

Where We Live

A publication from the City of Hurst



Fourth of July

Hurst Stars & Stripes

Special

Hurst Senior Citizen's Center

Library

Deep in the Heart of Texas Summer Reading Club

Summer

2009

*Recreation
Class
Schedule*





**Hurst
Stars
and Stripes**
Saturday, July 4



Welcome to the sixth issue of...

Where We Live

Welcome to the sixth issue of Where We Live. Summer is just around the corner, and so is the fun in Hurst. We've got a lot of exciting things planned for residents of all ages, including library's "Deep in the Heart of Texas" Summer reading club, our annual Fishing Derby, Hurst Stars and Stripes and Hurst Golden Couples. And that's just the tip of the iceberg. Turn to page 20 to find all of your favorite summer recreation classes and information on this year's Learn-to-Swim programming.

Programs and events are just part of the reason we're proud to call Hurst home. The citizens are a large part of what makes our City one of the best in the area. We recently recognized a few of these individuals at our Twelfth Annual Citizen of the Year Awards. Congratulations to Bob Hampton, Dr. Pat Webb, Susan Ballard, Kimberly Proctor, Alexa Brooks and Brant Swafford on this recognition.

Speaking of our great citizens, you spoke, we listened and we are putting into action some of the things we discovered from our recent citizen survey, see page 17. We take your comments seriously and will continue working for you to keep Hurst the quality of life city it's known for. With the challenges we are all experiencing with the economic downturn, I am optimistic that Hurst will weather the impacts and continue to offer quality services and programs to our citizens. I wish you and yours a fantastic Summer season and look forward to seeing you soon.

It has always been the City Council's goal to provide our citizens with the best in programs, events and services in the area. Please let us know how we can continue to serve you better. We hope you are able to take advantage of some of the innovative programs and events your city offers. Now take a moment, sit back and enjoy your sixth issue of *Where We Live*.

In This Issue...

- Outdoor Warning Sirens 7
- Library Programs 10
- Community Life 14
- Citizen's Survey..... 18
- Hurst Senior Citizens 19

Recreation Center.....20

- Pre-School Programs.....21
- Pre-School & Youth Programs.....22
- Gymnastic Programs27
- Adult Programs29
- Aquatics.....34
- Learn to Swim Classes39
- Special Events42
- Hurst Tennis Center.....45
- Registration Information48
- Parks System.....50



Hurst City Council

Back Row: Larry Kitchens–Council Member, Henry Wilson–Council Member, Bill McLendon–Council Member, Charles Swearengen–Council Member **Front Row:** Nancy Welton– Mayor Pro Tem, Richard Ward–Mayor, Anna Holzer–Council Member

The Fantastically Fresh 5

Spring has sprung and summer is right around the corner. That means that fresh foods are even more convenient, tasty and economical. Here are 5 tasty tips on how to include them in your healthy lifestyle.

1. Eat 5-9 servings of plant based foods each day. Start the day off right with a fruit & yogurt smoothie, eat some nuts & raisins for a morning snack, have a crisp salad with lunch, enjoy an apple with peanut butter for an afternoon snack and top the day off with green beans and carrots with your dinner followed with sliced strawberries for dessert.
2. Are you on the go? Fruits and vegetables are the perfect meal in the car because most come individually packaged and ready to carry. Grab a banana and a granola bar on the way out the door, stick some grapes or carrot sticks in your computer case or have an apple in your glove compartment for the afternoon commute.
3. Aim to stay local. This time of year is the perfect opportunity for you to visit your local grocer, farmer's market or roadside produce stand for some fresh, locally grown produce. Or if you are really adventurous, pick your own berries, peaches or produce at some of the local farms and orchards.
4. Try something new or unusual. Most of us can get stuck in a rut especially with what we eat. Choose one new fruit or vegetable every time you go shopping to add some variety and zest to your diet.
5. Be creative about how you include fresh foods in your diet. Try adding pineapple or peaches to your next grilling experience, make a zippy mango salsa for your fish, roast corn or peppers to add flare to your fare and garnish with fresh herbs to add color and a taste explosion to any meal!



Beef and Vegetable Kebabs

Ingredients:

- 1/2 cup brown rice
- 2 cups water
- 4 ounces top sirloin (choice)
- 3 tablespoons fat-free Italian dressing
- 1 green pepper, seeded and cut into 4 pieces
- 4 cherry tomatoes
- 1 small onion, cut into 4 wedges
- 2 wooden skewers, soaked in water for 30 minutes, or metal skewers

Directions:

In a saucepan over high heat, combine the rice and water. Bring to a boil. Reduce the heat to low, cover and simmer until the water is absorbed and the rice is tender, about 30 to 45 minutes. Add more water if necessary to keep the rice from drying out. Transfer to a small bowl to keep warm.

Cut the meat into 4 equal portions. Put the meat in a small bowl and pour Italian dressing over the top. Put in the refrigerator

for at least 20 minutes to marinate, turning as needed.

Prepare a hot fire in a charcoal grill or heat a gas grill or a broiler. Away from the heat source, lightly coat the grill rack or broiler pan with cooking spray. Position the cooking rack 4 to 6 inches from the heat source.

Thread 2 cubes of meat, 2 green pepper slices, 2 cherry tomatoes and 2 onion wedges onto each skewer. Place the kebabs on the grill rack or broiler pan. Grill or broil the kebabs for about 5 to 10 minutes, turning as needed

Divide the rice onto individual plates. Top with 1 kebab and serve immediately.

Yield: 2 servings. Nutrition Facts: One serving: 1/2 rice & 1 kebab Calories: 330, Fat: 5g, Carbohydrate: 48g, Fiber: 4g, Protein: 22g

Taken from: The New Mayo Clinic Cookbook Concise Ed.

City Staff

- Allan Weegar—City Manager
- Allan Heindel—Deputy City Manager
- Jeff Jones—Assistant City Manager
- John Brown—Fire Chief
- Rita Frick—City Secretary
- Ron Haynes—Director of Public Works
- Dale Harwell—Information Services Manager
- Mike Morgan—Development Manager
- Steve Moore—Police Chief
- Anita Thetford—Director of Finance
- Ashleigh Whiteman—Communications Manager

Mark Your Calendars

12th Annual Spring Good Neighbor Program Free Clean Up Hurst Event

As part of our ongoing “Good Neighbor” Program, the City of Hurst is once again offering a free Clean Up Hurst opportunity, and it’s coming soon. The event will be held April 25 and May 2 from 7 AM to noon at the Bellaire Shopping Center located at Pipeline Road and Brown Trail.

Most everything will be accepted, excluding tires. The “crud cruiser” will be on hand accepting oil, paint, etc. Any Hurst citizen can participate in this free event by showing a picture I.D. and proof of residency (such as a recent water bill). For questions or more information, please call us at 817.788.7088.

Dash & Splash 5K

Healthy Hurst Dash & Splash 5K

Saturday, June 13

Chisholm Park & Chisholm Aquatics Center

1 Mile Walk/Run – 8:00 AM

5K Run – 8:20 AM

Here’s your chance to do something healthy AND fun at the same time. The Healthy Hurst Dash & Splash offers Healthy Hurst participants the chance to participate in a 1 Mile Walk, or a 5K Run and jump into the water at the Chisholm Aquatics Center at the finish line.

Healthy Hurst is the City of Hurst’s Community Wellness Program. Hurst residents of all ages are eligible to join Healthy Hurst at no charge. Non-residents who have purchased a Hurst Recreation Center Annual Pass are also eligible to participate in Healthy Hurst.



All Dash & Splash participants will need to register for this FREE event and can do so at the Hurst Recreation Center through 5 pm on Friday, June 12. Register at the event from 7-8 AM on Saturday, June 13. (Please bring proof of residency: driver’s license, Hurst water bill, Hurst property tax statement. Non-residents bring your Quality of Life Recreation Card).

All Dash & Splash participants are eligible to win some fun door prizes (must be present to win). For more information contact the Hurst Recreation Center, 817.788.7325.

On the cover...

You know summer’s getting close when people start talking about the Summer Reading Club at the Hurst Public Library. And that’s exactly what our cover family was talking about when we joined them for the summer cover shoot. The Franklin family, transplanted Hurst residents from Los Angeles, participates in the reading club every year. Hurst residents since 1995, Carlton and Dee Franklin are regulars at the library, along with their kids Sammy, age 14, Timmy, age 10 and Kai, age 2. Carlton loves being able to get the newest movies on DVD, Dee loves the new Playaway books and the books on tape, Sammy loves the Anime’ club, Timmy loves the train in the youth department and Kai loves to jump on the cushions in the youth reading room. When not at the Library, Carlton works for Honeywell and Dee owns an in-home daycare.



Cover shot by photographer Bill Carter

Air quality and congestion on freeways

The Dallas-Fort Worth Highway Traffic Survey results were recently released by the North Central Texas Council of Governments (NCTCOG).

Hurst results show that from 2003 to 2007 the average level of service rating for SH183:

- west bound deteriorated from moderate(C) to severe (E). The

period from 1999 to 2003 was constant at level C (moderate).

- East bound deteriorated further as a severe (F).

The survey was performed using aerial photography during peak periods of highway congestion-including SH183 (Airport Freeway). It is possible to determine the density of cars per car per lane per

mile using this engineering method.

The increasing traffic congestion shown in this report and the related photographs further explain why the SH183 (Airport Freeway) and IH820 widening projects and green methods are needed. Building more lanes helps temporarily, but clean vehicle technologies and other methods of transportation will help prevent future generations of gridlocked highways.



- Severe congestion (<30 mph)
- Moderate or intermittent congestion (30-50 mph)
- Congested signalized intersection (continuous)
- Congested signalized intersection (intermittent)



Why use outdoor warning sirens?

The primary purpose of outdoor warning sirens is to alert people who are outside to severe weather, chemical or other emergencies. While you may be able to hear the siren inside your house, this is not the primary function of the outdoor warning siren. They are meant to alert people who may be outdoors at ball games, in their yard or anywhere else where they are not in contact with the normal news media channels such as radio, TV or NOAA (National Oceanic and Atmospheric Administration) Weather Radio.

How are they activated?

To activate the siren system, the dispatcher presses a button and a radio signal is transmitted. The signals are picked up by the receivers at the sirens. They decode the paging signals to properly activate.

What should I do if I hear an outdoor warning siren?

If you hear an outdoor warning siren, you should seek shelter inside immediately. Once inside, you should turn on your NOAA Weather Radio. If you do not have one, television or radio stations can provide some information. In case of a power outage it is always best to use have a NOAA Weather Radio. Local officials will be disseminating informa-

tion about the emergency through media outlets and NOAA Weather Radio will give ongoing information through their system.

What sounds are emitted by the sirens?

There is only one sound for all events, that is why getting inside and listening to the NOAA Weather Radio or media outlets is the step to take after hearing the sirens.

When are the outdoor warning sirens tested?

The outdoor warning sirens are tested at 1 PM on the first Wednesday of each month. In the event of threatening weather, the test will not be conducted.

What is the range of the outdoor warning sirens?

The siren wail sound can be heard for an approximate distance of ½ mile. Sounds can be drastically affected depending on weather and other atmospheric conditions. So please remember these distances are just estimates and that the primary function of the outdoor warning siren is to warn people who are outdoors of impending emergencies.



What is Code Red?

The CodeRED system delivers pre-recorded emergency telephone messages to affected areas, or the entire City, at a rate of up to 60,000 calls per hour. It is best used to deliver critical information to smaller sections of the City. The City of Hurst does not use this system for severe weather alerts due to

the extended time required to reach all citizens.

Severe weather strikes fast in Texas. Keep tabs on the weather by purchasing a NOAA weather radio and, if available, tuning into the local news media. NOAA weather radios

are the most reliable way to get up to the minute information, especially in a power outage situation.

To update your CodeRed information or for more information call 817.788.7238 or visit online at www.ci.hurst.tx.us.

Police department adopts SARA model

To ensure that community-oriented and problem-solving initiatives have a lasting impact, the Hurst Police Department has adopted the SARA model. The SARA model consists of a four step process involving Scanning, Analysis, Response and Assessment.

Scanning: The identification of recurring incidents and the selection of the crime/disorder.

Analysis: The use of several sources of information to determine why a problem is occurring, who is responsible, who is affected, where the problem is located,

when it occurred, and what form the problem takes. Sources of information may include police data (CAD, arrest, incident data, etc.), victim and offender interviews, environmental surveys, business and residential surveys, social service data, insurance information, etc.

Response: Actions taken to: (1) prevent future occurrences by deflecting offenders; (2) protect victims; or (3) make crime locations less conducive to problem behaviors. Responses are designed to have a long-term impact on the problem.

Assessment: The measurement of the impact(s) of the responses on the targeted crime/disorder problem using information collected from multiple sources, both before and after the responses, have been implemented.

In 2008, The Hurst Police Department utilized the SARA model to reduce drug activity and crime at a Hurst city park, reduce coin operated and car burglaries, eliminate gang graffiti and combat underage drinking and disturbances at a local establishment.

Mosquito surveillance



This Summer the City of Hurst will participate for the eighth year in a mosquito surveillance program with the Tarrant County Health Department.

Out of the 25 samples collected in Hurst in 2008, only 1 tested positive for West Nile Virus (WNV), which is less than one percent.

There were only four positives in Tarrant County as a whole last year. Again this year birds will not be tested for WNV primarily because they cannot transmit the virus to humans. Mosquito collection sites will be evenly distributed throughout the city and each time a WNV-positive sample is identified, all property owners within a quarter-mile radius will be notified of that finding.

In addition to this notification, the area will be sprayed in an attempt to reduce the mosquito population (the city will

only fog an area if there is a positive mosquito collected). Larvicide treatment will again be used throughout the city at regular intervals to inhibit the development of adult mosquitoes in lieu of less effective fogging on the entire city.

In addition to the use of larvicide, the city is stocking certain city properties and drainage outfalls with *Gambusia affinis* (Mosquito fish) minnows that are known to eat large numbers of mosquito larvae.

To have your neighborhood included in the surveillance program, call 817.788.7217 or 817.788.7237. For more information about West Nile Virus and tips for preventing mosquito bites go to the City of Hurst web site at www.ci.hurst.tx.us.

***Up-to-the-minute
Precinct Line
Updates***

Visit online
www.ci.hurst.tx.us
and click on



**Construction Projects
& Updates**

PRECINCT LINE



What is the purpose?

Addition of dedicated turn lanes instead of a center turn lane (aka "suicide" or double yellow twin left turn lane), intersection improvements, new landscaped median. These improvements are similar to Harwood Rd.

What is coming up next?

Approximately May to June-Major Lane Shifts will occur. Construction will begin on the west side of Precinct Line Rd.

What is built now?

Temporary signals, Drainage and Culvert work, east side lane construction, retaining walls.

When will construction end?

Summer 2010

The City of Hurst Public Works Engineering continues to work with TXDOT on this large construction project. Staff will continue to post web updates weekly to the city's Web site. Click on the orange cone on the main page for construction information.



Hurst Public Library

901 Precinct Line Road

Phone: 817-788-7300

library

Read All About It!

Libraries: Deep in the Heart of Texas!

Summer Reading Club 2009

May 30 - August 1 *For all ages*

The books you need

And like to read

(clap, clap, clap, clap)

Are at the Hurst Library!

And so is this year's reading club! No matter your age—child, teen, or adult—we have a club for you. Just register, read, and record your hours. Add to that incentives and programs for all ages (with many for the whole family) and you'll find plenty of fun for everyone—readers and nonreaders alike! To make it extra-Texas, we've picked a Texas author to highlight this summer...Hurst Reads Rick Riordan! Pick any one—or more!—of his books to read this summer!

Once Upon a Time...

Saturday, May 30

10:00 AM-1:00 PM

The Summer Reading Club turns the Hurst Library into a magical place! On this opening day you'll get a chance to meet some literary characters as you register and discover what the Summer Reading Club is all about. Can't make it on opening day? No problem! You can sign up later or even register online at www.hurst.lib.tx.us. Kids age 12 and younger who register and participate may be eligible for a Ringling Bros. and Barnum & Bailey Circus ticket. We'll tell you about it when you register!

Ambassador of Laughter *For all ages*

Wednesday, June 24

10:00 AM

Kelly the Clown from Ringling Bros. shares his love of the circus, books, and the Library.

Tag-along Tuesdays *For the whole family!*

7:00 PM

- June 9 **It's a Mythery** See how Greek mythology meets kids' books
- June 16 **Puppet People Puppet shows** done by young people for folks young and old
- June 23 **Anime Junior** A family introduction to a popular trend
- June 30 **America in Verse**. Celebrate the Country's birthday a little early
- July 7 **Spaced Out** A hands-on introduction to the universe around us
- July 14 **Puppet People** More puppet shows done by young people for folks young and old
- July 21 **Tall Tales—American Style** Bigger than life characters
- July 28 **Shoot for the Moon** A hands-on exploration of our closest celestial neighbor

Wide Range Wednesdays *For 1st-6th graders*

1:30 PM with a repeat program at 3:00 PM

- June 10 **Welcome to Camp Half-blood** Greek mythology meets modern times
- June 17 **Percussion by Mark Shelton** Experience rhythm in a whole new way
- June 24 **The Magic of Bubbles** Be dazzled by these tiny—and not so tiny—bundles of air
- July 1 **Texas Critters** A glimpse of our animal neighbors by the Fort Worth Nature Center
- July 8 **Puppets by Sandy** Shroud Imagination comes to life
- July 15 **Reading, Rhythm, and Rhyme** Judy Stock uses music to tap your imagination
- July 22 **Pets 101** The Humane Society of North Texas and an animal friend give pet care pointers
- July 29 **To the Moon!** Celebrate the 40th anniversary of the original moon walk

Small Fry Fridays *For Kindergartners & younger*

11:00 AM

- June 12 **Puppet People** Puppet shows done by young people
- June 26 **Tako the Clown** Juggling, magic, marionettes, and more
- July 10 **Puppet People** More puppet shows done by young people
- July 24 **Miss Ja** Sing-along stories and an animal friend

And They All Read Happily Ever After — The End!

Saturday, August 1

10:00 AM-6:00 PM

A day-long tribute to readers like you! Various activities throughout the day include special performances by the Puppet People, face painting, space experiments, a chance to meet some book characters...and your last chance to turn in time for the Club!

Hurst Public Library
*The place to go
when you need to know!*

Tumblebooks

A collection of interactive e-books. For a list of books, visit the library Web site at www.ci.hurst.tx.us/lib

Truly Teen

7th-12th Graders

Anime Club

Thursday, June 4

Thursday, July 2

Thursday, August 6

6:00-8:00 PM

If you enjoy anime—watching it and talking about it—this is the place for you! Add snacks and other teens that love anime, too, just for fun!

Teen Pulse Game Night

Thursday, June 11

Thursday, July 9

Thursday, August 13

6:30-8:00 PM

DDR, Guitar Hero, and more! Bring a friend and show off your best moves. Come show us what you've got! Snacks provided.

Teen Pulse Reads

Thursdays, June 9 - July 28

4:00-5:00 PM

Finally, a book club just for teens! Teens can share what they have been reading and vote on their favorite book to movie DVD to watch at the end of summer. Snacks provided.

Teen Pulse Friday Edition

Friday, July 31

5:30-8:00 PM

Just what every teen has been waiting for – a real live gaming tourney! Come watch or play in our first ever Guitar Hero tournament. Snacks provided.

Adult & Family Informational Afternoon

Understanding Memory Loss

Thursday, May 21, 3:00-5:00 PM

A speaker from the Alzheimer's Association will give a presentation on the topic of "Understanding Memory Loss: When Memory Loss Becomes a Problem".

Family Nights

All Evanovich Night with narrator CJ Critt

Thursday, June 18, 7:00 PM

This will be a presentation of a series of comic selections from Janet Evanovich, and a lively Q & A with the award winning audio-book narrator CJ Critt.

Stories Under the Stars: Texas Tall Tales

Thursday, July 16, 7:00 PM

Join us in the Library Park with Texas storyteller Cathy Whiteman who will enthrall the audience with Texas Tall Tales. Good fun for the entire family. Weather permitting, this will be an outdoor event so please bring lawn chairs and blankets to sit in the Library Park.

Back to School with Live Homework Help

Thursday, August 20, 7:00 PM

Join us to learn more about how the Hurst Public Library's Live Homework Help can benefit you and your children this upcoming school year.

Brown Bag Book Club

Bring your lunch and join us for book discussions by the fireplace in the Reading Alcove with drinks and comfy chairs provided!

Mudbound by Hillary Jordan

Thursday, May 7, NOON

Prize-winning debut novel about prejudice at the end of World War II.

The Story of Edgar Sawtelle by David Wroblewski

Thursday, June 4, NOON

A debut novel transplanting Shakespeare's Hamlet to a dog-breeding farm in the woods of northern Wisconsin.

Hurst Reads Rick Riordan Thursday, July 2, NOON

Choose any book by featured Texas author Rick Riordan.

Visit the Library Online

www.hurst.lib.tx.us

View the iBistro catalog

Place items on hold

View your own record

Renew materials online

Home access to over 60 databases for research

Download eAudiobooks and video

Youth Programs

Ongoing Activities

Toddler Time

Ages 12-36 months

Mondays and Thursdays

10:00-10:30 AM

Story Time

Ages 3-6

Tuesdays and Wednesdays

10:45-11:15 AM

Chess Club

For elementary ages and up

Mondays

4:00-5:00 PM

Chapter Chats Book Club

Grades 4-6

June 9, July 14 & Aug. 11

7:00 PM

Technology Classes

Back by popular demand for 2009

We are again offering free technology classes! For complete class and registration details, visit the Library Computer Center or see our Web site at: www.hurst.lib.tx.us

Basic Computing I

June 5, 10:00-11:30 AM

Introduction to the use and application of modern personal computers.

Basic Computing II

June 12

10:00-11:00AM

Demonstrates the basic upgrading and maintenance of PC's.

Digital Cameras & Photography

July 16, 7:30-9:00 PM

July 17, 10:00-11:30 AM

Details the use of digital cameras.

Digital Photo Sharing

July 17, Noon-1:00 PM

Demonstrates the ease at which personal digital photos can be collected, edited, and uploaded to the internet for sharing with others.

Internet Basics - Introduction

June 17, Noon-1:00 PM

Introduces new users to Internet Explorer and its functions, the library home page, popular Web pages.

Internet Basics - E-mail

June 19, 3:30-5:30 PM

For new users who wish to learn more about how to use their existing email, or those without email who would like to get started with it.

Internet Basics - Google

June 19, 2:00-3:00 PM

June 23, 6:00-7:00 PM

Covers a few tricks-of-the-trade for effective search engine use and search results evaluation.

Internet Basics - Job Search

June 15, 10:00-11:00 AM

June 23, 7:30-8:30 PM

Looks at a few popular online job search services and how to use them.

Internet Basics - Library Electronic Resources

June 25, 7:30-8:30 PM

Introduces users to the Library Web site's Electronic Resources Page.

Internet for Parents

July 9, 3:00-4:00 PM

July 9, 7:30-8:30 PM

Explores the dangers and pitfalls young people face on the internet, and solutions for parents to help mitigate these dangers.

Scrapping Saturdays at the Library

Saturdays from 10 AM-4 PM

May 9

June 20

July 11

August 1

August 22

Bring your pages and supplies and join us in the library learning center for scrap booking fun.

Evening Performances

Thursday, May 28, 7:00 PM

Larry Stillwell - Elvis Impersonator

Thursday, June 25, 7:00 PM

Amie Maciszewshi - Traditional music of North India

Thursday, July 23, 7:00 PM

Mark Shelton - World Music

Thursday, August 27, 7:00 PM

Rhett Butler - Guitarist

NOON MasterWorks

Friday, May 8, NOON

David Mahler - Hammer Dulcimer

Friday, August 14, NOON

2 Tone - Jazz Harp

MasterWorks at The Library

Open to the public, the MasterWorks Music Series is funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with ARTSNET.



Library Expansion Update

The Library Board, architect and city staff are continuing to work on the design and development of the architectural drawings.

The Library Expansion Project is scheduled to begin in Summer 2009 and should be completed by Summer 2010.

Want to get involved?

The City of Hurst is always looking for new volunteers. If you are interested in joining the VIA program, please contact the Community Services Department at 817.788.7305. Volunteer applications can be picked up at the Community Services' office in the Hurst Public Library or accessed online through the City's Web site at www.ci.hurst.tx.us.



Volunteers In Action 2009

Celebrating 30 years of giving

The Volunteers-In-Action program is celebrating its 30th anniversary in 2009. What began as a city-wide initiative to meet the expanding service needs of the community by enlisting the help of a volunteer workforce has become a benchmark for municipal volunteer programs across the state. In fact, the City of Hurst's Volunteers-In-Action program was the first municipal volunteer program to be officially recognized by the State of Texas.

The Volunteers-In-Action program not only provides an opportunity for the citizens of Hurst to make valuable contributions towards improved services, but also is a viable alternative to increasing taxes to fund additional personnel requests. Moreover, it can help to limit the effects of additional workloads on the existing workforce. Wanna get involved? Call 817.788.7305 to find out how.



Bellaire Sustainable Development



As part of the city's Transforming Hurst initiative, the Bellaire Sustainable Development Plan kicked off in October 2008. The City of Hurst, property and business owners, residents and other stakeholders in the area met to analyze economic conditions and suggest future land use patterns. A consultant was also hired to assist in these efforts. Based on their economic analysis, the consultants said that single-family residential redevelopment would have the greatest chance of stimulating revitalization. Improved housing, specifically developing more single-family housing is likely to encourage changes in the retail/commercial mix. The consultants suggest that over time the retail component could

shrink substantially in terms of square feet. The consultants also recommend allowing mixed-uses and multi-story buildings with commercial on the first floor and apartments in the second and third levels. Direct street and sidewalk access around and to Vivagene Copeland Park is also crucial to success.

Although much of this redevelopment is a few years away from happening, it takes a considerable amount of planning to ensure the right choices are made for the neighborhood. For more information on the Bellaire Sustainable Development Plan, call 817.788.7095.



Bellaire plan phases defined

The City of Hurst is preparing to redevelop the road, traffic signal and utilities from Pecan to SH10 (Hurst Blvd), plus additional sidewalk work on neighboring streets. This is a three-phase project with multiple funding partners.

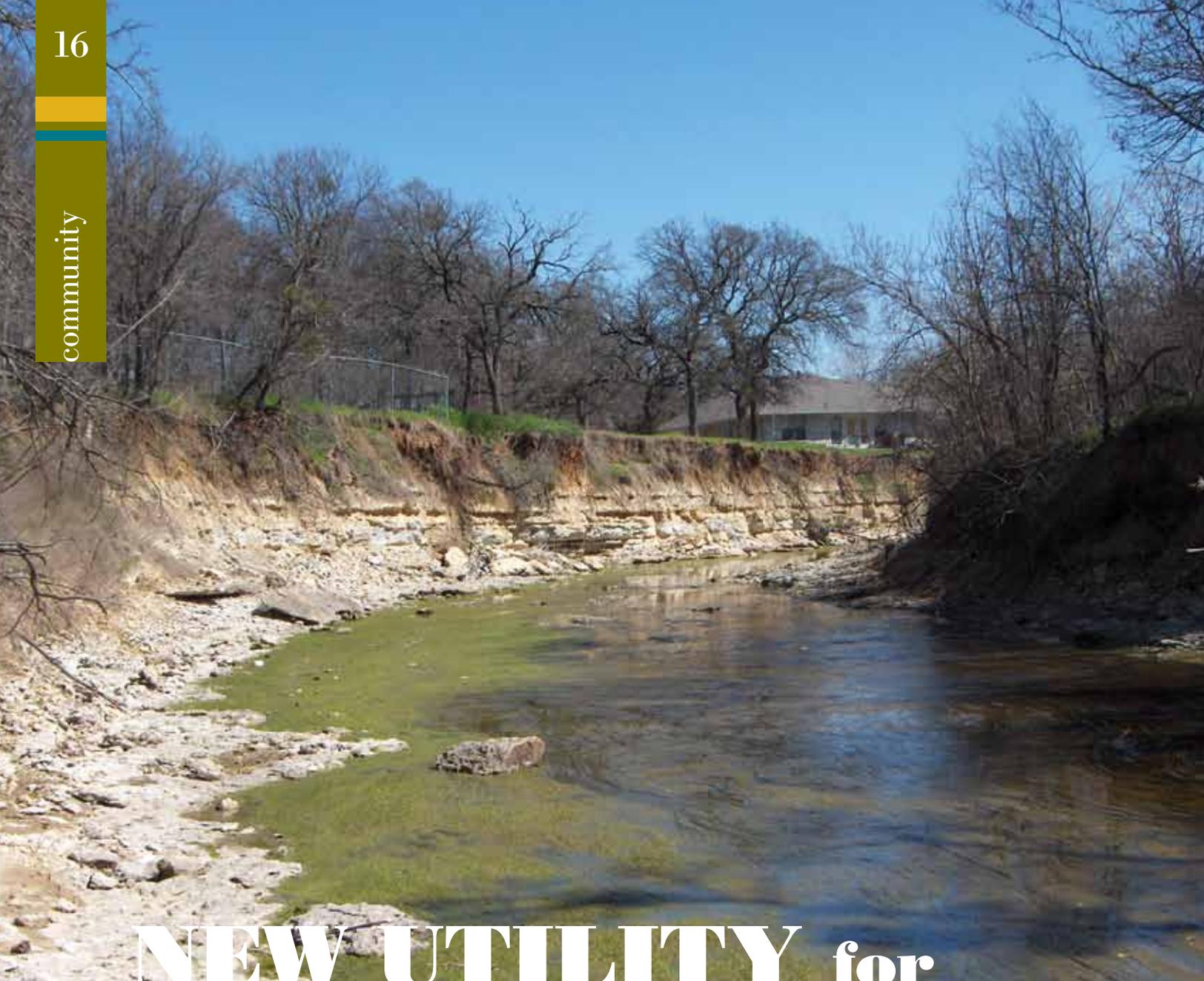
Phase 1 Greenway to SH10. This project includes road reconstruction and utility replacement. Potential intersection landscaping at SH10. This project is completely funded by the City.

Phase 2 Safe Routes to School Project. This project includes moving the traffic signal from Shady Ln to Pecan and sidewalks in the neighborhood. This grant is for \$700,000 with a city match of only \$7,000. However, federal, not Hurst, design standards are required to be used. This will add cost and time above what

would be necessary for the city to do the entire project ourselves. This rate of return on our small investment will be worth these details.

Phase 3 Community Development Block Grant Project. This project includes widening the road for the 500 Block of Bellaire from 32 to 40 feet. The resulting new 3 or 4 lane road will be much improved over the failed pavement rating that the block currently has. Utility replacements will also be included.

Keep up with the engineering and construction updates for Bellaire on the city’s website. Click on the orange construction cone on the main city webpage for project updates.



NEW UTILITY for Storm Drainage

On Feb. 24 City Council held public hearings to begin creation of a new utility for Storm Drainage. As described in the last magazine issue, this process began in 1995 and was the result of unfunded federal mandates.

The new utility results in a new line on Hurst utility bills: Storm Fee. The rate for residents is \$4 per home water meter. This is equivalent to \$1.93 per apartment unit and \$1.96888 per 1000 impervious square feet for commercial properties. The more detailed fee schedule and explanation is published on the Web site and available in the brochure at City Hall.

For questions about the new utility, please call 817.788.7004. This is a dedicated number for Storm Drainage Utility inquiries. Additional staff contacts are published on the Web site and available in the brochure at City Hall.

This new utility will help pay for water quality testing in streams, additional maintenance of waterways, more storm drainage construction projects, more erosion control projects and computer software for tracking more detailed permits and work order management.

New water conservation efforts

You may have noticed signs in neighboring cities alerting citizens of a year-round 10 AM to 6 PM “no outdoor watering restriction.” Wholesale water customers of the City of Fort Worth are following suit after they went to the year round restriction in 2008.

The City of Hurst, like other wholesale water customers, have

seen noticeable water conservation benefits over the past two summers during the June through September 10 AM to 6 PM watering restriction.

Hurst is scheduled to have the year-round outdoor watering restriction adopted into the code of ordinances by May 1.

Flood hazard maps update

The City of Hurst received notice in April that the draft updates to the Flood Hazard Maps will become effective Sept. 25.

The City is required to update Chapter 9,

Flood Hazards, of the City Code prior to the implementation date.

This revision will include references to the new maps, FEMA required language, and other items.

This ordinance update is hoped to lower the cost of flood insurance for our residents.

Decoding

utility location markers

Many citizens call and ask about the little flags they find in their yard. These are utility location markers and each color has a special meaning. The American Public Works Association recently led the effort to develop a uniform color code

for these flags. Until this standardization, flag colors meant different things on each project!

Line locations must occur a minimum of 3 days and a maximum of 14 days from

when construction will commence. For questions, citizens are encouraged to call the 24 hour Public Works phone number 817.788.7212 or the general Public Works office number 817.788.7076.

APWA Uniform Color Code for Marking Underground Utility Lines

White	Proposed excavation
Pink	Temporary survey markings
Red	Electrical power lines, cables, conduit and lighting cables
Yellow	Gas, oil, steam, petroleum or gaseous materials
Orange	Communications, alarm or signal lines, cables or conduit
Blue	Potable water
Purple	Reclaimed water, irrigation and slurry lines
Green	Sewers and drain lines

Call Before You Dig 1-800-344-8377

Citizens say quality of life

EXCELLENT

At the City of Hurst, we value our residents and what they have to say. That's why we conduct a citizen survey every two years. It's an important tool in strategic planning and evaluation of city services. We've been conducting this biennial survey since 1999 in partnership with the University of North Texas, who facilitates the survey. The phone survey

is a random sampling with a +/- 4.9% margin of error.

This year's survey results showed that more than 90 percent of our residents said the quality of life in Hurst is good or excellent. We're proud of that fact and will continue working to maintain our quality of life, especially in this challenging

economy. More than 90 percent also feel safe or very safe living in Hurst and another 87 percent said the city is well maintained. Online results were virtually parallel to the phone survey.

For more information or for a complete list of survey results, visit our Web site at www.ci.hurst.tx.us.

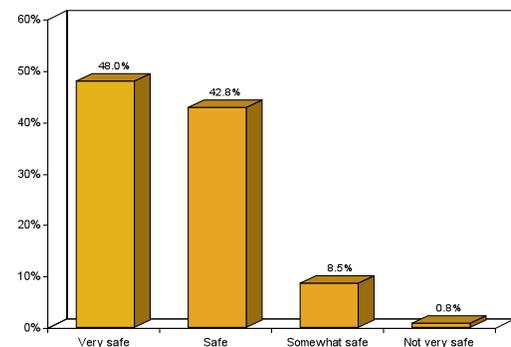
Quality of life in Hurst (by year and percentage)

Survey Year	Excellent	Good	Adequate	Poor
2009 (n=400)	45.8	46.3	7.0	1.0
2007 (n=400)	41.5	51.5	5.8	3.3
2005 (n=450)	36.9	53.1	8.9	1.1
2004 (n=398)	35.4	55.5	8.0	1.0

Critical issues facing Hurst today

	2009 (n=390)
Redeveloping older areas of the city	47.3
Increasing transportation options	23.3
Increasing employment opportunities	11.3
Decreasing crime	9.7
Improving city services	6.4
Other	1.5

Feel safe living in Hurst (n=400)



Value of services received for the taxes paid (by year and percentage)

Survey Year	Great value	Good value	Adequate value	Poor value
2009 (n=390)	25.4	47.4	23.6	3.6
2007 (n=382)	16.2	50.8	29.3	3.7
2005 (n=434)	11.5	49.5	31.6	7.4
2004 (n=388)	12.6	52.6	28.6	6.2

Ratings of overall customer service (by year and percentage)

Survey Year	Great value	Good value	Adequate value	Poor value
2009 (n=162)	48.1	25.9	17.3	8.6
2007 (n=156)	39.7	31.4	17.9	10.9

**The city
is seeking
qualified
individuals
to fill key positions
at the Center
Call 817.788.7012
for information**



Hurst Senior Citizens Activities Center

Construction on the new 27,500 square foot Hurst Senior Citizens Activities Center is right on schedule! One of the many amenities offered at the new Senior Center will be a state-of-the-art Fitness Room dedicated to the health and wellness of today's active senior citizens. The Fitness Room will offer a variety of equipment specifically designed to meet senior's individual fitness needs including:

- Treadmills
- Elliptical machines
- Recumbent Bikes
- Upright Bike
- Seated Cross Trainers
- Dual Adjustable Pulley Machines
- Dumbbells
- Rowing Machines
- Weight Benches
- Stretching Stations
- Upper Body Ergometer
- LifeFitness Circuit Series

No matter what your fitness level is or what you want to accomplish, as a senior citizen you can find something in the Fitness Room at the Hurst Senior Center to help you meet your health and wellness goals.

The Hurst Senior Citizens Activities Center is scheduled to open in Fall 2009.

For more information about the new Hurst Senior Citizens Activities Center and Senior Services Division, please contact the Community Services Department at 817.788.7305.

***Hurst Senior
Citizens
Activities Center
is scheduled to
open Fall 2009***



Hurst Recreation Center

It may be hot outside, but you can enjoy all of the Hurst Recreation Center's activities, classes, and programs in air-conditioned comfort. You can shoot some hoops, enjoy some volleyball with your friends, play racquetball, use the jogging/walking track, or workout in our state-of-the-art fitness center.

The Recreation Center has all of the fitness equipment that you will need to reach your fitness goals. Our Cardio Room has a total of 10 treadmills and 5 crosstrainers, with individual television screens. You can now watch your very favorite TV show while you workout, listen to your favorite music, or watch your favorite movies on your iPod while working out on these treadmills and crosstainers. Our Cardio Theater entertainment system will also let you enjoy watching

any of our 4 TV's while you workout on the remainder of our elliptical crosstrainers, bikes, stairclimbers, rowing machines, and seated crosstrainers.

In addition to the cardio equipment, there is also an extensive selection of pin-selectorized, and plate-loaded strength equipment, as well as dumbbells, and flexibility equipment to round-out your total fitness program. The Hurst Recreation Center offers a wide variety of fitness classes to help you reach your fitness goals. If you need a little extra motivation to reach your fitness goals, there are also personal trainers available who can custom-design a fitness plan that will meet your needs.

For more information, contact the Front Desk at the Recreation Center 817.788.7325.

Our Commitment to Quality:

Your satisfaction is our goal. . .we strive to provide you with quality recreation programs and we take pride in making your recreation experience an enjoyable one. Join us this season for recreational, educational, and life-long learning opportunities. If

you are not completely satisfied with your recreational experience, please call us at 817.788.7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation.

Mission Statement

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities, and services that encourage life-long learning, fitness and fun.

Pre-School Programs

Van Gogh's Two's (18 months to 2 years)

Your 2-year old could be the next Van Gogh! Come find out as they express themselves through fun art projects. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13020A	M	9:45-10:15AM	4WKS	6/8	\$11
13020B	M	4:30-5:00PM	4WKS	6/8	\$11

Summer II:

14020A	M	9:45-10:15AM	4WKS	7/13	\$11
14020B	M	4:30-5:00PM	4WKS	7/13	\$11

Mozart's Two's (18 months to 2 years)

Can you imagine the beautiful music your 2-year old and their new friends will create with musical instruments? They will play musical instruments and games. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13000A	M	10:15-10:45AM	4WKS	6/8	\$11
13000B	M	5:00-5:30PM	4WKS	6/8	\$11

Summer II:

14000A	M	10:15-10:45AM	4WKS	7/13	\$11
14000B	M	5:00-5:30PM	4WKS	7/13	\$11

Lunch A Bunch! (3 to 5 years)

Calling all pre-schoolers to the kitchen! Come learn how to create a healthy lunch. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13170A	T	10:20-11:15AM	4WKS	6/9	\$12
--------	---	---------------	------	-----	------

Summer II:

14170A	T	10:20-11:15AM	4WKS	7/14	\$12
--------	---	---------------	------	------	------

Creative Time For Tots (3 to 4 years)

This class is designed to teach your pre-schooler important social skills through interaction with others. Your child will prepare for Pre-K through an introduction to letters, numbers, and colors. In a structured, yet fun, environment, your child will learn through crafts, music, stories and creative play. (Supply Fee \$10)

Instructor: Barbara Johnson (Certified School Teacher)

Summer I:

13040A	MW	8:45-10:30AM	4WKS	6/8	\$28
13040B	TTH	8:45-10:30AM	4WKS	6/9	\$28

Summer II:

14040A	MW	8:45-10:30AM	4WKS	7/13	\$28
14040B	TTH	8:45-10:30AM	4WKS	7/14	\$28

Pre-K Kids (4 to 5 years)

This class is designed to prepare your child for Kindergarten. Through crafts, stories, music and play time, they will learn the alphabet, numbers and colors in a structured, yet fun, environment. Your child will develop improved social skills through their interaction with other students. Be sure to bring a sack lunch. (Supply Fee \$10)

Instructor: Barbara Johnson (Certified School Teacher)

Summer I:

13050A	MW	11:00-2:30PM	4WKS	6/8	\$49
13050B	TTH	11:00-2:30PM	4WKS	6/9	\$49

Summer II:

14050A	MW	11:00-2:30PM	4WKS	7/13	\$49
14050B	TTH	11:00-2:30PM	4WKS	7/14	\$49

Yes, I Can Draw (3 to 5 years)

Yes, you can draw! This class is designed to teach your youngster the first form of communication, art. They will have a chance to let their creativity flow. (Supply List)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13010A	T	9:00-9:30AM	4WKS	6/9	\$11
--------	---	-------------	------	-----	------

Summer II:

14010A	T	9:00-9:30AM	4WKS	7/14	\$11
--------	---	-------------	------	------	------

Phonics Fun (3 to 5 years)

Come one, come all to the big sounds of letters. You will learn pre-reading skills through games and activities that teach phonics. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13030A	T	11:15-Noon	4WKS	6/9	\$12
13030B	TH	9:30-10:15AM	4WKS	6/11	\$12

Summer II:

14030A	T	11:15-Noon	4WKS	7/14	\$12
14030B	TH	9:30-10:15AM	4WKS	7/16	\$12

Phonics Fun - Step 2 (3 to 5 years)

Ready for more phonics? Come take the next step of Phonics Fun and learn some more! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13035A	M	9:00-9:45AM	4WKS	6/8	\$12
--------	---	-------------	------	-----	------

Summer II:

14035A	M	9:00-9:45AM	4WKS	7/13	\$12
--------	---	-------------	------	------	------

Ocean Fun (3 to 5 years)

Come learn about the animals who live in the ocean. We will learn about their habits, what they eat, and why they live there. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13111A	T	9:30-10:15AM	4WKS	6/9	\$12
--------	---	--------------	------	-----	------

Summer II:

14111A	T	9:30-10:15AM	4WKS	7/14	\$12
--------	---	--------------	------	------	------

Hands-on Science (3 to 5 years)

We'll explore the world of science through exciting experiments. Science will knock your socks off! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13120A	TH	10:15-11:00AM	4WKS	6/11	\$12
--------	----	---------------	------	------	------

Summer II:

14120A	TH	10:15-11:00AM	4WKS	7/16	\$12
--------	----	---------------	------	------	------

Fairy Fun (3 to 7 years)

Do you love fairies? Come create some fairy fun! (Supply Fee \$8)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13110A	TH	11:45-12:30PM	4WKS	6/11	\$12
--------	----	---------------	------	------	------

Summer II:

14110A	TH	11:45-12:30PM	4WKS	7/16	\$12
--------	----	---------------	------	------	------

Little Tyke Soccer (3-6 years)

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport. Tennis shoes required.

Instructor: Stacie Castillo

Summer I:

13600A	F	9:00-9:30AM	4WKS	6/12	\$11
--------	---	-------------	------	------	------

(3 to 4 years)

13600B	F	9:30-10:00AM	4WKS	6/12	\$11
--------	---	--------------	------	------	------

(4 to 6 years)

13600B	F	9:30-10:00AM	4WKS	6/12	\$11
--------	---	--------------	------	------	------

Summer II:

14600A	F	9:00-9:30AM	4WKS	7/17	\$11
--------	---	-------------	------	------	------

(3 to 4 years)

14600B	F	9:30-10:00AM	4WKS	7/17	\$11
--------	---	--------------	------	------	------

(4 to 6 years)

14600B	F	9:30-10:00AM	4WKS	7/17	\$11
--------	---	--------------	------	------	------

Preschool Programs:

Just a couple of reminders...

With your child's best interest in mind, we ask that parents not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is affected by parental distractions and interruptions.

In order to provide the best learning environment, children 3-5 years must be toilet trained.

Little Tyke Sports (3-5 years)

Looking for some good old-fashioned fun? We'll get a little taste of soccer, basketball, running, fitness, and just plain fun.

Instructor: Stacie Castillo

Summer I:

(3-4 years)

13700A	F	10:00-10:30AM	4WKS	6/12	\$11
--------	---	---------------	------	------	------

(4-5 years)

13700B	F	10:30-11:00AM	4WKS	6/12	\$11
--------	---	---------------	------	------	------

Summer II:

(3-4 years)

14700A	F	10:00-10:30AM	4WKS	7/17	\$11
--------	---	---------------	------	------	------

(4-5 years)

14700B	F	10:30-11:00AM	4WKS	7/17	\$11
--------	---	---------------	------	------	------

NEW CLASS! Pre-school Soccer Camp (4 to 6 years)

Are you ready to learn the game of soccer? We'll learn the basics of soccer mechanics: dribbling, shooting, and passing through fun and exciting drills. We will also begin to learn how to play the game of soccer as a team. Bring your soccer ball! This class will meet at the pavilion in Central Park, just south of the Rec Center. (Athletic shoes and water bottle are required. Cleats and shin guards are recommended.)

Instructor: Luke Grimsley

Summer I:

13999A	MF	8:30-10:00AM	1WK	6/8-6/12	\$50
--------	----	--------------	-----	----------	------

13999B	MF	8:30-10:00AM	1WK	6/22-6/26	\$50
--------	----	--------------	-----	-----------	------

Summer II:

14999A	MF	8:30-10:00AM	1WK	7/6-7/10	\$50
--------	----	--------------	-----	----------	------

14999B	MF	8:30-10:00AM	1WK	7/20-7/24	\$50
--------	----	--------------	-----	-----------	------

Paints and Crafts Galore! (3-5 years)

It's time for fun! We'll create our very own works of art through paints and crafts. (Supply Fee \$5)

Instructor: Tammy Slovensky

Summer I:

13090A	T	9:30-10:00AM	4WKS	6/9	\$11
--------	---	--------------	------	-----	------

Summer II:

14090A	T	9:30-10:00AM	4WKS	7/14	\$11
--------	---	--------------	------	------	------

Tap for Tots (3-5 years)

No previous tap experience needed! In this fun and energetic class you will learn rotary-based basics of tap dancing. You will also have fun with a wide variety of music, styles, and rhythms. Each class is designed based on the students' abilities. (Tap shoes required.)

Summer I:

Instructor: LaTisha Clay

13065A	TH	9:30-10:00 AM	4WKS	6/11	\$11
--------	----	---------------	------	------	------

Instructor: Mindy Kim

13065B	TH	5:00-5:30 PM	4WKS	6/11	\$11
--------	----	--------------	------	------	------

Summer II:

Instructor: LaTisha Clay

14065A	TH	9:30-10:00 AM	4WKS	7/16	\$11
--------	----	---------------	------	------	------

Instructor: Mindy Kim

14065B	TH	5:00-5:30 PM	4WKS	7/16	\$11
--------	----	--------------	------	------	------

NEW CLASS! Ballet for Tots (3-5 years)

No previous ballet experience needed! In this fun and energetic class you will learn the basics of ballet. You will also have fun with a wide variety of music, styles, and rhythms. Each class is designed based on the students' abilities. (Ballet shoes required.)

Instructor: LaTisha Clay

Summer I:

13180A	TH	10:00-10:30 AM	4WKS	6/11	\$11
--------	----	----------------	------	------	------

Summer II:

14180A	TH	10:00-10:30 AM	4WKS	7/16	\$11
--------	----	----------------	------	------	------

Tiny Dancer I (3-5 years)

Your tiny dancer will learn tap, ballet, and rhythmic movements. (Ballet and tap shoes are required.)

Summer I:

Instructor: LaTisha Clay

13060A	T	10:30-11:15 AM	4WKS	6/9	\$12
--------	---	----------------	------	-----	------

Instructor: Kendra Grieco

13060B	F	3:15-4:00 PM	4WKS	6/12	\$12
--------	---	--------------	------	------	------

Summer II:

Instructor: LaTisha Clay

14060A	T	10:30-11:15 AM	4WKS	7/14	\$12
--------	---	----------------	------	------	------

Instructor: Kendra Grieco

14060B	F	3:15-4:00 PM	4WKS	7/17	\$12
--------	---	--------------	------	------	------





Pre-School & Youth Combination Programs

Discover the Seas (4-9 years)

We will learn about living creatures under the sea through listening about fun facts, and making crafts, like ocean bottles, color pages and more! (Supply Fee \$5)

Instructor: Michelle Riley

Summer I:

13005-A	W	12:30-1:15 PM	4WKS	6/10	\$12
13005-B	F	9:45-10:30 AM	4WKS	6/12	\$12

Summer II:

14005-A	W	9:00-9:45 AM	4WKS	7/15	\$12
14005-B	F	12:30-1:15 PM	4WKS	7/17	\$12

Wild About Animals (4-9 years)

Are you wild about animals? We will explore the animal kingdom through making fun crafts. (Supply Fee \$5)

Instructor: Michelle Riley

Summer I:

13300-A	W	9:45-10:30 AM	4WKS	6/10	\$12
13300-B	F	9:00-9:45 AM	4WKS	6/12	\$12

Summer II:

14300-A	W	12:30-1:15 PM	4WKS	7/15	\$12
14300-B	F	10:30-11:15 AM	4WKS	7/17	\$12

Messy Crafts and Play (2-9 years)

Do you like getting messy? Do you like hands-on playing? We will dig right into crafts with play-doh, painting, gluing, and more. (Supply Fee \$5)

Instructor: Michelle Riley

Summer I:

13222-A	W	9:00-9:45 AM	4WKS	6/10	\$12
13222-B	F	10:30-11:15 AM	4WKS	6/12	\$12

Summer II:

14222-A	W	10:30-11:15 AM	4WKS	7/15	\$12
14222-B	F	9:00-9:45 AM	4WKS	7/17	\$12

Discover Space (4-9 years)

Calling all Buzz Lightyears! We will explore space and the planets with activities and crafts. (Supply Fee \$5)

Instructor: Michelle Riley

Summer I:

13400-A	W	10:30-11:15 AM	4WKS	6/10	\$12
13400-B	F	12:30-1:15 PM	4WKS	6/12	\$12

Summer II:

14400-A	F	9:45-10:30 AM	4WKS	7/17	\$12
---------	---	---------------	------	------	------

Bug Scientist (4-9 years)

Are you buggy for BUGS? We will learn about insects with fun activities and crafts! (Supply Fee \$5)

Instructor: Michelle Riley

Summer II:

14160-A	W	9:45-10:30 AM	4WKS	7/15	\$12
---------	---	---------------	------	------	------

Princess Tea Party (3-10 years)

Calling all princesses! You're invited to our Princess Tea Party. We'll play dress up, make a tiara, decorate cookies, play games, and have tea. (Supply Fee \$6)

Instructor: Michelle Riley

Summer I:

13150-A	W	1:15-2:00 PM	1WK	6/17	\$12
13150-B	F	2:00-2:45 PM	1WK	6/19	\$12
13150-C	W	2:00-2:45 PM	1WK	7/1	\$12

Summer II:

14150-A	F	2:00-2:45 PM	1WK	7/17	\$12
14150-B	W	1:15-2:00 PM	1WK	7/22	\$12
14150-C	W	1:15-2:00 PM	1WK	7/29	\$12

Lil' Baker (3-12 years)

Come and decorate your very own cake to take home with you. (Supply Fee \$6)

Instructor: Michelle Riley

Summer I:

13145-A	W	1:15-2:00 PM	1WK	6/10	\$12
13145-B	F	1:15-2:00 PM	1WK	6/12	\$12
13145-C	W	2:00-2:45 PM	1WK	6/24	\$12
13145-D	F	2:00-2:45 PM	1WK	6/26	\$12

Summer II:

14145-A	F	1:15-2:00 PM	1WK	7/17	\$12
14145-B	W	2:00-2:45 PM	1WK	7/29	\$12

Jungle Safari Party (3-8 years)

Come to our safari party! We will have a bug hunt, bug throwing contest, treasure hunt and everyone will get party treats. (Supply Fee \$6)

Instructor: Michelle Riley

Summer II:

14333-A	W	1:15-2:00 PM	1WK	7/8	\$12
14333-B	W	2:00-2:45 PM	1WK	7/22	\$12

Money, Money, Money (6-10 years)

Learn about money, checks, credit cards, how to save and how to spend. Each child will get to shop in our class store. (Supply Fee \$6)

Instructor: Michelle Riley

Summer I:

13800-A	W	2:00-2:45 PM	1WK	6/10	\$12
13800-B	W	1:15-2:00 PM	1WK	6/24	\$12

Summer II:

14800-A	F	2:00-2:45 PM	1WK	7/24	\$12
14800-B	F	1:15-2:00 PM	1WK	7/31	\$12

NEW CLASS! Ice Cream Sundae Party

(4-12 years)

Come and make your own ice cream! We will learn how to make ice cream and then make sundaes with all of the toppings. (Supply Fee \$6)

Instructor: Michelle Riley

Summer I:

13200-A	F	2:00-2:45 PM	1WK	6/12	\$12
---------	---	--------------	-----	------	------

Summer II:

14200-A	W	2:00-2:45 PM	1WK	7/15	\$12
---------	---	--------------	-----	------	------

NEW CLASS! Yo-Ho-Ho Pirates Party for Me*(3-10 years)*

Argh! Climb aboard as we play pirate games and look for treasure!
(Supply Fee \$5)

*Instructor: Michelle Riley***Summer I:**

13555-A	F	1:15-2:00 PM	1WK	6/19	\$12
13555-B	F	1:15-2:00 PM	1WK	6/26	\$12

Summer II:

14555-A	W	1:15-2:00 PM	1WK	7/15	\$12
---------	---	--------------	-----	------	------

NEW CLASS! Mad Scientist Party*(4-12 years)*

Enter into the mad scientist laboratory to conduct experiments and make your own slime! (Supply Fee \$5)

*Instructor: Michelle Riley***Summer I:**

14900-A	F	1:15-2:00 PM	1WK	7/10	\$12
14900-B	F	1:15-2:00 PM	1WK	7/24	\$12

NEW CLASS! Sponge Bob Party*(3-9 years)*

Come under the sea for tons of Sponge Bob fun! We'll play and dance with music and bubbles, go hunting for jellyfish and have a Krabby Patty relay race. (Supply Fee \$5)

*Instructor: Michelle Riley***Summer I:**

13190-A	W	2:00-2:45 PM	1WK	6/17	\$12
13190-B	W	1:15-2:00 PM	1WK	7/1	\$12

Summer II:

14190-A	F	2:00-2:45 PM	1WK	7/10	\$12
14190-B	F	2:00-2:45 PM	1WK	7/31	\$12

Youth Programs**Summer Arts Camp**

The City of Hurst and the Arts Council of Northeast Tarrant County (ARTSNET) present Summer with the Arts for Ages 6 to 12! This unique program brings all the arts to you, featuring a different type of art each week!

Summer I:

23600-A	MF	10:00-Noon	4WKS	6/8	\$50
---------	----	------------	------	-----	------

Summer II:

24600-A	MF	10:00-Noon	4WKS	7/13	\$50
---------	----	------------	------	------	------

Beginning Jazz and Tap *(5-7 years)*

Here is your chance to get a taste of both tap and jazz in one class. You will learn the basic tap and jazz steps to today's modern music. (Tap and Jazz shoes required.)

*Instructor: Kendra Grieco***Summer I:**

23120-A	F	4:00-5:00 PM	4WKS	6/12	\$14
---------	---	--------------	------	------	------

Summer II:

24120-A	F	4:00-5:00 PM	4WKS	7/17	\$14
---------	---	--------------	------	------	------

NEW CLASS! Young Painters *(6-12 years)*

Are you a young painter who needs inspiration? Join us to explore the basics of color and painting while practicing on some creative projects. (Supply Fee \$15)

*Instructor: Kelly Watkins***Summer I:**

23222-A	M	12:30-1:20 PM	4WKS	6/8	\$12
23222-B	W	9:00-9:50 AM	4WKS	6/10	\$12

Summer II:

24222-A	M	12:30-1:20 PM	4WKS	7/13	\$12
24222-B	W	9:00-9:50 AM	4WKS	7/15	\$12

NEW CLASS! Young Artists 3-D *(6-12 years)*

Do you enjoy creating with paper and clay? We will learn the basics of sculpture through clay projects, 3-D paper crafting, and foam. (Supply Fee \$15)

*Instructor: Kelly Watkins***Summer I:**

23666-A	M	1:30-2:20 PM	4WKS	6/8	\$12
23666-B	W	10:00-10:50 AM	4WKS	6/10	\$12

Summer II:

24666-A	M	1:30-2:20 PM	4WKS	7/13	\$12
24666-B	W	10:00-10:50 AM	4WKS	7/15	\$12

NEW CLASS! Young Artists Explore Texture *(6-12 years)*

Join us to explore the basics of texture to help stimulate creativity. Our activities will include: sunflowers, treasure maps, paper waving, and repousse. (Supply Fee \$15)

*Instructor: Kelly Watkins***Summer I:**

23444-A	M	2:30-3:20 PM	4WKS	6/8	\$12
23444-B	W	11:00-11:50 AM	4WKS	6/10	\$12

Summer II:

24444-A	M	2:30-3:20 PM	4WKS	7/13	\$12
24444-B	W	11:00-11:50 AM	4WKS	7/15	\$12

Yes, I Can Draw *(6-11 years)*

Yes, you can draw! You will develop your fine motor skills by putting your creativity to work through drawing. (Supply list)

*Instructor: Mary Cassidy (Certified School Teacher)***Summer I:**

23170-A	W	10:00-10:45 AM	4WKS	6/10	\$12
---------	---	----------------	------	------	------

Summer II:

24170-A	W	10:00-10:45 AM	4WKS	7/15	\$12
---------	---	----------------	------	------	------

Water Coloring *(6-11 years)*

Calling all kids! Come explore your creative side by creating your very own watercolors. You will learn about color combinations and different applications. (Supply Fee \$10)

*Instructor: Mary Cassidy (Certified School Teacher)***Summer I:**

23090-A	W	9:00-9:50 AM	4WKS	6/10	\$12
---------	---	--------------	------	------	------

Summer II:

24090-A	W	9:00-9:50 AM	4WKS	7/15	\$12
---------	---	--------------	------	------	------

Food Fun *(6-12 years)*

Come learn how to cook a variety of meals using the stove, oven, and microwave. (Supply Fee \$10)

*Instructor: Mary Cassidy (Certified School Teacher)***Summer I:**

23060-A	W	10:45-11:30 AM	4WKS	6/10	\$12
---------	---	----------------	------	------	------

Summer II:

24060-A	W	10:45-11:30 AM	4WKS	7/15	\$12
---------	---	----------------	------	------	------



3-in-1 Dance Combo Class (5-10 years)

Are you looking for a class that has it all? You will get a taste of ballet, tap, and jazz all in the same class!

Instructor: LaTisha Clay

Summer I:

23300A	M	3:00-4:15 PM	4WKS	6/8	\$14
23300B	T	4:00-5:15 PM	4WKS	6/9	\$14

Summer II:

24300A	M	3:00-4:15 PM	4WKS	7/13	\$14
24300B	T	4:00-5:15 PM	4WKS	7/14	\$14

Hip-Hop Dance (7-14 years)

Even if you have no previous dance experience, you can take this class! We will explore the elements of dance and movement. Not only will we study classical dance, but also learn rhythm and how to count the beats to the music. We will create Hip-Hop style routines and center floor steps.

Summer I:

Instructor: LaTisha Clay

(7-10 years)

23070A	M	4:15-5:00 PM	4WKS	6/8	\$12
--------	---	--------------	------	-----	------

(10-14 years)

23070B	W	4:15-5:00 PM	4WKS	6/10	\$12
--------	---	--------------	------	------	------

Instructor: Mindy Kim

(8-14 years)

23070C	TH	5:30-6:30 PM	4WKS	6/11	\$13
--------	----	--------------	------	------	------

Summer II:

Instructor: LaTisha Clay

(7-10 years)

24070A	M	4:15-5:00 PM	4WKS	7/13	\$12
--------	---	--------------	------	------	------

(10-14 years)

24070B	W	4:15-5:00 PM	4WKS	7/15	\$12
--------	---	--------------	------	------	------

Instructor: Mindy Kim

(8-14 years)

24070C	TH	5:30-6:30 PM	4WKS	7/16	\$13
--------	----	--------------	------	------	------

NEW CLASS! Wii Sports 101 Camp (6-teen)

Here's a 21st century sports camp for you: Wii Sports 101! Everyone will make their own Mii and we'll play a different interactive sport each week. If you have your own Wii remote, download your Mii and bring it to camp!

Instructor: Jorge Mesa

Summer I:

(6-8 years)

23190A	M	11:30-12:30 PM	4WKS	6/8	\$20
--------	---	----------------	------	-----	------

(9-12 years)

23190B	M	12:30-1:30 PM	4WKS	6/8	\$20
--------	---	---------------	------	-----	------

(Teens)

23190C	M	1:30-2:30 PM	4WKS	6/8	\$20
--------	---	--------------	------	-----	------

Summer II:

(6-8 years)

24190A	M	11:30-12:30 PM	4WKS	7/13	\$20
--------	---	----------------	------	------	------

(9-12 years)

24190B	M	12:30-1:30 PM	4WKS	7/13	\$20
--------	---	---------------	------	------	------

(Teens)

24190C	M	1:30-2:30 PM	4WKS	7/13	\$20
--------	---	--------------	------	------	------

Papier Mache (6-12 years)

Come get messy with papier mache and create your very own mask and frame. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23100A	M	Noon-12:50 PM	4WKS	6/8	\$12
--------	---	---------------	------	-----	------

Summer II:

24100A	M	Noon-12:50 PM	4WKS	7/13	\$12
--------	---	---------------	------	------	------

Tye Dye Fun (6-12 years)

It's time to relive the groovy times of tie dye! You create your own unique t-shirt and bandanas! (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23040A	M	11:00-11:50 AM	4WKS	6/8	\$12
--------	---	----------------	------	-----	------

Summer II:

24040A	M	11:00-11:50 AM	4WKS	7/13	\$12
--------	---	----------------	------	------	------

Hands-on Science (6-12 years)

We'll explore the world of science through exciting experiments. Science will knock your socks off! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23080A	TH	11:00-11:45 AM	4WKS	6/11	\$12
--------	----	----------------	------	------	------

Summer II:

24080A	TH	11:00-11:45 AM	4WKS	7/16	\$12
--------	----	----------------	------	------	------

Girl's Spa (6-12 years)

Like to pamper yourself? We'll learn how to make our own soap, lotions, and body scrubs! (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23130A	T	Noon-12:45 PM	4WKS	6/9	\$12
--------	---	---------------	------	-----	------

Summer II:

24130A	T	Noon-12:45 PM	4WKS	7/14	\$12
--------	---	---------------	------	------	------

Homemade Gifts (6-12 years)

Finding the perfect gift is always a challenge. Come make unique gifts for your family and friends. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23000A	T	12:45-1:30 PM	4WKS	6/9	\$12
--------	---	---------------	------	-----	------

Summer II:

24000A	T	12:45-1:30 PM	4WKS	7/14	\$12
--------	---	---------------	------	------	------

Salt Dough 101 (6-12 years)

Using salt dough, we will create cod creatures from land or sea. Soon, you will create a menagerie! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23065A	W	11:30-12:30 PM	4WKS	6/10	\$12
--------	---	----------------	------	------	------

Summer II:

24065A	W	11:30-12:30 PM	4WKS	7/15	\$12
--------	---	----------------	------	------	------

Kids' Ballroom Dance Grades 5-6

Come and get those feet moving in Ballroom Dancing! We will learn: Cha Cha, Swing, Salsa, and Tango. We will also be learning a few line dances while working on hand and foot coordination and getting a brain workout learning about timing. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

Summer I:

23050A	M	6:00-6:50 PM	5WKS	6/8	\$46
--------	---	--------------	------	-----	------

Summer II:

24050A	M	6:00-6:50 PM	4WKS	7/13	\$37
--------	---	--------------	------	------	------

Tap Dance (6-10 years)

No experience needed! In this fun and energetic class you will learn the basics of tap dancing, studies in rhythm, and a routine to perform on the last day of class for family and friends. Tap shoes required.

Instructor: Mindy Kim

Summer I:

23160A	W	5:00-6:00 PM	4WKS	6/10	\$12
--------	---	--------------	------	------	------

Summer II:

24160A	W	5:00-6:00 PM	4WKS	7/15	\$12
--------	---	--------------	------	------	------

NEW CLASS! Wii Bowling League (6-teen)

Get those bowling shirts out of the closet and get ready to have a blast with this generation's answer to bowling: the Wii Bowling League! You will create your own Mii and bowl trying to spare and strike your way to the league trophy! If you have your own Wii remote, download your Mii and bring it with you.

Instructor: Jorge Mesa

Summer I:

(6-8 years)

23200A	W	11:30-12:30 PM	4WKS	6/10	\$20
--------	---	----------------	------	------	------

(9-12 years)

23200B	W	12:30-1:30 PM	4WKS	6/10	\$20
--------	---	---------------	------	------	------

(Teens)

23200C	W	1:30-2:30 PM	4WKS	6/10	\$20
--------	---	--------------	------	------	------

Summer II:

(6-8 years)

24200A	W	11:30-12:30 PM	4WKS	7/15	\$20
--------	---	----------------	------	------	------

(9-12 years)

24200B	W	12:30-1:30 PM	4WKS	7/15	\$20
--------	---	---------------	------	------	------

(Teens)

24200C	W	1:30-2:30 PM	4WKS	7/15	\$20
--------	---	--------------	------	------	------

Reading Power (6-9 years)

Come have an adventure with the Boxcar Children. Book 1 will be needed for class. We will have fun expecting the unexpected as we venture through the book.

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23155A	W	12:30-1:45 PM	4WKS	6/10	\$12
--------	---	---------------	------	------	------

Summer II:

24155A	W	12:30-1:45 PM	4WKS	7/15	\$12
--------	---	---------------	------	------	------

Guitar I (9-17 years)

Sing-a-long as you learn basic chords and chord progressions in this beginner class. Students must provide their own guitar (nylon strings preferred.)

Instructor: Ray Wallace

Summer I:

23020A	TH	6:00-7:00 PM	4WKS	6/11	\$15
--------	----	--------------	------	------	------

Summer II:

24020A	TH	6:00-7:00 PM	4WKS	7/16	\$15
--------	----	--------------	------	------	------

Guitar II (All Ages)

Wanting to learn more about playing your guitar? In this class, you will learn music theory, sight reading, and even learn your first solo piece.

Instructor: Ray Wallace

Summer I:

23025A	T	6:00-7:00 PM	4WKS	6/9	\$15
--------	---	--------------	------	-----	------

Summer II:

24025A	T	6:00-7:00 PM	4WKS	7/14	\$15
--------	---	--------------	------	------	------

Guitar III (All Ages)

Guitar III will help you further the skills you have already learned. You will learn more advanced skills and additional solo pieces of your choice. (The class will be presented in a workshop format.)

Instructor: Ray Wallace

Summer I:

23023A	T	7:15-8:15 PM	4WKS	6/9	\$15
--------	---	--------------	------	-----	------

Summer II:

24023A	T	7:15-8:15 PM	4WKS	7/14	\$15
--------	---	--------------	------	------	------

NEW CLASS! Girl's Volleyball Skills

Whether you are trying out for your school's volleyball team or just learning the game, there is a class for YOU! We will work on volleyball skills such as: receiving, passing, setting, and hitting. We will learn through drills and practicing game play. (Athletics shoes and volleyball required.)

Instructor: Jorge Mesa

Summer I:

(Elementary)

23185A	T	11:30-1:00 PM	4WKS	6/9	\$25
--------	---	---------------	------	-----	------

(Junior High)

23185B	T	1:00-2:30 PM	4WKS	6/9	\$25
--------	---	--------------	------	-----	------

Summer II:

(Elementary)

24185A	T	11:30-1:00 PM	4WKS	7/14	\$25
--------	---	---------------	------	------	------

(Junior High)

24185B	T	1:00-2:30 PM	4WKS	7/14	\$25
--------	---	--------------	------	------	------

NEW CLASS! Soccer Camp (7-10 years)

Are you ready to learn the game of soccer? We'll learn the basics of soccer mechanics: dribbling, shooting, and passing through fun and exciting drills. We will also begin to learn how to play the game of soccer as a team. Bring your soccer ball! This class will meet at the pavilion in Central Park, just south of the Rec Center. (Athletic shoes and water bottle are required. Cleats and shin guards are recommended.)

Instructor: Luke Grimsley

Summer I

23999A	MF	10:00-11:30 AM	1WK	6/8-6/12	\$50
--------	----	----------------	-----	----------	------

23999B	MF	10:00-11:30 AM	1WK	6/22-6/26	\$50
--------	----	----------------	-----	-----------	------

Summer II:

24999A	MF	10:00-11:30 AM	1WK	7/6-7/10	\$50
--------	----	----------------	-----	----------	------

24999B	MF	10:00-11:30 AM	1WK	7/20-7/24	\$50
--------	----	----------------	-----	-----------	------

Help Us Help You!

Please enroll early!

Help us keep your favorite classes around by enrolling early. There is a point when classes must be cancelled due to low enrollment. Help us prevent course cancellations by registering early.

NEW CLASS! Kids' Workout (6-14 years)

Let's improve our fitness level and have fun doing it! This class is all-inclusive functional fitness with focus on the 10 points of fitness.

Instructor: William Reed (Certified Fitness Instructor)

Summer I

(Ages 6-10 years)

23555-A	TTH	11:15-Noon	4WKS	6/9	\$14
---------	-----	------------	------	-----	------

(Ages 11-14 years)

23555-B	TTH	1:15-2:00 PM	4WKS	6/9	\$14
---------	-----	--------------	------	-----	------

Summer II:

(Ages 6-10 years)

24555-A	TTH	11:15-Noon	4WKS	7/14	\$14
---------	-----	------------	------	------	------

(Ages 11-14 years)

24555-B	TTH	1:15-2:00 PM	4WKS	7/14	\$14
---------	-----	--------------	------	------	------

Karate/Self-Defense (5-15 years)

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

Instructor: Bob Klavitter

Summer I

(Ages 5-7 years)

23111-A	MW	4:00-5:00 PM	4WKS	6/8	\$17
---------	----	--------------	------	-----	------

(Ages 8-15 years)

23111-B	MW	5:00-6:00 PM	4WKS	6/8	\$17
---------	----	--------------	------	-----	------

Summer II:

(Ages 5-7 years)

24111-A	MW	4:00-5:00 PM	4WKS	7/13	\$17
---------	----	--------------	------	------	------

(Ages 8-15 years)

24111-B	MW	5:00-6:00 PM	4WKS	7/13	\$17
---------	----	--------------	------	------	------

ITF – Tae Kwon Do (All ages)

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in D/FW. You will increase your flexibility, physical fitness, self defense, self control, discipline, and stress relief while building self-esteem and concentration.

Instructor: Jonathan Nguyen (member of ITF-Unified and Grandmaster Van Binh)

Summer I

White belts — All ages

23700-A	S	3:00-4:00 PM	4WKS	6/13	\$28
---------	---	--------------	------	------	------

Colored belts — All ages

23700-B	S	4:00-5:00 PM	4WKS	6/13	\$28
---------	---	--------------	------	------	------

Summer II:

White belts — All ages

24700-A	S	3:00-4:00 PM	4WKS	7/18	\$28
---------	---	--------------	------	------	------

Colored belts — All ages

24700-B	S	4:00-5:00 PM	4WKS	7/18	\$28
---------	---	--------------	------	------	------

Olympic Sport of Judo (6-12 years)

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a nine-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an ongoing monthly class.

Instructor: Kim Mesa (5th degree black belt)

May:

22900-B	M	6:00-7:00 PM	4WKS	5/4	\$32
	S	9:05-10:05 AM			

June:

23900-A	M	6:00-7:00 PM	4WKS	6/1	\$32
	S	9:05-10:05 AM			

July:

23900-B	M	6:00-7:00 PM	4WKS	7/6	\$32
	S	9:05-10:05 AM			

August:

23900-C	M	6:00-7:00 PM	4WKS	8/3	\$32
	S	9:05-10:05 AM			

Legends Martial Arts (5-11 years)

A Korean martial art, this class is for all ages. You will develop flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being.

Instructor: Chris Malhiot

WHITE BELTS: (All beginners start in this class.)

May:

22500-B	TH	5:00-5:30 PM	4WKS	5/7	\$45
---------	----	--------------	------	-----	------

June:

23500-A	TH	5:00-5:30 PM	4WKS	6/4	\$45
---------	----	--------------	------	-----	------

July:

23500-B	TH	5:00-5:30 PM	4WKS	7/2	\$45
---------	----	--------------	------	-----	------

August:

23500-C	TH	5:00-5:30 PM	4WKS	8/6	\$45
---------	----	--------------	------	-----	------

JUNIOR YELLOW - BLACK BELT

May:

22500-E	TH	5:30-7:00 PM	4WKS	5/7	\$45
---------	----	--------------	------	-----	------

June:

23500-D	TH	5:30-7:00 PM	4WKS	6/4	\$45
---------	----	--------------	------	-----	------

July:

23500-E	TH	5:30-7:00 PM	4WKS	7/2	\$45
---------	----	--------------	------	-----	------

August:

23500-F	TH	5:30-7:00 PM	4WKS	8/6	\$45
---------	----	--------------	------	-----	------

Yoga for Kids

Come work on your flexibility and balance while learning fun yoga poses like the cobra, eagle, and cat. (Please bring a blanket to class.)

Instructor: Julie Vela

Summer I

23400-A	MW	11:00-11:45 AM	4WKS	6/8	\$24
---------	----	----------------	------	-----	------

Summer II:

24400-A	MW	11:00-11:45 AM	4WKS	7/13	\$24
---------	----	----------------	------	------	------

Gymnastics Programs

Parent/Tot Tumbling (16-36 months)

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling, and coordination. One child per parent.

Summer I:

Instructor: Lauren Cassidy

33040-A	F	9:30-10:00 AM	4WKS	6/12	\$11
---------	---	---------------	------	------	------

Instructor: Tammy Slovensky

33040-B	M	9:30-10:00 AM	4WKS	6/8	\$11
33040-C	W	9:30-10:00 AM	4WKS	6/10	\$11
33040-D	W	6:00-6:30 PM	4WKS	6/10	\$11
33040-E	TH	9:00-9:30 AM	4WKS	6/11	\$11

Summer II:

Instructor: Lauren Cassidy

34040-A	F	9:30-10:00 AM	4WKS	7/17	\$11
---------	---	---------------	------	------	------

Instructor: Tammy Slovensky

34040-B	M	9:30-10:00 AM	4WKS	7/13	\$11
34040-C	W	9:30-10:00 AM	4WKS	7/15	\$11
34040-D	W	6:00-6:30 PM	4WKS	7/15	\$11
34040-E	TH	9:00-9:30 AM	4WKS	7/16	\$11

Massage Therapy

At the Hurst Recreation Center

Would a 10 or 15 minute chair massage help you to relax, and relieve your stress? Or, would you prefer to pamper yourself with a 60, 90, or 120 minute massage? The Hurst Recreation Center now offers massage therapy. Enjoy a chair massage while your child attends a class, or schedule an appointment for a table massage. **For more information please check at the front desk of the Recreation Center or call 817.788.7325.**

Tiny Tykes (2.5-3.5 years)

Here's a class that introduces your child to the basic motor skills for tumbling and acquaints tots with the gymnastics equipment.

Summer I:*Instructor: Lauren Cassidy*

33030A	W	9:30-10:00 AM	4WKS	6/10	\$11
33030B	F	10:00-10:30 AM	4WKS	6/12	\$11

Instructor: Tammy Slovsky

33030C	M	10:00-10:30 AM	4WKS	6/8	\$11
33030D	T	9:00-9:30 AM	4WKS	6/9	\$11
33030E	W	10:00-10:30 AM	4WKS	6/10	\$11

Summer II:*Instructor: Lauren Cassidy*

34030A	W	9:30-10:00 AM	4WKS	7/15	\$11
34030B	F	10:00-10:30 AM	4WKS	7/17	\$11

Instructor: Tammy Slovsky

34030C	M	10:00-10:30 AM	4WKS	7/13	\$11
34030D	T	9:00-9:30 AM	4WKS	7/14	\$11
34030E	W	10:00-10:30 AM	4WKS	7/15	\$11

Tumbling Tots I (3-4 years)

Your tot will strengthen motor skills and enhance his/her coordination while learning tumbling skills and the use of all gymnastics equipment.

Summer I:*Instructor: Lauren Cassidy*

33011A	T	5:30-6:00 PM	4WKS	6/9	\$11
33011B	W	10:00-10:30 AM	4WKS	6/10	\$11
33011C	TH	5:30-6:00 PM	4WKS	6/11	\$11
33011D	F	10:30-11:00 AM	4WKS	6/12	\$11

Instructor: Tammy Slovsky

33011E	M	5:30-6:00 PM	4WKS	6/8	\$11
33011F	M	10:30-11:00 AM	4WKS	6/8	\$11
33011G	T	9:30-10:00 AM	4WKS	6/9	\$11
33011H	W	10:30-11:00 AM	4WKS	6/10	\$11
33011I	TH	9:30-10:00 AM	4WKS	6/11	\$11

Summer II:*Instructor: Lauren Cassidy*

34011A	T	5:30-6:00 PM	4WKS	7/14	\$11
34011B	W	10:00-10:30 AM	4WKS	7/15	\$11
34011C	TH	5:30-6:00 PM	4WKS	7/16	\$11
34011D	F	10:30-11:00 AM	4WKS	7/17	\$11

Instructor: Tammy Slovsky

34011E	M	5:30-6:00 PM	4WKS	7/13	\$11
34011F	M	10:30-11:00 AM	4WKS	7/13	\$11
34011G	T	9:30-10:00 AM	4WKS	7/14	\$11
34011H	W	10:30-11:00 AM	4WKS	7/15	\$11
34011I	TH	9:30-10:00 AM	4WKS	7/16	\$11

Tumbling Tots II (4-5 years)

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

Summer I:*Instructor: Lauren Cassidy*

33022A	T	6:00-6:30 PM	4WKS	6/9	\$11
33022B	W	10:30-11:00 AM	4WKS	6/10	\$11
33022C	TH	6:00-6:30 PM	4WKS	6/11	\$11
33022D	F	11:00-11:30 AM	4WKS	6/12	\$11

Instructor: Tammy Slovsky

33022E	M	11:00-11:30 AM	4WKS	6/8	\$11
33022F	T	10:00-10:30 AM	4WKS	6/9	\$11
33022G	W	11:00-11:30 AM	4WKS	6/10	\$11
33022H	W	5:30-6:00 PM	4WKS	6/10	\$11
33022I	TH	10:00-10:30 AM	4WKS	6/11	\$11

Summer II:*Instructor: Lauren Cassidy*

34022A	T	6:00-6:30 PM	4WKS	7/14	\$11
34022B	W	10:30-11:00 AM	4WKS	7/15	\$11
34022C	TH	6:00-6:30 PM	4WKS	7/16	\$11
34022D	F	11:00-11:30 AM	4WKS	7/17	\$11

Instructor: Tammy Slovsky

34022E	M	11:00-11:30 AM	4WKS	7/13	\$11
34022F	T	10:00-10:30 AM	4WKS	7/14	\$11
34022G	W	11:00-11:30 AM	4WKS	7/15	\$11
34022H	W	5:30-6:00 PM	4WKS	7/15	\$11
34022I	TH	10:00-10:30 AM	4WKS	7/16	\$11



NEW CLASS! Tumbling Tots III (4-6 years)

This new class is designed for tumblers who have already taken Tumbling Tots I and Tumbling Tots II. Your child must be able to do a forward roll and a cartwheel.

Instructor: Tammy Slovensky

Summer I

33033A	T	10:30-11:00 AM	4WKS	6/9	\$11
--------	---	----------------	------	-----	------

Summer II:

34033A	T	10:30-11:00 AM	4WKS	7/14	\$11
--------	---	----------------	------	------	------

Beginner Gymnastics (6-11 years)

You will learn body control while performing the basic fundamentals of gymnastics and dance on the floor, beam, bars and vault.

Summer I:

Instructor: Lauren Cassidy

33051-A	T	4:30-5:30 PM	4WKS	6/9	\$13
33051-B	TH	4:30-5:30 PM	4WKS	6/11	\$13
33051-C	F	1:00-2:00 PM	4WKS	6/12	\$13

Instructor: Tammy Slovensky

33051-D	M	6:00-7:00 PM	4WKS	6/8	\$13
33051-E	W	6:30-7:30 PM	4WKS	6/10	\$13
33051-F	TH	10:30-11:30 AM	4WKS	6/11	\$13

Summer II:

Instructor: Lauren Cassidy

34051-A	T	4:30-5:30 PM	4WKS	7/14	\$13
34051-B	TH	4:30-5:30 PM	4WKS	7/16	\$13
34051-C	F	1:00-2:00 PM	4WKS	7/17	\$13

Instructor: Tammy Slovensky

34051-D	M	6:00-7:00 PM	4WKS	7/13	\$13
34051-E	W	6:30-7:30 PM	4WKS	7/15	\$13
34051-F	TH	10:30-11:30 AM	4WKS	7/16	\$13

Boys Gymnastics (6-11 years)

Here's a class just for the boys! You will learn basic tumbling while working on strength, fine motor skills, and coordination.

Instructor: Scotty Cottle

Summer I:

33080A	T	6:00-6:30 PM	4WKS	6/9	\$11
--------	---	--------------	------	-----	------

Summer II:

34080A	T	6:00-6:30 PM	4WKS	7/14	\$11
--------	---	--------------	------	------	------

Advanced Beginner Boys Gymnastics

(6-11 years)

With your experience in beginning gymnastics under your belt, it is time to move to the advanced beginner class. You will continue to improve your skills and add new ones.

Instructor: Scotty Cottle

Summer I:

33082A	T	6:30-7:30 PM	4WKS	6/9	\$13
--------	---	--------------	------	-----	------

Summer II:

34082A	T	6:30-7:30 PM	4WKS	7/14	\$13
--------	---	--------------	------	------	------

Adult Programs

Personal Training

Do you need motivation to reach your fitness goals? Through personal training, you can reach your cardiovascular and strength training goals with a program tailored for you. A one hour session is \$41 or a series of five is \$172. Sessions are set by appointment.

Instructors: Bilal Roberts, BS Kinesiology/Fitness

Management and William Reed, Certified Personal Trainer

Fitness Evaluations

Are you getting started on your fitness program and do not know where to begin? A fitness evaluation should be your first step in any fitness program. Your level of fitness is assessed in five components: cardiovascular, muscular strength, muscular endurance, flexibility and body composition. A one hour session is \$41. All evaluations are done by appointment.

Instructors: Bilal Roberts, BS Kinesiology/Fitness

Management and William Reed, Certified Personal Trainer

Nutrition Counseling

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need. Expertise in weight loss and management, disease management, sports nutrition, eating disorders, and general wellness. A one-hour session is \$52 or a series of 3 sessions is \$117. All evaluations are done by appointment.

Instructor: Esther White, MS, RD, LD

The Power Package

Join forces with the experts in nutrition and fitness for successful results! Your Power Package includes 2 sessions focused on nutrition with a customized diet plan and 2 sessions focused on fitness with an evaluation and personal exercise plan. The Power Package is \$142 for the 4 sessions. All evaluations are done by appointment.

Instructors: Esther White, MS, RD, LD, Bilal Roberts,

BS Kinesiology/Fitness Management and William Reed, Certified Personal Trainer

Energize Exercise

Do you like to exercise in the morning and feel energized all day? Then this is the class for you. You will exercise at your own level of endurance. The class puts emphasis on your arms, abdomen and legs.

Instructor: Karen Cowley

Summer I:

43010A	MWThF	8:30-9:15 AM	4WKS	6/8	\$14
--------	-------	--------------	------	-----	------

Summer II:

44010A	MWThF	8:30-9:15 AM	4WKS	7/13	\$14
--------	-------	--------------	------	------	------

Low Impact Aerobics

Join the fun and trim your buns with a variety of low impact work-outs. Classes are designed to motivate and energize you while building your strength and stamina.

Instructor: Behka Hartmann (Certified Fitness Instructor)

Summer I:

43040A	MWF	9:15-10:15 AM	4WKS	6/8	\$18
--------	-----	---------------	------	-----	------

Summer II:

44040A	MWF	9:15-10:15 AM	4WKS	7/13	\$18
--------	-----	---------------	------	------	------

NEW CLASS! Active Independents

Attention Seniors! Are you looking for an exercise class scaled to your fitness level? This class is all inclusive functional fitness with focus on the 10 points of fitness.

Instructor: William Reed (Certified Fitness Instructor)

Summer I

43333A	TTH	10:15-11:00 AM	4WKS	6/9	\$14
--------	-----	----------------	------	-----	------

Summer II:

44333B	TTH	10:15-11:00 AM	4WKS	7/14	\$14
--------	-----	----------------	------	------	------

Legs and Abs

Do you want to focus on improving your leg and abdominal muscles? This class will help you better define these two areas.

Instructor: Michelle Lada (Certified Aerobics Instructor)

Summer I

43030A	TTH	6:15-6:55 PM	4WKS	6/9	\$14
43030B	S	10:20-11:00 AM	4WKS	6/13	\$14

Summer II:

44030A	TTH	6:15-6:55 PM	4WKS	7/14	\$14
44030B	S	10:20-11:00 AM	4WKS	7/18	\$14

Camp HRC

Do you have high blood pressure, Type II Diabetes (adult onset), low back pain (non-traumatic), feel sluggish, and just physically unconditioned? It's time to get in shape! Exercise can prevent, treat, and cure diseases associated with poor diet and sedentary lifestyle. Exercise to increase metabolism, bone density, improve body composition, increase energy levels, and more.

Instructor: Bilal Roberts (B.S. Kinesiology/Master of Fitness Specialist)

June

43998A	MF	Noon-1:00 PM	4WKS	6/1	\$50
43998B	MW	7:15-8:15 PM	4WKS	6/1	\$25

July

44998A	MF	Noon-1:00 PM	4WKS	7/1	\$50
44998B	MW	7:15-8:15 PM	4WKS	7/1	\$25

August

44998C	MF	Noon-1:00 PM	4WKS	8/3	\$50
44998D	MW	7:15-8:15 PM	4WKS	8/3	\$25

Cardio Kick

Looking for a fun, full body work-out? Cardio Kick incorporates kickboxing skills and principles to really get fit. Come join the fun!

Instructor: Michelle Lada (Certified Aerobics Instructor)

Summer I

43050A	TTH	5:30-6:15 PM	4WKS	6/9	\$14
--------	-----	--------------	------	-----	------

Summer II:

44050A	TTH	5:30-6:15 PM	4WKS	7/14	\$14
--------	-----	--------------	------	------	------

Cardio Mix

Let's mix it up and keep your body challenged. We'll vary our workout of cardio exercises from step aerobics, interval training, and boot-camp style workouts to keep your body guessing so you keep seeing positive results.

Instructor: Michelle Lada (Certified Aerobics Instructor)

Summer I

43020A	MW	5:30-6:15 PM	4WKS	6/8	\$14
--------	----	--------------	------	-----	------

Summer II:

44020A	MW	5:30-6:15 PM	4WKS	7/13	\$14
--------	----	--------------	------	------	------



Bootcamp

Come tone and tighten that awesome body of yours with a variety of workouts including core strength, stability ball, weights, step, circuits, interval training and much more. Keep your body energized up and working and let's achieve your goals!

Instructor: Behka Hartmann (Certified Fitness Instructor)

Summer I:

43420-A	MW	6:35-7:30 AM	4WKS	6/8	\$18
---------	----	--------------	------	-----	------

Summer II:

44420-A	MW	6:35-7:30 AM	4WKS	7/13	\$18
---------	----	--------------	------	------	------

Slim It Out, Tone It Up

Do you want to be sleek and slim? Join this class for a great mix of strengthening and toning exercises to reinvent your body. You will get a total body workout and focus on your core to create a strong and healthy look. This class will challenge and encourage you to meet your goals!

Instructor: Esther White, MS, RD, LD

Summer I:

43015-A	TTH	6:40-7:30 AM	4WKS	6/9	\$14
---------	-----	--------------	------	-----	------

Summer II:

44015-A	TTH	6:40-7:30 AM	4WKS	7/14	\$14
---------	-----	--------------	------	------	------

Body Sculpting

Here's the total body muscle strengthening class you've been looking for! We'll work on our total body strength using stability balls, tubing, dumbbells, and steps.

Instructor: Michelle Lada (Certified Aerobics Instructor)

Summer I:

43555-A	MW	6:15-7:15 PM	4WKS	6/8	\$18
43555-B	S	9:15-10:15 AM	4WKS	6/13	\$13

Summer II:

44555-A	MW	6:15-7:15 PM	4WKS	7/13	\$18
44555-B	S	9:15-10:15 AM	4WKS	7/18	\$13

Cycle and Core

Challenge yourself with a great combo cardio and strength class. Come prepared to spin, sweat, and strengthen for a total body workout. Bring water, bike shorts or padded seat cover, and determination!

Instructor: Esther White, MS, RD, LD

Summer I:

43300-A	T	5:15-6:35 PM	4WKS	6/9	\$11
43300-B	T	6:00-7:00 PM	4WKS	6/9	\$10

Summer II:

44300-A	T	5:15-6:35 PM	4WKS	7/14	\$11
44300-B	T	6:00-7:00 PM	4WKS	7/14	\$10

Spin & Sweat

Join us for the latest in fitness craze: Spinning! Spinning turns the basics of cycling into a great cardio workout. Get ready to work hard and sweat like crazy.

Instructor: Esther White, MS, RD, LD

Summer I:

43444-A	TH	5:15-6:15 PM	4WKS	6/11	\$11
43444-B	TH	6:15-7:00 PM	4WKS	6/11	\$10

Summer II:

44444-A	TH	5:15-6:15 PM	4WKS	7/16	\$11
44444-B	TH	6:15-7:00 PM	4WKS	7/16	\$10

Hurst Hustlers Running Club

Come join runners of all levels and abilities for a workout. We will accomplish speed, distance, and fun! Perfect way to make friends and meet your running goals!

Instructor: Esther White, MS, RD, L

Summer I:

43001-A	M	7:10-8:30 PM	4WKS	6/8	\$15
---------	---	--------------	------	-----	------

Summer II:

44001-A	M	7:10-8:30 PM	4WKS	7/13	\$15
---------	---	--------------	------	------	------

Hatha Yoga

Learn more about yourself from the inside out with the tools of yoga. Increase your flexibility, balance, and tone your body. Discover the technique of breath control, centering and meditation. (Eat nothing 2 hours prior to class and bring a lap blanket.)

Summer I:

Instructor: Sharon Hasemann (Certified and registered with Yoga Alliance)

43100A	T	9:15-10:15 AM	4WKS	6/9	\$16
--------	---	---------------	------	-----	------

Instructor: Behka Hartmann

43100B	F	10:15-11:10 AM	4WKS	6/12	\$16
--------	---	----------------	------	------	------

Summer II:

Instructor: Sharon Hasemann (Certified and registered with Yoga Alliance)

44100A	T	9:15-10:15 AM	4WKS	7/14	\$16
--------	---	---------------	------	------	------

Instructor: Behka Hartmann

44100B	F	10:15-11:10 AM	4WKS	7/17	\$16
--------	---	----------------	------	------	------

Scaravelli Yoga

Relax and renew with Scaravelli-style yoga. This user-friendly style of yoga emphasizes the use of breath and gravity to lengthen the spine allowing yoga poses to unfold naturally and comfortably. (Please bring a blanket to class.)

Instructor: Julie Vela (Certified and registered with Yoga Alliance)

Summer I:

43100C	MW	8:15-9:15 PM	4WKS	6/8	\$28
--------	----	--------------	------	-----	------

Summer II:

44100C	MW	8:15-9:15 PM	4WKS	7/15	\$28
--------	----	--------------	------	------	------

ITF – Tae Kwon Do

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in D/FW. You will increase your flexibility, physical fitness, self defense, self control, discipline, and stress relief while building self-esteem and concentration.

Instructor: Jonathan Nguyen (member of ITF-Unified and Grandmaster Van Binh)

Summer I:

WHITE BELTS: (All ages)

23700A	S	3:00-4:00 PM	4WKS	6/13	\$28
--------	---	--------------	------	------	------

COLORED BELTS: (All ages)

23700B	S	4:00-5:00 PM	4WKS	6/13	\$28
--------	---	--------------	------	------	------

Summer II:

WHITE BELTS: (All ages)

24700A	S	3:00-4:00 PM	4WKS	7/18	\$28
--------	---	--------------	------	------	------

COLORED BELTS: (All ages)

24700B	S	4:00-5:00 PM	4WKS	7/18	\$28
--------	---	--------------	------	------	------

Olympic Sport of Judo

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a nine-time national medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an ongoing monthly class.

Instructor: Kim Mesa (5th degree Black Belt)

May:

42800B	MW	7:00-8:30 PM	4WKS	5/4	\$32
	S	10:05-11:30 AM			

June:

43800A	MW	7:00-8:30 PM	4WKS	6/1	\$32
	S	10:05-11:30 AM			

July:

43800B	MW	7:00-8:30 PM	4WKS	7/6	\$32
	S	10:05-11:30 AM			

August:

43800C	MW	7:00-8:30 PM	4WKS	8/3	\$32
	S	10:05-11:35 AM			

Legends Martial Arts

You will develop flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being.

Instructor: Chris Malhiot

WHITE BELTS: (All beginners start in this class.)

May:

22500B	Th	5:00-5:30 PM	4WKS	5/7	\$45
--------	----	--------------	------	-----	------

June:

23500A	Th	5:00-5:30 PM	4WKS	6/4	\$45
--------	----	--------------	------	-----	------

July:

23500B	Th	5:00-5:30 PM	4WKS	7/2	\$45
--------	----	--------------	------	-----	------

August:

23500C	Th	5:00-5:30 PM	4WKS	8/6	\$45
--------	----	--------------	------	-----	------

ADULT YELLOW - BLACK BELT:

May:

42128B	Th	7:00-9:00 PM	4WKS	5/7	\$45
--------	----	--------------	------	-----	------

June:

43128A	Th	7:00-9:00 PM	4WKS	6/4	\$45
--------	----	--------------	------	-----	------

July:

43128B	Th	7:00-9:00 PM	4WKS	7/2	\$45
--------	----	--------------	------	-----	------

August:

43128C	Th	7:00-9:00 PM	4WKS	8/6	\$45
--------	----	--------------	------	-----	------

Tai Chi

The Thursday evening class will focus on the basics of Tai Chi. Emphasis will be on relaxation, balance, and making the mind-body connection necessary in Tai Chi. Class will study the movements of the first section of the Yang long form. The Saturday morning class is for advanced students who have a working understanding of the Yang-style 103-movement form.

Instructor: Dan Streeter

May:

42070B	TH	7:30-8:45 PM	4WKS	5/7	\$37
	S	9:05-10:30 AM			

June:

43070A	TH	7:30-8:45 PM	4WKS	6/4	\$37
	S	9:05-10:30 AM			

July:

43070B	TH	7:30-8:45 PM	4WKS	7/2	\$37
	S	9:05-10:30 AM			

August:

43070C	TH	7:30-8:45 PM	4WKS	8/6	\$37
	S	9:05-10:30 AM			

Belly Dance Basics

Fun dance class! Come learn the basics of belly dance, American Tribal Style! A healthy, low-impact dance class suitable for all body types.

Instructor: Pavalina

Summer I:

43200A	T	7:00-8:00 PM	4WKS	6/9	\$20
43200B	TH	7:00-8:00 PM	4WKS	6/11	\$20

Summer II:

44200A	T	7:00-8:00 PM	4WKS	7/14	\$20
44200B	TH	7:00-8:00 PM	4WKS	7/16	\$20

Intermediate Belly Dance

This class will cover transitions and combinations of belly dance techniques and introduce Zills (finger symbols).

Instructor: Pavalina

Summer I:

43225A	T	8:00-9:00 PM	4WKS	6/9	\$20
--------	---	--------------	------	-----	------

Summer II:

44225A	T	8:00-9:00 PM	4WKS	7/14	\$20
--------	---	--------------	------	------	------

Advanced Belly Dance

This class will take you to the next step in belly dance. You will learn to use props and proper staging.

Instructor: Pavalina

Summer I:

43227A	T	9:00-9:45 PM	4WKS	6/9	\$20
--------	---	--------------	------	-----	------

Summer II:

44227A	T	9:00-9:45 PM	4WKS	7/14	\$20
--------	---	--------------	------	------	------

Tribal Evolution

This class will cover Tribal Fusion performance preparation.

Instructor: Pavalina

Summer I:

43226A	TH	8:45-9:45 PM	4WKS	6/11	\$20
--------	----	--------------	------	------	------

Summer II:

44226A	TH	8:45-9:45 PM	4WKS	7/16	\$20
--------	----	--------------	------	------	------

NEW CLASS!**Introduction to Photography Workshop**

With all of the features and settings of today's cameras, do you feel overwhelmed and confused? Would you like someone to help you understand what you and your camera are capable of doing? We will cover the basics of composition to help you get that great shot.

Instructor: Jason Setters

Summer I:

43400-A	M	7:00-9:00 PM	1WK	6/22	\$20
---------	---	--------------	-----	------	------

Summer II:

44400-A	M	7:00-9:00 PM	1WK	8/3	\$20
---------	---	--------------	-----	-----	------

Porcelain Dolls

Learn each step of creating a beautiful and delicate porcelain doll. Brushes and paints will be provided for you to use in class. (Supply list)

Instructor: Mieke Kelch

Summer I:

43080-A	TH	10:00-1:00 PM	4WKS	6/11	\$26
43080-B	TH	6:00-9:00 PM	4WKS	6/11	\$26

Summer II:

44080-A	TH	10:00-1:00 PM	4WKS	7/16	\$26
44080-B	TH	6:00-9:00 PM	4WKS	7/16	\$26

Exploring Water Color

If you have always wanted to learn how to paint, then why not start with watercolors? This introductory class consists of basic techniques, color harmony, and composition. (Supply list)

Instructor: Lesley Talty

Summer I:

43120-A	M	9:30-Noon	4WKS	6/8	\$20
---------	---	-----------	------	-----	------

Summer II:

44120-A	M	9:30-Noon	4WKS	7/13	\$20
---------	---	-----------	------	------	------

NEW CLASS! Adult Paper Crafting

Have you ever wanted to start scrapbooking, but have no idea where to start? Join us to learn some fun techniques that will give your projects extra flair. (Supply fee \$20)

Instructor: Kelly Watkins

Summer I:

43666-A	MW	6:00-7:00 PM	4WKS	6/8	\$24
---------	----	--------------	------	-----	------

Summer II:

44666-A	MW	6:00-7:00 PM	4WKS	7/13	\$24
---------	----	--------------	------	------	------

Brush & Palette

Express your talent through the art of oil painting! Basic strokes, color mixing, and application will be covered. (Supply list)

Instructor: Elaine Roosz

Summer I:

43110-A	T	9:00-Noon	4WKS	6/9	\$25
43110-B	T	6:30-9:00 PM	4WKS	6/9	\$25

Summer II:

44110-A	T	9:00-Noon	4WKS	7/14	\$25
44110-B	T	6:30-9:00 PM	4WKS	7/14	\$25

NEW CLASS! Alternative Residential Energies Workshop

You have seen the "green" shows on TV and heard it on the news, but aren't sure how to make your home more energy efficient or even energy independent. You will learn many options available from simply changing out light bulbs to heating your water with solar energy. Many options require minimal effort. Remember, the littlest change, when made by many, will have a lasting effect.

Instructor: Jason Setters

Summer I:

43777-A	W	7:00-9:00 PM	1WK	6/24	\$20
---------	---	--------------	-----	------	------

Summer II:

44777-A	W	7:00-9:00 PM	1WK	8/5	\$20
---------	---	--------------	-----	-----	------

Guitar I

Sing-a-long as you learn basic chords and chord progressions in this beginner class. Students must provide their own guitar (nylon strings preferred).

Instructor: Ray Wallace

Summer I:

43500-A	TH	7:15-8:15 PM	4WKS	6/11	\$15
---------	----	--------------	------	------	------

Summer II:

44500-A	TH	7:15-8:15 PM	4WKS	7/16	\$15
---------	----	--------------	------	------	------

Guitar II (All Ages)

Wanting to learn more about playing your guitar? In this class, you will learn music theory, sight reading, and even learn your first solo piece.

Instructor: Ray Wallace

Summer I:

23025-A	T	6:00-7:00 PM	4WKS	6/9	\$15
---------	---	--------------	------	-----	------

Summer II:

24025-A	T	6:00-7:00 PM	4WKS	7/14	\$15
---------	---	--------------	------	------	------

Guitar III (All Ages)

Guitar III will help you further the skills you have already learned. You will learn more advanced skills and additional solo pieces of your choice. (The class will be presented in a workshop format.)

Instructor: Ray Wallace

Summer I:

23023-A	T	7:15-8:15 PM	4WKS	6/9	\$15
---------	---	--------------	------	-----	------

Summer II:

24023-A	T	7:15-8:15 PM	4WKS	7/14	\$15
---------	---	--------------	------	------	------

Adult Tap Dance

Whether you have never put on a pair of tap shoes or you are a tap dancing fool, you will be a perfect fit. You will have fun and learn the basics of tap dancing and get a great workout too! Tap shoes required.

Summer I:

Instructor: LaTisha Clay

Beginning:

43111-A	T	7:00-8:00 PM	4WKS	6/9	\$15
---------	---	--------------	------	-----	------

Advanced:

43111-B	T	8:00-9:00 PM	4WKS	6/9	\$15
---------	---	--------------	------	-----	------

Instructor: Mindy Kim

Advanced:

43111-C	TH	6:30-7:30 PM	4WKS	6/11	\$15
---------	----	--------------	------	------	------

Summer II:

Instructor: LaTisha Clay

Beginning:

44111-A	T	7:00-8:00 PM	4WKS	7/14	\$15
---------	---	--------------	------	------	------

Advanced:

44111-B	T	8:00-9:00 PM	4WKS	7/14	\$15
---------	---	--------------	------	------	------

Instructor: Mindy Kim

Advanced:

44111-C	TH	6:30-7:30 PM	4WKS	7/16	\$15
---------	----	--------------	------	------	------

**Wedding/Party Dance:
The Foxtrot Part I**

Come and learn the social dance that is danced at most weddings, parties, cruise ships, and "just fun" type gatherings: the Foxtrot! Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

43165A	W	8:00-8:50 PM	5WKS	6/10	\$46
--------	---	--------------	------	------	------

**NEW CLASS! Family Line Dancing for Fun
BrainTwisting and Exercise**

Bring the whole family! We will learn a variety of line dances. Simple ones to harder ones will be taught. No one will be left behind. Step out of your box and challenge yourself with great combination patterns, cardio, playful and fun dance movements. Bring your water and dance attitude. Best yet...no partner needed. Class meets at the Brookside Center. Prices are per household family.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

43150A	M	7:00-7:50 PM	5WKS	6/8	\$80 per family
--------	---	--------------	------	-----	--------------------

**Country & Western:
2-Step/3-Step Beginner**

YEEHAW! Come and learn to 2-step/3-step your way across the dance floor. We'll learn basic Texas, old country and western, and the progressive 2-step dances. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

43140A	M	8:00-8:50 PM	5WKS	6/8	\$46
--------	---	--------------	------	-----	------

Exercise/Workout Latin Style

Enjoy this fun, flirty, playful routine and workout through Cuban motion and syncopated steps. We will move and exercise to Latin style salsa and Cha Cha patterns plus some meringue and then cool down and stretch with the romantic Bolero. Dress comfortably and prepare to sweat and have fun. Men and women both are encouraged. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

43135A	W	7:00-7:50 PM	5WKS	6/10	\$46
--------	---	--------------	------	------	------

Salsa – Beginner

We will cover all the basics including cross over, right side pass, left side pass, turns, free style, and more! Leading for the men and following for the ladies will be taught. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples are encouraged but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

44175A	M	7:00-7:50 PM	4WKS	7/13	\$37
--------	---	--------------	------	------	------

Wedding and Party Dancing - The Swing

This stylized Swing dance is currently popular with many Swing dancers across the country. It is danced to a wide variety of music including rhythm-and-blues, top 40 hits, slow-to-medium Swing, or Disco music. East Coast Swing is a very interpretive and fun dance. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

44130A	M	8:00-8:50 PM	4WKS	7/13	\$37
--------	---	--------------	------	------	------

Cha Cha - Beginner

Enjoy this fun, flirty, playful dance through Cuban motion and syncopated steps. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

44160A	W	7:00-7:50 PM	4WKS	7/15	\$37
--------	---	--------------	------	------	------

Country Western: 2-step Beginner

YEEHAW! Come and learn to 2-step your way across the dance floor. We'll learn basic Texas, old country and western, and the progressive 2-step dances. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman

(Professionally Trained Dance Instructor)

44140A	W	8:00-8:50 PM	4WKS	7/15	\$37
--------	---	--------------	------	------	------



**Tri-Cities
Promenadors:**

Did you know that the Tri-Cities Promenadors offer Square Dance lessons at the Brookside Center on Tuesday nights from 7:30-9:30 PM?

Drop by and give it a try!

Welcome to the

Hurst Aquatics Centers

**Central
Aquatics Center**

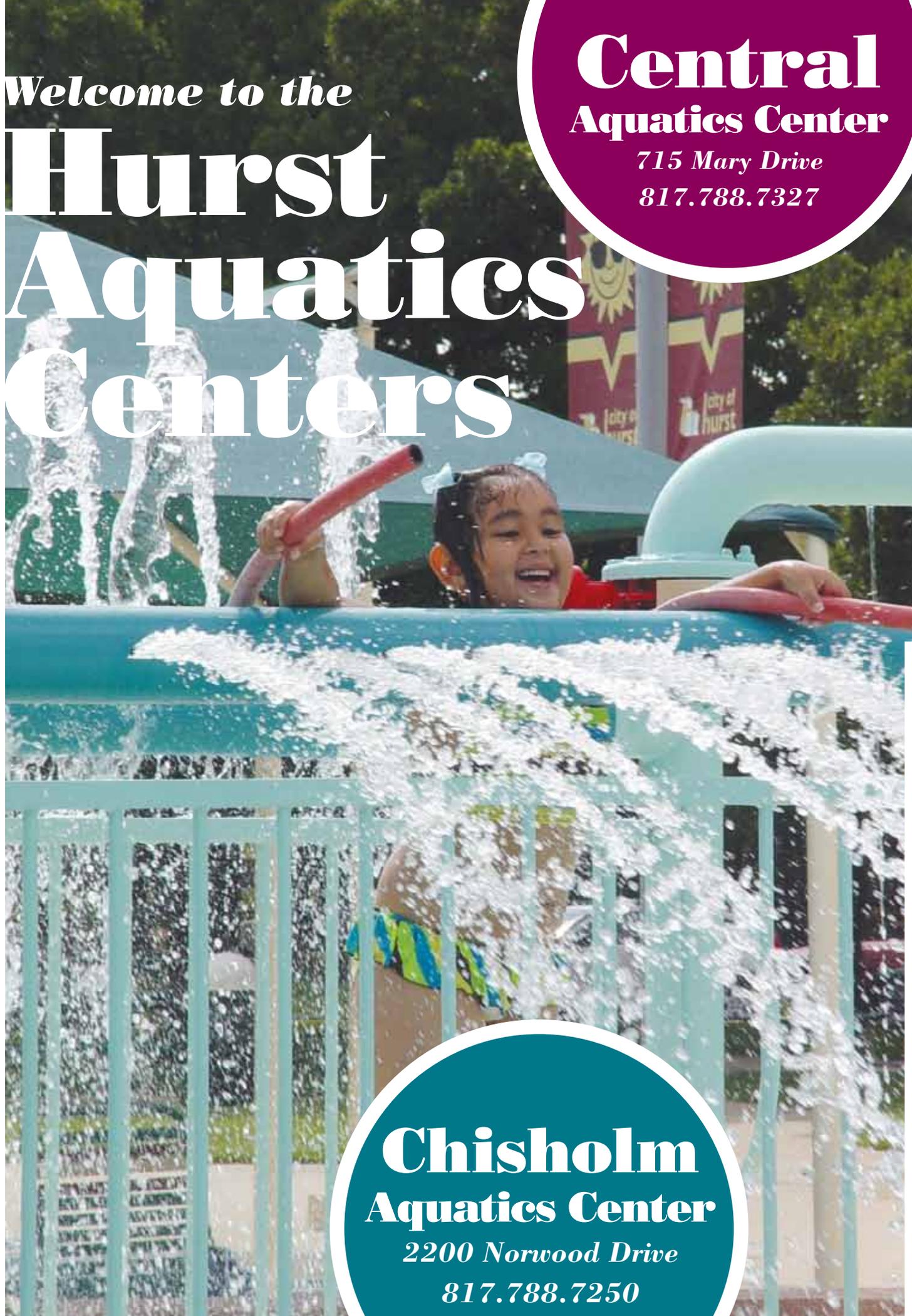
715 Mary Drive

817.788.7327

**Chisholm
Aquatics Center**

2200 Norwood Drive

817.788.7250



Public Swim Information:

Dates of Operation:

May 23-25, 30-31: Central and Chisholm Aquatics Centers will be open regular hours.

June 1-3: Central and Chisholm Aquatics Centers will be open 4:00-8:00 PM

June 4-August 23: Central and Chisholm Aquatics Centers will be open regular hours.

August 29-30: Only Chisholm Aquatics Center will be open regular hours.

September 5-7: Only Chisholm Aquatics Center will be open regular hours.

Hours of Operation:

Sunday: 1:00-6:00 PM
Monday-Friday: 12:00-8:00 PM
Saturday: 10:00 AM-6:00 PM

Daily Admission Fees:

Free – 12 months and younger
Free – 65 years and older
\$1.00 – Hurst residents, ages 1 - 64 years
Central:
\$4.00 – non-Hurst residents, ages 1-64 yrs
Chisholm:
\$5.00 – non-Hurst residents, ages 1-64 yrs

Season Passes:

\$25.00 per person for Hurst Residents
\$75.00 per person for Non-Hurst Residents

Swimwear Policy:

All swimmers must be attired in an appropriate swimsuit in order to enter and remain in the aquatics facility. An appropriate swimsuit is defined as a swim garment with an affixed/sewn inner lining. "Thong" style swimwear and swimwear with exposed zippers, buckles, rivets or metal ornamentation are not permitted. Examples of apparel NOT permitted in the water include, but are not limited to: Athletic shorts (bicycle, running, basketball, soccer, etc.), sports bras (unless a dark shirt is worn) and denim jeans.

Resident Aquatics Cards:

2009 Hurst Resident Aquatics Cards are available at the Hurst Recreation Center beginning May 4 during Summer Class Registration. This free Aquatics Card allows Hurst Residents to enter both Central and Chisholm Aquatics Centers for only \$1.00/person/day. Aquatics Cards will also be available at the Chisholm Aquatics Center throughout the 2009 Season. (Proof of Hurst Residency required)

Party Packages:

Party Packages are available and must be purchased in advance, in person, at the Recreation Division administrative office, 700 Mary Dr. The deadline for purchase is 72 hours in advance of your event.

Pavilions are available for rental by Hurst AND Non-Hurst Residents.

Group Reservation Policy:

A "Group" is defined as any person or entity, commercial or non-profit, who provides structured child care and/or activities. All "Groups" meeting this criteria are required to make a reservation, in person, at the Recreation Division administrative office, 700 Mary Drive, at least seven calendar days in advance of the desired date of their visit. "Groups" must comply with all components of the City of Hurst Group Reservation Policies.

Aquatics Center Staff:

Recreation Manager

Chris Watson

Learn To Swim Coordinator

Caitlin Sonnen

Manager, Central Aquatics Center

Kally Mauk

Manager, Chisholm Aquatics Center

Amanda Hicks

Party Package Options:

Option #1

\$25.00 Pavilion Rental
\$8.00/Person Party Passes

Option #2

\$8.00/Person Party Passes

Both Include:

Admission to
Aquatics Center
Hotdog/Chips
Cake · Drinks
Paper Goods &
Condiments

For more information,
please call
817.788.7320.

Junior Lifeguard Classes

Central Aquatics Center

Central Aquatics Center	Days	Times	Dates	Resident	non-Resident
73300-A	M-F	9:45-11:45 AM	6/8-6/19	\$52	\$57
74300-A	M-F	9:45-11:45 AM	6/22-7/3	\$52	\$57
75300-A	M-F	9:45-11:45 AM	7/6-7/17	\$52	\$57
76300-A	M-F	9:45-11:45 AM	7/20-7/31	\$52	\$57

Chisholm Aquatics Center

Chisholm Aquatics Center	Days	Times	Dates	Resident	non-Resident
63300-A	M-F	9:45-11:45 AM	6/8-6/19	\$52	\$57
64300-A	M-F	9:45-11:45 AM	6/22-7/3	\$52	\$57
65300-A	M-F	9:45-11:45 AM	7/6-7/17	\$52	\$57
66300-A	M-F	9:45-11:45 AM	7/20-7/31	\$52	\$57

Junior Lifeguard Volunteer Times

*Mon., Wed., Fri.
12:00-2:00 PM or
5:00-7:00 PM*

Volunteer time must be scheduled in advance with an instructor, and may not exceed more than two hours/day.



Learn To Swim Program:

Session Dates:

- Session I: June 8 - June 19
 Session II: June 22 - July 3
 Session III: July 6 - July 17
 Session IV: July 20 - 31
 Session V: August 3 - August 14

Registration

Walk-in registration beginning on Monday, May 4, is only open to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills, and Euless, whose mail is delivered to a Hurst "address" are not eligible to register until May 11. Residency is defined by: living within the Hurst city limits, receiving a water bill from the City of Hurst, and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on Monday, May 11. Registration for swim classes is conducted on a walk-in or on-line basis only. No class registration will be accepted by mail or fax for Learn-to-Swim lessons.

Hurst Residents May 4 at 7:00 AM
 Non-Residents May 11 at 7:00 AM

The deadline to register, cancel, or transfer a class is Wednesday, at 5:00 PM, prior to the beginning of each session. Before enrolling your child in a class, please read the class descriptions thoroughly to ensure your child is in the appropriate class.

Class Scheduling

Classes and their scheduled times are subject to change. When the number of participants is below the minimum, participants will be encouraged to change to another class time or session.

Class Fees

Hurst Residents = \$27.00
 Non-Hurst Residents = \$29.00

First Day Evaluations

On the first day of each session, students will be informally evaluated to determine whether or not they are in the appropriate class. Necessary adjustments will be made during this time.

Weather Conditions

In the event of inclement weather, please call the LTS Inclement Weather Information Line at 817-788-7340 to see if classes have been cancelled. It is possible that classes will be cancelled on a class-by-class basis or for the entire morning or evening. If possible, a safety day will be conducted as this information is required for all American Red Cross classes.

Class Cancellation

Classes may be cancelled due to situations beyond our control. The first day that classes cannot be conducted in the water, a safety day will be held. The second and third days in a session that classes cannot be conducted, they will be cancelled entirely. In the event that further classes are cancelled, one make-up class will be scheduled on Saturday. There is one Saturday make-up day scheduled per session. This policy applies to all five sessions.

Refund Policy

No refunds will be given after the first day of class. Medical reasons will be considered with a Doctor's report. The medical reason will be considered if the Doctor's report is received within 48 hours of the first absence.



Registration

Registration for swim classes is conducted on a walk-in or on-line basis only. No class registration will be accepted by mail or fax.

Hurst Residents: May 4 at 7:00 AM
 Non-Residents: May 11 at 7:00 AM

The deadline to register, cancel, or transfer for a class is Wednesday, at 5:00 PM, prior to the beginning of each session.

Learn-To-Swim Class Descriptions

Do you need some help selecting the correct swim class for your child? Use the following table to assist you in making your selection. If you need further assistance or have any questions, please call 817-788-7325

Parent & Tot Swim (6-36 months)

With your help, this class will introduce your child to the aquatic environment. Parent/adult participation is required.

Infant's skills: water adjustment and pool exploration, supported front kick, supported front and back float, blowing bubble/submerge, alternating arms on front, turnover (front to back and back to front), introduction to lifejackets, and entering and exiting the pool.

Pre-School (3-5 years)

Your child will be introduced and adjusted to the water in this class designed for pre-school children. Participants will learn swimming readiness skills through play.

Child's skills: water adjustment and pool exploration, enter the water by steps and ladder, jumping into the water, supported front and back float/glide, supported front and back kick, blowing bubbles, opening eyes under water, perform bobs, alternating arms in the front and the back, turnover (front to back and back to front), fully submerge face, kick up to the surface, introduction to lifejackets, and entering and exiting the pool.

Level I: Water Exploration

If your child is a new or non-swimmer, this is the class for them. This class teaches: water adjustment, beginning stroke skills and safety.

Child's skills: fully submerge face for 3 seconds, 10 bobs in chest deep water with support, supported front and back float, blowing bubbles, enter and exit the pool independently, walk in chest deep water for 5 yards, supported front and back kick, walk with alternating arms for 5 yards, basic safety rules, getting emergency help, perform reaching assists, releasing a foot cramp, and use of lifejackets.

Level II: Fundamental Aquatics Skills

Does your child feel comfortable submerging their head under water? This class is designed for those who are comfortable in the water. Primary swimming skills will be taught.

Child's skills: fully submerge face for 3 seconds, retrieve object from chest deep water, explore deep water, prone and supine glide/float for 5 seconds, level off to vertical, perform 10 bobs, enter pool in deep water, exit side of pool, flutter kick on front and back, finning on back, back crawl arm action, combination front and back stroke for 5 yards, turnover (front to back and back to front), lifejacket float for 1 minute, reaching assists, and assist non-swimmer to feet.

Level III: Stroke Development

After your child has learned the beginning strokes, this class is the next step. This class includes: building upon existing skills, swimming in deep water, introduction to elementary backstroke, and safety.

Child's skills: retrieve object from chest deep water, perform 15 bobs, bob to the side of the pool, jump into deep water, kneel dive from the side, prone and supine glide—2 body lengths, front crawl and breath for 10 yards, back crawl for 10 yds, change directions while swimming on back, safe diving rules, tread water use lifejacket in deep water, H.E.L.P. and huddle positions for 1 minute, and discuss rescue breathing.

Level IV: Stroke Improvement

Your child will continue to improve their swimming strokes. They will learn: diving, increase endurance in the basic strokes, and introduction to breaststroke and sidestroke.

Child's skills: deep water bobs, floating position, rotary breathing, standing front dive, inverted scissor kick, elementary back—10 yds., sculling on back—5 yds., front crawl with rotary breathing—25 yds., back crawl—25 yds., breaststroke kick—10 yds., scissor kick—10 yds., change direction by turning at the wall, tread water for 2 minutes using any kick, demonstrate rescue breathing, become familiar with CPR, discuss aquatic safety, and perform assists.

Basic Diving (8+ years)

You will be introduced to the fundamentals of diving such as: approaches, positions, and techniques. (Pre-requisite: Level III skills)

Child's skills: feet first entry from the diving board, standing dive from the side of the pool and diving board, three step approach, hurdle, position skills: tuck, pike, and straight, hurdle with tuck, pike, straight entry, and dive off the board, standing pike and tuck dives off the side of pool and diving board.

Advanced Diving

Once you have Basic Diving mastered, it is time to move up to Advanced Diving. You will improve existing skills and be introduced to the skills of competitive diving.

Child's skills: skills from the diving board: standing back dive, standing back dive with take off, hurdle with front flip, one and a half flip, one and a half flip, back tuck, standing front and back flip, and standing back flip with a jump off.

Learn-To-Swim Classes

www.ci.hurst.tx.us :: ph 817.788.7325 :: fax 817.282.7081

<i>All Classes Monday–Friday</i>	<i>Session I 6/8–6/19</i>	<i>Session II 6/22–7/3</i>	<i>Session III 7/6–7/17</i>	<i>Session IV 7/20–7/31</i>	<i>Session V 8/3–8/14</i>
Parent Tot Swim <i>(6-36 months)</i> With your help, this class will introduce your child to the aquatic environment. Parent/adult participation is required.	Chisholm: 63010-A 9:50-10:20 AM 63010-B 10:30-11:00 AM 63120-A 6:00-6:30 PM 63120-B 6:40-7:10 PM Central: 73010-A 9:10-9:40 AM 73010-B 9:50-10:20 AM	Chisholm: 64010-A 9:50-10:20 AM 64010-B 10:30-11:00 AM 64120-A 6:00-6:30 PM 64120-B 6:40-7:10 PM Central: 74010-A 9:10-9:40 AM 74010-B 9:50-10:20 AM	Chisholm: 65010-A 9:50-10:20 AM 65010-B 10:30-11:00 AM 65120-A 6:00-6:30 PM 65120-B 6:40-7:10 PM Central: 75010-A 9:10-9:40 AM 75010-B 9:50-10:20 AM	Chisholm: 66010-A 9:50-10:20 AM 66010-B 10:30-11:00 AM 66120-A 6:00-6:30 PM 66120-B 6:40-7:10 PM Central: 76010-A 9:10-9:40 AM 76010-B 9:50-10:20 AM	Chisholm: 67010-A 9:50-10:20 AM 67010-B 10:30-11:00 AM 67120-A 6:00-6:30 PM 67120-B 6:40-7:10 PM Central: 77010-A 9:10-9:40 AM 77010-B 9:50-10:20 AM
Pre-School <i>(3-5 years)</i> Your child will be introduced and adjusted to the water in this class designed for pre-school children. Participants will learn swimming readiness skills through play.	Chisholm: 63020-A 8:30-9:00 AM 63020-B 9:10-9:40 AM 63020-C 9:50-10:20 AM 63020-D 10:30-11:00 AM 63020-E 11:10-11:40 AM 63130-A 6:00-6:30 PM 63130-B 6:40-7:10 PM Central: 73020-A 8:30-9:00 AM 73020-B 9:10-9:40 AM 73020-C 9:50-10:20 AM 73020-D 10:30-11:00 AM 73020-E 11:10-11:40 AM	Chisholm: 64020-A 8:30-9:00 AM 64020-B 9:10-9:40 AM 64020-C 9:50-10:20 AM 64020-D 10:30-11:00 AM 64020-E 11:10-11:40 AM 64130-A 6:00-6:30 PM 64130-B 6:40-7:10 PM Central: 74020-A 8:30-9:00 AM 74020-B 9:10-9:40 AM 74020-C 9:50-10:20 AM 74020-D 10:30-11:00 AM 74020-E 11:10-11:40 AM	Chisholm: 65020-A 8:30-9:00 AM 65020-B 9:10-9:40 AM 65020-C 9:50-10:20 AM 65020-D 10:30-11:00 AM 65020-E 11:10-11:40 AM 65130-A 6:00-6:30 PM 65130-B 6:40-7:10 PM Central: 75020-A 8:30-9:00 AM 75020-B 9:10-9:40 AM 75020-C 9:50-10:20 AM 75020-D 10:30-11:00 AM 75020-E 11:10-11:40 AM	Chisholm: 66020-A 8:30-9:00 AM 66020-B 9:10-9:40 AM 66020-C 9:50-10:20 AM 66020-D 10:30-11:00 AM 66020-E 11:10-11:40 AM 66130-A 6:00-6:30 PM 66130-B 6:40-7:10 PM Central: 76020-A 8:30-9:00 AM 76020-B 9:10-9:40 AM 76020-C 9:50-10:20 AM 76020-D 10:30-11:00 AM 76020-E 11:10-11:40 AM	Chisholm: 67020-A 8:30-9:00 AM 67020-B 9:10-9:40 AM 67020-C 9:50-10:20 AM 67020-D 10:30-11:00 AM 67020-E 11:10-11:40 AM 67130-A 6:00-6:30 PM 67130-B 6:40-7:10 PM Central: 77020-A 8:30-9:00 AM 77020-B 9:10-9:40 AM 77020-C 9:50-10:20 AM 77020-D 10:30-11:00 AM 77020-E 11:10-11:40 AM
Level I: Water Exploration If your child is a new or non-swimmer, this is the class for them. This class teaches: water adjustment, beginning stroke skills and safety.	Chisholm: 63030-A 8:30-9:00 AM 63030-B 9:10-9:40 AM 63030-C 9:50-10:20 AM 63030-D 10:30-11:00 AM 63030-E 11:10-11:40 AM 63140-A 6:00-6:30 PM 63140-B 7:20-7:50 PM Central: 73030-A 8:30-9:00 AM 73030-B 9:10-9:40 AM 73030-C 9:50-10:20 AM 73030-D 10:30-11:00 AM 73030-E 11:10-11:40 AM	Chisholm: 64030-A 8:30-9:00 AM 64030-B 9:10-9:40 AM 64030-C 9:50-10:20 AM 64030-D 10:30-11:00 AM 64030-E 11:10-11:40 AM 64140-A 6:00-6:30 PM 64140-B 7:20-7:50 PM Central: 74030-A 8:30-9:00 AM 74030-B 9:10-9:40 AM 74030-C 9:50-10:20 AM 74030-D 10:30-11:00 AM 74030-E 11:10-11:40 AM	Chisholm: 65030-A 8:30-9:00 AM 65030-B 9:10-9:40 AM 65030-C 9:50-10:20 AM 65030-D 10:30-11:00 AM 65030-E 11:10-11:40 AM 65140-A 6:00-6:30 PM 65140-B 7:20-7:50 PM Central: 75030-A 8:30-9:00 AM 75030-B 9:10-9:40 AM 75030-C 9:50-10:20 AM 75030-D 10:30-11:00 AM 75030-E 11:10-11:40 AM	Chisholm: 66030-A 8:30-9:00 AM 66030-B 9:10-9:40 AM 66030-C 9:50-10:20 AM 66030-D 10:30-11:00 AM 66030-E 11:10-11:40 AM 66140-A 6:00-6:30 PM 66140-B 7:20-7:50 PM Central: 76030-A 8:30-9:00 AM 76030-B 9:10-9:40 AM 76030-C 9:50-10:20 AM 76030-D 10:30-11:00 AM 76030-E 11:10-11:40 AM	Chisholm: 67030-A 8:30-9:00 AM 67030-B 9:10-9:40 AM 67030-C 9:50-10:20 AM 67030-D 10:30-11:00 AM 67030-E 11:10-11:40 AM 67140-A 6:00-6:30 PM 67140-B 7:20-7:50 PM Central: 77030-A 8:30-9:00 AM 77030-B 9:10-9:40 AM 77030-C 9:50-10:20 AM 77030-D 10:30-11:00 AM 77030-E 11:10-11:40 AM
Level II: Primary Skills Does your child feel comfortable submerging their head under water? This class is designed for those who are comfortable in the water. Primary swimming skills will be taught.	Chisholm: 63040-A 8:30-9:00 AM 63040-B 9:10-9:40 AM 63040-C 9:50-10:20 AM 63040-D 10:30-11:00 AM 63040-E 11:10-11:40 AM 63150-A 6:40-7:10 PM 63150-B 7:20-7:50 PM Central: 73040-A 8:30-9:00 AM 73040-B 9:10-9:40 AM 73040-C 9:50-10:20 AM 73040-D 10:30-11:00 AM 73040-E 11:10-11:40 AM	Chisholm: 64040-A 8:30-9:00 AM 64040-B 9:10-9:40 AM 64040-C 9:50-10:20 AM 64040-D 10:30-11:00 AM 64040-E 11:10-11:40 AM 64150-A 6:40-7:10 PM 64150-B 7:20-7:50 PM Central: 74040-A 8:30-9:00 AM 74040-B 9:10-9:40 AM 74040-C 9:50-10:20 AM 74040-D 10:30-11:00 AM 74040-E 11:10-11:40 AM	Chisholm: 65040-A 8:30-9:00 AM 65040-B 9:10-9:40 AM 65040-C 9:50-10:20 AM 65040-D 10:30-11:00 AM 65040-E 11:10-11:40 AM 65150-A 6:40-7:10 PM 65150-B 7:20-7:50 PM Central: 75040-A 8:30-9:00 AM 75040-B 9:10-9:40 AM 75040-C 9:50-10:20 AM 75040-D 10:30-11:00 AM 75040-E 11:10-11:40 AM	Chisholm: 66040-A 8:30-9:00 AM 66040-B 9:10-9:40 AM 66040-C 9:50-10:20 AM 66040-D 10:30-11:00 AM 66040-E 11:10-11:40 AM 66150-A 6:40-7:10 PM 66150-B 7:20-7:50 PM Central: 76040-A 8:30-9:00 AM 76040-B 9:10-9:40 AM 76040-C 9:50-10:20 AM 76040-D 10:30-11:00 AM 76040-E 11:10-11:40 AM	Chisholm: 67040-A 8:30-9:00 AM 67040-B 9:10-9:40 AM 67040-C 9:50-10:20 AM 67040-D 10:30-11:00 AM 67040-E 11:10-11:40 AM 67150-A 6:40-7:10 PM 67150-B 7:20-7:50 PM Central: 77040-A 8:30-9:00 AM 77040-B 9:10-9:40 AM 77040-C 9:50-10:20 AM 77040-D 10:30-11:00 AM 77040-E 11:10-11:40 AM

Learn-To-Swim Classes

<i>All Class Monday–Friday</i>	<i>Session I 6/8–6/19</i>	<i>Session II 6/22–7/3</i>	<i>Session III 7/6–7/17</i>	<i>Session IV 7/20–7/31</i>	<i>Session V 8/3–8/14</i>
<p>Level III: Stroke Readiness After your child has learned the beginning strokes, this class is the next step. This class includes: building upon existing skills, swimming in deep water, introduction to elementary backstroke and safety.</p>	<p>Chisholm: 63050-A 9:10-9:40 AM 63050-B 9:50-10:20 AM 63050-C 10:30-11:00 AM 63050-D 11:10-11:40 AM 63160-A 7:20-7:50 PM</p> <p>Central: 73050-A 8:30-9:00 AM 73050-B 8:30-9:00 AM 73050-C 9:10-9:40 AM 73050-D 10:30-11:00 AM 73050-E 11:10-11:40 AM</p>	<p>Chisholm: 64050-A 9:10-9:40 AM 64050-B 9:50-10:20 AM 64050-C 10:30-11:00 AM 64050-D 11:10-11:40 AM 64160-A 7:20-7:50 PM</p> <p>Central: 74050-A 8:30-9:00 AM 74050-B 8:30-9:00 AM 74050-C 9:10-9:40 AM 74050-D 10:30-11:00 AM 74050-E 11:10-11:40 AM</p>	<p>Chisholm: 65050-A 9:10-9:40 AM 65050-B 9:50-10:20 AM 65050-C 10:30-11:00 AM 65050-D 11:10-11:40 AM 65160-A 7:20-7:50 PM</p> <p>Central: 75050-A 8:30-9:00 AM 75050-B 8:30-9:00 AM 75050-C 9:10-9:40 AM 75050-D 10:30-11:00 AM 75050-E 11:10-11:40 AM</p>	<p>Chisholm: 66050-A 9:10-9:40 AM 66050-B 9:50-10:20 AM 66050-C 10:30-11:00 AM 66050-D 11:10-11:40 AM 66160-A 7:20-7:50 PM</p> <p>Central: 76050-A 8:30-9:00 AM 76050-B 8:30-9:00 AM 76050-C 9:10-9:40 AM 76050-D 10:30-11:00 AM 76050-E 11:10-11:40 AM</p>	<p>Chisholm: 67050-A 9:10-9:40 AM 67050-B 9:50-10:20 AM 67050-C 10:30-11:00 AM 67050-D 11:10-11:40 AM 67160-A 7:20-7:50 PM</p> <p>Central: 77050-A 8:30-9:00 AM 77050-B 8:30-9:00 AM 77050-C 9:10-9:40 AM 77050-D 10:30-11:00 AM 77050-E 11:10-11:40 AM</p>
<p>Level IV: Stroke Development Your child will continue to improve their swimming strokes. They will learn: diving, increase endurance in the basic strokes and introduction to breaststroke and sidestroke.</p>	<p>Chisholm: 63060-A 8:30-9:00 AM 63060-B 9:10-9:40 AM 63060-C 11:10-11:40 AM</p>	<p>Chisholm: 64060-A 8:30-9:00 AM 64060-B 9:10-9:40 AM 64060-C 11:10-11:40 AM</p>	<p>Chisholm: 65060-A 8:30-9:00 AM 65060-B 9:10-9:40 AM 65060-C 11:10-11:40 AM</p>	<p>Chisholm: 66060-A 8:30-9:00 AM 66060-B 9:10-9:40 AM 66060-C 11:10-11:40 AM</p>	<p>Chisholm: 67060-A 8:30-9:00 AM 67060-B 9:10-9:40 AM 67060-C 11:10-11:40 AM</p>
<p>Level V: Stroke Refinement You will continue to refine skills and build endurance. You will be introduced to: the butterfly stroke, swimming underwater and turns.</p>	<p>Chisholm: 63070-A 8:30-9:00 AM 63070-B 9:10-9:40 AM</p>	<p>Chisholm: 64070-A 8:30-9:00 AM 64070-B 9:10-9:40 AM</p>	<p>Chisholm: 65070-A 8:30-9:00 AM 65070-B 9:10-9:40 AM</p>	<p>Chisholm: 66070-A 8:30-9:00 AM 66070-B 9:10-9:40 AM</p>	<p>Chisholm: 67070-A 8:30-9:00 AM 67070-B 9:10-9:40 AM</p>
<p>Level VI: Skill Proficiency Are you interested in competitive swimming? This class will help you perfect your strokes, build endurance and refine turns. You will swim: 10 yards in basic strokes, 25 yards sidestroke and breaststroke and 10 yards butterfly stroke.</p>	<p>Chisholm: 63080-A 8:30-9:00 AM</p>	<p>Chisholm: 64080-A 8:30-9:00 AM</p>	<p>Chisholm: 65080-A 8:30-9:00 AM</p>	<p>Chisholm: 66080-A 8:30-9:00 AM</p>	<p>Chisholm: 67080-A 8:30-9:00 AM</p>
<p>Basic Diving (8+ years) You will be introduced to the fundamentals of diving such as: approaches, positions and techniques. (PRE-REQUISITE: Level III skills)</p>	<p>Chisholm: 63100-A 9:50-10:20 AM 63100-B 10:30-11:00 AM</p>	<p>Chisholm: 64100-A 9:50-10:20 AM 64100-B 10:30-11:00 AM</p>	<p>Chisholm: 65100-A 9:50-10:20 AM 65100-B 10:30-11:00 AM</p>	<p>Chisholm: 66100-A 9:50-10:20 AM 66100-B 10:30-11:00 AM</p>	<p>Chisholm: 67100-A 9:50-10:20 AM 67100-B 10:30-11:00 AM</p>
<p>Advanced Diving Once you have Basic Diving mastered, it is time to move up to Advanced Diving. You will improve existing skills and be introduced to the skills of competitive diving.</p>	<p>Chisholm: 63110-A 11:10-11:40 AM</p>	<p>Chisholm: 64110-A 11:10-11:40 AM</p>	<p>Chisholm: 65110-A 11:10-11:40 AM</p>	<p>Chisholm: 66110-A 11:10-11:40 AM</p>	<p>Chisholm: 67110-A 11:10-11:40 AM</p>

Recreation Division Programs

Recreation Center Fees:

	<i>Hurst Residents</i>	<i>Non-Hurst Residents</i>
Daily Pass	\$1.00	\$5.00
Annual Pass <i>Youth (6 – 15 years)</i>	\$10.00 per year	\$40.00 per year
Annual Pass <i>Adult (16 – 64 years)</i>	\$25.00 per year	\$100.00 per year
Annual Pass <i>Senior (65+ years)</i>	\$10.00 per year	\$40.00 per year
Annual Family Pass	\$65.00 per year	N/A
Replacement Card Fee	\$5.00	\$5.00



See
Page
48 for
registration
information

Recreation Center Information:

700 Mary Drive: 817.788.7325

Hours of Operation:

Monday-Thursday 6:30 AM – 10:00 PM
 Friday 6:30 AM – 6:00 PM
 Saturday 9:00 AM – 6:00 PM
 Sunday 1:00 PM – 6:00 PM

Healthy Hurst:

Healthy Hurst Online Wellness Program Information

Healthy Hurst is the City of Hurst's community-wide wellness initiative. With the use of the information and links that are available on the City of Hurst's Healthy Hurst webpage, participants can increase their health, wellness, and fitness.

Healthy Hurst is a FREE program, and all participants receive a Healthy Hurst t-shirt at the time of registration. Participants are also encouraged to register for the various FREE events that will be offered throughout the year as part of the Healthy Hurst Program.

The Healthy Hurst program is open to all Hurst residents, as well as non-residents who have purchased a Hurst Recreation Center annual pass. Incentive awards are also available to all participants as they track and log their fitness activities!

Healthy Hurst has a myriad of tips and information on nutrition, fitness, wellness, and health. Give it a try today! Let Healthy Hurst help you get started toward your wellness, health, and fitness goals! For more information on the Healthy Hurst program, contact the Hurst Recreation Center at 817.788.7325.

Special Events:

Kids' All-American Fishing Derby

Saturday, June 6, 2009

Chisholm Park, 2200 Norwood Drive

Calling all kids, ages 5 to 16 years! Here is your chance to show off your fishing skills and win prizes. Bring your parents, fishing pole and tackle, and a picnic lunch to enjoy a morning of fishing fun!

The event is FREE, however you must pre-register at the Hurst Recreation Center, 700 Mary Drive. Space is limited. Be sure to register early!

For more information, call 817.788.7325.

Hurst Golden Couples

Saturday, June 13, 2009

Brookside Center, 1244 Brookside Drive

6:00 – 8:00 PM

In celebration of your 50+ years of matrimony, we invite you to attend the 2009 Golden Couples event. Please RSVP by June 9 to 817.788.7320.

Special thanks to our event sponsors: Creative Memories, Bice's Florist, Balloons Fantastique, and Prints Charming Photography.

For more information, call 817.788.7320.



Catfish Stockings at Chisholm Park

The Texas Parks and Wildlife Department will stock Chisholm Park Pond with 12" channel catfish during the following weeks:

April: 20th

May 4th; 18th (Week of Memorial Day weekend)

June: 1st (Week of Free Fishing Weekend); 15th; 29th (Week of July 4th)

July 13th; 27th

September: 1st (Week of Labor Day weekend); 14th; 28th

October: 12th; 26th





Hurst Stars & Stripes

Saturday, July 4, 2009

Hurst Community Park

5:00 – 10:00 PM

Bands:

Johnnie High's Country Music Revue (5:30 – 6:30 PM)

King Creole (6:45 – 7:45 PM)

Emerald City (8:00 – 9:30 PM)

Activities: Children's Spirit Parade, Children's Area featuring large inflatable activities, live music, food, and of course FIREWORKS at approximately 9:30 PM! For more information, call 817.788.7320.

Hurst Stars & Stripes Children's Spirit Parade

Saturday, July 4, 2009

Hurst Community Park

Judging begins at 4:15 PM with the parade following at 5:00 PM

Come show your patriotic spirit by decorating your wagon, tricycle, scooter, or skateboard and join us for the Hurst Stars & Stripes Children's Spirit Parade.

For more information, call 817.788.7320.

Softball Information Summer League Registration

Returning Teams:

(Teams that played in Hurst in 2008 and 2009)

May 4 – 5, Monday, 8:00 AM-5:00 PM and
Tuesday 8:00 AM-6:00 PM
Hurst Recreation Center (700 Mary Drive)

Open Registration:

Monday thru Friday, May 6 – 22
Monday, Wednesday, and Friday from 8:00 AM-5:00 PM
and Tuesday and Thursday from 8:00 AM-6:00 PM
Hurst Recreation Center (700 Mary Drive)

Entry Fee:

\$325 for a 10 game season (No Summer Playoffs)

League Nights:

Monday - Friday

League Schedules:

Available May 27

Season Begins:

Monday, June 1

Softball Information Fall League Registration

Returning Teams:

(Teams that played in Hurst in 2008 and 2009)

August 3 – 4, Monday, 8:00 AM-5:00 PM and
Tuesday 8:00 AM-6:00 PM
Hurst Recreation Center (700 Mary Drive)

Open Registration:

Monday thru Friday, August 5 – 21
Monday, Wednesday, and Friday from 8:00 AM-5:00 PM
and Tuesday and Thursday from 8:00 AM-6:00 PM
Hurst Recreation Center (700 Mary Drive)

Entry Fee:

\$300 for an 8 game season (No Fall Playoffs)

League Nights:

Monday - Friday

League Schedules:

Available August 25

Season Begins:

Tuesday, September 8

**For more information,
call 817.788.7320.**

Youth Sports Associations:

Mid-Cities Premier Fastpitch Association

(MCPFA) 817.825.2198
www.eteamz.com/hurstgsl

Mid-Cities Basketball Assn.

(MCBA) 817.354.6208
www.midcitiesbasketball.org

Mid-Cities PeeWee Football & Cheerleading Assn.

817.282.2390
www.midcitiespeeveefootball.org

Tri-Cities Baseball Assn.

(TCBA) 817.285.0200
www.tcbaseball.com

Hurst United Soccer Assn.

(HUSA) 817.282.8680
www.hurstunitedsoccer.com



Hurst Tennis Center

701 Mary Drive
817.788.7330

Welcome to the Hurst Tennis Center

*“Home of the Team Hurst
Junior Development Program”*

Junior Tennis

Pee Wee Tennis Camp (Ages 6 & under)

Introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games.

Instructor: Hurst Tennis Center Staff

Times: 9:45 AM - 10:30 AM

Price: \$30 Days: Tuesday and Thursday

81000-A	6/16 and 6/18
81000-B	6/23 and 6/25
81000-C	7/14 and 7/16
81000-D	7/28 and 7/30

Jr. Beginner Tennis and Swim Camp

(Ages 7 & up)

A fun camp for beginners. Learn the forehand, backhand, serve and volley. Kids will eat lunch and swim at the Central Aquatics Center each day. Bring a sack lunch and drink everyday.

Instructor: Kelly Langdon, USPTA, and Staff

Times: 10:30 AM - 1:30 PM

Price: \$80 Days: Monday thru Thursday

82000-A	6/8 - 6/11
82000-B	6/15 - 6/18
82000-C	6/22 - 6/25
82000-D	6/29 - 7/2
82000-E	7/13 - 7/16
82000-F	7/20 - 7/23
82000-G	7/27 - 7/30
82000-H	8/3 - 8/6
82000-I	8/10 - 8/13

Advanced Beginner/Intermediate Tennis Camp (Ages 11 and up)

Improve skills learned in Beginner Camp. Tactics, drills, & fun are stressed. Ages 12 and up.

Instructor: Kelly Langdon, USPTA, and Staff

Times: 10:30 AM - Noon

Price: \$60 Days: Monday thru Thursday

84000-A	6/8 - 6/11
84000-B	6/15 - 6/18
84000-C	6/22 - 6/25
84000-D	6/29 - 7/2
84000-E	7/13 - 7/16
84000-F	7/20 - 7/23
84000-G	7/27 - 7/30
84000-H	8/3 - 8/6
84000-I	8/10 - 8/13

Evening Jr. Beginner Tennis and Swim Camp (Ages 7 & up)

A fun camp for beginners. Learn the forehand, backhand, serve and volley. Kids will eat dinner and swim at the Central Aquatics Center each day. Bring a sack dinner and drink everyday.

Instructor: Kelly Langdon, USPTA, and Staff

Times: 4:30 PM-7:00PM

Price: \$75 Days: Monday thru Thursday

83000-A	6/8 - 6/11
83000-B	6/15 - 6/18
83000-C	6/22 - 6/25
83000-D	7/13 - 7/16

Advanced Beginner/Intermediate Tennis and Swim Camp (Ages 12 and up)

Introduction to tactics and drills. Player development and fun are stressed. Kids will eat lunch and swim at the Central Aquatics Center each day. Bring a sack lunch and drink everyday.

Instructor: Kelly Langdon, USPTA, and Staff

Times: 10:30 AM-1:30 PM

Price: \$80 Days: Monday thru Thursday

85000-A	6/8 - 6/11
85000-B	6/15 - 6/18
85000-C	6/22 - 6/25
85000-D	6/29 - 7/2
85000-E	7/13 - 7/16
85000-F	7/20 - 7/23
85000-G	7/27 - 7/30
85000-H	8/3 - 8/6
85000-I	8/10 - 8/13

Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's Prince ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine at least three days in advance.

Adult Programs

Adult Beginner/Advanced Beginner Clinic

Just for adults! Learn basic strokes, scoring, and strategy. Bring one can of new balls to first class.

Instructor: Kelly Langdon, USPTA, Chuck Bison, USPTA, and Staff

Times: 7:00 PM - 8:30 PM

Days: Tuesday

Price: \$60

81100A	6/9 – 6/30
81100B	7/14 – 8/4

Adult Adv. Beginner/Intermediate Clinic

This class is for adults who want to build on existing skills. You'll practice all shots and learn techniques and tactics.

Instructor: Kelly Langdon, USPTA, Chuck Bison, USPTA, and Staff

Times: 7:00 PM - 8:30 PM

Days: Tuesday

Price: \$60

81200A	6/9 – 6/30
81200B	7/14 – 8/4

Men's Open 4.0 Drills

Meets each Thursday for men rated 4.0 or higher. Learn techniques and strategy. Must register three days in advance. Minimum of four participants.

Instructor: Kelly Langdon, USPTA, and Staff

Times: 7:00 PM - 8:30 PM

Days: Thursday

Price: \$12

88444A	Ongoing
--------	---------



How do I know I am a Hurst resident?

Residency is defined by: living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst.

Do you want to practice your serve or hit a few with a friend?

CALL
817.788.7330
for a court reservation.

Summer Operating Hours:

Mon. – Thurs. 8:00 AM – 10:00 PM
Friday, Sat. & Sun. 8:00 AM – 7:00 PM

Tennis Center Coordinator – Mike Campo, USPTA

Tennis Specialist – Kelly Langdon, USPTA

Tennis Attendants – Randy Cook, Wally Benson, Steven Lu, Mark Hargrove and Charlie Crosswait.

Tennis Instructors – Chuck Bison, USPTA, Jason Brown, USPTA, Greg Smith and Sam Elliott, USPTA

Please bring one can of new, unopened, tennis balls to your first day of class.

How about a Private Lesson?

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

Lessons with City of Hurst Tennis Professionals:

Hurst Tennis Specialist, **Kelly Langdon**, USPTA, or Tennis Center Coordinator, **Mike Campo**, USPTA

- \$48 per hour
- \$26 per half hour
- \$168 per series of 4 lessons

Lessons with Tennis Instructors:

Chuck Bison, USPTA, **Greg Smith**, **Sam Elliott**, USPTA and **Jason Brown**, USPTA

- \$47 per hour
- \$25 per half hour
- \$168 per series of 4 lessons

The Tennis Center Staff also offers:

Private and group lessons. \$80 for 90 minute group lessons for league teams.

Services and Facilities:

- Lessons for all ages and abilities
- 10 lighted outdoor courts
- USRSA Racquet Stringers
- Prince Ball Machine
- USPTA Certified Instructors Available
- USTA Adult and Youth Leagues

Court Fees

(90 minutes)

- \$1 Hurst Residents
- \$2 Non-Residents

Racquet Stringing

The Tennis Center has a large choice of string and accessories for your racquet needs. We offer 24-hour turn around service and have three United States Racquet Stringer's Association stringers on staff.

Upcoming Tournaments

Mid-Cities Junior Circuit – TBA

USTA Hurst Junior Open – May 22-24

Summer Adult Leagues begin

June 1

must register by

May 15

cost is

\$25/person



Registration Easy-Options!

Walk-in registration beginning on Monday, May 4 at 7 AM, is open only to those participants who are Hurst residents. Participants who reside in Fort Worth, North Richland Hills, and Euless, whose mail is delivered to a Hurst "address," are not eligible to register until May 11 at 7:00 AM. Residency is defined by: living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst. Out of fairness to all citizens of our community, you may only register the members of your household. Non-residents will be able to register beginning Monday, May 11.

Classes begin the week of June 8. (Unless otherwise indicated.)

Walk-In Class Registration Times

Monday-Thursday	7:00 AM-9:00 PM	Saturday	9:30 AM-5:00 PM
Friday	7:00 AM-5:00 PM	Sunday	1:30 PM-5:00 PM

Sign-up to register online:

You do not have to wait until your appropriate registration date to activate your account and receive your username and password. Go ahead and do it the next time you are at the Recreation Center for your current class, or working out, and be sure to bring your Hurst water bill, property tax statement or apartment lease, and a photo ID as proof of Hurst residency, then you will be ready to register online the day registration begins.

Hurst Residents:

Mail-in (check or credit card payment), fax (credit card payment), online (credit card payment), and walk-in (cash, check or credit card payment) **registration for Recreation Classes begins May 4** (remember, swim lesson registration cannot be mailed or faxed).

Non-Residents:

Fax (credit card payment), online (credit card payment), and walk-in (cash, check or credit card payment) **registration for Recreation Classes begin May 11** (remember, swim lesson registration cannot be mailed or faxed).

Confirmation:

When you mail-in, fax, or online register, you will receive a confirmation notice through the postal mail or e-mail. If you want your receipt e-mailed to you, be sure to include your e-mail address on your form. You will be notified if the designated classes are not available. If the class is not available, you may select a second choice.

Supply List and Fees:

Some of our classes require a supply list. These classes are noted in the magazine. You will receive a supply list when you register. For those mailed, a list will be included with your confirmation letter. Supplies should not be purchased prior to the Friday before the class starts in case of cancellation. Any supply fees are due on the first day of class.

Refund Policy:

When you sign-up for one of our classes, we depend on your participation for a successful class. If you have unforeseen circumstances and cannot attend your class, we will gladly refund your fee with 72 hours notice prior to the class start date. Thank you for your cooperation.

Reminder:

The deadline to register, cancel, or transfer a class for Learn to Swim is Wednesday, at 5:00 PM, prior to the beginning of each session. Before enrolling your child in a class, please read the class descriptions thoroughly to ensure your child is in the appropriate class.

*Classes begin
the week of*

**June
8**

Parks and Recreation Board

Chairman: Alan Neace
Vice Chairman: Ralph Hurd
Carol Cole
Pat King
Howard Shotwell
Hank Williams
Delbert Derrett
Rod Robertson
Estelle Teague

Recreation Staff

Recreation Director: Doug Kratz
Recreation Managers: Kim Mesa, Doug McDaniel,
& Chris Watson
Recreation Center Supervisor: Mary Singleton
Senior Secretary: Jeanne Coons
Recreation Specialist: Kendall Thornton

Summer 2009 Class Registration Form



Head of Household	Home Phone	Work Phone	E-mail Address
Street Address	Apt#	City	State/Zip

Participant's Name	Date of Birth	Gender	Class #	Fee
1.				
2.				
3.				
4.				
5.				
			Sub-Total	\$
Non-Resident Fee of \$2 per class	_____ x \$2 (# of classes)	= \$ _____	+ Sub-Total of \$ _____ =	Total Due \$ _____

Payment Method:

Check # _____
 Credit Card _____
 Cash/Money _____



Order

Checks Payable to :
City of Hurst

Mail to:
Hurst Parks and Recreation
Class Registration
700 Mary Drive
Hurst, Texas 76053

Fax to:
817-282-7081

Credit Card Payment Authorization:

Visa Mastercard Discover American Express

_____ / _____
 Expiration Date
 _____ / _____
 month year

As a participant in any City of Hurst Parks and Recreation Department program or user of the City's facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from any injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I do fully release the City, its employees and officers from their own negligence for failure to properly design, inspect, or supervise the activities to be engaged in or equipment to be used by the undersigned or the minor from whom the undersigned has signed this release. The City does not provide any medical or other insurance protection or benefits for those who use recreational equipment or engage in activities on City premises.

BY SIGNING THIS RELEASE, I ACCEPT ALL RESPONSIBILITY FOR INJURIES WHICH MAY BE INCURRED.

 SIGNATURE OF PARTICIPANT/USER SIGNATURE OF PARENT/GUARDIAN IF USER IS UNDER 18 DATE

The City of Hurst is proud to be an agency member of the following organizations:

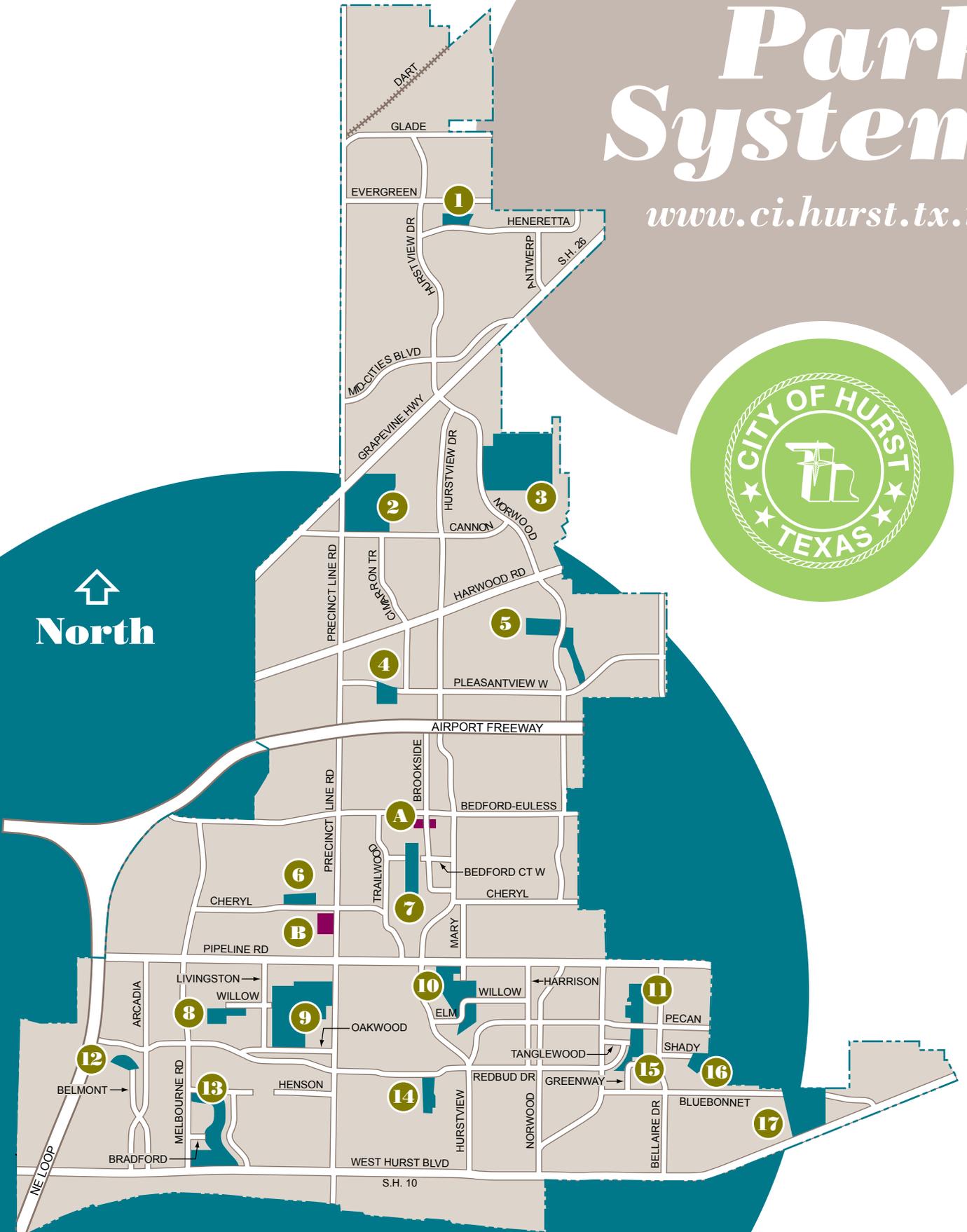


Park System

www.ci.hurst.tx.us



North ↑



Parks

1 ECHO HILLS PARK

500 Heneretta (7.1 Acres)

- Pavilion
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

2 HURST ATHLETIC COMPLEX

2104 Precinct Line Road (42.2 Acres)

- 4 Adult Softball Fields (Lighted)
- 6 Youth Soccer Fields (Lighted)
- 4 Youth Soccer Fields (Unlighted)
- Playground
- 3 Group Shelters
- 2 Concession/Restroom Buildings

3 CHISHOLM PARK

2200 Norwood (50 Acres)

- Aquatics Center
- 4 Youth Softball Fields (Lighted)
- 2 Playgrounds
- 3 Pavilions
- Pond with Fishing Island
- Picnic Tables
- Jogging/Walking Trail System (1.5 miles)
- Fitness Course
- Group Shelter
- Concession/Restroom Building
- 2 Basketball Courts (Lighted)
- 4 Pet Water Fountains

4 SMITH-BARFIELD PARK

640 Pleasantview (6.9 Acres)

- Youth Baseball/Softball Field (Lighted)
- 2 Tennis Courts (Lighted)
- Youth Athletic Practice Field (Unlighted)
- Playground
- Pavilion
- Picnic Tables
- Restrooms
- 2 Pet Water Fountains

5 MAYFAIR PARK

1725 Norwood (14.4 Acres)

- Youth Athletic Practice Fields (Unlighted)

6 WINDMILL PARK

840 Cheryl (2 Acres)

- Historical Marker

7 VALENTINE PARK

610 Bedford Court West (4 Acres)

- Youth Athletic Practice Field (Unlighted)

8 HURST HILLS PARK

575 Billie Ruth (4 Acres)

9 HURST COMMUNITY PARK

601 Precinct Line Road (44.9 Acres)

- 4 Youth Baseball Fields (Lighted)
- 2 Youth Soccer Fields (Lighted)
- 2 Sand Volleyball Courts (Lighted)
- Pavilion
- 2 Playgrounds
- Multi-Use Trail System (1 mile)
- Picnic Tables
- Wooded Natural Area
- Open Field Play Area
- Concession/Restroom Building
- 2 Group Shelters
- 2 Pet Water Fountains

10 CENTRAL PARK

700 block of Mary Drive (17.5 Acres)

- Recreation Center
- Aquatics Center
- Tennis Center (10 Lighted Courts)
- 2 Pavilions
- Playground
- Picnic Tables
- 2 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

11 VIVAGENE COPELAND PARK

501 Pecan Drive (5.2 Acres)

- Pavilion
- Playground
- Multi-Use Trail System (1/3 mile)
- Open Field Play Area
- 3 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

12 JAYCEE BAKER PARK

500 Belmont (4.1 Acres)

- Playground
- Picnic Tables
- Restrooms
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

13 BILLY CREEK PARK

14 REDBUD PARK

525 Redbud Drive (7.2 Acres)

- Soccer Field (Unlighted)
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Fitness Course
- Pavilion
- Pet Water Fountain

15 BELLAIRE PARK

500 Pecan Drive (6.4 Acres)

- Playground
- Youth Baseball/Softball Field (Lighted)
- Jogging/Walking Trail System (1/3 mile)
- Pet Water Fountain

16 WAN-KA-KANI PARK

748 Shadylane (4.1 Acres)

- Picnic Tables

17 RICKEL PARK

1001 Bluebonnet (29 Acres)

- 2 Pavilions
- Picnic Tables
- Nature Trails
- Scenic Overlook
- Winding Stream with 2 Bridges
- Jogging/Walking Trail System (1/2 mile)
- 2 Pet Water Fountains
- Playground

Facilities

A BROOKSIDE CENTER

B HURST LIBRARY

Park Pavilions

listed are available for rental for \$25 per day. If electrical power is needed during the rental, a \$50 REFUNDABLE electrical key deposit is due at the time of reservation.

For more information, call

817.788.7320



CITY OF HURST
1505 Precinct Line Road
Hurst, Texas 76054

PRESORTED
STANDARD
US POSTAGE
PAID
HURST, TX
PERMIT #21

Hurst Resident