30AM // T // 8WKS // 3/22 // \$28
- 32022-B  
11:00-11:30AM // W // 8WKS // 3/23 // \$28
- 32022-C  
11:00-11:30AM // TH // 8WKS // 3/24 // \$28
- 32022-D  
11:00-11:30AM // F // 8WKS // 3/25 // \$28

Instructor: Miranda Slovansky

- 32022-E  
11:00-11:30AM // M // 8WKS // 3/21 // \$28

Instructor: Meredith Flint

- 32022-F  
5:30-6:00PM // M // 8WKS // 3/21 // \$28
- 32022-G  
5:30-6:00PM // W // 8WKS // 3/23 // \$28

Writer's Workshop

4 - 6 Years // Supply Fee \$5

Participants will work through the writing process to illustrate and develop individual stories.

Instructor: Anne Stokes

- 12444-A  
5:30-6:30PM // TTh // 8WKS // 3/22 // \$55

Yes, I Can Draw!

3 - 5 Years // Supply List

Yes, you can draw! You will develop your fine motor skills by putting your creativity to work through drawing.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

- 12895-A  
11:15AM-Noon // T // 8WKS // 3/22 // \$28



## Youth Programs

## Ballet & Tap I

5 - 8 Years // Ballet and Tap Shoes Required

You will learn tap, ballet and rhythmic movements.

*Instructor: Sherri Longino*

22120-A

9:40-10:10AM // S // 8WKS // 3/26 // \$28

## Ballet II

5 - 9 Years // Ballet Shoes Required

Have you taken Ballet & Tap I and are ready to learn more? Here is your chance to take your skills to the next level, focusing on Ballet. **Must have completed 2 sessions of Ballet & Tap I.**

*Instructor: Sherri Longino*

22125-A

10:15-10:45AM // S // 8WKS // 3/26 // \$28

**GYMNASTICS**

## Beginner Gymnastics

5 - 10 Years

You will learn body control while performing the basic fundamentals of gymnastics and dance on the floor, beam, bars and vault.

*Instructor: Miranda Slovensky*

32051-A

6:30-7:30PM // T // 8WKS // 3/22 // \$32

32051-B

5:30-6:30PM // TH // 8WKS // 3/24 // \$32

*Instructor: Meredith Flint*

32051-C

4:00-4:00PM // M // 8WKS // 3/21 // \$32

32051-D

4:00-5:00PM // W // 8WKS // 3/23 // \$32

## Basketball 101

7 - 12 Years // Athletic Shoes Required

Dribbling, passing, and shooting are all part of the basics of basketball. Let's give it a try!

*Instructor: Kelly Castillo*

22101-A

6:30-7:00PM // W // 8WKS // 3/23 // \$28

## Creative Healthy Chef

5 - 12 Years // Supply Fee \$10

Come learn how to create a healthy breakfast, lunch and dinner.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

22060-A

12:20-1:15PM // W // 8WKS // 3/23 // \$30



Youth Programs

**Girls Volleyball Beginners Basics**

7 - 12 Years // Athletic Shoes Required

Do you have an interest in playing volleyball? We will learn the basics to get you started.

Instructor: Keely Castillo

22035-A

7:00-7:30PM // W // 8WKS // 3/23 // \$28

**Guitar for Youth**

9 - 12 Years // Guitar Required

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility, and strength. **Appropriate size guitar is required. Electronic clip-on tuners are suggested. Parents are welcome to participate.**

Instructor: Jan Ryberg

22020-B

4:30-5:15PM // M // 8WKS // 3/21 // \$70

**Guitar Prep**

5 - 8 Years

We will practice basic muscle memory, pitch and rhythm exercises laying the groundwork for good guitar technique. You will learn basic songs. **1/2 size guitar and parent participation required.**

Instructor: Jan Ryberg

22020-A

3:45-4:30PM // M // 8WKS // 3/21 // \$70

**Happy Snacking for Homeschoolers**

6 - 12 Years // Supply Fee \$10

Recipes will include simple foods you can make yourself using minimal supplies.

Instructor: Dottie Nicholsson

22555-A

3:00-3:45PM // T // 8WKS // 3/22 // \$30

**Hippity-Hop Dance**

5 - 8 Years

Interested in hip-hop dance? We will keep it fun and creative while learning basics.

Instructor: Sherri Longino

22333-A

11:25-11:55AM // S // 8WKS // 3/26 // \$28

**Homeschool Art**

5 - 12 Years // Supply Fee \$10

Art is all around us. You will learn about different kinds of art, including painting, drawing, and sculpting.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

22040-A

11:30-12:15PM // W // 8WKS // 3/23 // \$30



## Youth Programs



## Homeschool Biomes II

6+ Years // Supply Fee \$10

Homeschool Biomes continued, with rainforest, tundra and more.

*Instructor: Dottie Nicholson*

22135-A  
2:00-2:45PM // T // 8WKS // 3/22 // \$28

## ITF Taekwon-Do

6 - 16 Years

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in D/FW. You will increase your flexibility, physical fitness, self-defense, self-control, discipline, stress relief, self-esteem and concentration.

*Instructors: Jonathan Nguyen/Bart Powell (member of ITF-Unified and Grandmaster Van Binh)*

22700-A : White and Yellow Belts  
6:00-7:00PM // TH // 8WKS // 3/24 // \$46  
22700-B : Advanced Belts  
7:00-8:00PM // TH // 8WKS // 3/24 // \$46

## Karate/Self-Defense

5 - 15 Years

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

*Instructors: Bob Klavitter*

22111-A : Beginner 8-15 Years  
6:00-8:00PM // M // 8WKS // 3/21 // \$40  
22111-B : Beginner 5-7 Years  
4:00-5:00PM // MW // 8WKS // 3/21 // \$40  
22111-C : Advanced 8-15 Years  
5:00-6:00PM // MW // 8WKS // 3/21 // \$40

## Let's Fly

5 - 12 Years // Supply Fee \$10

Come create things that fly! Design flying machines, learn about pre engineering, and have lots of fun!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

22010-A  
1:45-2:30PM // M // 8WKS // 3/21 // \$30

## Movin, Groovin

5 - 12 Years // Tennis Shoes Required

Come learn to have fun while moving our bodies. "Drill Sergeant Mary" will lead the way through relays and games. We will also work on waiting in lines, following directions and our manners.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

22150-A  
1:00-1:45PM // M // 8WKS // 3/21 // \$30

## Youth Programs

### Olympic Sport of Judo

6 - 12 Years

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a 10-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an on-going monthly class with new students starting on the first Monday of the month.

*Instructors: Kim Mesa (5th degree black belt and certified USA Judo International Coach)*

#### MARCH

21900-C

6:00-7:00PM // MW // 4WKS // 3/2 // \$40

#### APRIL

22900-A

6:00-7:00PM // MW // 4WKS // 4/4 // \$40

#### MAY

22900-B

6:00-7:00PM // MW // 4WKS // 5/2 // \$40

### Sewing Club

7+ Years // Supply Fee \$25

We will learn the basic sewing techniques by hand and by machine. We will also learn how to select and sew using a pattern. **Supply fee includes all supplies except scissors.**

*Instructor: Dottie Nicholson*

22320-A

4:15-5:30PM // T // 8WKS // 3/22 // \$32

### »» Please Remember

With your child's best interest in mind, we ask that parents do not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is effected by parental distractions and interruptions. Parents may sit in the lobby or lounge areas. Please do not sit in the hallway.

### Soccer Skills

7 - 12 Years // Tennis Shoes Required

Are you looking to improve your soccer skills? Grab your athletic shoes and ball, and let's get started! We will go over your basic skills and begin working on more advanced skills.

*Instructor: Keely Castillo*

22500-A

6:00-6:30PM // W // 8WKS // 3/23 // \$28

### Tap II

5 - 9 Years // Tap Shoes Required

Have you taken Ballet & Tap I and are ready to learn more? Here is your chance to take your skills to the next level, focusing on Tap. **Must have completed 2 sessions of Ballet & Tap.**

*Instructor: Sherri Longino*

22165-A

10:50-11:20AM // S // 8WKS // 3/26 // \$28

### Watercolor Fun

5 - 12 Years // Supply Fee \$10

Calling all kids! Come explore your creative side by creating your very own watercolors. You will learn about color combinations and different applications

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

22090-A

5:30-6:20PM // T // 8WKS // 3/22 // \$30

### Yes, I Can Draw!

5 - 12 Years // Supply List

Yes, you can draw! You will learn how to draw using drawing pencils, colors and paper.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

22118-A

4:30-5:20PM // T // 8WKS // 3/22 // \$30



## Adult Programs

## Belly Dance: Step 1 Its Foundations

### Adults and Mature Teens 13+ Years

Whether you have been dancing all your life and taken other belly dance classes, or are just starting out in dance, this class is for you! In this class you will learn the basics of Improv Tribal Style belly dance (ITS) with an introduction to the fundamentals of tribal movement, partner work, isolations, strength-building and drills for muscle memory. Geared toward the new student, but vital to continuing students for refinement, this class establishes a strong foundation for every dancer and is instrumental in familiarizing students specifically with the Tribal Evolution troupe format. This is a low-impact dance class suitable for all body types.

*Instructor: Tiffany Skalberg*

42200-A  
7:00-8:00PM // T // 8WKS // 3/22 // \$56

## Belly Dance: Step 2 More Its

### Adults and Mature Teens 13+ Years

Take your newfound belly dance skills and challenge yourself at this next step in your dance explorations. In this class the emphasis is on refinement. We will cover more complex drills and improv combinations, building on what you have learned in the Foundations class. We will use live music for this class, affording you the opportunity to also learn to use percussion instruments (in the form of zills) to dance. **This class is best used in combination with Step 1 ITS Foundations as there is no breakdown of the foundation steps. Please complete at least one session of Step 1 before registering for Step 2.**

*Instructor: Tiffany Skalberg*

42224-A  
8:00-9:00PM // T // 8WKS // 3/22 // \$56

## Belly Dance: Step 3 Take it to the Stage

### Adults and Mature Teens 13+ Years

Now that you have perfected your dance skills in Step 1 and Step 2, you are ready to create a performance. This class will focus on taking your ITS vocabulary and making it show-worthy by adding props, staging, and interaction with a band. You will also learn to use props such as the veil, skirt, sword and zills. **Please complete at least one session of Step 1 and 2 before registering for Step 3.**

*Instructor: Tiffany Skalberg*

42222-A  
9:00-9:45PM // T // 8WKS // 3/22 // \$40

## Belly Dance - Tribal Evolution

This class covers the unique Improv Tribal Style of Tribal Evolution Belly Dance Company. This class is a professional performance-level class that will teach you to include props, musical interpretation, musician interaction, staging and show layout. **Instructor approval required.**

*Instructor: Tiffany Skalberg*

42226-A  
7:30-9:00PM // TH // 8WKS // 3/24 // \$46



## Tri City Promenaders

Did you know that the Tri City Promenaders offers square dance lessons at Brookside Center on Tuesday nights from 7:30-9:30 p.m.? Drop by and give it a try! Email [tricitypromenaders@gmail.com](mailto:tricitypromenaders@gmail.com) for more information.



## Boot Camp

### 13+ Years

Today's the day to achieve the goal you have been putting off. Come early and then have your whole day to be proud of what you accomplished that morning. Boot camp is for everyone. You will get help getting past those plateaus, achieve your goals and get to be a fitter YOU! Come tone and tighten with a variety of workouts including core strength, stability ball, weights, steps, circuits, interval training and much more. Decide today that YOU ARE WORTH IT!

*Instructors: Behka Hartmann (Certified Fitness Instructor)*

### MARCH

41420-C  
6:35-7:30AM // MW // 4WKS // 3/2 // \$25

### APRIL

42420-A  
6:35-7:30AM // MW // 4WKS // 4/4 // \$25

### MAY

42420-B  
6:35-7:30AM // MW // 4WKS // 5/2 // \$25

## Adult Programs

### Brush & Palette

#### Supply List

Express your talent through the art of oil painting! Basic strokes, color mixing and application will be covered.

*Instructor: Elaine Roosz*

42110-A

6:30-9:00PM // T // 8WKS // 3/22 // \$50

### Cardio & Tone Boot Camp

Are you struggling finding the time to fit in your cardio and strength/toning goals? Join this boot camp/circuit class to improve your cardiovascular health and muscle tone.

*Instructor: Angela Pond (Certified Fitness Trainer)*

42005-A

6:35-7:20PM // TH // 8WKS // 3/24 // \$35

### Cycle Circuit

Want to crank up your workout, metabolism and energy? Come join us for a blend of cycle and circuit training perfect for fitness at any level. Bring water, a towel and determination!

*Instructor: Angela Pond (Certified Fitness Trainer)*

42300-A

5:45-6:35PM // T // 8WKS // 3/22 // \$36

### Energize Exercise

Do you like to exercise in the morning and feel energized all day? Then this is the class for you. You will exercise at your own level of endurance. The class puts emphasis on your arms, abdomen and legs.

*Instructor: Karen Cowley*

42010-A

8:30-9:15AM // MTThF // 8WKS // 3/21 // \$30



### Fitness Evaluations

Are you getting started on your fitness program and do not know where to begin? A fitness evaluation should be your first step in any fitness program. Your level of fitness is assessed in five components: cardiovascular, muscular strength, muscular endurance, flexibility and body composition. A one hour session is \$41. All evaluations are done by appointment.

*Instructor: Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

### Flow & Strength

Come challenge yourself to grow in flexibility, strength and calmness using yoga, pilates and core movement to improve your health.

*Instructor: Esther White (MS, RD, LD)*

42060-A

12:10-12:50PM // MW // 8WKS // 3/21 // \$36

### Guitar

13+ Years // Guitar Required

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility and strength. We will learn songs using finger-picking, flat-picking and classical techniques.

*Instructor: Jan Ryberg*

42888-A : Beginner

5:15-6:00PM // M // 8WKS // 3/21 // \$70

42888-B : Intermediate

6:00-6:45PM // M // 8WKS // 3/21 // \$70

### Hatha Yoga

Don't Eat 2 Hours Prior // Yoga Mat

Learn more about yourself from the inside out with the tools of yoga. Increase your flexibility, balance and tone your body. Discover the technique of breath control, centering and meditation.

*Instructor: Behka Hartmann, Certified Personal Trainer/Fitness Instructor*

42100-A

10:15-11:10PM // M // 8WKS // 3/21 // \$32

42100-B

10:15-11:10PM // F // 8WKS // 3/25 // \$32

### Hurst Hustlers Running Club

Come join runners, joggers and walkers of all levels for a challenging workout using hills, speed work, distance and drills. You will learn how to run and how to stay injury free all while having fun! This is the perfect way to make friends and meet your running goals.

*Instructor: Esther White (MS, RD, LD)*

42001-A

6:15-7:15PM // M // 8WKS // 3/21 // \$30

### ITF Taekwon-Do

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in D/FW. You will increase your flexibility, physical fitness, self defense, self control, discipline, stress relief, self esteem and concentration.

*Instructors: Jonathan Nguyen/Bart Powell (member of ITF-Unified and Grandmaster Van Binh)*

22700-A : White and Yellow Belts

6:00-7:00PM // TH // 8WKS // 3/24 // \$46

22700-B : Advanced Belts

7:00-8:00PM // TH // 8WKS // 3/24 // \$46

## Adult Programs



## Mix It Up Aerobics

Come have fun getting in shape with this versatile class. We do a variety of fun cardio and strength work to keep it fun, interesting and challenging. If you have never exercised before or if you have been for years, this class is for you! Come mix it up with us and have a great time achieving your goals!

*Instructor: Behka Hartmann (Certified Fitness Instructor)*

42040-A  
9:15-10:10AM // MWF // 8WKS // 3/21 // \$45

## Nutrition Counseling

One-Hour Session \$55 // Three Sessions \$130

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need. Expertise in weight loss and management, disease management, sports nutrition, eating disorders, and general wellness. All evaluations are done by appointment.

*Instructor: Esther White (MS, RD, LD)*

## Olympic Sport of Judo

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a 11-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. Judo involves throwing and grappling techniques. This is an on-going monthly class. New students start the first Monday of the month.

*Instructor: Kim Mesa (5th degree Black Belt and certified USA Judo International Coach)*

### MARCH

41800-C

7:00-8:30PM // MW // 4WKS // 3/2 // \$40

### APRIL

42800-A

7:00-8:30PM // MW // 4WKS // 4/4 // \$40

### MAY

42800-B

7:00-8:30PM // MW // 4WKS // 5/2 // \$40

Adult Programs



### Personal Training

One-Hour Session \$41 // Five Sessions \$172

Do you need motivation to reach your fitness goals? Through personal training, you can reach your cardiovascular and strength training goals with a program tailored for you. Sessions are set by appointment.

*Instructor: Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

### Scaravelli Intermediate

Bring Blanket and Yoga Mat

Are you ready to deepen your yoga practice? Experience steadiness and ease while learning intermediate poses.

*Instructor: Julie Vela (Certified and Registered with Yoga Alliance)*

42100-D  
7:00-7:55PM // W // 8WKS // 3/23 // \$32

### Scaravelli Yoga

Bring Blanket and Yoga Mat

Learn to elongate and extend comfortably into poses by using gravity and your breath. This user-friendly style of yoga will teach you how to relax.

*Instructor: Julie Vela (Certified and Registered with Yoga Alliance)*

42100-C  
8:15-9:15PM // W // 8WKS // 3/23 // \$32

### Slim It Out, Tone It Up

Join us for a fun, challenging and fast-paced workout that uses different moves and equipment to target every muscle in your body. You will walk out with a smile on your face and a little sweat on your shirt!

*Instructor: Esther White (MS, RD, LD)*

42015-A  
6:35-7:25AM // TTh // 8WKS // 3/22 // \$32

42015-B  
12:10-12:50PM // TTh // 8WKS // 3/22 // \$32

### Spin and Sweat

Join us for spinning! Turn the basics of cycling into a great cardio workout that burns calories and fat. Get ready to work hard and sweat like crazy!

*Instructor: Angela Pond (Certified Personal Trainer)*

42444-A  
9:00-9:45AM // T // 8WKS // 3/22 // \$35

42444-B  
5:30-6:15PM // TH // 8WKS // 3/24 // \$35

## Adult Programs



### Tai Chi

The Wednesday evening class will focus on the basics of Tai Chi. Emphasis will be on relaxation, balance and making the mind-body connection necessary in Tai Chi. Class will study the movements of the first section of the Yang long form. The Saturday morning class is for advanced students who have a working understanding of the Yang-style 103-movement form.

*Instructor: David Roark*

#### MARCH

41070-C

7:00-8:15PM // W // 4WKS // 3/2 // \$30  
9:05-10:35AM // S

#### APRIL

42070-A

7:00-8:15PM // W // 4WKS // 4/2 // \$30  
9:05-10:35AM // S

#### MAY

42070-B

7:00-8:15PM // W // 4WKS // 5/4 // \$30  
9:05-10:35AM // S

### The Power Package

**By Appointment Only // Four Sessions \$145**

Join forces with the experts in nutrition and fitness for successful results! Your Power Package includes 2 sessions focused on nutrition with a customized diet plan and 2 sessions focused on fitness with an evaluation and personal exercise plan. All evaluations are done by appointment

*Instructors: Esther White (MS, RD, LD) and Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

### Zumba

13+ Years

This class can only be described as FUN! If you want to party, laugh and have a great time while you lose those unwanted inches, come and join us! The Latin inspired, easy-to-follow, calorie burning, dance fitness party. Feel the music and let loose. Every day of class is a whole new set of dancing and fun.

*Instructor: Behka Hartmann (Certified Fitness Instructor)*

42065-A

6:00-6:55PM // MW // 8WKS // 3/21 // \$45

### Zumba - Gold Toning

Come learn the basic techniques of Zumba in this energizing fitness class by getting your groove on! This is a great way for all ages to get started in Zumba or if you need a lower intensity. We'll use the musical maraca sounding toning sticks to bump up the work out by adding resistance. It's great for the mind, body and soul!

*Instructor: Behka Hartmann (Certified Fitness Instructor)*

42050-A

7:30-8:25AM // TTH // 8WKS // 3/22 // \$40

## « CLASS REGISTRATION

### Registration Policy

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Walk-in registration beginning on **February 15**, at **7:00 a.m.** is open only to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills and Euless whose mail is delivered to a Hurst "address" are not eligible to register until February 22 at 7:00 a.m. Residency is defined by living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on February 22. Out of fairness to all citizens of our community, you may only register the members of your household.

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### Classes begin the week of March 16

(unless otherwise indicated)

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### Sign Up To Register Online

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That's right – you can save time and register your entire family online! To get started, you will need to visit the Hurst Recreation Center to activate your account. If you are a Hurst resident, you will need to bring your **Hurst water bill, Hurst property tax statement or Hurst apartment lease and your photo ID** as proof of Hurst residency to receive the Hurst resident rates. Once you have activated your account and received your user name and password, you will be able to use our online registration feature.

You do not have to wait until your appropriate registration date to activate your account and receive your user name and password. Go ahead and do it the next time you are at the Recreation Center for your current class or working out. Then you will be ready to register online the day registration starts!

### Help Us Help You! PLEASE ENROLL EARLY!

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Help us keep your favorite classes around by enrolling early. There is a point when a course must be cancelled due to low enrollment. Help us prevent course cancellations by registering early!

### Walk-In Registration Times

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**Monday-Thursday: 7:00AM-9:00PM**

**Friday: 7:00AM-5:00PM**

**Saturday: 9:30AM-5:00PM**

**Sunday: 1:30PM-5:00PM**

### Confirmations

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When you register by mail or fax, you will receive a confirmation notice through the postal mail. You will be notified of the designated classes that are not available. If the class is not available, you may select a second choice. If you register online, you may print a copy of your receipt.

### Refund Policy

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When you sign up for one of our classes, we depend on your participation for a successful class. If you have an unforeseen circumstance and cannot attend your class, we will gladly refund your fee with 72 hours notice prior to the start of the class. Thank you for your cooperation.

### Weather Policy

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In case of inclement weather, the Hurst Recreation Center will not conduct classes if the HEB Independent School District cancels its classes for the day.

### Supply Lists

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Some of our classes require a supply list. These classes are noted in this magazine. You will receive a supply list when you register. For mailed registrations, a list will be included with your confirmation letter. **Supplies should not be purchased prior to the Friday before the class starts in case of cancellation.**

# CLASS REGISTRATION FORM

HEAD OF HOUSEHOLD

EMAIL ADDRESS

STREET ADDRESS

APT #

CITY

STATE / ZIP

HOME PHONE

WORK PHONE

PARTICIPANT'S NAME	DOB	GENDER	CLASS #	CLASS FEE
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

Subtotal \$

## GRAND TOTAL

Non-Resident Fee of \$2 per class

\_\_\_\_\_ x \$2  
# OF CLASSES

= \$ \_\_\_\_\_

+ Subtotal \$ \_\_\_\_\_ =

Total Due \$ \_\_\_\_\_

## PAYMENT METHOD

CHECK

CREDIT CARD

CASH

CHECK NUMBER: \_\_\_\_\_

CARD TYPE:  Visa  MasterCard  Discover  American Express

MAIL TO: Hurst Parks and Recreation  
Class Registration

MAKE CHECKS PAYABLE TO:  
City of Hurst

CARD NUMBER: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

700 Mary Drive, Hurst, TX 76053

EXPIRATION DATE: \_\_\_\_ / \_\_\_\_

For the valuable consideration of being allowed to participate in the City of Hurst Parks and Recreation Department's program or use the City's facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from an injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I DO FULLY RELEASE, INDEMNIFY, AND HOLD HARMLESS, THE CITY, ITS EMPLOYEES AND OFFICERS FROM THEIR OWN NEGLIGENCE FOR FAILURE TO PROPERLY DESIGN, INSPECT, OR MAINTAIN THE EQUIPMENT, OR SUPERVISE THE ACTIVITIES TO BE ENGAGED IN OR EQUIPMENT TO BE USED BY THE UNDERSIGNED, AND FOR ANY ACTS OF THIRD PARTIES. The City does not provide any medical or other insurance protection benefits for those who use the recreational equipment or engage in activities on City Premises.

BY SIGNING THE RELEASE, I ACCEPT ALL RESPONSIBILITY FOR INJURIES WHICH MAY BE INCURRED.

SIGNATURE OF PARTICIPANT

DATE

SIGNATURE OF PARENT/GUARDIAN IF USER IS UNDER 18

DATE



## EGGstravaganza 2016

March 19 // 1:00PM // Hurst Community Park, 601 Precinct Line Road

Activities begin at 1 p.m.; Egg Hunt begins at 2 p.m.

FREE. Activities include: crafts, Hurst Clown Arounds, games, photos with Mr. Bunny and refreshments. No pets please.

For more information, call 817-788-7320.

## Catfish Stockings at Chisholm Park

The Texas Parks and Wildlife Department will stock Chisholm Park Pond with catfish again this spring. Please check Texas Parks and Wildlife Department website, Neighborhood Fishin', at [www.neighborhoodfishin.org](http://www.neighborhoodfishin.org).

### STOCKING SCHEDULE

TBA

*Stocking schedule changed to once per month to try and decrease the cormorant mortality of the trout.*

## Patron Appreciation Week

### March 7-11

More than 204,000 members and guests enjoyed using the Hurst Recreation Center last year! And we want to say thank you to all those who have and continue to choose the Hurst Recreation Center as their go-to facility! Whether it's fitness memberships or classes, open gym play, classroom participants, Pickleball, or an occasional visitor, we are extremely grateful for YOU!

We will have give-away items, raffles, refreshments, and more! Be sure to stop by and pay us a visit! For more information, call the Recreation Center at 817-788-7325.



## Concert in the Park

Friday, April 29 // 7:00-8:00PM  
Heritage Village Plaza, 837 W. Pipeline Road

FREE. The concert features a performance by the Northeast Orchestra. Families are invited to bring a picnic dinner, blanket or lawn chairs.

For more information, call 817-788-7320.



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### Youth Sports Associations

**Tri-Cities Baseball & Softball Association**  
 TCBA 817-285-0200  
[www.tcbasesoft.com](http://www.tcbasesoft.com)

**MidCities Basketball Association**  
 MCBBA 817-354-6208  
[www.mcbba.org](http://www.mcbba.org)

**Hurst United Soccer Association**  
 HUSA 817-504-7479  
[www.hurstunited.com](http://www.hurstunited.com)

**MidCities PeeWee Football & Cheerleading Association**  
 817-282-2390  
[www.midcitiespeeweefootball.org](http://www.midcitiespeeweefootball.org)

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## Adult Sports Registration Information

Teams may register in person at the Recreation Administration Office located inside the Hurst Recreation Center, 700 Mary Drive. Hours are Monday, Wednesday and Friday from 8:00 a.m. to 5:00 p.m. and Tuesday and Thursday from 8:00 a.m. to 6:00 p.m. For more information, please call 817-788-7320. Registration information and rules are located online at [www.teamsideline.com/hurst](http://www.teamsideline.com/hurst).

### Adult Softball

#### Summer League Registration

**Returning Team Registration: May 2-3**

*Teams that played in Hurst in 2015 and 2016*

**Open Registration: May 4-27**

**Entry Fee: \$340 for a 10-game season**

*With no city playoffs*

**League Schedules: Available June 1, 4:00PM**

**League Begins: Monday, June 6**

**League Nights:**

- Monday – Men's & Women's
- Tuesday – Men's & Co-ed
- Wednesday – Men's & Co-ed
- Thursday – Men's & Co-ed
- Friday – Men's Church, Men's & Co-ed

\* Registration and/or start dates may be adjusted to accommodate weather related delays.

## Healthy Hurst Online Wellness Program

Healthy Hurst is the City of Hurst's community-wide wellness initiative. With the use of the information and links available on the City of Hurst's Healthy Hurst webpage, participants can increase their health, wellness and fitness.

Healthy Hurst is a FREE program, and all participants receive a Healthy Hurst t-shirt at the time of registration. Participants are encouraged to register for the various FREE events that are offered throughout the year as part of the Healthy Hurst Program.

The Healthy Hurst program is open to all Hurst residents, as well as non-residents who have purchased a Hurst Recreation Center Annual Pass. Incentive awards are available to all participants as they track and log their fitness activities!

**The Healthy Hurst webpage has a myriad of tips and information on nutrition, fitness, wellness and health. Give it a try today!** Let Healthy Hurst help you get started toward your wellness, health and fitness goals! For more information on the Healthy Hurst program, contact the Hurst Recreation Center at 817-788-7325.



### Mission Statement

*The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage lifelong learning, fitness and fun.*

### Parks and Recreation Board

*Chairman:*  
**Alan Neace**

*Vice Chair:*  
**Rod Robertson**

**Carol Cole**

**Karen Spencer**

**Delbert Derrett**

**Cathy Thompson**

**Ralph Hurd**

**Bob Walker**

**Pat King**

### Recreation Staff

*Recreation Director:*  
**Chris Watson**

*Recreation Attendants:*

**Kristen Barnett**

**Mikayla Birdsong**

*Recreation Managers:*

**Amy Sisler**

**Dakota Ford**

**Kristie Weaver**

**Rudy Garcia**

**Luke Grimsley**

*Recreation Supervisor:*

**Mary Singleton**

**Matt Mendez**

**Nancy Phillip**

**Shana Sanders**

*Senior Secretary:*

**Paige Lutz**

**Emily Stacey**

**Cheryl Thompson**

**Irene Thornton**

*Recreation*

*Receptionists:*

**Melanie Cox**

**Susan Derr**

*Facility Maintenance:*

**Judy Arellano**

*Recreation Specialists:*

**Lauren Snyder**

**Aujehl Messier**

**Spring/Summer  
Operating Hours**

*(beginning March 1, 2016)*

**Monday-Thursday: 8:00AM-10:00PM**

**Friday: 8:00AM-7:00PM**

**Saturday & Sunday: 9:00AM-7:00PM**

**Hurst Tennis Center**

701 Mary Drive, Hurst, TX

817-788-7330

**Hurst Tennis Center Staff**

*Tennis Attendants:*

**Cameron Bodily**

**Ben Boerner**

**Sean Burke**

**Ryan Crozier**

**Trent Pence**

**Nick Van Den Handel**

**Taylor Jackson**

**Ibrianna Traylor**

*Tennis Center Coordinator:*

**Austin Wynne, USPTA**

*Tennis Instructors:*

**John Schildt, USPTA**

**Michael Seybold, USPTA**

**Greg Smith**

*Tennis Specialist:*

**Kelly Langdon, USPTA**

**Upcoming Tournaments**

**Spring Mid-Cities Junior Circuit**

April 30

**Hurst Junior Open Tournament**

(USTA Sanctioned)

April 16

**Spring Adult Tennis Leagues**

Spring adult leagues begin February 10. Register by January 13. The cost is \$25 per person. For more information, call the Hurst Tennis Center.



- Lessons and team drills for all ages and abilities
- 10 lighted outdoor courts
- USRSA racquet stringers
- Ball machine rental
- USPTA-certified instructors available
- USTA adult leagues
- Tennis Ball Re-Pressurizing

**How About A Private Lesson?**

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

*Lessons with City of Hurst Tennis Specialist Kelly Langdon, USPTA or Tennis Center Coordinator, Austin Wynne, USPTA*

- \$30 Per Half Hour
- \$52 Per Hour
- \$184 For Series Of 4 Lessons

*Lessons with tennis instructors Greg Smith; John Schildt, USPTA; Mike Seybold, USPTA; Cameron Bodily, USPTA*

- \$26 Per Half Hour
- \$50 Per Hour
- \$180 For Series Of 4 Lessons

The Tennis Center Staff also offers group lessons: \$90 for 1½ hour and \$60 for 1-hour group lessons for league teams.

**Racquet Stringing**

The Hurst Tennis Center has a wide variety of strings and racket accessories. We have USRSA Racket Stringers on staff and guarantee service within 24 hours.

## Youth

### Quickstart Tennis

6 Years and Under // 1 Can of Unopened Balls

An Introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games.

Instructors: John Schildt and Staff

82601-A	5:00-5:30PM	//	M	//	4WKS	//	2/29	//	\$28
82602-A	5:00-5:30PM	//	W	//	4WKS	//	3/2	//	\$28
82601-B	5:00-5:30PM	//	M	//	4WKS	//	4/4	//	\$28
82602-B	5:00-5:30PM	//	W	//	4WKS	//	4/6	//	\$28
82601-C	5:00-5:30PM	//	M	//	4WKS	//	5/2	//	\$28
82602-C	5:00-5:30PM	//	W	//	4WKS	//	5/4	//	\$28

### Junior Beginner Tennis

7+ Years // 1 Can of Unopened Balls

A fun class for beginners. Learn the forehand, backhand, serve and volley. Kids will play plenty of fun games.

Instructors: Mike Seybold, USPTA; and Staff

82502-A	5:30-7:00PM	//	M	//	4WKS	//	2/29	//	\$72
82503-A	5:30-7:00PM	//	W	//	4WKS	//	3/2	//	\$72
82502-B	5:30-7:00PM	//	M	//	4WKS	//	4/4	//	\$72
82503-B	5:30-7:00PM	//	W	//	4WKS	//	4/6	//	\$72
82502-C	5:30-7:00PM	//	M	//	4WKS	//	5/2	//	\$72
82503-C	5:30-7:00PM	//	W	//	4WKS	//	5/4	//	\$72

### Advanced Beginner/ Intermediate Junior Tennis

10 Years and Up // 1 Can of Unopened Balls

For players who have had prior instruction & looking to improve their overall game. Singles and doubles techniques and tactics.

Instructors: Mike Seybold, USPTS; John Schildt and Staff

82504-A	5:30-7:00PM	//	TH	//	4WKS	//	3/3	//	\$72
82504-B	5:30-7:00PM	//	TH	//	4WKS	//	4/7	//	\$72
82504-C	5:30-7:00PM	//	TH	//	4WKS	//	5/5	//	\$72

## Adult

### Adult Beginner/ Advanced Beginner Clinic

1 Can of Unopened Balls

Just for adults! Learn basic strokes, scoring and strategy. Bring one can of new unopened balls to first class.

Instructors: Kelly Langdon, USPTA; and Staff

82505-A	7:00-8:30PM	//	W	//	4WKS	//	3/2	//	\$72
82505-B	7:00-8:30PM	//	W	//	4WKS	//	4/6	//	\$72
82505-C	7:00-8:30PM	//	W	//	4WKS	//	5/4	//	\$72

### Adult Intermediate Clinic

1 Can of Unopened Balls

This class is for adults who want to build on existing skills. You will practice all shots and learn techniques and tactics.

Instructors: Kelly Langdon, USPTA; and Staff

82506-A	7:00-8:30PM	//	W	//	4WKS	//	3/2	//	\$72
82506-B	7:00-8:30PM	//	W	//	4WKS	//	4/6	//	\$72
82506-C	7:00-8:30PM	//	W	//	4WKS	//	5/4	//	\$72

### Men's 4.0 & Above Drop-In Drill

Minimum of 3 Players

This drill class is designed to work on both singles and doubles point play situation. Get a great workout while getting ready for your next competition. **A minimum of three players is needed for the class to make. Players must call and register 24 hours in advance. Players should call the tennis center on Thursday to ensure the class has made.**

Instructors: Kelly Langdon, USPTA; Mike Seybold, USPTA

7:00-8:30PM	//	TH	//	Drills Start 3/3	//	\$12
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### Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine at least three days in advance.



## Party Packages

Let us bring the food to your pool party!

Party Package includes admission to facility plus food. Party Packages may be purchased with or without a pavilion rental. Party Packages go on sale March 21 for Hurst residents and April 4 for non-residents.

## Group Reservations

A Daycare/Group is defined as any person or entity, commercial, in home care or non-profit, who provides structured child care and/or activities, whether year round or seasonal. Any Daycare/Group meeting these criteria will be required to make a reservation, in person, at the City of Hurst Recreation Administration Office, 700 Mary Drive, a minimum of seven (7) working days in advance of the desired date of visit.

Reservations will be taken on a first-come, first-served basis beginning the Monday, March 21 for Hurst groups and Monday, April 4 for non-Hurst groups.

Daycare/Group reservations will be available beginning Wednesday, June 1 continuing throughout the summer season. Reservations are Monday - Friday, beginning at 12:30PM. Only **ONE** reservation per week per Daycare/Group will be allowed.

## Pavilion Rentals

Chisholm Aquatics Center offers four pavilions for you family/group needs. Pavilion rentals do not include admission. Admission is based on residency of the guests, not the party host.

TIME PERIODS: Monday-Friday: 12:00-3:30PM. or 4:00-7:30PM | Saturday & Sunday: 10:00AM-1:30PM or 2:00-5:30PM

Pavillion	Capacity	Price per Time Period
One	30 people	\$40
Two	30 people	\$40
Three	30 people	\$40
Four	75 people	\$100
Five	30 people	\$40

## Locations

### Central Aquatics Center

Under Construction - CLOSED for Summer 2016

715 Mary Drive

817-788-7327

### Chisholm Aquatics Center

2200 Norwood Drive

817-788-7250

### Chisholm Aquatics Center Only

Open Beginning: May 28

## Private Facility Rentals

Chisholm Aquatics Center is available for Saturday and Sunday after hours private rental for Hurst residents. Reservations begin Monday, March 21 and the first available date is Saturday, June 4. Rental hours are 6:30-8:30pm and include all aquatic staff. Price is \$500 plus a \$250 damage deposit. The deposit is due upon reservation and the rental balance is due no later than May 13. Private rentals must be booked in person at the Hurst Recreation Administration office during regular office hours





## Hurst Aquatics

### Learn to Swim Program

Registration: Residents, May 2  
Non-Residents, May 16

Participants will register by age, session and time. The first day of class is a testing day and staff will separate participants by ability. All classes will be held at Chisholm Aquatics Center.

#### Step 1

Select your class as determined by age group.

#### Step 2

Select the session you want.

#### Step 3

Select the time slot. Not all ages offered at all times. Details provided in the summer edition of *Where We Live*.

#### Age Groups

##### Parent/Tot Swim (6 months-3 years)

Parent in the water.

##### Pre-School (3-5 years)

Parent is not in the water; participants should be able to follow direction from instructors.

##### Elementary (6-12 years)

##### Stroke Refinement (10-13 years)

Prerequisites required.

#### Session Dates

##### Session 1

June 6-16

##### Session 2

June 20-30

##### Session 3

July 11-20

##### Session 4

July 25-August 4

##### Saturday Session 1

June 4, 11, 18, 25

##### Saturday Session 2

July 9, 16, 23, 30

#### Class Times

##### Weekday Mornings

8:15-8:50AM

9:00-9:35AM

9:45-10:20AM

10:30-11:05AM

11:15-11:50AM

##### Saturday Mornings

8:15-8:50AM

9:00-9:50AM

## Taking Care of City Parks

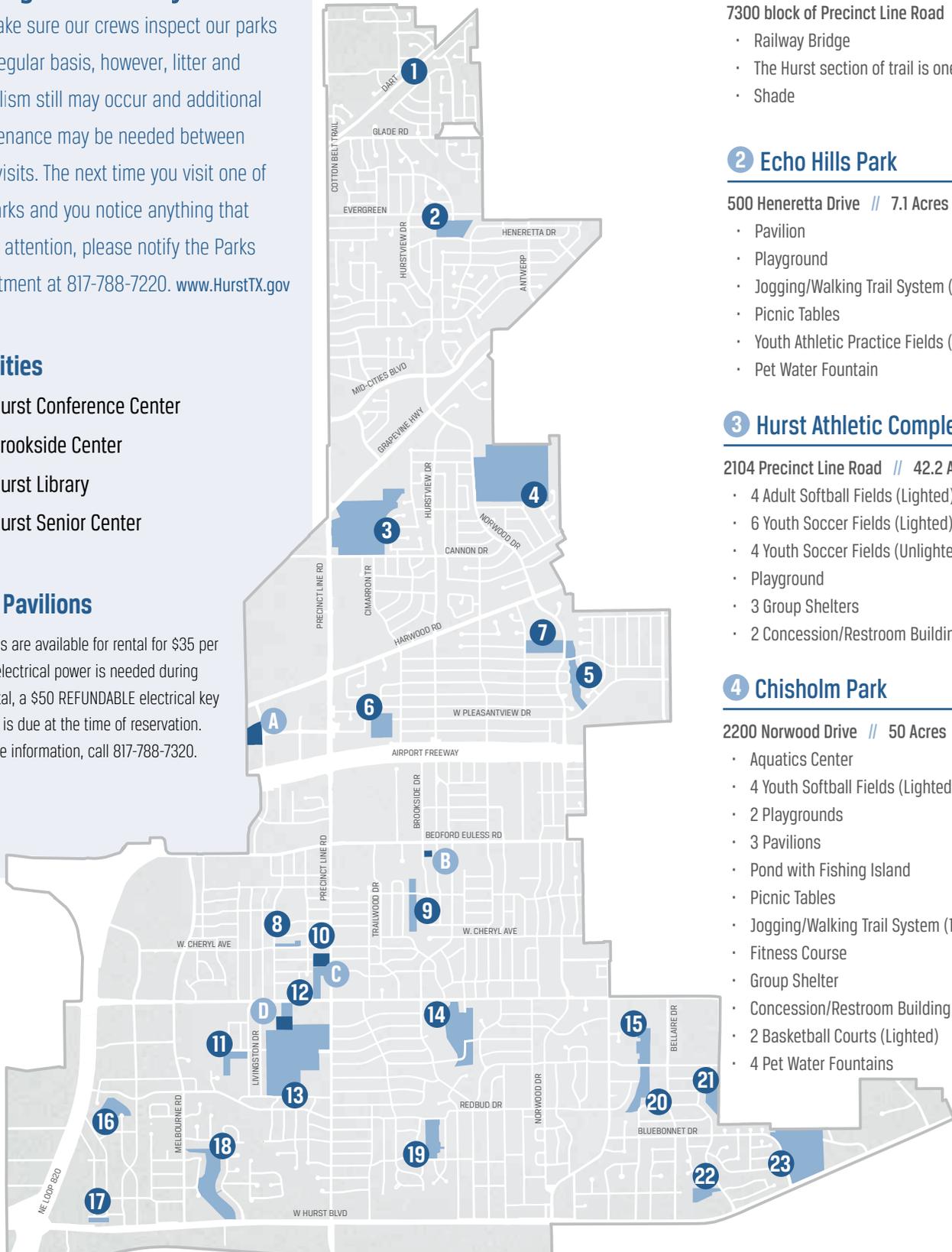
We make sure our crews inspect our parks on a regular basis, however, litter and vandalism still may occur and additional maintenance may be needed between crew visits. The next time you visit one of our parks and you notice anything that needs attention, please notify the Parks Department at 817-788-7220. [www.HurstTX.gov](http://www.HurstTX.gov)

### Facilities

- A** Hurst Conference Center
- B** Brookside Center
- C** Hurst Library
- D** Hurst Senior Center

### Park Pavilions

Pavilions are available for rental for \$35 per day. If electrical power is needed during the rental, a \$50 REFUNDABLE electrical key deposit is due at the time of reservation. For more information, call 817-788-7320.



### 1 Cotton Belt Trail

7300 block of Precinct Line Road

- Railway Bridge
- The Hurst section of trail is one mile
- Shade

### 2 Echo Hills Park

500 Heneretta Drive // 7.1 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

### 3 Hurst Athletic Complex

2104 Precinct Line Road // 42.2 Acres

- 4 Adult Softball Fields (Lighted)
- 6 Youth Soccer Fields (Lighted)
- 4 Youth Soccer Fields (Unlighted)
- Playground
- 3 Group Shelters
- 2 Concession/Restroom Buildings

### 4 Chisholm Park

2200 Norwood Drive // 50 Acres

- Aquatics Center
- 4 Youth Softball Fields (Lighted)
- 2 Playgrounds
- 3 Pavilions
- Pond with Fishing Island
- Picnic Tables
- Jogging/Walking Trail System (1.5 miles)
- Fitness Course
- Group Shelter
- Concession/Restroom Building
- 2 Basketball Courts (Lighted)
- 4 Pet Water Fountains

## 5 Mayfair Linear Park

1725 Norwood Drive // 8.3 Acres

## 6 Smith-Barfield Park

640 Pleasantview Drive // 6.9 Acres

- Youth Baseball/Softball Field (Lighted)
- 2 Tennis Courts (Lighted)
- Youth Athletic Practice Field (Unlighted)
- Playground
- Pavilion
- Picnic Tables
- Restrooms
- 2 Pet Water Fountains

## 7 Mayfair Park

1725 Norwood Drive // 14.4 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/4 mile)
- Youth Athletic Fields (Unlighted)
- Pet Water Fountain

## 8 Windmill Park

840 W. Cheryl Avenue // 2 Acres

- Historical Marker

## 9 Valentine Park

610 Bedford Court West // 4 Acres

- Youth Athletic Practice Field (Unlighted)

## 10 Library Park

901 Precinct Line Road

- Pavillion

## 11 Hurst Hills Park

575 Billie Ruth Lane // 4 Acres

## 12 HERITAGE VILLAGE PARK

841 W. Pipeline Road

- Historical Plaza
- Picnic Table
- 2 Decorative Water Fountains

## 13 Hurst Community Park

601 Precinct Line Road // 44.9 Acres

- 4 Youth Baseball Fields (Lighted)
- 2 Youth Soccer Fields (Lighted)
- 2 Sand Volleyball Courts (Lighted)
- Pavilion
- 2 Playgrounds
- Multi-Use Trail System (1 mile)
- Picnic Tables
- Wooded Natural Area
- Open Field Play Area
- Concession/Restroom Building
- 2 Group Shelters
- 2 Pet Water Fountains

## 14 Central Park

700 block of Mary Drive // 17.5 Acres

- Recreation Center
- Aquatics Center
- Tennis Center (10 Lighted Courts)
- 2 Pavilions
- Playground
- Picnic Tables
- 2 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

## 15 Vivagene Copeland Park

501 Pecan Drive // 5.2 Acres

- Pavilion
- Playground
- Multi-Use Trail System (1/3 mile)
- Open Field Play Area
- 3 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

## 16 Jaycee-Baker Park

500 Belmont Drive // 4.1 Acres

- Playground
- Picnic Tables
- Pavilion
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

## 17 Parker Cemetery

1308 Cardinal Lane

## 18 Billy Creek Park

161 Billy Creek Drive

## 19 Redbud Park

525 Redbud Drive // 7.2 Acres

- Soccer Field (Unlighted)
- Playground
- Jogging/Walking Trail System (1/3 miles)
- Picnic Tables
- Fitness Course
- Pavilion
- Pet Water Fountain

## 20 Bellaire Park

500 Pecan Drive // 6.4 Acres

- Playground
- Youth Baseball/Softball Field (Lighted)
- Jogging/Walking Trail System (1/3 mile)
- Pet Water Fountain

## 21 Wan-Ka-Kani Park

748 Shady Lane // 4.1 Acres

- Picnic Tables

## 22 Highway 10 Linear Park

188 Arwine Drive

- Hurst's undeveloped park land

## 23 Rickel Park

1001 Bluebonnet Drive // 29 Acres

- 2 Pavilions
- Picnic Tables
- Nature Trails
- Scenic Overlook
- Winding Stream with 2 Bridges
- Jogging/Walking Trail System (1/2 mile)
- Playground
- 2 Pet Water Fountains



City of Hurst  
1505 Precinct Line Rd.  
Hurst, TX 76054

PRESORTED STANDARD  
U.S. POSTAGE PAID  
HURST, TX PERMIT NO. 21

*Spring 2016*

## RECREATION CLASS SCHEDULE

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage life-long learning, fitness and fun.

