

*where we live*  
**HURST ★ TEXAS**

SPRING 2014

2014 Annual Report

Citizen's Fire Academy

Heritage Village Presents



# where we live

## In This Issue

Public Library.....	4
Wellness & Health.....	8
Senior Services.....	10
Safe Living.....	14
Our Community.....	16
Recreation Center.....	22
Park System.....	46

## City Staff

- Allan Weegar City Manager
- Allan Heindel Deputy City Manager
- Jeff Jones Assistant City Manager
- Clay Caruthers Assistant City Manager
- Ron Haynes Executive Director of Public Works
- Rita Frick City Secretary
- Steve Moore Police Chief
- John Brown Fire Chief
- Matia Messemer Executive Director of Human Resources
- Steve Bowden Executive Director of Economic Development
- Ashleigh Johnson Managing Director of Marketing and Communications



Photos shot by Stacy Luecker.



## On the Cover

Our spring cover family, John and Lakeesha Joe, have been Hurst residents for more than 15 years. John grew up in Arlington and Lakeesha moved to the HEB area from Florida the summer before her sophomore year in high school. In 1994 John and Lakeesha were married and in 1998 had their first home built in Hurst. The Joe's were blessed with three beautiful boys; Jordan, Joshua and Jacob who keep them extremely busy with all of their activities! The Joe family frequently enjoys the recreation center and both aquatics centers in the summer. The kids have been

taking classes at the recreation center since 2000; Everything from tumble class to hip hop dance.

"Living in the city of Hurst for the past 16 years has been great. I'm glad that we chose this area to raise our family because it has a great community feeling," Lakeesha said.

We met up with the Joe family at one of their favorite Hurst spots, Rave Cinema at North East Mall.



## Mayor's Message

It's almost spring in Hurst and I couldn't be more excited. Like most Texans, I'm ready for warmer temperatures and sunshine! Spring is one of my favorite seasons in Hurst for those very reasons. It's also a great season in Hurst because of all of the fun things we have planned. We have a family picnic in the park as part of our Heritage Village Presents series, our annual Eggstravaganza and this year we're unveiling our brand new Chisholm Park playground. We also have a great lineup at the Hurst Senior Center including dances, a variety of exciting classes and themed nights. Starting to see why Spring is one of my favorite seasons in Hurst? In fact, this may be our best spring ever.

Being the best city we can be is something we strive for every day. We want every season to be your favorite. You can let us know how we're doing by taking our annual citizen survey online. It's available at [www.hursttx.gov](http://www.hursttx.gov) under the In the Know button. You can also contact us with near instant feedback through any of our multiple social media outlets. We take your feedback to heart and the City Council and I use that feedback to assist us each year in setting our strategic plan. We believe Hurst is the best city in Texas and are continually striving to keep it that way.

**"It is a joy and honor to serve as mayor  
of what I consider the best city in Texas."**

We appreciate each and every one of our citizens and the part you play in making Hurst great. I hope that you'll take the time to fill out our survey online and visit with us at our upcoming Town Hall Forum. I also hope that this is your best spring yet!

– *Mayor Richard Ward*

## City Council

**Richard Ward** Mayor  
**Anna Holzer** Mayor Pro Tem  
**David Booe** Council Member  
**Larry Kitchens** Council Member  
**Bill McLendon** Council Member  
**Nancy Welton** Council Member  
**Henry Wilson** Council Member

## The Social Media Connection

### City of Hurst

**WEBSITE:** [www.HurstTX.gov](http://www.HurstTX.gov)  
**FACEBOOK:** [www.Facebook.com/CityofHurstTX](http://www.Facebook.com/CityofHurstTX)  
**TWITTER:** @TheCityofHurst  
**INSTAGRAM:** CityofHurstTX

### Hurst Public Library

**WEBSITE:** [www.HurstTX.gov/Library](http://www.HurstTX.gov/Library)  
**FACEBOOK:** [www.Facebook.com/HurstPublicLibrary](http://www.Facebook.com/HurstPublicLibrary)  
**TWITTER:** @HurstLibrary  
**INSTAGRAM:** HurstPublicLibrary

### Hurst Police Department

**FACEBOOK:** [www.Facebook.com/CityofHurstPD](http://www.Facebook.com/CityofHurstPD)  
**TWITTER:** @HurstPoliceDept

### Hurst Conference Center

**WEBSITE:** [www.HurstCC.com](http://www.HurstCC.com)  
**FACEBOOK:** [www.Facebook.com/HurstCC](http://www.Facebook.com/HurstCC)

### Hurst Recreation Center

**FACEBOOK:** [www.Facebook.com/HurstRecreation](http://www.Facebook.com/HurstRecreation)

### Hurst Fire Department

**TWITTER:** @HurstFireDept

### Other Websites

[www.TransformingHurst.com](http://www.TransformingHurst.com)  
[www.HurstED.com](http://www.HurstED.com)

# Hurst Public Library

901 Precinct Line Road, Hurst, TX // 817-788-7300 // [www.HurstTX.gov/Library](http://www.HurstTX.gov/Library)



## Teen Zone

### Yu-Gi-Oh Card Game Night

6<sup>th</sup> - 12<sup>th</sup> Graders

Yu-Gi-Oh card game mentors will be on hand to teach and play this card game favorite!

6:00-8:00PM // 1<sup>st</sup> & 3<sup>rd</sup> Thursdays // 3/6 & 3/20

6:00-8:00PM // 1<sup>st</sup> & 3<sup>rd</sup> Thursdays // 4/3 & 4/17

6:00-8:00PM // 1<sup>st</sup> & 3<sup>rd</sup> Thursdays // 5/1 & 5/15

### L. D. Bell Art & Photography Reception

7<sup>th</sup> - 12<sup>th</sup> Graders & Art Lovers of All Ages

Come see art and photography works by students from L. D. Bell High School. Share refreshments and mingle with the student artists whose work will be on display during the month of March. Bring a friend!

6:00PM // T // 3/4

### Teen Tech Week

7<sup>th</sup> - 12<sup>th</sup> Graders

Celebrate Teen Tech Week, March 10-14, with two special tech movies.

3:00-5:00PM // T // 3/11

3:00-5:00PM // TH // 3/13

### Volunteer Opportunities

14-18 Years Old

Do you need volunteer hours this summer? Have you considered volunteering at the library? We need lots of help with the Summer Reading Club. Come by the Library or check the website starting March 3<sup>rd</sup> to get information on how to apply.

## Adult Programs

### Brown Bag Book Club

First Thursday of the month at 12 noon in the library reading alcove. Join us for informal book discussion.

**February:** *Fever* by Mary Beth Keane

**March:** *Cuckoo's Calling* by Robert Galbraith (aka J.K. Rowling)

**April:** *The Returned* by Jason Mott



Monday, Wednesday, Friday, Saturday: 10:00AM-6:00PM // Tuesday, Thursday: 10:00AM-9:00PM



## Coupons Made Easy

Would you like to learn more about saving money with coupons? Join us for this free class. Learn the Basics of Couponing, individual stores and their coupon policies, and meet other coupon enthusiasts to trade ideas.

2:00-4:00PM // 3<sup>rd</sup> Saturdays

## Scrapbooking at the Library

Do you enjoy scrapbooking, but need more space to spread out and work? Bring your pages, pictures, and come to the Library Learning Center. Meet other scrapbookers, get new ideas and learn new techniques.

10:00AM-4:00PM // 2<sup>nd</sup> & 4<sup>th</sup> Saturdays

## Tax Assistance (AARP)

Appointment required. Please visit the library to schedule.

NOON-4:00PM // T // 8WKS // 2/4-4/15



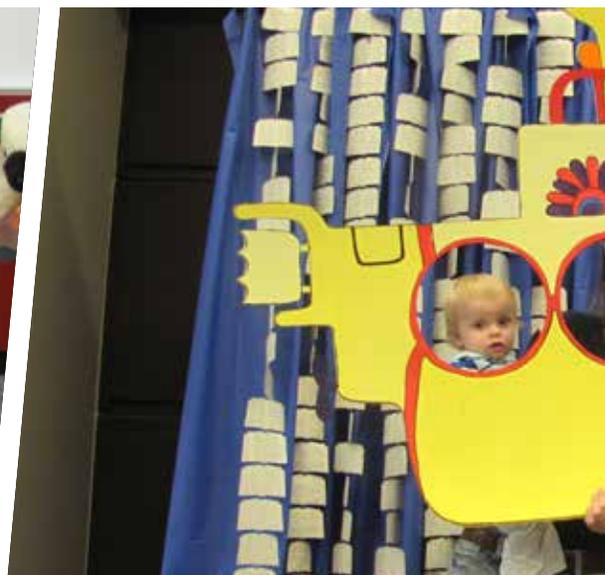
## Masterworks at the Library

Free for all ages, the Masterworks Music Series is an ongoing concert series funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with Arts Council Northeast.

Please contact the library information desk or check the library Facebook page for more concert information.

7:00PM // 4<sup>th</sup> Thursdays // 2/27, 3/27, 4/24

# Hurst Public Library



## Children's Programs

### Babygarten

Babies, Birth to 18 Months, with Caregiver

Babygarten is an educational curriculum involving songs, rhymes and activities that help babies with language acquisition and preliteracy skills. Space is limited, so please register at 817-788-7302.

#### Wednesday Sessions

10:30-11:30AM // W // 4/2-5/7

#### Saturday Sessions

10:30-11:30AM // S // 4/5-5/10

### Chess Club

Elementary School Ages + // 4:00-5:00PM // M

### Puppet People

4<sup>th</sup> - 8<sup>th</sup> Grade

Calling Puppet People – old and new! Would you like to try your hand – or two – at puppetry? Now's your chance! We'll be working on shows for kids this summer. Call 817-788-7302 to register.

4:00-5:00PM // W // 3/19

4:00-5:00PM // W // 4/16

4:00-5:00PM // W // 5/21

### Story Time

3 - 6 Years // 10:45-11:15AM // T

### The Book Experience

#### Family Story Time

Experience stories in many different ways – not just your eyes and ears!

#### Leprechaun Tales

7:00PM // T // 3/11

#### Silly Poetry

7:00PM // T // 4/8

#### Fizz Boom Read! Stories with a touch of science

7:00PM // T // 5/13

### Teddy Bear Picnic

Ages 4-11

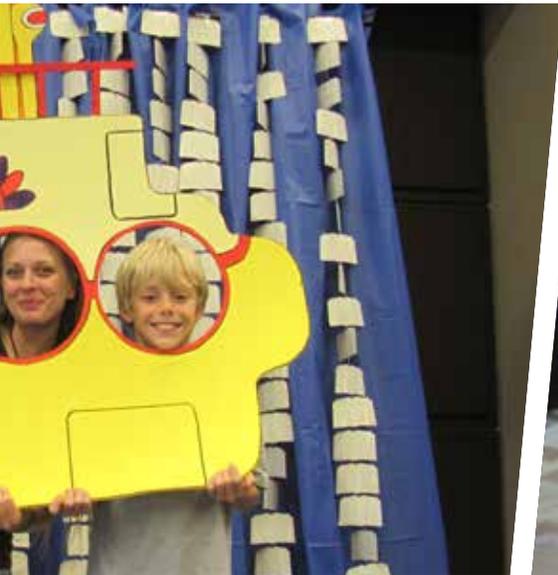
Bring your favorite stuffed animal—bear or not!—for an indoor tea time. Refreshments, stories, and other activities round out a special afternoon spent with friends, human and not! Reservations are required and will be taken at the Youth Services Desk starting Monday, April 21. Call 817-788-7302 to reserve your seat.

3:00-4:00PM // S // 5/10

### Toddler Time

1 - 3 Years // 10:00-10:30AM // M & TH





## Programs For All Ages

### Make and Take Craft Nights

Supplies for all crafts will be provided. All ages are welcome to attend. Our younger library friends will need assistance from an adult. This event will be held in the library lobby.

6:30-7:30PM // TH // 2/13, 3/13, 4/17



### Learning Express Library

Your free path to enlightenment at the Hurst Public Library

- Access to over 800 online practice tests and interactive skill building tutorials to help launch or advance your career.
- Prepare for professional certification, licensing and aptitude tests in civil service, law enforcement, firefighting, EMS, military, real estate, and healthcare, among others.
- Improve workplace skills such as networking, success on the job, business writing and core computer skills.
- Learn how to create professional resumes step-by-step with an easy-to-use program.
- Master the art of interviewing for career advancement, career change, or re-entry into the workforce.
- Prepare for college and graduate school admissions tests including the SAT, ACT, GMAT, GRE, LSAT and MCAT.
- Successfully prepare for the GED test when working toward a high school diploma.
- Dramatically improve or refresh basic skills in reading, writing and math with school learning centers for all ages.

Visit online at [www.hursttx.gov/lel](http://www.hursttx.gov/lel)

## Fizz Boom Read! Summer Reading Club 2014

Find some literary elements that will spark a reaction in you! Join the Hurst Summer Reading Club-and it's not just for kids. All ages are encouraged to participate in the reading, the special programs, and the fun! Registration begins May 27, and all clubs continue through July 31, with special programs for all ages starting in June. Come to the Library to register or register online at [www.hursttx.gov/library](http://www.hursttx.gov/library).



# Improving Your Health

Ready to try something new for spring?

Had a friend or family member mention something new they are doing to improve their health? Interested in what is happening out there? Spring is a great time to try something new in your health routine and start a wellness adventure! Here are some of the trends you might want to check out.

- Rapid burst exercise: doing workouts at all out intensity for 10-20 minutes. These workouts are intense to say the least but they are drawing people in because of their rapid pace and shorter time requirements. It is wonderful to think you can workout for 20 minutes a day and change your life, body and health. You can't be faint of heart but you can be a beginner. Just keep moving!
- Fermented foods like kombucha, sauerkraut,

kim-chee and others are a fun new adventure for the taste buds and the digestive tract. Packed full of taste, tang and probiotics, these foods can make your gut happy and your body more balanced.

- Detox and cleansing: Using food or supplements to cleanse your gut or your internal organs. Most of these cleanses restrict calories and food intake and increase fruit and vegetable consumption. Some are done by juicing, some are supplements and some are specific foods you eat. There are many different variations that target different parts of the body. But a simple rule is that if you want to cleanse inexpensively, eat only organic raw or frozen fruits and veggies for 3-7 days.

- Dry brushing: using a body brush or loofah to brush the whole body to increase your health. Some of the claimed benefits are that dry brushing can remove cellulite, increase circulation, cleanse the lymphatic system, remove dead skin, strengthen the immune system, tighten and tone and improve digestion.
- Oil pulling: Using oil to pull out toxins via the mouth to improve overall health. The idea is very simple, you put organic unrefined oil, such as coconut, in your mouth and swish for up to 20 minutes. Benefits are supposed to be, detoxification, improved oral health, whitening teeth naturally and many other dental improvements.
- Essential oils: using active plant components to get a therapeutic effect in the body. Used for hundreds of years as nature's medicine, essential oils are very popular for all sorts of purposes. Things like using peppermint to stop a headache or lavender to treat a bee sting, maybe even using wild orange to improve your mood and concentration. The possibilities are endless, from allergies to zits, there is an oil for that!

Here in Hurst, you have lots of options for learning more about health and wellness and asking about the latest trends. From working with a dietitian or personal trainer at the recreation or senior center, reading the latest at the library or participating in education and fun motivational programs offered throughout the year, your possibilities are numerous! There are many more trends so take some time to discover your own today!

## Mango Avocado Smoothie



Per 10 oz serving : · Servings 3.0- Calories 295, Carbohydrates 36 g, Fiber 7 g , Fat 12 g, Sugar 40 g , Protein 4 g,

### Ingredients:

- 1 c almond milk
- 2 mangoes, pitted and peeled (approximately 2 cups)
- 1 avocado, pitted and peeled
- 1 tbsp chia seeds
- 1/2 c pineapple chunks

- 2 tbsp coconut flakes
- 1 tbsp agave nectar
- 1 c ice cubes

### Instructions:

1. Blend all ingredients in blender and serve fresh.

## Senior Center



### Membership Information

Monday, Tuesday, Wednesday, Friday: 7:00AM-7:00PM // Thursday: 7:00AM-9:00PM

The Hurst Senior Citizens Activities Center is open to seniors only, ages 55 and over.

- Membership is required in order to use the Senior Center amenities or participate in activities and programs. (Occasionally, we will offer special programs that are open to the general public.)
- Membership begins the day you register and ends one year from that date. For example, if you register and pay for your membership on February 1, your membership will expire on January 31 of the following year.

Fees for the Senior Center are as follows:

- Hurst Residents – \$20 per membership year. (Equivalent of about \$1.67 per month.)
- Nonresidents – \$80 per membership year. (Equivalent of about \$6.67 per month.)
- These fees include many free classes, programs and activities at the Senior Center, as well as membership to our state-of-the-art fitness room.
- Some classes, programs and activities may require additional fees to cover the cost of supplies, refreshments and/or instructor fees.

## Lunch Program

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The Senior Center offers a weekly meal program called “A Quick Bite.” On Tuesdays, for **only \$5** you get a cup of the soup of the day, your choice of sandwich, a bag of chips, a pickle and your choice of dessert. Grab a friend and stop by the Senior Center for “A Quick Bite”!

The lunch program policies and details are as follows:

- You must register at the front desk for lunch and complete “A Quick Bite” menu selection slip. Payment is expected at the time of registration. Registration can be made from 7 a.m.–7 p.m. on Mondays and from 7–10 a.m. on Tuesdays. No reservations will be taken after 10 a.m.; no exceptions.
- The kitchen staff and volunteers cannot take payments. Please pay for lunch at the front counter and obtain a receipt. The receipt is only valid for the date the lunch was purchased. No refunds or rain checks for lunches will be issued.
- Quantities may be limited and may sell out before 10 a.m.
- All meals are encouraged to be consumed on the premises. Taking food home from the meal site is done at your own risk. To-go boxes are not available.
- Due to health code policies, personal food items cannot be held in the kitchen refrigerators. Lunches will be available for pick-up on Tuesdays between noon and 1 p.m. Lunches not picked up by 1 p.m. must be discarded.



## Donor Program

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Did you know that you can give to the Senior Center Donation Fund? Donations are used to purchase nonbudgeted items for the Senior Center. Items purchased from the Senior Center Donation Fund include shelving for Arts & Crafts Studio B. Donations are recognized through the Donor Board located on the east side wall of the building next to the staff offices. A plaque inscribed with your choice of inscription (space limited) will be placed on the board based on the following levels of donation:

- Bronze – \$250
- Silver – \$500
- Gold – \$1,000
- Platinum – \$2,000+

For more information or to make a donation, contact the Senior Center Director Linda Rea at 817-788-7710.

## Regular Programs, Classes, Groups and Activities

### "Need to Knows"

The *Senior Pipeline* is the Senior Center's monthly newsletter and calendar, and it is full of information on Senior Center programs and activities. The *Senior Pipeline* is not distributed by postal service. The next month's edition is available after 1 p.m. on the third Thursday of the current month. You are welcome to come by anytime during operating hours to get a copy. Most programs and activities require registration or sign-up. Sign-ups begin on the first business day of each month at 8 a.m. and continue throughout the month. Some classes and programs fill up fast, so we encourage you to come in early to register for your preferred activities.

#### Arts & Crafts

- Glass Fusion
- Quilting
- Beading & Glass Jewelry
- Painting and Drawing
- Ceramics

#### Computer Classes

- Beginning and Intermediate Users, General Overview
- Email
- File Management
- Internet
- Microsoft Word®

#### Groups

- "The Happy Hatters of Hurst" Friendship Club
- Aircraft & Helicopter Science
- Travel
- Book Club

#### Fitness Programs

- Zumba™ Gold
- Tai Chi & Yoga
- Fit Start Exercise
- Line Dance, Belly Dance, Hawaiian Dance
- Personal Training
- DVD-led group exercise classes

*The Senior Center has many monthly activities. Dances are held on the second and fourth Thursday of every month at 7 p.m. Cost is \$5 at the door, and it's open to the public for ages 55-plus. There are two opportunities for playing FREE bingo each month. Potluck Bingo is always on the first Thursday of the month. Members are asked to bring a side dish or dessert to share. Bingo in the Afternoon is on the third Wednesday of the month and features great prizes and light refreshments. We offer Breakfast Club and Movies & Munchies once a month for only \$3 per person. Space is limited and the menu varies, so check the Senior Pipeline for details.*

### Christmas Brunch & Caroling

On Friday, December 20, 2013, the Senior Center hosted the Christmas Brunch & Caroling event. Mission Hospice sponsored a made to order pancake station with all the toppings, a luscious fresh fruit tray was sponsored by Dancing River Grapevine, and the Senior Center provided a meal fit for the season. Susan Gardens painted a masterpiece right before our very eyes and one lucky person got to take the painting home with them! Heritage Village Residences donated a fantastic Christmas basket that was given away at the conclusion of the event. Entertainer Michael O'Hara kept us laughing and moved our hearts as he led us in our favorite Christmas songs.



The Senior Center hosts several open activities, and there are no fees or sign-up required. See the *Senior Pipeline* for day and time details so you can join in on the fun!

- Duplicate & Party Bridge
- Mah-jongg
- Nintendo Wii™ Games
- Dominoes, 42 & Chicken Foot
- Ping-pong
- Canasta
- Billiards

## Senior Center Upcoming Events & Classes

Here are just a FEW of our upcoming special events. (You must be a member to participate. Sign-up and fees may be applicable.)



### Essential Oil Workshops

Come learn and experience natural healthcare options with Aromatherapy and the power of Certified Pure Therapeutic Grade Essential Oils. Classes meet once a month, topics covered include: Top 10 Oils to have; Oils for Massage and Relaxation; Gardening with Oils; Allergy Relief and many others. All classes are taught by Wellness Expert Esther White. Check the *Senior Pipeline* for class details.

2:00PM // Second Monday // \$5 supply fee

### Chair Massage

Offered by appt. Licensed massage therapist David Hyland will leave you feeling relaxed and refreshed. Massage benefits include: stress relief, immune system boost, improved circulation, muscle pain relief and more. See the front desk for more details and available appointment times.

10:00-11:00AM // W // \$1 per minute

### Exercise Classes

The Senior Center offers a variety of ways to get fit and stay active. For those just getting started, check into our Yoga and Tai Chi classes. Looking for something to really get the cardio system going? Try one of our dance classes: Line Dance (Beginners and Intermediate), Zumba Gold, or Hawaiian Dance. Ready to try some new fitness challenges? Enroll in one of our Fit Start classes taught by our certified trainer, Gerald Campbell. Classes are offered several days and times, so they are easy to work into your schedule. If you are interested in one-on-one training, we also offer personal training and private yoga sessions. Stop by the Senior Center to get signed up!

### Quilt Show

Exhibiting antique and heirloom quilts, hand and machine made quilts and embroidery and other specialty sewn items. You must be a Hurst Senior Activities Center member in order to have your work featured in the exhibit. Non-members are invited to tour our facility and enjoy the quilt show.

Regular operating hours // M-F // 2/17-3/28

### Health & Benefits Fair

Visit the center to get free healthy living information and health screenings. Learn about community clubs, groups, classes and volunteer opportunities. Door prizes and light refreshments provided.

10:00AM-Noon // F // 3/21

### Document Shredding

Start your spring cleaning by clearing out your old files. Bring your papers and documents to the Senior Center for shredding. All shredded material is securely recycled. By participating you will save trees, water, landfill space, oil and electricity!

10:00AM-Noon // F // 4/25



## Hurst Citizens Fire Academy

*Applications are now available*

The Hurst Fire Department is now taking applications for the Hurst Citizens Fire Academy. Class #11 will begin on Monday, April 7, 2014. The ten-week class gives our Citizens the opportunity to see first hand what duties and responsibilities Firefighters have. You will learn about the organization and operation of the Hurst Fire Department, Fire Prevention, Disaster Preparedness, Emergency Medical Service, Arson Investigation, Firefighting tactics, and much more. Firefighters and Officers from the Hurst Fire Department

who possess a wide variety of skills, experience and training will provide the instruction. Citizens will have the opportunity to ask questions, discuss issues and learn many of the responsibilities Firefighters have as a daily part of their job. Each week you will have the opportunity to do hands on activities with rappelling, search and rescue, extrication and many more daily activities of Firefighters. There is also the opportunity to ride out with the Firefighters. For more information or to get an application, please call 817-788-7238.

A couple in formal wedding attire is dancing in a ballroom. The ceiling is covered in a dense array of fiber optic lights that create a shimmering, starry effect. The lighting is warm and golden, creating a romantic atmosphere. The couple is silhouetted against the bright lights, with the woman in a white wedding dress and the man in a dark suit.

lumiere  
BALLROOM

The Lumiere Ballroom at the HCC provides a unique venue for wedding ceremonies and receptions. Whether it's under the stars in the Ballroom or nestled alongside the Verandah's water feature, your event at the Lumiere Ballroom will unveil a lifetime of memories.



1601 Campus Drive, Hurst, Texas | 817-581-0044 | [info@hurstcc.com](mailto:info@hurstcc.com) | [www.hurstcc.com](http://www.hurstcc.com)

## New system streamlines communications

# *Computer Aided Dispatch (CAD)*

A Computer Aided Dispatch (CAD) system allows the Hurst Police and Fire Departments' communications to be assisted and partially controlled by an automated system to respond to calls for service. The first Hurst CAD system was implemented in 1992 and upgraded in 2003. Over the past ten years, technology has greatly revolutionized public safety. In order to better serve the community, a new CAD system was implemented in December 2013. The City of Hurst joined the Tarrant County Sheriff's Office SunGard Public Sector OSSI CAD. Through this multi-jurisdictional collaboration, start-up operational costs were reduced and have enabled information sharing between the agencies. With the many new features in OSSI CAD, communications and operations are streamlined, keeping our first responders in Hurst safe!!

In March 2014, the City of Hurst will also implement the OSSI Records Management and Jail Management software systems. These systems will increase the overall efficiency of Hurst Public Safety!

## 2014 Citizen's Survey

We want your opinion! We take feedback from our residents seriously and this is your opportunity to let us know how we're doing. It's quick. It's easy. It's vital. You can fill out the survey from your home computer, at work or in specially designated areas in various city facilities. So, here's your chance. Visit [www.hursttx.gov](http://www.hursttx.gov), click the yellow In the Know button and the survey link is in the top right corner. We appreciate your feedback.

### Save the Date!

ANNUAL TOWN HALL FORUM

6:00-8:00PM // February 20

The city's annual Town Hall Forum will be Feb. 20 from 6 p.m. to 8 p.m. at the Hurst Conference Center. This free event is open to the public and features presentations on current and future projects throughout the city. Utility companies will also be on hand to meet with citizens. Light refreshments will be served and parking is complimentary. We hope to see you Thursday, February 20!



## Heritage Village Presents

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Heritage Village presents is a series of FREE events held at Heritage Village Park in the spring and fall. Heritage Village Park is located in Southwest Hurst at 841 W. Pipeline Road. The City of Hurst invites you to attend our first event for Spring 2014.

Look for more information on our two upcoming May events in the next Where We Live issue and the City's website and Facebook page.

## Grand Family Picnic

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Pack a picnic lunch and lawn chairs or a blanket and come enjoy this outdoor event for the whole family! The fun in the park begins at 11:00 a.m. with free games and activities. The entertainment continues with a concert by Joe McDermott at noon. After you've enjoyed your picnic lunch, have a complimentary cupcake courtesy of the City of Hurst. For more information, contact Community Services at 817-788-7305.

11:00AM-2:00PM // 3/12

## Employee Giving Day 2014

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The City of Hurst's 16<sup>th</sup> Annual Employee Giving Day is just around the corner. This event takes place every spring and since it began in 1998 has helped revitalize older areas of the city as well as help senior citizens make the needed repairs to their home's exteriors. Over the last 16 years more than 65 homes have been repaired and we are just getting started. Work on the homes mainly consists of landscaping, clean up, scraping and painting. Many of our area businesses donate the cash and supplies needed for this event and city employees provide the labor. We are proud of the work our employees do and we thank all of our local businesses who help to make it possible year after year. This year's Annual Employee Giving Day will take place on April 4. For more information on how you can get involved, or to nominate your home or someone you know for consideration, please call Paul Russell at 817.788.7206 or email him at [prussell@hursttx.gov](mailto:prussell@hursttx.gov).

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## Good Neighbor Days

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Spring is just around the corner and so is the 17<sup>th</sup> Annual Good Neighbor Cleanup Event. This year's event will be held at the Bellaire Shopping Center on April 26 from 7 a.m. to noon.

Items that may be dropped off include motor oil, cooking oil, gas, antifreeze pesticides, herbicides, old batteries, old computers, electronic devices, tree limbs, scrap metal and most any kind of trash or junk around the house in need of disposing. **We**

**now accept Pharmaceuticals.** No tires, explosives, compressed gas or construction debris will be accepted.

We are also happy to offer document shredding again this year. So protect yourself from identity theft and gather up all of those personal papers you have been meaning to have destroyed and watch them being shredded to bits right before your eyes. For more information, call 817-788-7217.



# Chisholm Park Playground

*The Hurst Parks Department is in the process of replacing the aging playground system at Chisholm Park with a new, state-of-the-art playground system.*

The Hurst Parks Department is in the process of replacing the aging playground system at Chisholm Park with a new, state-of-the-art playground system. This will actually consist of two separate play structures, one for children ages 2 to 5, and one for children ages 5 to 12. This new playground system features numerous slides and climbing platforms to keep children entertained and active for hours. Along with the playground, specialized poured-in-place safety surfacing was installed underneath the playground. In addition, three large canopies were installed over the playgrounds to provide shade. The swing sets were also replaced and expanded to accommodate more users.

These park enhancements are expected to be completed by March 2014.

The total cost for the purchase and installation of the playground was \$303,000 with the project funding coming from the Community Services Half-Cent Sales Tax Fund and the Park Donation Fund. The Park Donation Fund was created by the City Council and the Parks and Recreation Board in 1982. Through their monthly water bill, citizens can donate 75 cents to the Park Donation Fund. The City of Hurst would like to thank those who helped fund this project!

## Volunteers-In-Action

*Program celebrates 35 years*



2014 marks the 35<sup>th</sup> Anniversary of the City of Hurst's Volunteers-in-Action Program. Since its creation in 1979, volunteers have contributed almost 500,000 volunteer hours totaling nearly \$7.5 million in services. We appreciate all who have donated their time over the years. The City of Hurst's Volunteers-In-Action program utilizes volunteers in a wide variety of departments, including:

- Recreation
- Finance
- Library
- Parks
- Fire
- Hurst Conference Center
- Police
- Senior Center

Volunteer application packets can be picked up at the Community Services' offices in the Hurst Public Library or accessed online through the City's website at [www.hursttx.gov](http://www.hursttx.gov). For more information, please call 817-788-7305.

## Quickstart Tennis Program

*It's easier than ever to get in the game*

The Hurst Tennis Center has adopted the QuickStart Tennis format endorsed by the United States Tennis Association (USTA) to help children 10 and under learn to play tennis. To make it more "kid friendly", we've changed a few things: the court size, the racquets, the tennis balls and the height of the net.

We've recently added two new QuickStart Courts, transforming a traditional 78 foot court into a 60 foot court, making it easier for kids to cover them and have more success when they play. Racquets are sized for smaller hands, making them easier to grip and swing. The changes really work, because now any child under 10 can start playing tennis almost immediately - even if they've never picked up a rac-

quet before. Your child will enjoy playing on a smaller court and with kids size tennis balls that bounce lower and move slower through the air, making them easier to hit.

Tennis is a sport that gets kids moving, improves balance, agility and hand-eye coordination, and can teach self-confidence and self-assurance. Kids will have more fun—and want to play more often.

Registration is currently underway for classes. Your child can make new friends in a safe, supportive environment.

By getting your kids into the game you'll be opening a door to a lifetime of enjoyment!

# RELAX

YOU'RE IN YOUR HAPPY PLACE NOW



**WE UNDERSTAND ROAD CONSTRUCTION IS STRESSFUL.**

Thank you for continuing to make Hurst your shopping destination.

North East Mall is open throughout the current road construction.

VISIT [SHOPHURSTTX.COM](http://SHOPHURSTTX.COM) FOR UP-TO-DATE ROAD CLOSURES AND ALTERNATE ROUTES.



# HURST RECREATION CENTER

If you are ready to "Spring into Fitness", check out all of the fitness opportunities and state-of-the-art Fitness Center!

If you are ready to "Spring into Fitness", check out all of the fitness opportunities and the state-of-the-art Fitness Center at the Hurst Recreation Center! Our Cardio Room has treadmills, elliptical crosstrainers, lateral trainers, bikes, stairclimbers, rowing machines, and seated crosstrainers. All of our treadmills and elliptical crosstrainers have 15" LCD screens. The Hurst Recreation Center receives 15 channels of Dish Network satellite television programming which enables you to watch television, or use your iPod while working out. There is also an extensive selection of pin-selectorized, and plate-loaded strength equipment, as well as dumbbells, and flexibility equipment to round-out your total fitness program. If walking is your favorite fitness activity, you can walk on our indoor Jogging/Walking Track to put the spring back in your step! There are also numerous fitness classes (Zumba®, spinning, bootcamp, etc.) that will get you into shape.

While you are at the Recreation Center, you can also enjoy a variety of recreational activities. You can shoot some hoops, enjoy some volleyball with your friends, play racquetball, walleyball or table tennis. Equipment used to participate in

these activities is available for check out, with your "Quality of Life" Rec Card, at the front desk of the Recreation Center.

If you need a little extra motivation to reach your fitness goals, the Hurst Recreation Center has a personal trainer, who is available to custom-design a fitness plan that will meet your needs. For more information, contact the Front Desk at the Recreation Center 817-788-7325.

## Our Commitment to Quality

Your satisfaction is our goal... we strive to provide you with quality recreation programs, and we take pride in making your recreation experience an enjoyable one. Join us this season for recreational, educational and lifelong learning opportunities. If you are not completely satisfied with your recreational experience, please call us at 817-788-7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation.

**Classes begin the week of March 17** (unless otherwise indicated)



## Hours of Operation

Monday–Thursday // 6:30AM–10:00PM

Friday // 6:30AM–6:00PM

Saturday // 9:00AM–6:00PM

Sunday // 1:00PM–6:00PM

## Contact Information

700 Mary Drive  
Hurst, TX 76053

817-788-7325

## Recreation Center Fees

### Hurst Residents

Daily Pass: **\$2**

Youth Annual Pass (6-15 Years):  
**\$20 Per Year**

Adult Annual Pass (16-64 Years):  
**\$50 Per Year**

Senior Annual Pass (65+ Years):  
**\$20 Per Year**

Family Annual Pass:  
**\$125 Per Year**

Replacement Card Fee: **\$5**

### Non-Hurst Residents

Daily Pass: **\$10**

Youth Annual Pass (6-15 Years):  
**\$80 Per Year**

Adult Annual Pass (16-64 Years):  
**\$200 Per Year**

Senior Annual Pass (65+ Years):  
**\$80 Per Year**

Replacement Card Fee: **\$5**

*Help Us Help You!*

## Please Enroll Early

Help us keep your favorite classes around by enrolling early. There is a point when a class must be cancelled due to low enrollment. Help us prevent class cancellations by registering early!

## 3 Years and Younger Programs

### 1,2, Buckle My Shoe

2 - 3 Years // Supply Fee \$10

We will work on counting and number recognitions through songs, stories, and more!

*Instructor: Dottie Nicholson*

12444-A

9:00-9:30AM // M // 8WKS // 3/17 // \$24

### Colors and Shapes

2 - 3 Years // Supply Fee \$10

Let's learn about all the colors of the rainbow and the shapes that surround us!

*Instructor: Dottie Nicholson*

12400-A

10:45-11:15AM // W // 8WKS // 3/19 // \$24

### Little Painters

2 Years // Supply Fee \$5

We'll create masterpieces using finger paints, stencils, sponges and even rocks!

*Instructor: Dottie Nicholson*

12333-A

9:45-10:15AM // M // 8WKS // 3/17 // \$28

### ABC Fun

3 - 5 Years // Supply Fee \$10

Let's play and learn about the alphabet through stories, games, and lots of practice!

*Instructor: Dottie Nicholson*

12130-A

9:00-9:45AM // W // 8WKS // 3/19 // \$30

### Happy Feet

2 Years

Let's get those feet tapping and those bodies moving! We will have fun with music and movement while working on the development of our gross motor skills.

*Instructor: Dottie Nicholson*

12095-A

9:00-9:30AM // F // 8WKS // 3/21 // \$28

### Mom and Me Soccer

1 - 2 Years // Tennis Shoes Required

Time to not only play with your tot, but get some exercise as well! We will learn the basics of soccer and how to make a GOOOOOOOAAAAALLLLL!

*Instructor: Stacie Castillo*

12700-A

8:30-9:00AM // F // 8WKS // 3/21 // \$28

### Mozart's Twos

18 Months - 2 Years // Supply Fee \$5

Can you imagine the beautiful music your 2-year-old and their new friends will create with musical instruments? Students will play musical instruments and games.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12000-A

5:30-6:00PM // M // 8WKS // 3/17 // \$28

12000-B

10:30-11:00AM // W // 8WKS // 3/19 // \$28

### Numbers for Little Learners

2 - 3 Years // Supply Fee \$5

Come create fun projects to help with number concepts. Let's learn your numbers and their value.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12123-A

9:30-10:00AM // W // 8WKS // 3/19 // \$28



3 Years and Younger Programs

*new class!*

**Parachute Fun with Mom/Dad**

2.5 - 3.5 Years // Supply Fee \$5

Let's have fun with Mom/Dad as we play games with the parachute and music!

*Instructor: Dottie Nicholson*

12555-A

9:45-10:15AM // F // 8WKS // 3/21 // \$24

**GYMNASTICS**

**Parent/Tot Tumbling**

16 - 36 Mos // One Child Per Parent

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling, and coordination.

*Instructor: Tammy Slovensky*

32040-A

9:30-10:00AM // M // 8WKS // 3/17 // \$28

32040-B

11:30-Noon // M // 8WKS // 3/17 // \$28

32040-C

9:30-10:00AM // T // 8WKS // 3/18 // \$28

32040-D

11:30-Noon // T // 8WKS // 3/18 // \$28

32040-E

9:30-10:00AM // W // 8WKS // 3/19 // \$28

32040-F

9:30-10:00AM // TH // 8WKS // 3/20 // \$28

*Instructor: Miranda Slovensky*

32040-G

6:00-6:30PM // T // 8WKS // 3/18 // \$28

32040-H

4:30-5:00PM // TH // 8WKS // 3/20 // \$28

32040-I

6:30-7:00PM // TH // 8WKS // 3/20 // \$28

*Instructor: Kathryn Cassidy*

32040-J

6:00-6:30PM // T // 8WKS // 3/18 // \$28

32040-K

6:00-6:30PM // W // 8WKS // 3/19 // \$28

32040-L

6:00-6:30PM // TH // 8WKS // 3/20 // \$28

**Phonics Fun for Little Learners**

2 - 3 Years // Supply Fee \$5

Come learn your letters and sounds with fun projects. We will work together to learn our letters.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12045-A

9:00-9:30AM // W // 8WKS // 3/19 // \$28

**GYMNASTICS**

**Tiny Tykes**

2.5 - 3.5 Years

Here's a class that introduces your child to the basic motor skills for tumbling and acquaints tots with the gymnastics equipment.

*Instructor: Tammy Slovensky*

32030-A

10:00-10:30AM // M // 8WKS // 3/17 // \$28

32030-B

10:00-10:30AM // T // 8WKS // 3/18 // \$28

32030-C

10:00-10:30AM // W // 8WKS // 3/19 // \$28

32030-D

10:00-10:30AM // TH // 8WKS // 3/20 // \$28

32030-E

11:30-Noon // TH // 8WKS // 3/20 // \$28

*Instructor: Miranda Slovensky*

32030-F

4:30-5:00PM // T // 8WKS // 3/18 // \$28

32030-G

6:30-7:00PM // T // 8WKS // 3/18 // \$28

32030-H

5:00-5:30PM // TH // 8WKS // 3/20 // \$28

**Van Gogh's Twos**

18 Months - 2 Years // Supply Fee \$5

Your 2-year old could be the next Van Gogh! Come find out as they express themselves through fun art projects.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12020-A

5:00-5:30PM // M // 8WKS // 3/17 // \$28

12020-B

10:00-10:30AM // W // 8WKS // 3/19 // \$28



**»»» Please Remember**

With your child's best interest in mind, we ask that parents do not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is effected by parental distractions and interruptions. Parents may sit in the lobby or lounge areas. Please do not sit in the hallway.

## 3 Years and Older Programs

**Ballet for Tots****3 - 5 Years // Ballet Shoes Required**

In this class your tot will become familiar with basic barre and center work. We will also work on counting, tempo, distinguishing our right from our left, and other foundational dance concepts.

*Instructor: LaTisha Clay*

12180-A

10:30-11:00AM // F // 8WKS // 3/21 // \$28

12180-B

11:30-Noon // F // 8WKS // 3/21 // \$28

12180-C

Noon-12:30PM // F // 8WKS // 3/21 // \$28

**Computer Tots****3 - 5 Years**

Come and learn about computers through the Elmo's Pre-School and Jump Start Kindergarten programs!

*Instructor: Vicki McMeans*

12800-A

9:00-9:30AM // TH // 8WKS // 3/20 // \$28

12800-B

9:30-10:00AM // TH // 8WKS // 3/20 // \$28

**Creative Healthy Chef****3 - 5 Years // Supply Fee \$10**

Calling all pre-schoolers to the kitchen for some fun! Come learn how to create a healthy breakfast, lunch, and dinner.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12170-A

10:30-11:15AM // T // 8WKS // 3/18 // \$30

*new class!***Doodle O's****3 - 6 Years // Supply Fee \$5**

Do you already know your basic shapes: circles, triangles, squares, and more? If you do, sign up for this class and we will create all kinds of art using the basic shapes around us.

*Instructor: Dottie Nicholson*

12250-A

10:30-11:00PM // M // 8WKS // 3/17 // \$28

**Hands-On Math - Step 1****3 - 5 Years // Supply Fee \$5**

Let's learn numbers the fun way! We will learn to add, subtract and count. We will also use musical instruments to help us have fun while learning!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12205-A

9:45-10:30AM // M // 8WKS // 3/17 // \$30

12205-B

9:45-10:30AM // TH // 8WKS // 3/20 // \$30

*new class!***Hands-On Math - Step 2****4 - 5 Years // Supply Fee \$5**

Let's keep working on our math in Step 2! We will learn to add, subtract, and count. We will also use musical instruments to help us have fun while learning!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12210-A

12:45-1:30PM // TH // 8WKS // 3/20 // \$30

**How Does Your Garden Grow?****3 - 6 Years // Supply Fee \$10**

Do you wonder how a seed turns into a plant? Let's find out together as we plant seeds and see what happens! We will learn about plant life and how they grow.

*Instructor: Dottie Nicholson*

12075-A

10:30-11:15AM // F // 8WKS // 3/21 // \$30

**International Cooking Flare****3 - 6 Years // Supply Fee \$10**

We will learn about different countries and what kids there like to eat. We might even make something that you already like to eat!

*Instructor: Dottie Nicholson*

12190-A

11:30-12:15PM // F // 8WKS // 3/21 // \$30

**Little Tyke Basketball****4 - 6 Years // Athletic Shoes Required**

Dribbling, passing, and shooting are all part of the basics of basketball. Let's give it a try!

*Instructor: Stacie Castillo*

12335-A

10:00-10:30AM // F // 8WKS // 3/21 // \$28

**»»» Please Remember**

In order to provide the best learning environment, children ages 3 and up must be toilet-trained.

## 3 Years and Older Programs

### Little Tyke Soccer

3 - 6 Years // Athletic Shoes Required

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport.

*Instructor: Stacie Castillo*

**12600-A : 3 - 4 Years**

9:00-9:30AM // F // 8WKS // 3/21 // \$28

**12600-B : 4 - 5 Years**

9:30-10:00AM // F // 8WKS // 3/21 // \$28

*Instructor: Keely Castillo*

**11600-C : 5 - 6 Years**

5:30-6:00PM // W // 8WKS // 3/21 // \$28



### Movin' Groovin'

3 - 5 Years

Come learn to have fun while moving our bodies. "Drill Sergeant Mary" will lead the way through relays and games. We will also work on waiting in lines, following directions, and our manners.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

**12100-A**

11:30-Noon // T // 8WKS // 3/18 // \$28

### Phonics Fun - STEP 1

3 - 5 Years // Supply Fee \$5

Come one, come all to the big sounds of letters. You will learn pre-reading skills through games and activities that teach phonics.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

**12030-A**

9:00-9:45AM // M // 8WKS // 3/17 // \$30

**12030-B**

9:00-9:45AM // TH // 8WKS // 3/20 // \$30

### Phonics Fun - STEP 2

3 - 5 Years // Supply Fee \$5

Ready for some more phonics? Come take the next step of Phonics Fun and learn some more!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

**12035-A**

10:30-11:15AM // M // 8WKS // 3/17 // \$30

**12035-B**

10:30-11:15AM // TH // 8WKS // 3/20 // \$30

### Phonics Fun - STEP 3

3 - 5 Years // Supply Fee \$5

Ready to read and write? Let's get started! To make sure students are ready, they will be tested and evaluated by the teacher prior to taking the class.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

**12040-A**

Noon-12:45PM // TH // 8WKS // 3/20 // \$30

### Pre-school Athletics

4 - 6 Years // Athletic Shoes Required

Let's get moving this fall with athletics! We will follow a typical PE format including individual skills as well as team interaction.

*Instructor: Tammy Slovensky*

**12300-A**

11:30AM-Noon // W // 8WKS // 3/19 // \$28

### Pre-School Music

3 - 5 Years

Ready to get your groove on? We'll learn to listen, move, groove, and even improve our coordination skills by using musical instruments.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

**12900-A**

11:15-11:45AM // M // 8WKS // 3/17 // \$28

## 3 Years and Older Programs



## Ready for Kindergarten - Prep Program

4 - 5 Years // Supply Fee \$25

This program is designed to prepare your student for kindergarten. The program will meet Monday through Thursday from 8:30 a.m. to 2:30 p.m and is an ongoing program following the HEB ISD school calendar. The class will be structured like kindergarten and prepare your child for their big step into formal education. The goal is to help each child develop a love of learning in a safe and caring environment. Children will be exposed to reading, writing, math and science.

The teacher, Anne Stokes, graduated from Indiana University with a bachelor's degree in Education, majoring in Elementary Education with a minor in Early Childhood Education and Reading. She taught kindergarten and first grade for nine years in the Dallas-Ft. Worth area. Her true calling, however, is preschoolers, and she began teaching this program in 2011 following the Leap Frog curriculum.

The monthly fee of \$295 is due by the first class of each month. If the fee is not paid by the first class of the month, your child will not be able to participate in class. The class is limited to 15 children and is a school-year commitment. A \$25 supply fee will be due to the instructor on the first day of class in August and on the first day of class in January.

*Instructor: Anne Stokes (Certified School Teacher)*

11050-C : March  
8:30AM-2:30PM // M-TH // 3WKS // 3/3 // \$222

12050-B : May  
8:30AM-2:30PM // M-TH // 4WKS // 5/1 // \$295

12050-A : April  
8:30AM-2:30PM // M-TH // 3WKS // 4/1 // \$295

## Science Fun 101

3-5 Years // Supply Fee \$5

We'll explore the world of science through exciting experiments. Science will knock your socks off.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12025-A  
11:15-Noon // TH // 8WKS // 3/20 // \$28

## *new class!* Scissor Time

3.5 - 5 Years // Supply Fee \$5

Are you heading to Kindergarten soon? We will work on the motor skills required for using scissors to prep you for your big transition. We will make puppets, collages, and other projects each week. Safety scissors will be provided.

*Instructor: Dottie Nicholson*

12654-A  
10:00-10:30AM // W // 8WKS // 3/19 // \$28

## Spring Fling

3 - 5 Years // Supply Fee \$5

Let's use our fine motor skills and create spring crafts! We will make crafts for Easter, Mother's Day, and Spring!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

12120-A  
9:30-10:20AM // T // 8WKS // 3/18 // \$28

## Tap for Tots

3 - 5 Years // Tap Shoes Required

In this class, your tot will become familiar with many of the single-sound tap moves. We will also work on counting, tempo, distinguishing our right from our left and other foundational dance concepts.

*Instructor: LaTisha Clay*

12065-A  
11:00-11:30AM // F // 8WKS // 3/21 // \$28

3 Years and Older Programs

**Tiny Dancer**

3 - 4 Years // Ballet and Tap Shoes Required

Your tiny dancer will learn tap, ballet and rhythmic movements.

Instructor: Sherri Longino

12060-A  
5:15-5:45PM // TH // 8WKS // 3/20 // \$28  
12060-B  
9:05-9:35AM // S // 8WKS // 3/22 // \$28

**GYMNASTICS**

**Tumbling Tots I**

3 - 4 Years

Your tot will strengthen motor skills and enhance their coordination while learning tumbling skills and the use of all gymnastics equipment.

Instructor: Tammy Slovensky

32011-A  
10:30-11:00AM // M // 8WKS // 3/17 // \$28  
32011-B  
10:30-11:00AM // T // 8WKS // 3/18 // \$28  
32011-C  
10:30-11:00AM // W // 8WKS // 3/19 // \$28  
32011-D  
10:30-11:00AM // TH // 8WKS // 3/20 // \$28

Instructor: Kathryn Cassidy

32011-E  
5:00-5:30PM // M // 8WKS // 3/17 // \$28  
32011-F  
5:00-5:30PM // T // 8WKS // 3/18 // \$28  
32011-G  
5:00-5:30PM // W // 8WKS // 3/19 // \$28  
32011-H  
5:00-5:30PM // TH // 8WKS // 3/20 // \$28

**GYMNASTICS**

**Tumbling Tots II**

4 - 5 Years

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

Instructor: Tammy Slovensky

32022-A  
11:00-11:30AM // M // 8WKS // 3/17 // \$28  
32022-B  
11:00-11:30AM // T // 8WKS // 3/18 // \$28  
32022-C  
11:00-11:30AM // W // 8WKS // 3/19 // \$28  
32022-D  
11:00-11:30AM // TH // 8WKS // 3/20 // \$28

Instructor: Kathryn Cassidy

32022-E  
5:30-6:00PM // M // 8WKS // 3/17 // \$28  
32022-F  
5:30-6:00PM // T // 8WKS // 3/18 // \$28  
32022-G  
5:30-6:00PM // W // 8WKS // 3/19 // \$28  
32022-H  
5:30-6:00PM // TH // 8WKS // 3/20 // \$28

**When Dinosaurs Roamed**

3 - 6 Years // Supply Fee \$10

Do you LOVE dinosaurs? Come learn about all of the different dinosaurs that roamed our great State of Texas! We will have a great time learning through games, crafts, and stories.

Instructor: Dottie Nicholson

12666-A  
11:15-Noon // M // 8WKS // 3/17 // \$30

**Yes, I Can Draw**

3 - 6 Years // Supply List

Yes, you can draw! You will develop your fine motor skills by putting your creativity to work through drawing.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

12895-A  
9:00-9:30AM // T // 8WKS // 3/18 // \$28



## Youth Programs



### 3-In-1 Dance Combo Class

8 - 19 Years // Ballet, Tap & Jazz Shoes Required

Are you looking for a class that has it all? You will get a taste of ballet, tap and jazz all in the same class!

Instructor: Sherri Longino

22300-A : 8 - 12 Years  
10:15-11:15AM // S // 8WKS // 3/22 // \$32  
22300-B : 12 - 19 Years  
11:20AM-12:20PM // S // 8WKS // 3/22 // \$32

#### GYMNASTICS

### Advanced Beginner Gymnastics

5 - 10 Years

Do you have Beginner Gymnastics under your belt and ready for the next step? We'll work on new skills and refine the ones you have mastered.

Instructor: Kathryn Cassidy

32062-A  
5:00-5:45PM // F // 8WKS // 3/21 // \$30

### Ballet

5 - 10 Years // Ballet Shoes Required

In this class, you will perform basic barre and center work. We will also work on technique, phrasing, timing and other foundational dance concepts.

Instructor: LaTisha Clay

22140-A  
4:00-4:30PM // F // 8WKS // 3/21 // \$28

### Ballet and Tap

5 - 8 Years // Ballet and Tap Shoes Required

You will learn tap, ballet and rhythmic movements.

Instructor: Sherri Longino

22120-A  
6:15-6:45PM // TH // 8WKS // 3/20 // \$28  
22120-B  
9:40-10:10AM // S // 8WKS // 3/22 // \$28

### Basic Art

7 - 12 Years // Supply Fee \$5

Explore different art projects from drawing to shading, sculpting, water coloring and much more!

Instructor: Keely Castillo

22050-A  
4:45-5:15PM // W // 8WKS // 3/19 // \$30

### Basketball 101

7 - 12 Years // Athletic Shoes Required

Dribbling, passing and shooting are all part of the basics of basketball. Let's give it a try!

Instructor: Andy Kralik

22101-A  
7:00-7:30PM // M // 8WKS // 3/17 // \$28

Instructor: Keely Castillo

22101-B  
6:30-7:00PM // W // 8WKS // 3/19 // \$28

## Youth Programs



### Hippity-Hop Dance

5 - 8 Years

Interested in hip-hop dance? We will keep it fun and creative while learning the basics.

*Instructor: Sherri Longino*

22333-A

5:45-6:15PM // TH // 8WKS // 3/20 // \$28

### Homeschool Art

6 - 12 Years // Supply Fee \$10

Art is all around us. You will learn about different kinds of art, including painting, drawing and sculpting.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

22040-A

11:30-12:15PM // W // 8WKS // 3/19 // \$28

### Homeschool Healthy Chef

6 - 12 Years // Supply Fee \$10

Come learn how to create a healthy breakfast, lunch and dinner.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

22060-A

12:15-1:15PM // W // 8WKS // 3/19 // \$30

### ITF Taekwon-Do

5+ Years

ITF Taekwon-Do is the only original and traditional Korean Taekwon-Do in DFW. You will increase your flexibility, physical fitness, self-defense, self-control, discipline, stress relief, self-esteem and concentration.

*Instructors: Jonathan Nguyen and Bart Powell (member of ITF-Unified and Grandmaster Van Binh)*

22700-A : White and Yellow Belts

9:05-10:05AM // S // 8WKS // 3/22 // \$56

22700-B : Advanced Belts

10:05-11:05AM // S // 8WKS // 3/22 // \$56

#### GYMNASTICS

### Beginner Gymnastics

5 - 10 Years

You will learn body control while performing the basic fundamentals of gymnastics and dance on the floor, beam, bars and vault.

*Instructor: Kathryn Cassidy*

32051-A

4:00-5:00PM // M // 8WKS // 3/17 // \$32

32051-B

4:00-5:00PM // T // 8WKS // 3/18 // \$32

32051-C

4:00-5:00PM // W // 8WKS // 3/19 // \$32

32051-D

4:00-5:00PM // TH // 8WKS // 3/20 // \$32

32051-E

4:00-5:00PM // F // 8WKS // 3/21 // \$32

*Instructor: Miranda Slovesky*

32051-F

5:00-6:00PM // T // 8WKS // 3/18 // \$32

32051-G

5:30-6:30PM // TH // 8WKS // 3/20 // \$32

### Football Basics

7 - 11 Years // Athletic Shoes Required

Do you like watching football with your family? Come out and learn the basics of flag football.

*Instructor: Andy Kralik*

22113-A

7:30-8:00PM // M // 8WKS // 3/17 // \$28

### Hip-Hop Dance

9+ Years // Sneakers Required

In this class, you will learn the basics of hip-hop dancing. We will also work on technique, phrasing, timing and other foundational dance concepts.

*Instructor: Sherri Longino*

22070-A

7:45-8:15PM // TH // 8WKS // 3/20 // \$28

## Youth Programs

## Karate / Self-Defense

### 5 - 15 Years

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

*Instructor: Bob Klavitter*

22111-A : Beginner, 8 - 15 Years  
6:00-8:00PM // M // 8WKS // 3/17 // \$34

22111-B : Beginner, 5 - 7 Years :  
4:00-5:00PM // MW // 8WKS // 3/17 // \$34

22111-C : Advanced, 8 - 15 Years  
5:00-6:00PM // MW // 8WKS // 3/17 // \$34

## Olympic Sport of Judo

### 6 - 12 Years

Judo has been an Olympic sport since 1964. Here is your chance to learn Judo from a nine-time national medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an ongoing monthly class.

*Instructor: Kim Mesa (5th degree black belt and certified USA Judo International Coach)*

21900-C : March  
6:00-7:00PM // M // 4WKS // 3/3 // \$40  
9:05-10:00AM // S // 4WKS

22900-A : April  
6:00-7:00PM // M // 4WKS // 4/7 // \$40  
9:05-10:00AM // S // 4WKS

22900-B : May  
6:00-7:00PM // M // 4WKS // 5/5 // \$40  
9:05-10:00AM // S // 4WKS

## Sewing Club

### 7 - 12 Years // Supply Fee \$20

We will learn basic sewing techniques by hand and by machine. We will also learn how to select and sew using a pattern. (Supply fee includes all supplies except for scissors.)

*Instructor: Dottie Nicholson*

22420-A  
4:15-5:30PM // T // 8WKS // 3/18 // \$32

## Soccer Skills

### 7 - 12 Years // Athletic Shoes Required

Are you looking to improve your soccer skills? Grab your athletic shoes and ball, and let's get started! We will go over your basic skills and begin working on more advanced skills.

*Instructor: Kourtnee Castillo*

22500-A  
6:00-6:30PM // W // 8WKS // 3/19 // \$28

## Stretch & Techniques for Dance

### 9+ Years

Need some extra help with your flexibility and special techniques such as leaps, jumps and turns? We will focus on these often-overlooked components to help you further your dancing.

*Instructor: Sherri Longino*

22145-A  
6:45-7:45PM // TH // 8WKS // 3/20 // \$32

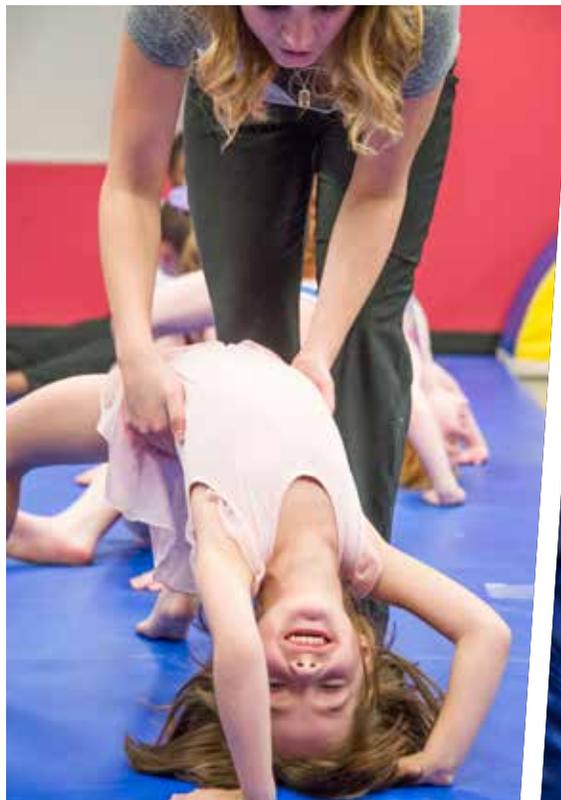
## Tap

### 5 - 10 Years // Tap Shoes Required

In this class you will learn the basics of tap dancing. We will also work on technique, phrasing, timing, and other foundational dance concepts.

*Instructor: LaTisha Clay*

22160-A  
4:30-5:00PM // F // 8WKS // 3/21 // \$28



## Water Coloring

6 - 12 Years // Supply Fee \$10

Calling all kids! Come explore your creative side by creating your very own watercolors. You will learn about color combinations and different applications.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

22090-A :  
5:30-6:20PM // T // 8WKS // 3/18 // \$30

## Yes, You Can Draw!

6 - 12 Years // Supply List

Yes, you can draw! You will develop your fine motor skills by putting your creativity to work through drawing.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

22170-A :  
4:30-5:20PM // T // 8WKS // 3/18 // \$30

### »» Please Remember

With your child's best interest in mind, we ask that parents do not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is effected by parental distractions and interruptions. Parents may sit in the lobby or lounge areas. Please do not sit in the hallway.



## Adult Programs

### Belly Dance Basics

Geared toward the new student but vital to continuing students for refinement, this class establishes a strong foundation for every dancer and is instrumental in familiarizing students specifically with the Tribal Evolution troupe format. This is a low-impact dance class suitable for all body types.

*Instructor: Tiffany Skalberg*

42200-A

7:00-8:00PM // T // 8WKS // 3/18 // \$56

### Boot Camp

13+ Years

Today's the day to achieve the goal you have been putting off. Come early, and then have your whole day to be proud of what you accomplished that morning. Boot camp is for everyone. You will get help getting past plateaus, achieving your goals and being a fitter YOU! Come tone and tighten with a variety of workouts, including core strength, stability ball, weights, steps, circuits, interval training and much more. Decide today that YOU ARE WORTH IT!

*Instructor: Behka Hartmann (Certified Fitness Instructor)*

41420-C : March

6:35-7:30AM // MW // 4WKS // 3/3 // \$25

42420-A : April

6:35-7:30AM // MW // 4WKS // 4/2 // \$25

42420-B : May

6:35-7:30AM // MW // 4WKS // 5/5 // \$25

### Brush and Palette

Supply List

Express your talent through the art of oil painting! Basic strokes, color mixing and application will be covered.

*Instructor: Elaine Roosz*

42110-A

6:30-9:00PM // T // 8WKS // 3/18 // \$50

### Cycle Circuit

Bring Water, Towel and Determination!

Want to crank up your workout, metabolism and energy? Come join us for a blend of cycle and circuit training, perfect for fitness at any level.

*Instructor: Esther White (MS, RD, LD)*

42300-A

5:20-6:10PM // T // 8WKS // 3/18 // \$30

42300-B

6:15-7:00PM // T // 8WKS // 3/18 // \$30

### Energize Exercise

Do you like to exercise in the morning to feel energized all day? Then this is the class for you. Exercising at your own level of endurance, this class puts emphasis on your arms, abdomen and legs.

*Instructor: Karen Cowley*

42010-A

8:30-9:15AM // MWThF // 8WKS // 3/17 // \$30



## Adult Programs

### Fitness Evaluations

By Appointment Only // One-Hour Session \$41

Are you getting started on your fitness program and do not know where to begin? A fitness evaluation should be your first step in any fitness program. Your level of fitness is assessed in five components: cardiovascular, muscular strength, muscular endurance, flexibility and body composition.

Instructor: Behka Hartmann (Certified Personal Trainer/Fitness Instructor)

### Flow and Strength

Come challenge yourself to grow in flexibility, strength and calmness using yoga and Pilates-influenced movement to improve your health.

Instructor: Esther White (MS, RD, LD)

42060-A  
5:15-6:00PM // M // 8WKS // 3/17 // \$30  
42060-B  
12:10-12:50PM // MW // 8WKS // 3/17 // \$36

## Tri City Promenaders

Did you know that the Tri City Promenaders offers square dance lessons at Brookside Center on Tuesday nights from 7:30-9:30 p.m.? Drop by and give it a try! Email [tricitypromenaders@gmail.com](mailto:tricitypromenaders@gmail.com) for more information.

### Hatha Yoga

Don't Eat 2 Hours Prior // Yoga Mat

Learn more about yourself from the inside out with the tools of yoga. Increase your flexibility and balance and tone your body. Discover the technique of breath control, centering and meditation.

Instructor: Behka Hartmann, Certified Personal Trainer/Fitness Instructor

42100-A  
10:15-11:15AM // M // 8WKS // 3/17 // \$32  
42100-B  
10:15-11:15AM // F // 8WKS // 3/21 // \$32

### Hurst Hustlers Running Club

Come join runners, joggers and walkers of all levels for a challenging workout using hills, speed work, distance and drills. You will learn how to run and how to stay injury-free all while having fun! This is the perfect way to make friends and meet your running goals.

Instructor: Esther White (MS, RD, LD)

42001-A  
6:15-7:15PM // M // 8WKS // 3/17 // \$30

### Improv Dance Drills

Take your newfound belly dance skills and challenge yourself at this next step in your dance explorations. In this class, the emphasis is on refinement. We will cover more complex drills and improv combinations, building on what you have learned in the Basics class. We will use live music for this class, affording you the opportunity to also learn to use percussion instruments (in the form of zills) to dance. This class is best used in combination with Basics as there is no breakdown of the foundation steps.

Instructor: Tiffany Skalberg

42224-A  
8:00-9:00PM // T // 8WKS // 3/18 // \$56

### ITF Taekwon-Do

ITF Taekwon-Do is the only original and traditional Korean Taekwon-Do in DFW. You will increase your flexibility, physical fitness, self defense, self control, discipline, stress relief, self-esteem and concentration.

Instructors: Jonathan Nguyen and Bart Powell (member of ITF-Unified and Grandmaster Van Binh)

22700-A : White and Yellow Belts  
9:05-10:05AM // S // 8WKS // 3/22 // \$56  
22700-B : Advanced Belts  
10:05-11:05AM // S // 8WKS // 3/22 // \$56

### Mix-It-Up Aerobics

Come have fun getting in shape with this versatile class. We do a variety of cardio and strength work and keep the class fun, interesting and challenging. If you have never exercised before or if you have been for years, this class is for you! Come mix it up with us and have a great time achieving your goals!

Instructor: Behka Hartmann (Certified Fitness Instructor)

42040-A  
9:15-10:15AM // MWF // 8WKS // 3/17 // \$40

### Nutrition Counseling

One-Hour Session \$55 // Three Sessions \$130

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need, including expertise in weight loss and weight management, disease management, sports nutrition, eating disorders and general wellness. Sessions are set by appointment.

Instructor: Esther White (MS, RD, LD)

## Adult Programs

### Olympic Sport of Judo

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a nine-time national medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an ongoing monthly class.

*Instructor: Kim Mesa (5th degree Black Belt and certified USA Judo International Coach)*

42800-C : March  
7:00-8:30PM // M // 4WKS // 3/3 // \$40  
7:00-8:30PM // W // 4WKS  
10:05-11:30AM // S // 4WKS

42800-A : April  
7:00-8:30PM // M // 4WKS // 4/7 // \$40  
7:00-8:30PM // W // 4WKS  
10:05-11:30AM // S // 4WKS

42800-B : May  
7:00-8:30PM // M // 4WKS // 5/5 // \$40  
7:00-8:30PM // W // 4WKS  
10:05-11:30AM // S // 4WKS



### Personal Training

**One-Hour Session \$41 // Five Sessions \$172**

Do you need motivation to reach your fitness goals? Through personal training, you can reach your cardiovascular and strength training goals with a program tailored for you. Sessions are set by appointment.

*Instructor: Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

### Resting Metabolic Rate Test

**By Appointment Only // Test Fee \$75**

Are you wondering how many calories your body is actually burning? The resting metabolic rate test is a scientific test that determines how many calories your body needs at rest. The test is specific to your body and its unique needs. Knowing your resting metabolic rate can help you fine-tune your eating patterns so you can finally lose unwanted pounds or put on lean muscle mass.

*Instructor: Angela Pond (Certified Personal Trainer)*

### Scaravelli Yoga

**Bring Blanket and Yoga Mat**

Learn to elongate and extend comfortably into poses by using gravity and your breath. This user-friendly style of yoga will teach you how to relax.

*Instructors: Julie Vela (Certified and Registered with Yoga Alliance)*

42100-C  
8:15-9:15PM // W // 8WKS // 3/19 // \$32

### Scaravelli Intermediate

**Bring Blanket and Yoga Mat**

Are you ready to deepen your yoga practice? Experience steadiness and ease while learning intermediate poses.

*Instructors: Julie Vela (Certified and Registered with Yoga Alliance)*

42100-D  
7:05-8:00PM // W // 8WKS // 3/19 // \$32

### Sewing for Adults

**First Class Supply Fee \$20 // Supply List for Remaining Classes**

Get those creative juices flowing! We will learn basic sewing techniques and how to use the machines. We will also learn how to select and sew by using a pattern. Please bring your own scissors and sewing machine if you have one!

*Instructor: Dottie Nicholson*

42500-A  
1:15-2:30PM // T // 8WKS // 3/18 // \$32

### Slim It Out, Tone It Up

Join us for a fun, challenging and fast-paced workout that uses different moves and equipment to target every muscle in your body. You will walk out with a smile on your face and a little sweat on your shirt!

*Instructor: Esther White (MS, RD, LD)*

42015-A  
6:35-7:25AM // T TH // 8WKS // 3/18 // \$36  
42015-B  
12:10-12:50PM // T TH // 8WKS // 3/18 // \$36

### Spin and Sweat

Join us for spinning! Turn the basics of cycling into a great cardio workout that burns calories and fat. Get ready to work hard and sweat like crazy!

*Instructor: Angela Pond (Certified Personal Trainer)*

42444-A  
9:00-9:45AM // T // 8WKS // 3/18 // \$32  
42444-B  
5:30-6:15PM // TH // 8WKS // 3/20 // \$32

## Adult Programs

### Tai Chi

The Thursday evening class will focus on the basics of Tai Chi. Emphasis will be on relaxation, balance and making the mind-body connection necessary in Tai Chi. Class will study the movements of the first section of the Yang long form. The Saturday morning class is for advanced students who have a working understanding of the Yang-style 103-movement form.

*Instructor: Dan Streeter*

41070-C : March  
7:00-8:15PM // TH // 4WKS // 3/6 // \$30  
9:05-11:00AM // S // 4WKS

42070-A : April  
7:00-8:15PM // TH // 4WKS // 4/3 // \$30  
9:05-11:00AM // S // 4WKS

42070-B : May  
7:00-8:15PM // TH // 4WKS // 5/1 // \$30  
9:05-11:00AM // S // 4WKS



### Take it to the Stage: Advanced Belly Dance

Now that you have perfected your dance skills, you are ready to create a performance. This class will focus on taking your move skills and making them show-worthy by adding props, staging, and interaction with a band. You will also learn to use props such as the veil, skirt, sword, and zills.

*Instructor: Tiffany Skalberg*

42222-A  
9:00-9:45PM // T // 8WKS // 3/18 // \$40

### The Power Package

**By Appointment Only // Four Sessions \$145**

Join forces with the experts in nutrition and fitness for successful results! Your Power Package includes two sessions focused on nutrition with a customized diet plan and two sessions focused on fitness with an evaluation and personal exercise plan. The Power Package is \$145 for four sessions. All evaluations are done by appointment.

*Instructors: Esther White (MS, RD, LD) and Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

### Tribal Evolution

**Instructor Approval Required**

This class covers the unique Improv Tribal Style of Tribal Evolution Belly Dance Company. This class is a professional performance-level class that will teach you to include props, musical interpretation, musician interaction, staging and show layout.

*Instructor: Tiffany Skalberg*

42226-A  
8:00-9:45PM // TH // 8WKS // 3/20 // \$46

### Zumba

**13+ Years // Instructor Approval Required**

This class can only be described as FUN! If you want to party, laugh and have a great time while you lose unwanted inches, come and join us! It's the Latin-inspired, easy-to-follow, calorie-burning, dance-fitness party. Feel the music and let loose. Each class is a whole new set of dancing and fun.

*Instructor: Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

42065-A  
6:05-7:00PM // MW // 8WKS // 3/17 // \$40

### Zumba Gold Toning

Come learn the basic techniques of Zumba in this energizing fitness class by getting your groove on! This is a great way for all ages to get started in Zumba or if you need a lower intensity. We'll use the musical maraca-sounding toning sticks to bump up the workout by adding resistance. It's great for the mind, body and soul!

*Instructor: Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

42050-A  
7:30-8:25AM // T TH // 8WKS // 3/18 // \$40



## « CLASS REGISTRATION

### Registration Policy

Walk-in registration beginning on **Monday, February 17**, at **7:00 a.m.** is open only to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills and Euless whose mail is delivered to a Hurst "address" are not eligible to register until February 24 at 7:00 a.m. Residency is defined by living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst. Nonresidents will be able to register beginning on Monday, February 24. Out of fairness to all citizens of our community, you may only register the members of your household.

### Classes begin the week of March 17

(unless otherwise indicated)

### Sign Up To Register Online

That's right – you can save time and register your entire family online! To get started, you will need to visit the Hurst Recreation Center to activate your account. If you are a Hurst resident, you will need to bring your **Hurst water bill, Hurst property tax statement or Hurst apartment lease, and your photo ID** as proof of Hurst residency to receive the Hurst resident rates. Once you have activated your account and received your user name and password, you will be able to use our online registration feature.

You do not have to wait until your appropriate registration date to activate your account and receive your user name and password. Go ahead and do it the next time you are at the Recreation Center for your current class or working out. Then you will be ready to register online the day registration starts!

### Help Us Help You! PLEASE ENROLL EARLY!

Help us keep your favorite classes around by enrolling early. There is a point when a course must be cancelled due to low enrollment. Help us prevent course cancellations by registering early!

### Walk-In Registration Times

**Monday-Thursday: 7:00AM-9:00PM**

**Friday: 7:00AM-5:00PM**

**Saturday: 9:30AM-5:00PM**

**Sunday: 1:30PM-5:00PM**

### Confirmations

When you register by mail or fax, you will receive a confirmation notice through the postal mail. You will be notified of the designated classes that are not available. If the class is not available, you may select a second choice. If you register online, you may print a copy of your receipt.

### Refund Policy

When you sign up for one of our classes, we depend on your participation for a successful class. If you have an unforeseen circumstance and cannot attend your class, we will gladly refund your fee with 72 hours notice prior to the start of the class. Thank you for your cooperation.

### Weather Policy

In case of inclement weather, the Hurst Recreation Center will not conduct classes if the HEB Independent School District cancels its classes for the day.

### Supply Lists

Some of our classes require a supply list. These classes are noted in this magazine. You will receive a supply list when you register. For mailed registrations, a list will be included with your confirmation letter. **Supplies should not be purchased prior to the Friday before the class starts in case of cancellation.**



# CLASS REGISTRATION FORM

HEAD OF HOUSEHOLD			EMAIL ADDRESS		
STREET ADDRESS		APT #	CITY	STATE / ZIP	
HOME PHONE			WORK PHONE		

PARTICIPANT'S NAME	DOB	GENDER	CLASS #	CLASS FEE
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

				Subtotal	\$
<b>GRAND TOTAL</b>	Non-Resident Fee of \$2 per class	<u>        </u> x \$2 # OF CLASSES	= \$ <u>        </u>	+ Subtotal \$ <u>        </u> =	Total Due \$ <u>        </u>

## PAYMENT METHOD

<input type="checkbox"/> CHECK	<input type="checkbox"/> CREDIT CARD	<input type="checkbox"/> CASH
CHECK NUMBER: _____	CARD TYPE: <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard <input type="checkbox"/> Discover <input type="checkbox"/> American Express	MAIL TO: Hurst Parks and Recreation Class Registration 700 Mary Drive, Hurst, TX 76053
MAKE CHECKS PAYABLE TO: City of Hurst	CARD NUMBER: _____ EXPIRATION DATE: ____ / ____	

For the valuable consideration of being allowed to participate in the City of Hurst Parks and Recreation Department's program or use the City's facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from an injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I DO FULLY RELEASE, INDEMNIFY, AND HOLD HARMLESS, THE CITY, ITS EMPLOYEES AND OFFICERS FROM THEIR OWN NEGLIGENCE FOR FAILURE TO PROPERLY DESIGN, INSPECT, OR MAINTAIN THE EQUIPMENT, OR SUPERVISE THE ACTIVITIES TO BE ENGAGED IN OR EQUIPMENT TO BE USED BY THE UNDERSIGNED, AND FOR ANY ACTS OF THIRD PARTIES. The City does not provide any medical or other insurance protection benefits for those who use the recreational equipment or engage in activities on City Premises.

BY SIGNING THE RELEASE, I ACCEPT ALL RESPONSIBILITY FOR INJURIES WHICH MAY BE INCURRED.

SIGNATURE OF PARTICIPANT	DATE
SIGNATURE OF PARENT/GUARDIAN IF USER IS UNDER 18	DATE



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**Youth Sports Associations**

**Hurst Girls Softball League**  
 HGSL 817-209-5409  
[www.eteamz.com/hurstgsl](http://www.eteamz.com/hurstgsl)  
[hurstgirlsoftball@yahoo.com](mailto:hurstgirlsoftball@yahoo.com)

**Tri-Cities Baseball Association**  
 TCBA 817-285-0200  
[www.tcbaseball.com](http://www.tcbaseball.com)

**MidCities Basketball Association**  
 MCBA 817-354-6208  
[www.midcitiesbasketball.org](http://www.midcitiesbasketball.org)

**Hurst United Soccer Association**  
 HUSA 817-504-7479  
[www.hurstunited.com](http://www.hurstunited.com)

**MidCities PeeWee Football & Cheerleading Association**  
 817-282-2390  
[www.midcitiespeeweefootball.org](http://www.midcitiespeeweefootball.org)

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**Adult Sports Registration Information**

Teams may register in person at the Recreation Administration Office located inside the Hurst Recreation Center, 700 Mary Drive. Hours are Monday, Wednesday and Friday from 8:00 a.m. to 5:00 p.m. and Tuesday and Thursday from 8:00 a.m. to 6:00 p.m. For more information, please call 817-788-7320. Registration information and rules are located online at [www.teamsideline.com/hurst](http://www.teamsideline.com/hurst).

**Softball**

*Summer League Registration*

**Returning Team Registration: May 5-6**  
*Teams that played in Hurst in 2013 and 2014*

**Open Registration: May 7-30**

**Entry Fee: \$340** for a 10-game season  
*With no city playoffs*

**League Schedules:** Available June 4, 4:00PM

**League Begins:** Tuesday, June 9

**League Nights:**  
 Monday – Men's & Women's  
 Tuesday – Men's & Co-ed  
 Wednesday – Men's & Co-ed  
 Thursday – Men's & Co-ed  
 Friday – Men's Church, Men's & Co-ed

**Basketball**

*Spring League Registration*

**Returning Team Registration: March 20-21**  
*Teams that played in Hurst in 2013 and 2014*

**Open Registration: March 24-April 11**

**Entry Fee: \$275** for a 7-game season  
*With playoffs for teams that qualify*

**League Schedules:** Available April 16, 4:00PM

**League Begins:** Tuesday, April 22

**League Nights:**  
 Tuesday – Men's  
 Thursday – Men's



## Healthy Hurst Online Wellness Program

Healthy Hurst is the City of Hurst's community-wide wellness initiative. With the use of the information and links that are available on the City of Hurst's Healthy Hurst webpage, participants can increase their health, wellness and fitness.

Healthy Hurst is a FREE program, and all participants receive a Healthy Hurst T-shirt at the time of registration. Participants are also encouraged to register for the various FREE events that will be offered throughout the year as part of the Healthy Hurst program.

The Healthy Hurst program is open to all Hurst residents, as well as nonresidents who have purchased a Hurst Recreation Center Annual Pass. Incentive awards are available to all participants as they track and log their fitness activities!

Healthy Hurst has a myriad of tips and information on nutrition, fitness, wellness and health. Give it a try today! Let Healthy Hurst help you get started toward your wellness, health and fitness goals. For more information on the Healthy Hurst program, contact the Hurst Recreation Center at 817-788-7325.

### Mission Statement

*The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage lifelong learning, fitness and fun.*

### Parks and Recreation Board

*Chairman:*  
**Alan Neace**

*Vice Chair:*  
**Delbert Derrett**

**Carol Cole**

**Karen Spencer**

**Ralph Hurd**

**Bob Walker**

**Pat King**

**Hank Williams**

**Rod Robertson**

### Recreation Staff

*Recreation Director:*  
**Chris Watson**

*Recreation Attendants:*  
**Marissa Benson**

*Recreation Managers:*  
**Doug McDaniel**  
**Kim Mesa**  
**Kristie Weaver**

**Lauren Ferguson**  
**Rudy Garcia**  
**Vickie Gill**  
**Luke Grimsley**  
**Michael Kearney**  
**Shana Sanders**  
**Cheryl Thompson**  
**Audrey Winstanley**

*Recreation Supervisor:*  
**Mary Singleton**

*Senior Secretary:*  
**Paige Lutz**

*Facility Maintenance:*  
**Judy Arellano**

*Recreation Receptionist:*  
**Melanie Cox**  
**Susan Derr**



### EGGstravaganza 2014

Saturday, April 12, 2014 // 1:00PM // Hurst Community Park, 601 Precinct Line Road // No Pets

Activities begin at 1:00PM and the Egg Hunt starts at 2:00PM. Activities include: Crafts, Hurst Clown Arouns, Games, Photos with Mr. Bunny and refreshments. For more information, call 817-788-7320.

### Trout Stockings at Chisholm Park

The Texas Parks and Wildlife Department will stock Chisholm Park Pond with trout again this winter. Please check Texas Parks and Wildlife Department website, Neighborhood Fishin', at [www.neighborhoodfishin.org](http://www.neighborhoodfishin.org).



### Concert in the Park

Friday, May 9, 2014 (Rain date: May 23)  
7:00-8:00PM // Heritage Village Plaza,  
837 W. Pipeline Road

This is a free event. For more information, call 817-788-7320.

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## Patron Appreciation Week

March 10-14, 2014

Join us at the Hurst Recreation Center as we celebrate 13+ years since opening our doors after the Recreation Center's expansion/renovation project that was completed in October 2000. More than 3.2 million participants have enjoyed using the Hurst Recreation Center since that time. There will be give-away items, refreshments, and door prizes. For more information about Patron Appreciation Week, call the Recreation Center at 817-788-7325.

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## Party Packages

Let us bring the food to your pool party!

Let us bring the food to your pool party! Party Package includes admission to facility, hot dog, chips, drink or sno-cone plus cupcakes (11 or less) or a cake (12 or more). Party Packages may be purchased with or without a pavilion rental. Party Packages go on sale March 31.

## Group Reservations

A Daycare/Group is defined as any person or entity, commercial, in home care or non-profit, who provides structured child care and/or activities, whether year round or seasonal. Any Daycare/Group meeting these criteria will be required to make a reservation, in person, at the City of Hurst Recreation Administration Office, 700 Mary Drive, a minimum of seven (7) working days in advance of the desired date of visit.

Reservations will be taken on a first-come, first-served basis beginning the last Monday of March for Hurst groups and the second Monday in April for non-Hurst groups.

Daycare/Group reservations will be available beginning June 1 continuing through out the summer season. Reservations are Monday - Friday, beginning at 12:30PM. Only two reservations per week per Daycare/Group will be allowed.

## Summer Employment

If you are 16 years of age or older, responsible, and good with the public, the City of Hurst wants you! We are now accepting applications for 2014 seasonal positions at Central and Chisholm Aquatics Centers. Positions include: Cashier and Pool Maintenance Attendant. Water Safety Instructors (swim lessons) and Lifeguard positions also available - must meet minimum requirements as set forth by the American Red Cross. Applications are available at the Hurst City Hall (1505 Precinct Line Road) or the City of Hurst website, [www.hursttx.gov](http://www.hursttx.gov)

### Locations

#### Central Aquatics Center

715 Mary Drive

817-788-7327

#### Chisholm Aquatics Center

2200 Norwood Drive

817-788-7250

#### Opening Weekend:

Memorial Weekend, May 24-26

Regular Season: May 31

### Learn to Swim Program

Registration: Residents, May 5

Non-Residents, May 12

### Session Dates

Session I

June 2-12

Session II

June 16-26

Session III

June 30-July 10

(no class July 4)

Session IV

July 14-24

Session V

July 28-August 7

### Facility & Pavilion Rentals

Hurst Residents may begin making Aquatics Center facility and pavilion rentals on Monday, March 31.

Non-Hurst Residents may begin making Aquatics Center pavilion rentals on Monday, April 7.

**Spring/Summer  
Operating Hours**

*(beginning March 3, 2014)*

**Monday-Thursday: 8:00AM-10:00PM**

**Friday, Saturday & Sunday:  
8:00AM-7:00PM**

**Hurst Tennis Center**

701 Mary Drive, Hurst, TX

817-788-7330

**Hurst Tennis Center Staff**

*Tennis Attendants:*

**Blake Fisher  
Jared Jordan  
Eric Thuener  
Caleb Wesley**

*Tennis Instructors:*

**Cameron Bodily  
Bryan Combest, USPTA  
Tucker Mueck  
John Schildt  
Greg Smith**

*Head Professional:*

**Kelly Langdon, USPTA**

*Tennis Center Coordinator:*

**Austin Wynne, USPTA**

**Upcoming Tournaments**

**Spring Mid-Cities Junior Circuit**  
May 31

**Hurst Junior Open Tournament**  
April 12-13

**Spring Adult Tennis Leagues**

Winter adult leagues begin March 3.  
Register by February 17. The cost is \$25  
per person. For more information, call  
the Hurst Tennis Center.



Photo shot by Kara Crane.

- Lessons and team drills for all ages and abilities
- 10 lighted outdoor courts
- USRSA racquet stringers
- Ball machine rental
- USPTA-certified instructors available
- USTA adult leagues

**How About A Private Lesson?**

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

*Lessons with City of Hurst Head Professional Kelly Langdon, USPTA*

**\$26 Per Half Hour  
\$50 Per Hour  
\$180 For Series Of 4 Lessons**

*Lessons with tennis instructors Greg Smith; Austin Wynne, USPTA; John Schildt; Cameron Bodily; and Bryan Combest, USPTA.*

**\$26 Per Half Hour  
\$49 Per Hour  
\$180 For Series Of 4 Lessons**

The Tennis Center Staff also offers group lessons: \$90 for 1½ hour and \$60 for 1-hour group lessons for league teams.

**Racquet Stringing**

The Tennis Center has a large choice of strings and accessories for your racquet needs. We offer fast service and have three United States Racquet Stringer's Association certified stringers on staff.

## Youth

### Quickstart Tennis

6 Years and Under // 1 Can of Unopened Balls

An introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games.

*Instructors: Austin Wynne, USPTA; John Schildt; Cameron Bodily; and Staff*

82601-A	5:00-5:30PM	//	M	//	4WKS	//	3/3	//	\$28
82601-B	5:00-5:30PM	//	M	//	4WKS	//	4/7	//	\$28
82601-C	5:00-5:30PM	//	M	//	4WKS	//	5/5	//	\$28
82602-A	5:00-5:30PM	//	W	//	4WKS	//	3/5	//	\$28
82602-B	5:00-5:30PM	//	W	//	4WKS	//	4/9	//	\$28
82602-C	5:00-5:30PM	//	W	//	4WKS	//	5/7	//	\$28

### Junior Beginner Tennis

7+ Years // 1 Can of Unopened Balls

A fun class for beginners. Learn the forehand, backhand, serve and volley. Kids will play plenty of fun games.

*Instructors: Austin Wynne, USPTA; John Schildt; Cameron Bodily; and Staff*

82502-A	5:30-7:00PM	//	M	//	4WKS	//	3/3	//	\$72
82502-B	5:30-7:00PM	//	M	//	4WKS	//	4/7	//	\$72
82502-C	5:30-7:00PM	//	M	//	4WKS	//	5/5	//	\$72
82503-A	5:30-7:00PM	//	W	//	4WKS	//	3/5	//	\$72
82503-B	5:30-7:00PM	//	W	//	4WKS	//	4/9	//	\$72
82503-C	5:30-7:00PM	//	W	//	4WKS	//	5/7	//	\$72

### Intermediate Junior Tennis

10 Years and Up // 1 Can of Unopened Balls

For players who have had prior instruction and looking to improve their overall game. Includes singles and doubles techniques and tactics.

*Instructors: Austin Wynne, USPTA; John Schildt; Tucker Mueck and Staff*

82504-A	5:30-7:00PM	//	M	//	4WKS	//	3/3	//	\$72
82504-B	5:30-7:00PM	//	M	//	4WKS	//	4/7	//	\$72
82504-C	5:30-7:00PM	//	M	//	4WKS	//	5/5	//	\$72
82507-A	5:30-7:00PM	//	W	//	4WKS	//	3/5	//	\$72
82507-B	5:30-7:00PM	//	W	//	4WKS	//	4/9	//	\$72
82507-C	5:30-7:00PM	//	W	//	4WKS	//	5/7	//	\$72

## Adult

### Adult Beginner Clinic

1 Can of Unopened Balls

Just for adults! Learn basic strokes, scoring and strategy. Bring one can of new unopened balls to first class.

*Instructors: Kelly Langdon, USPTA; and Staff*

82505-A	7:00-8:30PM	//	W	//	4WKS	//	3/5	//	\$72
82505-B	7:00-8:30PM	//	W	//	4WKS	//	4/9	//	\$72
82505-C	7:00-8:30PM	//	W	//	4WKS	//	5/7	//	\$72

### Adult Intermediate Clinic

1 Can of Unopened Balls

This class is for adults who want to build on existing skills. You will practice all shots and learn techniques and tactics.

*Instructors: Kelly Langdon, USPTA; and Staff*

82506-A	7:00-8:30PM	//	W	//	4WKS	//	3/5	//	\$72
82506-B	7:00-8:30PM	//	W	//	4WKS	//	4/9	//	\$72
82506-C	7:00-8:30PM	//	W	//	4WKS	//	5/7	//	\$72

### Men's 4.0 & Above Drop-In Drill

Minimum of 3 Players

This drill class is designed to work on both singles and doubles point play situation. Get a great workout while getting ready for your next competition. A minimum of three players is needed for the class to make. Players must call and register 24 hours in advance. Players should call the tennis center on Thursday to ensure the class has made.

*Instructors: Kelly Langdon, USPTA; and Bryan Combest, USPTA*

7:00-8:30PM	//	TH	//	Drills Start 2/27	//	\$12
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### Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine at least three days in advance.

## Taking Care of City Parks

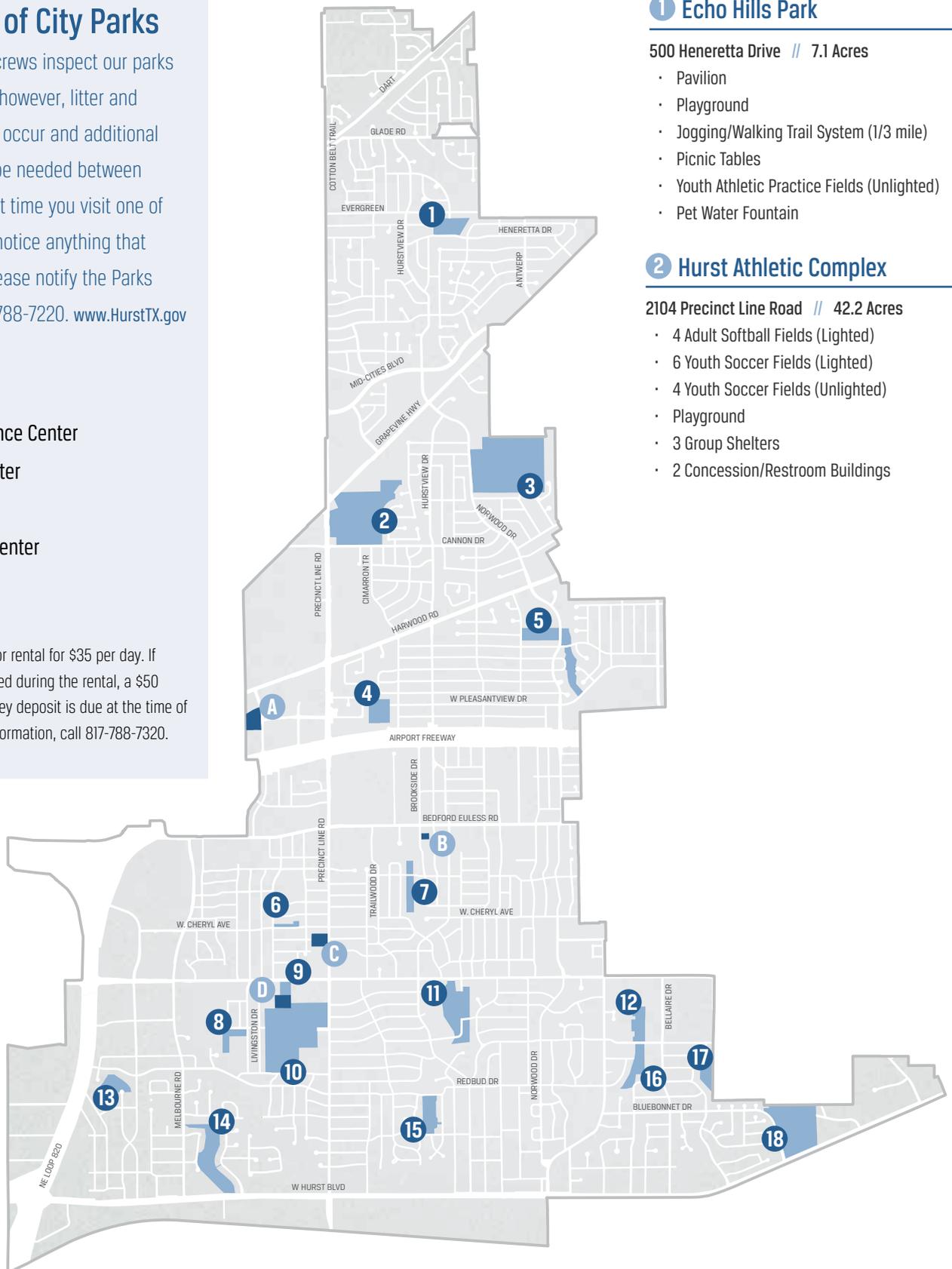
We make sure our crews inspect our parks on a regular basis, however, litter and vandalism still may occur and additional maintenance may be needed between crew visits. The next time you visit one of our parks and you notice anything that needs attention, please notify the Parks Department at 817-788-7220. [www.HurstTX.gov](http://www.HurstTX.gov)

### Facilities

- A** Hurst Conference Center
- B** Brookside Center
- C** Hurst Library
- D** Hurst Senior Center

### Park Pavilions

Pavilions are available for rental for \$35 per day. If electrical power is needed during the rental, a \$50 REFUNDABLE electrical key deposit is due at the time of reservation. For more information, call 817-788-7320.



### 1 Echo Hills Park

500 Heneretta Drive // 7.1 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

### 2 Hurst Athletic Complex

2104 Precinct Line Road // 42.2 Acres

- 4 Adult Softball Fields (Lighted)
- 6 Youth Soccer Fields (Lighted)
- 4 Youth Soccer Fields (Unlighted)
- Playground
- 3 Group Shelters
- 2 Concession/Restroom Buildings

### 3 Chisholm Park

2200 Norwood Drive // 50 Acres

- Aquatics Center
- 4 Youth Softball Fields (Lighted)
- 2 Playgrounds
- 3 Pavilions
- Pond with Fishing Island
- Picnic Tables
- Jogging/Walking Trail System (1.5 miles)
- Fitness Course
- Group Shelter
- Concession/Restroom Building
- 2 Basketball Courts (Lighted)
- 4 Pet Water Fountains

### 4 Smith-Barfield Park

640 Pleasantview Drive // 6.9 Acres

- Youth Baseball/Softball Field (Lighted)
- 2 Tennis Courts (Lighted)
- Youth Athletic Practice Field (Unlighted)
- Playground
- Pavilion
- Picnic Tables
- Restrooms
- 2 Pet Water Fountains

### 5 Mayfair Park

1725 Norwood Drive // 14.4 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/4 mile)
- Youth Athletic Fields (Unlighted)
- Pet Water Fountain

### 6 Windmill Park

840 W. Cheryl Avenue // 2 Acres

- Historical Marker

### 7 Valentine Park

610 Bedford Court West // 4 Acres

- Youth Athletic Practice Field (Unlighted)

### 8 Hurst Hills Park

575 Billie Ruth Lane // 4 Acres

### 9 HERITAGE VILLAGE PARK

841 W. Pipeline Road

- Historical Plaza
- Picnic Table
- 2 Decorative Water Fountains

### 10 Hurst Community Park

601 Precinct Line Road // 44.9 Acres

- 4 Youth Baseball Fields (Lighted)
- 2 Youth Soccer Fields (Lighted)
- 2 Sand Volleyball Courts (Lighted)
- Pavilion
- 2 Playgrounds
- Multi-Use Trail System (1 mile)
- Picnic Tables
- Wooded Natural Area
- Open Field Play Area
- Concession/Restroom Building
- 2 Group Shelters
- 2 Pet Water Fountains

### 11 Central Park

700 block of Mary Drive // 17.5 Acres

- Recreation Center
- Aquatics Center
- Tennis Center (10 Lighted Courts)
- 2 Pavilions
- Playground
- Picnic Tables
- 2 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

### 12 Vivagene Copeland Park

501 Pecan Drive // 5.2 Acres

- Pavilion
- Playground
- Multi-Use Trail System (1/3 mile)
- Open Field Play Area
- 3 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

### 13 Jaycee-Baker Park

500 Belmont Drive // 4.1 Acres

- Playground
- Picnic Tables
- Pavilion
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

### 14 Billy Creek Park

161 Billy Creek Drive

### 15 Redbud Park

525 Redbud Drive // 7.2 Acres

- Soccer Field (Unlighted)
- Playground
- Jogging/Walking Trail System (1/3 miles)
- Picnic Tables
- Fitness Course
- Pavilion
- Pet Water Fountain

### 16 Bellaire Park

500 Pecan Drive // 6.4 Acres

- Playground
- Youth Baseball/Softball Field (Lighted)
- Jogging/Walking Trail System (1/3 mile)
- Pet Water Fountain

### 17 Wan-Ka-Kani Park

748 Shady Lane // 4.1 Acres

- Picnic Tables

### 18 Rickel Park

1001 Bluebonnet Drive // 29 Acres

- 2 Pavilions
- Picnic Tables
- Nature Trails
- Scenic Overlook
- Winding Stream with 2 Bridges
- Jogging/Walking Trail System (1/2 mile)
- Playground
- 2 Pet Water Fountains



City of Hurst  
1505 Precinct Line Rd.  
Hurst, TX 76054

PRESORTED STANDARD  
U.S. POSTAGE PAID  
HURST, TX PERMIT NO. 21

# *Spring 2014*

## RECREATION CLASS SCHEDULE

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage life-long learning, fitness and fun.

